

# I Am Worthy Of Happiness And Love Affirmation Journal For Women Promoting Positivity And Self Love Daily Happiness Journals

[#affirmation journal for women](#) [#self love journal](#) [#daily happiness journal](#) [#positivity affirmations](#) [#women's wellness journal](#)

Unlock your inherent worthiness for happiness and love with this dedicated affirmation journal for women. Designed to foster daily positivity and profound self-love, this journal provides prompts and space to cultivate gratitude, strengthen your self-esteem, and embrace a life filled with joy and emotional well-being, serving as your essential daily happiness companion.

Educators can use these resources to enhance their classroom content.

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I Am Worthy of Love and Happiness [POSITIVE AFFIRMATIONS] - Guided Meditation - Law Of Attraction - ~~by~~™Am Worthy of Love and Happiness [POSITIVE AFFIRMATIONS] - Guided Meditation - Law Of Attraction ~~by~~™ Kevin Pond - Meditation 72,843 views 1 year ago 47 seconds – play Short - Repeat these quick 'I **am worthy**, of **love**, and **happiness**,' **positive affirmations**, as a guided meditation to bring more wealth, **love**,, ...

Positive Affirmations for Self Love, Self Esteem, Confidence - ~~by~~ Positive Affirmations for Self Love, Self Esteem, Confidence ~~by~~ Lavendaire 7,024,020 views 2 years ago 14 minutes, 31 seconds - Powerful **positive affirmations**, for **self love**,, **self esteem**,, confidence & self **worth**,. Listen to these **self love affirmations**, for 21 ...

I Accept Myself Exactly as I Am  
I Am Worthy  
I Am Radiant  
I Choose Love over Fear

Positive Morning Affirmations (Self Love, Abundance, Gratitude, Joy) - Positive Morning Affirmations (Self Love, Abundance, Gratitude, Joy) by Jessica Heslop - Manifest by Jess 1,612,110 views 3 years ago 24 minutes - Powerful morning **affirmations**, to raise your vibration first thing in the morning so you have an AMAZING day! A carefully crafted ...

Feminine Self Love Affirmations | Give Yourself The Love You Deserve - ~~by~~ Feminine Self Love Affirmations | Give Yourself The Love You Deserve ~~by~~ Urania - My Femme Daily 135,371 views 1 year ago 11 minutes, 47 seconds - Feminine **Self Love Affirmations**, | Give Yourself The **Love**, You **Deserve**, These **affirmations**, will help you to connect to your ...

SELF LOVE  
I deserve a peaceful

I am gentle and

Affirmations ✕ Self-Confidence, Health, Wealth, Abundance, Happiness & Love | Manifest The Good Life - Affirmations ✕ Self-Confidence, Health, Wealth, Abundance, Happiness & Love | Manifest The Good Life by PowerThoughts Meditation Club 4,599,906 views 7 years ago 2 hours - Positive affirmations, are useful in wiring the brain with empowering thought and emotional patterns, at the same time dissolving ...

Self-Love Affirmations: "I am Beautiful" Affirm your Self Worth - Self-Love Affirmations: "I am Beautiful" Affirm your Self Worth by Jason Stephenson - Sleep Meditation Music 6,451,103 views 9 years ago 31 minutes - © JASON STEPHENSON & RELAX ME ONLINE AUSTRALIA PTY LTD Copyright 2018 All rights reserved. This work is not ...

I Love Me and I'M Worthy To Have Goodness in My Life

I Attract So Much Beauty into My Life

I Validate Myself on a Daily Basis

I Am Worthy of Seeing Myself as Beautiful I Am Worthy of Seeing Myself as Beautiful

Focus on My Inner Strength

I Love Me and I Am Worthy To Have Goodness in My Life

Feeling Good about Myself Is My Natural Birthright

20 Min Morning Affirmation For Self-Healing & Prosperity | Louise Hay - 20 Min Morning Affirmation

For Self-Healing & Prosperity | Louise Hay by Blissful Hand 659,331 views 3 months ago 25 minutes

- Elevate your mornings with Louise Hay's morning **affirmations**, 2024 – just 20 minutes a day for a **positive**, mindset. (Cultivate ...

Introduction

Affirmation Starts

Outro

"222" Start Your Day Affirmations! (This Can Change The Vibe Of Your Day!) ~ In 432hz - "222" Start Your Day Affirmations! (This Can Change The Vibe Of Your Day!) ~ In 432hz by YouAreCreators

1,858,541 views 3 years ago 59 minutes - #manifest #Manifestation #lawofattraction #createreality.

set the vibration or the tone of the day

send the vibration of love

attract excellent energy

i send the vibration of love

Positive Morning Affirmations - Lucky Girl Syndrome (I AM) - Positive Morning Affirmations - Lucky Girl Syndrome (I AM) by Jessica Heslop - Manifest by Jess 754,716 views 11 months ago 18 minutes

- Start your day from a place of absolute **love**., abundance and **positivity**, by listening to these Lucky Girl Syndrome **affirmations**, as ...

BY MIRACLES

IS BEST FOR ME

BLESSED PERSON

DAY FOR ME

AMAZING DAY

UNEXPECTED MIRACLES

JOY AND LAUGHTER

A FULFILLING CAREER

RELATIONSHIPS

WITH POSITIVITY

AND GOOD FORTUNE

MANIFESTOR

NATURALLY DRAWN TO ME

COME TO ME

ESPECIALLY LUCKY

WITH GRATITUDE

PERFECT HEALTH

INFINITELY BLESSED

"Begin The Day!" POWERFUL AFFIRMATIONS TO SHAPE YOUR MORNING! 1HR- Listen Every Morning... - "Begin The Day!" POWERFUL AFFIRMATIONS TO SHAPE YOUR MORNING! 1HR-

Listen Every Morning... by YouAreCreators 807,872 views 1 year ago 1 hour, 1 minute - #manifest #Manifestation #lawofattraction #createreality.

I AM Affirmations: Spiritual Abundance, Prosperity & Success | Solfeggio 852 & 963 Hz | Alpha

Beats - I AM Affirmations: Spiritual Abundance, Prosperity & Success | Solfeggio 852 & 963 Hz |

Alpha Beats by PowerThoughts Meditation Club 5,495,493 views 6 years ago 26 minutes - Attract and Manifest your goals and dreams by connecting with your Heart, Soul and Universal Intelligence - melding Abundance, ...  
aligning to higher consciousness  
stepping into a new and fresh awareness of abundance  
reconnecting and aligning with a vibration of abundance  
choosing to resonate with the vibration of my goals  
using the flow of abundance in your life  
are standing on the mountaintop of faith  
realign your frequency to the vibration of abundance  
connect with the vibration of joy  
you're a divine spark of universal light  
Morning GRATITUDE Affirmations 20 Minutes | Start Your Day with a Grateful Heart - Morning GRATITUDE Affirmations 20 Minutes | Start Your Day with a Grateful Heart by Bob Baker Affirmations 1,080,377 views 1 year ago 19 minutes - Start your day with morning gratitude **affirmations**, and a grateful heart. 20 minutes to cultivate an attitude of gratitude. A morning ...  
Start Your Day with a Grateful Heart  
Morning Gratitude Affirmations 20 Minutes  
I Am Grateful to Be Alive  
Final thoughts on gratitude  
Affirmations For Positive Thinking | Release Negative Thoughts | Positive Affirmations | Manifest - Affirmations For Positive Thinking | Release Negative Thoughts | Positive Affirmations | Manifest by Mind Body Soul 1,794,659 views 2 years ago 22 minutes - The way you think - shapes your life. What you think - you become! Harness the power of **positive**, thinking through **Affirmations**, for ...  
acknowledge my self-worth  
welcome success with open arms  
My uniqueness is my superpower  
am empowered  
am successful  
love my work  
I let go of things I cannot control  
I forgive myself for all my mistakes  
radiate positive energy  
feel energetic  
grateful for my life  
Gratitude Meditation d21 Day Transformation d432 HZ - Gratitude Meditation d21 Day Transformation d432 HZ by Jessica Heslop - Manifest by Jess 12,360,588 views 4 years ago 12 minutes, 32 seconds - Raise your vibration in mere minutes with this beautiful Gratitude Meditation - a powerful series of gratitude **affirmations**, ...  
Positive Morning Affirmations - Success, Confidence, Abundance - Positive Morning Affirmations - Success, Confidence, Abundance by Jessica Heslop - Manifest by Jess 809,616 views 1 year ago 9 minutes, 3 seconds - Transform your morning into a MIRACLE MORNING **every day**,! Listen to these **positive**, morning **affirmations**, as you begin your ...  
Powerful Gratitude Affirmations For Women | 15 Min Morning & Night Time Guided Meditation | 432Hz - Powerful Gratitude Affirmations For Women | 15 Min Morning & Night Time Guided Meditation | 432Hz by Alanna Foxx 1,102,830 views 3 years ago 14 minutes, 46 seconds - Our thoughts create our reality. Expressing gratitude for the things that you have right now is the fastest way to attract the things ...  
repeat these affirmations to yourself for 21 days  
thank you for all of the accomplishments in my life  
thank you for a roof over my head  
528 Hz "I AM" Affirmations For Wealth, Health, Prosperity & Happiness - 528 Hz "I AM" Affirmations For Wealth, Health, Prosperity & Happiness by daily MOTIVATION 6,137,702 views 4 years ago 20 minutes - Audio Message - FIRST 50 **AFFIRMATIONS**, 1- I can and will have more than I ever dreamed possible 2- I feel good about ...  
I AM Affirmations Self-Confidence, Self-Love and Success | 7.5 Hz - I AM Affirmations Self-Confidence, Self-Love and Success | 7.5 Hz by Healing the Soul 30,876 views 7 months ago 15 minutes - Listen and repeat these **affirmations**, either out loud or in your mind for twenty-one days to help establish new **positive**, thought ...

Powerful Positive Morning Affirmations for Success, Confidence, Self-Love & Happiness - Powerful Positive Morning Affirmations for Success, Confidence, Self-Love & Happiness by Bob Baker Affirmations 160,524 views 7 months ago 1 hour - Start your day with a surge of **positivity**! Let Bob Baker guide you through one hour of "Powerful **Positive**, Morning **Affirmations**,"

I AM BEAUTIFUL Self Love Positive Affirmations To Reprogram Your Mind, And BODY WHILE YOU SLEEP! - I AM BEAUTIFUL Self Love Positive Affirmations To Reprogram Your Mind, And BODY WHILE YOU SLEEP! by Rising Higher Meditation ® 1,120,155 views 3 years ago 7 hours, 51 minutes - By popular demand for **WOMEN**, - Change your Beliefs and PAST CONDITIONING around your BODY IMAGE. **LOVE**, YOURSELF ...

TRY IT FOR 1 DAY! "I AM" Affirmations for Success, Confidence, Self Love & Happiness - TRY IT FOR 1 DAY! "I AM" Affirmations for Success, Confidence, Self Love & Happiness by MotivationHub 6,932,673 views 1 year ago 1 hour, 22 minutes - Special thanks to the speaker, Craig DeSilva! Start listening to **affirmations every day**,, it goes straight to your subconscious mind.

I AM AFFIRMATIONS of Gratitude, Self-Love, and Success - I AM AFFIRMATIONS of Gratitude, Self-Love, and Success by Healing the Soul 1,414,862 views 1 year ago 15 minutes - Listen and repeat these **affirmations**, either out loud or in your mind for twenty-one days to help establish new **positive**, thought ...

I am thankful for all the learning experiences  
 I enjoy watching my goals unfold  
 Others are attracted to my energy  
 I am beautiful  
 I am attracting healthy and loving friendships  
 I am thankful for my body  
 I am blessed with inspiration and hope

I AM Affirmations: I Am Worthy! Positive Affirmations Reprogram + Rewire Your Mind While You Sleep - I AM Affirmations: I Am Worthy! Positive Affirmations Reprogram + Rewire Your Mind While You Sleep by Rising Higher Meditation ® 125,048 views 5 months ago 8 hours - 8Hrs Powerful and Potent I **Am**, Enough and I **Am Worthy Positive Affirmations**, to Change your Beliefs and PAST CONDITIONING ...

(Confidence + Beauty Affirmations | Self Love, Positive Mantras | Guided Meditation - (Confidence + Beauty Affirmations | Self Love, Positive Mantras | Guided Meditation by Alanna Foxx 2,442,907 views 2 years ago 33 minutes - Hi welcome to your confidence beauty and **self,-esteem affirmation**, i **am**, your guide alana thank you for allowing me to share this ...

I AM Morning Affirmations for Women | Goddess Affirmations - I AM Morning Affirmations for Women | Goddess Affirmations by Jessica Heslop - Manifest by Jess 866,404 views 1 year ago 20 minutes - Illuminate your mornings with divine feminine energy! Listen to these empowering I **AM**, morning **affirmations**, for **women everyday**, ...

AND MY SOUL WITH A HEALTHY, BALANCED DIET  
 MY BODY WITH CLEAN WATER  
 EXCELLENT SHAPE  
 UNIQUENESS  
 MY WILDEST DREAMS  
 PEACE WITH MY OWN FEMININITY  
 OF A UNIVERSAL WOMANHOOD  
 UNCONDITIONALLY  
 OUTER BEAUTY SHINE FAR AND WIDE  
 THE FREQUENCY OF SUCCESS  
 ALL MY BLESSINGS AND ABUNDANCE  
 WONDERFUL LIFE  
 I AM AN AMAZING WOMAN  
 FEMININITY WITH LOVE, STRENGTH AND AUTHENTICITY  
 WITH PURE, UNIVERSAL ENERGY  
 I CREATE MY OWN REALITY  
 BRIGHT, AND JOYOUS AND SECURE

Self Love Affirmations - Self Love Affirmations by Alanna Foxx 1,375,788 views 2 years ago 11 minutes, 12 seconds - Give yourself grace. You can be so tough on yourself sometimes but you must learn to give yourself grace. The beauty of life is the ...

I AM WORTHY OF UNCONDITIONAL LOVE - Affirmations for Self-Love, Attracting Love, Being Open to Love - I AM WORTHY OF UNCONDITIONAL LOVE - Affirmations for Self-Love, Attracting Love,

Being Open to Love by Unlimited You 17,675 views Streamed 10 months ago 9 hours, 1 minute - Listen to these **affirmations**, while you sleep, while you work, while you meditate, while you study, while you clean, just put them on ...

Affirmations for Confidence, Happiness, Success, Abundance, Health, Self Love, Positive Thinking - Affirmations for Confidence, Happiness, Success, Abundance, Health, Self Love, Positive Thinking by Unlimited You 30,222 views Streamed 10 months ago 11 hours, 31 minutes - You can play these **affirmations**, in the background while you work, while you sleep, while you study, while you meditate. Repeat ...

Money Affirmations | Attract Abundance, Prosperity, Wealth ((Listen Daily!)) - Money Affirmations | Attract Abundance, Prosperity, Wealth ((Listen Daily!)) by Lavendaire 1,332,664 views 1 year ago 12 minutes, 16 seconds - Enjoy these **positive affirmations**, for money, wealth, abundance and prosperity. Listen to this **daily**, to manifest more abundance ...

Intro

I Believe

I resourceful

Abundance

Abundance with Ease

Money is Fun

I am Whole

I am Protected

I am resourceful

I am worthy of abundance

I attract abundance with ease

I am safe

75+ Affirmations For Self-Love | Affirm Your Self-Worth, Self Confidence | A Brand New You |Manifest - 75+ Affirmations For Self-Love | Affirm Your Self-Worth, Self Confidence | A Brand New You |Manifest by Mind Body Soul 787,638 views 1 year ago 29 minutes - You are powerful when you **love**, yourself! Strengthen **self,-love**, and raise self-**worth**, with these powerful **self,-love affirmations**,!

judgments

and talents

imperfections

highest good

in my skin

mind, and soul

potential

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