

Healing Hearts And Souls From Broken To Beautiful Poetry Book

[#healing poetry book](#) [#emotional recovery poems](#) [#inspirational poetry for broken hearts](#) [#spiritual healing verse](#) [#comfort poetry for loss](#)

Dive into a collection of healing poetry designed to mend broken hearts and souls. This powerful poetry book guides readers on a transformative journey from pain to beautiful emotional recovery, offering solace, inspiration, and a pathway to renewed strength and spiritual healing verse.

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Heart of Spades

Heart Of Spades is a powerful dose of medicine in the form of poetry and prose. This book targets the broken-hearted, beaten-down and lost souls of the world. Throughout the book, we journey through a chapter of heartbreak and of loss and ultimately into chapters of grace, healing, and self-love- finding that this collection of poetry has a true heartbeat of its own. Within the words and between the chapters, you will find yourself mending the parts of your soul that you thought would never see light again. Author Melissa M. Combs says that the key to restoration through this book is to relax, appreciate your alone time and believe in every word that serves your higher self. Heart Of Spades was written with loving intention and with one goal in mind- helping the reader to release negativity and to find a higher purpose in life and in love.

Broken But Still Beautiful - Illuminate

An impressive collection of relatable poetry and prose exploring love, heartbreak, self-love, and healing. Taking you on a pleasant journey started by the author towards the path of healing and self-love. BBSB - Illuminate will lift your soul, heal, and pass light through all the cracks inside you. Broken but still beautiful is a journey towards self-love and healing. BBSB - Illuminate is the first book from the series Broken But Still Beautiful by h. d costa

Poetry for the Heart and Soul

Help awaits to open and heal your hearts, minds and souls; accept the intervention of love from the higher realms. Poetry for the Heart and Soul. In this book of poetry, author Charmaine Gonzales aka Angelheart4561, an intuitive light healing empath, connects with the higher realms and shares words of comfort, compassion, love and hope. These poems are written from the heart with some information

channeled from Christ and the Angelic realms. The author uses her spiritual connection with God, to inform the readers that there is always help available no matter what situation or circumstances they're faced with. She points out how beautiful, unique and well love we all are. Allow the words of these poems to inspire you as they have inspired her to enjoy each and every day that life offers.

Lost Souls and Broken Hearts

This book is about love, lost of love, heart break and happiness.

Healing Words

Healing Words is an uplifting poetry collection of raw emotions and thoughtful pieces about loss, loneliness, heartbreak, healing, hope, and love. Because everyone sometimes finds themselves within the abyss of feeling alone, heartbroken, or depressed, we all need healing words to pull us out, to give us hope and inspiration, and to bring back the courage to love again. Gather strength from these empowering poems and allow yourself to rise again. One day, you will remind yourself, "I am healed. I am whole. I am worthy of love."

How to Mend a Broken Woman

"How to Mend A Broken Woman" was written with you in mind. Yes, you! The idea behind this book is that while you read through each poem, you will not only connect with the words, but you will be prompted to start your own journey of healing. By actively engaging and writing down your own thoughts as you read, your experience becomes like a personal tool and a part of your daily routine to heal.

Poetry's Heart to Heal the Soul

Poetry's heart to heal the soul is based on some very touching inspirational things I have gone through in my life. With god as a guide and a light, I've been through many things and everything I've gone through I put it into love I call poetry, it's about good times and bad but always a meaning to explain life at that particular moment in time. It is a passion I have for life and the miracle it stands to be that I put into words. I see life kind of like music and a dream, and the power to create our own fate. A lot of it is gratitude for where I stand and my love to serve in this world, my wishes to help. Some of this literature is on religion some on limitless love, emotions I call a dimension on so many levels and outlooks I guess that's why it's poetry. When I write it's like my mind is filled with words and an understanding that I put to words in hope to interest or love in someway. I hope it is like a piece to a puzzle in some way or justice or helps someone to see life differently in a good way.

Poems from the Heart

Poems from the Heart: Healing for Your Soul By Renee' A. George As Renee' A. George sits back and reflects on her life and the different obstacles she has encountered, she decides to turn her tragedy into a triumph and inspire others to persevere. From the time of reflection, death of a loved one, and even the demise of her marriage - these are topics to which her readers can relate when entering these endeavors. Her ultimate goal is to encourage her readers to overcome things in their lives and to always put God first. He will be with you. He has your back when no one else does and He is in control.

Aspirations of the Broken Heart

Take a journey through a broken heart and how it was mended back together. Heartbreaks, criticisms, loss, questioning faith, and childhood memories can leave you feeling broken. In all that pain, comes out strength, hope, self-love, and determination. A stronger person evolves to face the challenges ahead. These poems will uplift and empower the amazing person you already are. Sometimes we seek to find love where there is none. This is about having the courage to love yourself even when you feel like no one else does. It's about awakening the fighter within you. To appreciate the ins and outs of your struggle that have created you to be who you are. Don't apologize for being you because YOU are ENOUGH. To remember that while you are growing there will be others who would love to see you fall. That is not where your story ends. This is just where it begins.

Heartstrings

This is a book that brings you a wide range of poetries having diverse emotional and love concepts. This book is all about the elemental mix of satisfaction and the life feelings one goes through in their love phases. Rishita Paul's first poetry book is all about love, breaking and healing. This book will make you wonder about how deep love can be.

Broken Hearts-- Healing

Presents poems by children from more than one hundred families changed by divorce, reflecting such themes as abandonment, being caught in the middle, love, hate, and lessons learned.

Words from the Heart

The Book Words From the Heart Is a book of poems expressing inspiration, encouragement, hope, love, and adoration to God and then to all of His beautiful creation. Words from the Heart are words spoken in an uniquely way just to say that love will penetrate every broken heart, and cover a multitudes of sin, As well as healing ones soul and making them whole, So please enjoy the out pouring of my heart to you. Thank you all God Bless.

An Ocean of Grey

(Preview) An Ocean of Grey by Kamalia Hasni is a collection of modern poetry and prose that explores the pain and aftermath of a romantic love that was promised a forever but had ended too soon. This e-book edition includes song recommendations accompanying each written poem. Note: This is a preview for the An Ocean of Grey e-book that is currently only available to be purchased on Amazon Kindle. Unlike the physical edition published by Meraki Press, this e-book edition does not include illustrations. Excerpt: "We've now been apart for as long as we were together. Isn't it strange that in the same amount of time, being lonely and broken feels like an eternity, whereas the time of feeling the comfort of your love, felt like a dream that ended much too soon." – Kamalia Hasni ("eternity // dream") Praise for An Ocean of Grey: "An Ocean of Grey is a great book of poetry with lots of heart and soul. Hasni could very well compete with other famous poets from this time and this first book of hers is hoped not to be her last. I highly recommend it to all lovers of poetry, and lovers of words." – Ashvin "I absolutely recommend this book to those who had recently gone through a breakup or is still in the process of healing. Perhaps you might find words of comfort through this, knowing that someone knows exactly how you feel." – Joanna

Ode to My Broken Heart

If you are at all familiar with Latonya's work, believe me when I say that this will definitely be a treat. Every piece that she has written in the past comes straight from the heart and this book of poetry is no different. This book of poems, deals with love, pain and healing in a way that readers can relate to and feel. This journey from love to heartbreak is inspiring in helping those who are dealing with such issues to heal. It speaks to the soul of the reader and literally takes you on a journey with the writer that is indeed incredible. Latonya has the unnerving ability to take what she is feeling and put it in words that inspire and invoke feelings within her readers that may have once been buried. As always, read, laugh, cry and above all else feel!

A Kintsugi Heart

The journey of life and love are not the easiest. Both constantly test us. With each joyous or painful moment which takes place in our life, our heart and soul tends to rejoice or break. And when we break, with strength by our side we learn to pick ourselves up again and mend our broken hearts. Every broken heart eventually transcends into a mesmerising kintsugi heart, a broken heart mended by the glistening golden threads of love, for only love can heal all that is broken. This book is for your beautiful kintsugi heart from my kintsugi heart.

100 Poems to Heal a Broken Heart

The poems that became this book were written to ease the mind of my wife, Cindy. She had just been operated on for pancreatic cancer. A close friend of ours had just died from the same disease, and it was not pretty. At this time we had been married for thirty-six years. Cindy still had a lot of residual pain from the surgery, and was very afraid to die. I wrote her a love poem, and that made her feel better. Soon, I was writing more. I wrote poems that were loving, silly, or funny, anything to make her

happier. Almost exactly a year later, I was in a motorcycle accident. It left me with a broken back, and eight ribs broken. I was in a cast which left me lying on my back for over four months. I became pretty good at writing on a notebook computer, with it resting on my cast, and up against my legs. Now we both had pain, and the poems brought us even closer. Other than the time that my family doctor told me that I had cancer (which turned out to not be true), things went along fine for about eight months. Cindys doctor had his assistant call her to say that her most recent test results were back from the lab. Without any preamble or emotion, she told Cindy that her cancer was back, and there was nothing that could be done! Cindy looked as if she had been shot. Now I really had to write some words that would help her on her last journey. I wrote to tell her how much I loved her, and how much she would be missed. The disease was consuming her body by this time, and she was becoming very weak. She continued on this downhill slide for approximately three months, until she finally required in-home hospice care. Her condition deteriorated considerably, but she still loved it when I read her my latest poetry. She started sleeping more and more, as she was having her pain managed with morphine. Our thirty-eighth wedding anniversary was August 20, and she managed to hang on until then. The next day, she slipped into a coma, and died four days later. I was beyond devastated. Cindy had asked me to get married again, even enlisting the help of her many girlfriends to find me a suitable mate. Before her death, that was a funny story. Immediately afterward, it was unthinkable! My whole world fell apart with her death. Cindy used to be the brightest spot in my life, my beacon, without her I was lost. I asked around, trying to find a grief counseling group, and found a grief sharing group run by a church. It totally worked! The people there all shared their grief with me, and I returned home feeling ten times worse. Many of these folks had lost a loved one from five to ten years before, but still cried at the mention of the departed person. I didnt wish to be like them, so I decided to take action. I started in again on writing poetry, this time for me. It had worked with our pain, perhaps it would help with my suffering. The first ones were rather dark, about loss and being alone. Gradually, they took a turn. They began to be about how happy I had been. Soon my poems were about being happy again. Quite a few of them were even whimsical; they had dragged me back from the brink of despair. Instead of just being happy, I wanted to be in love again. Cindy was right; I would not do well alone. There were several ways for people to meet, but most of them wouldnt work for me. I had seen ad for an online dating site, and decided to give it a try. There was a questionnaire which contained dozens of questions that were specially formulated to find matches for people, based on similar views of important subjects. I filled it out, and hoped for the best. I received several matches, and I started dating at a furious pace. It was crazy, I was going on eleven dates a week (one each weekday evening, three each, Saturday, and Sunday). It was tiring. Although I was going on so many dates, I was getting more matches than I could handle. I didnt know what to do! I became more selective in my judging of the respondents answers, and of their p

Broken Hearts Make Beautiful Words

Inside this book, there is poetry that will make you feel as though you are not alone in the struggles associated with life and love. They come from the heart of someone who did truly feel alone. Broken Hearts Make Beautiful Words is a book of poetry that is based off experiences with heartbreak, love, loss, and acceptance. Moving forward is hard to do when life crashes unexpectedly, when memories stay behind even when the people don't. You will find understanding in these words and know that even though you may feel isolated and alone, you are really among friends, even when that isn't easy to see. So open one of my books, read it, and join me; our destination may not be the same, but we all make a similar journey.

Mending the Grieving Heart

They say that words have the power to heal, to comfort, and to soothe the soul. And in the midst of grief and loss, these words can offer us the most profound solace. "Mending the Grieving Heart" is a powerful and moving collection of poems on grief and healing. Through these words, we explore the full spectrum of emotions that come with the loss of a loved one: from the raw, intense feelings of anger and despair to the comforting, healing power of acceptance and hope. Each poem is a unique and personal reflection on grief, written by someone who has walked this path and come out the other side. These words offer comfort and support to anyone who is struggling with loss and seeking to find their way through the darkness. With a deep sense of empathy and understanding, " Mending the Grieving Heart" is a collection that speaks to the heart and soul of the human experience. It's a book that reminds us that grief is not just about pain, but also about the love that we shared with those who have passed on. Denial crashes in, Like tumultuous waves at sea, Churning emotions within. Grief follows close behind, An undertow that pulls and tugs, Leaving emptiness in its find. Acceptance takes time, A gentle ebb

and flow, Bringing peace to the mind. May we ride these waves with grace, Navigating through the highs and lows, Finding strength in each new space. For the truth is not always easy, But it brings us closer to shore, Where love and healing are waiting, And our spirits can be restored.

Poetry

Continuing the pursuit of truth and God's love, the poet shares her intimate moments through writing and inspiration. With a ready pen and heart, more verses are sure to touch the heart and lift the soul.

A Time of Lost and Forgotten

This book is my heart and soul put to the page. It is about love and heartbreak, about God and a deep spiritual quest. It is about suffering and healing. There are many short writings and poems which should make for a more pleasant read for those who do not like to read. The words contained in this book mean so much to me, I hope that they can mean something for you. Let them stir your feelings, and use those feelings to understand what I mean, or what will be meant for you.

God, You Are Healing for My Soul (Words Straight from the Heart)

Every day people awake thinking they can do things their way. Maybe you were on the right path with God, and you turned away. Suddenly things that were once going well now are going downhill. Those who were your so-called friends have turned their backs on you. Why? Because you lost everything when you placed someone or something ahead of God. This includes your family. I encourage people to write. I have found it to be a form of therapy. A way to express myself out loud. This book represents a group of poems from my Spiritual Guidance Collection about my life that I experienced during the good and bad times. Someone might say the poems are a conversation with God, a form of prayer. My hope is that everyone who reads this book will find their way back to God the Creator.

Tears of Broken Hearts

This book is about me and my journey, it is about you and all of us and I am making this statement simply because I strongly believe that even though we are different beings and we have our uniqueness, we do function by the same universal laws- we have feelings and thoughts, we have triggers that make us act/ react in a certain way, we have principles and patterns that shape our behavior and personality. We are all actors, writers, singers, painters, etc. sending a collective message out there in our way resonating with those alike and the best lessons are coming to us when and from where it hurts the most.

Whispers From My Soul

Poetry can be a medicine that heals and sustains. Everyone had their own way of surviving. Some people escape from circumstances in their lives by drinking, doing drugs, falling into depression, and many other things, not knowing that there is a healthier way out and most importantly, seeing hope, peace and light at the end! I survived with everyday life problems by reading and writing poetry. Poetry is a form of expression. Poetry can touch your heart and soul forever making a change in your life for the better. Allowing you to forget about your past failures and hurts and motivating you to move forward into the future with much success and happiness. It's something about poetry that frees the spirit; the words in a poem seem to take wings that can fly in and out of our spirits that only the eye of the spirit and the ear of the heart can define. It is often said that poetry travels straight to one's heart. We all hurt at times, from failed relationships, the death of a loved one, sickness, addiction or whatever. But know that God sees you and all you are going through and He is working on your behalf whether you see it or not. Just trust in God for He has all the answers. My reason for writing "Freedom Love" is to help heal hurting people through my poetry. Letting them know that I understand what they are feeling and what they are going through, but also letting them know that you can overcome the obstacles in your life, filled with peace, love, happiness, success, direction, and answers. Then you will be able to move forward with fulfilling your dreams and future goals, trusting and having faith in God.

Freedom Love

Steer Your Way Through Life's Pain and Setbacks

Poems from a Broken Soul Made Whole

Is your heart broken? Do you often hear yourself say, "My life was not supposed to turn out this way"? Our disappointments lead to broken hearts causing a downward spiral of illness in our bodies, souls and/or spirits. Words of Wellness: Poetry to Bless the Brokenhearted Believer expresses "thinking of you" to those who need to know they are not alone during a time of brokenness. It conveys what a store-bought card just can't for those who are grieving over loss, whether the loss is temporary or permanent. When a dream has been deferred, what is, usually, the result? A broken heart. Broken hearts result from God writing a different story for our lives than expected, a marriage ending in divorce, abuse at the hands of those who should show care, the betrayal from a friend, death of a spouse/loved one, the disappointment from a wayward child's actions, hopes and dreams deferred and on and on. The good news is broken hearts do heal, but we must learn to be flexible and willing to enter into the flow of God's dance as He leads. The good news is God is near the brokenhearted, according to Psalm 34:18. As He is close, entering into a dance with Him is more than possible. Be willing to allow LOVE to heal your heart. This book shares the wisdom, given by God to Dr. Vaughn, when her own heart broke. It's time for the broken-hearted to heal! Poetry helps us discover the nuggets of wisdom buried deep within our hearts to help us heal. It is an expressive tool to help the reader and the writer get to the HEART of the matter. Dr. Felicia Vaughn's poetry heightens the reader's awareness of our relational commonalities, even though our experiences aren't cookie-cutter. Each poem will remind you; you are not alone. The LOVER of your soul cares about your heart condition, because only His LOVE has the power to heal broken hearts. Purchase this book as a gift for Valentine's Day, Mother's Day, birthdays or other holidays for those who need hope during times of despair, so broken hearts HEAL.

Words of Wellness

Blooming is a contemporary poetry collection that examines the themes of femininity and self-discovery, as well as the beauty of love and healing through affection. Divided into three chapters titled, seeding, growing, and blooming, the book is a metaphor for the deep feelings that grow from tiny seeds and blossom into beautiful flowers. These poems were written for blooming and gentle hearts, meant to inspire and encourage. Enjoy this poetry treasure and let yourself bloom. *The paperback contains black-and-white illustrations.

Poems for the Body, Mind and Soul

Permission to Heal is the stages of going through heartbreak. It shows the grief, the regret, the guilt and the acceptance. It expresses how amazing the art of realizing your worth is. The book is for everyone who has questioned their worth. The poems in it were curated over two years of my life and are very special to me. It goes to show that no matter what you go through, or what you think you're not deserving of you can heal. Permission to Heal is a guide for those who need the extra push to accept and let go of things that no longer serve them.

Blooming

****The Sunday Times Bestseller**** Instagram superstar and poet Nikita Gill returns to her roots with her most personal collection yet, including more than twenty poems exclusive to the US edition. I took my worries out and laid them carefully on the kitchen table. Then began the slow but rewarding task of fixing everything that needed more love. Nikita Gill shares a collection of poems crafted as the world went into lockdown, tackles themes such as mental health and loneliness, and the precarity of hope. Through the life cycle of a star, she invites the reader to feel connected to the universe, taking us on a journey through the five stages of grief to the five stages of hope. This collection includes the phenomenal "Love in the Time of Coronavirus," which was shared across social media over 20,000 times, as well as Gill's poems of strength and hope, "How to Be Strong" and "Silver Linings." Where Hope Comes From is fully illustrated with beautiful line drawings by the author. All because everything is forbidden now, I want to go up to the top of the Eiffel Tower and sing at the top of my lungs.

Permission to Heal

From poet & healer Ashley Lord, comes her soulful debut collection of poetic medicine. Through a soft and graceful lens she brings you into a beautiful, powerful world of healing, spirituality & self love. It authentically expresses a raw, truthful energy, immersing the reader in the magic of heartache. Serving as pure light to uplift, nourish and guide us towards befriending our own wise heart, it reveals the potency found through the journey of reclaiming our wisdom and peace. "For the beautiful souls,

whose broken hearts light the sky, Trust in your light, because like the sun, your golden hours are most beautiful, wrapped in clouds"

Where Hope Comes From

Peppernell understands that healing is a process, and Pillow Thoughts II eloquently captures the time and experience that one goes through on their journey to peace through restoration. A collection of inspirational and comforting poems for anyone who is mending from a broken heart.

In the Heart of the Light

How to heal is a collection of soul-shaking poetry about heartbreak and healing. This book describes the three stages of heartbreak; the heartbreak phase, the journey back to self-love and finding true love in the end.

Pillow Thoughts II

"I couldn't have written a better time to write my 2nd book "Greatness in a broken heart". I would like my readers to be cultivated by these poems and recognise Gods greatness. I am truly thankful that God has allowed me to write again and enabling me to use my gift of writing to inspire my audience in this season. These poems will depict the characteristics of Gods greatness through healing. My aim is to take you on an emotional journey of hope through peace, and joy, adding a new melody with a language of creative healing. God alone knows your heart because he searches it" Author Sandra Chambers

Broken Wings, Mending Damaged Souls

A book about a long worth journey of healing, about being fractured, get diagnosed, deal with prescription pills, and discovered a life antidote. May this book shows you a little realness that life is unfair to everybody and you are not alone. We are all fighting with our demons everyday. May this book can be the voice you search after all this time and be the remedies for those who need it.

How to Heal.

Despite unfathomable emotional pain, betrayal by loved ones, and a vicious cycle of yearning for outwardly love and attention, healing of the heart is possible! This book is not just words penned to make someone feel good. Poetry from the Heart is a book of deeply personal expressions that reveal many of my life experiences and the deliberate obstacles that God allowed me to go through to heal myself and to help heal others. Some of the poems were directly inspired by the Holy Spirit. This is the first of several books God put in me. In the process of writing this book, I found answers to questions that I had for years. God told me years ago that I would write poetry and that it would get published in a book that would provide me with answers to many question I had. It would also open my eyes about why certain things happened in my life. As I wrote the poems, God allowed the mysteries to unfold. And just as He told me I would, I found the answers that blessed me. The poem Where is God When it Hurts? is the one that inspired me most and triggered the birthing of this book. I went through a vivid time in my life that the only way healing came was through writing what I was feeling. Out of the writings came Poetry from the Heart. For this I am so grateful. I pray that this book will be a blessing to every hand that holds it and every soul that receives it. May it bring wholeness and healing to every part of you and help to lay the foundation for discovering the answers to questions that you, too, have pondered in your heart and never shared with anyone. ... BUT GOD HE THOUGHT I WAS WORTH SAVING To God be the Glory

Greatness in a Broken Heart

Broken bones mend. Flesh wounds heal. But where is the emergency room we can rush to when our hearts are broken? Divorce, adultery, spousal abuse, childhood sexual abuse, and addiction to alcohol, drugs, or pornography tear deep, gaping holes in the most tender of organs. There's no bandage and no surgery that will heal these wounds of the soul. However, forgiveness, mercy, and grace become a soothing balm in restoration. Whether you are the victim of a broken heart or the perpetrator of the harm, these poems will assist in your spiritual healing.

REMEDIES FOR THE BROKEN HEART

"Sincerely, A Broken Heart" was simply a therapist. A distraction from reality that allowed me to speak freely. It was the imaginary friend I was ashamed to have, yet it slowly blossomed into a written reflection of my deepest thoughts. Without any intention of becoming a book, it was nothing more than a journal that promised to keep my secrets. With my intrepidity and faith entitled to every phrase, it became a collection of words I was always afraid to say. Among each poem, a piece of myself is revealed and I have high hopes that this journal of mine will help you accept yourself for your known or unknown talents, as I've accepted mine.

Poetry from the Heart

Within these pages you will find the unfiltered and spirit filled words of my soul. Some of these were written in the depths of depression while others were written to capture the fleeting moments of hope, light and empowerment. Some are directly related to my personal healing journey with Lyme and others are simply a tribute to life in this world as a soulful and highly sensitive woman with dreams larger than the Universe itself. There is no right or wrong way to experience this collection of thoughts. You can read it from cover to cover, you can use it to accompany your morning tea by intuitively flipping to whatever page feels right in the moment. There is no table of contents, no order, no expectation, no pressure, and no preaching within this bound collection. It is merely a glimpse into the soul of a woman finding her way in life and sending love, light and healing to those she encounters. Let these words fill your soul, cradle your heart and ignite within you a sense of passion, purpose and above all...magic. Write in the pages, doggy ear the corners, let it get cooked in the sun. This is a co-creation. I invite your thoughts, your feelings and your energy to dance among my words and blanket these pages like the stars do in the sky. Don't just read what is written. Feel it. Taste it. Live it.

A Trilogy of Healing

Sincerely, A Broken Heart