5 Element Energy Coherence Workbook English Editi

#5 Element Energy Coherence #Energy Coherence Workbook #Holistic Energy Healing #Five Elements Balance #Mind-Body Wellness Guide

Discover the transformative power of the 5 Element Energy Coherence Workbook, your essential guide to achieving profound energetic balance and mind-body wellness. This English edition offers practical exercises and insights, helping you cultivate harmony within yourself. Explore holistic energy healing techniques based on the ancient wisdom of the five elements, guiding you towards greater vitality and self-awareness through this comprehensive workbook.

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THREE WEB-BASED COGNITIVE TESTS

PICTURE VOCABULARY

Higher longer Ring fingers than Index fingers

Longer Index fingers than Ring fingers

Equal measurement of the Ring and Index fingers

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Intro

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Pressure Points Explained

The heart 7

P-6

The small intestine 3

Adjoining Valley (Li 4)

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DU20

Great Abyss (LU9)

Kidney 1

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Drilling bamboo

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Where Is Now?

When Is Now?

The Illusion of Now

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Using Brain and Heart Coherence for Manifestation

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Making Miracles Manifest

The Emergence of a New Collective Consciousness

The Power of Unity and Coherence in Creating Miracles

Conclusion
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