

Medicine Across Cultures

[#Ethnomedicine](#) [#Traditional Healing Systems](#) [#Cross-Cultural Healthcare](#) [#Global Health Perspectives](#) [#Cultural Medicine Practices](#)

Explore the fascinating world of medicine across various cultures, delving into diverse healing traditions and healthcare practices from around the globe. Discover how different societies understand health, illness, and well-being, from ancient ethnomedicine to modern cross-cultural healthcare approaches. This journey offers unique perspectives on holistic health and traditional medical systems.

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Medicine Across Cultures

This work deals with the medical knowledge and beliefs of cultures outside of the United States and Europe. In addition to articles surveying Islamic, Chinese, Native American, Aboriginal Australian, Indian, Egyptian, and Tibetan medicine, the book includes essays on comparing Chinese and western medicine and religion and medicine. Each essay is well illustrated and contains an extensive bibliography.

Mental Health Across Cultures

Every health professional interacts with patients from different cultures to their own, not just those from different countries, ethnic or religious groups, but also those with cultural differences due to sexual orientation, lifestyle, beliefs, age, gender, social status or perceived economic worth. The potential for confusions in communication and consequent problems are even greater in primary care mental health than in other areas. This guide for all health professionals provides a model for working in mental health across cultures, and outlines practical ways of using psychotherapy skills across cultures. It can be used as personal preparation by individuals in any primary care setting at home or abroad, or as a teaching tool for use with health professionals travelling to another culture, including overseas aid workers and those moving to a new country. It is also of great value to everyone interested in transcultural medicine. 'Wherever we work, whoever we are, we are working across cultures, often without realising it. The first step is to become conscious of this fact. The next step is to read this book' - Jill Benson and Jill Thistlethwaite.

Spirituality and Mental Health Across Cultures

Religiosity and spirituality (R/S) represent a very important factor of daily life for many individuals across different cultures and contexts. It is associated with lower rates of depression, suicide, mortality, and substance abuse, and is positively correlated with well-being and quality of life. Despite growing academic recognition and scientific literature on these connections this knowledge has not been

translated into clinical practice. Part of the expanding Oxford Cultural Psychiatry series, *Spirituality and Mental Health Across Cultures* is a timely exploration of the implications of R/S on mental health. Written and edited by 38 experts in the fields of spirituality and mental health from 11 countries, covering a wide range of cultural and geographical perspectives, this unique resource assesses how mental health relates to world religions, agnosticism, atheism, and spiritualism unaffiliated with organised religion, with a practical touch. Across 25 chapters, this resource provides readers with a succinct and trustworthy review of the latest research and how this can be applied to clinical care. The first section covers the principles and fundamental questions that relate science, history, philosophy, neuroscience, religion, and spirituality with mental health. The second section discusses the main beliefs and practices related to world religions and their implications to mental health. The third reviews the impact of R/S on specific clinical situations and offers practical guidance on how to handle these appropriately, such as practical suggestions for assessing and integrating R/S in personal history anamnesis or psychotherapy.

Science Across Cultures

First published in 1992. Routledge is an imprint of Taylor & Francis, an informa company.

Communicating Across Cultures and Languages in the Health Care Setting

This book offers a novel approach to understanding the complexities of communication in culturally and linguistically diverse health care contexts. It marks the culmination of two decades of research in South Africa, a context that has obvious application in a wider international climate given current globalization and migration trends. The authors draw from a large body of evidence based across different sites and illnesses, scrutinising both the language dynamics of intercultural health interactions and the perceptions and narratives of multiple participants. Including a range of theoretical, methodological and empirical considerations, the volume sheds light upon qualitative research methods and their application in the intercultural context. This book will be a valuable resource for health professionals, medical educators and language practitioners as well as students and scholars of discourse analysis and the medical humanities.

Cultural Competency Skills for Health Professionals

Build your intercultural communication skills to ensure the best possible patient outcomes. Includes DVD with dramatizations of realistic health-care scenarios. *Cultural Competency Skills for Health Professionals* teaches techniques for meeting the challenges of working with culturally diverse patients and their families. The skills that health professionals and students acquire through using this workbook will improve their communication and problem-solving abilities when working across cultures. *Cultural Competency Skills for Health Professionals* approaches intercultural issues in health care from the perspective of communication. It sharpens your ability to understand the messages and information being communicated by patients and their families. The workbook provides eight learning modules based on realistic health-care scenarios, along with exercises and self-assessment tools. The modules include high-quality video dramatizations and worksheets, and cover topics including: Traditional roles of family care. Cultural issues in obtaining consent. Cultural issues in compliance. Language diversity in health care. Generational views on personal directives. Cultural issues in end-of-life care. Challenging cultural norms. Cultural influence in family decision-making.

Patients and Healers in the Context of Culture

From the Preface, by Arthur Kleinman: *Patients and Healers in the Context of Culture* presents a theoretical framework for studying the relationship between medicine, psychiatry, and culture. That framework is principally illustrated by materials gathered in field research in Taiwan and, to a lesser extent, from materials gathered in similar research in Boston. The reader will find this book contains a dialectical tension between two reciprocally related orientations: it is both a cross-cultural (largely anthropological) perspective on the essential components of clinical care and a clinical perspective on anthropological studies of medicine and psychiatry. That dialectic is embodied in my own academic training and professional life, so that this book is a personal statement. I am a psychiatrist trained in anthropology. I have worked in library, field, and clinic on problems concerning medicine and psychiatry in Chinese culture. I teach cross-cultural psychiatry and medical anthropology, but I also practice and teach consultation psychiatry and take a clinical approach to my major cross-cultural teaching and research involvements. The theoretical framework elaborated in this book has been applied to all of

those areas; in turn, they are used to illustrate the theory. Both the theory and its application embody the same dialectic. The purpose of this book is to advance both poles of that dialectic: to demonstrate the critical role of social science (especially anthropology and cross-cultural studies) in clinical medicine and psychiatry and to encourage study of clinical problems by anthropologists and other investigators involved in cross-cultural research.

Death Across Cultures

Death Across Cultures: Death and Dying in Non-Western Cultures, explores death practices and beliefs, before and after death, around the non-Western world. It includes chapters on countries in Africa, Asia, South America, as well as indigenous people in Australia and North America. These chapters address changes in death rituals and beliefs, medicalization and the industry of death, and the different ways cultures mediate the impacts of modernity. Comparative studies with the west and among countries are included. This book brings together global research conducted by anthropologists, social scientists and scholars who work closely with individuals from the cultures they are writing about.

Medicine in Chinese Cultures

This book consists of papers and discussions contributed to a conference, *Comparative Study of Traditional and Modern Medicine in Chinese Societies*, sponsored by the University of Washington and the Fogarty International Center, National Institutes of Health, and held in Seattle, Washington, February 4-6, 1974. The papers have been revised by the participants and the discussions condensed by the editors. The editors have written introductions for each section, changed the format of presentations to make them more readable and have provided an Introduction and Epilogue. It is hoped the book reflects the excitement that the organizers and participants felt about the conference, and it is believed it will contribute to both the major themes of the conference: Understanding medicine in Chinese culture, and comparative cross-cultural studies of medicine. The conference was characterized by interchanges by social scientists and physicians, China scholars, and students of other cultures and systems of medicine, whose scholarly concerns constantly were intermixed with practical questions about health care.

Parenting Across Cultures

There is a strong connection between culture and parenting. What is acceptable in one culture is frowned upon in another. This applies to behavior after birth, encouragement in early childhood, and regulation and freedom during adolescence. There are differences in affection and distance, harshness and repression, and acceptance and criticism. Some parents insist on obedience; others are concerned with individual development. This clearly differs from parent to parent, but there is just as clearly a connection to culture. This book includes chapters on China, Colombia, Jordan, Kenya, the Philippines, Thailand, Korea, Vietnam, Brazil, Native Americans and Australians, Argentina, Chile, Mexico, Ecuador, Cuba, Pakistan, Nigeria, Morocco, and several other countries. Beside this, the authors address depression, academic achievement, behavior, adolescent identity, abusive parenting, grandparents as parents, fatherhood, parental agreement and disagreement, emotional availability and stepparents.

Cross-cultural Medicine

Primary Care physicians often run into unexpected cultural obstacles when dealing with patients of different ethnicities. This book includes information essential to physicians' understanding in the treatment of African Americans, Latinos, Asian Americans, Native Americans and Arab and Muslim Americans. Other chapters address issues of spirituality and religion in medicine and caring for immigrant populations.

The Anthropology of Medicine

This revision of what now has become a classic text in medical anthropology contains a wealth of new material on subjects as diverse as aging, creativity, and ideology. It is both a comprehensive introduction to the rapidly growing field of medical anthropology and a reference work. The authors bring new perspectives to our understanding of both Western and non-Western medicine, from the biochemical and physiological aspects of health care in preindustrialized cultures to cultural and ideological factors inherent in past and present Western medical care.

Medical Cultures of the Early Modern Spanish Empire

Early modern Spain was a global empire in which a startling variety of medical cultures came into contact, and occasionally conflict, with one another. Spanish soldiers, ambassadors, missionaries, sailors, and emigrants of all sorts carried with them to the farthest reaches of the monarchy their own ideas about sickness and health. These ideas were, in turn, influenced by local cultures. This volume tells the story of encounters among medical cultures in the early modern Spanish empire. The twelve chapters draw upon a wide variety of sources, ranging from drama, poetry, and sermons to broadsheets, travel accounts, chronicles, and Inquisitorial documents; and it surveys a tremendous regional scope, from Mexico, to the Canary Islands, the Iberian Peninsula, Italy, and Germany. Together, these essays propose a new interpretation of the circulation, reception, appropriation, and elaboration of ideas and practices related to sickness and health, sex, monstrosity, and death, in a historical moment marked by continuous cross-pollination among institutions and populations with a decided stake in the functioning and control of the human body. Ultimately, the volume discloses how medical cultures provided demographic, analytical, and even geographic tools that constituted a particular kind of map of knowledge and practice, upon which were plotted: the local utilities of pharmacological discoveries; cures for social unrest or decline; spaces for political and institutional struggle; and evolving understandings of monstrosity and normativity. *Medical Cultures of the Early Modern Spanish Empire* puts the history of early modern Spanish medicine on a new footing in the English-speaking world.

Childbirth Across Cultures

This book will explore the childbirth process through globally diverse perspectives in order to offer a broader context with which to think about birth. We will address multiple rituals and management models surrounding the labor and birth process from communities across the globe. Labor and birth are biocultural events that are managed in countless ways. We are particularly interested in the notion of power. Who controls the pregnancy and the birth? Is it the hospital, the doctor, or the in-laws, and in which cultures does the mother have the control? These decisions, regarding place of birth, position, who receives the baby and even how the mother may or may not behave during the actual delivery, are all part of the different ways that birth is conducted. One chapter of the book will be devoted to midwives and other birth attendants. There will also be chapters on the Evolution of Birth, on Women's Birth Narratives, and on Child Spacing and Breastfeeding. This book will bring together global research conducted by professional anthropologists, midwives and doctors who work closely with the individuals from the cultures they are writing about, offering a unique perspective direct from the cultural group.

Healing Across Cultures & the Good Life

Published in 1998, this work aims to challenge not only those expatriates who work overseas as consultants or practitioners in aid programmes but also the agencies who support aid programmes from the West. It identifies the values that influence practice and questions the validity of the contribution that nurses overseas are able to make. The nurses use race, gender and knowledge as forms of power in order to "work effectively". Their role in supporting women for the promotion of better health in the developing countries is recognised. Yet the values which influence their practice can lead them to disable rather than enable the community they are seeking to help. An empowerment model is proposed with emphasis on the acknowledgement of racial heritage.

Working Across Cultures

Different cultures experience happiness differently. Traditionally, the West is considered materialistic, and happiness is said to come from achievement and acquisition. The East is said to be more people-oriented, where happiness is a result of deep personal interactions. Thus, poor people can be happier in the East than the West, because they are not so concerned with possession and more with society. This book considers happiness and quality of life in non-Western countries and cultures. Its coverage is diverse and spans the breadth of the non-Western world, revealing unique perspectives of happiness and life quality embedded in rich cultural traditions and histories.

Happiness Across Cultures

Loustaunau and Sobo demonstrate the ways in which cultural and social factors shape medicine and health care. After a discussion of culture, the social structure and the impact of poverty, class, gender,

and family patterns on health, illness and care-seeking, they explain the similarities and differences of medical systems cross-culturally. The authors call for a more flexible and culturally sensitive system of health care that expresses caring in more holistic ways, and offer examples as to how this might be accomplished in the increasingly multicultural USA.

The Cultural Context of Health, Illness, and Medicine

WHY WE MUST PRACTISE TRANSCULTURAL MEDICINE Health professionals and GPs should concern themselves with ethnicity, religion and culture as much as with the age, sex and social class of their patients. Transcultural medicine is the knowledge of medical and communication encounters between a doctor or health worker of one ethnic group and a patient of another. It embraces the physical, psychological and social aspects of care as well as the scientific aspects of culture, religion and ethnicity without getting involved in the politics of segregation or integration. English general practitioners and health professionals tend to regard everyone as English, and to assume that all patients have similar needs. Would that it were as simple as that! For economic reasons - based on supply and demand - the mass migration of working populations from the new Commonwealth countries, along with their dependent relatives (including their parents) to Britain took place during one decade - the 1960s. Broadly speaking, the workers were in their thirties and forties, and their dependent parents were in their fifties and sixties. All these will, of course, be 30 years older in the 1990s.

Transcultural Medicine

Join us on a fascinating journey across cultures and through time; from Mesopotamia to India, from China to Egypt to Greece and on to the Americas to discover the ancient roots of human thought concerning health and healing. Over the ages, dealing with illness has been an essential aspect of culture, and people everywhere have come up with unique solutions to this fundamental problem. Drawing upon an intimate relationship with a particular environment, treatments have evolved that range from herbs and foods to acupuncture needles. In this book, remedies that can be quite effective for acute conditions will be examined. You will also explore models of healing that allow the whole person to be treated while addressing the underlying pattern of dis-ease. These energetic systems of medicine are especially appropriate in treating chronic illness, where focusing on the symptom fails to address the deeper cause.

Ancient Roots, Many Branches

Biomedicine is often thought to provide a scientific account of the human body and of illness. In this view, non-Western and folk medical systems are regarded as systems of 'belief' and subtly discounted. This is an impoverished perspective for understanding illness and healing across cultures, one that neglects many facets of Western medical practice and obscures its kinship with healing in other traditions. Drawing on his research in several American and Middle Eastern medical settings, in this 1993 book Professor Good develops a critical, anthropological account of medical knowledge and practice. He shows how physicians and healers enter and inhabit distinctive worlds of meaning and experience. He explores how stories or illness narratives are joined with bodily experience in shaping and responding to human suffering and argues that moral and aesthetic considerations are present in routine medical practice as in other forms of healing.

Medicine, Rationality and Experience

In covering the subject of Chinese medicine, this book addresses topics such as oracle bones, the treatment of women, fertility and childbirth, nutrition, acupuncture, and Qi as well as examining Chinese medicine as practiced globally in places such as Africa, Australia, Vietnam, Korea, and the United States.

Chinese Medicine and Healing

This volume brings together chapters about aging in many non-Western cultures, from Africa and Asia to South America, from American Indians to Australian and Hawaii Aborigines. It also includes articles on other issues of aging, such as falling, dementia, and elder abuse. It was thought that in Africa or Asia, elders were revered and taken care of. This certainly used to be the case. But the Western way has moved into these places, and we now find that elders are often left on their own or in institutions, as younger people have migrated to other cities and even countries. Grandparents often find themselves

being parents to their grandchildren, a far cry from the kind of life they believed they would have as they aged. This book will explore all these issues and will be of use to students and researchers in this relatively new field.

Aging Across Cultures

As the Spanish empire grew, cultural ideas and practices related to sickness and health, sex, monstrosity and death came into contact and conflict. Old ideas took root in new soil, others were stamped out, and new cultures arose. This collection examines the dynamic context in which medical cultures circulated to propose new interpretations of the reception, appropriation, and elaboration of medical cultures in the vast territories controlled by the Spanish monarchy.

Medical Cultures of the Early Modern Spanish Empire

When did medicine become modern? This book takes a fresh look at one of the most important questions in the history of medicine. It explores how the cultures, values and meanings of medicine were transformed across the late eighteenth and early nineteenth centuries as its practitioners came to submerge their local identities as urbane and learned gentlemen into the ideal of a nationwide and scientifically-based medical profession. Moving beyond traditional accounts of professionalization, it demonstrates how visions of what medicine was and might be were shaped by wider social and political forces, from the eighteenth-century values of civic gentility to the radical and socially progressive ideologies of the age of reform. Focusing on the provincial English city of York, it draws on a rich and wide-ranging archival record, including letters, diaries, newspapers and portraits, to reveal how these changes took place at the level of everyday practice, experience and representation.

Performing Medicine

Medical practitioners and the ordinary citizen are becoming more aware that we need to understand cultural variation in medical belief and practice. The more we know how health and disease are managed in different cultures, the more we can recognize what is "culture bound" in our own medical belief and practice. The Encyclopedia of Medical Anthropology is unique because it is the first reference work to describe the cultural practices relevant to health in the world's cultures and to provide an overview of important topics in medical anthropology. No other single reference work comes close to matching the depth and breadth of information on the varying cultural background of health and illness around the world. More than 100 experts - anthropologists and other social scientists - have contributed their firsthand experience of medical cultures from around the world.

Encyclopedia of Medical Anthropology

Psychology.

Interviewing Clients Across Cultures

The Encyclopaedia fills a gap in both the history of science and in cultural studies. Reference works on other cultures tend either to omit science completely or pay little attention to it, and those on the history of science almost always start with the Greeks, with perhaps a mention of the Islamic world as a translator of Greek scientific works. The purpose of the Encyclopaedia is to bring together knowledge of many disparate fields in one place and to legitimize the study of other cultures' science. Our aim is not to claim the superiority of other cultures, but to engage in a mutual exchange of ideas. The Western academic divisions of science, technology, and medicine have been united in the Encyclopaedia because in ancient cultures these disciplines were connected. This work contributes to redressing the balance in the number of reference works devoted to the study of Western science, and encourages awareness of cultural diversity. The Encyclopaedia is the first compilation of this sort, and it is testimony both to the earlier Eurocentric view of academia as well as to the widened vision of today. There is nothing that crosses disciplinary and geographic boundaries, dealing with both scientific and philosophical issues, to the extent that this work does. xi PERSONAL NOTE FROM THE EDITOR Many years ago I taught African history at a secondary school in Central Africa.

Encyclopaedia of the History of Science, Technology, and Medicine in Non-Western Cultures

Systems of Classification in Premodern Medical Cultures puts historical disease concepts in cross-cultural perspective, investigating perceptions, constructions and experiences of health and illness from

antiquity to the seventeenth century. Focusing on the systematisation and classification of illness in its multiple forms, manifestations and causes, this volume examines case studies ranging from popular concepts of illness through to specialist discourses on it. Using philological, historical and anthropological approaches, the contributions cover perspectives across time from East Asian, Middle Eastern and Mediterranean cultures, spanning ancient Egypt, Mesopotamia, Greece and Rome to Tibet and China. They aim to capture the multiplicity of disease concepts and medical traditions within specific societies, and to investigate the historical dynamics of stability and change linked to such concepts. Providing useful material for comparative research, the volume is a key resource for researchers studying the cultural conceptualisation of illness, including anthropologists, historians and classicists, among others.

Systems of Classification in Premodern Medical Cultures

This book gives voice to outstanding scholars from three major Eastern civilizations-Chinese, Arabic, and Indian-who have entered into dialogue with equally distinguished scholars from the West. The themes of the book include challenges to knowledge in the late modern era; Eastern contributions to scientific knowledge; knowledge transfer across regions and civilizations; indigenous knowledge and modern education; and past and present influences from China.

Knowledge Across Cultures

A guide to the techniques and analysis of clinical data. Each of the seventeen sections begins with a drawing and biographical sketch of a seminal contributor to the discipline. After an introduction and historical survey of clinical methods, the next fifteen sections are organized by body system. Each contains clinical data items from the history, physical examination, and laboratory investigations that are generally included in a comprehensive patient evaluation. Annotation copyrighted by Book News, Inc., Portland, OR

Clinical Methods

Offering a cultural history of blood as it was mobilized across twentieth-century U.S. medicine, militarisms, and popular culture, Hannabach examines the ways that blood has saturated the cultural imaginary.

Blood Cultures

Most Western health professionals practice in multicultural societies. The influence of culture on illness, health and rehabilitation is therefore very important. Despite this, most lower level health psychology texts skim over these differences and assume our traditional biomedical approach will be appropriate for all. In this completely revised and updated edition of a groundbreaking book, Malcolm MacLachlan redresses the balance by showing how social and cultural aspects interact with the purely physical: from assessment and treatment all the way through to effects on rehabilitation.

Culture and Health

An invaluable work especially for professionals and students in health care, bioethics, humanities, cultural studies, and for the educated lay reader, this volume offers a critical reflection on cultural competence and awareness in health care, an arena where world views and values often collide.

Cultural Fault Lines in Healthcare

In May 2013, 28 scholars from 19 countries gathered in Prague, Czech Republic, to explore the many complex issues surrounding pain. This unique meeting, the 4th Global Making Sense of Pain Conference, allowed participants to remain together for three days as they explored perspectives from many different disciplines -- from medicine to music; from art to medical humanities; from psychology to writing and rhetoric; from cognition to intuition. The multidisciplinary and cross-cultural nature of the conference provided an engaging forum for scholars to draw inspiration and knowledge on the nature and function of pain, as perceived through the lenses of various fields and research methodologies. This volume presents a sample of the contributions from this conference, divided into the following categories: Pain and Thinking, Contemplating Pain, Creating from Pain, and Personalising Pain.

Pain without Boundaries: Inquiries across Cultures

Contraception is an issue of considerable concern to a great many heterosexually active people. Yet the impact of contraceptive technologies in the world today, in particular their implications for kinship, gender relations, and other aspects of social life, receives relatively little scholarly attention. This book brings a new perspective to the study of contraception, by collecting together in one volume leading experts in the fields of contraception, family planning and reproductive health. Contributors look at the social, economic, political and cultural contexts in which contraceptive providers and recipients make decisions about whether and what forms of contraception to use. User perspectives (whether those of recipients or providers of contraceptive services) are taken seriously, as are the perspectives of policy-makers and development experts. With its in-depth, case-study approach, this challenging book will appeal to practitioners and planners in the fields of family planning and reproductive health, as well as to students and academics of applied and medical anthropology, health studies, gender and development studies, or anyone interested in the social, cultural and ethical issues raised by contraceptive technologies.

Contraception across Cultures

This fascinating book examines the concept of culture from a unique perspective--that of individual occupational therapists who have worked in environments very different from those in which they were educated or had worked previously. In *Occupational Therapy Across Cultural Boundaries*, six occupational therapists relate their experiences living and working in a foreign culture. Each author describes the daily demands placed upon her through immersion into a different way of life and discusses the environmental challenges she had to overcome to be able to live and work successfully. Many of the cultural differences the authors faced forced them to reassess and reconstruct their most basic assumptions of both personal and professional life as they discovered that activities and theories common or applicable in one culture are not necessarily translatable into another. The authors also analyze culture across treatment areas in occupational therapy practice, including mental health and physical disability, with both adults and children. Both beginning and experienced occupational therapists and occupational therapy students will find much valuable information in *Occupational Therapy Across Cultural Boundaries*. Whether interested in examining occupational therapy's application to non-Western cultures, or actually contemplating practicing in a different culture, readers will benefit from learning about the experiences of the authors. This unique book is also helpful for occupational therapy students wishing to examine the philosophy of occupational therapy or the significance of culture to human occupation. Professors will find it useful as an ancillary textbook for undergraduate and graduate courses in occupational therapy on topics such as theory, occupation across cultures, or meaningful activity.

Occupational Therapy Across Cultural Boundaries

Astronomy Across Cultures: A History of Non-Western Astronomy consists of essays dealing with the astronomical knowledge and beliefs of cultures outside the United States and Europe. In addition to articles surveying Islamic, Chinese, Native American, Aboriginal Australian, Polynesian, Egyptian and Tibetan astronomy, among others, the book includes essays on *Sky Tales and Why We Tell Them* and *Astronomy and Prehistory*, and *Astronomy and Astrology*. The essays address the connections between science and culture and relate astronomical practices to the cultures which produced them. Each essay is well illustrated and contains an extensive bibliography. Because the geographic range is global, the book fills a gap in both the history of science and in cultural studies. It should find a place on the bookshelves of advanced undergraduate students, graduate students, and scholars, as well as in libraries serving those groups.

Astronomy Across Cultures

Chinese Medicine and Healing is a comprehensive introduction to a rich array of Chinese healing practices as they have developed through time and across cultures.

Chinese Medicine and Healing

Build your intercultural communication skills to ensure the best possible patient outcomes. Includes DVD with dramatizations of realistic health-care scenarios. *Cultural Competency Skills for Psychologists, Psychotherapists, and Counselling Professionals* teaches techniques for meeting the challenges of working with culturally diverse patients and their families. The skills professionals and students

acquire through using this workbook will improve their communication and problem-solving abilities when working across cultures. The workbook provides eight learning modules based on realistic health-care scenarios, along with exercises and self-assessment tools.

Cultural Competency Skills for Psychologists, Psychotherapists, and Counselling Professionals