

Grieving The Loss Of Your Horse How To Survive Your Journey

[#horse loss grief #coping with equine death #pet horse bereavement #healing from horse loss #support after horse dies](#)

Losing a beloved horse is an incredibly painful journey, and navigating that profound grief can feel overwhelming. This guide offers compassionate support, practical advice, and strategies to help you survive and heal through the difficult process of grieving your equine companion.

All materials are contributed by professionals and educators with verified credentials.

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Grieving the Loss of Your Horse

Eva and Joe had never lost a horse before. And their young mare Jazzy was dying. It hurt more than Eva and Joe thought possible. They tried everything to save her. Their story and twelve others tell about people who lost their own horses and how they got through the grieving process, each in their own way. These stories will touch your heart and give you hope for your own healing after losing your beloved and cherished horse. Experiencing the loss of your horse can happen in different ways including colic, founder, fire, cancer, natural disaster, old age, euthanasia, theft, saying goodbye when selling your horse and more. Included are ways to memorialize your horse and hope for your future through the experiences of others and a chapter of questions to ask yourself for your own story. "I was so grateful to have Rebecca's book. While I was reading it, I had moments of revelation that I was not the only one to go through such a heartbreaking loss, and it helped me a lot. I couldn't put the book down once I started reading it. It was as if this book was meant for me, at a very difficult time." Lisa Goodwin, BudgetEquestrian.com and The Budget Equestrian - YouTube.

Grieving the Loss of Your Pet: How to Survive Your Journey

This book talks compassionately about grieving the loss of your pet. It can happen under different circumstances such as trauma, illness, old age, selling, disappearance or even theft. The phases of grieving are discussed along with struggling with the possibility of euthanasia, helping a friend grieve the loss of an animal as well as teens and children coping with pet loss. It also covers ways to help prevent theft and disappearance. It talks about pets going to Heaven. It covers remembering your pet and the emotions of choosing when to replace your beloved pet with a new one. And it talks about bonding with your new pet after losing your old one.

Beyond the Rainbow Bridge

Beyond the Rainbow Bridge is filled with practical advice from professionals such as clinical psychologist and veterinarians, and shares the personal stories of horse folks from backyard riders to famous horse people such as Lynn Palm and John Lyons that will provide comfort in your journey through the healing process. While nothing can alter the pain of losing an equine companion, Beyond the Rainbow Bridge gives affirming and inspiration advice and comfort. It is also a very kind gift for a friend going through a difficult time.

Mudhouse Sabbath

"After her conversion from Orthodox Judaism to Christianity, Lauren Winner found that her life was indelibly marked by the rich traditions and spiritual practices of Judaism. She set out to discover how she could incorporate some of these practices into her new faith. Winner presents eleven Jewish spiritual practices that can transform the way Christians view the world and God. Whether discussing attentive eating, marking the days while grieving, the community that supports a marriage, candle-lighting, or the differences between the Jewish Sabbath and a Sunday spent at the Mudhouse, her favorite coffee shop, Winner writes with appealing honesty and rare insight. "Lauren Winner speaks the language of this generation. It is authentic, free and bold." —Ben Young, author of *The Ten Commandments of Dating* "At a time when we are so aware of the differences between Judaism and Christianity, Lauren Winner's book on what we can learn from each other is so refreshingly welcome." —Rabbi Harold Kushner, author of *When Bad Things Happen to Good People* "For all of us who can't get our spiritual lives in shape by shipping out to a monastery, Lauren Winner explores simple, do-able ways of keeping company with God in the ordinary, day-to-day world of eating, working, resting, romancing, aging, earning, grieving, and celebrating. Her rich identity as a Jewish/Christian/scholar/writer informs every sentence." —Brian McLaren, pastor and author of *A New Kind of Christian* "[Winner is] a gifted writer who has much to teach us about the deep and indestructible bonds between Judaism and Christianity." —Richard Mouw, President, Fuller Seminary"

Strands of Hope

Strands of Hope: How to Grieve the Loss of a Horse was born out of the loss of a 16-year relationship with a special horse, and created to help horse lovers processing grief to know they are not alone.

Surviving the Loss of a Child

Nothing can steal peace and joy and undermine the very foundation of someone's life like losing a child. It is devastating on a level that most of us can't imagine. Written after the loss of the author's own child, *Surviving the Loss of a Child* offers encouragement and hope to those who may think they will never be able to live fully after such tragedy. Bereaved parents, as well as friends, counselors, pastors, and caregivers, will find this book a source of comfort and discover coping mechanisms as they move through their grief. Revised and updated, it has short chapters that are easy to take in, perfect for people going through this difficult time.

28 Days To Happiness With Your Horse

Why is it so hard to get confident? A few reasons, but the main reason is we stop progressing forward. When we lack confidence we allow our thoughts to search for problems and therefore that stops us from finding solutions. We can all find a 1001 reasons to not go on that hack, or ride our horse today. On the surface this book looks like a whole bunch of things you can do with your horse to have fun. However, beneath the surface there is more to it than that. This book was written as a tool for my clients to build their own confidence, connection and leadership skills. It is based on neuro-science, neuro linguistic programming and coaching skills. It takes approximately 28 days to create a new habit of doing something. A little something every day makes it easier to achieve so that you do not feel overwhelmed. In the world we currently live in our balance has shifted so that we over think situations and live either too far into the future or way back in the past. This book will teach you how to amend your balance so that you develop feel, after all having horses is all about feeling, right? That feeling of riding and being free, that feeling of a great canter. Being with horses is about being in the NOW. 28 days to happiness with your horse are daily things that you can do to increase your relationship with your horse, and form a special bond of trust and respect. Let this book take you on a journey of self discovery with your horse.

Open the Mind Heal the Heart

Award-winning author, John Cappello, offers a new metaphysical look at grief and the energies we need to harness in order to heal from it. *Open the Mind Heal the Heart* identifies twelve universal categories of life experiences, cites real-life examples, and demonstrates the symmetry between all of them. The book describes how one event, causing grief in one category, often affects many other areas of life. It discusses how grief can be overwhelming if energy is not used properly for healing. Metaphysical techniques point the way to obtaining perspective and peace of mind. The refreshing ideas outlined in this book offer help to those trying to lift the sadness of grief to the joy of resolution. *Open the Mind Heal the Heart* proposes the following twelve energy keys to unlock the chains of grief and gain an understanding of the way the Universe takes care of us in times of need. Healing is a decision Express Gratitude Adaptability Learn to Cope Take Action Healthy Habits Engage Others Humility Exert Integrity Ambition Responsible Refection Time

Grace, Grit and Gratitude

To the outside eye, it looked like Tara Coyote was living the perfect life in the suburbs with her musician husband, successful Pilates studio and Brady Bunch type family. What the outside world didn't see was the pivotal event that turned her life upside down. *Grace, Grit and Gratitude* is one woman's story of a profound bond with horses that carried her through nine years of pain, trauma, cancer and the challenges of loss. It is about finding the courage to face one's shadow in the darkest hour. Learn how the ancient principles of death and rebirth from the Mesopotamian Goddess, Inanna, has saved more than just one life. Follow one woman's spiritual journey of pain, perseverance and discovery with the unexpected power of her horses and ancient teachings as her guide. A portion of the sale of each book will be donated to The Wild Beauty Foundation, an organization that works to raise awareness for the wild horses of North America. As Tara's mustang, Comanche has had a profound impact upon her life, she is passionate about supporting this important cause! The Wild Beauty Foundation is a nonprofit organization dedicated to illuminating key issues wild and domestic horses are facing today, while also bringing the incredible, therapeutic world of horses to children and families. Founded by filmmakers Ashley Avis and Edward Winters, WBF seeks to raise awareness through film, education, and adoption. For more info & for how you can get involved, please visit: <https://wildbeautyfoundation.org/> Tara Coyote is the founder of Wind Horse Sanctuary, a certified Eponaquest 'Equine Facilitated Learning' instructor, life coach, workshop leader, writer and dancer. You will find her happily scooping horse manure on Kaua'i, Hawaii!

The Dramatic Works

Learn to communicate with your dog—using their language “Good reading for dog lovers and an immensely useful manual for dog owners.”—The Washington Post An Applied Animal Behaviorist and dog trainer with more than twenty years' experience, Dr. Patricia McConnell reveals a revolutionary new perspective on our relationship with dogs—sharing insights on how “man's best friend” might interpret our behavior, as well as essential advice on how to interact with our four-legged friends in ways that bring out the best in them. After all, humans and dogs are two entirely different species, each shaped by its individual evolutionary heritage. Quite simply, humans are primates and dogs are canids (as are wolves, coyotes, and foxes). Since we each speak a different native tongue, a lot gets lost in the translation. This marvelous guide demonstrates how even the slightest changes in our voices and in the ways we stand can help dogs understand what we want. Inside you will discover: • How you can get your dog to come when called by acting less like a primate and more like a dog • Why the advice to “get dominance” over your dog can cause problems • Why “rough and tumble primate play” can lead to trouble—and how to play with your dog in ways that are fun and keep him out of mischief • How dogs and humans share personality types—and why most dogs want to live with benevolent leaders rather than “alpha wanna-bes!” Fascinating, insightful, and compelling, *The Other End of the Leash* is a book that strives to help you connect with your dog in a completely new way—so as to enrich that most rewarding of relationships.

The Dramatic Works of Massinger and Ford

Grief overload is what you feel when you experience too many significant losses all at once, in a relatively short period of time, or cumulatively. In addition to the deaths of loved ones, such losses can also include divorce, estrangement, illness, relocation, job changes, and more. Our minds and hearts have enough trouble coping with a single loss, so when the losses pile up, the grief often seems

especially chaotic and defeating. The good news is that through intentional, active mourning, you can and will find your way back to hope and healing. This compassionate guide will show you how.

The dramatic works of Massinger and Ford, with an intr. by H. Coleridge. [2 pt. With an additional engr. title-leaf dated 1839].

With clear, concise and immensely practical advice on how animals communicate, behave and self-medicate, *The Animal Healer* is ideal for anyone who wishes to understand more about animals, healing and themselves. When her horse 'Wow' was seriously injured, Elizabeth Whiter discovered her incredible talent for hands-on healing and also observed how Wow took steps to heal himself. Now with over 1,000 animals treated, Elizabeth shares her remarkable journey, knowledge and experience. She also explains many of the theories that inform her practice, including: • how to provide hands-on healing • sensing and aligning the energies • zoopharmacognosy – an emerging science that refers to the instinctive methods animals use to self-medicate • and how to feed your animals, providing delicious recipes that are healthy for both you and your pets. *The Animal Healer* shows how a remarkable experience has led to wisdom that anyone who cares about animals will find invaluable.

The Dramatic Works of Massinger and Ford. With an Introduction by Hartley Coleridge. A New Edition

When a loved one dies we mourn our loss. We take comfort in the rituals that mark the passing, and we turn to those around us for support. But what happens when there is no closure, when a family member or a friend who may be still alive is lost to us nonetheless? How, for example, does the mother whose soldier son is missing in action, or the family of an Alzheimer's patient who is suffering from severe dementia, deal with the uncertainty surrounding this kind of loss? In this sensitive and lucid account, Pauline Boss explains that, all too often, those confronted with such ambiguous loss fluctuate between hope and hopelessness. Suffered too long, these emotions can deaden feeling and make it impossible for people to move on with their lives. Yet the central message of this book is that they can move on. Drawing on her research and clinical experience, Boss suggests strategies that can cushion the pain and help families come to terms with their grief. Her work features the heartening narratives of those who cope with ambiguous loss and manage to leave their sadness behind, including those who have lost family members to divorce, immigration, adoption, chronic mental illness, and brain injury. With its message of hope, this eloquent book offers guidance and understanding to those struggling to regain their lives. Table of Contents: 1. Frozen Grief 2. Leaving without Goodbye 3. Goodbye without Leaving 4. Mixed Emotions 5. Ups and Downs 6. The Family Gamble 7. The Turning Point 8. Making Sense out of Ambiguity 9. The Benefit of a Doubt Notes Acknowledgments Reviews of this book: You will find yourself thinking about the issues discussed in this book long after you put it down and perhaps wishing you had extra copies for friends and family members who might benefit from knowing that their sorrows are not unique... This book's value lies in its giving a name to a force many of us will confront--sadly, more than once--and providing personal stories based on 20 years of interviews and research. --Pamela Gerhardt, Washington Post Reviews of this book: A compassionate exploration of the effects of ambiguous loss and how those experiencing it handle this most devastating of losses ... Boss's approach is to encourage families to talk together, to reach a consensus about how to mourn that which has been lost and how to celebrate that which remains. Her simple stories of families doing just that contain lessons for all. Insightful, practical, and refreshingly free of psychobabble. --Kirkus Review Reviews of this book: Engagingly written and richly rewarding, this title presents what Boss has learned from many years of treating individuals and families suffering from uncertain or incomplete loss... The obvious depth of the author's understanding of sufferers of ambiguous loss and the facility with which she communicates that understanding make this a book to be recommended. --R. R. Cornellius, Choice Reviews of this book: Written for a wide readership, the concepts of ambiguous loss take immediate form through the many provocative examples and stories Boss includes, All readers will find stories with which they will relate... Sensitive, grounded and practical, this book should, in my estimation, be required reading for family practitioners. --Ted Bowman, Family Forum Reviews of this book: Dr. Boss describes [the] all-too-common phenomenon [of unresolved grief] as resulting from either of two circumstances: when the lost person is still physically present but emotionally absent or when the lost person is physically absent but still emotionally present. In addition to senility, physical presence but psychological absence may result, for example, when a person is suffering from a serious mental disorder like schizophrenia or depression or debilitating neurological damage from an accident or severe stroke, when a person abuses drugs or alcohol, when a child is autistic or when a spouse is a workaholic who is not really 'there' even when he or she is at home... Cases of physical absence with continuing psychological presence typically occur when a soldier is missing in action, when a child disappears and is not found,

when a former lover or spouse is still very much missed, when a child 'loses' a parent to divorce or when people are separated from their loved ones by immigration...Professionals familiar with Dr. Boss's work emphasised that people suffering from ambiguous loss were not mentally ill, but were just stuck and needed help getting past the barrier or unresolved grief so that they could get on with their lives. --Asian Age Combining her talents as a compassionate family therapist and a creative researcher, Pauline Boss eloquently shows the many and complex ways that people can cope with the inevitable losses in contemporary family life. A wise book, and certain to become a classic. --Constance R. Ahrons, author of *The Good Divorce* A powerful and healing book. Families experiencing ambiguous loss will find strategies for seeing what aspects of their loved ones remain, and for understanding and grieving what they have lost. Pauline Boss offers us both insight and clarity. --Kathy Weingarten, Ph.D, The Family Institute of Cambridge, Harvard Medical School

The Other End of the Leash

Escape the Limits of Tradition and Harness the Power to Effectively Manage Your Horse's Well-Being ... Naturally What would it be like to know what you need to keep your horse healthy and sound? What can you do every day to make the most of your experience with your horse? There are No Horseshoes in Heaven offers a profound and passionate exploration of past patterns, guiding you through an entertaining and thought-provoking invitation to make alternative choices. Protect your horse from pain and discomfort, maximize your riding experience and gain insight into the 'hot spots' for horses, through scientific evidence and real-life stories. There are No Horseshoes in Heaven exposes the passe ways of thinking that have impacted our horses. This book examines horses' natural way of being and shows how small changes in our husbandry can yield big results. It calls us to apply the philosophy of empowerment with a healthy dose of curiosity and move forward into interesting new times."

Too Much Loss: Coping with Grief Overload

We live more intimately with nonhuman animals than ever before in history. The change in the way we cohabitate with animals can be seen in the way we treat them when they die. There is an almost infinite variety of ways to help us cope with the loss of our nonhuman friends—from burial, cremation, and taxidermy; to wearing or displaying the remains (ashes, fur, or other parts) of our deceased animals in jewelry, tattoos, or other artwork; to counselors who specialize in helping people mourn pets; to classes for veterinarians; to tips to help the surviving animals who are grieving their animal friends; to pet psychics and memorial websites. But the reality is that these practices, and related beliefs about animal souls or animal afterlife, generally only extend, with very few exceptions, to certain kinds of animals—pets. Most animals, in most cultures, are not mourned, and the question of an animal afterlife is not contemplated at all. *Mourning Animals* investigates how we mourn animal deaths, which animals are grievable, and what the implications are for all animals.

The Animal Healer

The personal tale of an Australian adventurer's tragedy and triumph that is packed with historical insights. *On the Trail of Genghis Khan* is at once a celebration of and an elegy for an ancient way of life. Supported by an epic Australian and New Zealand Tour.

Ambiguous Loss

The heartache of miscarriage, stillbirth, or infant death affects thousands of U.S. families every year. *Empty Cradle, Broken Heart, Third Edition* offers reassurance to parents who struggle with anger, guilt, and despair during and after such a tragedy. In this new and updated edition, Deborah Davis encourages grieving and strives to cover many different kinds of loss, including information on issues such as the death of one or more babies from a multiple birth, pregnancy interruption, and the questioning of aggressive medical intervention. There is also a special chapter for fathers as well as a chapter on "protective parenting" to help anxious parents enjoy their precious living children. Doctors, nurses, relatives, friends, and other support persons can gain special insight. Most importantly, parents facing the death of a baby will find necessary support in this gentle guide.

Equus

Flash Fiction

The Works of Christopher Marlowe

Wrestling with the Angel addresses the human struggle to cope with death, dying, grief, and bereavement. The book includes essays, a one-act play, a short story, and poetry, including shape poems, rhyming, structured verse, and free verse. In the one-act play, an angel of death comes for a man who has lived an unexamined life and wants to explain why he is not prepared to leave. The short story offers a humorous look at a man who resists aging by continuing to view himself as the young man he once was. The diverse genres allow for different ways of exploring these issues, but all are intended to engage the reader's emotions as well as intellect. The writings incorporate reflections and quotations addressing common human issues related to our mortality and explore reactions to the loss of a loved one--whether expected, such as the death of an aging parent or someone with a terminal illness, or unexpected, such as accidental death. The final chapters examine how aging causes us to assess our lives and why preparing ourselves for death can enhance the quality of our life. This is a book with many more questions than answers, but the reader is invited to share in the process of finding answers. It is a book that requires the reader to be comfortable with ambiguity, because the reality it describes is often ambiguous--a reality that presents us with many choices but few certainties. Intended Audience: Scholars, hospice workers, funeral home directors, hospital chaplains, ministers, and others who work with bereavement issues; classes in death education and classes for mental health professionals in death and grief; general readers who have suffered the loss of a loved one.

There Are No Horseshoes in Heaven

An e-book edition of War Horse with movie stills, behind-the-scenes photos, storyboards, and more! In 1914, Joey, a beautiful bay-red foal with a distinctive cross on his nose, is sold to the army and thrust into the midst of the war on the Western Front. With his officer, he charges toward the enemy, witnessing the horror of the battles in France. But even in the desolation of the trenches, Joey's courage touches the soldiers around him and he is able to find warmth and hope. But his heart aches for Albert, the farmer's son he left behind. Will he ever see his true master again?

Mourning Animals

A collection of short stories, poems, and essays written by women who share the experiences of living in the Southwest.

On the Trail of Genghis Khan

Aime Tschiffely had been teaching in an English-American school in Argentina for almost a decade when he conceived his astounding plan: to travel from Buenos Aires to New York--10,000 miles--on horseback. In April 1925, Tschiffely set out with two native Argentine horses, Mancho and Gato, and with rugged determination, the trio traversed the Pampas, scaled the Bolivian Andes, struggled through Peruvian sands, swam the crocodile-infested rivers of Columbia, and fought their way through the jungles of Panama. They crossed Central America through countries devastated by years of war to finally reach Washington D.C., followed by a reception in New York. The three had been together, exclusively, for more than two years; during that time, Tschiffely developed a remarkable relationship with his horses--an affinity that has seldom been equaled. This colorful account is a true classic of travel literature and perhaps one of the greatest animal stories ever written.

Empty Cradle, Broken Heart

An anthropologist proves that animals really do experience emotions, describing through a number of specific cases how elephants, housecats and baboons exhibited signs of grieving upon experiencing a loss of a mate, sibling or child.

ReadMe

"Ellie believes that she will live in her little village on the coast of Nova Scotia for always. But when her father gets a job on Sable Island, she must say farewell to her beloved home and her mother's final resting place. Not even the idea of seeing the wild horses that roam the island can ease her pain of leaving. And after arriving on the sandy, windswept crescent of land, Ellie feels adrift and alone ... until one afternoon when she awakens on a dune to find herself looking into the curious eyes of a wild stallion. Little by little, as the days pass, Ellie gets closer to the beautiful chocolate-colored horse. Yet she soon discovers something that could take him away from his home, his herd, and her. Ellie has lost too much already. Will she loose her island horse, too?"--P. [2] of cover.

Wrestling with the Angel

Coping with the death of a loved one can be the most traumatic and stressful situation most people ever deal with - and the practical and emotional help available to the bereaved is often very poor. As the bereaved struggle to make sense of their new situation they often find that the advice they receive is produced by medical professionals who have never personally experienced grief; and filled with platitudes and clichés, with very little practical help. How long does grief last? What can I do to help myself? Are there really five stages of grief? Why can't other people understand how I feel? Will I ever be happy again? Pat Bertram debunks many established beliefs about what grief is, how it affects those left behind, and how to adjust to a world that no longer contains your loved one.

War Horse

A 12-year-old boy, mourning the death of his mother, takes refuge in the myths and fairytales she always loved--and finds that his reality and a fantasy world start to meld.

Widowed in a Heartbeat

A heartwarming story of a couple and their horse exploring what caring for a horse can teach us about companionship—whether it's with a four-legged friend or a fellow human. A surprise birthday gift plunged Joe and his wife, Kathleen, into the world of horses as complete neophytes without a clue as to what a horse needed or wanted. They searched for logic and sense in the rule books of traditional horse care. What they found was not what they had expected. Written for everyone who has ever loved a horse or ever loved the idea of loving a horse, this memoir leads us on a voyage of discovery as Joe and Kathleen navigate uncharted territory on their way to achieving a true relationship with their horses. Joe Camp's inspiring book unlocks the mystery of a majestic creature who has survived on earth, without assistance, for fifty-five million years and teaches us that the lessons he learned apply not only to horses but also to our relationships with people.

What Wildness Is This

A sensitive approach to overcoming loss! Behind every tragedy and loss lies a tranquil reality just waiting to be found. *Finding Peace When Your Heart Is in Pieces* shows you how to use the Four Paths of Transformation--acceptance, inspiration, release, and compassion--to move past your suffering and discover inner peace. Author Paul Coleman, PsyD, guides you through every chapter with powerful exercises that help you evaluate your current emotional state and how the hardship has impacted your life. With his guidance and insight, you will learn how to transform your pain into positive thinking, find perspective through charitable acts, and hone in on what you need to do to step into a brighter future. Whether mourning the loss of a romance, health, a loved one, or coping with any of life's upheavals, *Finding Peace When Your Heart Is in Pieces* will help you overcome your pain and finally find peace within yourself.

Tschiffely's Ride

Are horses really God's way of apologizing for men? When Susan was a girl of 10, she thought it would be perfect if only she could marry a horse. Two decades later she sometimes feared she might have to marry a horse as there seemed to be no suitable human alternative! Trot through *Horses Adored and Men Endured* and you'll sneak a neighbor's Palomino to a horse show, buy a green gelding as a first horse against all conventional advice, and trek across the Irish countryside on a sassy chestnut. Tag along on several cringe-worthy dates starting with food poisoning at prom to the surprise pie fight. Be there when Susan finally falls head over heels with someone tall, dark and handsome (it's a bay Thoroughbred gelding!). If you love heartwarming animal stories and laugh-out-loud tales of bad dates, pick up the memoir *Horses Adored and Men Endured* right now and gallop away on a horse-loving, Mr. Right-hunting adventure!

How Animals Grieve

Grief is a personal journey, never the same for any two people and as unique as your life and your relationships. Although loss is an inevitable part of life, how you approach this fact can make the difference between meaningless pain and the manifestation of understanding and wisdom. This book describes a mindful approach to dealing with grief that can help you make that difference. By walking this mindful path, you will discover that you are capable of transforming and healing the grief you carry and finding the spiritual and emotional resilience you need to move through this challenging time. These

mindfulness practices, explained here in simple and practical language, will help you bear your time of grief. But they will do more than that, too. They will guide you to a life more fully lived, with more meaning. These simple practices will help you experience what richness comes from asking deeper questions about loss and about life.

The Island Horse

A daughter's heartbreaking and tragic story of losing her parents—and hope for those walking their own journey through grief. Theo Boyd had always been close to her parents. Her father was a Texas peanut farmer, rancher, and preacher; her mother, deaf from a young age, was the glue that held them all together. Then one summer day in 2019, everything changed when Theo's mother died in a tragic accident on their family farm. As Theo began to process this loss, her marriage started to unravel, adding another painful layer to her grief. Meanwhile, Theo continued to care for her father who was shaken to his core by the tragedy. Nothing could erase the agony he felt from losing his love and soulmate of over fifty years, and one night he chose to escape his pain by ending his life. Theo suddenly had to learn to live without the two people who were her constant love and support—her parents. In *My Grief Is Not Like Yours*, Theo gives an unforgettable account of how quickly life can turn to grief. Beautifully woven, this book is threaded with memories and raw emotions that are seldom discussed. Theo shows readers how she endured the unimaginable. She walks beside anyone navigating through their grief, helping them feel less alone and guiding them to hope and healing. "We are all unique, in life and in death. We are born, we live, we die, and we grieve, but my grief is not like yours." —Theo Boyd

Grief: The Inside Story - A Guide to Surviving the Loss of a Loved One

A poignant middle grade animal story from talented author Linda Oatman High that will appeal to fans of Katherine Applegate's *The One and Only Ivan*. In this heartwarming novel, a girl and an elephant face the same devastating loss—and slowly realize that they share the same powerful love. Twelve-year-old Lily Pruitt loves her grandparents, but she doesn't love the circus—and the circus is their life. She's perfectly happy to stay with her father, away from her neglectful mother and her grandfather's beloved elephant, Queenie Grace. Then Grandpa Bill dies, and both Lily and Queenie Grace are devastated. When Lily travels to Florida for the funeral, she keeps her distance from the elephant. But the two are mourning the same man—and form a bond born of loss. And when Queenie Grace faces danger, Lily must come up with a plan to help save her friend.

The Book of Lost Things

When a devastating sickness spreads through a thoroughbred farm community, a young horse whisperer is determined to find out why all the foals are dying in this tightly woven, tender coming-of-age novel from award-winning author Heather Henson. Twelve-year-old Sky and her father are horse whisperers—their preternatural tenderness and understanding of horses, and Sky's uncanny ability to actually understand what they're saying, become their livelihood during the foaling season at multimillion dollar horse farms. They're sought after by the most prestigious farms in the country to keep pregnant horses calm and stress-free until they give birth. But this spring, something awful is happening...foal after foal is a stillborn, and no one knows why. And worse for Sky, who lost her mother only months earlier, her most beloved horse is about to have her first foal. In agony, Sky takes it upon herself to figure out what the vets are missing, and stop it before even more foals are lost.

The Soul of a Horse

Finding Peace When Your Heart Is In Pieces