

Breaking The Ice My Personal Adventure In Antarctica

[#Antarctica adventure](#) [#personal polar journey](#) [#breaking the ice expedition](#) [#Antarctic travel story](#) [#ice continent exploration](#)

Embark on a captivating personal journey to the frozen continent of Antarctica, where the challenges of breaking through formidable ice, both literally and metaphorically, define an unforgettable adventure. This compelling narrative explores the raw beauty of the polar landscape, the solitude of a unique expedition, and the profound self-discovery found amidst the world's most extreme environment.

Our repository of research papers spans multiple disciplines and study areas.

We sincerely thank you for visiting our website.

The document Antarctica Personal Adventure is now available for you.

Downloading it is free, quick, and simple.

All of our documents are provided in their original form.

You don't need to worry about quality or authenticity.

We always maintain integrity in our information sources.

We hope this document brings you great benefit.

Stay updated with more resources from our website.

Thank you for your trust.

This document is widely searched in online digital libraries.

You are privileged to discover it on our website.

We deliver the complete version Antarctica Personal Adventure to you for free.

Breaking the Ice. My Personal Adventure in Antarctica

"There is nothing to compare with what I found waiting for me at the bottom of the world!"

Riding the Ice Wind

Adrift in a life without risk or surprise and with a burning desire to make some sense of his place in the world, Alastair Vere Nicoll dived into the unknown. Leaving the security of friends, work and a wife, he joined a team of young men to harness the katabatic winds and haul and kite-surf across Antarctica: the coldest, windiest, most violent continent on earth. For Alastair, Antarctica was a land of legend and mystery, the ultimate test of strength, endurance and bravery; a place where he might feed his restlessness and find meaning in the emptiness. Not since Shackleton had nearly perished attempting the same thing in his Endurance expedition had such a crossing been attempted. This is the story of the first West to East traverse of the continent of Antarctica and of a race against time as Alastair fought to get home for the birth of his first child. Told with honesty and wisdom and adorned with some bewitching descriptions of Antarctica, "Riding the Ice Wind" is a compelling and subtly important book for our times.

Trapped by the Ice

Using journals kept by expedition members and Shackleton's own account, McCurdy presents a gripping chronology of events in the two-year saga of survival.

Breaking the Ice in Antarctica

This Is An Updated And Enlarged Edition Of The Earlier Book Citadel Of Ice By The Same Author. The Book Vividly Describes Indias Epoch-Making, Daring Scientific Adventure In The Icy Continent Of Antarctica; It Narrates The Story Of A Group Of 12 Scientists And Soldiers, Who Helped To Establish The First Ever Over-Wintering Indian Base, Dakshin Gangotri On A Floating Ice Shelf In Antarctica. Beginning With A Description Of The Voyage To Antarctica Through The Roaring Forties, Icebergs,

Pack Ice And Fast Sea Ice, The Book Recounts The Painstaking Process Of Selecting A Construction Site For Dakshin Gangotri On A 400M Thick Continental Ice Shelf And The Construction Of The Station Right From Its Foundation To The Commissioning Of The Life-Support Systems. The Book Then Describes The Hair-Raising Incidents Of The Long Antarctic Blizzards Where The Wind Many A Time Touched Over 250Km/H With Snow Flying All Around, Which Threatened The Very Existence Of The Base. It Highlights The Arduous Struggles Of Psychological And Biological Adjustment With The Mid-Night Sun And Polar Night With The Temperature Going Down To As Low As -60°C. The Book Also Highlights The Beauty Of The Aurora Australis, Polar Shadows, Mirage Effects And Other Optical Illusions. Presents An Intriguing Account Of The Expeditions Through The Polar Ice Cap With Deep Crevasses, Flowing Rivers And Treacherous Lakes, Glaciers And nunataks. The Teams Gallant Efforts Put India On The World Map Amongst The Scientifically-Advanced Nations. The Nation Rewarded The teams Achievement By Awarding One Kirti Chakra, Two Shaurya Chakras, Five Sena Medals And One Vishishtha Sewa Medal, Which Is The Highest Number Of National Awards Won By Any National Mission. This Book Now Includes A Vivid Account Of The Later Expeditions To Antarctica Alongwith Their Contribution To Indian Scientific Research. The Book, Written By The Leader Of The Team With A Foreword By Padma Vibhushan Dr. S.Z. Qasim, Former Member, Planning Commission And Secretary, Department Of Ocean Development, Is Illustrated With Over 45 Coloured Photographs And Maps.

Antarctic Writer on Ice

When author Hazel Edwards was offered the chance to travel to Casey Base, on the Australian Antarctic Division resupply ship Polar Bird in the summer of 2001, little did she know that the three week roundtrip would become a feat of endurance when the ship was trapped in ice. Her diary reveals how her creativity was tested to the limit.

Where Is Antarctica?

Explore Antarctica--the coldest, driest, and windiest continent on Earth--in this adventure-filled title in the Who HQ series. Antarctica, the earth's southernmost continent, was virtually untouched by humans until the nineteenth century. Many famous explorers journeyed (and often died) there in the hope of discovering a land that always seemed out of reach. This book introduces readers to this desert--yes, desert!--continent that holds about 90 percent of the world's ice; showcases some of the 200 species that call Antarctica home, including the emperor penguin; and discusses environmental dangers to the continent, underscoring how what happens to Antarctica affects the entire world.

Ice Breaker

Factual account of the Imperial Trans-Antarctic Expedition, led by Shackleton, told as a story.

Edge of the World

Writer and explorer Charles Neider made his first trip to Antarctica in 1969, achieving a lifelong goal of seeing the frozen continent with his own eyes. During this visit and a return trip in 1970, both backed by the U. S. Navy and the National Science Foundation, Neider discovered the rigor and beauty of life so close to the South Pole. In addition to his own experiences, Edge of the World also contains Neider's accounts of Shackleton's and Scott's expeditions, and the story of his own helicopter crash and rescue on the slopes of Mt. Erebus. Neider's account is erudite, literate, and intensely personal.

Antarctic Adventure

Presents a brief account of the triumphs and tragedies of the explorers of the Antarctic.

The Ice Beneath My Feet

A riveting true adventure of a year in Antarctica, from the first woman to lead an Antarctic research station. Antarctica is windy and achingly cold, incredibly isolated and inhospitable - yet its overwhelming stark white beauty speaks to our imagination. Bright and passionate, Diana Patterson was searching for her path in life when she was bitten by the Antarctic bug in her late twenties. She nursed her secret ambition and with dogged determination set her sights on becoming station leader at the Australian base Mawson--a lofty aspiration, considering this was most definitely a bloke's world. Being knocked back four times didn't deter her--she never gave up her dream, and at the age of 38 became the first woman in charge of this small, mostly male community of glaciologists, physicists, biologists and

tradies, in each other's pockets 24/7, thousands of miles from the comforts of home. **THE ICE BENEATH MY FEET** is an intimate and riveting account of Diana's year at Mawson. the day-to-day reality of life in this frozen environment and the adventures of the delightful, vital characters we meet along the way (men, huskies, penguins!) are utterly captivating, and a must-read for anyone who harbours their own Antarctic dream.

Ice Journey

Ice Journey is the biography of Vietnam veteran Dave Morgan, whose long career in meteorology culminated with a life-changing expedition to Antarctica. Like many of his fellow soldiers, Dave tried to present a "normal" face to the world while battling Post Traumatic Stress Disorder. It was a debilitating struggle that ultimately sparked a personal obsession to escape the bonds of average Australian society. In his early fifties, Dave turned to the seclusion and hardship of Antarctic research where postings to Macquarie Island, Davis Station and a prized position at Casey Station, finally forced him to face his fears, deal with his PTSD and come to terms with his experiences as a soldier in Vietnam. Dave carries his deeply buried demons from the jungles of Vietnam to the icy peaks of Antarctica; his journey to the ice fulfilling a lifelong dream while making him feel safe for the first time in 30 years. His experiences as an expeditioner on the starkly beautiful, harsh and inhospitable 'ice' was at once intoxicating and isolating, providing the catalyst for Dave to finally face his fears. It is an emotional journey that transports the reader from the terror of a young soldier fighting far away from home to exhilaration on the ice far from the rest of the world. It is a story filled with vivid landscapes and humour before a shocking final twist that ends his final posting in heart-wrenching fashion. While the ghosts of Vietnam still exist inside Dave, **Ice Journey** is an invitation to share in his experiences.

Breaking the Ice

On 31 October 2011 James Castrission and Justin Jones set out to achieve 'one of the last great polar adventures' - an unsupported return journey from the edge of the Antarctic continent to the South Pole. This is a quest that has been attempted by many experienced polar explorers before them...and all have failed. This book details everything - the preparation, the setbacks, the outset, the highs and the lows - all in brutally honest detail. This expedition is the modern-day equivalent of the exploits of Scott, Amundsen and Shackleton and Castrission and Jones man-hauled a pulk (with 200kg of provisions each), utilising prevailing winds with kites when possible. Why do this? Through realising a childhood dream and committing themselves to a groundbreaking expedition, these two intrepid blokes hope to inspire others to overcome fear and pursue their own adventures and dreams.

Extreme South

An unforgettable sailing adventure to the world's most dangerous continent describes what it is like to withstand heaving seas and crushing waves for days on end, seasickness, and the first sight of the treacherous baby icebergs.

Berserk

In the whirling noise of our advancing technological age, we are seemingly never alone, never out-of-touch with the barrage of electronic data and information. Felicity Aston, physicist and meteorologist, took two months off from all human contact as she became the first woman — and only the third person in history — to ski across the entire continent of Antarctica alone. She did it, too, with the simple apparatus of cross-country, without the aids used by her predecessors — two Norwegian men — each of whom employed either parasails or kites. Aston's journey across the ice at the bottom of the world asked of her the extremes in terms of mental and physical bravery, as she faced the risks of unseen cracks buried in the snow so large they might engulf her and hypothermia due to brutalizing weather. She had to deal, too, with her emotional vulnerability in face of the constant bombardment of hallucinations brought on by the vast sea of whiteness, the lack of stimulation to her senses as she faced what is tantamount to a form of solitary confinement. Like Cheryl Strayed's *Wild*, Felicity Aston's *Alone in Antarctica* becomes an inspirational saga of one woman's battle through fear and loneliness as she honestly confronts both the physical challenges of her adventure, as well as her own human vulnerabilities.

Alone in Antarctica

Tim Bowden's account of his journeys to the Antarctic combine adventure, exploration, social history, human endeavour and humour in the most isolated continent on earth.

Antarctica and Back in Sixty Days

Antarctica: the highest, driest, coldest and most remote continent on earth. The cost of tours, even to the more accessible regions on the Antarctic Peninsula, are prohibitive for most people. In a rare case of right time, right place the author was fortunate to be engaged as a volunteer on an Adelie penguin study project, spending several months in a field camp near Mawson station, Antarctica. The wilderness and wildlife adventure loving author takes you on a voyage by icebreaker from Tasmania across the wild Southern Ocean followed by weeks of forging a path through the pack ice. Tumultuous seas, whale sightings, soaring albatrosses and the magnificent southern lights give way to stunning icebergs, penguins, seals and snow petrels. With Antarctica and its wildlife now threatened due to human induced climate change this book is a timely reminder of the precious species we might lose and of the wonder that is Antarctica.

Birds, Beasts and Ice

"Gripping and superb. This book will steal the night from you." —Laurence Gonzales, author of *Deep Survival* On January 17, 1913, alone and near starvation, Douglas Mawson, leader of the Australasian Antarctic Expedition, was hauling a sledge to get back to base camp. The dogs were gone. Now Mawson himself plunged through a snow bridge, dangling over an abyss by the sledge harness. A line of poetry gave him the will to haul himself back to the surface. Mawson was sometimes reduced to crawling, and one night he discovered that the soles of his feet had completely detached from the flesh beneath. On February 8, when he staggered back to base, his features unrecognizably skeletal, the first teammate to reach him blurted out, "Which one are you?" This thrilling and almost unbelievable account establishes Mawson in his rightful place as one of the greatest polar explorers and expedition leaders. It is illustrated by a trove of Frank Hurley's famous Antarctic photographs, many never before published in the United States.

Alone on the Ice: The Greatest Survival Story in the History of Exploration

The Antarctic is the last vast terrestrial frontier. Just over a century ago, no one had ever seen the South Pole. Today odd machines and adventure skiers from many nations converge there every summer, arriving from numerous starting points on the Antarctic coast and returning some other way. But not until very recently has anyone completed a roundtrip from McMurdo Station, the U.S. support hub on the continental coast. The last man to try that perished in 1912. The valuable surface route from McMurdo remained elusive until John H. Wright and his crew finished the job in 2006. *Blazing Ice* is the story of the team of Americans who forged a thousand-mile transcontinental haul route across Antarctica. For decades airplanes from McMurdo Station supplied the South Pole. A safe and repeatable surface haul route would have been cheaper and more environmentally benign than airlift, but the technology was not available until 2000. As Wright reveals in this gripping narrative, the hazards of Antarctic terrain and weather were as daunting for twenty-first century pioneers as they were for Norway's Roald Amundsen and England's Robert Falcon Scott when they raced to be first to the South Pole in 1911-1912. Wright and his team faced deadly hidden crevasses, vast snow swamps, the Transantarctic Mountains, badlands of weird windsculpted ice, and the high Polar Plateau. *Blazing Ice* will appeal to Antarctic aficionados, conservationists, and adventure readers of all stripes.

Blazing Ice

Describes the events of the 1914 Shackleton Antarctic expedition when, after being trapped in a frozen sea for nine months, the expedition ship, the *Endurance*, was finally crushed and Shackleton and his men made the very long and perilous journey across ice and stormy seas to reach inhabited land.

Trapped by the Ice!

Recounts mankind's dramatic history from Magellan through the first years of the twenty-first century in the part of the Antarctic regions below South America and the Atlantic Ocean. This part of the world, by far the most visited portion of the south polar regions, is not only a place of staggering scenic beauty and amazing wildlife, but also a locale with a long and fascinating human history.

The Storied Ice

Colin O'Brady's awe-inspiring, New York Times bestselling memoir recounting his recovery from a tragic accident and his record-setting 932-mile solo crossing of Antarctica is a "jaw-dropping tale of passion and perseverance" (Angela Duckworth, New York Times bestselling author of *Grit*). Prior to December 2018, no individual had ever crossed the landmass of Antarctica alone, without support and completely human powered. Yet, Colin O'Brady was determined to do just that, even if, ten years earlier, there was doubt that he'd ever walk again normally. From the depths of a tragic accident, he fought his way back. In a quest to unlock his potential and discover what was possible, he went on to set three mountaineering world records before turning to this historic Antarctic challenge. O'Brady's pursuit of a goal that had eluded many others was made even more intense by a head-to-head battle that emerged with British polar explorer Captain Louis Rudd—also striving to be "the first." Enduring Antarctica's sub-zero temperatures and pulling a sled that initially weighed 375 pounds—in complete isolation and through a succession of whiteouts, storms, and a series of near disasters—O'Brady persevered. Alone with his thoughts for nearly two months in the vastness of the frozen continent—gripped by fear and doubt—he reflected on his past, seeking courage and inspiration in the relationships and experiences that had shaped his life. "Incredibly engaging and well-written" (The Wall Street Journal)—and set against the backdrop of some of the most extreme environments on earth, from Mt. Everest to Antarctica—this is "an unforgettable memoir of perseverance, survival, daring to dream big, and showing the world how to make the impossible possible" (Booklist, starred review).

The Impossible First

Nine year-old Sophie Scott embarks on a month-long mission to Antarctica with her father aboard an icebreaker and documents her adventure in the iceberg-strewn seas in a diary she fills with notes about the area's natural wonders. 15,000 first printing.

Sophie Scott Goes South

On Christmas Eve 2013, off the coast of East Antarctica, an abrupt weather change trapped the *Shokalskiy*-- the ship carrying earth scientist Chris Turney and seventy-one others involved in the Australasian Antarctic Expedition--in a densely packed armada of sea ice, 1400 miles from civilization. With the ship's hull breached and steerage lost, the wind threatened to drive the vessel into the frozen continent, smashing it to pieces. If nearby floating icebergs picked up speed, they could cause a devastating collision, leaving little time to abandon ship and potentially creating an environmental disaster. The forecast offered no relief--a blizzard was headed their way.

Iced in

You are surrounded by the vast, unforgiving landscape of the coldest place on Earth: Antarctica. Even during the summer months, bone chilling cold, raging blizzards, and treacherous ice threatens human survival. Will you join the race to be the first to reach the South Pole? Attempt to ski across the continent as part of an all-female expedition? Study Antarctic plant and animal life as a scientist at a research station? YOU CHOOSE what you'll do next. The choices you make will either lead you to safety or to doom.

Can You Survive Antarctica?

Before long I was nothing but a block of petrified flesh in an upright position. The wind was blowing into my mask and my cheeks started to freeze. My nose and lips were cracked with scabs. My hands and arms, which were constantly raised to the sky to control my sail, no longer received any blood. My circulation had stopped functioning properly. As I made my way over the ice, a layer of fine powdery snow rose into the air, only to settle in my boots in an icy drizzle. Explorer Mike Horn has had one dream since childhood: to cross Antarctica. Growing up in South Africa during the 1960s and 70s, he relocated to Switzerland almost 30 years ago. Today, he is a world-renowned adventurer, tour guide and coach, having made a name for himself as one of the world's leading explorers, traveling to some of the most isolated destinations on the planet. In December 2016, Mike finally made his childhood dream come true. He crossed the South Pole unassisted, journeying across this immense, white desert by kite-ski and sled alone. He was determined to follow an unexplored path, the longest and most challenging route imaginable: 5 100 kilometres straight ahead. In order to make it to the other side, he not only had to scale Dome Charlie -- one of the highest summits on the Antarctic Ice Sheet -- but also had to break

all existing speed records to stave off being consumed by a terrible Antarctic winter. It would turn out to be a hellish race against death. His story is one of many shocking setbacks -- but also of overcoming adversity through sheer willpower. A daredevils first-hand account of realising a crazy dream, this book shows what is possible when one is fuelled by the love and support of family and friends.

Dream of a Lifetime

When Sir Ranulph Fiennes and Dr. Mike Stroud ended their journey on foot across Antarctica in February of 1993, they were frostbitten and close to starvation. They had made the first coast-to-coast crossing of the continent, unsupported by men, animals or machines, and were too weak to continue over the floating Ross ice-shelf to open water. Ninety-five days earlier they had begun, pulling nearly 500 lbs each of essential food and fuel on sleds, and on the way they endured windchill temperatures as low as minus 185 degrees Fahrenheit. Mike Stroud, doctor, nutritionist and survival consultant to the British Ministry of Defense, is no stranger to the Polar regions. He was a member of the "In the Footsteps of Scott" expedition and has made several attempts with Fiennes to reach the North Pole from Canada and Russia over crumbling sea ice. But this record-breaking trek across Antarctica represented a physical and psychological challenge that has been likened to the first conquest of Mount Everest. In the tradition of the great expedition memoirs of Hillary, Scott and Byrd, Stroud's book is a compulsively readable account of what happens when habits and fears, compassion and resentments, fortitude and physical limitations are magnified in a struggle to conquer the most hostile landscape on the planet. Stroud's chronicle of the 1,350 mile traverse at the South Pole is as moving as it is surprising, revealing a no-man's land of the mind, a territory where psychological as well as physical stress interact to provide a challenge greater than the brutal landscape and unpredictable weather alone. Few will fail to be gripped by this exciting account of what is perhaps the most celebrated Polar trek of our time.

Shadows on the Wasteland

The acclaimed science writer presents a wide-ranging exploration of Antarctica's history, nature, and global significance in this "rollicking good read" (Kirkus). From the early expeditions of Ernest Shackleton to David Attenborough's documentary series *Frozen Planet*, the continent of Antarctica has captured the world's imagination. After the Antarctic Treaty of 1961, decades of scientific research revealed the true extent of its many mysteries. Now former *Nature* magazine staff writer Gabrielle Walker tells the full story of Antarctica—from its fascinating history to its uncertain future and the international teams of researchers who brave its forbidding climate. Drawing on her broad travels across the continent, Walker weaves all the significant threads of life on the vast ice sheet into a multifaceted narrative, illuminating what it really feels like to be there and why it draws so many different kinds of people. She chronicles cutting-edge science experiments, visits to the South Pole, and unsettling portents about our future in an age of global warming. "We are all anxious Antarctic watchers now, and Walker's book is the essential primer."—The Guardian, UK

Antarctica

A thrilling and propulsive novel of an Antarctica expedition gone wrong and its far-reaching consequences for the explorers and their families "leaves the reader moved and subtly changed, as if she had become part of the story" (Hilary Mantel). "McGregor's depiction of speechlessness, both metaphorical and physical, makes the novel much more interesting than if he had provided a page-turner about a botched expedition in Antarctica . . . McGregor's carefully composed dialogue, filled with the repetition of so few words, had an eerie effect on me: for several days my own inner dialogue was often composed of the same words, as though I, too, was discovering how they could express drastically different emotions yet remain unreadable to the world." —Yiyun Li, *New York Review of Books* Remember the training: find shelter or make shelter, remain in place, establish contact with other members of the party, keep moving, keep calm. Robert 'Doc' Wright, a veteran of Antarctic surveying, was there on the ice when the worst happened. He holds within him the complete story of that night—but depleted by the disaster, Wright is no longer able to communicate the truth. Instead, in the wake of the catastrophic expedition, he faces the most daunting adventure of his life: learning a whole new way to be in the world. Meanwhile Anna, his wife, must suddenly scramble to navigate the sharp and unexpected contours of life as a caregiver. From the Booker Prize-longlisted, American Academy of Arts & Letters Award-winning author of *Reservoir 13*, this is a novel every bit as mesmerizing as its setting. Tenderly unraveling different notions of heroism through the rippling effects of one extraordinary expedition on an ordinary family,

Lean Fall Stand explores the indomitable human impulse to turn our experiences into stories—even when the words may fail us.

Lean Fall Stand

... Antarctica fools you into thinking you are safe, that appearances are reality. Antarctica is not what she seems. Since he was thirteen years old, author John Barell's life-long—and life-enriching—dream has been to sail to Antarctica and explore its wild and expansive territories. *Quest for Antarctica: A Journey of Wonder and Discovery* recounts Barell's Antarctic adventure that is not only captivating but also educational. Fostered by knowing America's foremost polar explorer, Rear Admiral Richard E. Byrd, and with strong family support, Barell's dream continues south to McMurdo Sound and to the two-mile thick polar plateau. Follow Barell's expeditions, including becoming a teacher, and learn how all of the survival lessons of Antarctica apply to striving for our own goals and being successful.

Quest for Antarctica

Called "an adventure of the highest echelon" (New York Times), this stunning account chronicles the 220-day, 3,700-mile expedition of six men who were the first to cross Antarctica by foot. Photos.

Crossing Antarctica

On Christmas Eve 2013, off the coast of East Antarctica, an abrupt weather change trapped the *Shokalskiy*-- the ship carrying earth scientist Chris Turney and seventy-one others involved in the Australasian Antarctic Expedition--in a densely packed armada of sea ice, 1400 miles from civilization. With the ship's hull breached and steerage lost, the wind threatened to drive the vessel into the frozen continent, smashing it to pieces. If nearby floating icebergs picked up speed, they could cause a devastating collision, leaving little time to abandon ship and potentially creating an environmental disaster. The forecast offered no relief--a blizzard was headed their way.

Iced in

"Clive Evans has made 20 trips to Antarctica, working principally as a research scientist studying fish antifreeze, and also as a lecturer aboard an Antarctic cruise ship. This book intertwines his experiences with those of historical figures who have carved their initials into the Antarctic landscape. Unabashed, he describes daily life on Antarctic research bases and at sea in the Southern Ocean, navigating through mishap and adventure while ever aware of the impacts of human activities on the fragile ecosystem around him"--Back cover.

K014 Shock, Horror, Awe on Ice

It was the best Christmas gift two children could get - an expedition to Antarctica, the mysterious White Continent. When Suravi and Rishi Thomas got a place on a Chilean navy ship sailing to Antarctica, they couldn't have imagined the stormy time that lay ahead. Four-storey-high waves battered the decks, ferocious winds sharp as ice blades lashed out, hulky icebergs came crashing in until their ship began to teeter like a paper boat in rain. There was only one thing for the brother-sister duo to do - hold on to their bunks for dear life. It has never been smooth sailing to Antarctica - the coldest and windiest continent on earth - for even the most intrepid explorers. The dangers have never stopped the brave ones, though. And as their ship scissored its way through sea and ice, Suravi and Rishi became fearless discoverers, driven by a passion for penguins and spellbound by Antarctica's many extraordinary sights: gigantic blue icebergs, playful pods of whales, legendary albatrosses, rainbow skies at midnight and vast carpets of thick ice.

Adventures In Antarctica

In August 1914, Sir Ernest Shackleton set off from England with a team of explorers to walk across the Antarctic. When their ship was trapped in the ice, the men were forced to make the journey on foot. Here is the story of Shackleton's amazing adventure, told by a specialist in Antarctica.

Ice Trap!

Sometimes love can be found in the most unexpected places...Single and desperate for a break from a job she hates, Beatrix jumps at the chance to take a long-overdue vacation when the discount email

for a trip to Antarctica hits her inbox. After all, what does she have to lose? From Buenos Aires to Ushuaia to the Antarctic peninsula, Beatrix falls in love with more than just unknown lands when she meets one sinfully sexy guy. With abs for days and eyes you can get lost in, Reid has fully captured her attention. It's all fun and games until it's time to go back home. Here, surrounded by new people - all with grand ideas for life, Beatrix begins to question her own happiness. Can Reid and the equally beautiful Buenos Aires scenery inspire her to finally take a leap of faith and chase her wildest dreams? Or will her fear of change continue to rule her life and dictate her unhappiness? It was supposed to just be a trip to Antarctica, but things are about to heat up in the land of snow and ice. Love in the Antarctic is a happily ever after romance with no cliffhanger, and is the first in the 'Love Abroad' series.

Love in the Antarctic

"Clive Evans has made 20 trips to Antarctica, working principally as a research scientist studying fish antifreeze, and also as a lecturer aboard an Antarctic cruise ship. This book intertwines his experiences with those of historical figures who have carved their initials into the Antarctic landscape. Unabashed, he describes daily life on Antarctic research bases and at sea in the Southern Ocean, navigating through mishap and adventure while ever aware of the impacts of human activities on the fragile ecosystem around him"--Back cover of print version.

K014 Shock, Horror, Awe on Ice

When Shapiro and Bjelke sailed from Sweden to Antarctica in 1992, their goal was to be alone with the last great wilderness on earth. In fine prose and dramatic color photos, the adventurers share the storytelling in alternate chapters. 12 color photos. 304 p.

Time on Ice

Topics range from fossil remnants on Axel Heiberg Island to collaborative tourism planning in the Yukon; from the influence of sea-ice and ocean circulation on arctic climate, to the differences between Inuit healing and western medicine. Yet, there is a common thread that links all of these papers. It is a place. It is the North. The importance of such a perspective is often lost in an academic world that rewards specialization by emphasizing expertise in a narrow field. But the boundaries between disciplines are becoming more and more artificial in an increasingly complex and interconnected world. An interdisciplinary approach built on 'place' provided a platform from which researchers could transcend these boundaries. The ACUNS conference, and by extension, these proceedings, helps 'break the ice'. Includes papers by Marni Amirault, Donna L. Atkinson, Johanna Bergé, Nilgun Cetin, Paul G. Myers, Suzanne de la Barre, Vasiliki Douglas, Audrey R. Giles, Sarah Giles, Brenda Guernsey, Joanna Kafarowski, Gita J. Laidler, Francis Levesque, Patrick T. Maher, Andrew C. L. Postnikoff, James F. Basinger, J. M. Ross, Michelle Schlag, Anne-Pascale Targé, Mariana Trindade, David Greene, Mike Gravel. Extended abstracts by Anna Dabros, Marcia J. Waterway, Colleen M. Davison, Ekaterina Evseeva, Patrick Faubert, Harri Vasander, Line Rochefort, Eeva-Stiina Tuittila, Jukka Laine, Ulrik Pram Gad, D.C. Hardie, J.A. Hutchings, Ioana Radu, Frank J. Sowa, Reid A. Van Brabant and Antoni G. Lewkowicz.

Breaking the Ice/Briser la Glace

Breaking the Ice