

the bright hour a memoir of living and dying

[#memoir](#) [#living and dying](#) [#end of life](#) [#personal reflection](#) [#grief and hope](#)

Explore 'The Bright Hour,' a poignant memoir delving into the profound journey of living and dying. This personal reflection offers a unique perspective on navigating end-of-life experiences, blending moments of challenge with unexpected insights and hope.

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The Bright Hour

"Built on her ... Modern Love column, 'When a Couch is More Than a Couch' (9/23/2016), a ... memoir of living meaningfully with 'death in the room' by the 38-year-old great-great-great granddaughter of Ralph Waldo Emerson--mother to two young boys, wife of 16 years--after her terminal cancer diagnosis"--

Late Fragments

Kate Gross was a woman who 'leaned in' until cancer stopped her in her tracks. Now terminal, this brave, frank and heartbreaking book shows what it means to die before your time, and how to fill your life with wonder, hope and joy even in the face of tragedy.

The Art of Death

A moving reflection on a subject that touches us all, by the bestselling author of *Claire of the Sea* Light Edwidge Danticat's *The Art of Death: Writing the Final Story* is at once a personal account of her mother dying from cancer and a deeply considered reckoning with the ways that other writers have approached death in their own work. "Writing has been the primary way I have tried to make sense of my losses," Danticat notes in her introduction. "I have been writing about death for as long as I have been writing." The book moves outward from the shock of her mother's diagnosis and sifts through Danticat's writing life and personal history, all the while shifting fluidly from examples that range from Gabriel García Márquez's *One Hundred Years of Solitude* to Toni Morrison's *Sula*. The narrative, which continually circles the many incarnations of death from individual to large-scale catastrophes, culminates in a beautiful, heartrending prayer in the voice of Danticat's mother. A moving tribute and a work of astute criticism, *The Art of Death* is a book that will profoundly alter all who encounter it.

The Unwinding of the Miracle

THE NEW YORK TIMES BESTSELLER 'Julie Yip-Williams conquered blindness and adversity only to be struck down. Her book is heartbreaking and necessary.' Guardian 'Eloquent, gutting and at times disarmingly funny ... a magnificent writer.' New York Times Born blind in Vietnam, Julie Yip-Williams narrowly escaped euthanasia at the hands of her grandmother, only to have to flee the political upheaval of the late 1970s with her family. Loaded into a rickety boat with three hundred other refugees, Julie made it to Hong Kong and, ultimately, America, where a surgeon gave her partial sight. Against all odds, she became a Harvard-educated lawyer, with a husband, a family, a life. Then, at the age of thirty-seven, with two little girls still at home, Julie was diagnosed with terminal metastatic colon cancer, and a different journey began. Growing out of a blog Julie kept for the last four years of her life, *The Unwinding of the Miracle* is the story of a vigorous life told through the prism of imminent death, of a life lived vividly and cut too short. With glorious humour, bracing honesty and the cleansing power of well-deployed anger, her story is inspiring and instructive, delightful and shattering. More than just a tale about cancer, it's about truth and honesty, fear and pain, our dreams, our jealousies. And it's about how to say goodbye to your children and a life you love. Starting as a need to understand the disease, it has evolved into a powerful story about living - even as Julie put her affairs in order and prepared to die. 'A searing memoir ... I didn't know Julie, but in these pages I grew to love her.' Lucy Kalanithi

When Breath Becomes Air

**** SUNDAY TIMES NUMBER ONE BESTSELLER**** 'Rattling. Heartbreaking. Beautiful.' Atul Gawande, bestselling author of *Being Mortal* What makes life worth living in the face of death? At the age of thirty-six, on the verge of completing a decade's training as a neurosurgeon, Paul Kalanithi was diagnosed with inoperable lung cancer. One day he was a doctor treating the dying, the next he was a patient struggling to live. *When Breath Becomes Air* chronicles Kalanithi's transformation from a medical student asking what makes a virtuous and meaningful life into a neurosurgeon working in the core of human identity - the brain - and finally into a patient and a new father. Paul Kalanithi died while working on this profoundly moving book, yet his words live on as a guide to us all. *When Breath Becomes Air* is a life-affirming reflection on facing our mortality and on the relationship between doctor and patient, from a gifted writer who became both. 'A vital book about dying. Awe-inspiring and exquisite. Obligatory reading for the living' Nigella Lawson

Once More We Saw Stars

"This is a Borzoi book published by Alfred A. Knopf"--Copyright page.

Lucky, Lucky

SHORTLISTED FOR THE 2017 STELLA PRIZE In the year before her death, as she struggled with an untreatable illness, Cory Taylor began to write about her experiences, the patterns of her life, and of those she had lost. *Dying* is about vulnerability and strength, courage and humility, and anger. It is also about the acceptance that it takes to live a good life and say goodbye to it in peace.

Dying

The star of "Long Island Medium" shares inspiring, spirit-based lessons on how to work through and overcome grief, in a guide that also offers example testimonies about the experiences of her clients

Good Grief

"Patients, anxious to convey their symptoms, feel an urgency to "make their case" to their doctors. Doctors, under pressure to be efficient, multitask while patients speak and often miss the key elements. Add in stereotypes, unconscious bias, conflicting agendas, and fear of lawsuits and the risk of misdiagnosis and medical errors multiplies dangerously. ... Reporting on the latest research studies and interviewing scholars, doctors, and patients, Dr. Ofri reveals how better communication can lead to better health for all of us."--Jacket.

What Patients Say, what Doctors Hear

*** #1 NEW YORK TIMES BESTSELLER * #1 INTERNATIONAL BESTSELLER * MORE THAN 2 MILLION COPIES SOLD!** A heartbreaking and hilarious memoir by iCarly and Sam & Cat star Jennette McCurdy about her struggles as a former child actor—including eating disorders, addiction, and a complicated relationship with her overbearing mother—and how she retook control of her life. Jennette

McCurdy was six years old when she had her first acting audition. Her mother's dream was for her only daughter to become a star, and Jennette would do anything to make her mother happy. So she went along with what Mom called "calorie restriction," eating little and weighing herself five times a day. She endured extensive at-home makeovers while Mom chided, "Your eyelashes are invisible, okay? You think Dakota Fanning doesn't tint hers?" She was even showered by Mom until age sixteen while sharing her diaries, email, and all her income. In *I'm Glad My Mom Died*, Jennette recounts all this in unflinching detail—just as she chronicles what happens when the dream finally comes true. Cast in a new Nickelodeon series called *iCarly*, she is thrust into fame. Though Mom is ecstatic, emailing fan club moderators and getting on a first-name basis with the paparazzi ("Hi Gale!"), Jennette is riddled with anxiety, shame, and self-loathing, which manifest into eating disorders, addiction, and a series of unhealthy relationships. These issues only get worse when, soon after taking the lead in the *iCarly* spinoff *Sam & Cat* alongside Ariana Grande, her mother dies of cancer. Finally, after discovering therapy and quitting acting, Jennette embarks on recovery and decides for the first time in her life what she really wants. Told with refreshing candor and dark humor, *I'm Glad My Mom Died* is an inspiring story of resilience, independence, and the joy of shampooing your own hair.

I'm Glad My Mom Died

"*We Don't Die: A Skeptic's Discovery of Life After Death*" gives credible evidence of life after death. The goal of "*We Don't Die*" is to have people believe that their deceased loved ones are still near them, help them navigate through the grieving process and educate that we are 'eternal souls having a human experience. It is unique because it teaches people about the grieving process, keeping relationships whole, gives awe inspiring exercises that the reader experiences that we must be 'more than our bodies.' It gets readers in touch with the purpose of their lives and gets them on the path to producing results. Readers will no longer fear death, their pain of losing someone will be lessened, they will have hope, faith, and powerful access to live a successful life.

We Don't Die

A compassionate, honest, and illuminating look at the dying process . . . As a long-time hospice volunteer, Jennie Dear has helped countless patients, families, and caregivers cope with the many challenges of the dying process. Inspired by her own personal journey with her mother's long-term illness, Dear demystifies the experience of dying for everyone whose lives it touches. She spoke to doctors, nurses, and caregivers, as well as families, friends, and the patients themselves. The result is a brilliantly researched, eye-opening account that combines the latest medical findings with sensitive human insights to offer real emotional support and answers to some of the questions that affect us all. Does dying hurt? A frank discussion of whether dying has to be painful—and why it sometimes is even when treatment is readily available. Is there a better way to cope with dying? Comforting stories of people who found peace in the face of death , and some of the expert methods they used for getting there. The last few hours: What does it feel like to die? Powerful glimpses from dedicated professionals into the physical experiences of people in their final moments—plus comforting words and insights from those who are there to help.

What Does It Feel Like to Die?

'I loved this book, I was moved by this book and now I will share this book with my own mother.'
Elizabeth Gilbert, author of *Eat, Pray, Love*. From the New York Times best-selling author of *The Middle Place* comes a new memoir that examines the bond between mothers and daughters. Kelly Corrigan's mother summarised the the division of labour in her family as: 'Your father's the glitter, but I'm the glue.'
This meant nothing to Kelly, who left her childhood sure that her mum would be nothing more than background for the rest of Kelly's life. After college, she took off see things and Become Interesting. In a matter of months her savings had dwindled and she needed a job. That's how she met John Tanner, a newly widowed Australian father of two looking for a live-in nanny. There, in that small, motherless house her mother's voice was suddenly everywhere. Each day she spent with the Tanner kids was a day she spent reconsidering her relationship with her mother, turning it over in her hands like a shell, trying to hear whatever messages might be trapped in its shadowy spiral. This is a book about who you admire and why, and how that changes over time.

Glitter and Glue

Inspired by the website that the New York Times hailed as "redefining mourning," this book is a fresh and irreverent examination into navigating grief and resilience in the age of social media, offering comfort and community for coping with the mess of loss through candid original essays from a variety of voices, accompanied by gorgeous two-color illustrations and wry infographics. At a time when we mourn public figures and national tragedies with hashtags, where intimate posts about loss go viral and we receive automated birthday reminders for dead friends, it's clear we are navigating new terrain without a road map. Let's face it: most of us have always had a difficult time talking about death and sharing our grief. We're awkward and uncertain; we avoid, ignore, or even deny feelings of sadness; we offer platitudes; we send sympathy bouquets whittled out of fruit. Enter Rebecca Soffer and Gabrielle Birkner, who can help us do better. Each having lost parents as young adults, they co-founded Modern Loss, responding to a need to change the dialogue around the messy experience of grief. Now, in this wise and often funny book, they offer the insights of the Modern Loss community to help us cry, laugh, grieve, identify, and—above all—empathize. Soffer and Birkner, along with forty guest contributors including Lucy Kalanithi, singer Amanda Palmer, and CNN's Brian Stelter, reveal their own stories on a wide range of topics including triggers, sex, secrets, and inheritance. Accompanied by beautiful hand-drawn illustrations and witty "how to" cartoons, each contribution provides a unique perspective on loss as well as a remarkable life-affirming message. Brutally honest and inspiring, Modern Loss invites us to talk intimately and humorously about grief, helping us confront the humanity (and mortality) we all share. Beginners welcome.

Modern Loss

"[An] often beautiful jewel of a book . . . Black's power as a writer means she can take us with her to places that normally our minds would refuse to go."—The New York Times Book Review (Editors' Choice) From the New York Times bestselling author of *The Still Point of the Turning World* comes an incisive memoir about how she came to question and redefine the concept of resilience after the trauma of her first child's death. "Congratulations on the resurrection of your life," a colleague wrote to Emily Rapp Black when she announced the birth of her second child. The line made Rapp Black pause. Her first child, a boy named Ronan, had died from Tay-Sachs disease before he turned three years old, an experience she wrote about in her second book, *The Still Point of the Turning World*. Since that time, her life had changed utterly: She left the marriage that fractured under the terrible weight of her son's illness, got remarried to a man who she fell in love with while her son was dying, had a flourishing career, and gave birth to a healthy baby girl. But she rejected the idea that she was leaving her old life behind—that she had, in the manner of the mythical phoenix, risen from the ashes and been reborn into a new story, when she still carried so much of her old story with her. More to the point, she wanted to carry it with her. Everyone she met told her she was resilient, strong, courageous in ways they didn't think they could be. But what did those words mean, really? This book is an attempt to unpack the various notions of resilience that we carry as a culture. Drawing on contemporary psychology, neurology, etymology, literature, art, and self-help, Emily Rapp Black shows how we need a more complex understanding of this concept when applied to stories of loss and healing and overcoming the odds, knowing that we may be asked to rebuild and reimagine our lives at any moment, and often when we least expect it. Interwoven with lyrical, unforgettable personal vignettes from her life as a mother, wife, daughter, friend, and teacher, Rapp Black creates a stunning tapestry that is full of wisdom and insight.

Sanctuary

Find solace, hope and happiness through 12 fascinating birds whose song is never far away - if only we know where to look . . . 'A lyrical and life-affirming book that teaches us as much about birds as it does ourselves - a balm for the soul' Raynor Winn, author of *The Salt Path* 'Charlie has opened my eyes to the constant joy of the sights and sounds of the birds that surround us. It is a book that really will save lives' Dr Richard Shepherd, author of *Unnatural Causes* _____ After the tragic loss of his mother, Charlie Corbett felt trapped by his pain. Having lost all hope and perspective he took to the countryside in search of solace. There, he heard the soaring, cascading song of the skylark - a sound that pulled him from the depths of despair and into the calm of the natural world. Weaving his journey through grief with a remarkable portrait of the birds living right on our doorstep, *12 Birds to Save Your Life* is an invitation to stop, step outside, and listen. By following Charlie's path, opening your eyes and ears to what has been there all along, you will discover how nature can set you free.

12 Birds to Save Your Life

In this taut and thrilling debut, an unraveling woman, unhappily childless and recently separated, becomes fixated on her neighbor--the beautiful, famous actress. The unnamed narrator can't help noticing with wry irony that, though she and the actress live just a few doors apart, they are separated by a chasm of professional success and personal fulfillment. When an interaction with the actress at the annual block party takes a disastrous turn, what began as an innocent preoccupation spirals quickly, and lethally, into a frightening and irretrievable madness.

Looker

Heartwarming and Heart-Opening Stories Gathered from Decades of Medical Practice Bernie Siegel first wrote about miracles when he was a practicing surgeon and founded Exceptional Cancer Patients, a groundbreaking synthesis of group, individual, dream, and art therapy that provided patients with a "carefrontation." Compiled during his more than thirty years of practice, speaking, and teaching, the stories in these pages are riveting, warm, and belief expanding. Their subjects include a girl whose baby brother helped her overcome anorexia, a woman whose cancer helped her heal by teaching her to stand up for herself, and a family that was saved from a burning house by bats. Without diminishing the reality of pain and hardship, the stories show real people turning crisis into blessing by responding to adversity in ways that empower and heal. They demonstrate what we are capable of and show us that we can achieve miracles as we confront life's difficulties.

A Book of Miracles

"A ... memoir about how the essential parts of one young woman's early life--her mother's work as a surgeon and her spiritual practice--led her to become a doctor and to question the premise that medicine exists to prolong life at all costs."--

That Good Night

A book of dualities, probing the small spaces between lucidity and madness, desire and ambivalence, the living and the absent. Both an evocation of her love for her husband David Foster Wallace and an act of defiance in the face of devastating loss, *Bough Down* is a lapidary, keenly observed and composed work, awash with the honesty of an open heart.

Bough Down

For Kelly Corrigan, family was everything. At 36 she had a marriage that worked, two healthy kids, & a weekly newspaper column. Yet even as a thriving adult, Kelly still saw herself as her father's daughter. Kelly is shoved into coming-of-age when she finds a lump in her breast & gets the diagnosis no one wants to hear.

The Middle Place

AN INSTANT NEW YORK TIMES BESTSELLER "Sparkling... A sure hit with women's fiction fans." —Publishers Weekly Dance till dawn Go skydiving Wear a bikini in public Start living Two best friends jump-start their lives in a summer that will change them forever... Single mom Ellen Fox couldn't be more content—until she overhears her son saying he can't go to his dream college because she needs him too much. If she wants him to live his best life, she has to convince him she's living hers. So Unity Leandre, her best friend since forever, creates a list of challenges to push Ellen out of her comfort zone. Unity will complete the list, too, but not because she needs to change. What's wrong with a thirtysomething widow still sleeping in her late husband's childhood bed? The Friendship List begins as a way to make others believe they're just fine. But somewhere between "wear three-inch heels" and "have sex with a gorgeous guy," Ellen and Unity discover that life is meant to be lived with joy and abandon, in a story filled with humor, heartache and regrettable tattoos. Don't miss *The Happiness Plan*, a new novel coming from #1 New York Times bestselling author Susan Mallery where three women experience hope, heartache, and the power of friendship as they search for true happiness!

Midnight Chicken

THE SUNDAY TIMES TOP TEN BESTSELLER SHORTLISTED FOR THE COSTA BIOGRAPHY AWARD 'So very important' NIGELLA LAWSON 'Brilliantly alive' SUNDAY TIMES 'A truly wonderful book. Read it' HENRY MARSH 'Shows us the very best of human nature' ADAM KAY 'Her words are brimful of love, grace and kindness' GUARDIAN As a specialist in palliative medicine, Dr Rachel Clarke

chooses to inhabit a place many people would find too tragic to contemplate. Every day, she tries to bring care and comfort to those reaching the end of their lives and to help make dying more bearable. Rachel's training was put to the test in 2017 when her beloved GP father was diagnosed with terminal cancer. She learned that nothing - even the best palliative care - can sugar-coat the pain of losing someone you love. And yet, she argues, in a hospice there is more of what matters in life - more love, more strength, more kindness, more joy, more tenderness, more grace, more compassion - than you could ever imagine. For if there is a difference between people who know they are dying and the rest of us, it is simply this: that the terminally ill know their time is running out, while we live as though we have all the time in the world. *Dear Life* is a book about the vital importance of human connection, by the doctor we would all want by our sides at a time of crisis. It is a love letter - to a father, to a profession, to life itself.

The Friendship List

An essential guide for students in the life sciences, established researchers, and career counselors, this resource features discussions of job security, future trends, and potential career paths. Even those already working in the industry will find helpful information on how to take advantage of opportunities within their own companies and elsewhere.

Dear Life

In his tell-all, legendary Doors guitarist, Robby Krieger, one of Rolling Stone's "100 Greatest Guitarists of All Time," opens up about his band's meteoric career, his own darkest moments, and the most famous black eye in rock 'n' roll. Few bands are as shrouded in the murky haze of rock mythology as The Doors, and parsing fact from fiction has been a virtually impossible task. But now, after fifty years, The Doors' notoriously quiet guitarist is finally breaking his silence to set the record straight. Through a series of vignettes, Robby Krieger takes readers back to where it all happened: the pawn shop where he bought his first guitar; the jail cell he was tossed into after a teenage drug bust; his parents' living room where his first songwriting sessions with Jim Morrison took place; the empty bars and backyard parties where The Doors played their first awkward gigs; the studios where their iconic songs were recorded; and the many concert venues that erupted into historic riots. *Set the Night on Fire* is packed with never-before-told stories from The Doors' most vital years, and offers a fresh perspective on the most infamous moments of the band's career. Krieger also goes into heartbreaking detail about his life's most difficult struggles, ranging from drug addiction to cancer, but he balances out the sorrow with humorous anecdotes about run-ins with unstable fans, famous musicians, and one really angry monk. *Set the Night on Fire* is at once an insightful time capsule of the '60s counterculture, a moving reflection on what it means to find oneself as a musician, and a touching tale of a life lived non-traditionally. It's not only a must-read for Doors fans, but an essential volume of American pop culture history.

Career Opportunities in Biotechnology and Drug Development

Most of us want and expect medicine's miracles to extend our lives. In today's aging society, however, the line between life-giving therapies and too much treatment is hard to see—it's being obscured by a perfect storm created by the pharmaceutical and biomedical industries, along with insurance companies. In *Ordinary Medicine* Sharon R. Kaufman investigates what drives that storm's "more is better" approach to medicine: a nearly invisible chain of social, economic, and bureaucratic forces that has made once-extraordinary treatments seem ordinary, necessary, and desirable. Since 2002 Kaufman has listened to hundreds of older patients, their physicians and family members express their hopes, fears, and reasoning as they faced the line between enough and too much intervention. Their stories anchor *Ordinary Medicine*. Today's medicine, Kaufman contends, shapes nearly every American's experience of growing older, and ultimately medicine is undermining its own ability to function as a social good. Kaufman's careful mapping of the sources of our health care dilemmas should make it far easier to rethink and renew medicine's goals.

Set the Night on Fire

A member of a sketch comedy group describes growing up with OCD, discussing his pop-culture obsessions, the roles of literature and Christianity in shaping his perspective, and his visit to the OCD Institute in Massachusetts.

Ordinary Medicine

Half Apache and mostly orphaned, the adventures of Edgar Presley Mint begin on an Arizona reservation at the age of seven, when the mailman's jeep accidentally runs over his head. Shunted from the hospital to a reform school to a Mormon foster family, comedy and trouble accompany Edgar - the irresistible innocent who never truly loses heart, and whose quest for the mailman leads him to an unexpected home. This riveting picaresque novel has become an international best-seller.

Triggered

Described as 'haunting' by Sunday Times, *The Swallowed Man* is a dark reimagining of Pinocchio, told from inside the belly of a fish. 'Profound and delightful' Max Porter, author of *Grief is the Thing with Feathers* I am writing this account, in another man's book, by candlelight, inside the belly of a fish. I have been eaten. I have been eaten, yet I am living still. From the acclaimed author of *Little* comes this beautiful and haunting imagining of the years Geppetto spends within the belly of a sea beast. Drawing upon the Pinocchio story while creating something entirely his own, Carey tells an unforgettable tale of fatherly love and loss, pride and regret, and of the sustaining power of art and imagination.

The Miracle Life Of Edgar Mint

NEW YORK TIMES BESTSELLER • A searing, deeply moving memoir of illness and recovery that traces one young woman's journey from diagnosis to remission to re-entry into "normal" life—from the author of the *Life, Interrupted* column in *The New York Times* **ONE OF THE BEST BOOKS OF THE YEAR:** *The New York Times* Book Review, *The Washington Post*, *Bloomberg*, *The Rumpus*, *She Reads*, *Library Journal*, *Booklist* • "I was immersed for the whole ride and would follow Jaouad anywhere. . . . Her writing restores the moon, lights the way as we learn to endure the unknown."—Chanel Miller, *The New York Times* Book Review "Beautifully crafted . . . affecting . . . a transformative read . . . Jaouad's insights about the self, connectedness, uncertainty and time speak to all of us."—*The Washington Post* In the summer after graduating from college, Suleika Jaouad was preparing, as they say in commencement speeches, to enter "the real world." She had fallen in love and moved to Paris to pursue her dream of becoming a war correspondent. The real world she found, however, would take her into a very different kind of conflict zone. It started with an itch—first on her feet, then up her legs, like a thousand invisible mosquito bites. Next came the exhaustion, and the six-hour naps that only deepened her fatigue. Then a trip to the doctor and, a few weeks shy of her twenty-third birthday, a diagnosis: leukemia, with a 35 percent chance of survival. Just like that, the life she had imagined for herself had gone up in flames. By the time Jaouad flew home to New York, she had lost her job, her apartment, and her independence. She would spend much of the next four years in a hospital bed, fighting for her life and chronicling the saga in a column for *The New York Times*. When Jaouad finally walked out of the cancer ward—after countless rounds of chemo, a clinical trial, and a bone marrow transplant—she was, according to the doctors, cured. But as she would soon learn, a cure is not where the work of healing ends; it's where it begins. She had spent the past 1,500 days in desperate pursuit of one goal—to survive. And now that she'd done so, she realized that she had no idea how to live. How would she reenter the world and live again? How could she reclaim what had been lost? Jaouad embarked—with her new best friend, Oscar, a scruffy terrier mutt—on a 100-day, 15,000-mile road trip across the country. She set out to meet some of the strangers who had written to her during her years in the hospital: a teenage girl in Florida also recovering from cancer; a teacher in California grieving the death of her son; a death-row inmate in Texas who'd spent his own years confined to a room. What she learned on this trip is that the divide between sick and well is porous, that the vast majority of us will travel back and forth between these realms throughout our lives. *Between Two Kingdoms* is a profound chronicle of survivorship and a fierce, tender, and inspiring exploration of what it means to begin again.

The Swallowed Man

Addresses the universal question of how we can achieve meaningful lives and peaceful deaths. The Dalai Lama says we must learn to cultivate compassion and positive thoughts and actions.

Between Two Kingdoms

As imaginary friends go, Budo is lucky -- he's been alive for more than five years. But Budo feels his age, and thinks about the day when eight-year-old Max Delaney will stop believing in him. Some say Max has Asperger's Syndrome; most just say he's "on the spectrum." None of this matters to Budo,

who loves Max and is charged with protecting him from bullying. But he can't protect Max from Mrs. Patterson in the Learning Center, who does the unthinkable . . .

The Joy of Living and Dying in Peace

PLEASE NOTE: This is a summary, analysis and review of the book and not the original book. Nina Riggs' heartbreakingly beautiful book, "The Bright Hour" recounts the small moments of her long journey with cancer, both watching it take her mother's life and the path from her own diagnosis to her deathbed. This SUMOREADS Summary & Analysis offers chapter synopses and analysis to help you understand the arc of grief, pain, and mortality, while providing a way to find beauty, solace, and even hope in those moments. This SUMOREADS Summary & Analysis offers supplementary material to "The Bright Hour" to help you distill the key takeaways, review the book's content, and further understand the writing style and overall themes from an editorial perspective. Whether you'd like to deepen your understanding, refresh your memory, or simply decide whether or not this book is for you, SUMOREADS Summary & Analysis is here to help. Absorb everything you need to know in under 20 minutes! What does this SUMOREADS Summary & Analysis Include? An Executive Summary of the original book Editorial Review Brief chapter-by-chapter summaries A short bio of the the author Original Book Summary Overview Nina Riggs' "The Bright Hour: A Memoir of Living and Dying" is a poignant, insightful, and eloquently written book about the author's journey to live well in the face of certain death. A hauntingly beautiful and honest account of a mother and wife's search to find meaning within her struggle with cancer. While this book is certainly relevant to anyone who is, or has a family member, suffering from cancer, Nina's appreciation for the tiniest moments in life can offer a new perspective to anyone who chooses to read her book. BEFORE YOU BUY: The purpose of this SUMOREADS Summary & Analysis is to help you decide if it's worth the time, money and effort reading the original book (if you haven't already). SUMOREADS has pulled out the essence-but only to help you ascertain the value of the book for yourself. This analysis is meant as a supplement to, and not a replacement for, "The Bright Hour."

Chronicles of Wasted Time

* INSTANT NEW YORK TIMES BESTSELLER * "Stunning...heartrending...this year's When Breath Becomes Air." -Nora Krug, The Washington Post "Beautiful and haunting." -Matt McCarthy, MD, USA TODAY "Deeply affecting...simultaneously heartbreaking and funny." -People (Book of the Week)

Memoirs of an Imaginary Friend

This timely collection of essays by leading international scholars across religious studies and the environmental humanities advances a lively discussion on materialism in its many forms. While there is little agreement on what 'materialism' means, it is evident that there is a resurgence in thinking about matter in more animated and active ways. The volume explores how debates concerning the new materialisms impinge on religious traditions and the extent to which religions, with their material culture and beliefs in the Divine within the material, can make a creative contribution to debates about ecological materialisms. Spanning a broad range of themes, including politics, architecture, hermeneutics, literature and religion, the book brings together a series of discussions on materialism in the context of diverse methodologies and approaches. The volume investigates a range of issues including space and place, hierarchy and relationality, the relationship between nature and society, human and other agencies, and worldviews and cultural values. Drawing on literary and critical theory, and queer, philosophical, theological and social theoretical approaches, this ground-breaking book will make an important contribution to the environmental humanities. It will be a key read for postgraduate students, researchers and scholars in religious studies, cultural anthropology, literary studies, philosophy and environmental studies.

Summary of Nina Riggs' the Bright Hour

A broken back. A devastating diagnosis. A plea for death. Then, an awakening. When Maryse stands from her couch one morning and eight of her vertebrae collapse, she soon discovers the heartbreaking reason: an incurable cancer that "eats" bones from the inside out until they break. And just as things seem to stabilize, she's diagnosed with breast cancer, a repeat for her. While she seesaws between the gargantuan world of oncology, alternative treatments, and what some would call woowoo cures, we meander with her into what it takes to truly heal, beginning at the elemental level. Who the F*ck Says We Have Tomorrow? How I made cancer my bitch! deep dives into the complete rehabbing of

the author's life, including the route she took to keep herself healthy despite living with an incurable cancer, and how she expanded her life by shrinking it. If you enjoy learning some unusual ways others used in their healing journeys, perhaps to enhance your own, be it emotional or physical, you'll love this extraordinary, and sometimes funny account of how one woman tore apart and completely redesigned all aspects of her life. She achieved it with a ménage à trois of traditional treatments, alternative medicine, and woowoo healing protocols related to spirituality, and despite pushback from all sides of the medical divide. Get *Who the F*ck Says We Have Tomorrow? How I made cancer my bitch!* today for the inspiring tears-to-laughter-and-back intriguing story of how one woman turned cancer and death on their heads and found a way to thrive!

The Bright Hour

In this collection, authors transgress and uphold their maternal integrity as they dance at the edge of comfort and take up the challenge of exploring the boundaries of maternal practice— their own, their mothers, and those found in literature, media, or popular culture. These mothers assume a hopeful stance; actively choose courage over comfort; push through what is fun, fast, or easy, and show how they come to mother outside the lines in all its simplicity and complexity. As they bust outdated, tired, and ambiguous boundaries, they find and (re)set new boundaries that restore dignity and self-respect for themselves, their children, their families, and for the matricentric feminist collective, particularly those whose voices may continue to be silenced and marginalized by structures and limits beyond their control. Thirteen stories are threaded together to form a compelling tale showing how and why some mothers, when faced with ambiguous and untenable boundaries, resist the urge to accept the assumed, the unpredictable, even the demanded— whether they be internal or external, visible or invisible, real or imaginary.

Religion, Materialism and Ecology

*Who the F*ck Says We Have Tomorrow?*