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El ABC de la iluminación

Como sabe cualquiera que haya tratado de describir las experiencias interiores, o de distinguir entre fenómenos tan sutiles como la conciencia, la meditación y el funcionamiento ordinario de la mente, las palabras habituales a nuestro alcance tienen importantes limitaciones. El mundo interior necesita su propio vocabulario. Osho es un maestro a la hora de crear un lenguaje capaz de describir los eventos y sentimientos del mundo del espíritu de modo sencillo, poco pretencioso y claro. El ABC de la iluminación introduce un vocabulario, tanto tradicional como actual, redefinido y actualizado, que será de incalculable ayuda para el buscador de hoy.

El ABC de la iluminación

No cualquier libro pasa a convertirse en una guía y un texto de cabecera para quienes lo han comprado. Se necesita una capacidad preclara de exponer un tema y explicar sus ramificaciones de manera concisa y lo suficientemente detallada como para que pueda el lector entenderla correctamente y usar el conjunto de conocimientos impartidos; por esta razón el libro que ahora usted lee es tan importante, porque aquí se ha desarrollado la capacidad comunicativa suficiente para expresar aquel mundo interior del ser humano, que requiere su propio lenguaje, y que a través de estas páginas está siendo transmitido. Su autor es un maestro a la hora de crear un lenguaje sencillo y didáctico, que describa eventos y sentimientos del mundo del espíritu. Es éste un extraordinario diccionario espiritual, que incluye términos tradicionales y contemporáneos redefinidos y reinterpretados para el buscador de hoy.

El ABC de la Iluminación

The inner world needs its own vocabulary, and Osho is a master of creating a language to describe experiences of the inner world that is simple, unpretentious and clear. 'The ABC of Enlightenment' is not just a dictionary but a book on life itself. It contains concise quotes by Osho on a large variety of topics. For those who are unfamiliar with him, this is an easy introduction to his way of life and also an

entertaining reference book. From 'Absolute' to 'Zen' Osho is never at lack of profoundness and both traditional and contemporary issues are redefined and reinterpreted for a contemporary understanding.

The ABC of Enlightenment

Understand the life and teachings of Osho, one of the twentieth century's most unusual gurus and philosophers, in *Autobiography of a Spiritually Incorrect Mystic*. In 1990, Osho prepared for his departure from the body that had served him for fifty-nine years—in the words of his attending physician—"as calmly as though he were packing for a weekend in the country." Who was this man, known as the Sex Guru, the "self-appointed bhagwan" (Rajneesh), the Rolls-Royce Guru, the Rich Man's Guru, and simply the Master? Drawn from nearly five thousand hours of Osho's recorded talks, this is the story of his youth and education, his life as a professor of philosophy and years of travel teaching the importance of meditation, and the true legacy he sought to leave behind: a religion-less religion centered on individual awareness and responsibility and the teaching of "Zorba the Buddha," a celebration of the whole human being. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Autobiography of a Spiritually Incorrect Mystic

Yoga is now internationally an integral part of our health-conscious cultural landscape. It is practiced by millions for health and fitness reasons. While Yoga is seen and practiced mostly as a body exercise program, the interest in the philosophical and spiritual dimension of Yoga is growing. This book introduces us to Patanjali, the founder of ancient Yoga in India. It takes us step by step into a deeper understanding of the essence and origins of Yoga. Osho introduces and unlocks Patanjali's ancient sutras, revealing how contemporary this ancient message truly is. It quickly becomes clear that we are just on the cusp of a gaining a much deeper understanding of Yoga and its place in our evolving world. Surprisingly, the mind even more than the body is the focus of Patanjali's teaching. He says: "Yoga is the cessation of mind." As Osho says: "This is the definition of Yoga, the best definition. Yoga has been defined in many ways; there are many definitions. Some say Yoga is the meeting of the mind with the divine; hence, it is called yoga – yoga means meeting, joining together. Some say that Yoga means dropping the ego, ego is the barrier: the moment you drop the ego you are joined to the divine. You were already joined; it only appeared that you were not joined because of the ego. There are many definitions, but Patanjali's is the most scientific. He says: Yoga is the cessation of mind. "What is the mind? What is the mind doing there? What is it? Ordinarily we think that mind is something substantial there, inside the head. Patanjali doesn't agree, and no one who has ever known the inside of the mind will agree. Modern science also doesn't agree. Mind is not something substantial inside the head. Mind is just a function, just an activity."

The Path of Yoga

Taoist teachings on life and existence—presented by one of the best-known and provocative spiritual teachers of our time In this unique series of discourses, Osho unravels *The Secret of the Golden Flowers*, an ancient text that he describes as the essence of Taoism. It is the core of all religions and spiritual paths, belonging to no one and belonging to all. More than 2,500 years old, this remarkable text continues to be as relevant today as it was to its contemporaries. Osho demystifies the important terms used by the Chinese mystic Lu Tsu and shares his meditation exercises. He also outlines the qualities of animus and anima—our male and female energies—as delineated by Lu Tsu, explaining the importance of their relationships inside each of us. He also provides many valuable techniques and gives specific instructions on the Taoist Golden Light Meditation, which involves harmonizing the male and female elements and transmuting sexual energy. A timeless collection of Osho's talks on *The Secret of the Golden Flower*, this book will show you how to not remain a seed but to become what the Chinese called 'a golden flower.' Called the 'one thousand-petaled lotus' in India, the golden flower is a symbol that represents perfection, totality. It represents the actualization of potential—the beauty, the grandeur, and the splendor of being.

The Secret of Secrets

Argues that present forms of political and economic structures in the global economy have led to income inequality, displacement of populations, and the destruction of land and water resources and pose dire consequences for countries around the world in the future.

Expulsions

In this remarkable book lies the secret to fulfillment on all levels of our lives... With clear and simple wisdom, Deepak Chopra explores the full meaning of wealth consciousness and presents a step-by-step plan for creating affluence. According to Chopra, affluence is our natural state, and the entire physical universe with all its abundance is the offspring of an unbounded, limitless field of all possibilities. Through a series of A-to-Z steps and everyday actions, we can learn to tap into this field and create anything we desire. From becoming Aware of all possibilities to experiencing Zest and joy in life, these uncommon insights gently foster the wealth consciousness needed to create wealth effortlessly and joyfully.

Creating Affluence

Filmmaker Alejandro Jodorowsky's insights into the Tarot as a spiritual path • Works with the original Marseille Tarot to reveal the roots of Western wisdom • Provides the key to the symbolic language of the Tarot's "nomadic cathedral" • Transforms a simple divination tool into a vehicle for self-realization and healing Alejandro Jodorowsky's profound study of the Tarot, which began in the early 1950s, reveals it to be far more than a simple divination device. The Tarot is first and foremost a powerful instrument of self-knowledge and a representation of the structure of the soul. The Way of Tarot shows that the entire deck is structured like a temple, or a mandala, which is both an image of the world and a representation of the divine. The authors use the sacred art of the original Marseille Tarot--created during a time of religious tolerance in the 11th century--to reconnect with the roots of the Tarot's Western esoteric wisdom. They explain that the Tarot is a "nomadic cathedral" whose parts--the 78 cards or "arcana"--should always be viewed with an awareness of the whole structure. This understanding is essential to fully grasp the Tarot's hermetic symbolism. The authors explore the secret associations behind the hierarchy of the cards and the correspondences between the suits and energies within human beings. Each description of the Major Arcana includes key word summaries, symbolic meanings, traditional interpretations, and a section where the card speaks for itself. Jodorowsky and Costa then take the art of reading the Tarot to a depth never before possible. Using their work with Tarology, a new psychological approach that uses the symbolism and optical language of the Tarot to create a mirror image of the personality, they offer a powerful tool for self-realization, creativity, and healing.

The Way of Tarot

Buddha Is Merciless. Nobody Has Ever Opened The Doors Of Reality So Deeply, So Profoundly As He Has Done. He Does Not Allow You Any Childish Desires. He Says: Become More Aware, Become More Conscious, Become More Courageous. Don'T Go On Hiding Behind Beliefs And Masks And Theologies. Take Your Life Into Your Own Hands. Burn Bright Your Inner Light And See Whatever Is. And Once You Have Become Courageous Enough To Accept It, It Is A Benediction. No Belief Is Needed. That Is Buddha'S First Step Towards Reality, To Say That All Belief Systems Are Poisonous; All Belief Systems Are Barriers. Osho Buddha'S Teaching Is A Way Of Life, Not A Way Of Belief. His Teaching Is Very Scientific, Very Empirical, Very Practical. He Is Not A Philosopher, Not A Metaphysician. He Is A Very Down-To-Earth Man. Buddha Says: You Can Change Your Life Beliefs Are Not Needed. In Fact, Beliefs Are The Barriers To Real Change. Start With No Belief, Start With No Metaphysics, Start With No Dogma. Start Absolutely Naked And Nude, With No Theology, No Ideology. Start Empty! That Is The Only Way To Come To Truth. Osho

Buddha: His Life And Teachings

A Guide To Understanding The Essential Woman A Woman, According To Osho, Is A Mystery; Trying To Understand Her Is Futile. In This Book, Based On His Discourses, Osho Talks About Woman Not In His Capacity As A Man, But As A Consciousness, An Awareness . In Order To Find Her True Potential, He Says, A Woman Should Search Within Her Own Soul And Rebel Against Any Repression. Unless You Have A Rebellious Soul, You Are Not Alive In The True Sense Of The Word. Osho Talks About Various Issues Like Motherhood, Relationships, Family And Birth Control. Questioning The Concept Of Marriage, He Says It Is The Ugliest Institution Invented By Man As Its Aim Is To Monopolize A Woman.

He Is Equally Critical Of The Institution Of Family Which Corrupts The Human Mind. A Woman, He Says, Should Not Imitate Man: Rejoice In Your Feminine Qualities, Make A Poetry Out Of Them. The Perfect State Of Being, According To Osho, Is A Synthesis Between The Head And The Heart, With The Heart Remaining The Master. The Rare Sensitivity Of Osho S Words Will Appeal To Both Men And Women.

The Book of Woman

What Is Love? In this thoughtful, provocative work, Osho—one of the most revolutionary thinkers of our time—challenges us to question what we think we know about love and opens us to the possibility of a love that is natural, fulfilling, and free of possessiveness and jealousy. With his characteristic wit, humor, and understanding, Osho dares us to resist the unhealthy relationship patterns we've learned from those around us, and to rediscover the meaning of love for ourselves. "By the time you are ready to explore the world of love, you are filled with so much rubbish about love that there is not much hope for you to be able to find the authentic and discard the false." By answering the questions that so many lovers face, Osho shares new ways to love that will forever change how you relate to others, including how to:

- Love without clinging
- Let go of expectations, rules, and demands
- Free yourself from the fear of being alone
- Be fully present in your relationships
- Keep your love fresh and alive
- Become a life partner with whom someone could continue to grow and change
- Surrender your ego so you can surrender to love

Being in Love will inspire you to welcome love into your life anew and experience the joy of being truly alive by sharing it.

The Mustard Seed

An anthology of the complex issues of the ego, ambition, power and destructiveness from the perspective of a contemporary mystic. Osho shows the way to liberation from the illusions of the personality through an internal revolution - the psychology of the Buddhas. The ego is just the opposite of your real self. The ego is not you. It never allows you even a glimpse of your real authentic self, and your life is there, in your authenticity. Hence, this ego only produces misery, suffering, fighting, frustration, madness, suicide, murder -- all kinds of crime.

Being in Love

Meet the new world sensation. It's Tufti. Why is it that nothing seems to work out the way you want it to, despite the fact that you act according to your own free will? You might think that the reason why nothing is working out the way you want, is because that's just how life is. But the real reason things don't work out the way you want them to, is because you aren't acting according to your own free will - you are being directed by a script. Another reason things don't work out the way people want them to, is because they don't know how to take the right action to shape events the way they want. Rather than composing the reality of the upcoming film roll, they tend to battle with the reality they face in the current frame. Reality exists only in the here and now, and what is real is real only to the extent that it has taken place in the material world. You cannot change what has already happened. Yet when you fight with your current reality, that is exactly what you are doing, because everything that surrounds you consists of something that has already happened. If you want to change the script, you have to wake up and come alive inside the movie. Translation from the Russian language by Joanna Dobson

Freedom from Illusion

The runes are said to have "revealed themselves" to von List, uncovering a complete cosmology and esoteric understanding of the primeval Teutonic/Aryan peoples, and becoming the cornerstone of his ideology. No other work so clearly and simply sets forth the full spectrum of von List's fantastic vision of a mystical philosophy based on Germanic principles.

Tao

Bad Men Do What Good Men Dream: A Forensic Psychiatrist Illuminates the Darker Side of Human Behavior provides insights into the minds of rapists, stalkers, serial killers, psychopaths, professional exploiters, and other individuals whose behavior both frightens and fascinates us. The book also works to break down the false separation between "good" and "bad" people—pointing out that this dark side is an essential component of our humanity. Bad Men Do What Good Men Dream cracks open the door

to the dark side and gives readers a look inside. Sometimes frightening, always fascinating, this book will captivate readers from beginning to end.

Tufti the Priestess. Live Stroll Through a Movie

A provocative look at the pursuit of material success and influential power from one of the twentieth century's greatest spiritual teachers. "I want you to be rich in every possible way—material, psychological, spiritual. I want you to live the richest life that has ever been lived on the earth."—Osho
Fame, Fortune, and Ambition: What is the Real Meaning of Success? examines the symptoms and psychology of preoccupations with money and celebrity. Where does greed come from? Do values like competitiveness and ambition have a place in bringing innovation and positive change? Why do celebrities and the wealthy seem to have so much influence in the world? Is it true that money can't buy happiness? These questions are tackled with a perspective that is thought-provoking, surprising—and particularly relevant to our troubled economic times. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

I Am the Gate

Originally published: New Rochelle, N.Y.: Arlington House, 1978.

The Secret of the Runes

One of the twentieth century's greatest spiritual teachers will show you how to quiet your constant, worrying thoughts in *Learning to Silence the Mind: Wellness Through Meditation*. The mind, says Osho, has the potential to be enormously creative in dealing with the challenges of everyday life, and the problems of the world in which we live. The difficulty, however, is that instead of using the mind as a helpful servant we have largely allowed it to become the master of our lives. Its ambitions, belief systems, and interpretations rule our days and our nights—bringing us into conflict with minds that are different from ours, keeping us awake at night rehashing those conflicts or planning the conflicts of tomorrow, and disturbing our sleep and our dreams. If only there was a way to switch it off and give it a rest! Finding the switch that can silence the mind—not by force or performing some exotic ritual, but through understanding, watchfulness, and a healthy sense of humor—is meditation. A sharper, more relaxed and creative mind—one that can function at the peak of its unique intelligence—is the potential. The book includes a link to tutorials on OSHO Nadabrahma Meditation. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Bad Men Do what Good Men Dream

How do you find your original self? Osho perceives man as becoming increasingly alienated from his inner self, gradually losing his natural innocence and creativity in the mindless quest for worldly power and success. To appear strong, the average man suppresses his innate qualities of love and compassion. For Osho, the ideal man is Zorba, the Buddha—a perfect blend of matter and soul. This seamless collection of discourses takes the reader through the various stages of man's evolution: from Adam to Slave, Son, Homosexual, Priest and Politician, until he attains the pinnacle of his consciousness as the Rebel or Zorba. Sparkling with anecdotes and enriched with brilliant repartee, *The Book of Man* is a remarkable blend of wisdom and wit.

Fame, Fortune, and Ambition

The true nature of our minds is enlightened and peaceful, as the depth of the ocean is calm and clear. But when we mentally grasp and emotionally cling to our wants and worries with all our energy, we lose our own enlightened freedom and healing power, only to gain stress and exhaustion, suffering

and overexcitement, like the turbulent waves rolling on the surface of the ocean. Our minds possess the power to heal pain and stress, and to blossom into peace and joy, by loosening the clinging attitudes that Buddhists call "grasping at self." If we apply the mind's healing power, we can heal not only our mental and emotional afflictions, but physical problems also. This book is an invitation to awaken the healing power of mind through inspiring images and sounds, mindful movements, positive perceptions, soothing feelings, trusting confidence, and the realization of openness. The healing principle on which these exercises are based is the universal nature and omnipresent power envisioned in Mahayana Buddhism. Yet for healing, we don't have to be believers in any particular faith. We can heal body and mind simply by being what we truly are, and by allowing our own natural healing qualities to manifest: a peaceful and open mind, a loving and positive attitude, and warm, joyful energy in a state of balance and harmony.

The Death of Christian Culture

Complete practical guide to the chakras, including color, activity, sounds, background information, and techniques for opening them and utilizing their force. A longtime bestselling title in Europe, this is the definitive text in the field.

Learning to Silence the Mind

So much of the experience of everyday life, says Osho in this insightful guide, is shaped by religious and social conditioning — and we are not even aware of the fact. We are constantly being pulled away from the unique nature that is our birthright. In place of that original and unique self, a false self called the "ego" is constructed that eventually gains control of our creativity, our ideas about what it means to be successful, our relationships, and our very experience of who we are. At the same time, he argues, the collection of egos known as "society" shapes our political, educational, and religious institutions, which in turn combine to force the same old patterns onto new generations. In this book, Osho shows how to discard these old patterns in favor of a new and nurturing trinity of watchfulness, awareness, and alertness. The bundled DVD lets readers directly experience the insights of this important modern mystic.

Book of Man

Khalil Rafati went to Los Angeles in the 1990s and had it all. He was working with Hollywood movie stars and legendary rock musicians, but it wasn't long before he found his way into the dark underbelly of the City of Angels. When he hit rock bottom addicted to heroin and cocaine, overtaken by paranoia and psychosis, written off by his friends and family he grabbed a shovel and kept digging. At 33, Khalil was 109 pounds, a convicted felon, high school dropout, and homeless junkie living on the infamous Skid Row in downtown L.A.

In Search of the Miraculous

This comprehensive history analyses the role of labour in the medieval Islamic economy, studies women's and minority labour structures and explores doctrinal and religious approaches to labour. It includes an extensive dictionary of trade and occupational terms.

The Healing Power of Mind

To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, *The Power of Now* is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better.

Chakra Handbook

The human race evolved under the sun, and for thousands of years lived in harmony with its heat and light. Yet over the last fifty years we have lost this close contact with the sun and its healing powers. We have become afraid of it. However the sun is central to our well being and health. Did you know

that:

- designing and building sunlit houses can help prevent disease, make us feel happier and save energy
- sunlight can help prevent and heal many common and often fatal diseases like breast cancer, heart disease, multiple sclerosis and osteoporosis
- before antibiotics, sunlight was used successfully to speed up the healing of wounds
- tanning moderately throughout the year is better than avoiding the sun altogether
- sudden bursts of strong solar radiation are unnatural and dangerous, protection needs to be built up slowly
- early morning sunlight in cool temperatures is particularly beneficial to the body
- sunlit hospital rooms provide a better environment for the treatment of clinically depressed people
- prolonged exposure to artificial light puts the body under great stress
- large numbers of people may be compromising their health through sunlight deficiency
- there is a substantial body of historical and contemporary evidence that suggests moderate sunbathing is far more beneficial than we are currently led to believe

The light and heat from the sun are indispensable to all nature. Humanity is also part of nature and needs sunlight for health and well being, for vitality and happiness. This book explains how and why we should welcome sunlight back into our lives--safely! It shows how sunlight was used to prevent and cure diseases in the past, and how it can heal us and help us in the future. Richard Hobday, MSc, PhD is a member of the British Register of Complementary Practitioners and has studied traditional Chinese Medicine and Chinese exercise systems in China. Dr. Hobday has many years experience of solar design in buildings and is a leading authority on the history of sunlight therapy.

The Magic of Self-Respect

I teach love of life' This was the basis of all of Osho's teachings, and one that was often lost in the controversies that surrounded him for most of his career as a spiritual guide. A man of vast learning who had read everything he could find to broaden his understanding of the belief systems and psychology of modern man, he was at the same time completely original in his approach, insisting on finding out the truth for himself rather than accepting what had been taught by others. Iconoclastic yet persuasive, lucid yet grounded in a wealth of theological knowledge, his message found a worldwide audience. In *Life's Mysteries* the reader is introduced to some of the key tenets of Osho's philosophy. A sampling: Life: I teach the art of living your life totally, of being drunk with the divine through life. Love: If you really want to know about love, forget about love and remember meditation (just as) if you want to bring roses into your garden, forget about roses and take care of the rosebush... In the right time, the roses are destined to come. Sex: If it can give birth to a child, to a new life...you can imagine its potential: it can bring a new life to you too. Enlightenment: You should not make any effort, you should relax and enlightenment comes. Death: To me death is not the end of life but...the very climax...If you have lived rightly, if you have lived moment to moment totally, if you have squeezed out the whole juice of life, your death will be the ultimate orgasm.

I Forgot to Die

"Awaken to the fact that your thought and feeling in the past have built—created—the inharmony of your world today. Arise! I say, Arise! and walk with the Father—the “I AM”—that you may be free from these limitations. Life, in all Its Activities everywhere manifest, is God in Action; and it is only through lack of the understanding of applied thought and feeling that mankind is constantly interrupting the pure flow of that Perfect Essence of Life which would, without interference, naturally express Its Perfection everywhere."

Surrender to Existence

In *Yoga: The Science of the Soul*, one of the greatest spiritual teachers of the twentieth century presents the history and philosophy of this timeless health practice. Much of what is known as yoga today emphasizes physical postures and exercises to increase flexibility and help relaxation. But in fact, yoga has its roots in centuries of rigorous investigation and research in the East to develop an understanding of human consciousness and its potential. In *Yoga*, Osho explains the meaning of some of the most important Yoga Sutras of Patanjali, an early “scientist of the soul” who is credited with being the father of Raja Yoga, or the “royal path” of yoga that uses physical postures and breath primarily as a means to achieve higher states of consciousness. With a fresh translation of these ancient texts, and unique Osho insights into the modern mind and its psychology, Patanjali comes to life on the pages with an approach to using yoga for greater self-understanding that is absolutely relevant to our times. An invaluable resource for beginning or experienced yoga practitioners, and for anyone who seeks to better understand the intricate and powerful relationship that exists between body and mind. Osho challenges

readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the “1000 Makers of the 20th Century” and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages invirtually every country of the world.

Labour in the Medieval Islamic World

A mash-up of revolutionary guerillas and business self help in this hilarious and clever collision of opposites in 1970s Argentina

The Power of Now

The book offers a radically different approach to life and to seeing the world. Short excerpts from Osho are selected to inspire, to provoke, and to trigger a self-reflection that leads to change. It is easy to read but perhaps difficult to digest . . . in essence, it is a meditation book! "The truth that you will find — you will be surprised — is nowhere written, cannot be written. It is impossible to write it. It has never been uttered by anybody and it is not going to be uttered by anybody." You are looking at a bit of magic here. It is as though the vast ocean is contained in a very small volume. Open this book anywhere and you come upon such a depth of wisdom, such utter truth, that even just a sentence can be the start of a new way of looking at life, a new way of living life to the fullest. This is a lovely gift to yourself or to share with a friend. "I teach you to be authentic, integrated individuals with immense self-respect." — Osho

The Healing Sun

Life's Mysteries