

Rituals And Practices With The Motherpeace Tarot

[#Motherpeace Tarot](#) [#Tarot rituals](#) [#Tarot practices](#) [#Divine Feminine Tarot](#) [#Intuitive Tarot Reading](#)

Explore powerful tarot rituals and practices designed to deepen your connection with the Motherpeace Tarot. This guide offers insights into enhancing your intuition and engaging with the Divine Feminine through meaningful tarot reading techniques for personal growth and spiritual insight.

Students benefit from organized study guides aligned with academic syllabi.

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Rituals and Practices with the Motherpeace Tarot

A spiritual guidance system with rituals to tap into and manifest feminine divine energy through the Motherpeace deck • Contains over 20 rituals, exercises, and readings that integrate tarot with spiritual practice, rites, and celebrations • Demonstrates how Motherpeace cards may be used to improve health, relationships, and personal insight; celebrate holidays; and commune with the divine forces of the universe • By the cocreator of the Motherpeace deck (more than 200,000 copies sold) First printed during the crest of the women's spirituality movement, the Motherpeace deck created a sensation as a multicultural tarot designed specifically for women. Depicting people of color, older women, children, animals, and balanced roles for men and women, the Motherpeace deck embraces images from ancient cultures and contemporary tribal peoples to convey the fundamental principles of cooperation, relatedness, egalitarianism, and ecstatic communion. Rituals and Practices with the Motherpeace Tarot offers a deep spiritual practice that taps into and manifests the divine feminine through ritual readings, rites of passage, daily meditative practice, and seasonal celebration. Vicki Noble teaches how to use the imagery of the Motherpeace deck to read the past, present, and future; invoke good health on all planes; nurture healthy relationships; receive divine guidance during critical decision-making; and celebrate sacred holidays. Her book is a useful tool for both beginners and those with extensive knowledge of tarot.

Making Ritual with Motherpeace Cards

Motherpeace\

The Double Goddess

A study of the "double goddess" iconography prominent in Neolithic and Bronze Age cultures that expands our understanding of female sovereignty. Celebrates this archetype of sacred female bonding and depicts a vast array of relationships women may form with themselves and each other to explore a sense of self and empowerment, and to share power with each other.

Motherpeace Tarot

/U.S. Games Systems, Inc. Created by Karen Vogel and Vivki Noble, the Motherpeace Tarot deck combines art, history, mythology, folklore, philosophy, science, astrology and comparative religion with an informed feminist perspective. Cards measure 4 1/2" in diameter. Instr

Motherpeace

For over a decade, Motherpeace has been an inspiration and oracle for women all over the world. Motherpeace recovers the positive, nurturing peace-oriented values of prepatriarchal times, and brilliantly combines art, history, mythology, folklore, philosophy, and comparative religion with an informed spiritual and feminist perspective. Vicki Noble challenges us to celebrate our ancient peaceful heritage and to reclaim our right as a people to a life without war. The book is a vision of hope and transformation, made even more powerful by the vibrant pictorial images of the seventy-eight Motherpeace tarot cards. Motherpeace shows how traditional myths and symbols can provide ideas and images for understanding the meaning and power of the Goddess for women and men today.

Shamanic Astrology

Western-based astrology has a provocative counterpart in the Native American medicine wheel, with a spirit animal equivalent for each sign of the zodiac. In this thoughtful book, Lucy Harner shows readers how to find the spirit animal that corresponds to their birth sign. She provides detailed descriptions of the strengths and weaknesses of each of the twelve spirit animals—for example, falcon is enthusiastic and adventurous but can be impulsive and impatient, while deer is sociable and eloquent but can be lazy and superficial. Once readers determine their spirit animal, they can better understand their relationships with family, friends, and associates. Readers can also discover those people who are part of their animal clan and the various compatibilities and incompatibilities between all the spirit animals. They will be able to uncover the hidden treasures of their personalities and their secret talents, as well as the color, plant, and totem stone corresponding to each spirit animal. For readers who want to take shamanic astrology to the next level, the book includes the first complete lunar calendar for the Northern and Southern Hemispheres to help them determine their spirit animal rising sign and discover how the moon influences their daily life.

Motherpeace Tarot Deck and Book Set

Motherpeace Tarot Guidebook provides insights into the gestalt circles of power that make up this extraordinary tarot deck. Set includes Mini-Motherpeace deck with 78 round cards, and 127-page illustrated book. Spread sheet not included.

Motherpeace Tarot Guidebook

Karen Vogel offers her personal interpretation of the Motherpeace Round Tarot deck. An indispensable guidebook for anyone interested in earth-based culture or women's spirituality. 128 pp., bandw illus., pb.

Tarot Rituals

Nearly 100 Tarot Ceremonies & Spreads to Nourish Your Soul Improve your connection to spirit, make special occasions more meaningful, and become a better tarot reader with this impressive collection of rituals, spreads, and exercises. Drawing on nearly forty years of experience, Nancy C. Antenucci presents the alchemy of ritual and tarot—a powerful combination that can transform both your divination and life. She guides you through the fundamentals of ritual practice and presents a plethora of group and solitary ceremonies. You'll also learn how to create rituals for yourself and others. Within these pages, you'll find rituals for giving readings, celebrating events such as holidays, birthdays, and weddings, and more. Use the 22 Acts of Magic template to discover which major arcana card offers the best guidance. Create a strong sense of connection at your gathering with the Icebreaker ritual. Whether you're performing a ceremony for one at the Magician's altar or leading a group like the High Priestess, Tarot Rituals is your key to awakening the magic of the cards.

Tarot for Self-Care

Discover simple techniques for incorporating the wisdom of tarot into your daily self-care routine with this approachable guide. Self-care is an important daily ritual to everyone's lifestyle. But it is about more than simply pampering yourself in a bubble bath or getting a manicure. It's about connecting and understanding your true self. That's where the magic of tarot comes in—it puts you in touch with your hidden fears and secret hopes, weaknesses and strengths. These revealing cards do more than simply predict the future. They offer essential, insightful messages from your subconscious, showing a new perspective on how to achieve personal growth. Tarot for Self-Care uncovers how to make the most out of your daily tarot practice with mindful readings, pre-reading rituals, daily one-card check-ins, practices to explore your intuition, and more. You can think problems over by laying out a spread, ask the cards yes or no questions, or explore your intuitive skills. It will definitely be worth adding these techniques to your tarot self-care toolbox.

A Druid's Handbook to the Spiritual Power of Plants

A practical guide to creating plant extracts, essences, and complexes for use in Druidic sex magic rituals

- Explores the identification, harvesting, and magical properties of more than 70 flowers and trees
- Details the careful and meticulous spagyric preparation of plant extracts and complexes
- Demonstrates how plant compounds are used in Druidic sex magic rituals by both couples and groups

In this practical guide to Druidic plant magic, Jon G. Hughes reveals the gentle alchemy of converting plant essences into potent compounds for working sex magic rituals. Examining the identification, harvesting, and magical properties of more than 70 flowers and trees, he details the careful and meticulous spagyric preparation of plant extracts and complexes as well as the process of obtaining or creating suitable alcoholic spirits for the base of these preparations. He includes instructions to make all necessary tools and explores how to prepare yourself to work with plant essences and properly use the magical compounds you create. Hughes explains how to release the energies, healing attributes, and magical capacities of flowers and trees through the respectful seduction of a plant's virtue and the 3-step spagyric process of separation, purification, and reunification. He shows how the spagyric process maximizes the power of the acquired essence in preparation for its use in magical ritual. Detailing Druidic sex rituals for both a couple and a group, Hughes demonstrates how plant compounds are used in specific magical rituals and practices as well as the role of the plant complex in sexual potency. Exploring the underlying accord between alchemy and Druidic practices, Hughes provides a valuable manual for anyone wishing to harness the magical potential of plant energy.

The Woman in the Shaman's Body

A distinguished anthropologist—who is also an initiated shaman—reveals the long-hidden female roots of the world's oldest form of religion and medicine. Here is a fascinating expedition into this ancient tradition, from its prehistoric beginnings to the work of women shamans across the globe today. Shamanism was not only humankind's first spiritual and healing practice, it was originally the domain of women. This is the claim of Barbara Tedlock's provocative and myth-shattering book. Reinterpreting generations of scholarship, Tedlock—herself an expert in dreamwork, divination, and healing—explains how and why the role of women in shamanism was misinterpreted and suppressed, and offers a dazzling array of evidence, from prehistoric African rock art to modern Mongolian ceremonies, for women's shamanic powers. Tedlock combines firsthand accounts of her own training among the Maya of Guatemala with the rich record of women warriors and hunters, spiritual guides, and prophets from many cultures and times. Probing the practices that distinguish female shamanism from the much better known male traditions, she reveals:

- The key role of body wisdom and women's eroticism in shamanic trance and ecstasy
- The female forms of dream witnessing, vision questing, and use of hallucinogenic drugs
- Shamanic midwifery and the spiritual powers released in childbirth and monthly female cycles
- Shamanic symbolism in weaving and other feminine arts
- Gender shifting and male-female partnership in shamanic practice

Filled with illuminating stories and illustrations, *The Woman in the Shaman's Body* restores women to their essential place in the history of spirituality and celebrates their continuing role in the worldwide resurgence of shamanism today.

Classical Mythology: A Very Short Introduction

From Zeus and Europa, to Diana, Pan, and Prometheus, the myths of ancient Greece and Rome seem to exert a timeless power over us. But what do those myths represent, and why are they so enduringly fascinating? Why do they seem to be such a potent way of talking about our selves, our origins, and our desires? This imaginative and stimulating *Very Short Introduction* goes beyond a simple retelling of

the stories to explore the rich history and diverse interpretations of classical myths. It is a wide-ranging account, examining how classical myths are used and understood in both high art and popular culture, taking the reader from the temples of Crete to skyscrapers in New York, and finding classical myths in a variety of unexpected places: from arabic poetry and Hollywood films, to psychoanalysis, the bible, and New Age spiritualism. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

A Cultural History of Tarot

The enigmatic and richly illustrative tarot deck reveals a host of strange and iconic mages, such as The Tower, The Wheel of Fortune, The Hanged Man and The Fool: over which loom the terrifying figures of Death and The Devil. The 21 numbered playing cards of tarot have always exerted strong fascination, way beyond their original purpose, and the multiple resonances of the deck are ubiquitous. From T S Eliot and his 'wicked pack of cards' in "The Waste Land" to the psychic divination of Solitaire in Ian Fleming's "Live and Let Die"; and from the satanic novels of Dennis Wheatley to the deck's adoption by New Age practitioners, the cards have in modern times become inseparably connected to the occult. They are now viewed as arguably the foremost medium of prophesying and foretelling. Yet, as the author shows, originally the tarot were used as recreational playing cards by the Italian nobility in the Renaissance. It was only much later, in the 18th and 19th centuries, that the deck became associated with esotericism before evolving finally into a diagnostic tool for mind, body and spirit. This is the first book to explore the remarkably varied ways in which tarot has influenced culture. Tracing the changing patterns of the deck's use, from game to mysterious oracular device, Helen Farley examines tarot's emergence in 15th century Milan and discusses its later associations with astrology, kabbalah and the Age of Aquarius.

Barbara Walker Tarot in a Tin

Barbara Walker Tarot reflects a unique feminist perspective of tarot with religious and pagan symbols from around the world. The Court Cards depict mythological gods and goddesses. The dominant colors of the deck and the card back design are red, black and white because they are "recognized everywhere as the colors of the original feminine Trinity (Triangle) representing her three phases of Virgin, Mother and Crone." Includes 78 pocket-sized cards with keywords in English, and a 48-page booklet.

Shakti Woman

From the author of the classic Motherpeace – an inspiring and practical guide for awakening women's shamanic healing powers to heal ourselves and our planet.

Goddess Power

"A fascinating 'herstory' of the Divine Feminine, rich in heart, depth and wisdom . . . an empowering message of hope and inspiration." —Katherine Woodward Thomas, New York Times–bestselling author
At the dawn of religion, God was a Woman. The Divine Feminine is known by innumerable names and symbol-rich manifestations across the world's cultures. Throughout the ages the Goddess has been honored and worshiped as the Virgin Mary, Isis, Inanna, Asherah, Diana, Kuan Yin, Kali, Oshun, Athena, Pele, Sarasvati, Demeter, and White Buffalo Calf Woman, to mention just a few. Goddess Power takes you on a fascinating and, at times, surprising journey into the enduring essence of the Divine Feminine. Inside this book you will learn: • How the Goddess path offers an empowering message and inspiration • The importance of re-establishing a healthy balance and integration of both the "masculine" and the "feminine" archetypes • That the notion of God as archetypal "Sky-Father" is fairly recent in Western culture • Why the wisdom of the Goddess/Sacred Feminine has been ignored, distorted, and oppressed for centuries • How archetypes, mythic narratives, and qualities of Goddesses are alive within you and how they reveal intimate truths about yourself and others • How Goddesses can serve as empowering guides in your personal and professional life • Why especially black Goddesses/dark-skinned Mothers (e.g., Kali or Black Madonna) are a powerful symbol and catalyst for change in our times, both individually and collectively • And much, much more! "An empowering message and inspiration that can be drawn from the Goddess so humanity might evolve toward higher awareness." —Karen Tate, author of Walking an Ancient Path and Goddess 2.0

Uncoiling the Snake

Cultural differences increasingly impact our everyday lives. Virtually none of us today interact exclusively with people who look, talk, and behave like we do. David Smith here offers an excellent guide to living and learning in our culturally interconnected world. / Learning from the Stranger clearly explains what "culture" is, discusses how cultural difference affects our perceptions and behavior, and explores how Jesus' call to love our neighbor involves learning from cultural strangers. Built around three chapter-length readings of extended biblical passages (from Genesis, Luke, and Acts), the book skillfully weaves together theological and practical concerns, and Smith's engaging, readable text is peppered with stories from his own extensive firsthand experience. / Many thoughtful readers will resonate with this insightful book as it encourages the virtues of humility and hospitality in our personal interactions — and shows how learning from strangers, not just imparting our own ideas to them, is an integral part of Christian discipleship.

Learning from the Stranger

An exploration of the many forms of the ancient myth of the Wild Hunt and its influence in pagan and early Christian Europe • Recounts the myriad variations of this legend, from the Cursed Huntsman and King Herla to phantom armies and vast processions of sinners and demons • Explains how this belief was an integral part of the pagan worldview and was thus employed by the church to spread Christian doctrine • Reveals how the secret societies of medieval Europe reenacted these ghostly processions for soul travel and prophecies of impending death Once upon a time a phenomenon existed in medieval Europe that continuously fueled local lore: during the long winter nights a strange and unknown troop could be heard passing outside over the land or through the air. Anyone caught by surprise in the open fields or depths of the woods would see a bizarre procession of demons, giants, hounds, ladies of the night, soldiers, and knights, some covered in blood and others carrying their heads beneath their arms. This was the Wild or Infernal Hunt, the host of the damned, the phantom army of the night—a theme that still inspires poets, writers, and painters to this day. Millennia older than Christianity, this pagan belief was employed by the church to spread their doctrine, with the shapeshifters' and giants of the pagan nightly processions becoming sinners led by demons seeking out unwary souls to add to their retinues. Myth or legend, it represents a belief that has deep roots in Europe, particularly Celtic and Scandinavian countries. The first scholar to fully examine this myth in each of its myriad forms, Claude Lecouteux strips away the Christian gloss and shows how the Wild Hunt was an integral part of the pagan worldview and the structure of their societies. Additionally, he looks at how secret societies of medieval Europe reenacted these ghostly processions through cult rituals culminating in masquerades and carnival-like cavalcades often associated with astral doubles, visions of the afterlife, belief in multiple souls, and prophecies of impending death. He reveals how the nearly infinite variations of this myth are a still living, evolving tradition that offers us a window into the world in which our ancestors lived.

Phantom Armies of the Night

America's most renowned witch and eco-feminist offers a sequel to her bestselling classic *The Spiral Dance*, weaving together the latest findings in environmental science with magical spells, chants, meditations and group exercises to create the ultimate primer on our relationship to the earth. From the earliest times, respecting our interdependent relationship with nature has been the first step toward spirituality. Earth, air, fire and water are the four elements worshiped in many indigenous cultures and celebrated in earth-based spiritualities such as Wicca. In *The Earth Path*, America's best-known witch offers readers a primer on how to open our eyes to the world around us, respect nature's delicate balance, and draw upon its tremendous powers. Filled with inspiring meditations, chants, and blessings, it offers healing for the spirit in a stressed world and helps readers find their own sources of strength and renewal. Will appeal to Starhawk's traditional Pagan, New Age, and feminist readership. Young women newly interested in magic and witchcraft. A new and growing generation of those involved in ecology

The Earth Path

These unique designs convey ancient knowledge to today's readers. This meaningful deck features detailed readers. This meaningful deck features detailed renderings of familiar figures.

Cosmic Tarot

The first major study of the famous Reclaiming community of witches, founded in 1979 in San Francisco. Examines gendered and religious identities and the communal and ritual processes of Reclaiming.

Enchanted Feminism

Through ritual, we celebrate the significant moments in our lives – the passing of the seasons, birth/death, promotions, business opportunities... We mark them all with ritual so that they serve as a memory of what is and what can be. Small daily rituals – that morning cup of coffee, the table set just so, time spent in the backyard in the evening, or even making out the grocery list – all help us to stay grounded, centered, and on our path. The Tarot is meant for ritual, with its archetypal energy and beautiful imagery. Find here how to enter a Tarot card, record impressions, understand specific symbols, manage your dreamtime, utilize meditations and affirmations, and make quality decisions. Through combining ritual tools of empowerment, we strengthen who we are as individuals. What better way to maintain the courage to walk an individual path!

Tarot, Rituals, and You

Profound wisdom is made accessible with this contemporary 78-card deck and expansive guidebook, which demystifies the traditional Tarot without losing its essential magic or structure. This down-to-earth yet captivating Tarot reveals the extraordinary in the ordinary, reminding you that there's nothing humdrum about everyday life! The distinctive cards depict recognizable characters of all ages, appearances, and abilities, providing insights and inspiration from people just like you. The comprehensive book allows each familiar character to communicate directly, combining their story with keywords and clear descriptions that invite your intuitive interpretation. This warmly inclusive Tarot celebrates all life, embracing nature and the non-human beings that share our world - our unseen companions and our creature-kin. Here wild spirits and animals, car mechanics and busy parents are all equally vital, and each has something meaningful to share. These engaging individuals support and encourage you on your journey, making every day more enchanted.

The Everyday Enchantment Tarot

Expands on the Motherpeace concept, using its images and a unique synthesis of tarot and astrology for a new spiritual vision.

Motherpeace Tarot Playbook

Gaia (Mother Nature) is the primal Greek goddess said by ancients to have given birth to the sky, sea, mountains, and all of creation. This beautiful 78 contemporary and mythical Tarot set with accompanying spiritual guide have a focus for the healing of the earth and of the self. The Major Arcana cards represent 22 soul lessons and archetypes that grew out of the religious and mystical worldview of Renaissance Europe. The Minors illustrate elements, numbers, and people. Interpretations include uprights and reverse divinatory meanings, themes, exercises, symbolism, journal questions, affirmations, and ten spreads. Sometimes the cards illustrate part of the world we live in, sometimes they show the realms of spirit, and sometimes they inhabit the borderlines between the two. Gaian spirituality understands that humans, plants, animals, stones, and stars are all inextricably linked--when one strand is pulled, the entire web is affected. Especially intended for those who practice earth-centered spirituality. AUTHOR: Joanna Powell Colbert is an artist, teacher, and convener of circles, named by SageWoman magazine as one of the Wisdom Keepers of the Goddess Spirituality movement. The Gaian Tarot combines her love of symbolic, archetypal art with the mysteries of the natural world. 78 cards

Gaian Tarot

Tarot isn't just about fortune-telling! This Self Care Tarot Book will tell you about other tarot's functions! The book uncovers how to make the most out of your daily tarot practice with mindful readings, pre-reading rituals, daily one-card check-ins, practices to explore your intuition, and more. You can think problems over by laying out a spread, ask the cards yes or no questions, or explore your intuitive skills.

The Tarot Book For Self-care Improvement- Various Ways To Make Our Lives Better

"A powerful, straight-shooting writer and one of the most compelling new voices to emerge in the self-care and spirituality space." — Sophia Amoruso, New York Times best-selling author of *Girlboss*

The tarot is an empowering tool that has been used for divination over the centuries. But in Neo Tarot, tarot reader, writer and all-round witch, Jerico Mandybur, offers a refreshing and intelligent look at the ancient cards and practices, showing you that they should be used as healing tool first and foremost. With a beautifully illustrated 78-strong deck alongside – with relatable explanations of the profound symbolism of each card – this modern guidebook is a mixture of revealing insights, practical wisdom and actionable exercises that readers can incorporate into their self-care practice instantly, and watch their self-love flourish.

Neo Tarot

A Month-By-Month Guide to Spreads and Spells for Abundance, Protection, and Spiritual Transformation

The energy of the moon has an undeniably powerful influence—on people, on plants and animals, and on the cycles and rhythms of the world. This book provides month-by-month tarot spreads, spells, and rituals to help you manifest the changes you want for yourself and your community. Author Victoria Constantino provides guidance for the ideal time, day of the week, or moon phase that best supports the specific spiritual work that you want to focus on. Explore spells and practices for home clearing and blessing, summoning a new career opportunity, finding your spirit animal, cutting cords, and many others. Delve into tarot with spreads for relationship renewal, connecting with your higher self, letting go, tapping into your potential, and more. *Tarot by the Moon* is a masterful guide to creating positive transformation with the cyclical magical energies that play such a powerful role in our lives.

Tarot by the Moon

Wild Goddess Oracle features 52 vivaciously illustrated cards and a 144-page guidebook that explore the mysteries of the universe outside and within through the power of goddess archetypes. Illustrated by Amy Zerner and written by best-selling author Monte Farber, this full-color package is a work of art that will help you expand your practice of self-discovery and empowerment. Zerner's powerful, original artwork in tandem with Farber's mystical expertise offer insight into relationships, personalities, behaviors, and tendencies, adding layers of depth to oracle readings. The fully illustrated guidebook offers grounded, easy-to-understand explanations of the cards as well as rituals, meditations, affirmations, earth magic spells, and more to help you activate the power of the Wild Goddesses in yourself. The book also gives a detailed look at the many spreads, practices, and concepts that can be used with the deck, providing deep insights into how each goddess helps illuminate our contradictions, our complex natures, and the endless mystery of who we are.

Prayers to the Goddess

Class structure -- Class formation -- Consent, coercion, and resignation -- Agency, contingency, and all that -- How capitalism endures.

Wild Goddess Oracle Deck and Guidebook

A sacred feminine initiation of self-love and soul care rituals, tools, and exercises. Spiritual teacher, intuitive coach, and award-winning author, Abiola Abrams invites you to activate African goddess magic to transmute your fears and limiting beliefs, so that you can create more happiness, abundance, and self-acceptance. Africa is a continent of 54+ countries, and her children are global. There is no one African spiritual tradition. Our ancestors who were trafficked in "The New World" hid the secrets of our orishas, abosom, lwas, álúsí, and god/desses behind saints, angels, and legendary characters. From South Africa to Egypt, Brazil to Haiti, Guyana to Louisiana, goddess wisdom still empowers us. Writes Abiola, "Spirit told me, "We choose who shows up." And if you are holding this book, then this sacred medicine is meant for you. In this book, you will meet ancient goddesses and divine feminine energy ancestors, legendary queens, and mystical spirits. As you complete their powerful rituals, and ascend through their temples, you will:

- . Awaken generational healing in the Temple of Ancestors;
- . Manifest your miracles in the Temple of Conjurers;
- . Release the struggle in the Temple of Warriors;
- . Embrace your dark goddess self in the Temple of Shadows;
- . Heal your primal wounds in the Temple of Lovers;
- . Liberate your voice in the Temple of Griots;
- . Open your third eye intuition in the Temple of Queens; and
- . Surrender, meditate, and rise in the Temple of High Priestesses. Welcome to your goddess circle!

The Class Matrix

Now updated for 2008, this annual edition of the classic bestselling directory provides everything working writers need to find the most receptive publishers, editors, and agents for their work.

African Goddess Initiation

Energize Your Life with a Magical Approach to Tarot Through the combined wisdom of tarot, aromatherapy, meditation, and everyday ritual, you can create meaningful change and live the life you've always wanted. Compatible with any deck, Ailynn E. Halvorson's unique approach shows you how to use numerology to discover which queen and major arcana cards reflect your true identity and what challenges to expect in the coming year. Learn how to work with the elemental energies of the cards as well as plants, colors, and stones. Support your goals through the use of ritual bathing, grounding meditation, and altar decorations. With personalized mantras, essential oil blends, teas, and more, you can embrace your tarot archetype, take control of your life, and achieve the transformation you have been seeking.

Guide to Book Publishers, Editors and Literary Agents 2006

The cards in this extraordinary round tarot deck are gestalt circles of powerful symbols celebrating 30,000 years of women's culture throughout the world.

The Tarot Apothecary

The Book of Lymph will give you quick, easy and therapeutic lymph-optimisation strategies, using the simple healing magic of your own touch. The lymphatic system is the body's first line of defence against illness and is responsible for ridding the body of toxins, waste and other unwanted materials. When it's not functioning well, it's easy to see and feel the bloat, puffiness and general malaise it causes. Lisa Levitt Gainsley combines her 25 years of experience as a lymph specialist with scientific know-how to show us how lymphatic treatment is the missing link to our most common health woes. She shows us how lymphatic drainage can provide us with pain relief, inflammation reduction, weight loss, brighter skin and generally better health. From three-to-five-minute massage sequences to backed-up research into the effectiveness of lymphatic drainage, The Book of Lymph will put you on the path to taking control of how you feel, reducing bloating and puffiness independently. The first book of its kind, The Book of Lymph will help you to live a pain-free life. 'Well-functioning lymphatic drainage is the key to great, clear, glowing skin.' - Vogue 'I am so grateful Lisa is sharing her wisdom and techniques with us. Truly a life-changing and enhancing method.' - Selma Blair, Actress 'Lisa's lymphatic self-massage techniques have changed my life and my body dramatically - specifically by reducing chronic pain symptoms and helping to balance out my hormones.' - Jessica Zanotti 'I am beyond thrilled for the world to get a dose of Lisa's kind and gentle, but powerful and life-changing knowledge and be equipped to try some of it out on their own bodies.' - Freida Pinto, Actress

Mini Motherpeace Tarot Deck

"In Tarot Shadow Work, Christine Jette bravely takes the practice of tarot readings to new depths and places many people fear to go. She shows us how we can use the cards to trigger awareness in ourselves of troubling aspects of our lives and histories, and then go beyond discovery to use the cards as tools for healing. This is part of the work that needs to be done with tarot in this new century." --Rachel Pollack, author of 78 Degrees of Wisdom and the forthcoming Shining Tribe Tarot Deep within our psyches, the unconscious holds our forbidden feelings, secret wishes, and creative urges. Over time, these "dark forces" take on a life of their own and form the shadow--a powerful force of unresolved inner conflicts and unexpressed emotions that defies our efforts to control it. The shadow takes its shape from a menagerie of archetypes, each recognizable throughout time and around the world--troubling characters who thrive within our persona. The shadow is saboteur, martyr, victim, addict, sadist, masochist, or tyrant; all the dark figures that prey on the lighter qualities of the human personality. The shadow also represents those latent talents and positive traits that were banished from us at some time along our life path: artistic, musical, athletic, or creative talents. An undeveloped ability, a dream that has gone unexpressed, a fantasy of what might have been--these too make up the personal shadow, the lost parts of ourselves. Tarot Shadow Work shows you how to free yourself from the shackles of the shadow's power. Through tarot work, journaling, meditation, creative visualization, and dream work, you will bring the shadow into the light. This book is ideal for those who are in recovery from a serious addiction or illness, as well as any person seeking a deeper understanding of his or her

true self. By exploring the dark and uncharted territory of the unconscious mind, you will work towards understanding and integrating the shadow. No prior knowledge of the tarot is required. You will learn to use the cards as a tool to help you break free from negative patterns and self-destructive behavior. Once we realize that we are made of both light and darkness, life will start to make sense. When we accept our dual natures, we stop sabotaging our own efforts and learn to be compassionate with others and with ourselves.

The Book of Lymph

Discussion of how to use active meditation and visualizations as a framework to convert energy, alter reality and manifest changes.

Tarot Shadow Work

MindLight