

Introduction To Psychological Theories And Psychotherapy Pittsburgh Pocket Psychiatry Series

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This resource provides an essential introduction to fundamental psychological theories and their practical application in psychotherapy. Designed as part of the Pittsburgh Pocket Psychiatry Series, it offers a concise yet comprehensive overview, ideal for students, professionals, or anyone seeking a foundational understanding of mental health concepts and treatment approaches.

Each syllabus includes objectives, reading lists, and course assessments.

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Introduction To Psychological Theories And Psychotherapy Pittsburgh Pocket Psychiatry Series

Intro to Psychology: Crash Course Psychology #1 - Intro to Psychology: Crash Course Psychology #1 by CrashCourse 14,689,902 views 10 years ago 10 minutes, 54 seconds - What does **Psychology**, mean? Where does it come from? Hank gives you a 10-minute **intro**, to one of the more tricky sciences and ...

Introduction: What is Psychology?

Early Thinkers in Psychology

Big Questions in Psychology

Sigmund Freud

Disciplines of Psychology

Structuralism

Functionalism

Psychoanalysis

Freud's Death & Legacy

Behaviorism

Psychodynamic Theories

Other Disciplines in Psychology

Credits

Clinical Psychology Part 1: Sigmund Freud and Psychoanalysis - Clinical Psychology Part 1: Sigmund Freud and Psychoanalysis by Professor Dave Explains 84,637 views 9 months ago 13 minutes, 37 seconds - It's time to dive into clinical **psychology**,! To discuss this topic we must first discuss Sigmund Freud, the father of psychoanalysis.

Intro to Psychology Theories of Personality - Intro to Psychology Theories of Personality by David Troy 137,992 views 4 years ago 1 hour, 8 minutes - Another **theory**, on personality is interpersonal

theory, of **psychology**, and basically interpersonal **theory**, looks at our personality as ...

Introduction to Psychology:13.1- Therapy - Overview and Psychotherapy - Introduction to Psychology:13.1- Therapy - Overview and Psychotherapy by Dr. Kristin Atchison 4,026 views 4 years ago 31 minutes - Kristen Atchison here and we are talking about therapies for **introduction**, to **psychology**, course today we're gonna talk about kind ...

Psychodynamic, CBT, Humanistic, and Systemic Psychotherapy (Introduction) - Psychodynamic, CBT, Humanistic, and Systemic Psychotherapy (Introduction) by Psychodynamic Psychology 42,041 views 3 years ago 20 minutes - This is a crisp **introduction**, to the four types of **psychotherapy**, that are generally scientifically recognized around the world: ...

Introduction

Psychodynamic psychotherapy

Cognitive-behavioral therapy

Humanistic psychotherapy

Systemic psychotherapy

Integrative psychotherapy

Outro

Psychological Disorders: Crash Course Psychology #28 - Psychological Disorders: Crash Course Psychology #28 by CrashCourse 3,720,192 views 9 years ago 10 minutes, 9 seconds - In this episode of Crash Course **Psychology**, Hank takes a look at how the treatment for **psychological**, disorders has changed over ...

Asylums

David Rosenhan's Pseudopatient Experiments

How do we classify psychological disorders?

Psychological Disorders

Deviant Thoughts & Behaviors

Distress & Dysfunction

Medical Model of Psychological Disorder

Biopsychological Approach to Psychological Disorders

The DSM-5

Review & Credits

Psychodynamic, Humanistic, Cognitive and Behavioral Therapy (Approaches to Therapy) - Psychodynamic, Humanistic, Cognitive and Behavioral Therapy (Approaches to Therapy) by Daniel Storage 70,535 views 2 years ago 9 minutes, 53 seconds - In this video, we'll discuss several different forms of **psychotherapy**, including what makes each approach unique as well as a few ...

Forms of Psychotherapy

Psychodynamic Therapy

Person-centered Therapy

Cognitive-Behavioral Therapy

Rational Emotive Therapy

Which Approach is Best?

Mental health — Behaviour disorder, ADHD - Mental health — Behaviour disorder, ADHD by physiciansapply.ca orientation 1,963,824 views 5 years ago 3 minutes, 24 seconds

6 unethical Psychological tricks that should be illegal //Robert Cialdini - PRE - suasion - 6 unethical Psychological tricks that should be illegal //Robert Cialdini - PRE - suasion by LITTLE BIT BETTER 2,791,700 views 1 year ago 16 minutes - 6 manipulation tricks that should be illegal //Robert Cialdini - PRE - suasion Buy the book here: <https://amzn.to/3uWr8ba>.

How To Read Anyone Instantly - 18 Psychological Tips - How To Read Anyone Instantly - 18

Psychological Tips by BRAINY DOSE 10,100,977 views 5 years ago 12 minutes, 6 seconds - If you want to know how to read anyone instantly, use these **psychological**, tips! Upon meeting someone for the first time, it can be ...

Intro

Eye Contact

Eyebrows

Smile

What They Say

Paralanguage

Sideglance

Frequent nodding

Chin and jaw

Posture

Rubbing Hands

Handshake

Leaning in or away

Holding the baby

Crossed arms legs

Shoes

Overall Appearance

Copying Body Language

What I wish I knew before I became a psychotherapist - What I wish I knew before I became a psychotherapist by Doctor Ali Mattu 405,730 views 4 years ago 11 minutes, 3 seconds - I've been doing **psychotherapy**, for the last 15 years. Here are the top 10 things I wish I knew before I became a psychotherapist.

Intro

YOU WILL BE CONSTANTLY HUMBLLED BY HOW MUCH YOU DON'T KNOW

IT IS DEEPLY MEANINGFUL WORK

BEING A THERAPIST IS TOUGH ON YOUR BODY AND MIND

VICARIOUS TRAUMA

COMPASSION FATIGUE

HAVING A LOT OF THERAPIST FRIENDS IS AMAZING

YOU GOING TO DEAL WITH STUPID TURF WARS

MOST THERAPISTS WILL NEVER GET RICH DOING THERAPY

YOU ARE GETTING INTO THE CUSTOMER SERVICE BUSINESS

YOU WILL HAVE A LOT OF INDEPENDENCE

MENTAL HEALTH IS SET TO BE MASSIVELY DISRUPTED

#10: KNOW THE GROWING MARKETS

Understanding Personality Styles - Understanding Personality Styles by Psychodynamic Psychology 3,768 views 11 months ago 17 minutes - Our personality style is the source of strengths and weaknesses and affects all key areas of our life: relationships, work, emotions, ...

Introduction

What is a Personality?

Take the Test: Understanding Your Personality Style

14 Personality Styles

Conscientious (Obsessive-Compulsive)

Self-Confident (Narcissistic)

Devoted (Dependent)

Dramatic (Histrionic)

Vigilant (Paranoid)

Sensitive (Avoidant)

Leisurely (Passive-Aggressive)

Adventurous (Antisocial)

Idiosyncratic (Schizotypal)

Solitary (Schizoid)

Mercurial (Borderline)

Self-Sacrificing (Self-Defeating)

Aggressive (Sadistic)

Serious (Depressive)

Books

Aggressive Child. 1960s psychiatric case study - Aggressive Child. 1960s psychiatric case study by Psychedelics 2,095,031 views 2 years ago 26 minutes - ... that's a very heavy responsibility for a six-year-old isn't it this is dr taylor statton head of **psychiatry**, at montreal children's hospital ...

Vintage Psychiatric Interview | Patient Experiencing Psychotic Anxiety - Vintage Psychiatric Interview | Patient Experiencing Psychotic Anxiety by Mental Health Treatment 295,476 views 3 years ago 8 minutes, 40 seconds - Subtitled in English. Catalogue description: This film adeptly demonstrates the mood, mimicry, gestures, aimless wandering, and ...

Interview: Catatonic Schizophrenic - Interview: Catatonic Schizophrenic by ktrypy1111 24,829,821 views 6 years ago 10 minutes, 8 seconds - Shows a brief interview with a young man, a student, who demonstrates negativism in a catatonic schizophrenic.

Case study clinical example: Session with a client with Bipolar Disorder (fluctuations in mood) -

Case study clinical example: Session with a client with Bipolar Disorder (fluctuations in mood) by Judith Johnson 969,048 views 8 years ago 14 minutes, 51 seconds - Video for use in teaching CBT formulation, aiming to demonstrate some of the triggers, thoughts, feelings and responses linked ... What is Cognitive Behavioral Therapy - What is Cognitive Behavioral Therapy by Kati Morton 942,406 views 10 years ago 10 minutes, 20 seconds - I'm Kati Morton, a licensed **therapist**, making **Mental Health**, videos! #katimorton #**therapist**, #therapy MY BOOKS (in stores now) ...

Intro

What is CBT

Tools

Getting Help - Psychotherapy: Crash Course Psychology #35 - Getting Help - Psychotherapy: Crash Course Psychology #35 by CrashCourse 1,917,996 views 9 years ago 11 minutes, 22 seconds - So, you know you'd like to get help with some problematic behavior (like fear of flying). What do you do?

Who can you go to for ...

Introduction: Types of Psychotherapy

Psychodynamic Therapy

Existential-Humanist Therapy

Behavioral Therapy

Cognitive Therapy

Integrative Therapies

Group and Family Therapy

Review & Credits

Intro to Psychology Psychological Disorders - Intro to Psychology Psychological Disorders by David Troy 3,099 views 4 years ago 59 minutes - With **psychology**, you can have a mild depression moderate depression or severe depression right you can have. Mild moderate or ...

Sensation and Perception: Crash Course Psychology #5 - Sensation and Perception: Crash Course Psychology #5 by CrashCourse 4,801,580 views 10 years ago 10 minutes, 46 seconds - Just **what is**, the difference between sensing and perceiving? And how does vision actually work? And what does this have to do ...

Introduction: Face Blindness (Prosopagnosia)

Sensation vs. Perception

Sense Thresholds

How Human Vision Works

Visible Light Spectrum

How the Human Eye Processes Light

Rods & Cones

Human Color Vision

Visual Cortex

Parallel Processing

Review & Credits

PSYCHOTHERAPY - Sigmund Freud - PSYCHOTHERAPY - Sigmund Freud by The School of Life 3,661,932 views 9 years ago 7 minutes, 20 seconds - Sigmund Freud, the inventor of psychoanalysis, appreciated the many ways in which our minds are troubled and anxious. It isn't ...

Intro

The Pleasure Principle

The Reality Principle

The Oral Phase

The Anal Phase

The Phallic Phase

The Oedipus Complex

psychoanalysis

Freudian slips

Psychology 101 Chapter 15 (Psychological Disorders) Lecture - Psychology 101 Chapter 15 (Psychological Disorders) Lecture by Fredy Aviles 6,651 views 3 years ago 1 hour, 12 minutes - Fredy Aviles: This is **psychology**,. This is why I'm telling you this is a very dangerous thing. He will not concede the election he will ...

Psychiatry Lecture: Introduction to Psychotherapy - Psychiatry Lecture: Introduction to Psychotherapy by Psychiatry Lectures 60,597 views 9 years ago 38 minutes - A presentation on '**Introduction**, to **Psychotherapy**,' that systematically gives an **overview of**, the following: 1. Freudian concepts: ...

1. Freudian concepts

2. Defence Mechanisms
3. Jungian Analytical Psychology
4. Kleinian Object Relations Theory
5. Group Psychotherapy
6. Therapeutic Communities
7. Family Therapy
8. Other Psychotherapies (both historical and modern ones)
9. Cognitive Behaviour Therapy (CBT)

The presentation finishes with a set of 5 self-assessment MCQs.

Psychodynamic Theories - Psychodynamic Theories by Diane R. Gehart, Ph.D. 131,279 views 8 years ago 53 minutes - 2 Free CEs per year when stay connected with me at the Institute for Therapy that Works: ...

Intro

Lay of the Land

In a Nutshell: The Least You Need to Know

Transference and Countertransference

Listening, Interpretation, & Working Through

Psychodynamic Psychotherapy

The Therapeutic Relationship

Level of Consciousness

Structures of the Self

Drive Theory

Psychosexual Stages of Development

Symptoms as Intrapsychic Conflict

Defense Mechanisms

Erickson's Psychosocial Stages of Development

Objects Relations Theory

Narcissism and Self-Objects

Relational Matrix

Unconscious Organizing Principles and Culture

General Goals of Psychoanalysis

Interventions

Research and the Evidence Base

Working with Diverse Populations

What is Cognitive Behavioral Therapy? - What is Cognitive Behavioral Therapy? by Psych Hub 803,599 views 4 years ago 3 minutes, 59 seconds - CBT is an evidence-based treatment that can help people with depression, anxiety, panic attacks, hard relationships, and many ...

Psychology 101 Chapter 16 (Therapies) Lecture Part 1 - Psychology 101 Chapter 16 (Therapies) Lecture Part 1 by Fredy Aviles 1,977 views 3 years ago 39 minutes - Okay so **psychological**, techniques to treat **psychological**, disorders. It's called **psychotherapy**, because it's for the mind and therapy ...

Types of Treatment: Psychoanalytic, Humanistic, & Behavioral (Intro Psych Tutorial #240) - Types of Treatment: Psychoanalytic, Humanistic, & Behavioral (Intro Psych Tutorial #240) by PsychExamReview 22,012 views 4 years ago 22 minutes - www.psychexamreview.com In this video I describe how treatments can broadly be categorized into biomedical treatments and ...

Introduction

Humanistic

PersonCentered Therapy

Gestalt Therapy

Behavioral Therapy

Exposure Therapy

Exposure Therapy Alternatives

Operant Conditioning

Token Economies

Psychiatry and Psychology - Part 1: Introduction to Department and Team - Psychiatry and Psychology - Part 1: Introduction to Department and Team by Mayo Clinic 13,559 views 10 years ago 27 seconds - Dr. Mark Frye, chair of Mayo Clinic's Department of **Psychiatry, & Psychology**, in Rochester, Minn., provides a brief **introduction**, to ...

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