

parenting for peace raising the next generation of peace-makers

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Discover effective strategies for parenting for peace, guiding your children to become the next generation of compassionate peacemakers. This resource explores practical peaceful parenting techniques designed to cultivate empathy, understanding, and a commitment to positive change in young minds.

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Parenting for Peace

This book emphasizes a mother's role in the development of the child's brain and emotional infrastructures.

9 Things

It is easy in our fast-paced, competitive, consumer-driven world to forget that children are not mini-adults, projects to be managed or problems to be solved. This common-sense guide to parenting and caring for children under eight, reminds us that a child's development cannot be rushed, or crudely measured against milestones. It takes an entire childhood to grow and there is no perfect when it comes to parenting. In her informed, heartfelt way, one of Australia's favourite parenting authors Maggie Dent takes a comprehensive look at the 9 Things that truly matter in raising children, and why they matter so much. She uses the metaphor of a wise aunty, Wilma — a voice of ancient wisdom that seems to be disappearing amidst the chaos. With passion, warmth and humour, Maggie draws on current research and her extensive experience as an educator, counsellor and mother of four to guide parents and caregivers in their endless decision-making, to raise children who are happy, healthy, strong, kind and resilient. Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors and educators, with a particular interest in the early years, adolescence and resilience. Maggie's experience includes teaching, counselling, and working in palliative care/funeral services and suicide prevention. She is a dedicated advocate to quietly changing lives in our families and communities. She is the mother of four sons and a very grateful grandmother. Maggie is the author of 11 books including her 2018 release *Mothering Our Boys* which is already a bestseller.

Real Kids in an Unreal World

Real children need real experiences with real people to grow up happy, healthy, strong, kind and resilient. In the second edition of this bestselling book from one of Australia's favourite parenting authors and educators Maggie Dent, Maggie explores the 10 essential building blocks that help children build resilience and self-esteem in our chaotic, uncertain world. We can't change the world, however we can help our children to develop emotional buoyancy and competence by experiencing life's joys and successes, as well as its challenges and setbacks. When this is done within the safety of supportive relationships—especially in families and communities—one building block at a time from birth to 12, children can grow into being the capable, independent adults we all yearn to meet one day. About Maggie: Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors and educators, with a particular interest in the early years, adolescence and resilience. Maggie's experience includes teaching, counselling, and working in palliative care/funeral services and suicide prevention. She is a dedicated advocate to quietly changing lives in our families and communities. She is the mother of four sons and a very grateful grandmother. Maggie is the author of 11 books including her 2018 release *Mothering Our Boys* which is already a bestseller.

Mother Hunger

An insatiable need for sex and love. Periods of overeating or starving. A pattern of unstable and painful relationships. Does this sound painfully familiar? Trauma counselor Kelly McDaniel has seen these traits over and over in clients who feel trapped in cycles of harmful behaviors—and are unable to stop. Many of us find ourselves stuck in unhealthy habits simply because we don't see a better way. With *Mother Hunger*, McDaniel helps women break the cycle of destructive behavior by taking a fresh look at childhood trauma and its lasting impact. In doing so, she destigmatizes the shame that comes with being under-mothered and misdiagnosed. McDaniel offers a healing path with powerful tools that include therapeutic interventions and lifestyle changes in service to healthy relationships. The constant search for mother love can be a lifelong emotional burden, but healing begins with knowing and naming what we are missing. McDaniel is the first clinician to identify Mother Hunger, which demystifies the search for love and provides the compass that each woman needs to end the struggle with achy, lonely emptiness, and come home to herself.

Meeting the Needs of Parents Pregnant and Parenting After Perinatal Loss

Despite research which highlights parents' increased anxiety and risk of attachment issues with the pregnancy that follows a perinatal loss, there is often little understanding that bereaved families may need different care in their subsequent pregnancies. This book explores the lived experience of pregnancy and parenting after a perinatal loss. *Meeting the Needs of Parents Pregnant and Parenting After Perinatal Loss* develops a helpful framework, which integrates continuing bonds and attachment theories, to support prenatal parenting at each stage of pregnancy. Giving insight into how a parent's world view of a pregnancy may have changed following a loss, readers are provided with tools to assist parents on their journey. The book discusses each stage of a pregnancy, as well as labor and the postpartum period, before examining subjects such as multi-fetal pregnancies, reluctant terminations, use of support groups, and the experiences of fathers and other children in the family. The chapters include up-to-date research findings, vignettes from parents reflecting on their own experiences and recommendations for practice. Written for researchers, students and professionals from a range of health, social welfare and early years education backgrounds, this text outlines what we know about supporting bereaved families encountering the challenges of a subsequent pregnancy.

Women's Reproductive Mental Health Across the Lifespan

"In this book you'll find a thoughtfully edited chronicle of the unique convergence of genetic, hormonal, social, and environmental forces that influence a woman's mental health over the course of her life. Both comprehensive and nuanced, *Women's Reproductive Mental Health Across the Lifespan* captures the science, clinical observation, and collective wisdom of experts in the field. Professionals and laypersons alike are well-advised to make room on their bookshelves for this one!" - Margaret Howard, Ph.D., Warren Alpert Medical School of Brown University; Women & Infants Hospital, Providence RI "This outstanding collection of work is an important, timely, and much needed resource. Dr. Diana Lynn Barnes has been instrumental in bringing attention to the needs of perinatal women for decades. In *Women's Reproductive Health Across the Lifespan*, she brilliantly unites the medical world of reproductive life events with the psychiatric and psychological world of mental health issues associated

with them. Her expertise, combined with contributions by distinguished leaders in the field, create a volume of work that should be studied carefully by every medical and mental health provider who works with women." - Karen Kleiman, MSW, The Postpartum Stress Center, Author of *Therapy and the Postpartum Woman* "Finally, a book that addresses the entire scope of women's reproductive mental health spanning the gamut from puberty to menopause. The list of chapter contributors reads like a who's who of international experts. Unique to this book is its focus on the interaction of genetics, hormonal fluctuations, and the social environment. It is a must addition for the libraries of clinicians and researchers in women's reproductive mental health". - Cheryl Tatano Beck, DNSc, CNM, FAAN, Board of Trustees Distinguished Professor, School of Nursing, University of Connecticut Pregnancy and childbirth are generally viewed as joyous occasions. Yet for numerous women, these events instead bring anxiety, depression, and emotional distress. Increased interest in risk reduction and early clinical intervention is bringing reproductive issues to the forefront of women's mental health. The scope of *Women's Reproductive Mental Health across the Lifespan* begins long before the childbearing years, and continues well after those years have ended. Empirical findings, case examples, and dispatches from emerging areas of the field illuminate representative issues across the continuum of women's lives with the goal of more effective care benefitting women and their families. Chapter authors discuss advances in areas such as fertility treatment and contraception, and present current thinking on the psychological impact of pregnancy loss, menopause, cancer, and other stressors. These expert contributors emphasize the connections between an individual's biology and psychology and cultural expectations in shaping women's mental health, and the balance between a client's unique history and current clinical knowledge clinicians need to address disorders. Included in the coverage: The experience of puberty and emotional wellbeing. Body image issues and eating disorders in the childbearing years. Risk assessment and screening during pregnancy. Normal and pathological postpartum anxiety. Mood disorders and the transition to menopause. The evolution of reproductive psychiatry. A reference with an extended shelf life, *Women's Reproductive Mental Health across the Lifespan* enhances the work of researchers and practitioners in social work, clinical psychology, and psychiatry, and has potential relevance to all health care professionals.

Peacemaking Circles

Basic conflict-resolution skills found in Scripture can help you change your home from a battle zone to a love nest. Distinguishing between positive and negative conflict resolution, *Peacemaking for Families* introduces the reader to valuable principles such as "The Peacemaker's Pledge," the "Seven A's of Forgiveness," and the "PAUSE Principle of Negotiation." Real-life stories and case studies help the reader to acquire the skills needed to create a true "peacemaking family."

Peacemaking for Families

Diana Oestreich, a combat medic in the Army National Guard, enlisted like both her parents before her. But when she was commanded to run over an Iraqi child to keep her convoy rolling and keep her battle buddies safe, she was confronted with a choice she never thought she'd have to make. Torn between God's call to love her enemy and her country's command to be willing to kill, Diana chose to wage peace in a place of war. For the remainder of her tour of duty, Diana sought to be a peacemaker--leading to an unlikely and beautiful friendship with an Iraqi family. A beautiful and gut-wrenching memoir, *Waging Peace* exposes the false divide between loving our country and living out our faith's call to love our enemies--whether we perceive our enemy as the neighbor with an opposing political viewpoint, the clerk wearing a head-covering, or the refugee from a war-torn country. By showing that us-versus-them is a false choice, this book will inspire each of us to choose love over fear.

Waging Peace

Parenting for a Peaceful World is a fascinating look at how child-rearing customs have shaped societies and major world events. It reveals how children adapt to and are influenced by different parenting styles and how safeguarding their emotional development is the key to creating a more peaceful, harmonious and sustainable world. Practical advice for raising a well-adjusted child includes tips on supporting your child's developing emotional intelligence, understanding how your childhood has influenced your own emotional make-up, and helping you achieve your full parenting potential. Drawing on leading edge brain research, child-development studies, psycho-history, and personal and clinical experience, this completely revised and updated edition of *Parenting for a Peaceful World* is a must-read for parents, child health professionals, teachers, and for adults seeking to heal and grow.

Parenting for a Peaceful World

Young readers will enjoy reading about the upcoming school play at Bear Country School in this addition to the Living Lights™ series of Berenstain Bears books. Children will learn how to make the decision of minding their own business or acting as a peacemaker. The Berenstain Bears Blessed are the Peacemakers—part of the popular Zonderkidz Living Lights series of books—is perfect for: Early readers ages 4-8 Reading out loud in classrooms, during story time, and at home or bedtime Birthday gifts, Easter, holiday gift giving, or as a new addition to your e-library Sparking intentional conversations about making the decision to help others with mediation The Berenstain Bears Blessed are the Peacemakers is an addition to the Living Lights™ series that: Features the hand-drawn artwork of the Berenstain family Continues in the much-loved footsteps of Stan and Jan Berenstain in this Berenstain Bears series of books Is part of one of the bestselling children's book series ever created, with more than 250 books published and nearly 300 million copies sold to date

The Berenstain Bears Blessed are the Peacemakers

Prayers to guide your journey of raising kids in a complicated world. In an age of distraction and overwhelm, finding the words to meaningfully pray for our children--and for our journey as parents--can feel impossible. Written with warmth and welcome, *To Light Their Way* gives voice to your prayers when words won't come. Filled with more than 100 modern liturgies, this book guides you into an intentional conversation with God for your children and the world they live in. From everyday struggles like helping your child find friends or thrive in school to larger issues like praying for a brighter world rooted in peace and truth, these pleas and petitions act as a gentle guide, reminding us that while our words may fail, God never does. At the core of *To Light Their Way* is the deepest of prayers: that our children will experience the love of God so deeply that their lives will be an outpouring of love that lights up the world.

To Light Their Way

Written with a mid-western tone and a commonsense conversational style, *The Peacemaker Parent* shows parents how to end the struggle over simple chores and transition their children into independence. In the words of Psychiatrist Candida Fink, M.D., "This technique is based on the soundest principles of child development and learning science." Not to worry, though: The science is made easy to understand and the analogies and personal stories relate it all to real life. The already witty and engaging text is lightened with 200 off-set quotes that break up the manuscript with a wonderful combination of humor and deep insight. Following an innovative technique, *The Peacemaker Parent* gives parents a step-by-step practical method for bringing their theoretical goals into the realm of real-life everyday squabbles over homework, tooth brushing, and breakfast eating. No more idealistic concepts without the practical steps needed for application and results! Best of all, the book's method reaches far beyond the tasks of a single day. Teaching children personal responsibility and problem-solving, it gives parents the knowledge and tools they need to raise children who will grow into capable, resourceful, responsible adults. It starts out creating a peaceful morning and ends up creating a peaceful lifetime for the child who learns to face life's challenges with confidence and independence. Drawing on the theories of B.F. Skinner and Abraham Maslow (among others), *The Peacemaker Parent* brilliantly combines trusted science with a mother's common sense. The result is the perfect tool for any parent with children ages 2 to 12 who wants to teach her child more than how to read and color in the lines.

The Peacemaker Parent

Children deserve a head start in peacemaking if they are to successfully find their way in society. This volume aims at teaching our little ones that they are loved and treasured. Each chapter contains several activities that help children understand their relationship to one another and their responsibility to the world. *Peacemakers: The New Generation* is not a program unto itself. Rather, it's a model of how any activity with children can be transformed into a lesson in peacemaking. Ages 3-5

Peacemakers: The New Generation

Presents information on how to cope with everyday and extraordinary situations to make family life more rewarding. Includes sibling rivalry, problem solving, stress-free holidays, and going to the hospital.

Raising Godly Tomatoes

Peacemaking: Family Activities for Justice and Peace, consists of two volumes. Vol. 1, Facing Challenges and Embracing Opportunities, integrates theory and practical advice for families, educators, and community leaders on eight themes. Vol. 2, Examining Values, Developing Skills, and Acting for Peace in the Family, the Community, and the World, includes a variety of family activities: some light and lively and some that encourage deeper reflection on each of these eight themes. Each volume includes a section devoted to Interfaith Prayer Services, as well as a Resource Guide and Bibliography. The activities can be adapted for people of all ages.

Mister Rogers Talks with Parents

What do you think about when you talk about life and death? This is the question that sent Gary Gunderson on a journey toward life, realizing that if death defines our efforts, then it will win every time. Once our imagination turns from death it becomes apparent that death isn't the only thing going on out there. The Leading Causes of Life focuses in on five powerful concepts: Connection Coherence Agency Blessing Hope To write the book, Gary partnered with Larry Pray, a widely traveled speaker who tested out the concepts he and Gary were writing about in places like Big Timber, Montana. Larry felt strongly that their work would only be accurate and useful if it rang true to people who surrounded themselves with life, wilderness, challenges, and the miracles that come with them. Gary Gunderson, D.Min., M.Div., is the Senior Vice President for Health and Welfare Ministries for Methodist Healthcare and the director for the Interfaith Health Program at Rollins School of Public Health at Emory University. He is a commissioned Deacon in the United Methodist Church. Lawrence M. Pray is a pastor of the United Church of Christ and the Christian Church (Disciples of Christ) and currently serves the Christian Church (Disciples of Christ) in Joliet, Montana and consults with St. Vincent's Hospital in Billings, Montana. He is the Senior Pastoral Scholar for Methodist Healthcare in Memphis, Tennessee.

Peacemaking: Family Activities for Justice and Peace, Vol. 1, Facing Challenges and Embracing Possibilities

Forewords by Jaap van der Wal and Marcy Axness Spirit into Form invites you to explore with mindful, embodied awareness your earliest experiences in this life with curiosity, compassion and creativity. It guides you through developmental milestones, starting with pre-conception, through conception, coming into physical form as an embryo, negotiating the birth canal and hopefully being welcomed at birth. Each stage offers details of embryological development in simple, accessible terms with hand-drawn illustrations, elaborating potential challenges and lifelong effects of having met them. More than a traditional book on embryology, Spirit into Form includes psychological and spiritual aspects and the original embryological potential of this early time. This book is for anyone who wonders about the origins of human life and bodies, as well as personality, relationship and behavioral tendencies. Therapists and practitioners of many types, particularly those with somatic/body-centered or psychological approaches, bodyworkers, movement practitioners, birth practitioners, and also new parents and parents-to-be, can benefit from the gentle, mindful guidance in exploring your earliest beginnings, roots of many issues and strengths, and how to access potential that may have become occluded by challenges and conditions life presents. Cherionna Menzam-Sills's book, Spirit into Form, is based on her long experience as a craniosacral therapist and somatic prenatal and birth therapist. Cherionna takes you on a tour of important developmental stages during gestation. But in addition to that she has much to say about the larger fields of Love, Spirit, and Soul and how they are connected to the body. The scope of the material is wide, broad and encompassing. Cherionna's message is that when we come to understand our early experiences and how they establish in us lifelong patterns, habits, addictions and tendencies, we can begin to integrate, let go, and make new choices. Her book is a subtle distillation of wisdom, stylistic grace, and excellent advice for pregnant or soon-to-be pregnant persons. Highly recommended. -- Thomas R. Verny MD, DHL (Hon), DPsych, FRCPC, FAPA Associate Editor, Journal of Pre and Peri-natal Psychology and Health (JOPPPAH), Past President APPPAH, Author of The Secret Life of the Unborn Child with John Kelly and Pre-Parenting with Pamela Weintraub. This is an absolutely necessary contemporary creation story that is integrative rather than reductionistic. Cherionna writes a narrative that helps us to enter the mystery of conception, birth and death. It is a narrative that points to a solution found in front of us and in us - our body. Marie-Louise Von Franz, a preeminent Jungian analyst says in her book Creation Myths, that any creation story that unfolds in stages is the "best" creation story. Cherionna unfolds our collective story, which is my story, chapter by chapter with her expert guidance. It is an unfoldment of our embryo as humanity and as embodiment. This is a book that inspires self-compassion, love and altruism as the necessary remedy for healing as a body and a body politic in the context of our planet now. She shows us the steps to recover and make meaning of our

embryo - our lived perpetual embryo. Contained herein is the most genuine and authentic nature of her embodied experience. Simultaneously, it is a fountain of authoritative knowledge referencing relevant science superseding all such attempts that have come before yet holding perfectly all its predecessor's. This beautiful and spellbinding book must be required reading to become a full human being inherently complete from a single celled conceptus through the moment of death. -- Michael J. Shea, PhD Founder of SheaHeart.com, A Center for the Study of the Human Heart and Author of Biodynamic Craniosacral Therapy, Volumes 1-5.

Leading Causes of Life

Many of the world's most successful businesses are family owned. With this comes the threat of family bust-ups, sibling rivalry and petty jealousies. *Family Wars* takes you behind the scenes on a rollercoaster ride through the ups and downs of some of the biggest family-run companies in the world, showing how family in-fighting has threatened to bring about their downfall. Whether it's the Redstone's courtroom battles or the feud over Henry Ford's reluctance to let go of the reins, the book reveals the origins, the extent and the final resolution of some of the most famous family feuds in recent history. Names you'll recognise include: the Gallo Family; the Guinness story; the Pathak family; and the Gucci family. An astonishing exposé of the way families do business and how arguments can threaten to blow a business apart, *Family Wars* also offers valuable advice on how such problems can be contained and solved.

Spirit Into Form

In this playful, get-up-and-move story, our friend Heart is searching for love. With the help of seven peace-making animal friends, Heart goes on a treasure hunt looking for love. In the end, we discover where love truly lives, and the answer might just surprise you!

Family Wars

Jesus said, "Blessed are the peacemakers." But it often seems like conflict and disagreement are unavoidable. Serious, divisive conflict is everywhere—within families, in the church, and out in the world. And it can seem impossible to overcome its negative force in our lives. In *The Peacemaker*, Ken Sande presents a comprehensive and practical theology for conflict resolution designed to bring about not only a cease-fire but also unity and harmony. Sande takes readers beyond resolving conflicts to true, life-changing reconciliation with family members, coworkers, and fellow believers. Biblically based, *The Peacemaker* is full of godly wisdom and useful suggestions that are easily applied to any relationship needing reconciliation. Sande's years of experience as an attorney and as president of Peacemaker Ministries will strengthen readers' confidence as they stand in the gap as peacemakers.

Love's Treasure Hunt

Drawing on the best scholarship and their own years of professional experience, Stephen F. Duncan and H. Wallace Goddard provide a practical, how-to guide to developing, implementing, evaluating, and sustaining effective family life education programs. This thoroughly updated Third Edition of *Family Life Education: Principles and Practices for Effective Outreach* begins by discussing the foundations of family life education and encourages readers to develop their own outreach philosophies. Readers then learn principles and methods for reaching out to the public and how to form and use community collaborations and -principles of social marketing to promote programs.

The Peacemaker

The perfect gift for every parent, this book explores the amazing effect of love on the developing brains of babies and toddlers. *Shaped by Love* celebrates the interactions between babies and toddlers and the most significant people in their young lives—their parents and caregivers. It details developmental phases from infancy through toddlerhood and offers information and beautiful images that encourage healthy and nurturing childcare. Children's minds are molded by experience, and science tells us that the way a parent touches, holds, looks at, and responds to babies and toddlers has a lifelong impact on the way that this brand-new person will come to see the world and their place within it. Filled with irresistible images of babies and toddlers and first-person quotes, *Shaped by Love* is appealing to flip through. It is also a captivating read with well-researched child-rearing advice and information included in each chapter.

Family Life Education

'Naomi writes so gently; her words are a soothing balm in these months of confusion . . . Thank you, Naomi, for your wise words' JUNO 'Essential reading for mothers' Breastfeeding Today It is amazing to listen to mothers and hear how much they learn. Each mother learns different things - some practical, some mysterious. However, some common patterns come through. Mothers learn that: *Mothering is more than baby- and childcare. *Babies can't talk but they can communicate. *Mothers are 'in conversation' with their babies. *Through their babies, mothers learn about themselves. *Mothers form families based on their own values. *The role of fathers is in the middle of a major change. *The reasons for maternal anger need to be understood. *Mothers can still be feminists. *Part of mothering is a spiritual experience. *Mothers bring usable experience back to their workplaces. What Mothers Learn will show, first, how learning to be a mother takes time, and then what a wonderful experience it can be. It also makes the case that, if enough of us agree that mothering is essential, society must find a way to reward the women who do it.

Shaped by Love

'Maggie is a national treasure.' Tracey Spicer, AM ' . . . sage wisdom for parenting and supporting girls.' Mona Delahooke, PhD, bestselling author and pediatric psychologist The early years of a little girl's life will shape her future in powerful ways. Maggie Dent, Australia's queen of common-sense parenting, has investigated the development period from birth to age eight. Drawing on nearly 5,000 survey results, the latest research, and her own extensive experience as an educator, counsellor, facilitator, mum and grandmother, Maggie shows us how to help our girls build an emotional and psychological base for life. Secure foundations, Maggie argues, will help insulate our girls against anxiety and other mental health challenges as they grow into their teens and feel more capable and resilient while keeping their own authentic voice as they enter womanhood. Written with all the rigour, compassion and humour we have come to expect from one of Australia's best-loved parenting voices, this is both a deeply practical guide to raising girls, as well as a celebration and intimate meditation on the state of being female, which women of all ages will relate to.

What Mothers Learn

Are you finding it difficult to understand your child? Do you feel frustrated because you often end up in an argument but not sure about how you got there? Authentic Parenting can help. By gaining insight into how your temperament and your child's temperament could be in conflict with each other, you can learn how to work with both yourself and your child to head off misunderstandings, explosive emotions, and sulking. With descriptions of how to identify your child's temperament, tips for tailoring disciplinary techniques so your child really hears you, as well as suggestions for helping your boy or girl feel safe and secure, Authentic Parenting is a valuable resource for bringing out the best in both our children and ourselves. The authors have provided an invaluable resource for all parents and educators.

Girlhood

Children don't arrive with an instruction book. Raising children and providing for their physical as well as emotional needs is a difficult job for which we receive little training. We often approach parenting reflexively, relying on what we learned from how we were parented without reflecting on what we are doing. This book introduces the Parent Empowerment And Child Empowerment (PEACEFUL Parenting) approach, which will help parents develop their own style of parenting that is grounded in a philosophy. It will not just offer a set of guidelines, but will give parents the tools necessary to make thoughtful decisions about their parenting options that exist within a consistent system of beliefs. PEACEFUL Parenting is more process than program and is sufficiently flexible to be adapted to a variety of family situations-single parents, special needs children, blended families, ranges in age of children, and a variety of value structures.

Authentic Parenting

In this title, educator, parent and activist JoAnn Farb offers practical examples of how to bring up your children to honour your values and not those dictated by corporations. She presents information on giving your children the best start in life.

Peaceful Parenting

A guide for raising children to be Christ-following adults and parents With three adult children, eleven grandkids, and over forty-five years in Christian education, Glen and Ellen Schuknecht are asked a lot of parenting questions. But the most common question is always "How do I raise my kids to love God and love family--even after they've left my nest?" The truth is that all the rules in the world will do nothing if parents don't reach their kids' hearts. Through compelling, insightful stories from parents and grandparents who've been in the trenches, the Schuknechts demonstrate why that heart-level connection is so crucial in building long-lasting, connected relationships with a foundation of Christ. These stories are intertwined with ideas, tips, and biblical truths any parent can engage with, including a parent-coaching questionnaire to help readers build a more connected parenting style. The authors' fresh approach empowers parents to find their own vision for their families, tailor-made to their children and their circumstances. There's no magic formula here--just truth, grace, and hope instead of to-do lists. Glen and Ellen come alongside fellow parents and grandparents to help them find the ideas they crave, the hope they need, and the grace they must have to raise passionate and God-connected future generations.

Compassionate Souls

What is wrong with young people today? This question has captured the concerns of the older generation about the habits and attitudes of the adolescents in their midst. The assumption is that there is indeed something wrong with young people. Even Plato must have rolled his eyes, as he relates his diatribe about the adolescents of Greece. Is the current generation of adolescents less motivated or less focused than their parents? How will they respond to the challenges facing them as they progress to adulthood? When, in fact, do they become adults? Although every generation draws upon their own unique and varied experiences, the speed of our current societal changes has created a very different adolescent passage for contemporary youth than ever before. The world as we know it has changed significantly and because of it, much of today's youth is decidedly different from their parents. Adolescence itself has shifted dramatically. Young children are displaying adolescent behaviors well before they are ready to act on or understand their meaning, and older adolescents are staying perpetual children. As one writer put it, "the conveyor belt that transported adolescents into adulthood has broken down". This book provides an interdisciplinary collection of research on the constants and challenges faced by young people today. Failure to launch? Social media? Economic stagnation? For the generation that is coming of age in a post-terrorist world and in the midst of economic upheaval, the challenges might seem insurmountable. However, in this book, scholars from across the academy, from sociology, psychology, education, philosophy, science, and business, explain how the young people today are responding to the constants of growth and change in adolescence and the unique challenges of life in the 21st century.

A Spiritual Heritage

Across the globe, there are more than 50 armed conflicts, many of which are being perpetrated in the name of religion. In these zones of violence, there are brave men and women who, motivated by their religious beliefs, are working to create and sustain peace and reconciliation. Yet their stories are unknown. This book explores the conflicts and the stories of 15 remarkable individuals identified and studied by the Tanenbaum Center for Interreligious Understanding from regions as far-flung as West Papua, Indonesia, the Middle East, Northern Ireland, Nigeria, El Salvador and South Africa. The book also captures important lessons learned when these peacemakers convened in Amman, Jordan for the 2004 Peacemakers in Action Retreat and discussed their best techniques and greatest obstacles in creating peace on the ground. Peacemakers in Action provides guidance to students of religion and future peacemakers.

Adolescence in the 21st Century

Barbara Coloroso's powerful message is that good parenting begins with treating kids with respect. It means giving them a sense of power in their own lives, and offering them opportunities to make decisions, take responsibility for their actions, and learn from their own successes and mistakes. Rejecting the "quick fix" solutions of punishment and reward, she uses everyday family situations from sibling rivalry to teenage rebellion to demonstrate sound strategies for giving children the inner discipline and self-confidence that will help them grow into responsible, resourceful, and resilient adults. Discover: • Three basic tenets to a good parent/child relationship • Why discipline is not learned through threats and bribes • Why teaching a child how to think instead of what to think builds self-confidence •

The good news about the strong-willed child • Three alternatives to always saying "No" • How to buffer your children from the dangers of sexual promiscuity, drug abuse, and other self-destructive behavior • Using mealtime, bedtime, toilet-training, chores, allowance, and sibling rivalry as opportunities to help children develop their own sense of inner discipline

Peacemaking

Elkind calls readers' attention to the crippling stresses on children forced to grow up too fast, children mimicking adult sophistication while secretly yearning for innocence.

Peacemakers in Action

A new vision of motherhood, giving us permission to thrive, taking us from overwhelm and exhaustion to a life overflowing with joy, meaning and most of all, real connection with our children. Thriving mothers transform their own life, the lives of their children, and ultimately the world. Imagine being raised by parents who are at peace with themselves! The Motherhood Evolution challenges conventional thinking that says mothers must sacrifice and martyr themselves if they are to be good mothers. Redefining motherhood as an evolutionary path, Suzi guides us to the realization that when we thrive, our children thrive, too. Limitless in its possibilities, this approach to motherhood changes the very nature of our mothering experience liberating us to raise an entire generation of conscious, connected, thriving individuals.

kids are worth it!

"Why shouldn't growing older be rewarding? Johann Christoph Arnold, whose books have helped over a million readers through life's challenges, wants us to rediscover the spiritual riches that age has to offer. Now in his seventies, Arnold finds himself personally facing the trials that come with aging. But he knows, from decades of pastoral experience, what older people and their caregivers can do to make the most of the journey. In this book, he shares stories of people who, in growing older, have found both peace and purpose."--Publisher's description.

Embodied Peacemaking

Presents instructions for growing vegetables, fruit, herbs, and cutting flowers along with an A-Z guide of plants and month-by-month gardening activities.

Parents, Peace

The Hurried Child