

Herbs For Pets The Natural Way To Enhance Your Pet 39 S Life

[#herbs for pets](#) [#natural pet care](#) [#pet wellness herbs](#) [#holistic pet health](#) [#safe herbal supplements for pets](#)

Discover the incredible benefits of incorporating herbs into your pet's daily routine, offering a natural and gentle way to enhance their overall well-being. Explore effective, natural remedies and supplements designed to support your furry friend's health, vitality, and longevity, ensuring a happier life the natural way.

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Herbs for Pets

Herbs for Pets, by herbalists and holistic experts Gregory L. Tilford and Mary L. Wulff, is the bible for all pet owners looking to enhance their companion animals' lives through natural therapies. Now in its second revised edition, Herbs for Pets is an indispensable resource, an exhaustive compendium of medicinal plants and natural remedies that hosts an illustrated tour through Western, ayurvedic, and Chinese herbs that grow in North America, including their holistic applications and contraindications, and alternative approaches to treating a wide range of ailments. Remedies in the book are applicable to dogs and cats, as well as birds, small mammals, and even farm animals. The book is organized into three chapters, the first is dedicated to the "Principles and Practices of Herbalism," discussing the many facets of herbs, concerns about toxicity, basic herbal preparation, the ethical use of herbs, the connection between herbs and diet, and using herbs as dietary supplements. Chapter 2, titled "Materia Medica: An A-Z Guide to Herbs for Animals," is an exhaustive 150-page section presenting color photographs and text about the appearance, habitat and range, cycle and bloom season, parts used, primary medicinal activities, strongest affinities, common uses, availability, propagation and harvest, alternatives and adjuncts, and cautions and comments for 65 different herbs (from Alfalfa to Yucca!). The common uses section is extensive for each herb, discussing the nutrient value, various qualities, and ways in which the herb is used for specific treatments. The third chapter of the book is titled "An Herbal Repertory for Animals: Ailments and Treatments" and details remedies for the following: anxiety, nervousness, and behavioral problems; arthritis and hip dysplasia; cancer; cardiovascular problems; digestive system problems; ear problems; elderly animal care; endocrine system and related problems; epilepsy, convulsions, and seizures; eye problems; first aid, immune system care; mouth and nose problems; parasite-related problems; pregnancy and lactation; skin problems; and urinary problems. The authors share over two dozen herbal remedies for various ailments, from asthma and pneumonia to constipation and eye cleaner. A glossary of over 200 terms is included, as are references and a comprehensive index. .

The Natural Way For Dogs And Cats

As more and more people are choosing natural medicine for themselves, they are also seeking it for their pets. This book tells you everything you need to know about natural health care for dogs and cats, including: ·How to make a fresh, balanced natural diet for your pet ·How natural medicine works and why you should choose to use it ·Which treatments and remedies are available for animals ·Which conditions

respond best to which treatments ·Using herbs , food supplements and natural remedies for specific ailments ·How to treat a variety of common complaints safely and effectively at home ·What to include in a natural first-aid kit ·Where to find a practitioner to treat your pet ·How to give your pet a healthier, happier, and longer life Filled with practical help, *The Natural Way for Dogs and Cats* details simple and effective cures for a variety of common complaints. From skin problems and arthritis, to behavioral problems and digestive disorders, this book will help you chose the most effective treatment or remedy for your pet. It describes in detail the major holistic treatments for animals, including acupuncture, herbs, aromatherapy, chiropractic, flower remedies, healing, homeopathy, and nutrition. If you're looking for healthy alternatives to commercial pet foods, drugs or surgery, but do not know where to start, this inspirational book is for you – and your pet!

Holistic Pet Care

In "*Holistic Pet Care: Nurturing Your Furry Friends Naturally*," you'll embark on an enriching journey into the world of holistic pet care, where the well-being of your beloved pets takes center stage. This comprehensive guide is your key to ensuring that your furry companions live their best, healthiest lives, naturally and harmoniously. In a world filled with options for pet care, holistic practices offer a unique approach that focuses on treating the whole animal—body, mind, and spirit. This book takes you through every aspect of holistic pet care, providing you with the knowledge and tools to make informed decisions that will have a lasting, positive impact on your pet's life. You'll learn about the importance of nutrition and how to choose natural, balanced diets that cater to your pet's individual needs. Explore the world of herbal remedies and supplements, discovering safe and effective ways to enhance your pet's vitality and well-being. Aromatherapy isn't just for humans; your pets can benefit from it too. Discover safe essential oil practices that can help with relaxation, emotional balance, and overall health. Holistic grooming and hygiene are essential to your pet's health. Learn about natural grooming products, the importance of regular grooming, and techniques that promote a shiny coat and healthy skin. Preventative care is a fundamental pillar of holistic pet care. This book guides you on preventing common health issues naturally, explores vaccination alternatives, and provides insights into natural parasite control. When common ailments strike, you'll have a holistic toolkit at your disposal. From allergies and digestive issues to pain management, discover natural remedies that offer relief and comfort to your furry friends. Don't overlook your pet's dental health. Holistic dental care practices are covered in detail, ensuring your pet maintains a healthy mouth and overall well-being. Physical activity is a vital component of holistic pet care. Promote exercise and play, understand the benefits of physical activity, and customize routines for different pets. Mental and emotional well-being are equally important. Learn how to recognize stress and anxiety in pets, employ relaxation techniques, and create a pet-friendly environment. Holistic training and behavioral solutions focus on positive reinforcement, addressing behavioral issues naturally, and building trust and rapport with your pet. As your pets age, their needs change. Discover how to care for aging pets naturally, recognize age-related health concerns, and provide comfort and quality of life. If you're raising puppies and kittens, holistic approaches to training, development, nutrition, and healthcare are explored to ensure a strong foundation for their future. Exotic pets have their own set of considerations. Learn about diet, habitat, and healthcare for these special animals and find holistic veterinarians experienced with exotic pets. Integrating holistic and conventional veterinary care is a delicate balance. Find a holistic veterinarian, learn when to combine treatments, and maintain open communication with your vet for the best care. Special cases, such as pets with chronic illnesses, rescued animals with special needs, and palliative care scenarios, are discussed, offering guidance and empathy for challenging situations. The book wraps up with inspiring success stories and testimonials, reinforcing the power of holistic pet care. In the ever-evolving landscape of pet care, this book serves as a comprehensive and compassionate guide to ensure the well-being, happiness, and vitality of your cherished furry friends. It's an essential resource for pet parents who seek a holistic, natural, and loving approach to pet care. Your pets deserve the very best, and "*Holistic Pet Care: Nurturing Your Furry Friends Naturally*" empowers you to provide just that.

The Ultimate Pet Health Guide

As a holistic veterinarian and scientist, Dr. Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction. He wants us to use what actually works, not just what Western science or alternative medicine say "should" work. This multifaceted approach to health is known as integrative medicine. Dr. Richter examines traditional medicine from many cultures alongside modern medical techniques, describing the best of complementary care and the

best of conventional veterinary medicine. Every treatment he recommends has the backing of scientific research or years of successful outcomes in his clinical practice. After explaining the treatment, he offers specific recommendations for an integrative approach to common diseases, including allergies, skin conditions, diabetes, heart disease, and cancer. A holistic approach to health includes nutrition, as it sets up the foundation for your pet's health. Dr. Richter cuts through the hype in the pet-food world and explains how to choose the best commercial foods and supplements, and even includes both raw and cooked dog- and cat-food recipes for general diet as well as to treat specific needs. He also explains how we can use the right foods and supplements to "hack" the body's processes, including the immune system.

Pet Lover's Guide to Natural Healing for Cats and Dogs

Part of the Pet Lover's Guide series, this volume presents detailed information on alternative therapies for both dogs and cats. Written in a clear, simple manner, the book is divided into three main parts. Part 1, on diet and natural therapies, addresses the importance of diet for pets, and discusses the pros and cons of both commercially available and homemade diets. It also covers the basic explanations of the various alternative therapies widely used by holistic veterinarians and readily available to pet owners (e.g., supplements and herbs, acupuncture, homeopathy, chiropractic and other manual healing). Part 2 makes recommendations for specific health conditions, such as skin problems or digestive tract problems, and describes how various alternative therapies are used alone or in combination with allopathic therapies to treat or relieve the condition. Finally, Part 3 offers an overview of health maintenance and preventive health, and includes information about vaccinations, flea and tick control, weight control, and caring for the aging pet. Full-color line art and photographs illustrate various plants and herbs, and also techniques such as manual therapies, massage, and other hands-on healing techniques in a user-friendly and easily identifiable manner. Special boxes labeled "Where We Stand" present the author's strong opinions on specific (sometimes controversial) issues in a highlighted, easy-to-find format. Key terms are highlighted, making them easy to locate and reference - these terms are also included in the glossary with clear, simple definitions. Important information is bulleted and placed in a shaded box, bringing the main points to the reader's attention in a quick and useful way. Clear readability makes information easily accessible to pet owners, helping them to better understand natural therapies and their uses in treating pets. It also enables veterinarians to carry the book in their practices and recommend it to clients. Written by established, recognized veterinarians, this book is a reliable source for veterinary professionals.

Herbs for Pets

This book is the answer for all pet owners looking to enhance their companion animals' lives through natural therapies. This book is an indispensable resource, an exhaustive compendium of medicinal plants and natural remedies that hosts an illustrated tour through Western, ayurvedic, and Chinese herbs that grow in North America, including their holistic applications and contraindications, and alternative approaches to treating a wide range of ailments. Remedies in the book are applicable to dogs and cats, as well as birds, small mammals, and even farm animals. **Buy and Give a 5star Review**

Holistic Herbs for Pet

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Herbs and Food for Pet

This book is the answer for all pet(cat, dog, horse, birds etc) owners looking to enhance their companion animals' lives through natural therapies the best food. This book is an indispensable resource, an exhaustive compendium of medicinal plants and natural remedies that hosts an illustrated tour through Western, ayurvedic, and Chinese herbs that grow in North America, including their holistic applications and contraindications, and alternative approaches to treating a wide range of ailments. People are realizing that if alternative medicine is better for them, it's better for their pets, too. Dogs are visiting acupuncturists, chiropractic doctors, and homeopaths. Still, many dog owners are unaware that such

simple measures as changing their pet's diet and using vitamins, herbs, and other natural cures can help prevent or heal ailments ranging from excessive scratching to depression to a host of serious diseases.

New Methods in Natural Healing for Pets

Dr. Fougere is a veterinarian who has been practicing for over 20 years. He is a pioneer in the field of natural healing for pets. His book, "New Methods in Natural Healing for Pets," is a comprehensive guide to natural healing for pets. It covers a wide range of topics, including nutrition, herbs, and other natural remedies. Dr. Fougere explains that natural healing is not just about treating symptoms, but about addressing the root cause of the problem. He provides a wealth of information on how to use natural remedies to improve your pet's health. The book is written in a clear, easy-to-understand style, making it accessible to pet owners of all levels. It is a valuable resource for anyone who wants to take a holistic approach to their pet's health. The book is available in both print and digital formats. It is a must-read for anyone who is interested in natural healing for pets.

Medicinal Herbs for Canine Well-Being

Discover the restorative potential of nature for your dog with "Medicinal Herbs for Canine Well-Being." This invaluable resource provides a thorough overview of safe and efficient herbal medicines designed especially to support your pet's health. This book addresses a wide range of common canine diseases and offers workable solutions utilizing the therapeutic qualities of medicinal herbs, from reducing anxiety to promoting joint health. This book is an invaluable tool for improving your dog's health and vigor, regardless of experience level with herbal therapies. Within, you will learn: Profiles of more than thirty safe-for-dog therapeutic herbs, together with preparation instructions and dose recommendations. Detailed directions for making tinctures, drinks, and poultices with herbs. Advice on how to incorporate herbal remedies into your dog's regular regimen for best outcomes. Advice on how to recognize and gather herbs and reliable suppliers for high-quality ingredient purchases. By using the healing properties of nature, you may strengthen your role as a pet owner. With "Medicinal Herbs for Canine Well-Being," you'll discover how to provide your dog the natural health support they need. Use the holistic technique of "Medicinal Herbs for Canine Well-Being" to witness the happiness that comes from watching your pet flourish. Bid farewell to artificial drugs and welcome a kinder, more organic approach to enhancing your dog's well-being. By using this book as a guide, you'll set out on a journey to improve the health of your dog from the inside out, strengthening your relationship and creating a better future for the two of you.

Herbs for Pets

"Herbs for Pets" is a comprehensive guide that delves into the world of herbal medicine as a holistic approach to enhancing the well-being of our beloved animal companions. This thoughtfully crafted book combines ancient wisdom with contemporary insights, providing pet owners with a wealth of knowledge to integrate herbal remedies seamlessly into their pets' lives. Foundations of Herbal Medicine for Pets Benefits of Herbal Remedies for Pet Health Understanding Holistic Pet Care Integrating Herbs into Holistic Pet Care Plans Importance of Integrating Herbs into Pet Wellness Selecting and Sourcing Herbs Quality Sourcing and Potential Risks Common Health Issues and Herbal Remedies Herbal Formulations and Recipes Growing and Cultivating Herbs for Pets Benefits of Fresh, Home-Grown Herbs Herbal Gardening Tips for Pet Owners The Future of Herbal Medicine for Pets: "Herbs for Pets" is more than just a guide; it's an invitation to a holistic journey where the ancient wisdom of herbal medicine meets the contemporary needs of our furry companions. Whether you're a seasoned herbalist or a novice pet owner, this book provides a roadmap to enrich the lives of pets through the power of herbs and holistic care. Grab A Copy Today!!!

Seizures in Dogs and Cats

Seizures in Dogs and Cats offers a practical, complete resource for the veterinary management of seizures in dog and cat patients. The book is carefully designed for ease of use in the clinical setting, presenting clinically oriented information on the etiology, diagnosis, and management of seizures. Each chapter begins with key points, then presents greater detail, making the book equally useful for fast

access during the exam and for further reference. The book begins with chapters on the history, biology, and classification of seizures, then covers diagnosis, medical and surgical treatment, emergencies, and complementary medicine. Unique chapters cover client communications and potential future directions of the field. *Seizures in Dogs and Cats* puts all the information needed to manage seizures in the veterinary clinic at your fingertips.

Natural Health Bible for Dogs and Cats

2000 Winner, Better Health for Life Award, Cat Writer's Association (CWA) When it comes to your dog's or your cat's health, you want the best health care available. But did you know that conventional medicine is not the only answer, or even the best answer? Inside you'll learn from a respected veterinarian how the therapeutic wonders of natural medicine can benefit your dog or cat. This comprehensive guide discusses more than 40 common conditions or diseases that can affect your pet and how they can be treated or improved with natural medicine. Easy to understand and use, with cross-references between conditions and treatments, this informative resource includes: -An A-Z guide to common health conditions -An A-Z guide to herbs, vitamins, and supplements -Dietary recommendations for specific health concerns -Proven complementary therapies for your pet -And much, much more! Do your pet a great favor--add this complete reference to your library. You'll both be glad you did. Inside, natural treatments for: -Allergies -Obesity -Cancer -Kidney Disease -Arthritis -Heart Disease -Feline Leukemia -Dental Disease -Ear Infections -And many more common conditions "Incredibly well thought-out and organized. This bible will serve as an excellent reference for veterinarians and pet owners alike." --L. Phillips Brown, D.V.M., product manager, Inter-Cal Nutraceuticals "A concise overview of common animal conditions and available complementary therapies that will help readers ensure their pets and patients receive the best treatment." --Myrna Milani, D.V.M., author, "Preparing for the Loss of Your Pet" "This bible is a 'new testament' that may help pet caregivers heal their sick pets." --Alice Villalobos, D.V.M.

Dr. Pitcairn's Complete Guide to Natural Health for Dogs & Cats (4th Edition)

For more than 30 years, Dr. Pitcairn's Complete Guide to Natural Health for Dogs & Cats has been the go-to resource for health-conscious animal lovers. This fourth edition is updated with the latest information in natural pet health, including groundbreaking research on the benefits of vegan diets for pets, as well as nutritionally complete recipes to give your pets optimal health that you can also enjoy, making home prepared diets easier than ever. The Pitcairns also discuss behavior issues, general nutrition, and a more humane approach to caring for pets. The Pitcairns have long been the trusted name in holistic veterinary care and continue to be at the forefront of natural pet health. Written with the same compassion and conviction, the fourth edition of *Natural Health for Dogs & Cats* will help you give your beloved animals the healthiest, happiest life.

Herbs for Pets

This attractive, easy-to-read, yet comprehensive guide offers pet owners step-by-step instructions on how to find, prepare, and use herbs to treat common pet ailments.

All You Ever Wanted to Know about Herbs for Pets

Discusses ways to take care of a pet's health the natural way with holistic herbalism, natural nutrition, and homeopathy.

Herbal Remedies for Dog Health

Herbal Remedies for Dog Health: Many people say it is just a dog, but that dog is PART OF YOUR FAMILY!! Are you curious to use alternative treatment which is cheaper and efficient? But not sure where to start? Take the first step to discover the healing power of nature for your beloved furry friend with "Herbal Remedies for Dog Health." This comprehensive guide provides dog owners with a wealth of knowledge on using herbal remedies to support their dog's health and well-being. From common illness to overall wellness, this book offers practical advice, step-by-step instructions, and that highlight the effectiveness of herbs in treating dogs' illnesses by a trained Herbalist. The heart of the book lies in its over 35 carefully curated herbal remedies for dogs. Each remedy is comprehensively explained, containing dosage guidelines, preparation methods, and usage. Carlos's expertise shines through as he shares his perspectives on how these herbal remedies can palliate ailments, correct skin irritations,

treat indigestion issues, boost immunity, and support the overall vitality of dogs. "Herbal Remedies for Dog Health: over 35 natural healings for canine companions" is an important resource for dog owners seeking natural solutions to support their furry friends' health. Authored by Carlos Phil, a seasoned professional with 20 years of experience in herbal care, this book offers a wealth of exposure and insights into the world of herbal remedies for dogs. Don't miss out on this opportunity to enhance your dog's vitality and quality of life. Order your copy of "Herbal Remedies for Dog Health" today and embark on a journey of natural healing and well-being for your canine friend.

Defending the Defenseless

Do you love cats, dogs and other pets? Do you want to do more to help protect and advocate for these pets, but don't know where to start? Defending the Defenseless is for anyone who wants to join a growing crusade to bring animal protection to its rightful place in a civilized society, to protect animals from harm inflicted by humans, and allow them to live happily in an environment that appreciates their unique qualities. Regardless of career or lifestyle, anyone can become an advocate for pets in a growing movement to defend the defenseless. This book guides readers through the variety of ways they can help companion animals and offers practical tips to get involved, from donating money to volunteering at animal shelters, from opposing animal experimentation to raising children to protect animals. Defending the Defenseless is perfect for anyone who loves animals and is seeking guidance on how to get involved.

Dr. Khalsa's Natural Dog

A pioneer in holistic veterinary medicine, Dr. Deva Khalsa shares her effective, integrative approach to natural health and healing for dogs in this invaluable book. Expanded and updated, Dr. Khalsa's Natural Dog, in its second edition, presents an inspired way for dog owners to design a diet specifically for their dog's needs, lifestyle, age, and health. Developed over decades of practice and study, Dr. Khalsa's methods combine traditional veterinary medicine, wholesome nutrition, and holistic therapies, such as alternative methods, herbal remedies, and botanical medicine. In the new edition, Dr. Khalsa will present the latest research on such important issues as avoiding and treating cancer, chronic gastrointestinal problems, allergy elimination, and effective holistic treatments for ten common problems. In the Foreword, Dr. Marty Goldstein, a colleague of the author for over four decades, says that Dr. Khalsa "knows, feels, and practices healing, patient by patient" [and] this book "is nothing more than a mirror of the incredible spiritual energy of a true healer." By using the simple methods and concepts put forth in Dr. Khalsa's Natural Dog, dog owners can effect positive, life-changing improvements for their beloved four-legged companions. **INSIDE DR. KHALSA'S NATURAL DOG** Over 100 original, wholesome recipes, including new grain-free and allergy free recipes A modern primer on canine nutrition and how to feed dogs for optimal health The secrets of herbal supplementation and the use of vitamins and minerals Holistic strategies for dogs with special needs, including allergies, heart and kidney diseases, obesity, and diabetes Expanded, updated chapter on preventing, managing, and treating canine cancer **PRAISE FOR THE FIRST EDITION** "Dr. Khalsa has provided an invaluable book to help keep dogs well and to enable them to recover from a variety of health problems. Her holistically integrative approach is a welcome contribution for the good dogs around the world." Dr. Michael W. Fox, syndicated veterinary columnist "Natural Dog is the most comprehensive book on holistic dog care for the twenty-first century." Joanne Stefanos, DVM, author of Animals and Man "This book is a lively informative read for all those devoted to their canine companions!" W. Jean Dodds, DVM, world-famous veterinary hematologist.

Forget the Vet

'Forget the Vet' focuses on the many health benefits of practicing natural remedies. Cooking easy homemade holistic recipes, and treating your pet to a homeopathic agenda, may prevent many trips to your vet's office. When we look holistically at all the natural cures for ailments in our pets, we ask ourselves, should we go all natural or use supplements that contain processed ingredients? There is no hard or fast rule to this. It is obvious that most products that come from natural sources have higher levels for benefiting our pets than others. The combination of processed substances and natural sources only arise due to the shortage of natural materials in certain locations. It is important to always use products that are as natural as possible. This saves the stress of getting your pets hooked on medications that may do them more harm than good. For instance, steroid injections used to treat Asthma hold ingredients that may cause Diabetes. The way you treat your pets and groom them, goes

a long way in determining their overall health. This book lists a few of the natural cures for common ailments in pets. Some of the ingredients listed here are preventive, while others are curative. What is essential, is to help your pets live longer, and for them to lead fuller healthier lives. This book includes the following: Pet Diabetes, Causes of Diabetes, Symptoms of Diabetes, Herbal Remedies, Recipes, Grocery Shopping List for Diabetic Pets, Raw Food for Cats with Kidney Problems, Recipes, Herbal Solutions, Homeopathic Remedies for Constipation, Cats and Allergies, Natural Remedies, Homemade Cat Recipes, Dental Health, Bladder Problems, Herbal Remedies, Cats with Cold and Flu Symptoms, Cats, Head to Paw, Homemade Flea and Tick Repellents, Cat Condition Weight Chart, Weight loss, Grocery Shopping List for Cats, Pets and Tapeworms, Natural remedies using Homeopathy, Recipes, Home Treatments for Dental Health, Homemade Dental Treats, The Holistic Approach to Dog Ailments, Overall Nutrition, Homemade Dog Food & Treats, Time to Cut out the Junk, Over weight dogs, Dog Condition Weight Chart, An Effective Weight Loss Program for your Dog, Healthy Recipes, Grocery Shopping List for Dogs, Herbal Remedies for Treating Dog Ailments

Essential Oil for Pet

Essential oils can help you keep your animals healthy and happy naturally. This book is a practical guide to why, how and when to use aromatic extracts for any animal. The author shares his personal experience and know-how from 20 years of working with animals and aromatics. He also sets out a simple, holistic system to choose the right oil for every occasion. Hydrosols are also included in the book, offering a safe and gentle way to work with cats and smaller animals, as well as animals living in herds and those afraid of humans. The book includes detailed profiles of different essential oils, different hydrosols and herbal/carrier oils and instruction on how to make your own natural lotions and potions, with a selection of recipes for everyday situations. Plus, sections on the benefits of Element Theory for animal wellbeing, and how to keep your animals stress free, make this a truly holistic guide to natural animal wellness. A book that anyone caring for animals will refer to again and again.

Natural Pet Care

Right now, there are more pets in America than people, and many count their pets among the most beloved members of their family. However, a surprising number of pet owners are not aware that the lifestyle they provide their companions may not be a healthy one. Gary Null has helped countless Americans improve their diets and their health with his natural approach to healthy living and scepticism of the healthcare and pharmaceutical industries. Now, with Natural Pet Care , he carefully and compassionately lays out the ways we can improve our pets' health and lives. Natural Pet Care includes "Animals on the Move"

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Natural Health and Nutrition for Dogs-Revised Edition 2

This book is about making changes in your dog's life to help them to thrive in living a long healthy life instead of just surviving off of kibble. Learning to feed a proper diet (raw or cooked) step-by-step in detail (53 pages on just the diet) and reduce many illnesses and exposure to toxins. As your dog ages, the joints start to wear, this book helps to eliminate or reduce joint pain drastically by incorporating certain things into your dog's life. Learning how to prevent and treat heartworms using all-natural methods, supplemental treatment for cancer, reducing toxin exposure such as vaccines, household and lawn chemicals, natural flea and tick prevention, treating heart disease with home remedies, anxieties/fears, herbs, dealing with leaky gut and allergies and keeping your dog safe from the world we live in.

Veterinary Herbal Medicine

This full-color reference offers practical, evidence-based guidance on using more than 120 medicinal plants, including how to formulate herbal remedies to treat common disease conditions. A body-systems based review explores herbal medicine in context, offering information on toxicology, drug interactions, quality control, and other key topics. More than 120 herbal monographs provide quick access to information on the historical use of the herb in humans and animals, supporting studies, and dosing information. Includes special dosing, pharmacokinetics, and regulatory considerations when using herbs for horses and farm animals. Expanded pharmacology and toxicology chapters provide thorough information on the chemical basis of herbal medicine. Explores the evolutionary relationship between plants and mammals, which is the basis for understanding the unique physiologic effects of herbs. Includes a body systems review of herbal remedies for common disease conditions in both large and small animals. Discusses special considerations for the scientific research of herbs, including complex and individualized interventions that may require special design and nontraditional outcome goals.

The Veterinarians' Guide to Natural Remedies for Dogs

The world of veterinary medicine is changing. People are realizing that if alternative medicine is better for them, it's better for their pets, too. Dogs are visiting acupuncturists, chiropractic doctors, and homeopaths. Still, many dog owners are unaware that such simple measures as changing their pet's diet and using vitamins, herbs, and other natural cures can help prevent or heal ailments ranging from excessive scratching to depression to a host of serious diseases. The Veterinarians' Guide to Natural Remedies for Dogs is both an introduction and a guide to the vast world of natural healing methods, treatments, and foods now available for dogs. Author Martin Zucker offers advice from dozens of holistic practitioners and licensed veterinarians, who share their recipes, insights, and "prescriptions." Here dog owners will find information on everything from nutritional supplements to massage therapy, as well as how these treatments can be used alone or in conjunction with traditional medications and surgical techniques.

Better Nutrition

Reaching nearly 1 million readers monthly, Better Nutrition celebrates 70 years as a leading in-store distributed magazine for health conscious consumers. Widely distributed to thousands of health-food stores and grocery chains across the country, Better Nutrition provides authoritative, well-researched information on food nutrition, dietary concerns, supplements and other natural products.

New Choices in Natural Healing for Dogs and Cats

From the author who brought you THE FIRST-AID COMPANION FOR DOGS AND CATS, award-winning pet journalist Amy Shojai presents this new large-format edition of her popular NEW CHOICES IN NATURAL HEALING FOR DOGS & CATS. At your fingertips you'll find over 1,000 at-home remedies for your pet's problems. Herbs * Acupressure * Massage * Homeopathy * Flower essences * Natural diets * Healing energy This new edition is a vet-approved, authoritative guide to homeopathy, supplements, and hundreds of other new choices for keeping dogs and cats healthy! Strengthen joints and repair cartilage with this all-natural enzyme Push the "aspirin" point for instant pain relief Stop behavior problems like barking with a flower essence Herbs that fortify immunity and can help prevent cancer Eliminate swelling with this powerful nutrient A one-week plan to get rid of fleas--without harmful chemicals Discover for yourself how the country's top holistic veterinarians treat their pets without using drugs...and how you can do it, too!

Vegetarian Times

To do what no other magazine does: Deliver simple, delicious food, plus expert health and lifestyle information, that's exclusively vegetarian but wrapped in a fresh, stylish mainstream package that's inviting to all. Because while vegetarians are a great, vital, passionate niche, their healthy way of eating and the earth-friendly values it inspires appeals to an increasingly large group of Americans. VT's goal: To embrace both.

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Veterinary Secrets

This manual draws from Dr Jones' 17 years' experience in veterinary medicine to provide a comprehensive, step-by-step guide to home pet care and disease remedies. Dr. Jones opens by explaining how he came to question conventional veterinary treatments then began to share his concerns publicly and openly educate pet owners, empowering them to provide their pets with quality, holistic care at home. Eventually, his efforts led to his expulsion from the British Columbia Veterinary College, resulting in a ban from practicing animal medicine.

10 Herbs for a Happy, Healthy Cats

Catnip Isn't the Only Herb Your Cat Will Love! If you're a dedicated cat lover, you know the amazing intoxicating effect that catnip has on most cats. But did you also know that catnip can help calm a frantic feline during an extended car trip? Or that catnip can ease feline gastrointestinal distress? In fact, there are many common herbs that can do wonders for your cat's health. In 10 Herbs for Happy, Healthy Cats you'll find ten of the safest, most versatile herbs for feline health. You'll learn everything you need to know about growing these herbs and buying or making your own herbal teas, tinctures, capsules, and poultices. You'll also find expert advice on calculating the proper dosage of an herbal remedy and administering it to your cat -- including how to catch that feisty feline and help make the medicine go down easily!

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Country Life Illustrated

At long last, Sarah Britton, called the “queen bee of the health blogs” by Bon Appétit, reveals 100 gorgeous, all-new plant-based recipes in her debut cookbook, inspired by her wildly popular blog. Every month, half a million readers—vegetarians, vegans, paleo followers, and gluten-free gourmets

alike—flock to Sarah’s adaptable and accessible recipes that make powerfully healthy ingredients simply irresistible. My New Roots is the ultimate guide to revitalizing one’s health and palate, one delicious recipe at a time: no fad diets or gimmicks here. Whether readers are newcomers to natural foods or are already devotees, they will discover how easy it is to eat healthfully and happily when whole foods and plants are at the center of every plate.

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