end of life care issues hospice and palliative care a guide for healthcare providers patients and families

#end of life care guide #hospice and palliative care #healthcare provider resources #end of life care for families #terminal illness support

Explore critical end-of-life care issues with this comprehensive guide designed for healthcare providers, patients, and families. Understand the nuances of hospice and palliative care, learn about support options, and gain essential insights for informed decision-making during sensitive times.

Palliative Care

A clinical case-based handbook has a role in general clinicians' practice of caring for patients with serious or life-limiting illness. The explosion of the field of Hospice and Palliative Medicine impacts all physicians and healthcare providers. Fellowship trained s- cialists graduate in greater numbers annually. These and more seasoned specialists are now certified by the American Board of Medical Specialties as subspecialists. Research in this field is expanding in scope and quantity, and peer reviewed journals devoted to this work are multiplying. Moreover, peer reviewed journals in primary care and other subspecialties of medicine regularly include papers that focus on end-of-life care, quality of life issues, and symptom management. Overall then, access to clinical information necessary to care for patients with life-limiting illness is not only essential, but also increasingly available. This case-based clinical book aims to help with the actual practice of caring for patients with life-limiting illness. Numerous texts and journals exist to provide the data to inform care, yet there remains a need to find practical points and information about the practical application of the principles of palliative care. Thus, we hope that the cases, key points, and practical tips will help health care providers who are not experts already in palliative care in the care of patients with serious illness and challenging problems. Some chapters follow one patient through the course of an illness to highlight the applicability of palliative care throughout the disease process.

Hospice and Palliative Care

The third edition of Hospice and Palliative Care is the essential guide to the hospice and palliative care movement both within the United States and around the world. Chapters provide mental-health and medical professionals with a comprehensive overview of the hospice practice as well as discussions of challenges and the future direction of the hospice movement. Updates to the new edition include advances in spiritual assessment and care, treatment of prolonged and complicated grief, provision of interdisciplinary palliative care in limited-resource settings, significant discussion of assisted suicide, primary healthcare including oncology, and more. Staff and volunteers new to the field along with experienced care providers and those using hospice and palliative care services will find this essential reading.

A Practical Guide to End of Life Care

Are you involved in caring for people at the end of their life? Do you have a role in supporting the families of those who are dying, or is this an area of your work you find personally difficult? This book is an accessible guide for all those working in health or social care and caring for people at the end of their lives. This will include people in roles such as healthcare assistant, hospice worker, volunteer, nurse or other carers. Written by experts with extensive experience in delivering high quality end of life care, this book is full of real life examples, reflection exercises and case studies. It also includes insights into what can help make a good death, and how to help support families at the end of life.The easy to read chapters emphasise treating people who are dying with dignity using a person centred approach. The book supports the delivery of quality care by recognising physical and non-physical symptoms, and thinking about various emotional and physical needs people might have. It is also important that care givers look after themselves and advice is given on how best to do this. An essential purchase for anyone looking for guidance or support in this area, and suitable for those working in the community, care homes, hospices, hospitals or other settings where people are cared for. With a Foreword from Dr. Ros Taylor, MBE, National Director for Hospice Care, Hospice UK. “The book strikes a balance between the factual and the personal, and gives the reader detailed information and time to think through reflection exercises.” Deborah Preshaw, doctoral nursing student, Queens University Belfast, UK “This is a beautifully presented learning tool to support the delivery of end of life care. I particularly like the ‘signposts’ which reinforce the intention of the book to enable ‘carers’ to apply what they read to their role in practice.” Liz Bryan, Director of Education and Training, St Christopher's Hospice, UK "This book is a very welcome addition to the literature on end of life care, as it does exactly what it says – it is a practical guide. I highly recommend this book." Mick Coughlan, Programme Leader, The Royal Marsden School, UK "I feel this book would be very useful for those new to palliative care as well as those studying the subject. Relating theory to practice is always powerful and for new nurses and other healthcare professionals this provides context and meaning." Clodagh Sowton, Director of Patient Services, Phyllis Tuckwell Hospice Care, UK "This is a welcome book to the field of end of life care. This practical guide is accessible and is an excellent bridge between the ‘Lay Person’ and those health care professionals caring for the individual as they approach the end of life. I will be directing students of healthcare towards this impressive, insightful book." Robert Murphy, Senior Lecturer - Adult Nursing, London South Bank University, UK "The material covered is very helpful and the range of authors has been well selected from individuals who are active in clinical practice. The book is practical and clear, and Clair deserves high praise for the contribution it will make to clinicians seeking to improve their palliative care knowledge and skills." Professor Max Watson, Medical Director Northern Ireland Hospice, Visiting Professor University of Ulster, UK

End-of-Life-Care: A Practical Guide, Second Edition

The most thorough text available on providing patients and families with quality end-of-life care "The study/learning questions at the end of each chapter make this book an excellent resource for both faculty who wish to test knowledge, and individual learners who wish to assess their own learning....The book is well written and easy to read. 3 Stars."--Doody's Review Service End of Life Care: A Practical Guide offers solution-oriented coverage of the real-world issues and challenges that arise daily for clinicians caring for those with life-limiting illnesses and conditions. End of Life Care: A Practical Guide includes specific clinical guidance for pain management and other common end of life symptoms. The second edition has been made even more essential with the addition of chapter-ending Q&A for self assessment and board review, new coverage of multicultural medicine, an increased number of algorithms to assist decision making on complicated clinical, legal, and ethical issues. Six sections walk you through the complexities of caring for patients who are nearing the end of life: Preparing Patients for End of Life Management of Symptoms Diagnostic and Invasive Interventions Ethical Dilemmas Special Populations Diversity No other text better assists physicians and other clinicians in providing patients near the end of life with support, guidance, and hope in the face of “hopelessness” than End of Life Care: A Practical Guide.

The Common Sense Guide to Improving Palliative Care

Improving care for the patients who are in the last phase of their lives has been a field that most health care providers have struggled with during last few years. Having worked with hundreds of providers throughout the country, these experienced authors know what providers need when it comes to implementing a quality improvement project. This guide will provide user-friendly, step-by-step instructions on how to implement a quality improvement project in the full range of care settings. The instructions will be brought to life with specific examples from actual successful projects and key information on the best practices in the industry. Readers will also be pointed to resources available online and elsewhere, with information on how to access them. The guide will be written in an informal, maximally helpful style, with checklists, tables, and boxed information. Answering 80% of the questions in less than half the space, The Common Sense Guide is the perfect portable companion to Dr. Lynn's desk reference, Improving Care for the End of Life. The book will be of great interest to all health care professionals involved in the care of those with serious chronic illness -- doctors, nurses, social workers, chaplains, clinic administrators, quality improvement experts, and so forth.

End-of-life

This sensitively written book offers a wealth of insight and practical advice for nurses in every specialty and setting providing end-of-life care. Nurses will learn how to address patients' spiritual concerns, ensure that physical needs are met, help patients maintain their dignity, and provide emotional support to grieving families. Nurses will also learn how to cope with their own feelings about dying and end-of-life care. Coverage includes stages of dying, nursing interventions for palliative care, pain control, alternative therapies, physical and psychological signs of grieving, and more. Vignette insights from the well-known end-of-life specialist Joy Ufema offer advice on giving compassionate care.

Physician's Guide to End-of-life Care

Identifies clinical, ethical, and public policy challenges in end-of- life care and offers recommendations on how to better address these problems. Part I focuses on building relationships among doctors, patients, and families, cultural differences in attitudes towards palliative care, and what to do when the patient cannot speak for himself. Part II presents practical approaches to common problems, illustrated with clinical cases in management of pain, depression, and delirium. Part III deals with legal, financial, and quality issues. Snyder teaches bioethics at the University of Pennsylvania Center for Bioethics; Quill teaches in the Program for Biopsychosocial Studies at the University of Rochester School of Medicine. c. Book News Inc.

A Practical Guide to Palliative Care

Designed for easy use at the bedside, this manual contains the practical information health care professionals need to provide optimal end-of-life care. The book presents a multidimensional, holistic approach to assessment and management of the physical, psychological, social, and spiritual needs of the patient and family. Topics covered include cultural diversity in end-of-life care; communicating with patients and families; predicting life expectancy; terminal care; non-pain symptom management; pain control; palliative interventions; pediatric palliative care; record keeping; and ethics. The succinct, user-friendly presentation features bullet points and numerous quick-reference tables. Each chapter includes an "In a Nutshell" summary of key points.

Palliative Care

Palliative Care is the first book to provide a comprehensive understanding of the new field that is transforming the way Americans deal with serious illness. Diane E. Meier, M.D., one of the field's leaders and a recipient of a MacArthur Foundation "genius award" in 2009, opens the volume with a sweeping overview of the field. In her essay, Dr. Meier examines the roots of palliative care, explores the key legal and ethical issues, discusses the development of palliative care, and presents ideas on policies that can improve access to palliative care. Dr. Meier's essay is followed by reprints of twenty-five of the most important articles in the field. They range from classic pieces by some of the field's pioneers, such as Eric Cassel, Balfour Mount, and Elizabeth Kübler-Ross, to influential newer articles on topics such as caregiving and cost savings of palliative care. The reprints cover a wide range of topics including: Why the care of the seriously ill is so important Efforts to cope with advanced illness Legal and ethical issues Pain management Cross-cultural issues Philosophical perspective The demand for palliative care has been nothing short of stunning—largely because of palliative care's positive impact on both the quality and the cost of care provided to seriously ill individuals. By providing a wide-ranging perspective on this growing field, this book will serve as a guide for developing meaningful approaches that will lead to better health care for all Americans.

20 Common Problems: End-of-Life Care

This user-friendly guide offers you practical, direct answers for the difficult and little-taught questions that arise when providing care for the dying. Features: * Perspectives of patients, families, and other health care professionals, as well as physicians * Solution-oriented coverage on preparing patients, managing symptoms, and handling legal/ethical issues near the end of life * Guidance on timing: when is end-of-life care needed? * Breaking bad news: how to inform the patient * Useful, current, guidelines on the treatment of pain, dyspnea, skin and mucus membrane problems, gastrointestinal conditions, and other common symptoms near the end of life * In-depth discussion of end-of-life controversies, including advance directives and resuscitation, nutritional support and parenteral hydration, and physician-assisted suicide * How to assess quality of life near its end * Practical help with end-of-life care for special groups, such as HIV and pediatric patients * Guidance on bereavement, depression, and other psychosocial and spiritual issues at the end of life * Suggestions on benefiting from interdisciplinary teamwork * What every clinician needs to know about the last days of the actively dying

End-of-Life Issues, Grief, and Bereavement

A practical overview of clinical issues related to end-of-life care, including grief and bereavement The needs of individuals with life-limiting or terminal illness and those caring for them are well documented. However, meeting these needs can be challenging, particularly in the absence of a well-established evidence base about how best to help. In this informative guide, editors Sara Qualls and Julia Kasl-Godley have brought together a notable team of international contributors to produce a clear structure offering mental health professionals a framework for developing the competencies needed to work with end-of-life care issues, challenges, concerns, and opportunities. Part of the Wiley Series in Clinical Geropsychology, this thorough and up-to-date guide answers complex questions often asked by patients, their families and caregivers, and helping professionals as well, including: How does dying occur, and how does it vary across illnesses? What are the spiritual issues that are visible in end-of-life care? How are families engaged in end-of-life care, and what services and support can mental health clinicians provide them? How should providers address mental disorders that appear at the end of life? What are the tools and strategies involved in advanced care planning, and how do they play out during end-of-life care? Sensitively addressing the issues that arise in the clinical care of the actively dying, this timely book is filled with clinical illustrations, guidance, tips for practice, and encouragement. Written to equip mental health professionals with the information they need to guide families and others caring for the needs of individuals with life-threatening and terminal illnesses, End-of-Life Issues, Grief, and Bereavement presents a rich resource for caregivers for the psychological, sociocultural, interpersonal, and spiritual aspects of care at the end of life. Also in the Wiley Series in Clinical Geropsychology Psychotherapy for Depression in Older Adults Changes in Decision-Making Capacity in Older Adults: Assessment and Intervention Aging Families and Caregiving

The End-of-Life Handbook

This book address both the emotional and psychological issues associated with death and dying and the practical and medical realities typically dealt with at this time-unusual among titles in this subject area. The authors, a psychologist and medical doctor, are passionate advocates for quality end-of-life care. Author Feldman's background in positive psychology brings an emphasis on hope, inspiration, meaning, and human connection at the end of life to the book. As medical technology progresses and life expectancies edge upward, families are being faced with ever-more-complicated choices as loved ones approach their final hours. This book offers readers much-needed guidance and support for making these often difficult decisions.

Palliative Care

Accessible and instructive,ÂPalliative CareÂguides and inspires health social workers to incorporate palliative care principles into their current clinical practice. Through the lenses of environmental theory and intersectionality, rich case narratives highlight opportunities for social workers to enhance their work, advancing whole-person care in the face of serious illness. Chapters include questions to concretize ideas and demonstrate real-world application, while case narratives cover a range of settings, diagnoses, and populations. This book is a useful tool for educators, learners, and practicing social workers working with individuals and families navigating complex health care systems.

Palliative Care Perspectives

Drawing from his extensive clinical experience and many years of teaching, Dr. Hallenbeck has written a guide to palliative care for clinicians. Topics addressed range from an overview of death and dying to specific approaches to symptom management. As an introduction to both the art and science of palliative care, this book reflects the perspectives of one physician who has dedicated his career to this rapidly evolving field. the book links real stories of illness with practical advice, thereby delineating clinical practice in a way that reflects the daily concerns of clinicians.

Fast Facts for the Hospice Nurse

An on-the-go reference for hospice nurses and those interested in end-of-life care, this practical guide covers the essential elements in the compassionate and holistic care of terminally ill patients and their families. Nurses care for patients facing end-of-life issues in every practice specialty and, as the U.S. population continues to age, the need for proficiency in end-of-life skills will become increasingly important. Fast Facts for the Hospice Nurse: A Concise Guide to End-of-Life Care is an invaluable resource that provides emotional, administrative, and palliative support, whether in a hospice, long-term care facility, or acute care setting. This vital go-to text clearly and concisely lays out not only how to care for patients facing end-of-life issues, but also how to engage in self-care and cope with occupational stress. Beginning with an overview of hospice care, including its history and philosophy, this book offers a timeline of the growth of the hospice movement in the United States. Subsequent sections include up-to-date information on the clinical responsibilities of the hospice nurse in addressing the physical, psychological, and spiritual needs of terminally ill patients and their families in a culturally sensitive way. This book also outlines the administrative duties of the hospice nurse, including hospice documentation, a review of hospice regulations, and quality management. The closing section focuses on occupational stress in hospice nursing and how to engage in self-care. This text can serve as a useful clinical resource and also as a reference for nurses seeking hospice certification from the Hospice and Palliative Credentialing Center. Key Features Organized within the context of the scope and standards of practice of the Hospice and Palliative Nurses Association. Addresses key points about issues unique to hospice nursing and highlights evidence-based interventions Addresses important Medicare regulations and reimbursement Offers numerous clinical resources to assist with hospice nursing practice Serves as a concise study resource for hospice nursing certification

Compassionate Person-Centered Care for the Dying

A milestone resource for palliative care nurses that facilitates evidence-based compassionate and humanistic care of the dying A valuable contribution to the evolving field of palliative nursing care. It is authored by a model for this field, Bonnie Freeman, and brings to the bedside what her practice embodies--evidence-based clinically expert care...The CARES tool is a long-needed resource and we are all grateful to the author for moving her passion to paper. It will touch the lives and deaths of patients, families, and the nurses who care for them. --Betty Ferrell, PhD, RN, MA, FAAN, FCPN, CHPN Professor and Director, Division of Nursing Research and Education City of Hope National Medical Center From the Foreword This groundbreaking reference for palliative care nurses is the first to provide realistic and achievable evidence-based methods for incorporating compassionate and humanistic care of the dying into current standards of practice. It builds on the author's research-based CARES tool; a reference that synthesizes five key elements demonstrated to enable a peaceful death, as free from suffering as possible: comfort, airway management, management of restlessness and delirium, emotional and spiritual support, and selfcare for nurses. The book describes, step by step, how nurses can easily implement the basic tenets of the CARES tool into their end-of-life practice. It provides a clearly defined plan that can be individualized for each patient and tailored to specific family needs, and facilitates caring for the dying in the most respectful and humane way possible. The book identifies the most common symptom management needs in dying patients and describes, in detail, the five components of the CARES paradigm and how to implement them to enable a peaceful death and minimize suffering. It includes palliative care prompts founded on 29 evidence-based recommendations and the National Consensus Project for Palliative Care Clinical Practice Guidelines. The resource also addresses the importance of the nurse to act as a patient advocate, how to achieve compassionate communication with the patient and family, and barriers and challenges to compassionate care. Case studies emphasize the importance of compassionate nursing care of the dying and how it can be effectively achieved. Key Features: Provides nurses with a clear understanding of the most common needs of the dying and supplies practical applications to facilitate and improve care Clarifies the current and often complex literature on care of the dying Includes case studies illustrating the most common needs of dying patients and how these are addressed effectively by the CARES tool Based on extensive evidence as well as on the National Consensus Project for Palliative Care Clinical Practice Guidelines Bonnie Freeman, DNP, ANP, RN, ACHPN, is an adult nurse practitioner in the Department of Supportive Care Medicine at the City of Hope National Medical Center in Duarte, California. She is involved with treating the symptom management needs of many chronically and terminally ill individuals diagnosed with various forms of cancer. Dr. Freeman trained at such excellent facilities as the in-patient units at San Diego Hospice and the Institute of Palliative Medicine in San Diego, California, and the home care hospice program in Owensboro, Kentucky. While in Kentucky, she completed her advanced practice clinical training for adult nurse practitioners with a specialty focus on palliative care through Vanderbilt University in Nashville, Tennessee. This program exposed Dr. Freeman to current concepts in caring for the dying, and enhanced her already significant clinical experience caring for dying individuals acquired from over 30 years working in critical care. Dr. Freeman obtained her MSN from Indiana Wesleyan University, and her DNP from Azusa Pacific University in Azusa, California. Contributors Tracey Das Gupta, MN, RN, CON, is director of Interprofessional Practice at Sunnybrook Health Sciences Centre in Toronto, Ontario, Canada. She is also the colead of the Quality Dying Initiative with Dr. Jeff Myers. Tracey has been passionate about health care, quality of life, and leadership since becoming a nurse in 1991. Her decision to become a nurse was influenced by her father who lived with muscular dystrophy. Ms. Das Gupta has fulfilled various frontline nursing roles along the continuum of care and has had the opportunity to continue to grow in leadership roles such as educator, professional practice leader, and director of nursing practice. In her current role, she also provides leadership for the development and implementation of Sunnybrook's interprofessional care (IPC) strategy. Margaret Fitch, PhD, MScN, is a nurse researcher and holds an appointment at the Bloomberg Faculty of Nursing and School of Graduate Studies at the University of Toronto. She also serves as expert lead for cancer survivorship and patient experience for the Person-Centered Perspective Portfolio of the Canadian Partnership Against Cancer. She is also editor-in-chief for the Canadian Oncology Nursing Journal. Dr. Fitch has an extensive publication record based on her many years of research regarding patient perspectives, coping and adaptation with illness, and screening for psychosocial distress. She has particular expertise in measurement and evaluation, qualitative methods, and knowledge integration. During her career, she has held clinical and administrative positions and has maintained an ongoing role in education of both undergraduate and graduate students and health professionals in practice.

A Guide to Psychosocial and Spiritual Care at the End of Life

Psychological, social, and spiritual care is as important as physical care at the end of life. Yet caregivers often feel ill-equipped to give that nonphysical care. This book shows how to do it. The book addresses all caregivers who attend dying patients: doctors, nurses, chaplains, clergy in the pastorate, social workers, clinical psychologists, family caregivers, and others. It covers such topics as the functional and emotional trajectories of dying; the varied approaches of patients and caregivers to end-of-life decisions; culturally based beliefs about dying; the differences between depression and grief; and people’s views about the right time to die, the death experience itself, and the afterlife. For each topic the book introduces core concepts and summarizes recent research about them. The book presents much of its material in readable tables for easy reference; applies the material to real-life cases; lists the main “take home” points for each chapter; and gives references for additional reading. The book helps caregivers anticipate the reactions of patients and survivors to end-of-life traumas and suggests how caregivers can respond insightfully and compassionately. At the same time the book challenges caregivers to think through their own views about death and dying. This book, therefore, is a must-read for all caregivers professional and nonprofessional alike who strive to give their patients comprehensive, high-quality end-of-life care.

Compassionate Person-Centered Care for the Dying

A milestone resource for palliative care nurses that facilitates evidence-based compassionate and humanistic care of the dying "A valuable contribution to the evolving field of palliative nursing care. It is authored by a model for this field, Bonnie Freeman, and brings to the bedside what her practice embodies--evidence-based clinically expert care...The CARES tool is a long-needed resource and we are all grateful to the author for moving her passion to paper. It will touch the lives and deaths of patients, families, and the nurses who care for them." --Betty Ferrell, PhD, RN, MA, FAAN, FCPN, CHPN Professor and Director, Division of Nursing Research and Education City of Hope National Medical Center From the Foreword This groundbreaking reference for palliative care nurses is the first to provide realistic and achievable evidence-based methods for incorporating compassionate and humanistic care of the dying into current standards of practice. It builds on the author's research-based CARES tool; a reference that synthesizes five key elements demonstrated to enable a peaceful death, as free from suffering as possible: comfort, airway management, management of restlessness and delirium, emotional and spiritual support, and selfcare for nurses. The book describes, step by step, how nurses can easily implement the basic tenets of the CARES tool into their end-of-life practice. It provides a clearly defined plan that can be individualized for each patient and tailored to specific family needs, and facilitates caring for the dying in the most respectful and humane way possible. The book identifies the most common symptom management needs in dying patients and describes, in detail, the five components of the CARES paradigm and how to implement them to enable a peaceful death and minimize suffering. It includes palliative care prompts founded on 29 evidence-based recommendations and the National Consensus Project for Palliative Care Clinical Practice Guidelines. The resource also addresses the importance of the nurse to act as a patient advocate, how to achieve compassionate communication with the patient and family, and barriers and challenges to compassionate care. Case studies emphasize the importance of compassionate nursing care of the dying and how it can be effectively achieved. Key Features: Provides nurses with a clear understanding of the most common needs of the dying and supplies practical applications to facilitate and improve care Clarifies the current and often complex literature on care of the dying Includes case studies illustrating the most common needs of dying patients and how these are addressed effectively by the CARES tool Based on extensive evidence as well as on the National Consensus Project for Palliative Care Clinical Practice Guidelines

Life in a Hospice

Highly Commended, BMA Medical Book Awards 2008 This book is about hospices, seen through the eyes of the people who work in them. Their individual voices, perspectives and stories invite readers into the day-to-day complexities of hospice life. There is growing public and professional attention to end of life care and the way dying patients and their families are treated. How can hospices make the process dignified and peaceful as possible? What sort of people dedicate their careers to helping the dying? What difficulties are they up against in providing this care, and what makes it all worthwhile?This inspirational book provides vivid, real-life accounts of hospice life from managers, doctors, nurses, carers and support staff. The thought-provoking narratives provide vital insights into the type of work undertaken in a hospice setting. They examine the differences between hospice and hospital care, and explore the challenges, personal motivations and the many ways hospices strive to meet the needs of patients and their families with sensitivity and respect. "Life in a Hospice" is enlightening reading for all healthcare professionals in palliative care, including volunteer, administrative and support staff. It is also highly recommended for nurses and others in caring roles considering a move into hospice work. Therapists, counsellors and religious leaders will discover poignant and encouraging insights, and people with a family member approaching the end of life will find the book reassuring and informative.

Advance Care Planning in End of Life Care

Advance Care Planning (ACP) is an essential part of end of life care in the UK and most developed countries. It enables more people to live well and die as they would choose, and has significant implications for the individual person, their family and carers, and our wider society. In the context of an ageing population and increasing possibilities for medical interventions, ACP is a particularly important aspect of quality care. Expanded and fully updated throughout, this new edition gives a comprehensive overview of ACP and explores a wide range of issues and practicalities in providing end of life care. Written by experts from around the world, the book takes a comprehensive look at the subject by exploring the wide range of issues and practicalities in providing ACP; framing the purpose, process, and outcomes of these plans; and providing an important update on national and international research, policy and practice. Chapters also discuss values, goals and priorities, and include detailed case examples to aid best practice. This book is an invaluable resource for all clinicians involved in the caring for people in their final stages of life. It is of particular value to GPs, palliative care specialists, geriatricians, social care teams, researchers and policy leads interested in improving end of life care.

Physician's Guide to Coping with Death and Dying

Education about death and dying has been almost ignored in medical schools. Recently, however, it has become increasingly obvious that the preferences of dying patients are being ignored, leaving many patients to die lonely, scared, and in pain. There is a growing realization that physicians can help dying patients achieve a more peaceful death and increased recognition that good end-of-life care is not just the province of specialized hospice physicians or nurses. Cooper, a physician and a clinical psychologist with many years of experience, offer insights to help medical students, residents, physicians, nurses, and others become more aware of the different stages in the dying process and learn how to communicate more effectively with patients and their families. They also discuss the ways physicians and other caregivers can learn to reduce their own stress levels and avoid the risk of burnout, allowing them to achieve balance in their lives and be more effective professionally. The authors use case examples and thought-provoking exercises to provide a personal learning experience. bibliography and a unique web resource section with contacts to many organizations working with patients suffering from life-threatening illnesses.

Key Concepts in Palliative Care

Do you need a succinct introduction to the key theories and principles of palliative care and their application to practice? Key Concepts in Palliative Care provides just this in a compact, fifty-concept guide to the field. Taking account of the government's "End of Life Care Strategy\

Palliative Care for Infants, Children, and Adolescents

There are few things requiring more expertise, delicacy, and compassion than caring for an infant, child, or young adult with a life-limiting condition. Written by leading researchers, clinicians from relevant disciplines, family members, and advocates, this practical guide provides professionals involved in pediatric palliative and end-of-life care with comprehensive information in a single volume. Thoroughly updated and expanded, this edition includes chapters addressing the unique challenges facing children with HIV/AIDS and their families, care in home and ICU settings, difficult decision-making processes, and the importance of communication with the child and family, as well as completely new chapters on spiritual dimensions of care and educational and advocacy initiatives. Intended for primary care physicians, pediatric practitioners and specialists, home care and hospice personnel, pastoral counselors, and affected families, the book includes useful resource and reference material and practical, hands-on tips. With contributions from an international group of expert educators, clinicians, and parents, this book takes a truly interdisciplinary approach to pediatric palliative care, presenting best practices, clear instruction, and the latest information and research for anyone involved in pediatric palliative and end-of-life care.

The Hospice Companion

The Hospice Companion is designed to promote, establish, maintain and continuously improve comprehensive systems of care that ensure the highest quality of services to meet the needs of patients and their families during the last phase of life. On behalf of their patients, all hospice providers must inculcate processes of care that lead to maximal comfort and functional capacities, and a sense of being valued throughout the final stages of any chronic and progressive illness. The values embodied in The Hospice Companion reflect a commitment to these premises: -The dying patient's achievable goals are the highest priority of care. -Family preferences are respected and supported whenever possible. -All terminally ill patients and their families deserve access to hospice care. -Ongoing investment to advance the art and science of palliative care is a moral imperative. -The spirit of Hospice as the most humanistic form of care at the end of life must be continually nurtured through interdisciplinary work. More than ever it is incumbent upon those who provide care to those with life-limiting illnesses to be keenly aware of both the extent and the limits of the technological advances that can add either great burden or great benefit to seriously ill patients and their families. The Hospice Companion has been created to operationalize the mission and values of modern-day Hospice through the individual and combined efforts of our most valuable asset, the Hospice professional. The title word 'Companion' was expressly chosen for the profound meaning it suggests: that companionship, in the many forms it can take, is the key ingredient to care. This book represents the practical embodiment of the basic, fundamental elements of care, through a focus on common problems confronting patients, their families, and their caregivers. The Hospice Companion is intended as a guide through which some mastery over the seemingly complex, challenging, and oftentimes chaotic world of advanced disease may be derived. Use of this 'tool' to direct processes of care during the intense interpersonal experiences of hospice work should allow the greatest opportunity for personal and professional growth and a deeply gratifying sense of accomplishment as you proceed in the all-important work of caring for the dying.

The Helping Professional's Guide to End-of-Life Care

Nearly half of people at the end of life will receive hospice care, but few psychologists, nurses, physicians, chaplains, and hospice workers have been trained specifically to recognize and address the psychological, social, and emotional issues that may arise in patients who are dying. Patients in the midst of advanced terminal illness may experience a variety of distressing emotions, and may feel anxious, frightened, regretful, or desperate. This guide was created specifically to guide helping professionals of all kinds through the process of working through patients' psychological issues to allow them peace and comfort in their final moments. The Helping Professional's Guide to End-of-Life Care clarifies the spiritual and emotional care that patients need and presents an evidence-based approach integrating cognitive behavioral therapy (CBT), transpersonal psychotherapy, hypnosis, mindfulness, and guided imagery to help patients manage emotional distress at the end of life. Through case conceptualizations and detailed treatment planning guidance, readers learn to formulate comprehensive assessment and treatment plans for patients and gain skills that will help them manage the emotional intensity of this work. This secular, professional treatment model can be applied to patients of any religious or spiritual background. The book also addresses integrating the patient's therapeutic team with the medical team, addressing the emotional needs of friends and family of the dying, crisis intervention for suicidal patients, working with clients on psychotropic medications, and how helping professionals can manage their own emotions to become more effective clinicians.

Approaching Death

When the end of life makes its inevitable appearance, people should be able to expect reliable, humane, and effective caregiving. Yet too many dying people suffer unnecessarily. While an "overtreated" dying is feared, untreated pain or emotional abandonment are equally frightening. Approaching Death reflects a wide-ranging effort to understand what we know about care at the end of life, what we have yet to learn, and what we know but do not adequately apply. It seeks to build understanding of what constitutes good care for the dying and offers recommendations to decisionmakers that address specific barriers to achieving good care. This volume offers a profile of when, where, and how Americans die. It examines the dimensions of caring at the end of life: Determining diagnosis and prognosis and communicating these to patient and family. Establishing clinical and personal goals. Matching physical, psychological, spiritual, and practical care strategies to the patient's values and circumstances. Approaching Death considers the dying experience in hospitals, nursing homes, and other settings and the role of interdisciplinary teams and managed care. It offers perspectives on quality measurement and improvement, the role of practice guidelines, cost concerns, and legal issues such as assisted suicide. The book proposes how health professionals can become better prepared to care well for those who are dying and to understand that these are not patients for whom "nothing can be done."

Perspectives on Palliative and End-of-Life Care

Individuals and families face challenges at the end of life that can vary significantly depending on social and cultural contexts, yet more than ever is now known about the needs that cut across the great diversity of experiences in the face of dying and death. A number of behavioural interventions and clinical approaches to addressing these needs have been developed and are available to help providers care for clients and assist them in achieving their goals. Perspectives on Palliative and End-of-Life Care: Disease, Social and Cultural Contexts explores how these interventions can be used to address a range of issues across social and cultural contexts for those in need of end of life care. With perspectives from experienced clinicians, providers, and caregivers from around the world, the book offers a strong foundation in contemporary evidence-based practice alongside seasoned practice insights from the field and explores interventions for people as diverse as HIV caregivers in Africa and individuals dying with dementia. In addition, readers will learn about the process of caring for individuals with chronic illnesses including severe mental illness; weigh the impact of policy regulations on the availability of and access to palliative care and interventions; and be able to compare the different issues experienced by family caregivers and formal caregivers. As the companion volume to Perspectives on Behavioural Interventions in Palliative and End-of-Life Care, this book will be of interest to a wide variety of individuals, such as academics, researchers and postgraduates in the fields of mental health, medicine, psychology and social work. It will also be essential reading for healthcare providers and trainees from psychosocial and palliative medicine, social work and nursing.

Nursing Care at the End of Life

Nursing Care at the End of Life: Palliative Care for Patients and Families explores the deep issues of caring for the dying and suffering. The book is based on the Hospice Family Caregiving Model previously published by the author and focuses on the practice implications of care for the dying. The book is written in a clear and user-friendly style, and is ideal for undergraduate nursing students learning about dying, suffering, and caring for individuals and their families.

Living with Dying

The first resource on end-of-life care for healthcare practitioners who work with the terminally ill and their families, Living with Dying begins with the narratives of five healthcare professionals, who, when faced with overwhelming personal losses altered their clinical practices and philosophies. The book provides ways to ensure a respectful death for individuals, families, groups, and communities and is organized around theoretical issues in loss, grief, and bereavement and around clinical practice with individuals, families, and groups. Living with Dying addresses practice with people who have specific illnesses such as AIDS, bone marrow disease, and cancer and pays special attention to patients who have been stigmatized by culture, ability, sexual orientation, age, race, or homelessness. The book includes content on trauma and developmental issues for children, adults, and the aging who are dying, and it addresses legal, ethical, spiritual, cultural, and social class issues as core factors in the assessment of and work with the dying. It explores interdisciplinary teamwork, supervision, and the organizational and financing contexts in which dying occurs. Current research in end-of-life care, ways to provide leadership in the field, and a call for compassion, insight, and respect for the dying makes this an indispensable resource for social workers, healthcare educators, administrators, consultants, advocates, and practitioners who work with the dying and their families.

Care of the Dying Patient

Originally published as a series of articles in Missouri medicine.

Counseling Clients Near the End of Life

"I found this book to be a well-written, sensitively presented, and important resource for those engaged in this critical area of work. Thank you, Dr. Werth, for making such a substantial contribution to this field."--Journal of Palliative Care "[This book offers] over 20 contributors, all with impeccable credentials, covering many perspectives that we need to consider more frequently and in greater depth...There is much that awaits you in this book."--Illness, Crisis, and Loss "Counseling Clients Near the End of Life is a marvelous resource for mental health providers who are searching for useful information in areas such as the following: resolving ethical dilemmas; assisting clients in planning for the end of life; counseling caregivers of clients who are near the end of life; and assisting people in dealing with grief. The editor of this work, Dr. James Werth, has done a splendid job of gathering various experts to share their perspectives on end of life care and choices at this time of life--and he has also written an excellent chapter on counseling clients who are dying." Gerald Corey, EdD, ABPP Professor Emeritus of Human Services and Counseling California State University, Fullerton This highly accessible guide to counseling people who are terminally ill and their families fills a critical need in the counseling literature. Written for front-line mental health professionals and counseling graduate students, the text integrates research with practical guidance. It is replete with the experiences of contributing authors who are leaders in counseling terminally ill individuals , real-life case examples, clinical pearls of wisdom, and tables of practice pointers that provide quick access to valuable knowledge. The text offers information that is requisite for all counselors who provide services to persons who are terminally ill and their families. It addresses common issues that influence different types of counseling approaches, such as how the age, ethnicity, or religion of a client affects counselor conceptualizations and actions. The book discusses how to manage symptoms of depression, anxiety, and cognitive impairment near the end of life. It explains how advance directives can be used to assist dying individuals and their loved ones. The counseling needs of family members before and after death are addressed as well as counseling loved ones experiencing complicated grief. The text also examines the particular concerns of counselors regarding self-care and the benefits of working as part of a professional team. Woven throughout are important considerations such as cultural diversity, ethical challenges, laws, and regulations; and advocacy at client and social policy levels. Readers will also benefit from the inclusion of additional references for more in-depth study. Key Features: Integrates research with practical and accessible information Provides clinical ìpearlsî that can be put to use immediately Provides a reader-friendly format that includes real-life case studies and tables with important pointers Describes the counseling experiences of leading practitioners that include examples of successful and unsuccessful interventions Based on a comprehensive framework developed by a Working Group of the American Psychological Association

End-of-Life Nursing Care

Students and newly qualified staff make up much of the workforce delivering end-of-life care but, because end-of-life care can be both technically challenging and emotionally demanding, it is an aspect of nursing that can cause considerable anxiety. This very accessible, straightforward book helps to allay those concerns and enables pre-registration students to prepare confidently for the challenges they will face when they are caring for dying patients and supporting their families. Each chapter is based on a different and realistic scenario - reflecting a range of circumstances - to demonstrate the essential generic knowledge and skills they need to develop, and draws out the important practical and theoretical issues students should consider and address if patients and their families are to receive the best possible care. Written by two experienced palliative care lecturer/practitioners, and mapping closely to the NMC's 2010 domains, the book is tailored to the needs of student nurses working with adult patients. It explores the importance of their role in end-of-life care and how this interfaces with the roles of other multidisciplinary professionals involved in the care of their patients. It will also be helpful to students of other health-care professions and support newly-qualified health-care professionals working in adult health.

Palliative Nursing

Palliative Nursing is an evidence-based practical guide fornurses working in areas of practice where general palliative careis provided. This may be in hospitals, nursing homes, dementiaunits, the community and any other clinical areas which are notclassified as specialist palliative care. This book first explores the history and ethos of palliativecare, and then looks at palliative nursing across various caresettings. It then looks at palliative nursing care for peoplewith specific illnesses, including heart failure, dementia, chronicobstructive pulmonary disease, cancer, and neurological conditions.Palliative care for children and young people is discussed, andthen the book finally looks at education and research in palliativenursing. Palliative Nursing will be essential readingfor all nurses working with palliative care patients in a nonspecialist role, i.e. in hospitals, primary care and nursing homes,as well as nursing students. SPECIAL FEATURES Explores the palliative nursing issues related to specificdiseases groups Written in the context of the new national tools, i.e. the endof life initiative, preferred place of care, Liverpool care pathwayand Gold standards framework. Each chapter includes practice points and cases to allow thepractitioner to undertake guided reflection to improvepractice Written by nurses for nurses Provides guidance for nurses working in all four countries ofthe UK

Palliative Care E-Book

Find out all you need to know about providing high-quality care to patients with serious illnesses from the 2nd edition of Palliative Care: Core Skills and Clinical Competencies. Drs. Linda L. Emanuel and S. Lawrence Librach, leaders in the field, address the clinical, physical, psychological, cultural, and spiritual dimensions that are integral to the care of the whole patient. They give you a broad understanding of the core clinical skills and competencies needed to effectively approach patient assessment, care of special populations, symptom control, ethical issues, and more. Clearly written in a user-friendly, high-yield format, this resource is your ultimate guidebook to the burgeoning practice of palliative medicine. Improve your pain management and symptom management skills with a better understanding of best practices in palliative care. Quickly review specific treatment protocols for both malignant and non-malignant illnesses, including HIV/AIDS, heart failure, renal failure, pulmonary disease, and neurodegenerative disease. Better understand and manage the common and unique challenges associated with delivering palliative care in various social settings, such as the ICU, hospice, and the home; and to diverse populations, such as children, elders, and vulnerable members of society. Expand your knowledge of palliative care issues with new chapters on Veterans, Special Populations, Prognostication, Delirium, Working with Families, Wound Care, Home Care, and Dealing with Economic Hardship. Find the information you need quickly and easily with a templated, high-yield format.

Palliative Care: A Practical Guide for the Health Professional

This book encourages health professionals to reconceptualise their practice in the light of the fact that their patients are deteriorating and dying, supporting them in their dichotomous role which involves affirming that person's life whilst acknowledging that that life is ending. Professionals are encouraged to think laterally, to be creative in their use of their core skills, and to use their life skills and experience to change the focus of their interventions. By making these changes, those involved with caring for the dying will be able to address issues related to burnout and feeling de-skilled. The authors share their considerable experience with the reader - what works for both patient and carer/professional when working in this field. By providing workable solutions, they empower those in disempowering situations, such as when working with terminally ill children and adults. The book is truly holistic and client-centred in its approach, upholding the philosophy of palliative care. Aimed at all who interact with children and adults who have a life-limiting condition or who are dying Offers practical examples of approaches to dilemmas and emotional issues commonly face by those working in palliative care Encourages professionals to think laterally, to be creative in their use of core skills, and to use their life skills and experience to change the focus of their interventions Moves the emphasis away from the medical model to the emotional and spiritual influences on quality of life Offers clear, workable guidelines and demonstrates practical solutions, based on proven theory and experience, to problems encountered on a day-to-day basis by patients and those coming into contact with them

Fragility Fracture Nursing

This open access book aims to provide a comprehensive but practical overview of the knowledge required for the assessment and management of the older adult with or at risk of fragility fracture. It considers this from the perspectives of all of the settings in which this group of patients receive nursing care. Globally, a fragility fracture is estimated to occur every 3 seconds. This amounts to 25 000 fractures per day or 9 million per year. The financial costs are reported to be: 32 billion EUR per year in Europe and 20 billon USD in the United States. As the population of China ages, the cost of hip fracture care there is likely to reach 1.25 billion USD by 2020 and 265 billion by 2050 (International Osteoporosis Foundation 2016). Consequently, the need for nursing for patients with fragility fracture across the world is immense. Fragility fracture is one of the foremost challenges for health care providers, and the impact of each one of those expected 9 million hip fractures is significant pain, disability, reduced quality of life, loss of independence and decreased life expectancy. There is a need for coordinated, multi-disciplinary models of care for secondary fracture prevention based on the increasing evidence that such models make a difference. There is also a need to promote and facilitate high quality, evidence-based effective care to those who suffer a fragility fracture with a focus on the best outcomes for recovery, rehabilitation and secondary prevention of further fracture. The care community has to understand better the experience of fragility fracture from the perspective of the patient so that direct improvements in care can be based on the perspectives of the users. This book supports these needs by providing a comprehensive approach to nursing practice in fragility fracture care.

Clinical Manual of Palliative Care Psychiatry

In recent years, palliative care has emerged as the leading model of person-centered care focused on preserving quality of life and alleviating distress for people and families experiencing serious and life-limiting medical illness. Alongside this development has come a growing recognition of the need for expertise in psychiatric diagnosis, psychopharmacology, and psychotherapy within the interdisciplinary team of specialists tasked with identifying and addressing the varied sources of suffering in patients with advanced medical illnesses. The Clinical Manual of Palliative Care Psychiatry was written to motivate and guide readers -- whether mental health clinicians or palliative care providers -- to deepen their understanding of the psychosocial dimensions of suffering for the benefit of seriously ill patients and the support of their families. Great care has been exercised in the choice of topics and features: Chapter content emphasizes practical aspects of assessment and management that are unique to the palliative care setting, ensuring that clinicians are equipped to address the most common challenges they are likely to face. Each chapter ends with a list of supplemental materials -- including key publications (e.g., "Fast Facts" from the Center to Advance Palliative Care) and links to relevant modules from the

Education in Palliative and End-of-Life Care curriculum (e.g., EPEC for Oncology) -- aimed at extending and enhancing reader knowledge of the topics covered. The authors provide thorough coverage of medication use, including off-label applications, which are common in palliative care. A wealth of tables and figures present clinically relevant information in a concise and easy-to-grasp manner. Practical and brimming with essential information and useful techniques, the Clinical Manual of Palliative Care Psychiatry empowers both mental health clinicians and palliative care practitioners to more skillfully respond to psychosocial suffering in seriously ill and dying patients.

Dying Well

Explores the important emotional work accomplished in the final months of life and offers advice on dealing with doctors, talking with friends and relatives, and mananging end-of-life care

End of Life

2011 AJN Book of the Year Winner in both Gerontologic Nursing and Hospice and Palliative Care! "The book is easy to read and is essential to all who work and care for those at the end of life." --David Shields, RN, MSN, QTTT Assistant Professor of Nursing Capital University "The book is thought provoking and, if you are like me, you will be assessing (consciously or subconsciously) how good you or your service are at providing holistic care around the time of death. It deserves to be widely read and I hope it starts many a conversation." IAHPC Newsletter "[This book] is a gem. It is a rare balance of an interesting read with an incredible integration of factual information. I intend to share it in my long term care circles...A wonderful contribution!" Charlotte Eliopoulos,RN, MPH, PhD Executive Director American Association for Long Term Care Nursing "Every once in a long while a short, succinct book comes along that awakens our senses and motivates us to action. [This] is one such book. It cuts right to the chase to offer a new, innovative change for an old, outmoded rite of passage." Barbara Dossey, PhD, RN, AHN-BC, FAAN Co-Director, Nightingale Initiative for Global Health, Canada and Virginia Director, Holistic Nursing Consultants, New Mexico (From the Foreword) This professional clinical guide presents nursing administrators and nurses in acute care agencies, nursing homes, hospice, and palliative care settings with detailed implementation strategies for accommodating dying persons and their loved ones as they make the transition from physical life. It presents the need for and the development of the concept: Golden Room concept: a place for dying that facilitates a dignified, peaceful, and profound experience for dying persons and their loved ones. This book presents a practical solution on multiple levels that will benefit all involved-patient, family, nurses, administrators, policy makers, and insurance companies. It presents the theoretical frameworks for end-of-life care and how the Golden Room concept fits into these frameworks. Published in partnership with the Watson Caring Science Institute, this unique resource: Advocates the use of Golden Rooms, which provide dignified, private, and safe settings for death and dying Presents various cases that illustrate the need for a dignified death, as well as strategies on how to provide for this dignified death Provides questions of concern after each case scenario, suitable for class discussion or personal reflection Offers cost-effective end-of-life solutions for families, the medical establishment, and insurance companies

Palliative Care, An Issue of Medical Clinics of North America, E-Book

This issue of Medical Clinics, guest edited by Dr. Eric Widera, is devoted to Palliative Care. Articles in this important issue include: Hospice and Palliative Care: An Overview; Goals of Care Conversations in Palliative Care: A Practical Guide; The Art and Science of Prognostication in Palliative Care; Recognizing and Managing Polypharmacy in Advanced Illness; Pain Management in those with Serious Illness; Management of Grief, Depression, and Suicidal Thoughts in those with Serious Illness; Management of Respiratory Symptoms in those with Serious Illness; Management of Gastrointestinal Symptoms in Advanced Illness; Management of Urgent Medical Conditions at the End of Life; Delirium at the End of Life; Options of Last Resort: Palliative Sedation, Physician Aid in Dying and Voluntary Cessation of Eating and Drinking; Cannabis for Symptom Management; and Self-care of Physicians Caring for Patients with Serious Illness.