

Beyond Freedom Talks With Sri Nisargadatta Maharaj beyond Friends

[#Sri Nisargadatta Maharaj](#) [#Beyond Freedom](#) [#spiritual enlightenment](#) [#Advaita Vedanta](#) [#non-duality teachings](#)

Delve into the profound wisdom of Sri Nisargadatta Maharaj through his "Beyond Freedom Talks," offering transformative insights that transcend conventional understanding and even the bonds of friendship. These discussions explore deep spiritual truths, guiding seekers towards liberation and genuine self-realization beyond all limitations.

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Beyond Freedom - Talks with Sri Nisargadatta Maharaj

Experience afresh, the true essence of his teaching Recently, some long-forgotten tapes of Nisargadatta Maharaj's talks were unearthed from the archives of S. K. Mullarpattan, Maharaj's interpreter for the longest time. These tapes contained recordings of some of Maharaj's talks with seekers, held during the last two years of his life. They capture afresh the essence and flavour of the teachings of this world-renowned Master of Advaita - the Hindu philosophy of Non-duality. These dialogues find a new relevance for our times. For, in one of these talks, Maharaj made a special reference to his earlier book I Am That and said, "That book and whatever was expounded at that time was only relevant for that period. I am speaking differently today. As a matter of fact, this should also have been recorded and published as it is in greater detail, and is emphasizing different aspects." More than 25 years later, that wish of Nisargadatta Maharaj is being fulfilled with the publication of these talks in Beyond Freedom. This is a book all devotees of Maharaj will want to read with ardent fervour and enthusiasm.

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Freedom from Imagination

"A pinprick of 'knowingness' has flashed against the background of my innate 'not-knowingness'. In it appear all the universes." ~ Nisargadatta Maharaj. This book contains a unique collection of quotes by Sri Nisargadatta Maharaj (135 pages, rendered by Prasanna) selected from an original Marathi manuscript, which has never been previously translated.

The Experience Of Nothingness Sri Nisargadatta Maharaja`S Talks On Realizing The Infinite

Sri Nisargadatta Maharaj (1897-1981), a revered master of the Tantric Nath lineage, is an inspiring example of an ordinary family man who attained complete realization of the Infinite. His words carry a rare potency that can jolt the listener or reader into a profound sense of awareness, which at the same time signifies true freedom-the freedom from all fear and mental suffering. In this volume, Nisargadatta clearly demonstrates that logic and spirituality do not necessarily stand in opposition to one another. In a chapter after which this book has been titled, Nisargadatta relentlessly pursues a logical argument with the visitor to its very end.

You Are Unborn

In this newly updated edition of "You Are Unborn\

The Nectar of Immortality

Sri Nisargadatta Maharaj (1897-1981), a revered master of the Tantric Nath lineage, is an inspiring example of an ordinary family man who attained complete realization of the Infinite. Living the absolute nonduality of Being in every moment, he taught that true freedom is a possibility open to every one of us. He drew disciples from all over the world to his humble loft in the tenements of Bombay. Even on the written page, Nisargadatta's words carry a special potency. They subtly push us beyond the ego to our original, pristine and blissful Self, to the rediscovery of Oneness and authentic liberation in our Source.

The Experience of Nothingness

In 'The Experience of Nothingness', Sri Nisargadatta Maharaj shows that spirituality and logic do not have to oppose one another. A master of the Tantric Nath lineage, Nisargadatta has attained knowledge of the Infinite, though he also has a family and participates in daily routine. Written with subtle strength and wisdom, Nisargadatta possesses the ability to communicate what it means and how to attain true freedom from suffering and pain. Perhaps most revealing is the author's quiet and effective assertion that logic is necessary and should be a goal for any spiritual seeker.

I Am that

Discourses of a Hindu religious leader of the Navnath sampradaya.

Explorations Into The Eternal: Forays Into The Teaching Of Nisargadatta Maharaj

This volume reaches beyond the communication of past knowledge to a creative exploration of the teaching of Sri Nisargadatta Maharaj, inspired by the thirst of other seekers for enlightenment.

The I Am Principle

Are you ready for an adventure with Father Ogada? He is going to tear down everything, and he means everything, until we arrive at nothingness, which he too pulls down. The I Am Principle strips you of everything that is not you by making you realize that there is nothing that is not you: you are the One. You are everything you have ever looked for. You know this the moment you stop looking. This is the ancient secret of the I Am Principle.

Consciousness and the Absolute

From the moment we emerge into the world as an infant we begin a journey of experience. We all share the desire to be happy. In this journey we will all experience emotional and physical pain and the loss of what we love. How we meet our losses and pains will determine the amount of peace we have in our lives. If we meet them as the hardened warrior or the defeated victim we live from survival and

peace escapes us. In *Medicine of One*, Lomakayu, spiritual teacher, Soul Dreamer, and the originator of primordial movements for emotional healing, offers us a path to spiritual awareness, self-compassion and freedom that is as simple as a Circle. Using his own unique teachings, personal experience, and poetic language, he shares a path that will enliven, bring clarity, inspire, and fulfill you no matter where you are in life. Allow yourself to open the pages of *Medicine of One* ... breathe in the words ... and slowly grasp all you can from what is written. You will find yourself in a Circle full of deep understanding and self compassion.

Medicine of One

The Ultimate Medicine is not for those who like their spirituality watered down, but for serious students searching for awareness. Sri Nisargadatta Maharaj (1897-1981) lived and taught in a small apartment in the slums of Bombay. A realized master of the Tantric Nath lineage, he supported himself and his family by selling cheap goods in a small booth on the streets outside his tenement for many years. His life exemplified the concept of absolute nonduality of being. In this volume, Maharaj shares the highest truth of nonduality in his own unique way. His teaching style is abrupt, provocative, and immensely profound, cutting to the core and wasting little effort on inessentials. His terse but potent sayings are known for their ability to trigger shifts in consciousness, just by hearing or reading them. "The point is that man freed from his fetters is morality personified. Such a man therefore does not need any moralistic injunctions in order to live righteously. Free a man from his bondage and thereafter everything else will take care of itself. On the other hand, man in his unredeemed state cannot possibly live morally, no matter what moral teaching he is given. It is an intrinsic impossibility, for his very foundation is immorality. That is, he lives a lie, a basic contradiction: functioning in all his relationships as the separate entity he believes himself to be, whereas in reality no such separation exists. His every action therefore does violence to other 'selves' and other 'creatures,' which are only manifestations of the unitary consciousness. So Society had to invent some restraints in order to protect itself from its own worst excesses and thereby maintain some kind of status quo. The resulting arbitrary rules, which vary with place and time and therefore are purely relative, it calls 'morality,' and by upholding this man-invented 'idea' as the highest good—oftentimes sanctioned by religious 'revelation' and scriptures—society has provided man with one more excuse to disregard the quest for liberation or relegate it to a fairly low priority in his scheme of things."

The Ultimate Medicine

Sri Nisargadatta Maharaj (1897-1981), a revered master of the Tantric Nath Lineage, is an inspiring example of an ordinary family man who attained complete realization of the Infinite. Living the absolute nonduality of Being in every moment, he taught that true freedom is a possibility open to everyone of us. These discourses are about Transcendence. The message is clear: Return to what you were before before your so-called birth. Be in that eternity, a state of wholeness. It is changeless reality from which all change has sprung. Maharaj's wisdom is truly partaking of the Gods, because it restores us to our original pristine and blissful condition, the rediscovery of our Source.

Nectar of Immortality

Written seven hundred years ago, Jnaneshwara's *Amritanubhava* is one of India's greatest philosophical and spiritual writings, alongside the *Bhagavad-Gita*, the *Upanishads* and the great texts of Shankaracharya and Kabir. Jnaneshwara opens the spiritual perspective of Absolute Reality by dispelling any duality between our inner divinity and the individuality of our human soul. His astonishingly original discourse alternates the deepest philosophical insights with often amusing analogies to help the understanding without falling into the serious and abstruse trap of didactic treatises. Reading the *Amritanubhava* is, also and above all, a spiritual experience that Jnaneshwara wished for all humanity. Shri Mataji Nirmala Devi praised this masterpiece, stating that Jnaneshwara had described what happens after Self-realization.

Amritanubhava

A worthy successor to I AM THAT Ramesh's most accessible and easy to understand book. An excellent place to start or end your search. It is highly recommended both for the newcomer to Advaita and the more knowledgeable student of the subject.

Seeds of Consciousness

A collection of spontaneous "satsangs," or truths, spoken from Sri H. W. L. Poonja's experience of the highest and yet simplest truth: that we are pure love and consciousness, the totality of existence. Reveals thousands of ways to help us inquire into who we really are, to bring our awareness into the infinity of the moment, and surrender to the wisdom of our Truth.

Consciousness Speaks

The lives of thousands of people have been influenced by Gangaji's teachings. *You Are That* is a collection of her classic offerings, first shared more than a decade ago and now updated to include both original volumes, a new introduction, rare photographs, and new insights. This exquisite special edition delves into natural inquiries about our existence, including the nature of mind, how to expose the core of suffering, and how to overcome the last obstacle of self-doubt. Eloquent and direct, Gangaji guides practitioners of all backgrounds through an examination into the self that often leads to unexpected glimpses of awakening. "this is a moment of reckoning," she teaches. "Do not take this moment casually or trivially. Recognize that for whatever reason, you are aware of the possibility of realizing the truth of yourself as limitless consciousness - you are that!"

Meditations with Sri Nisargadatta Maharaj

Randall Friend has written a book that will resonate with so-called spiritual seekers, but those seekers should beware as this book may challenge their dearest beliefs. Randall looks at the typical spiritual search and our assumptions about ourselves, the universe and the very meaning of spirituality. He then invites us to disassemble our carefully constructed world view and takes us to the very cliff edge of liberation: only to find that there is no cliff... In deceptively simple and direct language 'You are No Thing' avoids spiritual jargon and the rigid, codified practices which so often prove to be distractions from the ever present reality; it points beyond the mistaken notion that we can find what we are seeking outside ourselves or with inner states and experiences.

The Truth Is

The Nisargadatta Gita was first released on the internet in February 2008; since then it has been acclaimed worldwide as one of the best expositions of the teachings of Sri Nisargadatta Maharaj, and used as a meditation manual by many. The essence of the teaching has been expressed in a very clear and lucid style. The Nisargadatta Gita has only one chapter 'I AM', which consists of 231 condensed quotes of Sri Nisargadatta Maharaj along with a short commentary on each quote. These quotes have been prepared from a collection of 572 'I AM' quotes compiled from 10 main books (Beginning with 'I Am That') which cover almost all the recorded dialogues of Sri Nisargadatta Maharaj. This third edition is the first official printed version and has an appendix titled *I Am That - A Realization*, which is a tribute to the Guru by his disciple.

You Are That

A powerful life-transforming book that answers the ultimate questions of "Who am I? Why am I here? What is the purpose of existence?" Never before has Truth been revealed in such a simple, direct and pragmatic way. A roadmap to Self-Realization. This is a direct line to truth, your truth!

You Are No Thing

This book is a compilation of unpublished talks with the contemporary Indian sage, Nisargadatta Maharaj. Recorded in the late 1970s and early 1980s, it represents some of the fundamental teachings of this important sage. All of the sayings point the reader back to the truth of one's true nature--one of undying peace and happiness. Many contemporary teachers, such as Lama Surya Das, Wayne Dyer, and Jack Kornfield, draw on the words of Nisargadatta for inspiration and clarification. These wisdom-teachings are combined with photos of Maharaj and some of the locations he lived in in Bombay and the surrounding area. This book is a spiritual journey back to the source of true and abiding peace and happiness. Nisargadatta Maharaj was a simple family man, and owner of a cigarette shop. The beauty of his teachings lie in their remarkable clarity and wisdom, which is borne of the highest realization and spiritual understanding.

The Nisargadatta Gita

"This is a book of revealed knowledge of the highest order. Written in rhyming couplet verse, it gives us the cream of the author's message, and is in accordance with the fundamental teachings of all the revealed religions of the world. This inspiring and uplifting book presents an interpretation of the phenomenon of existence that is truly amazing, in a form which is the hallmark of genuine revelation. This amazing book gives us a picture of the incredible power of the cosmic life-energy that is Kundalini." -- Amazon.

Selfless Self

"Living the Life That You Are weaves together psychology, ancient wisdom, and honest personal reflections into a coherent and inspiring whole. If loneliness is the great disease of the modern age, then Nic's heartfelt plea for self-love is much-needed medicine." —Jeff Foster, author of *Falling in Love with Where You Are* When you feel isolated and alone, the world can seem like an enormously unfamiliar, confusing, and scary place. You may get caught up in your own thoughts and feelings, and even avoid connecting with others out of fear of being criticized, misunderstood, or uncomfortable—which only leads to more isolation and loneliness. This cycle can be hard to break, but you are not doomed to endure this painful condition of feeling lost and alone. This book can help you find authentic peace, confidence, and connection with all that is, right here and now. *Living the Life That You Are* examines the modern-day dilemma of loneliness, revealing that its root cause is the belief that we're all separate individuals bound by personal limitations. We feel disconnected and incomplete, assuming that life's fullness exists somewhere out there, and that we must be, do, or have more for lasting fulfillment. But the truth is, despite our limited appearance, we are actually boundless. There is no divide between our internal and external worlds. This is the ancient philosophy of non-duality—we are the wholeness we are seeking. The life that you are is all that is right now: every texture, flavor, fragrance, sight, and sound in their abundance. Using radical mindfulness—a combination of mindfulness and non-dual self-inquiry—this book will guide you toward awakening to the transformative truth and love that is your foundational being. By learning to observe, acknowledge, and question your experience without censorship or prejudice, your sense of being lost and alone will give way to an enriching and comforting state of communion with all. Includes music downloads for a radically mindful soundtrack

The Wisdom-teachings of Nisargadatta Maharaj

Nisargadatta Maharaj is undoubtedly the Ultimate Alchemist and his non-dual teachings, the Ultimate Alchemy. This book is a live satsang with Satguru Sri Nisargadatta Maharaj, covering rare and unpublished conversations with Sri Nisargadatta Maharaj which have been transcribed by his evening translator, Mohan Gaitonde, who had the privilege of being with him from 1979 to 1981. The flavor of these talks is heightened by the fact that Mr. Gaitonde, being well-versed with Marathi, the language Maharaj spoke, is able to convey all the subtle nuances of Maharaj's potent words of wisdom. Nothing is Everything is indeed Nisargadatta Maharaj's ultimate blessing for the ardent seekers.

The Riddle of Consciousness

The Essential Teachings of Ramana Maharshi contains concise, compelling aphorisms that reflect the essence of his teachings. These profound sayings, set against a background of exceptional photographs, help us experience the deep meditative silence which is our natural state. This compilation of wisdom teachings is based in the truth of nonduality and reveals that whichever path we follow, we can realize the profound peace of our infinite nature by turning our attention to the fundamental question that lies at the heart of all spiritual teachings, "Who Am I?"

Living the Life That You Are

Dr. Powell is widely recognized as one of the most inspired writers on the subject of Advaita, the teaching of non-duality. Here he takes the reader on a journey beyond the realm of the ego, beyond the illusion of subject and object, good and bad, high and low, to the ground on which the manifest universe rests.

Nothing Is Everything

This book is a newly revised edition of spiritual dialogues with Shri Ranjit Maharaj. Until now, the talks in this book were available only from India in two separate volumes. Here the two previously released volumes of *Illusion vs. Reality* are now available inside one cover. In this new edition of talks originally

transcribed by Robert Wolff from recordings dating from 1996 to the year 2000, the reader will find the clear and direct spiritual instruction given by Shri Ranjit Maharaj on Non-Duality, Self-Knowledge, and Final Reality. Ranjit Maharaj's message is refreshingly simple and easy for the western mind to comprehend. Like a modern day Zen Master, his words tear down the veil of Illusion. This book can truly be a valuable aid to any serious spiritual aspirant for gaining the knowledge of one's True Self. (256 Pages)

The Essential Teachings of Ramana Maharshi

B&W version of 2nd ed. A collection of Mooji's essential pointings, each with the power to reveal our true nature as the pure, timeless Being. This 2nd edition has been masterfully refined to provide the most direct, universal guidance. Powerful new quotes and Self-realisation guidances are included plus new photographs and brush drawings by Mooji

Dialogues on Reality

Praise for Happiness Beyond Thought "Husband, father, scientist, military officer, and senior executive in industry and academia, Gary Weber has led a full and successful worldly life. Throughout all of this, Gary has relentlessly pursued a path of practice and inquiry in order to understand life and achieve enlightenment. It is rare to find one who has reached this goal, and rarer still to find such a one who has been so immersed in worldly life. With this book, Gary has successfully integrated his profound realization with traditional non-dualistic teachings, as well as insights from Zen Buddhism and modern brain research, into a practical path that uses Yoga's time-tested practices of asana, pranayama, chanting and meditation to illumine a path to enlightenment for the modern reader." -Gary Kraftsow, author of Yoga for Wellness and Yoga for Transformation "Gary Weber offers a treasure chest of practices for the serious practitioner seeking liberation. On your own journey towards awakening, savor these simple, easy to follow practices culled from Weber's study with his primary teacher Ramana Maharshi, his on-going exploration of Zen meditation practice, and the life-enhancing results of his experiments on the laboratory floor of his yoga mat." -Amy Weintraub, author of Yoga for Depression

Illusion Vs. Reality

An intimate account of spontaneous spiritual enlightenment and its implications in a life lived beyond the individual self.

White Fire (2ND EDITION)

Your self, aware presence, knows no resistance to any appearance and, as such, is happiness itself; like the empty space of a room, it cannot be disturbed and is, therefore, peace itself; like this page, it is intimately one with whatever appears on it and is thus love itself; and like water that is not affected by the shape of a wave, it is pure freedom. Causeless joy, imperturbable peace, love that knows no opposite, and freedom at the heart of all experience...this is your ever-present nature under all circumstances.

Happiness Beyond Thought

Jean Dunn was one of Nisargadatta's closest devotees. These are her original journals covering 1977-1981 when she was with the Master. They offer great insights into Sri Nisargadatta's highest teachings, during the last period of his life. They reveal Jean Dunn's closeness with her Guru and her journey from illusion to Reality. A riveting read!

Perfect Brilliant Stillness

Have you ever done non-dual inquiry and said to yourself, "I understand it intellectually, but I don't feel it. It's not my experience!" If so, The Direct Path, inspired by Sri Atmananda (Krishna Menon), could be for you. This book is the "missing manual" to the Direct Path. For the first time in print, Direct-Path inquiry is presented from beginning to end and beyond, in a user-friendly way. The core of the book is a set of forty experiments designed to help dissolve the most common non-dual sticking points, from simple to subtle. The experiments cover the world, the body, the mind, abstract objects, and witnessing awareness. You are taken step-by-step from the simple perception of a physical object all the way to the collapse of the witness into pure consciousness. Your takeaway is that there's no experiential doubt that you and all things are awareness, openness, and love. Also included are three tables of contents,

illustrations, an index, a section on teaching, and the notion of a “post-nondual realization.” This book can be utilized on its own or as a companion volume to the author’s Standing as Awareness.

Presence, Volume I

The Ultimate Truth Is So Simple. The Simple Message Of Sri Ramana Maharishi, One Of India S Most Revered Spiritual Masters, Whose Teachings, Forty Years After His Death, Are Speaking To Growing Audiences Worldwide. Be As You Are, Edited By The Librarian At The Sage S Ashram-Still Flourishing-At The Foot Of The Holy Mountain Of Arunachala, Is A Compendium Of Those Riches As Bequeathed Personally To Pilgrims Hungry To Discover What Is The Ultimate Truth . Nothing More Than Being In The Pristine State. That Is All That Need Be Said, Declared Sri Ramana. Indeed It Is Claimed That His Highest Teachings, To Those Capable Of Receiving Them, Consisted Of Nothing But Silence During Which He Transmitted A Silent Flow Of Power Enabling Individuals To Experience, Directly, What He Meant By Enlightenment. This Book Is For Those Of Us Who Would Remain Perplexed, But Enriched By The Silence.

Jean Dunn Journals

Based on a phenomenally popular blog post, a simple and counterintuitive approach to finding true joy When Luminita Saviuc, founder the PurposeFairy blog, posted a list of things to let go in order to be happy, she had no idea that it would go viral, shared more than 1.2 million times and counting. Based on that inspiring post, this heartfelt book gives readers permission to give up--that is, to let go of the bad habits that are holding them back from achieving authentic happiness and living their best lives. Lessons include: · Give Up the Past · Give Up Your Limiting Beliefs · Give Up Blaming Others · Give Up the Need to Always Be Right · Give Up Labels · Give Up Attachment Simple yet wise, and informed by the author's own inspiring personal journey, this liberating little book presents a fresh twist on happiness advice: take a step back to reflect, and give yourself permission to let things go. Includes a foreword by Vishen Lakhiani, New York Times-bestselling author of The Code of the Extraordinary Mind and founder and CEO of Mindvalley.

The Direct Path

Gautam Sachdeva first visited the Advaita sage Ramesh Balsekar in February 2000, and has been attending his talks ever since. Over a period of eight years, he also found himself taking on the role of a publisher, working intimately with Ramesh in the process of publishing some of his books. In May 2007, Gautam wrote an article in Life Positive, India's leading spiritual magazine, as a tribute to Ramesh on his 90th birthday. With the heartwarming response from readers to this article, and Ramesh's suggestion to make it into a booklet, he then put down what he considered the core of the teaching as presented by Ramesh - to seekers from all over the world - in his morning talks. This book is a summation of the core concepts in the "spoken word" of Ramesh, as if he were walking the seeker through his entire teaching in one morning talk. This is what Pointers From Ramesh Balsekar is about - pointers to dealing with life's situations, its pleasures and pains, with equanimity and peace of mind - from one of the world's leading Advaita sages.

Annamalai Swami

Be As You Are