The Power Of Your Presence

#power of presence #mindfulness #authentic connection #self-awareness #impactful communication

Discover the transformative power of your presence. Learn how to cultivate mindfulness, self-awareness, and authentic connection to unlock your full potential. By mastering the art of being present, you can enhance your communication, deepen your relationships, and make a more significant impact on the world around you.

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The Power of Presence

Everyone, regardless of position or personality, can strengthen their presence. The Power of Presence shows how. When some people speak, everyone listens. When they need commitment to projects, others jump on board. They just seem to have that indescribable "presence"--a subtle magnetic field around them wherever they go that signals authority and authenticity and attracts disciples with ease. Wouldn't it be incredible if doors opened as effortlessly for you? How amazing would it be if you could command the room like they do? You don't have to wonder; you can make it happen! Filled with strategies, exercises, and personal stories from years spent coaching leaders, communications expert Kristi Hedges explains how to: Build relationships based on trust Rid yourself of limiting behaviors Embody the values you are trying to convey Explore how others see you and correct misperceptions Communicate in way that inspire The key is to cultivate the communication aptitude, mental attitude, and unique leadership style needed to connect with and motivate others. Everyone recognizes a commanding presence when they see it, and soon they'll see it in you!

The Power of Your Presence

Presence - how an individual or organization "shows up" in the world, the energetic space that their "being" creates, and the attitude, perspective, and energy they bring as they meet challenges, opportunities, dreams, and visions. Today, perhaps more than any other time in human history, knowing who you are at your essence, the gifts you are here to share, and the presence that you bring to your world is critically important. The more authentic and dynamic your presence, the more effective you will be in supporting the positive transformation and evolution of our world. In The Power of Your Presence, leadership and transformation coach Alan Seale guides you through a "daily workout for your soul"-a short and simple reflective practice that can help you realize the power of your presence. Through this little book, you can tap into the deep well of wisdom, compassion, clarity, and understanding within you. Day by day the power of your presence will emerge - an authentic expression of who you truly are and the gifts you bring to our rapidly changing world.

The Power of His Presence

Unlock Your Power to Create Positive Change The power of influence in our world is undervalued and often ignored. But if you want to make a real change in the lives of others, it will be your everyday influence that draws people in and excites their potential. Stan Toler examines the ways you can profoundly change your own life and the world we live in. You will learn how to shape your attitude to inspire and motivate those around you ensure that your own influence isn't wasted develop a strong vision and purpose for your future Your words, actions, and attitudes hold the power to build up or tear down. Make a positive, lasting impression that will add value to those around you, encourage people to follow your lead, and inspire others to greatness.

The Power of Your Influence

Noted pastor and speaker Adrian Rogers explains the nature of the Spirit-filled life and offers practical, biblical-based wisdom to help all of us who are God's people fall in love with Christ and experience The Power of His Presence.e

The Power of His Presence

In Presence, bestselling author Lisa Lister teaches you how to express yourself, claim yourself back and dare to take up space in the world. Your presence is your power. It doesn't mean learning about body language, posture or how to wear red lipstick. It's about learning to like yourself, connecting with your body, trusting your gut, being strong, and self-caring. In this guide, the author shares her own journey alongside practical tools that will help you live life on YOUR own terms - not dictated by social media or labels imposed by somebody else.

Presence

For single parents, working parents, and caregivers who worry about the time they spend away from their children, the mother of The Other Wes Moore shares strategies to raise happy, well adjusted kids. As the mother of Wes Moore, whose memoir about overcoming the obstacles that face a fatherless young black man was a huge bestseller, Joy is constantly asked: How did you do it? How can you be a good parent, have a career and stay healthy when you don't have a partner to pick up the slack? How do you connect with a child when you can't always be there? Joy's answer is "presence." Specifically, seven different ways of being a force in a child's life, ensuring that they feel your influence. We can't always be physically there for our children, but the power of presence can help us to be a voice in the back of their minds that guides them through difficult times. In The Power of Presence, Moore explores seven pillars of presence--heart, faith, mind, courage, financial freedom, values, and connectedness--that all parents can use to positively influence their children. Using compelling stories from women who have been there and practical advice on everything from savings accounts to mindfulness, this book is a compassionate look at what it takes to raise great kids even in less than ideal circumstances. /DIV

The Power of Presence

Open your Bible and prepare to find the power of His presence. Beloved teacher Ray Stedman takes you on a journey through the Scriptures, one book each month, on a daily devotional tour that will both inspire and motivate you with the eternal truths of God's Word. The theme of the believer's dependence on Christ is made evident as The Power of His Presence takes you through both the Old and New Testaments on an easy-to-read, easy-to-grasp, devotional experience.

The Power of His Presence

Neil Anderson has travelled the world, speaking and teaching, and has written many books. At his side, at his back, has been his wife Joanne: they have been together for over 50 years. Now Joanne is gripped by a long decline, sinking gradually into agitated dementia. She depends on Neil's presence, calls him Daddy. He has no training as a nurse, but now for long hours he sits at her bedside, and cares for her bodily needs. They do not speak much: conversation is a strain. So Neil has used the silent hours to pray, to spend time in God's presence, and to reflect on what this means. 'I have become keenly aware that God is using Joanne's illness to teach me about the power of presence,' he writes. 'I'm learning on a much deeper level the purpose of just being there, and what it means to be still and know that He is God. There is an inexplicable peace that comes from knowing I don't have to 'do' in order to 'be' in God's will - to be in His presence - to be in each other's presence. 'It has been a peaceful

time of reflection upon the presence of God, and how that has shaped me, our marriage, and ministry. My theology tells me that God is omnipresent, but we are not always aware of His presence, and yet without His presence we are not fully alive.'

The Power of Presence

Walk His steps, pray His way, and move beyond rituals to discover newe intimacy with Jesus. Henry and Norman Blackaby's thorough study of Jesus' prayer life reveals astounding truths about God's intent for prayer. By the time you turn the last page of this 2006 National Day of Prayer book, your old notions will be replaced by the reality of Jesus' example. You'll experience the power of heaven and earth being joined together as the King of all creation lays His heart over yours. Your will becomes aligned with His. Discover freedom from methods and formulas, the beauty of a gentle step-by-step reformation process, and let God unfold His mighty purposes for you. "in the days of His flesh, when He had offered up prayers and supplications, with vehement cries and tears... was heard because of His godly fear." Hebrews 5:7 The One who loved you to His death continues to pursue you. He will humbly lay His heart over yours. Heaven and earth will agree. The supernatural will powerfully unfold. And you will be changed forever.

Experiencing Prayer with Jesus

It is of the utmost importance that men and women seek to have the presence of God in their lives. There are many who think that they can achieve everything on their own, but in the end will only find themselves going down a very unsuccessful path. The Power of His Presence offers personal recollections of the author's past and present experiences with the Holy Spirit in her walk with God and it teaches how to wait on the Holy Spirit for insight and guidance in life as well as in Ministry.

The Power of His Presence

Real life change, real peace, and real love that lift us above the things of the world in the same way that Jesus walked isnt this how we were meant to walk in life? Do you desire new revelations that expand you further into the mysteries of Christ? The Redeeming Power of Presence is not simply about becoming aware of the Lords presence but about our learning to become present and available to Him in a way that makes His powerful presence accessible to us. Experience this narrow way that Jesus walked before us that loses the old selfs life by walking simply in the present moment where the powerful presence of I Am reigns. As you read, experience this living water and pathway to more of the mysteries of Christ that believers are just now beginning to awaken to in their walk with Christ.

The Redeeming Power of Presence

To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, The Power of Now is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better.

The Power of Now

This book examines what God did for us on that wonderful day when we first accepted the Lord Jesus Christ as our Savior. What was the result of our faith in Christ? What is our identity? What kind of help do we have along life's way?

In Christ, Christ in

Who is the Holy Spirit anyway? We sing songs about Him. We've seen His name in the Bible. And most of us know He's a part of the Trinity, but misunderstandings, confusion, and contention abound. And it's keeping us from the abundant, satisfying life God has for us. The solution? We need a biblical understanding of the Holy Spirit. Transforming Presence walks you through ten vital practices that will help you have a new experience of the Holy Spirit. You'll learn how our relationship with the Holy Spirit changed from the Old Testament to the New Testament, what common misconceptions of the Holy

Spirit are, and how to think, speak, (and sing) rightly about Him. It can be hard to discern what's right and wrong in a world of gray scales, differing preferences, and emotional highs, but when we start with the Bible, all the secondary things fall into place. Discover the transformational, personal, and joyful relationship that comes from meeting the Holy Spirit on His own terms.

Transforming Presence

MORE THAN HALF A MILLION COPIES SOLD: Learn the simple techniques you'll need to approach your biggest challenges with confidence. Have you ever left a nerve-racking challenge and immediately wished for a do over? Maybe after a job interview, a performance, or a difficult conversation? The very moments that require us to be genuine and commanding can instead cause us to feel phony and powerless. Too often we approach our lives' biggest hurdles with dread, execute them with anxiety, and leave them with regret. By accessing our personal power, we can achieve "presence," the state in which we stop worrying about the impression we're making on others and instead adjust the impression we've been making on ourselves. As Harvard professor Amy Cuddy's revolutionary book reveals. we don't need to embark on a grand spiritual guest or complete an inner transformation to harness the power of presence. Instead, we need to nudge ourselves, moment by moment, by tweaking our body language, behavior, and mind-set in our day-to-day lives. Amy Cuddy has galvanized tens of millions of viewers around the world with her TED talk about "power poses." Now she presents the enthralling science underlying these and many other fascinating body-mind effects, and teaches us how to use simple techniques to liberate ourselves from fear in high-pressure moments, perform at our best, and connect with and empower others to do the same. Brilliantly researched, impassioned, and accessible, Presence is filled with stories of individuals who learned how to flourish during the stressful moments that once terrified them. Every reader will learn how to approach their biggest challenges with confidence instead of dread, and to leave them with satisfaction instead of regret. "Presence feels at once concrete and inspiring, simple but ambitious — above all, truly powerful."—New York Times Book Review

Presence

Are you as close to God as you want to be? Or would you like to know Him more? If you want to draw closer to God and experience the power of His presence, this book will show you how. The Secret Place was written to show you the importance of spending time with God. Included in this book, you will find: Examples of Jesus Christ in the secret place. What sets the secret place apart from a casual prayer life. Items to keep in the secret place. 21 benefits of the secret placelf you want to unlock the power of the presence of God, follow me on the quest to know God more and develop a closer relationship with Him. Your life will never be the same!

The Secret Place

You can be the move of God! Every situation in which you find yourself is a moment that God longs to fill with His power and Presence. He accomplishes His mighty purposes by working through you! Every Christian has the Holy Spirit living inside of them. That means that you carry God Himself within you! Everywhere you go, you are presented with exciting opportunities to release the Kingdom of Heaven. And best of all, you are not alone! Even as God impacts the world by working through you, He promises to partner with you every step of the way. It all begins with listening for His voice and stepping out in faith. You have already been anointed! Carrying the Presence is your practical guide to walking in this anointing. Learn how to: Carry Gods presence everywhere you go. Recognize and respond to divine appointments. Release a move of God into your sphere of influence. Make Jesus irresistible to hardened hearts. Partner with the Holy Spirit to release miracles. Amazing adventures with God wait for you. Start living out your supernatural destiny today

Carrying the Presence

The Practice of the Presence of God is a wonderful text, compiled by Father Joseph de Beaufort, of the teachings of Brother Lawrence (born Nicholas Herman), a Carmelite Monk. The beautiful compilation includes letters, as well as records of his conversations kept by Brother Lawrence's interlocutors.

The Practice of the Presence of God

Here, at last, is a real solution to the prayer problem! In His Presence by E. W. Kenyon is not about who others were and what they did in prayer, but about who we are and what we can do in prayer. It lifts the curtain to the Holy of Holies and reveals our ability to enter in and stand before the presence of God. In this book, you will discover that God's ability is available to every one of His children. You will be challenged to climb the heights and sound the depths of tremendous spiritual realities, including the authority of the name of Jesus and how to use it. In His Presence has been a challenge and blessing to countless multitudes all over the world. It removes the mist surrounding the prayer life, leading us out of spiritual mysticism into the true light of life. This is your invitation to open the door...enter...and stand in the Father's presence!

In His Presence

Linda Evans Shepherd shows how God's answers to prayer may not come packaged in the ways we would expect, but they do come in ways that will transform our lives. This book will be a comfort to those who struggle with faith yet still dare to believe that God cares. Through solid biblical teaching and true stories of answered prayer, Shepherd walks with readers on a journey to renewed hope.

Praying through Hard Times

Maximize Your Effectiveness One of the main reasons today's Christians suffer "power failure" is that we have neglected to personally minister to the Lord. As a result, we have not been able to tap into the fullness of God's power and strength. Can you love the Lord too much? Can you spend too much time with Him? Absolutely not! You will maximize your effectiveness in ministering to others as you first experience the daily power of His presence. Roxanne Brant shares the keys to overcoming your own limitations in ministry so you may tap into the unlimited power of God. "In thy presence is fulness of joy." —Psalm 16:11

Ministering to the Lord

Professional wisdom has suggested that coaching presence is purely about the coach – how they show up in the room, and what they say and do to support clients to reach their goals. But what if it was about the relational dynamics between the coach and client at an unspoken level? In this book, Tünde Erdös demystifies the power of the non-verbal coaching relationship. Put simply, the body does not lie. Using research from 184 videoed coach-client pairs and exploring their spontaneous interactions at a non-verbal level, we deepen our understanding of how clients navigate uncertainties (including in the coaching room) and how coaches can truly partner with clients to facilitate their goal attainment beyond traditional coaching. This book also reveals that a coach's full-body presence can sometimes hinder learning and prevent progress towards a goal. Tünde Erdös guides the reader through Integrative Presence, where you will learn how to: •Build awareness of your state of presence •Identify potential coaching blind spots •Recognise when your needs block presence •Practice integrative presence in coaching •Foster effective coaching partnerships An excellent example of how coaching practice has informed research and with a foreword from Erik De Haan, this book will help anyone looking to enhance their coaching effectiveness through closer partnering with clients. "This book includes many high-quality and universal components to help professional coaches to make valuable progress." Patrick Delamaire, co-developer of the Global Executive Coaching Program at HEC Paris "WBECS is delighted to have been able to help support Tunde in her research to complete this valuable work on the importance of presence in the coaching experience." Marva Sadler, CEO, WBECS Group "This insightful book will help coaches to reflect on and enhance their practice." Prof Stephen Palmer, Wales Academy for Professional Practice and Applied Research, University of Wales Trinity Saint David, UK Tünde Erdös is an executive coach, coaching scientist, author and lecturer at HEC Paris. Tünde is passionate about staying curious as we co-create the future of coaching through a balance of science and practical wisdom.

Coaching Presence: Understanding the Power of the Non-Verbal Relationshi p

The presence of God is meant to be more than just an occasional event during Sunday morning Worship---you are meant to live in God's presence! In The Lost Art of Practicing His Presence, James W. Goll uncovers ancient and nearly forgotten keys to deeper intimacy with Christ Jesus while revealing the ease of working with Christ instead of for Him. Through this book you will rediscover the lost precepts of Biblical meditation, contemplative prayer, and waiting on the Lord and learn how to apply them in your own life. Most importantly, you will gain inspiration for your own intimate walk and the courage

to spread the fire His presence to everyone around you! The Lost Art of Practicing His Presence also includes a modern-language translation of The Practice of the Presence of God by Brother Lawrence. An inspiration to James Goll, this 15th-century believer has inspired generations of Christians with his simple life and profound writings on the nature and presence of the Lord.

The Lost Art of Practicing His Presence

We cannot escape the truth, writes Gerald Hawthorne, that Jesus was completely "one of us." Yet Jesus taught with amazing authority, spoke God's word with extraordinary power, healed people who were sick, raised people who were dead, opened the eyes of the blind and did other miraculous things seemingly beyond the ability of humans. How? Hawthorne asks. "Was it by means of his divine nature that he did all this, for certainly he was fully God as well as fully human?" No, is his resounding answer. Through a careful study of the New Testament, Dr. Hawthorne argues that Jesus did not act from the prerogatives of one who shared the nature of God. Rather, he did what he did through the Holy Spirit, upon whom he depended for power and authority. Essential to this view is the affirmation that Jesus was indeed fully human. In the pages of The Presence and the Power, the author shows the role of the Spirit in Jesus' conception and birth, in his boyhood and youth, in his baptism and temptation and ministry, and in his death resurrection. Hawthorne brings his discussion to a climax by setting forth his own understanding of the mystery of the interworking of the human and divine in Jesus. This all serves to usher the reader into the final chapter, the role of the Holy Spirit in the life of the believer. This concluding chapter makes the truths of the book very clear as to their life application for any and all of Jesus' followers.

The Presence and The Power

"Intention is a force in the universe, and everything and everyone is connected to this invisible force." Dr. Wayne W. Dyer has researched intention as a force in the universe that allows the act of creation to take place. This beautiful edition of Wayne's international bestseller explores intention—not as something we do—but as an energy we're a part of. We're all intended here through the invisible power of intention—a magnificent field of energy we can access to begin co-creating our lives! Part I deals with the principles of intention, offering true stories and examples showing how to make the connection. Wayne identifies the attributes of the all-creating universal mind of intention as kind, loving, beautiful, expanding, endlessly abundant, and receptive, emphasizing the importance of emulating this source of creativity. In Part II, he offers an intention guide with specific ways to apply the co-creating principles in daily life. Part III is an exhilarating description of Wayne's vision of an individual connected at all times to the universal mind of intention.

The Power of Intention

In 30 short, meditational chapters, longtime pastor and bestselling author Lloyd John Ogilvie illuminates God's character, magnificence, and all-surpassing power. The author comes alongside readers and strengthens them with five affirmations of the Lord's loving, always-loyal presence, affirming that He will... go before them to show them the way go behind them to protect them go beside them to befriend them go above them to watch over them go within them to give them all He knows they need Readers will find wisdom and inspiration to help them know God better. And they will want to return to this elegant keepsake volume again and again to be encouraged and refreshed in their assurance of the Lord's presence with them and within them.

The Essence of His Presence

Deeper Dimensions of Worship and Intimacy The presence of God is a place of peace, blessing, and provision. Many believers long to find that place and remain there, but they're not sure how to enter into it. Entering the Presence of God explores deeper dimensions of worship, as well as deeper intimacy with the heavenly Father, which will transform your relationship with Him. In this book, internationally renowned Bible teacher Derek Prince explains the spiritual progression that will lead you step-by-step to the throne of grace, where you may hear the voice of God and receive the spiritual, physical and emotional blessings of true worship. God is calling you to enter into His presence. Will you take the first step toward Him?

Entering the Presence of God

The Absence of God's Presence will create the presence of someone or something else in your life. The content of this book reveals God's Presence, who you are, what power you have, how to activate your faith and help you understand the power within versus the power without. This workbook will refuel your faith life and fill up your emptiness, as it will also challenge you to recognize what life you were made to live. After reading this book, you will change for the better; just like it happened for Peter after Jesus called him to become a fisher of man. This is the book you have been waiting for that you didn't know existed. It carries keys that will unlock doors before you and bring newness of life to you, as you follow its instructions.

The Absence of The Presence

ECPA BESTSELLER • CHRISTIAN BOOK AWARD FINALIST • The beloved Bible teacher and daughter of Billy Graham shares a rich treasury of her personal prayers to guide you into deeper, more intimate daily conversations with God. Why is it that as soon as we bow our heads to pray, we start thinking of other things we need to do? How do we make time to pray in the middle of our busy lives? And how do we know what to say and how to say it? Like many of us, Anne Graham Lotz has struggled with prayer. Over the years, she discovered that writing out her prayers draws her into deeper, more intimate conversations with God. The Light of His Presence offers forty of these tender, honest prayers for real-life situations as an invitation to deepen your own prayer life through worship, confession, thanksgiving, and intercession. You'll be encouraged to lean more fully into God's promises through this power-packed devotional resource, which includes inspiring quotes from Christians throughout the ages and also has space to journal your own words to God. As Anne writes, "My prayer for you . . . is that God will use my struggle with prayer to help you overcome yours. And that, as a result, you will be drawn nearer to the heart of God."

The Light of His Presence

Do you aspire to live a life of joy, peace and fulfillment only to find that it's as elusive as the pot of gold at the end of the rainbow? Do feelings of inadequacy, disappointment and frustration hold you back? Sophia was a busy working mother of two when chronic sleeplessness struck and left her struggling to cope. Stay is the honest and hopeful story of how she identified the roots of her restlessness and overcame them through the ancient and powerful practice of biblical meditation. In her ground-breaking book, Sophia invites us all to realize that when we learn to be mindful of God and 'stay' in his presence, we experience a life-transforming power that frees us to live a joyful and fulfilled life, one where we are truly at peace. Written with refreshing candour and wisdom, Stay is a life-changing read.

THE GLORY, PRESENCE, AND POWER OF GOD

12 Steps to Power Presence demonstrates ways managers can improve their presence strategically and tactically to develop the trust of their people so that they can accomplish their goals and the goals of the organization. There are 12 chapters that will guide you through the process of discovering, developing, and delivering on your leadership presence.

STAY - The Power of Meditating in God's Presence

Make the Most of Your Opportunities to Build Others Up You don't need to be big or bold to impact those around you. By recognizing your ability to be a positive influence, you unlock your power to change lives for the better. With more than 3 million copies of his books in print, bestselling author Stan Toler is a trusted voice on leadership and making a difference. In The Power of Your Personal Impact, Stan examines how you can profoundly change the world you live in. This book will help you... develop a vision and purpose for your future discover ways to motivate others using kindness and compassion encourage people to achieve greatness in their own lives Your words, actions, and attitudes hold the strength to leave a lasting impression. The Power of Your Personal Impact will help you understand how to make the most of your gifts as you use them to inspire others.

12 Steps to Power Presence

The events which led me to become a regular and favored motivational lecturer to business and aboard cruise ships- eventually leading sessions in over 190 cruises- began with one of the biggest decisions my husband and I undertook.

The Power of Your Personal Impact

In Presence, bestselling author Lisa Lister teaches you how to express yourself, claim yourself back and dare to take up space in the world. Your presence is your power. It doesn't mean learning about body language, posture or how to wear red lipstick. It's about learning to like yourself, connecting with your body, trusting your gut, being strong, and self-caring. In this guide, the author shares her own journey alongside practical tools that will help you live life on YOUR own terms - not dictated by social media or labels imposed by somebody else.

The Essence of Your Presence

If you are born-again and filled with the Holy Spirit, the most important knowledge you need to have is the knowledge of your new identity in Christ. You have a spiritual relationship with God, and you are a part of the new order that Jesus has established in the worship and service to God. You are an earthen vessel filled with the power of heaven to function as an ambassador for Christ, a coworker with God to people in this world. Therefore, it is important to discover by illumination your divine status in Christ. You must also discover the demand your new identity places on you so you will pursue a purposeful, spirit-filled life in this world, which is becoming chaotic by evil deeds. Seek grace to orient your belief system so you will take Jesus at His Word and embrace what heaven is saying about you! God has provided all you need to help you triumph in this world and to function in the supernatural as a conqueror. The choice is yours! "This book clearly teaches that acknowledgment of our identity in Christ Jesus is a powerful precursor to entertaining His presence. It defines our new self, which reflects His presence daily. Each scriptural-based lesson presented is complemented with inspired yet practical elaboration. Enjoy this dynamic read." —Pastor Mark Estes

Presence

Learn to cultivate the Presence of God in your daily life. Experience the peace, joy, and other fruit that comes from an abiding relationship with God. Come into the power of His Presence that activates the miraculous. Become a sanctuary for His Presence to dwell within and to carry His Presence with you to the world!

Treasure In Earthen Vessels

Parenting isn't easy. Showing up is. Your greatest impact begins right where you are. Now the bestselling authors of The Whole-Brain Child and No-Drama Discipline explain what this means over the course of childhood. "There is parenting magic in this book." - Michael Thompson, Ph.D., co-author of the New York Times bestselling classic Raising Cain One of the very best scientific predictors for how any child turns out—in terms of happiness, academic success, leadership skills, and meaningful relationships—is whether at least one adult in their life has consistently shown up for them. In an age of scheduling demands and digital distractions, showing up for your child might sound like a tall order. But as bestselling authors Daniel Siegel and Tina Payne Bryson reassuringly explain, it doesn't take a lot of time, energy, or money. Instead, showing up means offering a quality of presence. And it's simple to provide once you understand the four building blocks of a child's healthy development. Every child needs to feel what Siegel and Bryson call the Four S's: • Safe: We can't always insulate a child from injury or avoid doing something that leads to hurt feelings. But when we give a child a sense of safe harbor, she will be able to take the needed risks for growth and change. • Seen: Truly seeing a child means we pay attention to his emotions—both positive and negative—and strive to attune to what's happening in his mind beneath his behavior. • Soothed: Soothing isn't about providing a life of ease; it's about teaching your child how to cope when life gets hard, and showing him that you'll be there with him along the way. A soothed child knows that he'll never have to suffer alone. • Secure: When a child knows she can count on you, time and again, to show up—when you reliably provide safety, focus on seeing her, and soothe her in times of need, she will trust in a feeling of secure attachment. And thrive! Based on the latest brain and attachment research, The Power of Showing Up shares stories, scripts, simple strategies, illustrations, and tips for honoring the Four S's effectively in all kinds of situations—when our kids are struggling or when they are enjoying success; when we are consoling, disciplining, or arguing with them; and even when we are apologizing for the times we don't show up for them. Demonstrating that mistakes and missteps are repairable and that it's never too late to mend broken trust, this book is a powerful guide to cultivating your child's healthy emotional landscape.

In His Presence

Logos Bookstores' 2014 Best Book in Spirituality 2014 Readers' Choice Award Winner 2014 Leadership Journal Best Books for Church Leaders (The Leader's Inner Life) A Special Award of Merit, from Byron Borger, Hearts and Minds Bookstore In these pages Dallas Willard explores what it means to live well now in light of God's kingdom. He reflects on the power of the Trinity in our lives, the meaning of knowledge, the importance of spiritual disciplines and much more. Dallas Willard offers poignant thoughts about what it will be like to transition into the very presence of Christ in heaven. This book is adapted from the talks given at the February 2013 Dallas Willard Center "Knowing Christ Today" conference in Santa Barbara, California. Each chapter is followed with an illuminating dialogue between Dallas Willard and John Ortberg. The book closes with the theme of offering a blessing to one another. These reflections form an apt conclusion to Dallas Willard's public ministry. It is a gift of grace. A conversation guide written by Gary W. Moon is included. Also available is the companion Living in Christ's Presence DVD.

The Power of Showing Up

Living in Christ's Presence

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