

Past Lives With Gems And Stones

[#past lives](#) [#gemstones](#) [#healing crystals](#) [#spiritual stones](#) [#reincarnation and crystals](#)

Explore the mystical link between your past lives and the profound power of gems and stones. Discover how these beautiful crystals can reveal hidden memories, facilitate spiritual healing, and help you embrace ancient wisdom for personal transformation and growth in your present journey.

Each journal issue is carefully curated to ensure scholarly integrity and originality.

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Past Lives with Gems and Stones

Explore Past Lives with Gems & Stones For the first time in her years of private practice, Dr. Shelley Kaehr reveals never before published case histories of clients who reported significant past life experiences involving various gems and stones, or used stones and minerals to enhance the regression experience. She shares important insights about the hypnosis process and how this can be enhanced using energy healing techniques with gems and minerals and shares a past life journey the reader can try at home. "An important contribution to the field of regression therapy filled with fascinating case histories. I really enjoyed this book!" Brian Weiss, M.D., Author of Many Lives, Many Masters "Dr. Shelley Kaehr has written a sensitive book about past life regression and other healing modalities. Highly recommended for those devoted to a spiritual path." Raymond Moody, M.D., Author of Life After Life Shelley Kaehr, Ph.D. is one of the world's leading authorities on energy-healing and mind-body medicine and author of numerous books on the subjects of past life regression and energy healing with gemstones. Visit Shelley online: www.shelleykaehr.com

Healing with Gemstones

Healing with Gemstones is a compiled manual that shows you what gemstones can be used to assist in healing. God said that he has "given us everything we need to heal ourselves." The gemstones are not to replace medicine but to assist with the healing process. Every chemical that is on this planet is in our bodies, and when we start having problems (pains, etc.), it is usually because, as we age, our bodies start losing some of these chemicals. Wearing the gemstones puts the needed chemicals back in our bodies gently. I have made over 450 pieces of healing jewelry to date and have had only 7 that had a negative reaction to a gemstone. I exchanged it with another gemstone, and it worked well. There are four sections in the book. Section 1 is on the ailments and the gemstones that may help Section 2 is the gemstones, their countries of origin, and their properties Section 3 is on the chakras and shaman stones Section 4 is healing gemstones for pets. I hope you find this book interesting and helpful.

How To Uncover Your Past Lives

Have you ever experienced a feeling of déjà vu . . . or had recurring dreams of a particular place or time . . . or felt instantly close to some person? All these experiences provide clues to past lives. With How To Uncover Your Past Lives, you'll learn how knowledge of past lives can help you gain clear insight into your spiritual purpose for this lifetime. Popular author Ted Andrews teaches you how to safely and easily explore past-life memories using self-hypnosis, meditation, dowsing, fragrance, and crystals. Discover how to: Use past-life awareness as a tool for spiritual growth Recognize soul mates and their role in

your life Understand the true meaning of a twin soul Let go of self-defeating behaviors and beliefs from past lives Gain insight into your life's purpose

Gemstone Journeys

Discover the Healing Power of Gemstones! You will learn how and why gem healing works, the healing properties of dozens of stones, and practice the Ancient Art of Laying-on-of-Stones. Practical knowledge and intuitive wisdom are combined with beautiful photographs.

Crystals for Karmic Healing

A detailed guide for using crystals and gemstones to resolve negative karma and discover your soul's purpose • Details the spiritual and chemical interpretations of more than 50 healing stones as well as fossils, flint, and amber • Offers advanced crystal exercises for past-life regression, cutting karmic cords, releasing cellular memories, and accessing the Akashic Records • Demonstrates how to use crystal grids and layouts for healing karma and how to seek assistance from angels and other divine beings As direct geometrical expressions of the Divine, crystals have the ability to work upon the soul at the deepest levels. The more mindfully and conscientiously we spend time with these crystalline forms, the more crystalline we become in terms of our spiritual bodies and their inner, holographic perfection. As potent catalysts of elevated consciousness and overall spiritual growth, crystals and gemstones offer a powerful resource for resolving negative karma patterns and realigning you with the light of your soul's purpose. Detailing the spiritual and chemical interpretations of more than 50 healing stones, as well as fossils, flint, and amber, Nicholas Pearson guides readers through the how and why of resolving karmic knots and obstructions with the help of crystals. He offers hands-on crystal meditations and demonstrates how to use crystal grids and layouts for healing karma. He explains how to cleanse and program stones and shares more advanced crystal exercises for past-life regression, cutting karmic cords, releasing off-world karma and cellular memories, and accessing the Akashic Records to reveal your soul's blueprint and rewrite its contracts with higher powers. Explaining how to incorporate color, chakra therapy, gem elixirs, and dreamwork in your karmic crystal practice, Pearson also explores how to access the Violet Flame of spiritual alchemy, the Seventh Ray, to transmute restrictive karmic patterns. He introduces the Lords of Karma and other spirit guides, gods, goddesses, and angels who can help with karmic healing. He offers guidance on what stones are appropriate for everyday wear and on working with crystal skulls, Lemurian seed crystals, shungite, and time link crystals. The author also explains how crystals can be used to resolve planetary karma, releasing us into the next phase in the collective transformation of humanity. Unveiling the inner teachings of the mineral kingdom, Pearson shows that if you work with crystals consciously, reverently, and humbly, your life will transform.

The Book of Stones, Revised Edition

Often dubbed the "crystals bible," this comprehensive reference guide to the spiritual and healing qualities of 455 sacred stones has become the go-to book for looking up the properties of gems and minerals. Each entry includes vivid color photographs for each stone to aid identification and to showcase its beauty, as well as listing its scientific information, its element and chakra correspondences, and the physical, emotional, and spiritual benefits of each stone. Illustrated by gorgeously lit, clear color photos to aid quick identification, the book offers an illuminating alphabetical journey through the mineral kingdom, stone by stone. This new edition of The Book of Stones, the best-selling guide to some of Earth's most beautiful natural objects, is revised to include 76 new entries. The book begins with two introductory chapters detailing advice by authors Naisha Ahsian and Robert Simmons on how to work with crystals and stones--including the concept of crystal resonance and the scientific observation that living organisms (such as ourselves) are liquid crystalline structures. Each entry begins with the stone name and photo, plus its elemental and chakra correspondences, as well as keywords that indicate its properties. Next comes a description of the crystal structure, hardness, history, and known locations of each mineral, plus any relevant legend or lore from the past. Each author then offers their own take and personal insights on the subtle energy properties and spiritual applications of the stone. The entries conclude with summaries of the spiritual, emotional, and physical healing qualities of the stone, and an affirmation for evoking its potential benefits. The book's presentation is straightforward enough to make it an excellent introduction for beginners, yet the level of detail and the depth of research make it an invaluable resource for the most experienced stone practitioners.

Familiar Places

Past Life Regression expert Dr. Shelley Kaehr shares details of her journeys to: Peru, Egypt, India, Nepal & Russia Dr. Kaehr believes the soul is drawn back to familiar places and challenges readers to recall their own past lives as they travel the road of life. Visit Dr. Shelley online www.pastlifelady.com Facebook Fan Page: Past Life Lady Praise for the work of Shelley Kaehr, Ph.D. "Lifestream is an important contribution to the field of regression therapy filled with fascinating case studies. I really enjoyed this book," Brian Weiss, MD, bestselling author of Many Lives, Many Masters "(Lifestream) is recommended reading for all who are devoted to a spiritual path," Raymond Moody, MD, bestselling author of Life After Life

Concordance to the Michael Teachings

Concordance to the Michael Teachings: Topic Index to 28 Published Books about the Spiritual system known as "The Michael Teachings" (Perfect bound edition, updated July/August 2009)

101 Power Crystals

The definitive resource for working with powerful crystals! Sparkling, luminous, and colorful, it is no wonder crystals have always been regarded as a source of power from ancient times to present day. But with the enormous number of crystals now on the market, it is difficult to choose exactly the right stone. In 101 Power Crystals, internationally renowned crystal expert Judy Hall brings together 101 crystals that are powerful across a wide spectrum of uses and suitable for all types of user. Not all crystals suit everyone, and the selection has been specially chosen to offer alternatives and new possibilities that may not have been thought of before. This distinctive collection includes high vibration crystals that experienced crystal practitioners will want to explore as well as those with earthier vibrations that are suited to beginners or those developing their sensitivities. It also features some rare and recently discovered crystals and stones that have not been included in any other volume, such as Aurora Quartz, Que Sera, Trigon Quartz, and Preseli Bluestone. Each entry covers the history, mythology, and symbolism of the crystal in addition to its healing properties and environmental effects. There are crystals and stones for love, health, protection, abundance, and many other powers.

Past Lives in Ancient Lands & Other Worlds

Tap into Long-Forgotten Memories from the Earliest Times in Your Soul History Sharing some of her most exciting client regression sessions, Shelley A. Kaehr invites you to explore past life experiences from ancient Egypt, the Roman Empire, Lemuria, Atlantis, planets beyond Earth, and more. In addition to fascinating case studies, Shelley helps you uncover your soul's earliest experiences and clear out unwanted influences from these times so you can move forward into your brightest future. This book includes more than fifty engaging activities to help you remember and make sense of your soul history. You can create a self-discovery journal, complete a past life regression, identify your purpose, and heal trauma from previous incarnations. By pinpointing where your soul existed in the past, you can find meaningful answers to questions about your present while getting to know your true self better than ever before. Foreword by George Noory, host of Coast to Coast AM

The Crystal Zodiac

A comprehensive guide to crystals and their powers.

Unlock the Magic of Crystals: Heal Your Body and Mind

Unlock the Power of Crystal Healing: Discover the Magic of Crystals and Heal Your Body, Mind, and Spirit! Are you looking for a natural way to promote healing and well-being? Look no further than Unlock the Power of Crystal Healing. This comprehensive guide will show you how to harness the power of crystals to promote physical, emotional, and spiritual healing. Discover the ancient origins and history of crystal healing, and learn how to select the right crystals for your specific needs. Explore the unique properties and energy of different crystals, and find out how to cleanse and charge them to maintain their effectiveness. Unlock the Power of Crystal Healing provides practical tips and techniques for using crystals to promote physical and emotional healing, as well as spiritual growth. Whether you're struggling with physical pain, emotional issues, or seeking to deepen your spiritual practice, crystals can provide powerful support and healing energy. Plus, this guide shows you how to combine crystal healing with other healing modalities, such as acupuncture, massage, or energy work, to enhance the healing process and promote overall well-being. Don't wait any longer to unlock the power of crystal

healing. Get your copy of *Unlock the Power of Crystal Healing* today and experience the magic of crystals for yourself!

Gemstones A to Z

Legendary healer Diane Stein shares her extensive knowledge of gemstones in this concise agate-to-zircon reference. Each listing includes the stone's common name, its corresponding color and chakra, and a concise resume of its healing properties. Stein suggests ways to use stones to support physical and psychic well-being, by simply carrying one in a hand or pocket, wearing it as jewelry, or engaging in more advanced practices like the "laying on of stones." She also presents a glossary of terms designed for beginning students of metaphysical healing practices, and teaches how to clear, dedicate, and maintain crystals to maximize their beneficial effects. A quick reference to 550 gemstones and crystals (including many that are new to the marketplace), and their special healing properties and most helpful applications. Includes diagrams of the Kundalini (physical) and Hara Line (emotional) chakra healing systems for simplified cross-referencing with the stones. Diane Stein's books have sold more than half a million copies and are available in six languages.

Edgar Cayce Guide to Gemstones, Minerals, Metals, and More

The psychic readings of Edgar Cayce contained insightful information about the properties and value of a variety of gems, stones, minerals, and other elements. Author Shelley Kaehr, Ph.D., whose own background included the study of gemstones, examines this material by delving into the history and makeup of these magical substances so often mentioned by Cayce. In her book, Kaehr shares with us the wonders of the mineral kingdom, and how and why each stone or mineral is different and reacts differently to various people. Includes an intuitive self-discovery process to finding out which of these powerful minerals works best for you.

Encyclopedia of Reincarnation and Karma

Featuring over 1,200 topical entries arranged alphabetically, this encyclopedia provides diverse and detailed coverage of the related subjects of reincarnation and karma. Its in-depth examination ranges from ancient beliefs to those of the present, incorporating all relevant world cultures. A series of broad thematic entries cover foundational aspects while over a thousand highly focused entries deal with various societies and organizations which support the concepts of reincarnation and karma; specific religious groups, sects, and associations; key individuals both historic and modern; and related beliefs, concepts, and practices.

Blast from the Past

Remember Past Lives and Heal Trauma Without a Regression Session Like many people all over the world, you have probably experienced *Supretrovie*—spontaneous past life recall—and perhaps not even realized it. Now you can turn that experience into an opportunity for transformative healing using this book's impressive collection of research, case studies, and hands-on exercises. Sudden sickness when visiting a specific location, bad vibes when boarding a ship, and unexplainable emotions when meeting someone new are classic examples of *Supretrovie*. *Blast from the Past* shows you how to identify when it happens and use it to explore your previous lives without a regression session. Shelley A. Kaehr, PhD, teaches you how to use gemstones, journaling, and travel to induce past life recall, and she helps you recognize others on a soul level. You'll also learn to cut ties to harmful former lives, resolve lingering trauma, and more. Includes a Foreword by Bryn Blankinship, author of *The Limitless Soul*

Through the Soul

Have you ever wondered about the journey that will take your soul to the current point of your existence? *TROUGH THE SOUL* (past lives) is a compilation of topics such as a reincarnation, past lives, soul mates and regressions. This book lets you experience a story of a desperate cry of subconscious, an involuntary regression through her dreams, which begins a journey to a past lives, to find one's soul mate, set in different eras and characters.....

Book of Why

Best selling author of The Crystal Bible, Judy Hall, shares her experience of over 35 years regressing clients. She shows how decisions made with soul groups in the space between lives - the interlife - explain the way our lives unfold and how we can renegotiate out of date agreements.

Holy Ice

Holy Ice takes us on a breathtaking journey through time, to the heart of the mystery of the crystal skulls. Revered by shamans, held by indigenous peoples, displayed in the museums of the world, the crystal skulls are ancient artefacts that can inspire us to awaken to our power. Change is coming - climate change, pollution - today's environmental crisis shows that the old ways aren't working. We can't stop change, but we can choose to work with it and bring in a Golden Age. In Holy Ice past life memories researched through regression span from Atlantis to the present day, building a cosmic vision for the future. Those who forget the past are doomed to repeat it. Here are the secrets of time.

CRYSTALS, MY RELIGION

This Crystal Book explains various Crystal Terminologies in regards to Reiki, Usui, Karuna, Earth Elements, Arch Angel, Chokurei, Crystal Therapy, Chakra Balancing Therapy, Pyramid Therapy, Pendulum Therapy, Massage Ball Therapy, Angels & Worry Stones, Merkaba's, Healing with Massage Sticks and Wands, Metaphysical Properties, Orgone's / Orgonites & Many More. The beauty of Crystals is that they cover total human body including Mental, Spiritual, Psychological, Physical & Social aspects. In short, they assist us in case of stress, tension, worry, anxiety, depression, diseases, problems, issues, relationships, etc. CRYSTALS CHOOSE THEIR HOME OR DESTINATION AS SOON AS THEY ARE FORMED IN THE EARTHS CRUST – SO BEFORE YOU CHOOSE THEM, THEY CHOOSE YOU AND YES, IT IS 100% TRUE. ALL THE INFORMATION PROVIDED IN THIS BOOK ARE NOT MEANT FOR MEDICINAL PURPOSE – CRYSTALS JUST ASSIST YOU IN MAKING YOUR LIFE JOURNEY EASIER, HEALTHY, WEALTHY, PROSPEROUS, POWERFUL, SPIRITUAL & DIVINE, PROVIDED YOU TRUST THEM. CRYSTALS CONNECTS RELIGIONS; HENCE, THEY ARE A GLOBAL MESSENGER OF PEACE & BROTHERHOOD. WE SINCERELY HOPE THAT YOU FOUND THIS BOOK USEFUL AND THE DETAILS MENTIONED HELPED YOU IMPROVE YOUR LIFE. WE THANK YOU FOR PROVIDING YOUR PRECIOUS TIME IN READING THE BOOK. WE HAVE TRIED TO PUT OUR MIND, BODY AND SOUL INTO IT. www.jet-international.co.in www.orgoneindia.com

Judy Hall's Crystal Companion

With more than 45 years of experience in crystal healing, expert author Judy Hall is a leading authority on the use of crystals for personal and spiritual development. In this stunning book, she presents a curated collection of powerful crystals and beautifully communicates how these extraordinary entities can be employed to enhance our lives. With chapters on the body, heart, mind, spirit, children, karmic clearing, ancestral healing, grounding and protection, and home and environment, and with in-depth descriptions of both the practical and esoteric properties of each stone, Judy Hall's Crystal Companion is essential reading for crystal lovers everywhere. Featuring fresh, new photography and a clean, modern design, this book truly captures the striking beauty of the featured stones. Inside you will find that the colour-coded design ensures the ease of identification and navigation, making the guide suitable for entry-level and experienced crystal workers alike.

Reiki with Gemstones

By connecting Reiki and gemstones therapy, the powers of self-healing are activated in a natural manner.

Past Lives and Borrowed Bodies

With her murder well behind her, Penny has a new adventure to contend with: uncontrollable time travel. And shes made a powerful enemy right off the bat. Claudius, the evil, ancient Roman merchant, needs to get Penny and her abilities as a seer out of the picture, so he sends her jumping in and out of other peoples bodies in a wild race through time. Pennys trip takes her to plague-infested Europe, the hippie era, the Vietnam War, and beyond. Despite the constant change of address (and body and time), Penny still manages to communicate with her allies: the moody and handsome Avery, cowboy Roy, and her vintage-loving angel, Eric. They frantically try to get her back to her new home in Gods garden, but Claudius is a twisted puppet master. He has hidden her in time and has quite

a selection of exhaustive and exhausting misadventures planned for her. But not all is despair and confusion. Penny uses her many skills to comfort people along her journey, and she is reunited with family she didn't know she had eventually experiencing some of her own past lives. Penny's inspiring journey of self-improvement and hard-earned life lessons is another fun ride on the astral plane in this third installment in the popular Afterlife series.

Crystals for Energy Healing

This comprehensive sourcebook of 100 essential crystals for spiritual healing and all-round protection is packed with practical advice and fascinating information. Not only will you find out about the crystal's attributes, legendary power, and holistic benefits, but also about each crystal's specific energy to enhance, heal, or protect you. Crystals are the most natural, empowering force we can work with to promote spiritual balance and protect us from exposure to physical or psychic negativity. For thousands of years, crystals have been used for their powerful healing energy and to protect the wearer from negative forces. The ancient Taoists believed sacred stones vibrated with 'chi' or universal energy; the Greeks and Romans believed they embodied the gods and the planets; indigenous peoples believed they were alive with spirit. Black stones like obsidian have been used for centuries to protect from evil, and amethyst is still considered the power stone of spirituality, creating a protective shield around the body and promoting deeper levels of awareness. Crystals for Energy Healing includes introductory chapters on what crystals are, both their scientific legacy and their magical one; caring for and choosing crystals; and the importance of chakras and color in spiritual healing. There is also a practical chapter about working with these stones specifically chosen for protection and spiritual healing. The alphabetical sourcebook section that follows provides information about the uses and benefits of each crystal listed.

Gemstone Companions

Gem Expert Dr. Shelley Kaehr shares healing properties & color photos of over 30 Stones and how you can use them in your life. Abalone Shell, Agate, Alabaster, Amazonite, Amber, Amethyst, Andaras, Angelite, Anhydrite, Apatite, Apophyllite, Aventurine, Bloodstone, Boji Stones, Calcite, Carnelian, Celestite, Citrine, Coral, Emerald, Fluorite, Garnet, Herkimer Diamond, Infinite, Kyanite, Labradorite, Lapis, Larimar, Lemurian Seeds, Moldavite, Moonstone, Opal, Rhodonite, Rhodocrosite, Rose Quartz, Selenite, Sodalite Visit Shelley online at www.pastlifelady.com

My Reincarnations

This book is about my reincarnations. Like many people I remember having past lives living here on earth. I have sometimes been someone that you may have read about in your history books and other times just your average man on the street which I really prefer. If you remember past lives or you have friends or relatives that remember past lives you may want to read my book. It does explain how and where some of us go after we die and how we return to earth. If you remember doing things that you have not done in your entire life and can't explain it you may want to read my book.

Healing with Flower and Gemstone Essences

Flower essences are actually quite simple to make, and the author describes in detail how to "make your own" and thereby opens up the use of a variety of flowers not generally available on the commercial market. She also details over 200 of her unique flower and gemstone essence combination formulas.

The Beginner's Guide to Crystal Healing

Discover 100 of the most empowering crystals for promoting spiritual balance, protection, and healing. The Beginner's Guide to Crystal Healing, adapted from Ashley Leavy's Crystals for Energy Healing, offers the perfect amount of information for the budding crystal enthusiast, including a range of crystals and their natural attributes, legendary powers, and holistic benefits along with information on each crystal's specific energy and how to channel it for protection and healing. This essential guide features beautiful photography of every stone for clear identification as well as charts and illustrations detailing the basics of crystals for chakras, energy, and psychic healing. You will gain an essential understanding of crystals and how to use them, and help finding the right crystals for your own needs, as you explore: Crystal basics, including what they are, how they work, and some of the common ways to use them How to choose, cleanse, and dedicate your crystals How to incorporate crystal healing into your daily

routine, including affirmations, chakra balancing, crystal grids, and meditations A crystal directory divided into three sections by purpose (emotional healing, spiritual healing and guidance, and shielding and protection) that helps you select the right crystals for each situation and use them effectively Protect your energy-body, change your mindset, and balance your emotions with this easy-to-use crystal guide.

Top Ten Healing Stones of All Time

Gem Expert Dr. Shelley Kaehr reveals the Top Ten stones to use for healing.10 - Rose Quartz9 - Hematite8 - Amethyst7 - Citrine6 - Aventurine5 - Sodalite4 - Lapis3 - Fluorite2 - Serpentine1 - BloodstoneYou'll learn: * How and why gem healing works * How to do sessions on self and othersVisit Shelley online:www.pastlifelady.com

Rock Roles: Facts, Properties, and Lore of Gemstones

The Edgar Cayce readings offer fascinating advice for the use of gems and stones for a variety of life issues and enhancements, such as healing, psychic development, protection, and more. This is a thorough hands-on A-to-Z guide to gems, stones, and other materials Cayce mentioned in the life readings plus more, with suggestions and recommendations for uses. Color photographs will assist in the descriptions and make for a beautiful book!

Edgar Cayce's Sacred Stones

An essential, accessible, and portable volume for using crystals for divination and ritual.

The Crystal Seer

What happens when psychological problems and physical symptoms stubbornly persist even with the most advanced methods of cure? This problem confounded many of psychotherapist Dr. Barbara Stone's clients, who could not shake phobias, addictions, depression, anger, pain, chronic fatigue, and other physical conditions, no matter what they tried. Then, searching deeper realms uncovered links to traumatic past lives and to spirits of the deceased who had not been able to move into the Light because of emotional turmoil. After treating the wounds of these past lives and earthbound spirits, the presenting problems disappeared. This groundbreaking book describes these remarkable stories and the methods used to help people heal. A resource for therapists confronted with these phenomena, this book is also for anyone struggling to understand the origins of persistent patterns of blockage or disease. Best of all, it brings the remarkable breakthrough therapies of Energy Psychology to bear on this difficult area, providing an abundance of tools and techniques for resolving issues whose roots lie in realms other than the present lifetime.

Invisible Roots

A record of past lives experienced through hypnotic regression • Unlocks the primordial memory bank of planetary consciousness • Explores the past lives of spiritual teacher Barbara Hand Clow at sacred sites during historical periods critical to the development of human consciousness • With illustrations by Angela Werneke, illustrator of Medicine Cards • First editions collectively sold 60,000 copies Combined for the first time in one updated and revised volume, the three books of The Mind Chronicles Trilogy--Eye of the Centaur, Heart of the Christos, and Signet of Atlantis--show that all the places, times, and beings we have ever known exist now in our memory banks. Using the mind state produced during 100 sessions of hypnotic regression, Barbara Hand Clow unlocks the primordial memory bank--the records of time in which all humans participate--offering readers critical information to reflect upon now. In The Mind Chronicles, Clow guides readers through 100,000 years of human history, using in-depth experiences of initiations and sacred ceremonies to illuminate the forgotten wisdom of our ancestors. She shows that this ancient knowledge, which is contained deep within all of us, is becoming even more relevant as the Mayan Calendar comes to a close and a new stage of evolution begins.

The Mind Chronicles

The Earth is a treasure chest full of magical tools for healing and alignment. The very ground we walk on is made up of crystals and metals that are vibratory in nature and affect our very being. By learning the properties and vibratory qualities of different stones and metals, we can partner with them to adjust our own personal vibration, align with the pulse of the earth, heal ourselves, and live more authentically. The usefulness of these stones is due to the vibrational frequency they contain -- in the form of light

and color. Just like the color spectrum is measured in density of light, so do stones contain trapped light frequencies, as well as various minerals, which add to their vibratory properties. Since we are made up of vibration, the use of gemstones can assist us in raising our vibration and moving toward a state of health and healing. Learn more about a variety of healing crystals and stones -- including some traditional ones, like emeralds, as well as some that might be new to you, like boji stones. Find out what each stone is commonly used for and how to use it in your life. You can also read about individual experiences with some of these stones. We've also included a Zodiac birthstone guide that indicates which birthstones are associated with each sign of the Zodiac. This guide isn't only useful to help teach you more about your own birthstone, but can be used to rotate through different stones year round in accordance with the best astrological support for each one's strengths. See how much your year can change if you spend time with these 12 different stones and the intention to evolve.

Healing Crystals & Stones

This practical sixth book in the Crystal Prescriptions series covers crystals for karmic clearing, soul integration and healing the family tree. In addition to our own karma, we are hampered by ancestral memories, attitudes and beliefs that are not necessarily ours. Fortunately, some extraordinary new crystals have appeared which help us to quickly and easily break lineages and clear our 'junk DNA', without having to relive the trauma of karmic history. With the assistance of these crystals, and some old favourites, it is possible to heal far back into the genealogical line and our own karmic past. The healing is then projected forward into the future so that generations to come can have the benefit of garnered soul and ancestral wisdom, but without the baggage.

Crystal Prescriptions

Stones of the New Consciousness begins with a new approach to meditation with stones, and to the possibility of conscious relationship with the spiritual beings who express themselves in our world as crystals and minerals. This beautifully designed book examines the most important stones that help accelerate and enhance human evolution. Each entry is illustrated with color photos of exceptional examples. The stones include Moldavite, the extraterrestrial amorphous crystal; Nuummite, the oldest gemstone on Earth; and Circle Stones, the highly energetic Flint found in crop circle formations. Other featured rarities include Nirvana Quartz from the Himalayas and high-vibrational Natrolite from the emerald mines of Russia. Author Robert Simmons includes historical and mythological references for each stone, positing that the fabled Stone of the Holy Grail and the Philosopher's Stone of the alchemists may have physical counterparts among the materials discussed. Simmons presents practices for deepening one's awareness of the stones' gifts--from expanding one's consciousness, to healing, to fulfilling one's personal and collective destiny. While emphasizing direct contact with stones, the book also explores crystal energy tools, energy environments, and applications such as stone elixirs and essences that can aid anyone on a spiritual path.

Stones of the New Consciousness

The author has provided simple and easy to apply instructions in the introduction of this book so that you can make your own flower essences if you so choose. She has also provided information on compatible gemstones as well as background in the chakras (which are each a nexus where various energies come together in the subtle body.) Understanding how to utilize a wider range of flower essences is the key aspect of the current book, which reviews the use of 350 different flowers.

Healing Flowers A-Z

Gem Magic