

stoic warriors the ancient philosophy behind the military mind

[#Stoicism](#) [#Military mind](#) [#Ancient philosophy](#) [#Warrior discipline](#) [#Stoic principles](#)

Delve into the profound connection between Stoicism and military thought, exploring how this ancient philosophy forged the resilient and disciplined mindset of warriors. Discover the core Stoic principles that shaped leadership, strategic thinking, and the unwavering resolve essential for the military mind throughout history.

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Stoic Warriors

Stoic Warriors explores the relationship between soldiers and Stoic philosophy, exploring what Stoicism actually is, the role it plays in the character of the military (both ancient and modern), and its powerful value as a philosophy of life. Marshalling anecdotes from military history--ranging from ancient Greek wars to World War II, Vietnam, and Iraq--Sherman illuminates the military mind and uses it as a window on the virtues of the Stoic philosophy. Indeed this is a perceptive investigation of what makes Stoicism so compelling not only as a guiding principle for the military, but as a philosophy for anyone facing the hardships of life.

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Stoic Wisdom

A deeply informed exploration of what Stoic ideas have to offer us today Stoicism is the ideal philosophy of life for those seeking calm in times of stress and uncertainty. For many, it has become the new Zen, with meditation techniques that help us face whatever life throws our way. Indeed, the Stoics address a key question of our time: how can we be masters of our fate when the outside world threatens to

unmoor our well-being? In *Stoic Wisdom*, Georgetown philosophy professor Nancy Sherman, an expert in ancient and modern ethics, shows what a practical modern Stoicism really looks like. Drawing on the wisdom of Stoic thinkers Epictetus, Marcus Aurelius, Seneca and others, Sherman paints a portrait that uncovers the true subtlety and power of Stoic ideas. That portrait reveals a truth often ignored: that the Stoics never thought self-sufficiency was only about rugged self-reliance and mental discipline. We are at home in the world, they taught, when we are connected to each other in cooperative efforts. While mastery of one's self is essential, we also must draw on our deepest relationships for true strength and resilience. Bringing these ancient ideas to bear on 21st century environments—from Silicon Valley to first responders in a pandemic, to soldiers on the battlefield—Sherman shows how Stoicism can both prepare us for an uncertain future and help us cope with traumatic events. *Stoic Wisdom* will appeal to anyone feeling helpless or looking for deeper, meaningful strength and goodness in addressing life's biggest and smallest challenges.

Afterwar

Drawing on in-depth interviews with service women and men, Nancy Sherman weaves narrative with a philosophical and psychological analysis of the moral and emotional attitudes at the heart of the afterwars. *Afterwar* offers no easy answers for reintegration. It insists that we widen the scope of veteran outreach to engaged, one-on-one relationships with veterans.

The Untold War: Inside the Hearts, Minds, and Souls of Our Soldiers

"Brilliant . . . a must read for veterans and those who seek to understand them."—Huffington Post *The Untold War* draws on revealing interviews with servicemen and -women to offer keen psychological and philosophical insights into the experience of being a soldier. Bringing to light the ethical quandaries that soldiers face—torture, the thin line between fighters and civilians, and the anguish of killing even in a just war—Nancy Sherman opens our eyes to the fact that wars are fought internally as well as externally, enabling us to understand the emotional tolls that are so often overlooked.

Stoicism and Emotion

On the surface, stoicism and emotion seem like contradictory terms. Yet the Stoic philosophers of ancient Greece and Rome were deeply interested in the emotions, which they understood as complex judgments about what we regard as valuable in our surroundings. *Stoicism and Emotion* shows that they did not simply advocate an across-the-board suppression of feeling, as stoicism implies in today's English, but instead conducted a searching examination of these powerful psychological responses, seeking to understand what attitude toward them expresses the deepest respect for human potential.

Philosophy as a Way of Life

This book presents a history of spiritual exercises from Socrates to early Christianity, an account of their decline in modern philosophy, and a discussion of the different conceptions of philosophy that have accompanied the trajectory and fate of the theory and practice of spiritual exercises. Hadot's book demonstrates the extent to which philosophy has been, and still is, above all else a way of seeing and of being in the world.

The Stoics: A Guide for the Perplexed

Stoicism was a key philosophical movement in the Hellenistic period. Today, the stoics are central to the study of Ethics and Ancient Philosophy. In *The Stoics: A Guide for the Perplexed*, M. Andrew Holowchak sketches, from Zeno to Aurelius, a framework that captures the tenor of stoic ethical thinking in its key terms. Drawing on the readily available works of Seneca, Epictetus and Aurelius, Holowchak makes ancient texts accessible to students unfamiliar with Stoic thought. Providing ancient and modern-day examples to illustrate Stoic principles, the author guides the reader through the main themes and ideas of Stoic thought: Stoic cosmology, epistemology, views of nature, selfknowledge, perfectionism and, in particular, ethics. Holowchak also endeavours to present Stoicism as an ethically viable way of life today through rejecting their notion of ethical perfectionism in favor of a type of ethical progressivism consistent with other key Stoic principles.

The Daily Stoic

The beloved classic daily devotional of Stoic meditations—the only authorized print edition in the US and complete with a ribbon marker—with more than two million copies sold! Why have history's greatest minds—from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today's top performers from Super Bowl-winning football coaches to CEOs and celebrities—embraced the wisdom of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. The Daily Stoic offers 366 days of Stoic insights and exercises, featuring all-new translations from the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you'll find one of their pithy, powerful quotations, as well as historical anecdotes, provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you'll find the serenity, self-knowledge, and resilience you need to live well.

How to Think Like a Roman Emperor

"This book is a wonderful introduction to one of history's greatest figures: Marcus Aurelius. His life and this book are a clear guide for those facing adversity, seeking tranquility and pursuing excellence." —Ryan Holiday, bestselling author of *The Obstacle is the Way* and *The Daily Stoic* The life-changing principles of Stoicism taught through the story of its most famous proponent. Roman emperor Marcus Aurelius was the last famous Stoic philosopher of the ancient world. The *Meditations*, his personal journal, survives to this day as one of the most loved self-help and spiritual classics of all time. In *How to Think Like a Roman Emperor*, cognitive psychotherapist Donald Robertson weaves the life and philosophy of Marcus Aurelius together seamlessly to provide a compelling modern-day guide to the Stoic wisdom followed by countless individuals throughout the centuries as a path to achieving greater fulfillment and emotional resilience. *How to Think Like a Roman Emperor* takes readers on a transformative journey along with Marcus, following his progress from a young noble at the court of Hadrian—taken under the wing of some of the finest philosophers of his day—through to his reign as emperor of Rome at the height of its power. Robertson shows how Marcus used philosophical doctrines and therapeutic practices to build emotional resilience and endure tremendous adversity, and guides readers through applying the same methods to their own lives. Combining remarkable stories from Marcus's life with insights from modern psychology and the enduring wisdom of his philosophy, *How to Think Like a Roman Emperor* puts a human face on Stoicism and offers a timeless and essential guide to handling the ethical and psychological challenges we face today.

Philosophy for Life

In his engaging book, Jules Evans explains how ancient philosophy saved his life, and how we can all use it to become happier, wiser and more resilient. Jules imagines a dream school, which includes 12 of the greatest and most colourful thinkers the world has ever known. Each of these ancient philosophers teaches a technique we can use to transform ourselves and live better lives. These practical techniques are illustrated by the extraordinary stories of real people who are using them today - from marines to magicians, from astronauts to anarchists and from CBT psychologists to soldiers. Jules also explores how ancient philosophy is inspiring modern communities - Socratic cafes, Stoic armies, Platonic sects, Sceptic summer camps - and even whole nations in their quest for the good life.

Alexander the Great

In the first authoritative biography of Alexander the Great written for a general audience in a generation, classicist and historian Philip Freeman tells the remarkable life of the great conqueror. The celebrated Macedonian king has been one of the most enduring figures in history. He was a general of such skill and renown that for two thousand years other great leaders studied his strategy and tactics, from Hannibal to Napoleon, with countless more in between. He flashed across the sky of history like a comet, glowing brightly and burning out quickly: crowned at age nineteen, dead by thirty-two. He established the greatest empire of the ancient world; Greek coins and statues are found as far east as Afghanistan. Our interest in him has never faded. Alexander was born into the royal family of Macedonia, the kingdom that would soon rule over Greece. Tutors as a boy by Aristotle, Alexander had an inquisitive mind that would serve him well when he faced formidable obstacles during his military campaigns. Shortly after taking command of the army, he launched an invasion of the Persian empire, and continued his conquests as far south as the deserts of Egypt and as far east as the mountains of present-day Pakistan and the plains of India. Alexander spent nearly all his adult life away from his

homeland, and he and his men helped spread the Greek language throughout western Asia, where it would become the lingua franca of the ancient world. Within a short time after Alexander's death in Baghdad, his empire began to fracture. Best known among his successors are the Ptolemies of Egypt, whose empire lasted until Cleopatra. In his lively and authoritative biography of Alexander, classical scholar and historian Philip Freeman describes Alexander's astonishing achievements and provides insight into the mercurial character of the great conqueror. Alexander could be petty and magnanimous, cruel and merciful, impulsive and farsighted. Above all, he was ferociously, intensely competitive and could not tolerate losing—which he rarely did. As Freeman explains, without Alexander, the influence of Greece on the ancient world would surely not have been as great as it was, even if his motivation was not to spread Greek culture for beneficial purposes but instead to unify his empire. Only a handful of people have influenced history as Alexander did, which is why he continues to fascinate us.

The Stoic's Bible

A collection of referenced quotes from the Stoics & their antecedents, composing a complete reference source to Stoic thought. Also an aide memoir to locate many classical quotes. With Introduction, bibliography and 3 illustrations.

The 7 Secrets of Neuron Leadership

Leadership techniques backed by the world's most effective teams The 7 Secrets of Neuron Leadership offers a diverse collection of wisdom and practical knowledge to help you build and lead your most effective team yet. Written by a former U.S. Navy diver, this book draws from the author's experiences and beyond to reveal key truths about the nature of teamwork, and expose the core of effective team leadership. You'll go back to ancient Greece to discover the nine personality types and the seven types of love that form the foundation of human interaction, and learn how to use this wisdom as a scaffold for communication within your own team. You'll mine the latest neuroscience research as you delve into the Triune Brain and personality neurotransmitters, and explore the biological hardwiring that can be finessed and focused to achieve results. Throughout, you'll gain insightful perspective from military and business leaders about what does—and doesn't—work in the real world; discussions with a former head of NASA, a Deputy Secretary of Defense, Navy SEAL officers, two Secretaries of the Navy, and dozens of CEOs, executives, researchers, and renowned world leaders provide invaluable advice backed by a track record of success. Gain insight from top business and military leaders Explore ancient Greek philosophy on team building Discover helpful truths from modern neuroscience research Learn to communicate, educate, and motivate more effectively Effective teamwork begins with building the right team, and leading with the right kind of leadership for that particular team. The 7 Secrets of Neuron Leadership shows you how to put the right players in place and give them the support, guidance, and direction they need to bring home exceptional results.

Stoic Pragmatism

John Lachs, one of American philosophy's most distinguished interpreters, turns to William James, Josiah Royce, Charles S. Peirce, John Dewey, and George Santayana to elaborate stoic pragmatism, or a way to live life within reasonable limits. Stoic pragmatism makes sense of our moral obligations in a world driven by perfectionist human ambition and unreachable standards of achievement. Lachs proposes a corrective to pragmatist amelioration and stoic acquiescence by being satisfied with what is good enough. This personal, yet modest, philosophy offers penetrating insights into the American way of life and our human character.

The Code of the Warrior

Why do warriors fight? What is worth dying for? How should a warrior define words like "nobility," "honor," "courage," or "sacrifice"? What are the duties and obligations of a warrior, and to whom are they owed? What should bring a warrior honor or shame? These and other questions are considered in Shannon French's *The Code of the Warrior*, a book that explores eight warrior codes from around the globe, spanning such traditions as the Homeric, Roman, and Samurai cultures, through to the present day—culminating in a thoughtful analysis of a timely question: Are terrorists warriors?

A Philosophy of War

"War's origins are complex: they are found in the nebulous systems of thoughts generated in cultures over time. But while reason and explication can unravel those origins - and explain why man wages war - the task of abolishing war can never be completed.

German Stoicisms

"Addressing the need for a synoptic study of the diverse reception that Stoicism has received in German philosophy, this volume assesses how modern German philosophers have incorporated ancient resources in the context of their philosophy. Chapters in this volume are devoted to philosophical giants such as Friedrich Nietzsche, Walter Benjamin, Hannah Arendt, and Peter Sloterdijk; amongst the Stoics, focus is on texts by Seneca and Epictetus, as well as others neglected by non-specialists. This book brings ancient texts into new dialogues with up-to-date scholarship, facilitating increased understanding, critical evaluation, and creative innovation within the continental response to Stoicism."--

How To Be Free

"Born a slave, the Roman Stoic philosopher Epictetus (c. 55-135 AD) taught that mental freedom is supreme, since it can liberate one anywhere, even in a prison ... Freedom, for Epictetus, is not a human right or a political prerogative but a psychological and ethical achievement, a gift that we alone can bestow on ourselves ... How to Be Free features splendid new translations and the original Greek on facing pages, a compelling introduction that sets Epictetus in context and describes the importance of Stoic freedom today, and an invaluable glossary of key words and concepts. The result is an unmatched introduction to this powerful method of managing emotions and handling life's situations, from the most ordinary to the most demanding."--Provided by the publisher.

Sophie's World

The international bestseller about life, the universe and everything. 'A simply wonderful, irresistible book' DAILY TELEGRAPH 'A terrifically entertaining and imaginative story wrapped round its tough, thought-provoking philosophical heart' DAILY MAIL 'Remarkable ... an extraordinary achievement' SUNDAY TIMES When 14-year-old Sophie encounters a mysterious mentor who introduces her to philosophy, mysteries deepen in her own life. Why does she keep getting postcards addressed to another girl? Who is the other girl? And who, for that matter, is Sophie herself? To solve the riddle, she uses her new knowledge of philosophy, but the truth is far stranger than she could have imagined. A phenomenal worldwide bestseller, SOPHIE'S WORLD sets out to draw teenagers into the world of Socrates, Descartes, Spinoza, Hegel and all the great philosophers. A brilliantly original and fascinating story with many twists and turns, it raises profound questions about the meaning of life and the origin of the universe.

Gates of Fire

Go tell the Spartans, stranger passing by, That here, obedient to their laws, we lie. Nearly 2,500 years ago, in 480BC, at a bleak pass in a far-flung corner of eastern Greece, three hundred Spartan warriors faced the army of Xerxe

Stoicism: A Very Short Introduction

Stoicism is two things: a long past philosophical school of ancient Greece and Rome, and an enduring philosophical movement that still inspires people in the twenty-first century to re-think and re-organize their lives in order to achieve personal satisfaction. What is the connection between them? This Very Short Introduction provides an introductory account of Stoic philosophy, and tells the story of how ancient Stoicism survived and evolved into the movement we see today. Exploring the roots of the school in the philosophy of fourth century BCE Greece, Brad Inwood examines its basic history and doctrines and its relationship to the thought of Plato, Aristotle and his successors, and the Epicureans. Sketching the history of the school's reception in the western tradition, he argues that, despite the differences between ancient and contemporary Stoics, there is a common core of philosophical insight that unites the modern version not just to Seneca, Epictetus, and Marcus Aurelius but also to the school's original founders, Zeno, Cleanthes, and Chrysippus. Inwood concludes by considering the place of Stoicism in modern life. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books

are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

The Little Book of Stoicism

This compelling, highly actionable guide shows you how to deal more effectively with whatever life throws at you and live up to your best self. A mix of timeless wisdom and empowering advice, *The Little Book of Stoicism* will point the way to anyone seeking a calm and wise life in a chaotic world.

On the Warrior's Path, Second Edition

An entertaining and insightful history of martial arts and the role of the warrior, drawing on pop culture, philosophy, mythology, religion, and spirituality The urge to forge one's character by fighting, in daily life as well as on the mat, appeals to something deep within us. More than a collection of fighting techniques, martial arts constitute a path to developing body, spirit, and awareness. *On the Warrior's Path* connects the martial arts with this larger perspective, merging subtle philosophies with no-holds-barred competition, Nietzsche with Bruce Lee, radical Taoism and Buddhism with the Star Wars Trilogy, traditional martial arts with basketball and American Indian culture. At the center of all these phenomena is the warrior. Though this archetype seems to manifest contradictory values, author Daniele Bolelli describes the heart of this tension: how the training of martial technique leads to a renunciation of violence, and how overcoming fear leads to a unique freedom. Aimed at students at any level or tradition of martial arts but also accessible to the armchair warrior, *On the Warrior's Path* brings fresh insights to why martial arts remains an enduring and widespread art and discipline. Two new chapters in this second edition focus on spirituality in the martial arts and the author's personal journey in the field.

Stoicism

This is the first introduction to Stoic philosophy for 30 years. Aimed at readers new to Stoicism and to ancient philosophy, it outlines the central philosophical ideas of Stoicism and introduces the reader to the different ancient authors and sources that they will encounter when exploring Stoicism. The range of sources that are drawn upon in the reconstruction of Stoic philosophy can be bewildering for the beginner. Sellars guides the reader through the surviving works of the late Stoic authors, Seneca and Epictetus, and the fragments relating to the early Stoics found in authors such as Plutarch and Stobaeus. The opening chapter offers an introduction to the ancient Stoics, their works, and other ancient authors who report material about ancient Stoic philosophy. The second chapter considers how the Stoics themselves conceived philosophy and how they structured their own philosophical system. Chapters 3-5 offer accounts of Stoic philosophical doctrines arranged according to the Stoic division of philosophical discourse into three parts: logic, physics, and ethics. The final chapter considers the later impact of Stoicism on Western philosophy. At the end of the volume there is a detailed guide to further reading.

Pursuits of Wisdom

This is a major reinterpretation of ancient philosophy that recovers the long Greek and Roman tradition of philosophy as a complete way of life--and not simply an intellectual discipline. Distinguished philosopher John Cooper traces how, for many ancient thinkers, philosophy was not just to be studied or even used to solve particular practical problems. Rather, philosophy--not just ethics but even logic and physical theory--was literally to be lived. Yet there was great disagreement about how to live philosophically: philosophy was not one but many, mutually opposed, ways of life. Examining this tradition from its establishment by Socrates in the fifth century BCE through Plotinus in the third century CE and the eclipse of pagan philosophy by Christianity, *Pursuits of Wisdom* examines six central philosophies of living--Socratic, Aristotelian, Stoic, Epicurean, Skeptic, and the Platonist life of late antiquity. The book describes the shared assumptions that allowed these thinkers to conceive of their philosophies as ways of life, as well as the distinctive ideas that led them to widely different conclusions about the best human life. Clearing up many common misperceptions and simplifications, Cooper explains in detail the Socratic devotion to philosophical discussion about human nature, human life, and human good; the Aristotelian focus on the true place of humans within the total system of the natural world; the Stoic commitment to dutifully accepting Zeus's plans; the Epicurean pursuit of pleasure through tranquil activities that exercise perception, thought, and feeling; the Skeptical eschewal of all critical reasoning in forming their beliefs; and, finally, the late Platonist emphasis on

spiritual concerns and the eternal realm of Being. Pursuits of Wisdom is essential reading for anyone interested in understanding what the great philosophers of antiquity thought was the true purpose of philosophy--and of life.

Hide a Dagger Behind a Smile

Rediscovered in the early 1940s, The 36 Strategies have gained increasing popularity in modern China * For any reader of Sun Tzu * The author has used the tactics of The 36 Strategies in his consultancy to help clients such as Microsoft, Ryder, Pfizer, and DHL outthink their competition. In today's global marketplace there isn't fairness--there are winners and losers. Today's competitive terrain calls for new tactics as well as an understanding of how one's opponents approach business. Using ancient Eastern philosophy and military tactics from The 36 Strategies, Hide a Dagger Behind a Smile reveals the strategies that will keep competitors guessing--and the profits soaring. Weaving the story of each strategy with contemporary case studies from top business and strategic management schools, each chapter analyzes a company's situation, options, decisions, and results and shows how businesses can incorporate those tactics into their strategies. Hide a Dagger Behind a Smile--by Kaihan Krippendorff, President of the Strategy Learning Center--is a timely and timeless resource for executives and corporate strategists looking to win their most contentious battles. AUTHOR: Kaihan Krippendorff (Miami, FL) is a former consultant with McKinsey & Company and the President of The Strategy Learning Center, a business education firm that helps large companies worldwide including Microsoft, Ryder, Pfizer, and DHL outthink their competition. He holds a B.S. from the Wharton School of Business, a B.S. in Engineering from The University of Pennsylvania, and an M.B.A. from Columbia Business School. He also studied at the London Business School. He has been mentioned in or written for publications such as Inc. Magazine, Harvard Business Review, Harvard Management Update, and appeared on radio programs such as NPR's Marketplace.

The Warrior Mind

When we think of martial arts, we think of self defense, but for the true practitioner it is so much more than that. It is a mindset, a form of mental discipline that enables the warrior to face any challenge with grace and strength. In The Warrior Mind, Jim Pritchard, a disciple of legendary Ninjitsu and Taijitsu masters, reveals how we can adopt this mindset whether or not we practice the physical components of the martial arts. Pritchard describes six mental principles: * Attentive curiosity: slow down, observe calmly * Undulation: move side-to-side to build strength * Clear intent: know when and how to act * Grappling: engage the issue or opponent with confidence * Rolling waves: demonstrate persistence and the will to triumph * Whirlwind: when necessary, unleash an all-out onslaught Using colorful anecdotes, insightful examples, and inspiring stories, Pritchard shows how these six principles will help readers maintain focus and balance -- no matter what obstacles await them.

Live Like A Stoic

The answers to our daily worries and anxieties – big or small – lie at the heart of Stoic philosophy. Live Like a Stoic is the essential guide to help us live the good life. It offers a year-long programme of 52 weekly exercises aimed at mastering an array of real-life troubles. Full of practical lessons and sections for journaling, it provides all the tools needed to overcome any life obstacles we might face. Massimo Pigliucci and Gregory Lopez have created a unique, personalised Stoic curriculum for a lifetime of practice, showing how relevant this ancient philosophy is to modern life.

Unleash the Warrior Within

A ten-year navy seal veteran, Richard “Mack” Machowicz was trained to complete every mission assigned to him, under any condition, because failure was not an option. Drawing from this experience, Unleash the Warrior Within (more than 25,000 copies since 2002, largely through word-of-mouth) offers Mack's original program for mastering the arts of focus, discipline, and determination under any circumstances. In this newly revised edition, Mack shows readers how to use his seven principles of combat—such as Create an Action Mind-Set, The Critical Keys to Conquering Anything, and Guarantee the Win—in order to conquer fear and turn ambitions and dreams into reality.

Four Archetypes

Reprint. Originally published: 1959; 1st Princeton/Bollingen pbk. ed. published: 1970.

Making a Necessity of Virtue

A detailed analysis of Aristotelian and Kantian ethics together, remaining faithful to the texts and responsive to contemporary debates.

The Fabric of Character

There is a resurgence of interest in Aristotle's ethical theory, and this book contributes to the debate by asserting that, in Aristotle's view, excellence of character is constituted both by the sentiments and by practical reason. Throughout the arguments of the book, Nancy Sherman is sensitive to contemporary moral debates, and indicates the extent to which Aristotle's account of practical reason provides an alternative to theories of impartial reason.

Verissimus

In the tradition of Logicomix, Donald J. Robertson's *Verissimus* is a riveting graphic novel on the life and stoic philosophy of Marcus Aurelius. Marcus Aurelius was the last famous Stoic of antiquity but he was also to become the most powerful man in the known world – the Roman emperor. After losing his father at an early age, he threw himself into the study of philosophy. The closest thing history knew to a philosopher-king, yet constant warfare and an accursed plague almost brought his empire to its knees. "Life is warfare", he wrote, "and a sojourn in foreign land!" One thing alone could save him: philosophy, the love of wisdom! The remarkable story of Marcus Aurelius' life and philosophical journey is brought to life by philosopher and psychotherapist Donald J. Robertson, in a sweeping historical epic of a graphic novel, based on a close study of the historical evidence, with the stunning full-color artwork of award-winning illustrator Zé Nuno Fraga.

A History of Western Political Thought

A History of Western Political Thought is an energetic and lucid account of the most important political thinkers and the enduring themes of the last two and a half millennia. Written with students of the history of political thought in mind, the book: * traces the development of political thought from Ancient Greece to the late twentieth century * focuses on individual thinkers and texts * includes 40 biographies of key political thinkers * offers original views of theorists and highlights those which may have been unjustly neglected * develops the wider themes of political thought and the relations between thinkers over time.

Being Better

Practical answers to the urgent moral questions of our time from the ancient philosophy of Stoicism. Twenty-three centuries ago, in a marketplace in Athens, Zeno of Citium, the founder of Stoicism, built his philosophy on powerful ideas that still resonate today: all human beings can become citizens of the world, regardless of their nationality, gender, or social class; happiness comes from living in harmony with nature; and, most important, humans always have the freedom to choose their attitude, even when they cannot control external circumstances. In our age of political polarization and environmental destruction, Stoicism's empowering message has taken on new relevance. In *Being Better*, Kai Whiting and Leonidas Konstantakos apply Stoic principles to contemporary issues such as social justice, climate breakdown, and the excesses of global capitalism. They show that Stoicism is not an ivory-tower philosophy or a collection of Silicon Valley life hacks but a vital way of life that helps us live simply, improve our communities, and find peace in a turbulent world.

The History of Philosophy

AUTHORITATIVE AND ACCESSIBLE, THIS LANDMARK WORK IS THE FIRST SINGLE-VOLUME HISTORY OF PHILOSOPHY SHARED FOR DECADES 'A cerebrally enjoyable survey, written with great clarity and touches of wit' Sunday Times The story of philosophy is an epic tale: an exploration of the ideas, views and teachings of some of the most creative minds known to humanity. But there has been no comprehensive history of this great intellectual journey since 1945. Intelligible for students and eye-opening for philosophy readers, A. C. Grayling covers with characteristic clarity and elegance subjects like epistemology, metaphysics, ethics, logic, and the philosophy of mind, as well as the history of debates in these areas, through the ideas of celebrated philosophers as well as less well-known influential thinkers. The History of Philosophy takes the reader on a journey from the age of the Buddha, Confucius and Socrates. Through Christianity's dominance of the European mind to the Renaissance

and Enlightenment. On to Mill, Nietzsche, Sartre, then the philosophical traditions of India, China and the Persian-Arabic world. And finally, into philosophy today.

The Golden Sayings of Epictetus

This open access book examines recent advances in how artificial intelligence (AI) and robotics have elicited widespread debate over their benefits and drawbacks for humanity. The emergent technologies have for instance implications within medicine and health care, employment, transport, manufacturing, agriculture, and armed conflict. While there has been considerable attention devoted to robotics/AI applications in each of these domains, a fuller picture of their connections and the possible consequences for our shared humanity seems needed. This volume covers multidisciplinary research, examines current research frontiers in AI/robotics and likely impacts on societal well-being, human – robot relationships, as well as the opportunities and risks for sustainable development and peace. The attendant ethical and religious dimensions of these technologies are addressed and implications for regulatory policies on the use and future development of AI/robotics technologies are elaborated.

Robotics, AI, and Humanity

For all the deep thinkers with questions about the world, this encyclopedia holds the answers you have been searching for. What is the meaning of life? What is the Universe made of? Read what our eminent philosophers thought about the nature of reality, and the fundamental questions we ask ourselves. To help you understand the subject and what it is about, The Philosophy Book introduces you to ancient philosophers such as Plato and Confucius. But it doesn't stop there, read about our modern thinkers such as Chomsky and Derrida too. Short and sweet biographies of over a hundred philosophers and their profound questions. Work your way through the different branches of philosophy such as metaphysics and ethics. Understand how philosophical questions have led to breakthroughs in maths and science. Get to grips with how the history of philosophy informs our modern lives, exploring topics such as how science can predict the future and how language shapes our thoughts and decisions. Your Philosophical Questions Explained If you thought philosophy was full of difficult concepts, The Philosophy Book presents the key ideas in an easy to follow layout. Explained in simple terms with visual guides such as mind maps, diagrams, and timelines for the progression of ideas. Enjoy the stunning graphics that add a little wit to the serious subject. Travel from ancient philosophers to contemporary thinkers: - The Ancient World 700 BGE - 250 CE - The Medieval World 250 - 1500 - Renaissance and the Age of Reason 1500 - 1750 - The Age of Revolution 1750 - 1900 - The Modern World 1900 - 1950 - Contemporary Philosophy The Series Simply Explained With over 7 million copies sold worldwide to date, The Philosophy Book is part of the award-winning Big Ideas series from DK Books. It uses innovative graphics along with engaging writing to make complex subjects easier to understand.

The Philosophy Book