Life After Knee Replacement

#knee replacement recovery #life after knee surgery #total knee replacement outcomes #physical therapy knee replacement #recovering from TKR

Discover what to expect during your knee replacement recovery journey. This guide explores essential tips for a fulfilling life after knee surgery, covering everything from effective physical therapy to understanding long-term total knee replacement outcomes.

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Intro

What are we talking about When do you go home

How to get home

Medication

Food

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Swelling

Return to Work

Take a Break

Sports

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Outro

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Back on the Field After Outpatient Knee Replacement Surgery | Duke Health - Back on the Field After Outpatient Knee Replacement Surgery | Duke Health by Duke Health 7,500 views 6 years ago 2 minutes, 12 seconds - A 40-year-old knee injury left Lee Tucker struggling with knee pain and unable to walk at times. In need of a full **knee replacement**,, ...

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