How To Stop Flogging A Dead Horse

#flogging a dead horse meaning #how to know when to quit #avoiding wasted effort #recognizing a lost cause #moving on from failure

Learn the crucial signs it's time to stop flogging a dead horse and cease wasting valuable effort on lost causes. This idiom signifies the futility of continuing an endeavor that has no hope of success. Discover how to recognize these situations, know when to give up gracefully, and effectively redirect your energy towards more productive and rewarding ventures, ensuring you avoid pointless struggles.

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How to Stop Flogging a Dead Horse

Those contemplating starting out in business will find the help they need to tackle the obstacles that hold them back and to recognize when the time is right to accept the challenge. Filled with case studies and anecdotes, this witty and honest guide includes practical suggestions and exercises based on the authors' own experiences.

Live2Eat, Eat2Live

Forget diets. Beat addictions. Don't give up, but live up. If there would be a pill (without side effects) for guaranteed happiness, would you buy it? You probably would, because «being happy» is the highest goal of every human being, for which we sacrifice everything. Well, such a pill exists. It has no annoying side effects, it's FREE, and you have a «not good, money back» guarantee. It's not even difficult to get it: you have it in your hands right now, but it only works if you take a few pages every day. No starvation and torture sports in this book. Eating is a party and life is fun. If you want to get healthy, slim, fit, and happy, the best way is to slowly-but-surely change your habits. Twelve 7-course dinners full of information, about nutrition and healthy habits, invite you to take a step forward every month, with pleasure, just keep going, even after you have reached your goal. This way, everyone can do it. That is good news. Do you already feel a little happier? Of course you do. It's already working. And you haven't even bought the medicine yet.

Clobber

ÿAn older woman, unsoothed in grief, meets a young black woman whose fashion business has folded. Together they explore the chances of help through a group of people similarly afflicted by loss, with unlikely sympathies and alliances. In this unflinching study of grief, Thomas Ulrome again presents lives of ambiguity and moral dilemmas.

Beating a Dead Horse

The Activity of learning idioms and pharses is not as easy as learning simple day to day English words or vocabulary but it is also not as hard as it at first seems to be. However, the Use of Pharses in the activity of writting or speaking can not be seen as less important than other common words or expressions. So it is important to have our knowledge of idioms and phrases and their correct meanings by learning them as thoroughly as any conversational English words and meaning given in the English Dictionary, or by practising them as much as we can to enhance our language competence.

Dictionary of Idioms & Phrases

A collection of British and American proverbs that are currently in use.

Modern Proverbs and Proverbial Sayings

Our established, age-old notions of knowledge have ceased to be meaningful in postnormal times. What we define as true knowledge, and the ways in which we create it, have changed radically. The emergence of 'Big Data' and Artificial Intelligence, as well as 'fake news', 'alternative facts', 'deep fake', and 'post-truth' have changed the nature of knowledge production. Established disciplines, such as economics, sociology, anthropology, political science, have lost their significance. Revengeful capitalism, based on profit-driven algorithms, has not only led to environmental destruction, but has also ruined our understanding of what actually constitutes knowledge. In an era that defines societies by questions of knowledge, it becomes necessary and urgent to ask: how is knowledge produced, how is it distributed, and who decides what is true knowledge and what is not? Emerging Epistemologies explores the changing nature of knowledge production and investigates how emerging epistemologies are transforming our perceptions of the pres - ent and the future. The contributors to the volume examine digital landscapes, zombie disciplines, higher education, the role of metaphysics, and epistemological justice; and argue that epistemology does not exist in a vacuum but is determined and embedded in the worldview and culture of society. The chaos and contradiction that accompanies our increasingly complex world requires us to see through 'the smog of ignorance', and seek new ways of thinking and creating knowledge that promotes sustainability, diversity, social justice and appreciates different ways of knowing, being, and doing.

Emerging Epistemologies

This is a book of stories: tales of women who have 'made it'; ordinary women with extraordinary careers. You would not have known it from their histories for some even looked as though they were being groomed for failure. All of them are moving and inspiring! As I collected these tales, some of my old ideas about developing both men and women at work began to shift. In the past we have not been looking for relevantly outstanding qualities when choosing our leaders, and because of this we have not been spotting and developing potential talent in the best possible way. This book tells the story and looks at some of the most striking resemblances that these women seemed to share in common. It changed my life and my thinking around my own organisation and the work it does. It is a book for developers of people and recruitment professionals. It is a book for parents rearing the leaders of tomorrow. It is a book to make you think! This is a book for men and women with ambition for success and happiness. The two are not exclusive.

United States Armed Forces Medical Journal

Sharon brilliantly lifts the veil that shrouds the mystery of psychoanalysis, revealing intrinsic truths that can forever assist people in their journeys to self-discovery and growth. Seed contributes a chapter on physical health.

U.S. Armed Forces Medical Journal

Market-Led Strategic Change, 5th edition, has been fully revised and updated to reflect the realities of 21st century business and the practical issues for managers in the process of going to market. The world of business has changed dramatically, with a more complex environment, more demanding customers and radical new ways of going to market. This textbook develops a value-based strategy examining the roles of market sensing, customer value, organizational change and digital marketing in the implementation of strategy. This much-anticipated new edition has been carefully updated, now with Nigel Piercy's unique and clear-sighted views on the latest developments in marketing strategy, retaining Piercy's insightful, witty and provocative style. The text is supported throughout with brand

new case studies from globally recognised companies such as Uber and Volkswagen, and covering topical issues such as the legalisation of marijuana and reinventing the healthcare business. Lecturers are assisted with a newly expanded collection of support materials including PowerPoint slides for each chapter, suggested frameworks for using the case studies in teaching, and case studies from previous editions. If you're an ambitious marketing student or practitioner, whether you are new to strategic change through marketing or just want a different view, this is the book for you. Lecturers will find this engaging, funny, thought-provoking but always practical textbook is a sure way to get your students thinking and enthused.

Women in Leadership

Raising Great Parents shows parents how to define long-range goals for their family and then reach those goals through LRB -- love, respect, and belief -- creating an atmosphere and a set of principles that together move parenting past power struggles over getting out the door in the morning and into bed at night. Full of real-life examples, this comprehensive book covers such topics as: Your Attitude Makeover: Parenting with Love, Respect, and Belief "I Said Turn Off the TV": From Power Plays to Collaboration It's Your Default: Why Parents Act the Way They Do Ain't Misbehavin': Why Kids Act the Way They Do Stop Flogging a Dead Horse: Why Punishment Is Self-Defeating And the book helps parents dial back competitive expectations for their children -- and themselves -- by learning how to: Truly listen to their kids Encourage, rather than judge, their kids Transcend bribery and threats so they and their children can become a team of collaborators who enjoy one another in the midst of the joys and trials of life as they all grow together Raising Great Parents includes a before and after parenting self-assessment and numerous exercises focused on specific parenting challenges.

The More You Explain the Less They Understand

Why do some technologies spread while others do not? What are the consequences of top-down diffusion strategies? What are the disadvantages of instant patents? In answering these questions, this book forms a 'how to do it' guide to innovation management.

Market-Led Strategic Change

Traces some of the metaphors and colloquialisms commonly used in contemporary English speech to their nautical origins, documenting the history and meaning of words and phrases from A1 (the best) to wishy-washy (inconstant).

Raising Great Parents

Assertion is one of our most important life skills, but very few people understand how to 'find their own voice' and then use it to get highly effective outcomes. Often people are so scared of conflict they will go to enormous lengths to avoid it, despite the fact that everyday many of us must both encounter and deal with conflict. Without assertion skills, people are placed at a severe social disadvantage, affecting their ability to progress beyond certain points in their career, relationships and own intellectual development. This Smart Therapy (ST) Assertion booklet, written by a highly experienced clinical psychologist, gives us a 'new take' on assertion and provides a clear, readable and easily applied method to help fill this crucial gap.

Enabling Innovation

Billie Lewis, a scientist working in a hospital laboratory, dreams of a career in music. When her path unexpectedly crosses Jamie Sanders, a singer with a voice made in heaven, she realizes that she has found the voice for the songs she has written. Because of her faith, Billie knows that her dream will one day become a reality.

When a Loose Cannon Flogs a Dead Horse There's the Devil to Pay: Seafaring Words in Everyday Speech

A collection of meaningful messages to manage misgivings, surmount self-sabotage and submit to the super power of the soul. Written wildly to entertain and engage the wit of wild women, the twists of tales here electrify the light of life. Wild words send signals to chakra energy centres to break down blockages and balance the scales of sensibilities shook by silly and sorrowful situations. Wild ways often precede personal power by making sense of senselessly supressing self-love. It's a long learning

curve when your losses outweigh your wins. Words for Wild Women prompts reflection, developing a deeper understanding of why each misstep and misfortune on a wild road act as miles stones to self-mastery. The will of the wild is not motivated by madness, but rather a mission to overcome the heat from hell. Seek to ascend through the channels of change with love. Self-love.

Smart Therapy Assertion

Throughout his writing career, and especially in the last thirty years of his life, Aldous Huxley exhibited a deep interest in human potentialities, which he often described as our greatest unused natural resource. The present volume is the first book to focus on this Huxleyan core concern. It is based on presentations given at the Sixth International Aldous Huxley Symposium held in 2017 at the University of Almería (Spain). This volume collects essays by eleven scholars from eight countries that discuss Huxley's concept of human potentialities from an interdisciplinary perspective. This is another innovative feature of this book, since today Huxley is mainly remembered as a novelist, although only eleven of his fifty published works belong to that genre. The topics of this volume span Huxley's mature philosophy, including his theories relating to the expansion of consciousness, the development of nonverbal humanities, the need to improve bio-ethics, the role of nature, the role of beliefs and prejudice, and other subjects. These essays review Huxley's various positions, shedding light on their possible significance for today. Huxley marshalled his remarkable intellect to the project of improving the human condition, and here we find an up-to-date report card of his theories and their efficacy.

Despite All Odds

thimblesofplenty is a group of friends who also happen to be business people and avid readers. We wanted to keep up with the latest business books but found that time was a factor. So we divided out the work and each of us took a book and summarised it for the others. We though it might be a great idea to share these summaries with you. For a small price and a 3 minute time investment, our summary gives you some of the wisdom from the book, some food for thought and hopefully the impetus to make some time to read the whole book!

Words for Wild Women

This gripping novel draws the reader into the chaotic, exasperating, and at times humorous world of Lucy, a mother of three, the oldest of whom has severe autism. Nine-year-old Hollie's erratic and often destructive behavior is putting a strain on Lucy's marriage and beginning to negatively affect her younger children. In trying to secure the best possible educational situation for her daughter, Lucy must choose between sending her daughter away to a boarding school where she has the best chance to learn and keeping her at home with her family, but where she will make very little progress. While faced with this decision that places Lucy between the proverbial rock and a hard place, she meets Joel, a man who has offered to help her secure the money she needs to hire specialists for Hollie's due process hearing. Lucy is now not only forced to make the most difficult decision of her daughter's young life but the most difficult decision of her own life as well. She must choose between an affair with a man who makes her feel alive and her faltering marriage and family.

Air Science: v. 1. Introduction to AFROTC

Most people assume that 'postural' yoga is an ancient Indian tradition. But in fact, as Singleton shows, this type of yoga is quite a recent development. Singleton presents a study of the origins of postural yoga, challenging many current notions about its nature and origins.

Aldous Huxley and Self-Realization

There are two entities that have dominated human thinking and faith from the dawn of civilization: God and the soul. Even though they have been obsessively discussed for thousands of years, by countless people, including many of humanity's greatest geniuses, the number of people today who can actually answer the simple questions, "What is God made of?" and "What is the soul made of?" is vanishingly small. Well, can YOU give the answer? If you can't, isn't it time you started studying Soul Science?

3 Minute Summary of StrengthsFinder 2.0 by Tom Rath

The FSOC Report on Digital Asset Financial Stability Risks and Regulation outlines the Council's findings on crypto-assets and recommends Congress pass legislation for a federal framework for stablecoin issuers to address market integrity, [...]

A Rock and a Hard Place

If you wake up happily content, with love in your heart and grateful for the life you've been gifted, then you're already as rich as it gets. However, for many of us today, despite our best efforts, we yearn for an inner peace and positivity that can sometimes be elusive. But, humans are meant to dream and imagine! We're meant to strive for a better life. And there is only one way to achieve it: take action! The Red Pill Book will guide you towards the life you are meant to have. You will learn how to harness the immense power of your subconscious mind through increasing your self-awareness, practicing self-care, meditating, and preparing a personal plan for living a life of love and gratitude. Learning to harness the law of attraction is life-changing. But empowering your mind requires dedication and practice. The effort is worth it as you experience the changes it will bring to your life, beliefs, and values. Living your best life is in your hands. With The Red Pill Book as your companion, you can free your true potential for happiness and abundance to reach whatever it is that defines your hopes, dreams, and aspirations in life.

Yoga Body

Do you want to write but can't seem to get started? Are you struggling to finish your novel or frustrated by your slow progress? Perhaps you are starting to worry that you aren't cut out for the writing life... Let bestselling novelist and host of the Worried Writer podcast, Sarah Painter, show you how to skip past negativity, free-up writing time, cope with self-doubt, and beat procrastination. Along with mega successful authors such as C.L.Taylor, Mark Edwards, and Julie Cohen, Sarah will show you how to: Smash writing blocks to finish stories faster Manage self-doubt so that it doesn't stop you creating Trick yourself into being more productive Schedule your time to maximise your writing output and satisfaction Plus many more tips and tricks! Packed with honest, supportive, and hard-won advice, this is your practical guide to getting the work done. Don't let creative anxiety kill your writing dreams: Stop Worrying and Start Writing today!

Soul Science

This amusing dinki-di wordbook will keep you entertained, and give you an understanding and insight into the easy-going Australian laid-back language and approach to life - 'ya gottaluvit'.

Report on Digital Asset Financial Stability Risks and Regulation 2022

Long-listed for the Exeter Novel Prize, Melting in the Middle is a literary comedy about redemption and second chances, played out amid the madness of modern life. For Stephen Carreras, life is in turmoil. His career with Britain's worst chocolate company is heading for the rocks when it's taken over by US confectionery giant Schmaltz...

The Red Pill Book

• Best Selling Book in English Edition for UPSC CDS OTA (Officers Training Academy) Entrance Exam with objective-type questions as per the latest syllabus given by the UPSC. • Compare your performance with other students using Smart Answer Sheets in EduGorilla's UPSC CDS OTA (Officers Training Academy) Entrance Exam Practice Kit. • UPSC CDS OTA (Officers Training Academy) Entrance Exam Preparation Kit comes with 14 Tests (10 Mock Tests + 4 Previous Year Papers) with the best quality content. • Increase your chances of selection by 14X. • UPSC CDS OTA (Officers Training Academy) Entrance Exam Prep Kit comes with well-structured and 100% detailed solutions for all the questions. • Clear exam with good grades using thoroughly Researched Content by experts.

Stop Worrying; Start Writing

We are living in a defining moment, when the world in which teachers do their work is changing profoundly. In his latest book, Hargreaves proposes that we have a one-time chance to reshape the future of teaching and schooling and that we should seize this historic opportunity. Hargreaves sets out what it means to teach in the new knowledge society, to prepare young people for a world of creativity and flexibility and to protect them against the threats of mounting insecurity. He provides

inspiring examples of schools that operate as creative and caring learning communities and shows how years of "soulless standardization" have seriously undermined similar attempts made by many non-affluent schools. Hargreaves takes us beyond the dead-ends of standardization and divisiveness to a future in which all teaching can be a high-skill, creative, life-shaping mission because "the knowledge society requires nothing less." This major commentary on the state of today's teaching profession in a knowledge-driven world is theoretically original and strategically powerful?a practical, inspiring, and challenging guide to rethinking the work of teaching.

Wordbook of Australian Idiom

In this book, Yufang Ho compares the text style difference between the two versions of John Fowles' The Magus, exemplifying the methodological principles and analytic practices of the corpus stylistic approach. The Magus was first published in 1966 and was revised and republished by Fowles in 1977. Fowles' own comment on the second edition was that it was 'rather more than a stylistic revision.' The book explores how the revised version is linguistically different from the original, especially in terms of point of view (re) representation. The corpus stylistic approach adopted combines qualitative and quantitative comparison to confirm the overall text style difference. The analysis demonstrates that computer assisted methods can identify significant linguistic features which literary critics have not noticed and provide a more detailed descriptive basis for literary interpretation of (either edition) of the novel. This analysis of The Magus serves as a case study and exemplar of how corpus techniques may be used generally in the study of linguistics.

Melting in the Middle

This Edition of General English & Comprehension English book has been made to meet the requirements of candidates appearing in SSC-CGL (Tier-I). This volume covers the previous years questions of SSC-CGL of the last three years (2017-2019) including of latest conduct exam of SSC-CGL 2019 held in March'2020, so that students may understand the latest approach of framing the questions by Commission. For easy understanding and to provide in-depth explanations, all questions have been classified in twelve topics, so that aspirants can adopt systemic approach of study. These topics include spotting errors, sentence completion, sentence improvement, rearrangement of sentences, idioms and phrases, one word substitution, synonyms and antonyms, spellings, direct and indirect speech, active and passive voice, cloze test, and comprehension. The book has a descending chronology of question's years so that students may aware about current pattern of exam and may prepare yourself accordingly.

UPSC CDS OTA (Officers Training Academy) | General English, General Knowledge | 1600+ Solved Questions (10 Mock tests + 4 Previous Year Papers)

Tbis inquiry may be thought of as a sequel to The Concepts of Value and as an extension of the brief core-vocabulary of aesthetic concepts found in one of the appendices to it. In terms of sheer numbers, most of the value concepts of our language are to be found in the area of human relations and of the aesthetic. There are also other value vocabularies, shorter but equally important, for example, the cognitive and logical. These and other objects of pbilosophical study (for example, the question of "other minds") deserve the kind of empirical survey that has been made of moral and aesthetic notions, if only to test a priori approaches to them. In the present studyan even more determined empirical approach than that adopted for the first has been found necessary. Once the moral or human value vocabulary has been identified, sentential contexts for the use of the terms readily come to mind. In a study of the language of criticism, however, the vocabulary has first to be sought in the utterances of critics themselves and quoted in sufficient context to make their critical intentions clear. The outcome is that the present study is of great length, about half of it being quotations from critics. The rule adopted for arriving at this length go on collecting quotations as long as new types of appraisal came was to to light.

Teaching in the Knowledge Society

National bestselling author Cherry Adair introduces an edgy, sexy new suspense series with this exhilarating international tale of hide and seek. A reckless adventure in a deadly paradise. Thrill seekers Zakary and Gideon Stark travel the globe in search of extreme adventure, but a trip to Venezuela to jump off the world's highest falls catapults them into a perilous game of life or death—where they don't know the rules. A one-night stand that will change his life forever. Kidnapped with a woman Zak knows nothing about, the brothers are held prisoner deep in the jungle. A risky, deathdefying escape separates

them and nearly claims Zak's life . . . until his recovery reveals a baffling new sixth sense. An unexpected diversion with lethal consequences. Now, to find his missing brother, Zak and the mysterious Acadia Gray will have to out-smart, out-gun, and out-maneuver not just the brutal kidnappers but also a new player who joins the adrenaline game: a ruthless opponent who wants the Stark brothers dead—at any cost.

Riding a Dead Horse

Discover hundreds of entertaining and often hilarious etymological journeys, by the bestselling author of Can Holding in a Fart Kill You? English is filled with curious, intriguing and bizarre phrases. This book reveals the surprising, captivating and even hilarious origins behind 400 of them, including: • Read between the Lines • Cat Got Your Tongue? • Put a Sock in It • Close, but No Cigar • Bring Home the Bacon • Caught Red-Handed • Under the Weather • Raining Cats and Dogs Perfect for trivia and language lovers alike, this entertaining collection is the ultimate guide to understanding these baffling mini mysteries of the English language.

Corpus Stylistics in Principles and Practice

• Best Selling Book in English Edition for SSC CGL Tier 2 Exam with objective-type questions as per the latest syllabus given by the SSC. • Compare your performance with other students using Smart Answer Sheets in EduGorilla's SSC CGL Tier 2 Exam Practice Kit. • SSC CGL Tier 2 Exam Preparation Kit comes with 10 Full-length Mock Tests with the best quality content. • Increase your chances of selection by 14X. • SSC CGL Tier 2 Exam Prep Kit comes with well-structured and 100% detailed solutions for all the questions. • Clear exam with good grades using thoroughly Researched Content by experts.

SSC CGL General English (Tier-1): Previous Years Solved Paper 2021

Anyone who has ever been curious about the derivation and significance of the proverbs and cliches that pepper the English language will satisfy their curiosity with this book that includes 950 old and new sayings, each with a concise definition and examples to illustrate meaning and function.

The Concepts of Criticism

The crisis facing the British monarchy is rushing headlong to catastrophe. To show the world that Britain is ready to embrace change, Prince James has embraced a royal referendum, to let the people decide who will be the next monarch. Will the British people accept James, a gay man, as their soon-to-be king? Or will they break with centuries of tradition and sidestep him to embrace his sister Alexandra, a woman who promises great reform? But the crisis extends much deeper than the tabloid headlines. James and his fiance Andrew struggle to adjust to their newfound status in life and in the public while facing endless obstacles. With an indignant Church and affronted mothers trying to stand in their way and all of the drama in the palace regarding the new hot young servants, James is a tabloid headline away from losing it all. Meanwhile, Alexandra and Faisal's shaky marriage is on the verge of crumbling. She's willing to sacrifice her marriage—there's no cost too high—if it means she can win the royal referendum and become the Queen she knows she's destined to be and secure a royal future for her children. And in the background is Lizzie, the illegitimate daughter of Prince Richard and half-sister of James and Alexandra. She's all too happy to help if it means bringing her war against James to a bitter conclusion, and perhaps destroying the monarchy. One thing is clear: The battle for the line of succession is far from over.

Hush

Hair of the Dog to Paint the Town Red