

The New Kabbalah For Life

[#New Kabbalah](#) [#Modern Mysticism](#) [#Spiritual Living](#) [#Kabbalah Wisdom](#) [#Life Guidance](#)

Discover the profound teachings of New Kabbalah, a practical guide designed to integrate ancient wisdom into your daily spiritual living. Unlock modern mysticism and timeless Kabbalah wisdom for personal growth and a more fulfilling life, offering clear insights and actionable steps for contemporary challenges.

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The New Kabbalah for Life

The red bracelet: it graces the wrists of numerous celebrities - from Madonna to Britney Spears - who have converted to the spiritual practice of Kabbalah. But what is Kabbalah and how can women apply it to their own lives? In *A New Kabbalah for Women*, bestselling author and teacher of Jewish mysticism and meditation, Perle Besserman, shares a feminine approach to spirituality. Since the time of Moses, Jewish mysticism has been barred to women, and Shekhinah, the feminine side of God, has been forced underground. Now, many women are adapting traditional mystical practices in radical new ways. Besserman is at the forefront of this revolution. In this book she traces the history of female-centered worship and tells the story of searching for her own path to truth. Combining practices from the Kabbalah with meditation, Besserman walks readers through step-by-step rituals to find their own personal connection with the divine.

A New Kabbalah for Women

You will be amazed at the ways in which the Kabbalah can work as a powerful tool for self-realization, exploring important ideas about life, and discovering profound truths at the heart of existence. In *Kabbalah for Life*, teacher Will Parfitt takes you on a fascinating journey, explaining: the Tree of Life and how it relates to you; how to use the Kabbalah to explore your spirituality and express your personality; the Kabbalistic approach to the Tarot and pathworking; ways in which the Kabbalah can promote health and healing; angels and demons and how they relate to the Tree of Life; the Kabbalistic secrets of sexuality and self-fulfillment; and more. Discover how, with study and practice, the Kabbalah can deepen your connection to the universe and guide you throughout your life.

Kabbalah for Life

Kabbalah, Science & the Meaning of Life traces the milestones of the evolution of science with which we are familiar, such as Newton's and Einstein's theories but goes further to present the science of Kabbalah as the basis for understanding the hidden parts of reality which scientists are now

discovering. While other sciences research the definable world around us, Kabbalah teaches us how the spontaneous changes occurring within us affect our surrounding reality. The wisdom of Kabbalah enables us to monitor those changes and control them, and in so doing change our world for the better.

Kabbalah, Science and the Meaning of Life

Kabbalistic Healing shows how the Kabbalah--the Jewish mystical path--can kindle the central fire in our being so that we can unite with the divine. As we deepen our understanding of ourselves and enhance our ability to hold new states of consciousness, we become able to live in God as a fish lives in water.

Kabbalistic Healing

It is possible to rise above the gravitational pull that draw us into the same scenes by using kabbalistic tools. Challenges such as pain, addiction and fear are opportunities for growth. By becoming familiar with underlying messages we tell ourselves, we can recognize and overcome destructive thoughts and reactive behavior, make different choices and ultimately create different results. Our decisions and actions today are seeds that create either chaos or fulfillment in our future. When we step out of our nature, Nature responds in turn. According to the kabbalists that's how we can create miracles. Stop playing that old re-run! We all know we have the ability to transform; this book helps in understanding exactly what we need to change so we can rewrite our movie. For those who loved "The Power of Kabbalah" or "Living Kabbalah," get ready to take the next steps in writing, directing, and acting a new life.

If You Don't Like Your Life, Change It!

Roni Weinstein's sociological reading of the kabbalistic ideas of the early modern period suggests that they gained acceptance because they met the needs of contemporary Jewish society. Although these ideas were presented as continuing a tradition, their goal was reformation: few aspects of Jewish life were not changed in consequence. This broadly based and innovative study challenges accepted ideas on the origins of Jewish modernity, and also shows how Counter-Reformation Catholicism affected these developments.

Kabbalah and Jewish Modernity

Sometime, somewhere, someone is searching for answers in a thirteenth-century castle . . . on a train to a concentration camp . . . in a New York city apartment Hidden within the binding of an ancient text that has been passed down through the ages lies the answer to one of the heart's eternal questions. When the text falls into the hands of Rabbi Kalman Stern, he has no idea that his lonely life of intellectual pursuits is about to change once he opens the book. Soon afterward, he meets astronomer Isabel Benveniste, a woman of science who stirs his soul as no woman has for many years. But Kalman has much to learn before he can unlock his heart and let true love into his life. The key lies in the mysterious document he finds inside the Zohar, the master text of the Kabbalah.

Kabbalah

The Kabbalah is Judaism's intriguing mystical tradition, thousands of years old. In recent years, a growing number of people—both Jews and non-Jews—are finding the Kabbalah to be a fascinating treasure house of wisdom about the human mind. Men and women are discovering and applying Jewish mystical insights in daily life, and professionals in such fields as psychology, psychotherapy, and medicine are actively using Kabbalah in their work. Opening the Inner Gates is an anthology concerning these new explorations. In sixteen chapters, thirteen contributors present both theoretical considerations and applied methods of Kabbalah in such areas as healing, the mind-body relationship, dreamwork, intuition and creativity, storytelling, women's spirituality, parenting, working with the elderly, and "repairing the world" (tikkun olam). Contributors: LaVera Draisin, MD • Gerald Epstein, MD • Sheldon Kramer, PhD • Rabbi Steven Rosman, PhD • Edward Hoffman, PhD • Rabbi Zalman Schachter-Shalomi • Steven Joseph, MD • Howard Schwartz • Rabbi Chaim Richter • Alyce R. Tresenfeld • Mark Malachi • Rabbi Rami Shapiro • Laya Firestone Seghi

Opening the Inner Gates

This landmark work by an innovative modern Kabbalist develops a scientific model for kabbalistic cosmology and soul psychology. Derived from the kabbalistic diagram of the Tree of Life and the author's own Sabbath Star diagram, this universal model encodes the laws of all cosmic manifestation, giving a mathematical basis to many aspects of this mystical tradition and providing a new synthesis of science and spirituality that may well write a new chapter to the Kabbalah.

The Universal Kabbalah

The Qabalah presents a unique way of understanding all aspects of ourselves - our body, personality, soul and spirit. This text is based on a map of consciousness known as the Tree of Life and offers a practical and rewarding guide for personal and spiritual development.

The New Living Qabalah

The depth of wisdom revealed in the questions and answers of this book will inspire reflection and contemplation. Readers will also begin to experience a growing sense of enlightenment while simply absorbing the words on every page. The Kabbalah Experience is a guide from the past to the future, revealing situations that all students of Kabbalah will experience at some point on their journeys. For those who cherish every moment in life, the author offers unparalleled insights into the timeless wisdom of Kabbalah.

The Kabbalah Experience

A practical guidebook to the Kabbalah, an ancient mystical tradition which is currently enjoying a resurgence of interest among powerful female role models such as Madonna and Roseanne Barr. The resurgence of interest in the Kabbalah particularly among women is thanks to the universal appeal of the teachings which reach beyond the Jewish tradition where it was born into powerful spiritual truths. The Kabbalah links the Western and Eastern spiritual traditions and it influences tarot, astrology, numerology and magic as it embraces the growth of the soul through the eternal Tree of Life. In this accessible book Vivianne Crowley, who has studied the Kabbalah for many years, makes the tradition available to people from all backgrounds and faiths. The book combines a theoretical explanation of the system with a practical system for using the Kabbalah in our everyday lives. A Woman's Kabbalah is a refreshingly modern approach to a respected ancient wisdom. It is a source book of ideas and a handbook to help you in your personal and spiritual growth. It tells you not only about theory, but also about practice. Each new aspect of Kabbalah is accompanied by spiritual and practical exercises that draw on your imagination, stimulate your creativity, inspire you to spiritual insight, and facilitate your personal growth. The Paranormal, the new ebook series from F&W Media International Ltd, resurrecting rare titles, classic publications and out-of-print texts, as well as new ebook titles on the supernatural - other-worldly books for the digital age. The series includes a range of paranormal subjects from angels, fairies and UFOs to near-death experiences, vampires, ghosts and witchcraft.

A Woman's Kabbalah

Explore the foundations of Kabbalah with one of the greatest Kabbalists of our generation and learn how the teachings of this wisdom tradition can contribute to your search for awareness, enlightenment, and ultimate spiritual fulfillment. Infused with insight from his experience as a scientist, Rav Michael Laitman introduces the historical figures who have developed Kabbalah since the time of Abraham, addresses the kabbalistic significance of the Torah and the mystical interpretation of the Zohar, and explains how anyone with the desire to do so can draw nearer to the Creator using the tools he provides. It's never too late to reach new heights of spirituality, affect positive changes in your own life and make a difference in the world. This stunning exploration will help get you started today.

Awakening to Kabbalah

The new big thing in terms of spiritual enlightenment, the powerful principles of the Kabbalah have attracted a swathe of celebrity followers ranging from Madonna, Jerry Hall, Elizabeth Taylor, Mick Jagger and Guy Ritchie - as well as over 3.5 million other dedicated students worldwide. Previously shrouded in secrecy, its teachings were passed down orally from generation to generation to only an elite few. Now, in THE POWER OF KABBALAH, Rabbi Yehuda Berg has created a user's manual for today's world, in which its wisdom is conveyed in a highly accessible, practical form for all to follow. For the first time, these secret teachings are brought to bear on the real world issues faced by us everyday

- in our careers, with family and friends, and in our innermost personal thoughts. Rabbi Yehuda Berg sets out a practical collection of principles and instructions for improving our lives - helping us to get to where we really want to be emotionally, spiritually, financially and creatively in all aspects of our life. This truly spiritual book reveals not only what life means, but the actions we can each take to create the life we want and deserve.

The Power of Kabbalah

The articles collected in *Scholar and Kabbalist: The Life and Work of Gershom Scholem* offer new and fresh insights into the life and work of Gershom Scholem, one of the most prominent German-Jewish intellectuals of the 20th century.

Scholar and Kabbalist: The Life and Work of Gershom Scholem

Kabbalah Revealed: The Ordinary Person's Guide to a More Peaceful Life is a clearly-written, user-friendly guide to making sense of the surrounding world while achieving inner peace. Each of the six chapters in this book focuses on a different aspect of the ancient wisdom of Kabbalah, shedding new light on a teaching that has too often been shrouded in mystery and misconceptions. A subtle, yet profound idea weaves the book's chapters into a coherent and concrete whole. The first three chapters in *Kabbalah Revealed* tell us why the present world is in a state of crisis, explaining how our growing desires promote progress as well as alienation, and why the biggest deterrent to achieving positive change is rooted in our own spirits. Chapters Four through Six offer a prescription for positive change. Therein, we learn how we can use our spirits to build a personally peaceful life in harmony with all of Creation. For the first time ever, the timeless principles of Kabbalah are explained for a general readership by a world-renowned scholar of Kabbalah Rav Michael Laitman, PhD. For those seeking to achieve transformational change on a personal, communal or global level, *Kabbalah Revealed* is required reading."

Kabbalah Revealed

Kabbalah for Beginners, an extended version of *Kabbalah Revealed*, is a book for everyone who is seeking answers to life's essential questions. We all have problems; we want to know why we are here, why there is pain and how we can make life more enjoyable.

Kabbalah for Beginners

David K. Miller has teamed up with Torah scholar and Kabbalist expert Mordechai Yashin, who resides in Jerusalem, Israel, to bring you *A New Tree of Life for Planetary Ascension*, which is based on unique lectures and classes David and Mordechai gave over an eight-month period between 2012 and 2013. It functions as a manual explaining the Kabbalistic Tree of Life and the Arcturian Planetary Tree of Life, which is an expansion of the concepts contained in the Kabbalistic tree. The idea behind the Arcturian Planetary Tree of Life is to demonstrate through a paradigm shift how planetary energies can be used to rebalance our planet. The basic assumption is that Earth is currently unbalanced due to a variety of factors, including environmental contamination, global warming, and usage and extinctions of forests and ocean life on a mass basis. It must be pointed out that David has been working with the Arcturians to further upgrade the Planetary Tree of Life. This upgrade includes one completely new sphere that relates to the ascension and to the fifth dimension. This new sphere will be described in detail to explain how to use the new energy. Includes: Great pictorial descriptions of the Hebrew letters Detailed Kabbalistic map and paradigm of the Tree of Life Hebrew terminology and numbers relating to the Tree of Life Featured channelings through David K. Miller

A New Tree of Life for Planetary Ascension

Experiential. Poetic. Revolutionary. *A New Approach to the Tree of Life*. This dynamic, radical departure from traditional Kabbalah books takes you into the Tree of Life not as an observer but as an active participant who engages with every part of the Tree. Presenting dozens of rituals, meditations, memoirs, and hands-on activities, *Falling Through the Tree of Life* immerses you in living, breathing magic, transforming Kabbalah from a complex topic into an embodied dance of love and learning. No matter your experience level, Jane Meredith helps you explore each sephira in depth and use its real-world lessons to grow your practice. You'll begin like a butterfly falling through the Tree, unaware of its full power. But the farther you go, the more you'll fall in love with each sephira, from the beauty of Tiferet to

the scholarship of Hod. This masterwork shows you how to enjoy the journey—full of heart, spirit, and magic.

Falling Through the Tree of Life

Madonna, Gwyneth Paltrow, Donna Karan, and other celebrities are integrating the sacred into their daily lives through the study of Kabbalah.

Personal Kabbalah

Kabbalah Revealed: A Guide to a More Peaceful Life is a clearly-written, user-friendly guide to making sense of the surrounding world while achieving inner peace. Each of the six chapters in this book focuses on a different aspect of the ancient wisdom of Kabbalah, shedding new light on a teaching that has too often been shrouded in mystery and misconceptions. A subtle, yet profound idea weaves the books chapters into a coherent and concrete whole. The first three chapters in Kabbalah Revealed tell reader why the present world is in a state of crisis, explaining how our growing desires promote progress as well as alienation, and why the biggest deterrent to achieving positive change is rooted in our own spirits. Chapters Four through Six offer a prescription for positive change. Therein, we learn how we can use our spirits to build a personally peaceful life in harmony with all of Creation. For the first time ever, the timeless principles of Kabbalah are explained for a general readership by a world-renowned scholar of Kabbalah Rav Michael Laitman, PhD. For those seeking to achieve transformational change on a personal, communal or global level, Kabbalah Revealed is required reading.

Kabbalah Revealed

A bold line-by-line reexamination of the first 3 chapters of Genesis that reveals the essential nature of mind and creativity • Deconstructs each line of Genesis chapters 1-3 with esoteric methods derived from the oral teachings of the Kabbalah • Reveals the sefirot, the Tree of Life, as the Divine blueprint of the creative process • Explains how Genesis reveals the Divinity of mind and consciousness Hidden within the first three chapters of Genesis rests one of the greatest jewels of Western mystical literature. For millennia religious literalism has dominated our understanding of the Bible, imprisoning its subtle inner wisdom within the most coarse and superficial aspects of the narrative. Generations have been led to believe that Genesis 1-3 is only a primitive proto-cosmic history, a mythological explanation of the human moral disposition, a religious fairy tale. But by accepting the text as pure kabbalistic metaphor, the mystical content of Genesis springs forth, revealing the Divine nature of creativity as well as a new understanding of the human mind. Deconstructing each line of Genesis 1-3 with esoteric methods derived from the oral teachings of the Kabbalah, David Chaim Smith reveals how the ten sefirot, collectively known as the Tree of Life, are not simply a linear hierarchy. They are a unified interdependent whole with ten interactive functions, forming the template through which creative diversity manifests. Through acts of creation and creativity, the mind expresses its Divine nature. Through our Divine creative power, we are able to touch upon Ain Sof (the infinite), the lifeblood of all creative expression. Smith's line-by-line examination of Genesis 1-3 reveals a complete model not only of Divine creativity but also of the predicament of the human mind, of the Divine nature of consciousness as well as our inability to recognize the mind's Divinity. With this new interpretation, which removes the concept of a Creator God, we are able to transcend the contrasting notions of "being" and "non-being" at the heart of conventional habits of perception and awaken a new mystical understanding of Unity and the fathomless depth of Divinity.

The Kabbalistic Mirror of Genesis

In *Let There Be Light*, Howard Smith, a research astrophysicist and traditionally observant Jew, explores how modern scientific understandings of the cosmos complement Judaism's ancient mystical theology, the Kabbalah. He argues that science and religion are not only compatible, but that a healthy, productive dialogue between the two sheds light on ethics, free will, and the nature of life, while at the same time rejecting fundamentalist misinterpretation and the pseudoscience of creationism. Written for a general audience, yet supported by the most current and accurate scientific research, the book discusses topics such as modern quantum mechanics and mystical notions of awareness; how Kabbalah's ten sefirot mirror the developing phases of an inflationary universe; and the surprising parallels that exist between the Big Bang theory and Kabbalah's origin theory. Smith delves into complex ideas without resorting to jargon or mathematical equations, creating an intelligent, authoritative work accessible to all readers.

Let There Be Light

For thousands of years, no book has been more shrouded in mystery than the Zohar, yet no book offers us greater wisdom. The central text of Kabbalah, the Zohar is a commentary on the Bible's narratives, laws, and genealogies and a map of the spiritual landscape. In *The Essential Zohar*, the eminent kabbalist Rav P. S. Berg decodes its teachings on evil, redemption, human relationships, wealth and poverty, and other fundamental concerns from a practical, contemporary perspective. The Zohar and Kabbalah have traditionally been known as the world's most esoteric sources of spiritual knowledge, but Rav Berg has dedicated his life to making this concentrated distillation of infinite wisdom available to people of all faiths so that we may use its principles to live each day in harmony with the divine.

The Essential Zohar

Gems of Wisdom contains words of the great Kabbalists from all generations as a collection of excerpts from the writings of great Kabbalists from all generations, particularly the writings of Rav Yehuda Ashlag, author of the *Sulam* [Ladder] commentary of *The Book of Zohar*. This collection reveals the innovative concepts of Kabbalah on every realm of human life, using short excerpts with accurate references to the source. It is a priceless gift to any Kabbalah enthusiast. -- The vast and deep knowledge one can attain from this Kabbalah book is unmatched. -- Kabbalah is a historic Jewish book of thought that delves into the depths of spiritual energy. -- This Kabbalah book is a masterpiece amongst its peers. This book brings the wealthy culture of Kabbalah to life for all to understand. -- Utilizing new perspectives will grant us the ability to use Kabbalah to better ourselves. -- Up until very recently, Kabbalah was reserved for the elite, those who only after years of scholarship and practice were allowed to enter this mystical realm. Today, you can study it through these Kabbalah books.

Gems of Wisdom

Based on the belief that Kabbalah should be lived, not merely studied, *Living Kabbalah* draws on Yehuda Berg's popular workshops and courses to introduce the Transformation Formula: a four-step system readers can use to realize their potential for greatness through the ancient wisdom of Kabbalah. Interlaced with an engaging blend of inspiration and motivation, *Living Kabbalah* teaches readers to become more proactive and take charge of life with journals, self-assessments, and meditations. Readers learn to overcome negative thoughts and patterns, live with abundance, and ultimately create the reality of their dreams. *Living Kabbalah* is a system for success that can be utilized by anyone wanting to live with greater intensity and awareness.

Living Kabbalah

Familiar reality is the one percent material realm in which we live; there are other dimensions - the world beyond our five senses. According to Kabbalah, this is called the 99 percent realm. Everything we truly desire - love, joy, peace of mind, freedom - is of the ethereal nature found in the 99 percent realm. The problem is that most of us have inadvertently disconnected ourselves from this source. By learning how to maintain a connection to this higher source, we can vanish any form of chaos, personal struggle, and despair, and materialize a life of lasting fulfillment. This foundational text on Kabbalah features new content and is more accessible for meeting today's current challenges. The exercises included will help readers break free of prevalent beliefs and habits that lead to negativity. Readers will discover how to

align their actions with their higher purpose and become conscious of the unlimited possibilities in their own life.

The Power of Kabbalah

What the Kabbalah can do for you? According to the authors of this comprehensive guide, the Kabbalah that Madonna popularized is far from authentic. In fact, the Kabbalah is much bigger and better. Here, readers will discover how it can deliver money, love, health, and many other things. ?An international authority on authentic Kabbalah was a consultant for this book ?Blends religion/spirituality with New Age mysticism

The Complete Idiot's Guide to Kabbalah

Kabbalah of Creation is a new translation of the early Kabbalah of Rabbi Isaac Luria, founder of the most influential Jewish mystical school of the last 400 years. Living in relative obscurity in Northern Galilee, Luria experienced a powerful epiphany that influenced his lyrical, influential text. Poetically and meditatively described, the range of subjects includes the revelation of the Godhead's light in the world and its relationship to every aspect of the human life cycle, including lovemaking, conception, gestation, birth, and maturation.

Kabbalah of Creation

An innovative, spiritual workbook that integrates the Tarot and the Kabbalistic tradition of Counting the Omer • Explores the origins and meaning of the 49-day Kabbalistic meditative practice of Counting the Omer and how it can lead to spiritual revelation, personal insight, and connection with the Divine • Reveals the correspondence of the Tarot's minor arcana with the Sephirot of the Tree of Life and explains how both relate to the Omer meditation • Provides a daily practice workbook that explores the related Sephirot and Tarot cards for each day, examines their Kabbalistic and spiritual meanings, and provides questions for daily reflection and meditation guidance The 49-day mystical practice known as Counting the Omer is an ancient Jewish ritual observed between the holidays of Passover and Shavuot (also known as Pentecost). As practiced by Kabbalists, it is designed to cleanse and purify the soul in preparation for spiritual revelation and a personal connection with God. The ritual creates a spiritual inner journey that follows the path of the ancient Israelites from the moment of their physical freedom from slavery in Egypt to the establishment of their spiritual freedom forty-nine days later when they arrived at Mt. Sinai. Adeptly integrating this mystical practice with the transformative symbolism of the Tarot, Mark Horn uses the ritual of Counting the Omer as a template for a guided meditative practice that gives readers insight into their personal life journey and help in overcoming the issues that hinder their growth and spiritual awakening. Examining the correspondence of the Tarot's minor arcana with the Sephirot of the Kabbalistic Tree of Life, he shows how using the cards in connection with Counting the Omer can unlock the gates to a deep experience of the sacred. In the detailed daily practice workbook section, Horn provides day-by-day descriptions of the 49-day meditative practice of Counting the Omer. He divides the journey into seven week-long segments, which in turn are broken down into seven daily practices. For each day, he explains the related Sephirot and Tarot cards and their Kabbalistic and spiritual meanings, providing the reader with questions for daily reflection, guidance for meditation, and insight from traditional Jewish texts as well as teachings from Christian, Buddhist, Hindu, and Muslim traditions. Unveiling the relationship between Tarot and the Kabbalah, Horn shows readers how uniting these two practices can open them to a deeper experience of the Divine.

Tarot and the Gates of Light

In a time of crisis, we need a guide to help us calm and stabilize our lives. This is why Kabbalah is being revealed to millions today. Kabbalah is a tool for bettering life, and A Guide to the Hidden Wisdom of Kabbalah teaches how we can use this tool. In a graceful, easygoing style, you'll learn the basics of Kabbalah, and receive much needed suggestions for employing this age-old science to your daily life.

A Guide to the Hidden Wisdom of Kabbalah

Kabbalah is an ancient Jewish wisdom that explains the laws of spiritual energy. Up until very recently the Kabbalah was reserved for the elite, those who only after years of scholarship and practice were allowed to enter this mystical realm. However, one doesn't need to devote one's life to intense study to reap the rich rewards of the Kabbalah. With just a basic understanding of a few key concepts, our

lives can be enriched immensely. We can then begin to fulfill our deepest dreams and reach our most important goals, becoming the people we long to become. By learning to understand the Sefirot--the ten spiritual properties that flow from the cosmic source into our heart--we can connect to the universe and profoundly transform our experience of daily life. For example, *Hessed*, or "loving-kindness," represents the desire to be generous, while *Gevurah* is the desire to focus intently or withhold. These properties must be balanced in order for harmony and well-being to occur. Rabbi Laibl Wolf shows how to maintain that balance and enjoy a healthy and productive life by using simple meditation and creative visualization techniques to grasp the spiritual nature of our life. Practical Kabbalah draws upon ancient wisdom but offers a modern interpretation and easy-to-understand techniques for delving deeper into our selves and our world and for reaping the bounteous gifts that were always meant for us.

Practical Kabbalah

Symbols of the Kabbalah: Philosophical and Psychological Perspectives provides a philosophical and psychological interpretation of the major symbols of the theosophical Kabbalah. It shows that the Kabbalah, particularly as it is expressed in the school of Isaac Luria, provides a coherent and comprehensive account of the cosmos, and humanity's role within it, that is intellectually, morally, and spiritually significant for contemporary life.

Symbols of the Kabbalah

The Science of Kabbalah (Pticha) is the first in a series of texts that Rav Michael Laitman, Kabbalist and scientist, designed to introduce readers to the special language and terminology of the Kabbalah. Here, Rav Laitman reveals authentic Kabbalah in a manner that is both rational and mature. Readers are gradually led to an understanding of the logical design of the Universe and the life whose home it is. *The Science of Kabbalah*, a revolutionary work that is unmatched in its clarity, depth, and appeal to the intellect, will enable readers to approach the more technical works of Baal HaSulam (Rabbi Yehuda Ashlag), such as *Talmud Eser Sefirot* and *Zohar*. Although scientists and philosophers will delight in its illumination, laymen will also enjoy the satisfying answers to the riddles of life that only authentic Kabbalah provides. Now, travel through the pages and prepare for an astonishing journey into the 'Upper Worlds'. *Kabbalah Books* aims to follow what Baal HaSulam directed, that redeeming the world from its plights depends solely on disseminating the correction method, as he wrote "We are in a generation that is standing at the very threshold of redemption, if we will only know how to spread the wisdom of the hidden in the masses." "We do know one way of doing this through sharing our Kabbalah books with the world. We aim to pursue every avenue to spread this wisdom as widely as possible. Hard copies of books make the wisdom of Kabbalah available to even more people. And if you desire, you can help with that by giving the wisdom to others through the books."

The Science of Kabbalah (Pticha)

Every day is a chance for a new beginning--an awakening. Start each day with the gift of time-tested wisdom from the Kabbalah. *Kabbalah 365* is a unique collection of rare Jewish mystery and understanding. People from all walks of life are finding their paths illuminated within the Kabbalah. Each selected reading, one for every day of the yearly cycle, encourages honest contemplation, true inspiration, and deep reflection. Here are just a few examples: * If you are in a hurry to get to an appointment, and you are riding on a train that is moving too slow, do you think you will arrive at your destination any faster by getting up and running through the train? Likewise, when the time is right for you, you'll be arriving at your destination--no sooner, no later. In the meantime, make sure you are on board.* If you are rubbing two sticks together and are having difficulty lighting a fire, move to another place and try again. Likewise, if you are having difficulty in the place where you are, shift to another place. Experience the vastness and riches of the Kabbalah with *Kabbalah 365*, which ably preserves the integrity of the original texts, some translated here for the first time, and renders insights in easy-to-understand language.

Kabbalah 365

Turn Aside from Evil was written by Zevi Hirsch Eichenstein (1763-1831), a Hasidic master and skilled adept in Lurianic kabbalah, to guide his followers on how to live a saintly life. He discusses not only practical aspects of kabbalah but also how to conduct one's business affairs in a way compatible with a saintly life, and how such a way of life is in no way incompatible with enthusiasm for marital relations. Rabbi Dr Louis Jacob's lively translation gives the reader an insight into the thinking of a remarkable

Hasidic master. His extensive introduction and detailed notes make kabbalistic ideas and imagery accessible and clarify the sources to which the author alludes.

Turn Aside from Evil and Do Good

In 1908, Solomon Schechter—discoverer of the Cairo Geniza and one of the founders of the Jewish Theological Seminary of America—published his groundbreaking essay on the city of Safed (Tzfat) during the sixteenth century. In the essay, Schechter pointed out the exceptional cultural achievements (religious law, moral teaching, hermeneutics, poetry, geography) of this small city in the upper Galilee but did not yet see the importance of including the foundation on which all of these fields began—the legends that were developed, told, and spread in Safed during this period. In *The Legend of Safed: Life and Fantasy in the City of Kabbalah*, author Eli Yassif utilizes "new historicism" methodology in order to use the non-canonical materials—legends and myths, visions, dreams, rumors, everyday dialogues—to present these legends in their historical and cultural context and use them to better understand the culture of Safed. This approach considers the literary text not as a reflection of reality, but a part of reality itself—taking sides in the debates and decisions of humans and serving as a major tool for understanding society and human mentality. Divided into seven chapters, *The Legend of Safed* begins with an explanation of how the myth of Safed was founded on the general belief that during this "golden age" (1570–1620), Safed was an idyllic location in which complete peace and understanding existed between the diverse groups of people who migrated to the city. Yassif goes on to analyze thematic characteristics of the legends, including spatial elements, the function of dreams, mysticism, sexual sins, and omniscience. The book concludes with a discussion of the tension between fantasy (Safed is a sacred city built on morality, religious thought, and well-being for all) and reality (every person is full of weaknesses and flaws) and how that is the basis for understanding the vitality of Safed myth and its immense impact on the future of Jewish life and culture. *The Legend of Safed* is intended for students, scholars, and general readers of medieval and early modern Jewish studies, Hebrew literature, and folklore.

The Legend of Safed

Advancing to higher levels of ritual magic with purpose and power requires an exaltation of consciousness—a spiritual transformation that can serve as an antidote to the seeming banality of modern life. Based on Kabbalistic techniques, the teachings of the Hermetic Order of the Golden Dawn, and an Hermetic tradition spanning nearly two thousand years, this innovative new work introduces the history of the Golden Dawn and its mythology, the Tree of Life, Deities, demons, rules for practicing magic, and components of effective ritual. A comprehensive course of self-initiation using Israel Regardie's seminal *Golden Dawn* as a key reference point, *Kabbalah, Magic and the Great Work of Self-Transformation* guides you through the levels of the Golden Dawn system of ritual magic. Each grade in this system corresponds with a sphere in the Kabbalistic Tree of Life and includes daily rituals, required reading, written assignments, projects, and additional exercises. Knowledgeable and true to tradition, author Lyam Thomas Christopher presents a well-grounded and modern step-by-step program toward spiritual attainment, providing a lucid gateway toward a more awakened state. Finalist for the Coalition of Visionary Resources Award for Best Magick/Shamanism Book

Kabbalah, Magic, and the Great Work of Self-transformation

Kabbalah Made Easy is a down-to-earth, no-red-strings-attached look at the Judaic mystical system that has been made famous by the Kabbalah Center. The book explains why Kabbalah can seem so complex and breaks the system down into simple, understandable chunks. It examines the different systems that are in operation today including the Lurianic tradition, the Golden Dawn, magical, alchemical and Christian Kabbalah as well as the re-emerging Toledano Tradition, which is taking Kabbalah back to its roots while making it accessible to the modern world. The book explains the basics of the Kabbalistic Tree of Life diagram as well as the four worlds of Jacob's Ladder. It includes Kabbalistic lore on angels, astrology and gematria, as well as exercises and meditations that are simple but profound.

Kabbalah Made Easy

