# theatre ritual and transformation the senoi temiars

**#Senoi Temiars theatre #ritual transformation #indigenous performance #cultural anthropology Malaysia #theatre**<a href="mailto:spirituality">spirituality</a>

Explore the profound connection between theatre, ritual, and personal transformation as exemplified by the fascinating practices of the Senoi Temiars. This discussion delves into how indigenous performance serves as a powerful medium for spiritual and communal change, offering insights into their unique cultural expressions and the transformative power of ritualized theatre.

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#### Theatre, Ritual and Transformation

Sue Jennings and her three children spent two years on a fieldwork expedition to the Senoi Temiar people of Malaysia: Theatre, Ritual and Transformation is a fascinating account of that experience. She describes how the Temiar regularly perform seances which are enacted through dreams, dance, music and drama, and explains that they see the seance as playing a valuable preventative role in people's lives, as well as being a medium of healing and cure. Her account brings together the insights of drama, therapy and theatre with those of social anthropology to provide an invaluable theoretical framework for understanding theatre and ritual and their links with healing.

# Drama, Ritual and Transformation

This book considers the relevance of ritual theatre in contemporary life and describes how it is being used as a highly cathartic therapeutic process. With contributions from leading experts in the field of dramatherapy, the book brings together a broad spectrum of approaches to ritual theatre as a healing system.

# Ritual Theatre

"The creative arts therapies, which include art, dance/movement, drama music, poetry and psychodrama as part of the healing process are successful approaches in working with clients whose lives are touched by adoption and foster care. The book reflects the ways in which therapies can be applied to different adoption and foster care settings, and represents the spect rum of ideas in current practice."

#### Creative Arts Therapies Approaches in Adoption and Foster Care

Routledge International Handbook of Dramatherapy is the first book of its kind to bring together leading professionals and academics from around the world to discuss their practice from a truly international perspective. Dramatherapy has developed as a profession during the latter half of the twentieth century. Now, we are beginning to see its universal reach across the globe in a range of different and diverse approaches. From Australia, to Korea to the Middle East and Africa through Europe and into North & South America dramatherapists are developing a range of working practices using the curative power of drama within a therapeutic context to work with diverse and wide ranging populations. Using traditional

texts in the Indian sub-continent, healing performances in the Cameroon, supporting conflict in Israel and Palestine, through traditional Comedic theatre in Italy, to adolescents in schools and adults with mental ill health, this handbook covers a range of topics that shows the breadth, depth and strength of dramatherapy as a developing and maturing profession. It is divided into four main sections that look at the current international: Developments in dramatherapy Theoretical approaches Specific practice New and innovative approaches Offering insights on embodiment, shamanism, anthropology and cognitive approaches coupled with a range of creative, theatrical and therapeutic methods, this ground breaking book is the first congruent analysis of the profession. It will appeal to a wide and diverse international community of educators, academics, practitioners, students, training schools and professionals within the arts, arts education and arts therapies communities. Additionally it will be of benefit to teachers and departments in charge of pastoral and social care within schools and colleges.

#### Routledge International Handbook of Dramatherapy

Space, Place and Dramatherapy: International Perspectives provides radical, critical and practical insights into the relevance and significance of space and place in dramatherapy practice. Bringing together an international breadth of contributors, the chapters of this book reveal extensive reflections on the many spaces in which dramatherapists and their clients work and offer research implications for those wishing to critically examine their own symbolic or structural spaces in dramatherapy practice. Chapters consider space and place from many angles: ritual and symbolic spaces; transitional and play spaces; educational and interpersonal spaces; and scenographic and architectural spaces. The book examines the impact of space on human (and more-than-human) relationships, dramatherapy practice and processes and mental health, offering new avenues of research and critical enquiry. This volume is the first of its kind to rigorously elucidate the importance of space within the field of dramatherapy and is essential reading for academics, scholars and postgraduate students of dramatherapy as well as practicing dramatherapists and professionals within the wider domains of arts and health.

# Space, Place and Dramatherapy

The first overarching work on dramatherapy intercultural practice and research, this book explores the therapeutic encounter between therapists and participants as an intercultural space, highlighting how attending to cultural differences informs care. Drawing on international voices of practitioners and participants, each chapter seeks to explore how social and political struggles, such as rising global conservatism, nationalism, climate crisis, increasing displacement and the coronavirus pandemic, are experienced in dramatherapy. Main themes covered include the development of intercultural good practice guidelines, therapist transparency – especially through self-disclosure and transference issues for the therapist – and the negotiation of power relationships across identity differences. The book concludes with a section on recommendations for training, supervision and practice. A resource from which new practice and research can emerge, this book will be valuable to dramatherapy educators, practitioners and students, specifically those interested in intercultural practice.

#### Intercultural Dramatherapy

This study investigates forms of theatre/performance practice and training that can be seen to employ 'trance' states or engage the concept of 'states of consciousness' as performative practice. Trance is considered to be the result of sustained involvement with detailed information that is structurally organised, invoking imaginative and affective engagements that are maintained as interactions between the performer, other performers, the environment and audience of the performance. This thesis investigates trance performance through the conceptual lens of dramatic arts practice. In their respective cultural contexts, trance and theatre attain qualities considered as sacredness. Trance practice and performance, across a range of cultural contexts, are analysed as social processes - as elements of power relations that influence the performer, audience and environment of the performance. As performance traditions and events, this study will examine strands of praxis that can be drawn from Constantin Stanislavski to Lee Strasberg to Mike Leigh; from Antonin Artaud to Samuel Beckett and Jerzy Grotowski; from the Balinese trance performance form of Sanghyang Dedari in the 1930s to the 1990s; from the Channeling practitioners in the U.S. in the 1930s to Seth and Lazaris in the 1970s to the 1990s; and from traditions of military training, performance violence, and rhetoric associated with the attacks of the 11th of September 2001 in the U.S. and its aftermath.

#### **Trance Forms**

Dramatherapy is increasingly being used in schools and educational establishments as a way of supporting young people's emotional needs. This book examines the space between drama education and Dramatherapy exploring the questions: Does a therapist teach? When does the role of the drama teacher border on that of therapist? How do these two professions see and understand each other and the roles they play? In Drama Education and Dramatherapy, Clive Holmwood draws on his experience as a Dramatherapist and examines the history of drama education and Dramatherapy, exploring the social, political, therapeutic and artistic influences that have impacted these two professions over the last century. He also discusses how these fields are intrinsically linked and examines the liminal qualities betwixt and between them. The book considers two specific case studies, from the therapist's and teacher's perspectives discussing what happens in the drama class and therapy space including how the dramatic form is understood, explored and expressed both educationally and therapeutically. The 'them and us' mentality, which often exists in two different professions that share a common origin is also explored. The book contemplates how teachers and Dramatherapists can work collaboratively in the future, bringing down barriers that exist between them and beginning a working dialogue that will ultimately and holistically support the children and young people they all work with. This book will be of interest to those involved in using drama in an educational or therapeutic context, including: drama teachers, arts therapists, teachers of arts therapy and researchers within wider arts, applied arts and educational faculties within colleges and universities.

## Drama Education and Dramatherapy

This third edition of Current Approaches in Drama Therapy offers a revised and updated comprehensive compilation of the primary drama therapy methods and models that are being utilized and taught in the United States and Canada. Two new approaches have been added, Insight Improvisation by Joel Gluck, and the Miss Kendra Program by David Read Johnson, Nisha Sajnani, Christine Mayor, and Cat Davis, as well as an established but not previously recognized approach in the field, Autobiographical Therapeutic Performance, by Susana Pendzik. The book begins with an updated chapter on the development of the profession of drama therapy in North America, followed by a chapter on the current state of the field written by the editors and Jason Butler. Section II includes the 13 drama therapy approaches, and Section III includes the three related disciplines of Psychodrama and Sociodrama, Playback Theatre, and Theatre of the Oppressed that have been particularly influential to drama therapists. This highly informative and indispensable volume is structured for drama therapy training programs. It will continue to be useful as a basic text of drama therapy for both students and seasoned practitioners, including mental health professionals (such as counselors, clinical social workers, psychologists, creative arts therapists, occupational therapists), theater and drama teachers, school counselors, and organizational development consultants.

## Current Approaches in Drama Therapy

Stories from various cultures and periods of time can be identified which deal with a concept of soul loss that is essentially shamanic. In shamanism, soul loss is the term used to describe the way parts of the psyche become detached when we are faced with traumatic situations. In shamanic terms, these split-off parts can be found in non-ordinary reality and are only accessible to those familiar with its topography. Case studies are presented to show how the way soul loss is dealt with by indigenous shamans differs from the way it is treated by neo-shamanic practitioners. Stories have traditionally been classified as epics, myths, sagas, legends, folk tales, fairy tales, parables and fables. However, the definitions of the terms have a tendency to overlap, making it difficult to classify and categorize material. For this reason, a case can be made for the introduction of a new genre, termed the shamanic story—a story that has either been based on or inspired by a shamanic journey (a numinous experience in non-ordinary reality) or one that contains a number of the elements typical of such a journey. Within this new genre it is proposed that there exists a sub-genre, shamanic stories that deal specifically with soul-loss, and examples are presented and analysed to support this hypothesis.

## Soul Loss and the Shamanic Story

Provides an international forum where theatrical scholarship and practice can meet.

#### New Theatre Quarterly 76: Volume 19, Part 4

The Malay World (Alam Melayu), spanning the Malay Peninsula, much of Sumatra, and parts of Borneo, has long contained within it a variety of populations. Most of the Malays have been organized into the

different kingdoms (kerajaan Melayu) from which they have derived their identity. But the territories of those kingdoms have also included tribal peoples - both Malay and non-Malay - who have held themselves apart from those kingdoms in varying degrees. In the last three decades, research on these tribal societies has aroused increasing interest. This book explores the ways in which the character of these societies relates to the Malay kingdoms that have held power in the region for many centuries past, as well as to the modern nation-states of the region. It brings together researchers committed to comparative analysis of the tribal groups living on either side of the Malacca Straits - in Indonesia, Malaysia, Thailand, and Singapore. New theoretical and descriptive approaches are presented for the study of the social and cultural continuities and discontinuities manifested by tribal life in the region.

# Tribal Communities in the Malay World

This bestselling book is now updated with new material and more tried-and-tested ideas, bringing it up-to-date with contemporary drama. 150 ideas for drama in one practical manual makes this a veritable treasure trove which will inspire everyone to run drama sessions creatively, enjoyably and effectively. This book features advice on setting up a group, defining and negotiating aims and objectives, and how to ensure a successful session. It contains activities which encourage memory, interaction, concentration, feedback, and many other skills. It also includes games, warm-ups and starters, improvisation role-play, visual dynamics, and closures.

# Creative Drama in Groupwork

Bringing together over thirty years of detailed ethnographic research on the Menrag of Malaysia, this fascinating book analyzes and documents the experience of development and modernization in tribal communities. Descendents of hunter-gatherers who have inhabited Southeast Asia for about 40,000 years, the Menraq (also known as Semang or Negritos) were nomadic foragers until they were resettled in a Malaysian government-mandated settlement in 1972. Modernity and Malaysia begins with the 'Jeli Incident' in which several Menrag were alleged to have killed three Malays, members of the dominant ethnic group in the country. Alberto Gomes links this uncharacteristic violence to Menrag experiences of Malaysian-style modernity that have left them displaced, depressed, discontented, and disillusioned. Tracing the transformation of the lives of Menrag resulting from resettlement, development, and various 'civilizing projects', this book examines how the encounter with modernity has led the subsistence-oriented, relatively autonomous Menrag into a life of dependence on the state and the market. Challenging conventional social scientific understanding of concepts such as modernity and marginalization, and providing empirical material for comparison with the experience of modernity for indigenous peoples around the world, Modernity and Malaysia is a valuable resource for students and scholars of anthropology, development studies and indigenous studies, as well as those with a more general interest in asian studies.

# Modernity and Malaysia

Brings you up-to-date with the latest developments in dramatherapy. Shows how dramatherapy is evolving its own theory, methodology and models for assessment and supervision. Twenty-nine international contributors.

## Dramatherapy

Sue Jennings introduces the concept of 'Neuro-Dramatic-Play', exploring the sensory experiences that take place between mother and child during pregnancy and the first few months after birth. She explains how this interaction is of crucial importance for the infant to develop a healthy brain, strong attachments and future resilience.

#### Healthy Attachments and Neuro-dramatic-play

Dance is more than an aesthetic of life – dance embodies life. This is evident from the social history of jive, the marketing of trans-national ballet, ritual healing dances in Italy or folk dances performed for tourists in Mexico, Panama and Canada. Dance often captures those essential dimensions of social life that cannot be easily put into words. What are the flows and movements of dance carried by migrants and tourists? How is dance used to shape nationalist ideology? What are the connections between dance and ethnicity, gender, health, globalization and nationalism, capitalism and post-colonialism?

Through innovative and wide-ranging case studies, the contributors explore the central role dance plays in culture as leisure commodity, cultural heritage, cultural aesthetic or cathartic social movement.

#### **Dancing Cultures**

This is the first in-depth study of the Malay martial art, silat, and the first ethnographic account of the Haqqani Islamic Sufi Order. Drawing on 12 years of research and practice, the author provides a major contribution to the study of Malay culture.

#### Shadows of the Prophet

Stories have traditionally been classified as epics, myths, sagas, legends, folk tales, fairy tales, parables or fables. However, the definitions of the terms have a tendency to overlap, making it difficult to classify and categorize material. For this reason, a case can be made for the introduction of a new genre, termed the shamanic story - a story that has either been based on or inspired by a shamanic journey (a numinous experience in non-ordinary reality) or one that contains a number of the elements typical of such a journey. Other characteristics include the way in which the stories all tend to contain embedded texts (often the account of the shamanic journey itself), how the number of actors is clearly limited as one would expect in subjective accounts of what can be regarded as inner journeys, and how the stories tend to be used for healing purposes. Within this new genre, it is proposed that there exists a sub-genre – shamanic stories that deal specifically with divination, and examples are presented and analysed to support this hypothesis. By means of textual analysis it can be shown they all share certain attributes in common, the identification of which forms the conclusion of the work.

# Divination and the Shamanic Story

Histories, Cultures, Identities deals with two central questions relating to the Chinese community in Malaysia. First, how has being Chinese shaped the responses of this community to political, economic, and social developments in the country? And second, how have their experiences in Malaysia affected the way in which immigrants from China and their descendants identify themselves as Chinese?

#### Histories, Cultures, Identities

With its roots in one of the most well known and long-lasting healing rituals to be found in Europe, the tarantula's dance has now become a popular music and dance craze. In this book the author examines the history and evolution of the ritual.

#### **Dances with Spiders**

Cover -- Title -- Copyright -- Dedication -- Contents -- Author's acknowledgements -- Introduction -- Chapter 1 Practical play and drama -- Chapter 2 Play and attachment -- Chapter 3 Sand play: sensory play and messy play -- Chapter 4 Movement, dance and games -- Chapter 5 Projective play and calming methods -- Chapter 6 Learning to fly and keeping safe -- Chapter 7 Dramatic play, roles and drama -- Chapter 8 Masks and puppets -- Appendix 1 Assessment -- Appendix 2 Play outdoors -- Appendix 3 Messy play recipes -- References and further reading

## Creative Play with Children at Risk

The Temiars, a Mon-Khmer-speaking Orang Asli society living in the uplands of northern Peninsular Malaysia, have long attracted popular attention in the West for reports that ascribed to them the special psychotherapeutic technique known as 'Senoi Dreamwork'. However, the reality of Temiar religion and society, as studied and recorded by Geoffrey Benjamin, is even more fascinating than that popular portrayal—which he shows to be based on a serious misrepresentation of Temiar practice. When Benjamin first lived in the isolated villages of the Temiars between 1964 and 1965, he encountered a people who lived by swidden farming supplemented by hunting and fishing. They practised their own localised animistic religion in an area where the main religion was once Mahayana Buddhism and is now Islam. Half a century later, the Temiars have become much more deeply embedded in broader Malaysian society, while retaining their distinctive way of life and maintaining their complex animistic religious beliefs. Benjamin's ongoing fieldwork in the 1970s, 1990s and 2000s followed the Temiars through processes of religious disenchantment and re-enchantment, as they reacted in various ways to the advent of Baha'i, Islam and Christianity. Some Temiars even developed a new religion of their own. In addition to its rich ethnographic reportage, the book proposes a novel theory of religion, and in the

process develops a deeply insightful account of the changing intellectual framework of anthropology over the past half-century.

# Temiar Religion, 1964-2012

This volume seeks to foreground a "borderless" history and geography of South, Southeast, and East Asian littoral zones that would be maritime-focused, and thereby explore the ancient connections and dynamics of interaction that favoured the encounters among the cultures found throughout the region stretching from the Indian Ocean littorals to the Western Pacific, from the early historical period to the present. Transcending the artificial boundaries of macro-regions and nation-states, and trying to bridge the arbitrary divide between (inherently cosmopolitan) "high" cultures (e.g. Sanskritic, Sinitic, or Islamicate) and "local" or "indigenous" cultures, this multidisciplinary volume explores the metaphor of Monsoon Asia as a vast geo-environmental area inhabited by speakers of numerous language phyla, which for millennia has formed an integrated system of littorals where crops, goods, ideas, cosmologies, and ritual practices circulated on the sea-routes governed by the seasonal monsoon winds. The collective body of work presented in the volume describes Monsoon Asia as an ideal theatre for circulatory dynamics of cultural transfer, interaction, acceptance, selection, and avoidance, and argues that, despite the rich ethnic, linguistic and sociocultural diversity, a shared pattern of values, norms, and cultural models is discernible throughout the region.

# Spirits and Ships

Religious power assumes many strikingly different forms, which are often regarded as unique, unrelated, and even mutually exclusive. Religion in Context, however, adopts a holistic approach and argues that these apparently contradictory mystical experiences are in fact part of a web of mutually defining and sustaining elements. Stressing the importance of rigorous social contextualisation, I. M. Lewis analyses phenomena such as spirit-possession, witchcraft, cannibalism, and shamanism, revealing connections between them and with the world religions. This expanded and updated edition illuminates critical aspects of religious power, and demonstrates the value of a comparative approach to formulating anthropological theory. It will be of value to students of anthropology, religion, and to anyone concerned with the nature of religion in the modern world.

## Religion in Context

A Guide to Imagework is a pioneering guide to a new trend in ethnographic research: the use of imaginative, experiential methods such as dreamwork, artwork, Gestalt theory and psychodrama. Originating in group counselling and psychiatric therapy, imagework techniques explore subjects' imaginative resources to reveal unconscious knowledge about identity, belief and society. They are ideal for accessing rich qualitative data about how individuals and cultures function. Iain Edgar, a leading specialist on ethnographic method, has condensed top-level research theory on imagework into this handy practical manual. Complete with case studies and examples, hands-on tips and guidance on methods and ethics, it is an ideal starting point for any imagework project.

## A Guide to Imagework

This book examines the nature of treatments available for traumatized people, describing common elements, as well as those which are specific to each treatment. It presents a diversity of theories and tools for understanding how history and personalities affect the individual. Complete with case studies, it is ideal for practitioners at all levels.

## Approaches to Psychic Trauma

A collaborative therapeutic approach is often the best way to assess and meet the needs of troubled children. Focusing on Multi Agency Support Teams in educational settings, this book describes how specialist therapists and other professionals can successfully work together to become essential interlocking pieces of the jigsaw of emotional support.

## Dramatherapy and Family Therapy in Education

The egalitarian society once enjoyed by the Lanoh hunter-gatherers of Peninsular Malaysia is quickly changing. Throughout a year of ethnographic fieldwork among the Lanoh, Csilla Dallos studied and interpreted social change in order to better understand the processes leading to inequality and the

concurrent development of social complexity within a community. From Equality to Inequality provides rich empirical data on the factors within a community that significantly affect the development of inequality, including the effects of sedentism, integration, leadership competition, self-aggrandizement, marginalization, and feuding kinship groups. In this case study, Dallos argues that in order to understand emerging inequality, anthropologists and social scientists need to revisit current conceptions of politics in small-scale egalitarian societies. Offering a new model of developing social inequality that is congruent with the principles of complexity theory, From Equality to Inequality is a sterling example of how anthropological practice can further our general understanding of human behaviour.

# From Equality to Inequality

This second edition is fully updated and addresses ways in which we can apply stories and storytelling with children who are troubled. Stories can empower children to take action and ask for help, including help with changes and life-plans. Stories provide a secure structure with endings and closure. The book develops the following topics: Stories for assessment Stories for understanding emotions Stories for exploring the senses Stories for managing loss Stories for ritual and drama There are new and revised stories, in particular addressing trauma and abuse. This book is written for all those people with the welfare of children as their priority.

#### Creative Storytelling with Children at Risk

"This revised and expanded second edition is the only comprehensive, inclusive, practical, and affordable resource for play therapy supervisors"--

# Supervision Can Be Playful

This volume asks what Koreans consider makes music Korean, and how meaning is ascribed to musical creation. Keith Howard explores specific aspects of creativity that are designed to appeal to a new audience that is increasingly westernized yet proud of its indigenous heritage--updates of tradition, compositions, and collaborative fusions. He charts the development of the Korean music scene over the last 25 years and interprets the debates, claims and statistics by incorporating the voices of musicians, composers, scholars and critics.

Perspectives on Korean Music: Creating Korean music: tradition, innovation and the discourse of identity

Spirituality is, too often, subsumed under the heading of religion and treated as much the same kind of thing. Yet spirituality extends far beyond the spaces of religion. The spiritual makes geography strange, challenging the relationship between the known and the unknown, between the real and the ideal, and prompting exciting possibilities for charting the ineffable spaces of the divine which lie somehow beyond geography. In setting itself that task, this book pushes the boundaries of geographies of religion to bring into direct focus questions of spirituality. By seeing religion through the lens of practice rather than as a set of beliefs, geographies of religion can be interpreted much more widely, bringing a whole range of other spiritual practices and spaces to light. The book is split into three sections, each contextualised with an editors' introduction, to explore the spaces of spiritual practice, the spiritual production of space, and spiritual transformations. This book intends to open to up new questions and approaches through the theme of spirituality, pushing the boundaries on current topics and introducing innovative new ideas, including esoteric or radical spiritual practices. This landmark book not only captures a significant moment in geographies of spirituality, but acts as a catalyst for future work.

## Asian Theatre Journal

Ethnomusicology and its Intimacies situates intimacy, a concept that encompasses a wide range of often informal social practices and processes for building closeness and relationality, within the ethnomusicological study of music and sound. These scholarly essays reflect on a range of interactions between individuals and communities that deepen connections and associations, and which may be played out relatively briefly or nurtured over time. Three major sections on Performance, Auto/biographical Strategies, and Film are each prefaced by an interview with a scholar or practitioner with close knowledge of the subject that links the chapters in that section. Often drawing directly on fieldwork experience in a variety of contexts, authors consider how concepts of intimacy can illuminate the ethnographic study of music, addressing questions such as: how can we understand

ethnomusicological and ethnographic research and performance as processes of musically mediated intimacy? How are the longstanding relationships we develop with others particularly intimated by and through musicking? How do we understand the musically intimate relationships of others and how do these inflect our own musical intimacies? How does music represent, inscribe, constrain, or provoke social or personal intimacies in particular contexts? The volume will appeal to all scholars with interests in music and how it is used to construct relationships in different contexts around the world.

# Spaces of Spirituality

In this fascinating volume, acclaimed theatre historian Erika Fischer-Lichte reflects on the role and meaning accorded to the theme of sacrifice in Western cultures as mirrored in particular fusions of theatre and ritual. Theatre, Sacrifice, Ritual presents a radical re-definition of ritual theatre through analysis of performances as diverse as: Max Reinhardt's new people's theatre the mass spectacles of post-revolutionary Russia American Zionist pageants the Olympic Games. In offering both a performative and a semiotic analysis of such performances, Fischer-Lichte expertly demonstrates how theatre and ritual are fused in order to tackle the problem of community-building in societies characterised by loss of solidarity and disintegration, and exposes the provocative connection between the utopian visions of community they suggest, and the notion of sacrifice. This innovative study of twentieth-century performative culture boldly examines the complexities of political theatre, propaganda and manipulation of the masses, and offers a revolutionary approach to the study of theatre and performance history.

#### Ethnomusicology and its Intimacies

Revision of author's doctoral thesis, Tokyo Metropolitan University, 2002.

# Theatre, Sacrifice, Ritual: Exploring Forms of Political Theatre

The Routledge International Handbook of Therapeutic Stories and Storytelling is a unique book that explores stories from an educational, community, social, health, therapeutic and therapy perspectives, acknowledging a range of diverse social and cultural views in which stories are used and written by esteemed storytellers, artists, therapists and academics from around the globe. The book is divided into five main sections that examine different approaches and contexts for therapeutic stories and storytelling. The collected authors explore storytelling as a response to the Covid-19 pandemic, in education, social and community settings, and in health and therapeutic contexts. The final section offers an International Story Anthology written by co-editor Sharon Jacksties and a final story by Katja Gore an. This book is of enormous importance to psychotherapists and related mental health professionals, as well as academics, storytellers, teachers, people working in special educational needs, and all those with an interest in storytelling and its applied value.

# Living on the Periphery

Notions of the sublime are most often associated with the extraordinary, and include the intra-psychic, high-cultural and exceptional occurrences of elation and exaltation as part of the experience. Using psychoanalytic and aesthetic theories, this book aims to revitalise the sublime by re-evaluating its significance for contemporary life and, in a unique and fascinating endeavour, opens up a space that explores the sublime in the ordinary, everyday and quotidian. Through the exploration of familiar (i.e. love, death, art and nature) and unfamiliar (pornography, education and politics) threads of the sublime experience, this book posits the sublime as invoking an ordinary human response which contains minute, inter-psychic, inclusive and even mass-media cultural elements, and carries within it therapeutic and political potential. It explores loving and caring, as well as hateful, traumatic and destructive encounters with the sublime, demonstrating how it can overflow and destabilise our psychological and social symbolic structures and expose their fictional and constructed nature, but also shows it as something we can engage with in order to re-create and heal ourselves, above and beyond what any 'given' form of reality can offer us. Demonstrating the urgent need to understand the sublime as something that is immanent in our everyday life, a source of energy and inspiration that can be invoked to support our mental health and well-being, this book will be of great interest to psychoanalysts, psychotherapists and art therapists, as well as scholars and students of philosophy and popular culture.

Routledge International Handbook of Therapeutic Stories and Storytelling

The Sublime in Everyday Life

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