

Goddess Boot Camp

[#goddess boot camp](#) [#inner goddess empowerment](#) [#women's personal development](#) [#divine feminine transformation](#) [#self-improvement for women](#)

Unleash your divine potential with our intensive Goddess Boot Camp. This transformative program is designed for women seeking to cultivate inner strength, build unwavering confidence, and embrace their authentic self. Discover empowering strategies for personal growth and holistic well-being to truly embody your inner goddess.

Course materials cover topics from beginner to advanced levels.

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Goddess Boot Camp

Seventeen-year-old Phoebe, unable to control the powers inherited from her ancestor Nike, must attend summer camp with a group of ten-year-olds, while coping with her boyfriend's apparent betrayal and mysterious messages about her deceased father.

Goddess Boot Camp

Seventeen-year-old Phoebe has recently learned that she's a descendant of Nike (the goddess, not the shoe). Now, in order to learn to control her newfound - and very strong - powers, she's being forced to attend Goddess Boot Camp. The only problem is, none of the other campers is over the age of ten! It's not going to be easy to survive camp, train for the Pythian Games, and keep her romance with Griffin going strong, but goddess help her, Phoebe is determined to make it work!

The Goddess Mojo Bootcamp

The Goddess Mojo Bootcamp is for women who want a man for a reason, a season, a lifetime, or one to match each of her handbags ... it has zero moral pontifications. It won't warn you against sleeping with a man on the first date. There are no 90-day rules in this book. It's for women who want authentic relationships, not ones who are interested in learning how to manipulate men in order to get a ring on their finger. It's for women who desire happy, healthy relationships in their lives, not women who are looking to a relationship to have a happy, healthy life. The Goddess Mojo bootcamp dispels the myth that anyone but you is in control of your romantic fate. Relationships, awesome ones and awful ones, are an inside job. That's good news. It all begins and ends with you.

The Goddess Bootcamp

For women who describe their relationships, moods, or careers as “okay,” “fine,” “not bad,” or “all right,” this book inspires readers to upgrade their lives by instilling pleasure, passion, and purpose. Many people settle for something other than their heart’s true desires, leading to mediocrity and quiet desperation. They settle not because they are lazy or incapable, but rather because they lack the awareness, knowledge, and support required to help them go for what truly makes their hearts sing. A personal development coaching session in book form, this guide demonstrates how women can empower themselves and achieve success.

Oh. My. Gods.

When Phoebe's mom returns from Greece with a new husband and plans to move to an island in the Aegean Sea, Phoebe's well-plotted senior year becomes ancient history. Now, instead of enjoying a triumphant track season and planning for college with her best friends, Phoebe is trying to keep her head above water at the berexclusive Academy. If it isn't hard enough being the new kid in school, Phoebe's classmates are all descendents of the Greek gods! When you're running against teammates with superpowers, dealing with a stepsister from Hades, and nursing a crush on a boy who is quite literally a god, the drama takes on mythic proportions!

Boot Camp

Kidnapped and sent to live in a disciplinary boot camp where he is physically and psychologically tortured on a daily basis, fifteen-year-old Garrett knows that he has been wrongly imprisoned and so feels there is no choice but to attempt a daring escape in order to save the life he has left in him.

Goddess to the Core

Women are constantly faced with choices and demands. They can achieve great success in life, yet they still have a deep, nurturing center that longs to be expressed and fulfilled. They want to be a leader for their families and communities, and attain all that they desire, require, and deserve. How can women fully manifest their power while honoring their fluid and flexible feminine nature? After traveling down this road herself, Sierra Bender experienced a hard-won spiritual breakthrough and discovered that the answers to her questions couldn't be found in traditional healing systems or in our spiritually disconnected society—they were found, quite simply, within. In *Goddess to the Core*, Sierra offers a new way of living with true power and purpose by redefining fitness, beauty, and power for the twenty-first-century woman. Her unique method of healing from the inside out breaks the cycle of stress and disempowerment by developing all four bodies—spiritual, mental, emotional, and physical—to help women reclaim, restore, and rejoice in their core feminine essence. Cultivate inner knowing to understand one's true nature Learn silence so the mind and heart can evaluate and reflect Work with the breath to deepen emotional intelligence Gain a stronger, leaner, more stable muscular foundation Using an innovative mix of yoga techniques and indigenous spiritual tools such as smudging, prayer, ritual, and meditation, Sierra offers women practical guidance and inspiration for taking back vital energy while rediscovering happiness, health and wellness, inside and out. Praise: "Her unique integrative program offers women a blend of ancient and modern, spiritual and physical tools for strengthening themselves from the inside out. When women leave her workshop at Omega, their transformation is absolutely visible!" —Carla Goldstein, Director of the Women's Leadership Center at the Omega Institute "...[A] force of nature, an inspired teacher who has through direct experience created an astonishing technique of transformation certain to reveal the goddess within." —Wade Davis, Explorer-in-Residence, National Geographic Society and bestselling author of *One River and The Serpent and the Rainbow* "She has seemingly interminable knowledge about how to help women 'be women.' She herself is challenging, compassionate, and radiantly confident, a model of how to balance the warrior and goddess energies women have." —Sharon M., Ph.D., Harvard Medical School executive coach for women "Sierra Bender is not an academic who was dying to teach because she was afraid of living; she is a "Warrior of Life" who can teach because she allowed nearly dying to release her to discover living." —Warren Farrell, Ph.D., author of *Why Men Are the Way They Are* and *Women Can't Hear What Men Don't Say*

Sweet Venom

Meet Grace, who just moved to San Francisco. It's a tiny bit scary starting over, but it gets scarier when a minotaur walks in the door. And even more shocking when a girl who looks exactly like Grace turns up to fight it. . . Gretchen is fed up of monsters pulling her out into the small hours, especially on a

school night. Getting rid of a minotaur is just another notch on her combat belt, but she never expected to run into a girl who could be her double in the process. . . Greer has her life pretty well put together, thank you very much. But everything tilts sideways when two girls who look eerily like her appear on her doorstep and claim they're all sisters. . . These three teen descendants of Medusa must reunite and embrace their fates!

Goddess in Time

A fun, action-packed novella, perfect for teenage Percy Jackson fans, starring favorite characters from Greek mythology and beloved author Tera Lynn Childs's *Oh, My, Gods*. series. Told from the perspective of Nicole, a popular character in the series, *Goddess in Time* delves into her past—and how she might be able to change it. The 150-page digital novella has been eagerly anticipated by fans who want to know more about this fun-filled world, and new readers will also find a captivating introduction to Tera Lynn Childs' *Oh, My, Gods*. series, as well as her other Greek mythology-based series, *Sweet Venom* and *Forgive My Fins*. As a descendant of Greek gods, Nicole has attended the Academy alongside other students with magical powers on a Greek island. Life is pretty perfect—except for the fact that she was sentenced to stay there because of a childhood prank that also resulted in her parents' banishment. When Nicole discovers a book that teaches the forbidden magic of time travel, she knows she must take a chance to right her wrong. With the help of her friends Troy and Phoebe, Nicole sets off on a quest that will take her from the heights of Mt. Olympus to the ocean depths of Poseidon's home and to the bowels of Hades. Can she mend her mistakes? And is changing the past, what she really wants? The past and future combine in thrilling, unpredictable ways—especially when Greek gods are involved! Epic Reads Impulse is a digital imprint with new releases each month.

Warrior Goddess Training

'If you don't love and honour yourself with every fiber of your being, if you struggle with owning your power and passion, then it is time for an inner revolution! It is time to claim your Warrior Goddess energy.' This is a book that teaches women to see themselves as perfect just the way they are, to resist society's insistence that they seek value, wholeness and love through something outside themselves, such as a husband, children, boyfriend, career or a spiritual path. Author HeatherAsh Amara has written this book as a message for women struggling to find themselves under these false ideals. Amara challenges women to be 'warrior goddesses', to be a woman who: • Ventures out to find herself • Combats fear and doubt • Reclaims her power and vibrancy • Demonstrates her strength of compassion and fierce love Her approach draws on the wisdom from Buddhism, Toltec wisdom and ancient earth-based goddess spirituality, and combines them all with the goal of helping women become empowered, authentic and free. Included here are personal stories, rituals and exercises that encourage readers to begin their own journey towards becoming warrior goddesses.

Peachey Letters

What's it all about... this crazy thing called life and how can we make the most of it? One woman answers these big questions, as she takes a voyage through the past, the present, the players, and the ponderings of her life - sending love letters back to them all along the way. Can letters change a life? They have already changed the life of the author and touched the hearts of the thousands of people around the world who have already read her Peachey Letters Blog... Now in book form, these letters do so many things - they entertain, engage, elucidate and energise, and more than that they ultimately show us how to let go and really love life, living it to the full...

Sweet Legacy

The teenage descendants of Medusa - Gretchen, Grace and Greer - face their toughest test yet as the mythological and the modern collide in a fast-paced urban fantasy adventure. The girls cannot hesitate as they seek the location of the lost door between the realms, even as monsters and the gods of Olympus descend on San Francisco in battle-ready droves. Greer must use her second sight to prevent anything from stopping her sisters' mission - even though a god is playing with her mind. Grace wants to trust her adopted brother, Thane, but will his secret put the girls in even more danger? And Gretchen has trained her sisters to stop the monsters, but her role as a huntress comes with more responsibility than she ever imagined. What will the girls' immortal legacy be? The concluding book in this action-packed series with plenty of romance.

Buddhist Boot Camp

Buddhism is all about training the mind, and boot camp is an ideal training method for this generation's short attention span. The chapters in this small book can be read in any order, and are simple and easy to understand. Each story, inspirational quote and teaching offers mindfulness-enhancing techniques that anyone can relate to. You don't need to be a Buddhist to find this book motivational. As the Dalai Lama says, "Don't try to use what you learn from Buddhism to be a Buddhist; use it to be a better whatever-you-already-are." Whether it's Mother Teresa's acts of charity, Gandhi's perseverance, or your aunt Betty's calm demeanor, it doesn't matter who inspires you, so long as you're motivated to be better today than you were yesterday. Regardless of religion or geographical region, race, ethnicity, color, gender, sexual orientation, age, ability, flexibility, or vulnerability, if you do good, you feel good, and if you do bad, you feel bad. If you agree that Buddhism isn't just about meditating, but also about rolling up your sleeves and relieving some of the suffering in the world, then you are ready to be a soldier of peace in the army of love; welcome to Buddhist Boot Camp!

Forgive My Fins

Unrequited love is hard enough when you're a normal teenager, but when you're half-human, half-mermaid Lily Sanderson, there's no such thing as a simple crush. Especially when your crush is gorgeous (and 100% human) Brody Bennett. The problem is, mermaids aren't the casual dating type - the instant they kiss someone, they 'bond' with them for life. When Lily's attempt to win Brody's love leads to an enormous case of mistaken identity, she finds herself facing a tidal wave of relationship drama.

Fins Are Forever

Just when things seem to be going swimmingly, Lily Sanderson's human-hating cousin Dosinia is exiled from the mer kingdom of Thalassinia and sent to land, leaving Lily with the huge task of keeping her on the straight and narrow. But why was Dosinia exiled in the first place? And why, why, why is she batting her eyelashes at Brody, Lily's former crush? As if her bratty cousin weren't enough to handle, the reappearance of a merboy from Lily's past makes her question her decision to renounce her kingdom and stay on land with her boyfriend, Quince.

Oh. My. Gods

After discovering she's a descendant of Nike (the goddess, not the shoe), Phoebe is finding that supernatural power have a learning curve. So her stepfather, headmaster of the Academy for descendants of Greek gods, enrolls her in the Dynamotheos Development Camp--a.k.a. Goddess Boot Camp.

Sweet Shadows

Grace, Gretchen and Greer are three teenage descendants of Medusa who must unite and embrace their fates in a world where monsters lurk in plain sight. The triplets are now reunited, but their battle against the monsters of the abyss rages on. And as if training to become fully-fledged huntresses weren't enough, the boys in their lives are causing them problems. Is Nick all he seems? And where's Thane? Grace is sure he's hiding something from her. As the girls discover more about their heritage, they find themselves in greater danger than ever. Can they face up to the sacrifices they must make in order to fulfil their destiny? The second book in the high-concept urban fantasy YA series.

Straight Stalk

From award-winning author Tera Lynn Childs comes a sweet, sassy story about friendship, fame, and how far one girl will go to prove she's broken the pattern. "Seriously, this book was just plain fun and it would make an excellent movie. Hint, Hint, Hollywood." — Nat at BiblioJunkies Every girl deserves a little revenge... Bethany Lange knows a thing or twelve about gay men. The Southern belle turned city girl has dated five of them. So when a friend offers her a consulting job on a new gay makeover show, she snatches up the golden opportunity faster than you can say, "Never wear stripes with paisley." Color her déjà blue when one of the cast members turns out to be her latest ex. Bethany doesn't believe for a second that he's actually gay and she vows to reveal the truth, even if she has to stalk him to get the proof. She finds an unlikely partner in Chris, the show's kitchen god. He's sweet, sexy, and funny. The perfect—and perfectly unavailable—guy. Between the long talks and late-night stakeouts, she's finding it harder and harder to resist being attracted to him. As the stalking and the stakes escalate, can Bethany prove she's a closet cleaner no more? Can she stop falling for unavailable guys and find

one that's a perfect fit? Only time—and stalking—will tell. *Straight Stalk* is a standalone book in the City Chicks series, a romantic chick lit romp perfect for fans of *The Devil Wears Prada*, Janet Evanovich, and *Queer Eye*. Praise for *Straight Stalk* “The big city setting is perfect for these kinds of romances, and the writing is wonderful ... I cannot wait to read more.” — The YA Lit Chick “I will be putting the rest of Tera Lynn Childs' books onto my to-read list” — Shelby on Goodreads “A very funny, light read, that keeps you guessing, laughing, and cheering for Bethany all the way.” — Jessie on Goodreads “I loved this book so much!” — Abbie on Goodreads “This was amazing!” — Nadette on Goodreads

Faithfully Religionless

Discover the difference between feelings and emotions, the disparity between truths and facts, and the countless benefits of mindful living. When his pursuit of happiness in Corporate America feels counterproductive, Timber Hawkeye escapes the fluorescent-lit hell of his cubicle in Seattle and sets out to fully embrace the stress-free lifestyle of Hawaii. Intrigued and curious about what people believe (and why they believe what they do), he questions everything he ever thought was true and discovers the beauty of letting go. If you consider yourself spiritual but not religious, then you're going to love this inspirational book. And if you want to lead a simple and uncomplicated life with happiness at your fingertips, then you'll want to read this page-turner more than once! "It's not that I'm against religion, I simply don't have one (nor do I believe that we need it to be ethical). My faith is doctrine-free, with a definition of God that doesn't conjure a white man in the sky who dispenses blessings for good behavior and harsh judgments to condemn the bad. That's because I don't believe God does that; religion does. You see, faith is a spiritual practice of continually letting go of certainty, of ego, and of the underlying need to know, while religion is a ceremonial tradition of hanging on, clinging to concrete dogmas, stubborn rigidity, and ageless rituals."

The Book of Goddesses & Heroines

This popular reference work contains alphabetical listings of 1,533 mythological female deities. This is the only complete, one-volume recitation of their legends in any available source. Also contains an index of associations and groupings of goddess "families". With photos from the Field Museum of Natural History, Chicago.

Persephone the Daring

Well-researched and true to the classical Greek myths, each volume in the Goddess Girls series addresses contemporary issues like friendship and relationships from a classically accurate—and entertaining—perspective.

Eye Candy

From award-winning author Tera Lynn Childs comes a fun, flirty story about friendship, fashion, and how far one girl will go to avoid another conversation about her ex. “Eye Candy is a romance that's just as sweet and addicting as candy, without the high sugar content” — The YA Lit Chick Every girl deserves something sweet... Lydia Vanderwalk has worked hard to have the perfect job, the perfect wardrobe, and the perfect everything else. She only needs two things to make her life completely perfect: 1) a promotion at work and 2) for everyone to stop talking about the supposedly-perfect fiancé she left at the altar. She tries to check number two off the list by inventing a fictitious boyfriend, but the plan backfires when she actually needs to produce him in order to go after number one. Phelps was supposed to be pure eye candy, a male model hired to play the part of picture-perfect boyfriend. But there's more going on beneath his pretty face than charm and spontaneity. Throw in a banking wunderkind ex-fiancé, a trio of cutthroat couture-climbers, and an adventure that leads from New York to Milan and back again, and Lydia soon learns that what you see is often much less than what you get when it comes to people and not everything in life can be solved by a Jolly Rancher and a shopping spree. *Eye Candy* is a standalone book in the City Chicks series, a romantic chick lit romp perfect for fans of Sophie Kinsella, *Carrie Bradshaw*, and *Project Runway*. Praise for *Eye Candy* “This is a candy cotton good book, sweet, light and funny.” — julie on Amazon “Loved every page!!!!” — Cally on Goodreads “It's a perfect summer read!!!!” — moviebunny on Goodreads “I love, love, LOVE this book! So much fun, and SO cute!” — ReadingIsFunForEveryone on Amazon “I LOVED this book! Some parts just made me LOL” — reader on Barnes & Noble “Eye Candy was a delicious read.” — Nat at BiblioJunkies “This is a fun story that combines candy and romance with a totally hot guy. What could be better?” — Crystal on Amazon

Just For Fins

Half-mermaid, half-human Lily's life is a whirlpool of complication. Not only does she have to step up and help childhood friend Tellin, whose kingdom is under threat from the changing ocean climate, she has to face the fact that an ancient mer law might separate her from her human boyfriend Quince after all . . .

Beauty's Daughter

The bestselling author of the Young Royals books “delves into Greek mythology with a retelling of the Trojan War from the point of view of Hermione” (Booklist). What is it like to be the daughter of the most beautiful woman in the world? Hermione knows . . . her mother is Helen of Troy, the famed beauty of Greek myth. Helen is not only beautiful but also impulsive, and when she falls in love with charming Prince Paris, she runs off with him to Troy, abandoning her distraught daughter. Determined to reclaim their enchanting queen, the Greek army sails for Troy. Hermione stows away in one of the thousand ships in the fleet and witnesses the start of the legendary Trojan War. In the rough Greek encampment outside the walls of Troy, Hermione's life is far from that of a pampered princess. Meanwhile, her mother basks in luxury in the royal palace inside the city. Hermione desperately wishes for the gods and goddesses to intervene and end the brutal war—and to bring her love. Will she end up with the handsome archer Orestes, or the formidable Pyrrhus, leader of a tribe of fierce warriors? And will she ever forgive her mother for bringing such chaos to her life and the lives of so many others? “Beauty's Daughter burrows into the recent interest in Greek mythology and builds a fictional account of the young woman's quest to find her lost love.” —VOYA “This title would make a great pairing for students studying Greek mythology or reading the Iliad or Odyssey and will appeal particularly to students interested in ancient history.” —School Library Journal

Diane Irons' 14-day Beauty Boot Camp

In just two weeks, beauty expert Diane Irons will bring out a more fit and fabulous you. If you're looking to trim some weight, save time and money, boost your energy, and WOW your friends, this day-by-day program is the ultimate in beauty, fashion, and style. Book jacket.

Seduction

In Geneva Holliday's latest novel of lust and revenge, Seduction works both ways. Mildred Johnson is the last woman on earth that gorgeous Tony Landry would dare to be seen with. That is, until Tony wants to pull a scam on the company where she works. In order to keep Mildred signing phony documents, Tony gives Mildred a taste of romance and keeps raising the stakes until he's eventually forced to propose. But when the big day arrives he skips town with the money he's stolen. Heartbroken, Mildred takes a trip to Barbados where her "vacation" turns out to be a boot-camp style weight loss clinic! Soon she discovers a goddess that had been hiding beneath her homely exterior. And when she runs into Tony on the island, he doesn't even recognize the sexy fox standing before him. Little does he know that this fox has a plan for revenge that will leave him whimpering with his tail between his legs for a good, long time.

The Boot Camp

Three women, each with a reason to change their lives. But will they survive the next seven days? From the bestselling author of the Secret Shopper series. How far would YOU go to feel good about yourself? It's New Year and three desperate women begin the toughest week of their lives . . . No booze, no carbs, no men, no excuses. Steph invents puddings for a living - now the only part of her body she doesn't hate is her wrists. Will she prove to herself - and her ex - that she can change? TV presenter Darcy is living the dream - yet haunted by nightmares of a single night where she made the wrong choice. Can she let go of the past? Mum of three Vicki is under doctor's orders to lose weight - but it's not the only burden she's carrying. Three women, seven days . . . and one last chance to change their lives for good.

Becoming a Successful Illustrator

Get ready to enter the working world of illustration with this freshly updated second edition of Brazell and Davies's Becoming a Successful Illustrator. This edition features even more 'Spotlight on...' sections, with advice from practicing illustrators as well as the people that commission them. You can enjoy

added coverage in fields such as moving image, character illustration and social media. There are also new exercises to get you started planning and building your business, and over 200 inspirational examples of artwork, most of which are new to this edition. You can expect practical tips on how to seek work, how to market yourself and how to run your illustration business in an enterprising way, with advice that will prove useful long after your first commission. Building on the resources of the first edition, this continues to be the must-have guide to practicing professionally as an illustrator. Featured illustrators include: Millie Marotta Mark Ulriksen Natsko Seki Ellen Weinstein Stephen Collins ... and many more Featured topics include: Finding clients Agency representation Fields of work Financial and legal requirements Skills in art and design Self-promotion Showing work Managing your business

Bright Line Eating

A NEW YORK TIMES BESTSELLER Foreword by John Robbins, author of the international bestseller *Diet for A New America* In this book, Susan Peirce Thompson, Ph.D. shares the groundbreaking weight-loss solution based on her highly acclaimed Bright Line Eating Boot Camps. Rooted in cutting-edge neuroscience, psychology, and biology, Bright Line Eating explains why people who are desperate to lose weight fail again and again: it's because the brain blocks weight loss. Bright Line Eating (BLE) is a simple approach designed to reverse that process. By working with four "Bright Lines"—clear, unambiguous, boundaries—Susan Peirce Thompson shows us how to heal our brain and shift it into a mode where it is ready to shed pounds, release cravings, and stop sabotaging our weight loss goals. Best of all, it is a program that understands that willpower cannot be relied on, and sets us up to be successful anyway. Through the lens of Susan's own moving story, and those of her Bright Lifers, you'll discover firsthand why traditional diet and exercise plans have failed in the past. You'll also learn about the role addictive susceptibility plays in your personal weight-loss journey, where cravings come from, how to rewire your brain so they disappear, and more. Susan guides you through the phases of Bright Line Eating—from weight loss to maintenance and beyond—and offers a dynamic food plan that will work for anyone, whether you're vegan, gluten-free, paleo, or none of the above. Bright Line Eating frees us from the obesity cycle and introduces a radical plan for sustainable weight loss. It's a game changer in a game that desperately needs changing.

Maren Loves Luke Lewis

Sixth-grader Maren has tickets to the upcoming Luke Lewis concert, a home-town boy turned pop-singer, but if she and the other sleepover girls can write the winning "Love Letter to Valley View" for a local radio program, they will get a chance to meet her crush in person.

Glucose Revolution

*****THE INSTANT SUNDAY TIMES BESTSELLER***** "Jessie (a.k.a. the Glucose Goddess) takes you on a fun and informative journey to understand how food affects your sugar spikes and your health. This practical guide is full of wonderful tips and hacks on how and what to eat; a must for anyone who wants to understand their body and improve their health." - Professor Tim Spector, author of *Diet Myth* and *Spoon Fed*, professor of genetic epidemiology at King's College, London "Glucose Revolution will help you feel better, cut cravings, connect with yourself, balance your hormones, live longer, teach you science and put a smile on your face along the way. This book is one of my references - don't wait to read it." - Davinia Taylor, British actor and #1 Sunday Times bestselling author of *It's not a Diet* Dietary science is on the move. For decades, people were wrongly focused on reducing fat and calories, whereas we now know that the real trouble-makers are the foods that deregulate our blood sugar levels. In writing both clear and empathetic, biochemist Jessie Inchauspé explains why blood sugar spikes are so bad for us and how to flatten those spikes to transform our health. By analysing decades of research and running thousands of original experiments on herself wearing a continuous glucose monitor, she has distilled 10 simple and surprising hacks that can be easily incorporated into everyday life. By the end of this book, you'll be aware of how food impacts your biology. You'll know which breakfast choices may be causing your cravings, in which order you should eat the food on your plate, what not to do on an empty stomach, which foods lead to mood swings, and how to avoid being sleepy at 3pm. You'll evolve the way you eat, take control of your health, and your life will flourish.

Gaff Goddess

'(Gaff Goddess) should be taught in schools. It's genuinely, hands-on empowering! After four paragraphs I am fully convinced I could build my own house and go on *Grand Designs*!' - Marian Keyes

Laura de Barra is quite simply a Gaff Goddess. Expanding on her popular online home hacks, Laura will teach you how to handle the problems we all encounter in our homes. Straight-talking and hilarious and packed with Laura's stunning illustrations, her step-by-step guides will prepare you to handle the most common household emergencies with style. From dripping taps to hanging a frame, how best to look after your white goods, how to treat moths, mould and everything in between, and with invaluable design ideas to improve the living spaces in your home, this book is for everyone who has ever wanted to tackle a bit of She-!Y without really knowing how. Ingenious and sure to be an instant household must-have, Gaff Goddess will empower you to make those repairs and rediscover your space saving you time, money and stress in the process.

Chasm of Eternity

Liv lands right in the middle of a goddess boot camp. And she can't remember who she is. When Gabe shows up promising answers, Liv must decide. Trust a Jinn or trust the goddesses? Liv chooses wrong. Download now to find out the devastating consequences of her choice. ÿFor Fans of: Elise Kova, Leia Stone, Lola Glass, Linsey Hall, Eva Chase, and CN Crawford

Wrath Goddess Sing

Drawing on ancient texts and modern archeology to reveal the trans woman's story hidden underneath the well-known myths of The Iliad, Maya Deane's Wrath Goddess Sing weaves a compelling, pitilessly beautiful vision of Achilles' vanished world, perfect for fans of Song of Achilles and the Inheritance trilogy. The gods wanted blood. She fought for love. Achilles has fled her home and her vicious Myrmidon clan to live as a woman with the kallai, the transgender priestesses of Great Mother Aphrodite. When Odysseus comes to recruit the "prince" Achilles for a war against the Hittites, she prepares to die rather than fight as a man. However, her divine mother, Athena, intervenes, transforming her body into the woman's body she always longed for, and promises her everything: glory, power, fame, victory in war, and, most importantly, a child born of her own body. Reunited with her beloved cousin, Patroklos, and his brilliant wife, the sorceress Meryapi, Achilles sets out to war with a vengeance. But the gods—a dysfunctional family of abusive immortals that have glutted on human sacrifices for centuries—have woven ancient schemes more blood-soaked and nightmarish than Achilles can imagine. At the center of it all is the cruel, immortal Helen, who sees Achilles as a worthy enemy after millennia of ennui and emptiness. In love with her newfound nemesis, Helen sets out to destroy everything and everyone Achilles cherishes, seeking a battle to the death. An innovative spin on a familiar tale, this is the Trojan War unlike anything ever told, and an Achilles whose vulnerability is revealed by the people she chooses to fight...and chooses to trust.

Darkly Fae

One of Oprah Magazine's 22 Romance Novels That Are Set to Be the Best of 2020 + Marie Claire's Best New Books of 2020 New York Times bestselling author Tessa Bailey returns with a unique, sexy romantic comedy about a young married couple whose rocky relationship needs a serious renovation... Rosie and Dominic Vega are the perfect couple: high school sweethearts, best friends, madly in love. Well, they used to be anyway. Now Rosie's lucky to get a caveman grunt from the ex-soldier every time she walks in the door. Dom is faithful and a great provider, but the man she fell in love with ten years ago is nowhere to be found. When her girlfriends encourage Rosie to demand more out of life and pursue her dream of opening a restaurant, she decides to demand more out of love, too. Three words: marriage boot camp. Never in a million years did Rosie believe her stoic, too-manly-to-emote husband would actually agree to relationship rehab with a weed-smoking hippie. Dom talking about feelings? Sitting on pillows? Communing with nature? Learning love languages? Nope. But to her surprise, he's all in, and it forces her to admit her own role in their cracked foundation. As they complete one ridiculous--yet surprisingly helpful--assignment after another, their remodeled relationship gets stronger than ever. Except just as they're getting back on track, Rosie discovers Dom has a secret... and it could demolish everything.

Love Her Or Lose Her

The Equanimous Mind (2nd Edition) chronicles the author's first ten-day Vipassana meditation camp experience at the end of 2010 and the life-changing impact it has had on his personal and professional life since that time. This new second edition comes at an important milestone in Manish's journey as ten years have passed since that first ten-day retreat. A new epilogue in this 10th anniversary

edition has been expanded and enriched with updates on his progress since the journey began a decade ago. The book describes a ten-day Vipassana meditation course in the tradition of S. N. Goenka from the standpoint of someone encountering meditation for the first time. It contains a detailed, journal-like narrative of the rich and complex sequence of events that unrolls during the retreat. The author's capacity to recall and sequence vivid details by the hundreds gives the book the feeling of an experience rather than merely of a recounting. The Equanimous Mind has a particular heartwarming quality because of the earnestness with which the author seeks to grow into being the best possible person he can be. Many people will benefit from this volume of clear sentences, deep feelings, and important messages. ===== Out of gratitude for the benefits the author has received from the practice of Vipassana meditation, he will be donating the proceeds from this book to spreading awareness about the technique, so that others can draw value from it as well. =====

The Equanimous Mind (2nd Edition)

All her life, Kat dutifully performed as faithful friend, daughter, sister, wife, mother, legal assistant. She was professionally retired and now an empty nester with an eye on the belly dancing course at a local high school. The exotic and feminine art form kept crossing her path until she finally JUST CLICKED HERE and registered. Little did she know sixteen months later, she would be on a jet with nine fellow troupe members to perform and teach belly dance classes in Jamaica. One week, nine glittery strangers, a swingers group and Kat's struggle with demons from her past set the perfect stage for bonding in the glittery sorority. They had one common denominator— They saw sparkly people.

Ameera Unveiled

Two top South African experts have joined forces to bring you this up-to-date guide to what, how much, and when to eat to optimise sports performance. Practical and realistic, it provides professional sportspeople, enthusiastic amateurs and concerned parents with scientific information. Design your own diet, using the foods you love, to attain the goals you have set yourself. Simply go to the tables at the end and see how many carbohydrate, protein and fat units you need to maintain or lose weight, with anything from zero to five hours of exercise per day. Along with easy-to-use tables, the book includes many sample eating plans for different weight groups and for eating before, during and after competition. Adjust your eating to your training programme and use the GI concept to give you the competitive edge.

Eat Smart for Sport

With a past too terrible to speak of, and a bleak, lonely future ahead of her, Aerin Renning is shocked to find she has earned a place at the most exclusive school in the universe. Aerin excels at Academy 7 in all but debate, where Dane Madousin?son of one of the most powerful men in the Alliance? consistently outtalks her. Fortunately Aerin consistently outwits him at sparring. They are at the top of their class until Dane jeopardizes everything and Aerin is unintentionally dragged down with him. When the pair is given a joint punishment, an unexpected friendship?and romance?begins to form. But Dane and Aerin both harbor dangerous secrets, and the two are linked in ways neither of them could ever have imagined. . . .

Academy 7