

The 9 Ways Of Working How To Use The Enneagram To Discover Your Natural Strengths And Work More Effectively Paperback

[#Enneagram for work](#) [#Discover natural strengths](#) [#Workplace effectiveness](#) [#Career development Enneagram](#) [#Personal strengths assessment](#)

Unlock your full potential and optimize your career path with "The 9 Ways Of Working." This insightful guide leverages the Enneagram to help you discover your unique natural strengths, enabling you to work more effectively, boost productivity, and achieve greater job satisfaction through personalized strategies.

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We offer the entire version Discover Natural Strengths Enneagram at no cost.

The 9 Ways of Working

The Enneagram -- a system based on nine personality types -- is a uniquely powerful approach to understanding why people behave the way they do. The 9 Ways of Working teaches how to recognize the personality types of everyone you work with -- colleagues, clients, consultants, and the boss -- and use that information to understand how those people manage, make decisions, resolve or create conflicts, and more.

The Everything Enneagram Book

A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

Quill & Quire

Do You want to discover more about yourself for self-awareness and personal growth? Would you like to know how to understand others better for success in relationships and at the workplace? If so, read on... Being able to know oneself better on why they think, feel and act a certain way offer many benefits because not only does this boost one's personal success, it could also improve on their relationship with others. And while personality tests such as the Myers-Briggs could assist on this goal, another option one could check out is called The "Enneagram of Personality" or "Enneagram". The Enneagram is an ancient personality tool that features nine interconnected personality types. Finding out more about these types can uncover one's unique path towards self-discovery and personal growth. The key is finding a simple and easy-to-follow Enneagram guide with practical strategies to help you achieve on becoming your best self. In this complete step-by-step guide, Enneagram Self-Discovery: Easy-to-Follow Essential Guide on How to Uncover your Unique Path with the 9 Enneagram Personality Types to Build Self-Awareness and Achieve Personal Growth, you will discover:

- How to best understand the Enneagram Personality Types - and how it can best help develop your personal growth.
- The effective way to discover your Personality Type - and the benefits that goes with it
- The 9 Enneagram Personality Types - each explained in detail and how it applies to you the best:
- Seeking integrity and balance
- Love is the desire
- Being Valued
- Being Unique
- Achieving

Understanding of Oneself -Finding Reassurance -Seeking Contentment -Protecting Oneself -Having Peace of Mind - Putting it all together - and an Important Takeaway for Success ...and much, much more! Added BONUSES: - Bonus 1: Includes a Bonus Chapter: "How to Apply your Personality Type to your Relationships" - Bonus 2: Includes Book Preview: "How to Analyze People Effectively" With easy-to-follow techniques and step-by-step details on each chapter - even if you have never tried using the Enneagram before or have tried other Personality Tests in the past but struggled using the information effectively, you will find actionable strategies in this book that are both simple and practical to use in getting the results you want. So if you want to discover more about yourself and others using an easy-to-follow Enneagram guide, simply click on the "Buy Now" button to get started.

The Publishers Weekly

The Enneagram of Personality, or simply the Enneagram is a model of the human psyche which is principally understood and taught as a typology of nine interconnected Personality Types. The Book wants to guide the reader through the process of using the Enneagram tool to Discover Personality Types and use the information for Self-Improvement. Each of the six chapters takes on different aspects of the Enneagram and its uses. It starts by explaining the Enneagram in detail and moves on to the practical application. The main goal of the book, however, is to apply it to self-understanding and Improving the Quality of your Life! This Book includes: A comprehensive break down of the nine Enneagram Types, including strengths and weaknesses and examples of famous Types 1-9 A couple of different methods to use in ascertaining your personality type A brief look into self-understanding (defining what "self" is, psychological theories, and how to use the Enneagram to understand "self" better) A section on emotional intelligence and how to use the enneagram model to improve EQ (it also includes some psychological theories and explanations to define emotional intelligence better) A chapter on understanding others using the Enneagram (the majority of the book, up to this point, is geared towards the self - this is most useful after taking the quiz because it deals directly with the Enneagram types and how they relate to other models in work, personal, and romantic relationships) A final chapter on actual integration of what was learned throughout the book: how to build stronger relationships, how to grow spiritually, and how to deal with our own brokenness in order to heal our relationships with others. This book contains a lot of information, from scientific to emotional, objective to subjective. It is an excellent tool for anyone who wants to know more about the Enneagram and how to use it to enhance their personal lives in every aspect! What are you waiting for?!?Click "Buy Now" and start immediately this beautiful journey inside your knowledge of Enneagram!!!

Bibliographic Guide to Psychology

Are you tired of being ruled by the constraints of your personality and no matter how hard you try, you are powerless to change it? Have you ever wondered why you are the way you are? Have you ever sat on your couch feeling helpless after realizing that you've let your life pass by without embracing it? Do you crave more compassion and understanding with your spouse, children, friends and acquaintances, but you don't know how? Do you feel somehow stuck with your marriage or relationship and want to better understand where your partner is coming from? Or have you yourself ever felt... different? The Enneagram is an accurate character type system that has been around since ancient times, which has proven its usefulness and has helped people in all shapes and sizes to discover themselves and have stellar relationships with others. We all gravitate towards one of the nine personality types. If you understand yourself, then you can understand how your character traits affect your life. Once you know this, you can then make the necessary changes to achieve your goals in life. The Enneagram shines like a giant spotlight of truth pointing out all the flaws and possibilities of your personality type and how to overcome your weak points and how to reinforce your already positive traits. This entertaining and practical book combines two lighter, quicker reads on Enneagram, packed with ideas and techniques suited for each of the nine Enneagram types. This book makes it easy to identify your own personality type and those of your family, friends, and colleagues. And once you find it out, your life will start to make so much sense. You will be stunned to see the depth of your persona and the invisible factors controlling your life. This book contains two manuscripts: Discover Yourself and Get the Most Out of Your Relationships Embrace Your Potential and Overcome Your Weak Points In "The Enneagram Personality Types" you will discover: What is the Enneagram and why is it amazing path for self-discovery How can you what your personality type is (BONUS CONTENT: Enneagram Test) What are the different things that each of the nine value, desire and fear How Enneagram is accurate map for accessing your hidden potential and becoming a better, more content person When, how and why your personality changes sometimes How does Enneagram compatibility matter in your love life? How can you improve

your marriage or relationship with Enneagram How can you recognize other's personality type just based on their physical looks Why Enneagram is a key for your personal development and spiritual journey What you must do to make yourself more self-aware and connected to yourself Things you MUST know of when it comes to understanding your strengths and weaknesses How to reintegrate your neglected strengths and work on your underdeveloped areas And much more This book will give you goosebumps and get you excited as you read about your personality type, even if right now you feel that no personality type can describe you and explain your behavior. Get your copy today and let the Enneagram open up countless possibilities in your life. **SPECIAL OFFER:** Buy the Paperback version of this book NOW, and get the Kindle eBook version included for FREE!

Finance Week

Overcome your barriers and discover your own path to transformation, enlightenment and development in all aspects of your life with the time-tested wisdom of the Enneagram! Does it often feel like you're not in alignment with your true purpose? Have you searched long and hard for your true self, but are unable to figure out what will make you happy and fulfilled long-term? Are you ready to completely understand your true nature, figure out your strengths and improve on your weak spots? If your answer is yes to any of the questions above, then this book is for you. The Enneagram is a powerful tool used to help you better understand your nature and the true motivations driving the behaviour of the people around you. In this comprehensive guide, you're going to be shown how to use Enneagram to understand your personality type and drastically improve your relationships, both in your personal life and workplace. By the end of this guide, you'll be equipped with all the tools you need to dramatically improve the quality of your life. Among the insights contained in The Enneagram, you're going to discover: Everything you need to understand what the enneagram is and how it can transform your life A concise and detailed look into the nine enneagrams and how to identify your dominant enneatype Step-by-step instructions to optimize your life for happiness and success specifically tailored to your enneatype How the enneagram can help you better understand your personality type and help you achieve your goals faster Proven ways to use the enneagram to improve your personal life and relationships Commonly asked questions about the enneagram answered ...and much, much more! Filled with deep insights and actionable advice, The Enneagram will increase your awareness with a balanced fusion of psychology and spirituality and will give you a clearer perspective of the human nature, as well as help you find your own path to your highest self-expression. Ready to fast-track your journey to reaching the best version of yourself? Scroll to the top of the page and click the "Buy Now in 1-Click" button to get started today!

Enneagram Self-Discovery

Do you often see yourself afraid of the emotion that you are feeling? Do you think you can be able to manage these feelings without having them take over you? Do you find your emotions affecting your ability to get your job done? Can you relate to others on how they feel and empathize with them effectively? Being in the 21st century entails a lot of challenges. It is highly essential to be emotionally intelligent now more than ever. Emotional intelligence refers to one's capacity to recognize, process as well as handle emotional information effectively. Mastering your emotional intelligence will help you thrive in this world. The good news is you can learn about it. In this book you will find: **ENNEAGRAM BONUS** Are you curious to unleash the secret powers hidden in each person using the personality type? Do you know your Enneagram type number and identify your unique strengths and weaknesses? You will discover the magic world of ENNEAGRAM very soon! Follow us! First, you have to know that the Enneagram offers a rich map to personal development from an open systems perspective and recently has been followed by tons of admirers all over the world. The Enneagram consists of nine personality archetypes that are interconnected in different ways. However, Enneagram can help making radical lifestyle changes even in our modern world. Also, may induce to embrace a new way of life by tapping your own hidden natural power, creating self-awareness Enneagram it's based in real scientific trends and studies done over time in humans. So, you will be guided by a deep coaching process that supports application, rapid results and deep self-awareness. This book is a challenging tool to find real help with many unique contents: The 9 personality types Individual, team and organizational benefit learn how your new Enneagram knowledge can help you navigate them. How others perceive your personality type differently than you think ENNEAGRAM is useful in many areas of our lives. It is important to get support from "outside" to understand in a crystal clear way what is going on and learn to communicate effectively by setting boundaries. This is the most life-changing process I recommend everyone does. You will be excited as to how it will impact your life. It's up to you to decide what to do,

right now! Empower Love, Success, and Luck In Your Life! If you hopefully aim to reach this expertise, click the BUY NOW button and start enhance your work, life, and love. Practical tips on how to be emotionally intelligent Control body language How to recognize personality types How to use nonverbal communication Persuasion techniques Begin reading and craft your emotionally intelligent self with this book!

Insider's Guide to the 9 Personality Types

Do you want to know who you truly are? Do you want to know your deepest desires, your strengths and weaknesses? Do you want to learn how to work with the Enneagram for spiritual growth? Keep reading because this book has the answers you are looking for! The Enneagram is an ancient personality typing system with an uncanny accuracy in describing how human beings are wired, both positively and negatively. The Enneagram can be an invaluable guide in your journey toward self-understanding and self-development because not only will you learn more about yourself, but you will also start to see the world through other people's eyes, understanding how and why people think, feel, and act the way they do. Whatever your spiritual background, the Enneagram shows how you can overcome your inner barriers, realize your unique gifts and strengths, and discover your deepest direction in life. Inside the book, you will discover many topics, with chapters that include: - What Enneagram is and how to use it - A personality test to discover your Enneagram type - How Enneagram can bring benefits to your life - Identify and find freedom from self-destructive patterns - 20 minutes of breath awareness guided meditation - To learn how to work with your type toward spiritual growth - The nine types with new ways to pray - The attitude of gratitude - Find a new job using Enneagrams and discover enneatypes in the workplace. In this book, the authors guide you through effective self-tests to determine simply and accurately what your personality type is. You will learn what your type means for your personal well-being and your relationships with others, and how to maximize your inherent strengths. Would You Like to Know More? Buy now and discover the ancient wisdom of the Enneagram to change your life for the better.

The Enneagram at Work

The 9 Types of Leadership demonstrates how to solve people problems on the job in a quick, efficient and satisfying way through understanding personality patterns and motivations. In the past few years, mindfulness and other approaches to self-awareness have begun to transform the American workplace. But while it is increasingly widely accepted in the business world that the most direct route to success lies in adopting practices that actively promote a leader's self-awareness, social skill, and emotional intelligence, the best and most efficient path to developing a more conscious workforce often remains unclear. The 9 Types of Leadership provides a pathway to greater self-awareness and social skillfulness. It will help you orient yourself when you get caught up in people problems that you don't know how to work your way out of. By providing extremely detailed and accurate descriptions of nine recognizable personalities, The 9 Types of Leadership is an unmatched tool for business people to use to decode the mysteries involved in understanding why people do what they do, why we have conflicts with some people but not others and how we can become aware of our blind spots. Most importantly, it can help leaders know themselves in a deeper way so they can more effectively lead others.

American Book Publishing Record

A proven system for improving your own work and for working better in a team Used by such organizations as the Walt Disney Company, Silicon Graphics, the Federal Reserve Bank, and the CIA, the Enneagram is a proven psychological system based on nine number types that helps people achieve self-awareness and develop strategic approaches to interpersonal interactions. In Bringing Out the Best in Yourself at Work, Enneagram teacher and business consultant Ginger Lapid-Bodga shows professionals how to apply this popular tool to their work as a way to improve their productivity and help them build positive relationships among coworkers. This practical guide explains how to use the Enneagram to: Communicate more effectively Provide constructive feedback Prevent and resolve conflict Bring out their strongest leadership skills Discover methods for professional development Work better in teams

Enneagram

Unlock the power of personality types using the wisdom of the enneagram so you can strengthen your personal, professional, and romantic relationships today! The enneagram is an effective personality

classification system that describes the characteristics, behaviors, and core values of nine different personality types—enneatypes—each identified by a number. The Enneagram & You helps you identify your personality type so you can discover how to best interact with your family, friends, coworkers, and love interests. You'll also learn about each type pairing—from Type 1 with Type 1 to a Type 9 with Type 9 and every combination in between—as well as the harmonies and challenges each pairing faces and advice on how to effectively communicate and better understand what each personality type needs to feel fully engaged, known, and valued. Armed with this knowledge, you'll begin to anticipate your reactions and responses to the various people in your life. And you'll also be able to better comprehend their reactions and responses to you. By understanding your own strengths and recognizing areas for growth, you can improve your relationships in ways that might have previously seemed impossible. Applying the wisdom of the enneagram-based personality types can lead to better connections and a deeper understanding of yourself and those around you!

The Enneagram Personality Types

Do you feel like you are stuck in the same old situation and you have no idea how to take a new direction in life? Are you wondering how your partner, friends and colleagues are always energetic and motivated while you are not? If your answer to these questions was YES, then you need to keep reading... Accordingly to a BBC News article, there are more than 2,500 psychometric tests available on the web in multiple languages. While personality assessment cannot give scientific results, the psychometric tests are often considered a good way to make important decisions in the fields of education, human resources, and governance. Measuring and describing human personality have always been in the interest of the biggest researchers and experts. With the Enneagram, it is possible to figure out the most accurate and less-known tips to understand the different types of personality. Here's a quick preview of what you will discover: The methods to INSTANTLY identify which is your personality type (you'll not believe how ACCURATE the descriptions are for each type!) What it is that DRIVES and MOTIVATES each personality type and how to satisfy exactly all their needs and desires. How to recognize that you're living in an unhealthy state of being and how to find the balance you need! How to take advantage of your STRENGTHS and use your weaknesses to start a real self-development and self-growth journey. Why you should ACCEPT yourself the WAY YOU ARE and why it is KEY to understand which your purpose in life is and how to live it to the fullest. Easy techniques to understand why you are sabotaging your relationships by transforming some personality types into your worst enemies. Essential secrets to learn how to build DEEP and LIFE-CHANGING connections with people of different personality types (hint: there's no magic nor bribery involved.) And much much more Even if you've already tried to discover the characteristics of your personality with other tests or you are already good at socializing, the studies described in this guide can help you reach the best version of yourself and will give you the best tips to fully understand others. With the deep research behind this Enneagram extended guide, you will get to know the methods to live according to your most authentic self, to influence people and to live the beautiful life you deserve. If you want to unlock access this potent information about the human psyche and unleash your full potential, then you should start this book today!

The Enneagram

Do you ever think...- I'll never understand myself? What if I told you that it is possible? What if I told you that you would understand so much more about yourself if you master your personality? AND what if I told you HOW you can do this? It's tricky to understand ourselves. Our minds. That's because as human beings, we are complicated creatures. Sometimes it seems that everyone else just muddles through life, but you don't understand yourself. You think you'll never understand why you react in certain ways, why you do what you do, or why you say what you say. The biggest secret to mastering your personality is by understanding and using the Enneagram. Your personality is a window. It's what the world sees in you. People make judgements based on your personality and they can decide whether or not they like you. Now, we can't make people like us and we have to accept that not everyone will... BUT we can learn about ourselves and use this to our advantage. How would you like to learn more about your motivations and desires, your fears, and how to manifest into your best self? You can, with the power of Enneagram, and you can also improve your relationships, reach your career potential, and develop yourself personally. That's not all! The Enneagram will lead you to become an efficient problem-solver and emphasize your personal development and self-growth. It can improve your health and your wellbeing, as well as increase your spirituality to a certain extent (depending on your personality). In this book, Power of the Enneagram: How to Understand Your Personality Type Better so You Can Use It to Your Advantage, you will: Find out all about the Enneagram and its history. Take

part in a quiz, to find out your dominant personality. How to overcome shyness and self-doubt. Review all 9 personality types from the Enneagram model. Focus on your own personality type and learn how to: be successful. develop yourself. get the best from your career. improve relationships. explore your personality type, including your motivations, traits, desires and fears. improve relationships. increase spirituality. kickstart and maintain your health and wellbeing. problem-solve effectively. maintain balance by ensuring you strive for healthy levels, whilst ensuring you recognize any dips that lead to unhealthy levels of development. And much more... The book also discusses how to dig deeper when it comes to your personality and the Enneagram, as you may need to figure out your wings, or learn more about your centers. This book is a great starting block for personal and professional growth and development. Are you ready to harness the power and take charge of your future? To truly know and understand oneself is the most important insight we can have. If you want to explore your personality and use it to your advantage, then scroll up and click the "Add to Cart" button right now!

EMOTIONAL INTELLIGENCE

Ready to take your career to the next level? Find out everything you need to know about discovering your Enneagram type with this practical guide. Finding the career path and lifestyle that are right for you is never an easy task, and charting the right course only gets more difficult when you do not have a firm sense of identity to guide you. Discovering your Enneagram type will help you to better understand your own personality, particularly the motivational forces that drive you, which is often the key to figuring out exactly what changes you need to make in order to lead a more fulfilling, balanced life. In 50 minutes you will be able to: •Understand the Enneagram model •Discover your own Enneagram type •Apply your newly-gained knowledge to harness your true potential ABOUT 50MINUTES.COM | COACHING The Coaching series from the 50Minutes collection is aimed at all those who, at any stage in their careers, are looking to acquire personal or professional skills, adapt to new situations or simply re-evaluate their work-life balance. The concise and effective style of our guides enables you to gain an in-depth understanding of a broad range of concepts, combining theory, constructive examples and practical exercises to enhance your learning.

Enneagram REVISED AND UPDATED

If you want to identify your true self and gain a deeper understanding of the people around you so that you can relate to the world more successfully, then keep reading ... Have you ever asked yourself who you truly are? Do you sometimes wonder why you keep making the same mistakes over and over again? And are you often confused while everyone around you seems to do and say things that you don't understand or can't connect with? "He who knows others is wise; he who knows himself is enlightened." - Lao Tzu Discovering who you are is the first step on the road to fulfillment, happiness, and healthy relationships. It is only when you know who you truly are that you can begin to understand those around you. But how do you gain this all-important self-knowledge? The self-help market is worth \$10 billion a year for a reason. There are a lot of people professing to offer the shortcut to self-improvement. Wisdom, though, is something that has to stand the test of time. It has to be passed down from one generation to another. And the secrets that are found in teachings of this sort are the most important for real self-discovery. Enneagram is an ancient system for studying the 9 personality types that every single person who has ever lived falls into. Ian Morgan Cron, one of the most important teachers of Enneagram, describes it as "A tool that awakens our compassion for people just as they are, not the people we wish they would become so our lives would become easier." Becoming an expert in Enneagram means becoming an expert in human nature. Once you're able to recognize not only your own personality type, but also your partner's, parent's, co-worker's, and best friend's personality type, you will experience a new version of reality. By incorporating this ancient wisdom into your life, you can become an enlightened person who has a deep understanding of yourself and those around you, meaning that you will no longer lay awake at night asking yourself questions about your behavior that you cannot answer. In "The Enneagram Effect"

The 9 Types of Leadership

This exercise book was created uniquely to support the personal growth of Enneagram type nine "The Peacemaker". Every Enneagram type has a unique journey to return home to their true self which always begins with the first step - bringing awareness into day-to-day life. In this book, you will find 40 exercises which have been created specifically for people who have dominant qualities of "The Peacemaker". Every exercise will take you one step closer to a better understanding of yourself,

more harmonious relationships and freedom from old behavioral patterns. Additionally, you will find exercises from globally recognized authors to help you to question your thoughts and to guide you toward the realization of your dreams. You will find 12 personal stories from people who belong to this type, who have shared the lessons they learned through their own life experiences. You will be guided by supportive messages, beautiful visualizations and personalized questions that were all created to open up the uniqueness of type Nine. It also includes a full description of this type, inspiring quotes, helpful tools to set your goals and make decisions, and much more. It is a book for those who are ready to make a change in the direction they always wanted to go, becoming whole by releasing the "persona" which contradicts their true selves. Enneagram is a unique tool for our modern society, which helps us to uncover false ideas which we hold about ourselves and to open our hearts and bring more self-awareness into day-to-day life. Enneagram describes 9 different ways people see the world, touching the basis of beliefs formed in childhood as well as the formation of our personality, while providing guidance on how to come back to our true selves. Enneagram is used across the world as an effective path to better parenting, more accurate recruitment in the workplace, greater success in finding compatibility in relationships and for personal growth. If you are new to Enneagram you can test yourself at www.youaremoreworld.com to discover your type, then take a look at the common qualities on the cover of the corresponding book to determine which book is right for you. Choosing the right book will be an invaluable tool and support on your path of personal growth.

What is Youaremoreworld? Youaremoreworld was built on the idea of encouraging others to take the first steps toward their personal growth. Our mission is to awaken curiosity in people, helping them to learn more about themselves and to question their beliefs - especially the ones which no longer serve them. We want to encourage a sense of freedom and allow people to live out what truly matters to them. For all of us our origin is the same, one of being conditioned and trained by our surroundings, however we all equally have the opportunity to reconnect to our true selves. Enneagram is an invaluable resource to begin this process. This Enneagram exercise book is one of 9 valuable books, each of which serves one of the Enneagram types. We are constantly expanding our horizons here at Youaremoreworld, seeking ways in which we can serve the greater community, so if you like our work join us at www.youaremoreworld.com to stay up to date with us.

Bringing Out the Best in Yourself at Work

The ultimate guide to using the Enneagram system at work this book is written by the acclaimed Enneagram expert and bestselling author Helen Palmer, whose last book, "The Enneagram in Love and Work"

The Enneagram & You

This Enneagram Exercise Book is a valuable tool which can guide you along your spiritual journey, helping you to grow and expand to your true nature. The material is intended to support those who already have some understanding of the Enneagram and are most likely also familiar with their own personality type. If you are unfamiliar with Enneagram and uncertain of your Enneagram type, a great place to start is to take an Enneagram Personality Test. This test along with other helpful information can be found at www.youaremoreworld.com. The book opens with a foreword from the author, as she addresses all those who share your type, reminding you that you are not alone in the concerns which you experience. In the following pages, you will be guided to discover more about your type from the basis of the behavioral patterns which are common for your personality type; exploring what you like, what is important to you and also what is essential in order for you to maintain balance in your day-to-day life. You will find many thoughts which are valuable for you to bring awareness to and to help you find connection with yourself. The introductory Enneagram theory was left out of this book, as there are many other in-depth sources where this can be explored. The aim of this book is to bring a fresh perspective to Enneagram, through working with habitual personality patterns, discovering greater understanding of personality traits and releasing false stories through daily practices. The resulting goal is to support you in your daily experiences and to guide you into the full integration of you with your wholeness. Within this book you will find some daily practices from well know Enneagram teachers, as well as practices which have been tailored specifically for your personality type. By applying these practices daily, you will experience the greatest benefit, gaining a better understanding of yourself, your preferences and your relationships. Through this work on the exercises you will experience the freedom which has always been a part of you, increasing your self-esteem and unravelling your unique gifts and strengths. In this Enneagram exercise book, you will find: Full type description; Insightful questionnaire to determine your Enneagram type; 40 exercises personalized for your type; Real life

stories; Supportive messages to help you grow; Exercises to open your hidden beliefs; Encouraging notes for your everyday awareness; Inspiring quotes, helpful tools for setting your goals and so much more. About the authors Youaremore was built on an idea to encourage others to their own personal growth. Our mission is to awaken curiosity in people, helping them to learn more about themselves, questioning their beliefs - especially the ones which no longer serve them. Encouraging their sense of freedom in order to allow them to live what truly matters to them. For all of us, our origin is the same, having been conditioned and trained by our surroundings, however, we all also equally have the opportunity to reconnect to our true selves and to release what's no longer needed. Enneagram is an incredibly valuable resource to begin this process. Here at Youaremore, we use the knowledge of Enneagram as the basis for our work, helping people to uncover the "persona" which they have formed in order to interact with daily life. This Enneagram Exercise Book is one of a collection of nine books, each serving a different Enneagram type. We hope that this book will serve its purpose and assist you in your further journey of self-discovery.

The Magic Principles of The Enneagram

Feel overwhelmed by your negative patterns? Do you want to get back in touch with your roots and your deepest desires? Or do you want to investigate your strengths and weaknesses? Two books are bundled: "Enneagram" and "Enneagram Test" to give you maximum benefits. Many of us grow up believing that there are two primary categories of people in the world: the good ones and the bad ones. But what if I told you there are nine primary perspectives in the world, all of which can look at the same item and see nine different things? The Enneagram can help you to discover your strengths and weaknesses. It is meant to help you understand what is your purpose by helping you understand your own personality, your relationships, your motivations. And that's what you'll learn in This Book. Here's what you'll learn: What is Enneagram, the History and how to Effectively Read It How the Enneagram Test Actually Works and How to Interpret the Result The Best Way to Deal With the Nine Personality Types A Simple Strategy to Improve Self-Knowledge, Achieve Self-Awareness and Self-Improvement Powerful Methods to Communicate With Any One of the Enneagram's Nine Archetypes Why Is it so Important To Live a More Authentic, Balanced and Fulfilling Life The Benefit of Connecting With New People How to Stop Overthinking, Overworking and Overreacting Now ...and much, much more! Even if you have no experience with spirituality and consider yourself a skeptic you'll be able to understand the Enneagram, because it's based in real scientific studies done over time in humans as they've changed through the ages. Furthermore you'll increase your self-awareness and discover your core identity. Enneagram is not any strict rulebook which dictates your decisions for you. Instead, the test and its results offer you insight into your personality, which better educates you to make your own decisions. Would you like to know more ? Learn all about the Enneagram with this Bundle! Grab your copy today ! Scroll up and click the "Buy Now" button

Power of the Enneagram

Would you like to know about your specific Personality Type and characteristics associated with it? Are you ready to take the Enneagram Test and explore in-depth about yourself? Do you wish to understand others with the aim of building healthy relationships? If you answered YES at least to one question, then keep reading. The Enneagram is a powerful theoretical tool to help you understand and explore the true nature of your inner self and of those around you. It aims at making your life better by providing you an insight into the personality traits that you and other people possess. The basic principles of Enneagram are used to generate the Enneagram Test. The Test results will prove to be the knowledgeable indicators to read oneself and to determine what positivity and negativities oneself can generate, with the aim of enhancing the strengths and identifying and transforming the weaknesses. If you want to explore your true inner self, dive deep into the depths of your core identity, learn ways of personal and spiritual growth, and make the most of your relationship with others, then rest assured that this book is for you! Inside this book, you will find and learn about: Which The 9 Personality Types are The Ultimate Enneagram Test To Find Your Personality Type The Most Elaborative Explanation of Each Personality Type's Characteristics The Evolution Path of each Type How Do Different Relationship Combinations Work How to recognize and relate With Each Other's Personality Type to Build Healthy Relationships Enneagram Test will put things into perspective for you, and you'll be able to understand the world around you in a better and more comprehensive manner. Reading this book, you will Understand Your Unique Ways of Thinking And Behaving Figure out which career paths suit your interests and talents well Become a Better Person by Growing In Different Aspects of your Life Get in-tune with your Core Identity Identify Your Personality Type And The Ones Of People Around You Learn the Ways in Which

Different Personality Types Relate with Each Other Build Stronger Relationships by Understanding The Motive Behind the Behaviors That Others are Involved in Get In Touch With Your Original Roots And Your True Self The Enneagram is not aimed at a particular color, caste, or creed. It is rather for humanity to help everyone dive inwards, explore the depths of the human intellect, and connect with the pool of human ancestral wisdom to collect the precious pearls of core identity and spiritual growth. Hence, Enneagram Test will prove to be the most beneficial tool to support you to make the journey towards self-discovery, self-empowerment and personal growth. Enneagram Test will be the book that will support you to make your life meaningful and worth living So, What Are You Waiting For? Grab your copy! Scroll up and click the 'Add to Cart' button

Calculating Your Enneagram

If you finally want to make peace with yourself, understand why you hate your co-worker and identify the traits that would make your crush drool over you, then continue reading... I've always hated personality tests (probably except the ones about a certain Magic School and its 4 Houses). Anyways, they seemed like the perfect excuse to start labeling people instead of spending time getting to know them. One day, tired from the usual drama at work, I decided to hit the books and learn about ways to improve my communication with my co-workers. That's when I first came across the Enneagram. Having studied and used this personality typing system since has opened my eyes to a framework through which I could connect with myself and others in a way I would've never imagined. What benefits can I get from taking this Enneagram Test and finding my type? You can finally achieve peace of mind by understanding your inner conflicts. Don't quote me on this, but it's 99.99% likely that you'll also discover the Enneagram type of the people that mean the most to you. Thus, you will develop a greater affection and understanding for them (yes, this includes the annoying co-worker!) Get an edge over the competition by knowing the kind of traits that would make that hottie look your way more often. And the kind of traits that would make your boss give you a raise, or at least stop him or her from firing you. You will feel more secure and confident in social settings. After all, you'll finally understand what's happening in the different interactions you see. Most Enneagram tests can be difficult to interpret and use complex terminology to explain simple concepts. This book is just the opposite. In this book you will find: Enneagram types explained in plain English. Easily-digestible material even for beginners. No woo-woo. At least, very little of it. Wings and body parts? Yes, we also explain the sub-categories, no worries. A link for a print-ready PDF version of the Test. Educators, HR people, and students- I'm looking at you! A pretty accurate description of what love means for each of the 9 types. Tendencies each of the 9 types have regarding their work and career. Type-based suggestions for improved mental health! Act now! Click the 'Add to Cart' button and find your Enneagram type today!

The Enneagram Effect

"The Enneagram Development Guide is a must have for anyone interested in self-development. It spells out step-by-step strategies to overcome the pitfalls and limitations of each of the nine personality types that comprise the Enneagram, as well as exercises to develop more self-mastery. Written for individuals who already know the Enneagram and want to take charge of their personal growth, it is also designed for managers who are responsible for developing others and need effective tools and activities to share with their teams. Lastly, coaches who use the Enneagram find in this guide a selection of activities that target specific development areas for each personality style"--Amazon.

Enneagram Exercises for Personal Growth

Do you ever feel lost and overwhelmed? Do you ever question where you are going? What is your true purpose in life? The Enneagram may be the tool you were longing for! Many people out there are stuck in a boring nine-to-five job that is not for them. Work, commute, sleep, repeat. Your life has slowly become meaningless and self-help books - that often applies the same recipe to everyone - can't seem to help you out. Truth is, we are all different and unique. We can be Reformers or Helpers, Achievers or Individualists, Investigators or Loyalists, Enthusiasts, Challengers or Peacemakers. The only way to really change your life for the better is to find your true self. The Enneagram will help you understand your blueprint so you will be able to Improve your life and Create the life that you love. What's inside this book: How the Enneagram can transform your life (as it did for the author) What the Enneagram is and how it can help you find your true purpose in life The 9 personality types and how they can expand with wings, instincts and different levels of development How to find your Basic Personality Type, become self-confident and gain clarity about your life goals Insights about the fear, desire and key motivations

that are driving you Insights about your Personality Type's strengths and downsides and how to use them for personal growth and self-development How to regain your positivity and overcome negative thoughts or feelings How to live up to your true potential Who is this book for: Anyone who is tired of the rat race and wants to turn their life around Anyone who is searching for his or her path in life Anyone who wants to live a happier, more meaningful life Anyone who is struggling with self-esteem Anyone tired of trying to fit into others expectations Anyone who is tired of living in autopilot and wants to claim back the wheel You are gifted, you just don't know what your gift is yet. Investing in yourself, exploring your true identity and desires, motivations, and drives, is the most helpful thing you can do now! Be unique, be different, be you. Begin your journey to self-discovery, Scroll up, click the "Buy Now" button and Start living a happier life today.

The Enneagram Advantage

If you want to become the most enriched version of yourself through an awareness of the 9 personality types, then keep reading... People are designed to fall asleep to their true selves - it's an ordinary part of the human experience. But what if we don't want the ordinary human experience? How can we wake up, explore both the vibrant and dark aspects of the deepest corners of our personalities, and grow towards the best version of ourselves? How can we expand our knowledge of ourselves and others to become extraordinary? In this book, you'll discover: Nine characters that illustrate the personality types in real-world scenarios The number 1 method that accurately pinpoints your core personality type, wing, and instinct Key insights to understanding each of the nine personality types The top self-development must-dos for each personality type The 1 trigger that predictably impairs your personality type How others perceive your personality type differently than you think How your center of intelligence can cripple you - if you don't practice this technique Critical truths that must be remembered when interacting with each of the Enneagram types The top 5 reasons certain personality types clash - and how to resolve these conflicts Your personality "wing" and how it reliably changes your core personality profile Which of the 3 personality "weak points" is secretly limiting your success - and how to grow in spite of it A system to ensure you'll never forget the directions of integration and disintegration A bonus Enneagram test with insights into your unique personality type The Enneagram is an ancient tool for analyzing the peculiarities of human thought and behavior patterns. It has stood the test of time because of its uncanny ability to resonate with people all over the world - even people who have struggled to accurately classify themselves previously. This book breaks down the wisdom of the Enneagram so that anyone can easily understand it and apply it to their own journey towards self-discovery and improvement. It puts the Enneagram into real-world contexts, so you can fully internalize each concept by seeing it in action. Even if you've previously struggled to grasp other explanations of the Enneagram, the hands-on approach in this book ensures you'll walk away with a comprehensive understanding. If you are ready to take the next step in your journey towards self-discovery, then scroll up, click add to cart, and purchase today!

Enneagram Exercises for Personal Growth

This Book Is For The INTP Who Knows They're Capable Of More and Wants To Discover Their Secrets To Success When you buy this book, you'll discover a comprehensive guide to succeeding as the often misunderstood INTP. Sex, Love and Relationships -How to find your perfect mate and build the kind of relationship that works for you. -Learn techniques for avoiding conflict and positively expressing your feelings. -Discover how to overcome the kinds of relationship challenges most INTPs will face. -Are you dating an INTP? Finally understand your partner and Learn how to avoid the most common INTP "traps\

Enneagram

The enneagram can help improve your understanding and interaction of young people around you. It can also help you identify the challenges young people face that make them act in certain ways and proffer solutions to them. Inside the book, you will discover many topics, with chapters that include: - What enneagram is and how to use it - The 9 types enneagrams and their uses - A personality test to discover your enneagram type - How enneagram can bring benefits to your life - Identify and find freedom from self-destructive patterns - Find a new job using enneagrams and discover enneatypes in the workplace. - ...and much more! In this outstanding book, you will reveal the different types of personalities that exist in the world, find how you are different from the rest of the people, and start using your strengths to get ahead in life.

Enneagram Test

Do you want to change your negative patterns towards personal growth? Do you want to get back in touch with your roots and your deepest desires? There Are Lots of free Character Evaluations to be found online. Which ones are really worth taking and what can they teach you? This is dependent on what you're searching for. Some folks simply love to take quizzes and tests of all types. If you are a part of a social website like Facebook, you likely observe all sorts of quizzes being added every day. A number of them are interesting to take and discuss with your buddies, but they're unlikely to be quite enlightening about your potential or personality. The Enneagram can Allow You to discover your own strengths and weaknesses. The Enneagram is meant to Assist you understand what your goal is by assisting you to understand your personality, your Relationships, your own motivations. And that is what you will learn in Enneagram Test. Here's just a tiny fraction of what you will find in this audiobook: -What is enneagram, the history and how to effectively read it-Why it is so important to know your enneagram type-How the enneagram test actually works and how to interpret the result-Powerful methods to see different core enneagram types in the world today-A simple strategy to improve self-knowledge, achieve self-awareness, and self-improvement-The benefit of connecting with new people-Powerful methods to communicate with any one of the enneagram's 9 archetypes-How to Interpret the centers and the wings of your enneagram type-Enneagram Test is not any strict rulebook which dictates your decisions for you. Instead, the test and its results offer your insight into your personality, which better educates you to make your own decisions. So, whether you're someone who enjoys the casual personality test, or you feel as though something like the Enneagram test was meant for you on your path to better understanding yourself, this book will help you! Would you like to know more?

The Enneagram Test

If so, you can use information in this book for practical advice and spiritual guidance that will allow you to absorb a different approach to your life and your relationships in a positive away. In this book, we attempt to explain: - The history of the enneagram - How to read one - How to find your personality type - What drives you to behave the way you do - How to understand those close to you - How to build a better working environment - How to use the enneagram to understand yourself - The nine different personality types - And how to find the right social cluster you belong to The enneagram system is one of the most influential tools of self-discovery and personal development. When you discover your personality type using the enneagram, you may be amazed.

The Enneagram Development Guide

Do You want to discover more about yourself for self-awareness and personal growth? Would you like to know how to understand others better for success in relationships and at the workplace? If so, read on... Being able to know oneself better on why they think, feel and act a certain way offer many benefits because not only does this boost one's personal success, it could also improve on their relationship with others. And while personality tests such as the Myers-Briggs could assist on this goal, another option one could check out is called The "Enneagram of Personality" or "Enneagram." The Enneagram is an ancient personality tool that features nine interconnected personality types. Finding out more about these types can uncover one's unique path towards self-discovery and personal growth. The key is finding a simple and easy-to-follow Enneagram guide with practical strategies to help you achieve on becoming your best self. In this complete step-by-step guide, Enneagram Self-Discovery: Easy-to-Follow Essential Guide on How to Uncover your Unique Path with the 9 Enneagram Personality Types to Build Self-Awareness and Achieve Personal Growth, you will discover: How to best understand the Enneagram Personality Types - and how it can best help develop your personal growth. The effective way to discover your Personality Type - and the benefits that goes with it The 9 Enneagram Personality Types - each explained in detail and how it applies to you the best: Seeking integrity and balance Love is the desire Being Valued Being Unique Achieving Understanding of Oneself Finding Reassurance Seeking Contentment Protecting Oneself Having Peace of Mind Putting it all together - and an Important Takeaway for Success ...and much, much more! Added BONUSES: - Bonus 1: Includes a Bonus Chapter: "How to Apply your Personality Type to your Relationships" - Bonus 2: Includes a Free Book Preview: "How to Analyze People Effectively" With easy-to-follow techniques and step-by-step details on each chapter - even if you have never tried using the Enneagram before or have tried other Personality Tests in the past but struggled using the information effectively, you will find actionable strategies in this book that are both simple and practical to use in getting the results you want. So if you want to discover more about yourself and others using an easy-to-follow Enneagram guide, simply click on the "Buy Now" button to get started.

Forthcoming Books

This exercise book was created uniquely to support the personal growth of Enneagram type one "The Reformer". Every Enneagram type has a unique journey to return home to their true self which always begins with the first step - bringing awareness into day-to-day life. In this book, you will find 40 exercises which have been created specifically for people who have dominant qualities of "The Reformer". Every exercise will take you one step closer to a better understanding of yourself, more harmonious relationships and freedom from old behavioral patterns. Additionally, you will find exercises from globally recognized authors to help you to question your thoughts and to guide you toward the realization of your dreams. You will find 12 personal stories from people who belong to this type, who have shared the lessons they learned through their own life experiences. You will be guided by supportive messages, beautiful visualizations and personalized questions that were all created to open up the uniqueness of type One. It also includes a full description of this type, inspiring quotes, helpful tools to set your goals and make decisions, and much more. It is a book for those who are ready to make a change in the direction they always wanted to go, becoming whole by releasing the "persona" which contradicts their true selves. Enneagram is a unique tool for our modern society, which helps us to uncover false ideas which we hold about ourselves and to open our hearts and bring more self-awareness into day-to-day life. Enneagram describes 9 different ways people see the world, touching the basis of beliefs formed in childhood as well as the formation of our personality, while providing guidance on how to come back to our true selves. Enneagram is used across the world as an effective path to better parenting, more accurate recruitment in the workplace, greater success in finding compatibility in relationships and for personal growth. If you are new to Enneagram you can test yourself at www.youaremoreworld.com to discover your type, then take a look at the common qualities on the cover of the corresponding book to determine which book is right for you. Choosing the right book will be an invaluable tool and support on your path of personal growth.

What is Youaremoreworld? Youaremoreworld was built on the idea of encouraging others to take the first steps toward their personal growth. Our mission is to awaken curiosity in people, helping them to learn more about themselves and to question their beliefs - especially the ones which no longer serve them. We want to encourage a sense of freedom and allow people to live out what truly matters to them. For all of us our origin is the same, one of being conditioned and trained by our surroundings, however we all equally have the opportunity to reconnect to our true selves. Enneagram is an invaluable resource to begin this process. This Enneagram exercise book is one of 9 valuable books, each of which serves one of the Enneagram types. We are constantly expanding our horizons here at Youaremoreworld, seeking ways in which we can serve the greater community, so if you like our work join us at www.youaremoreworld.com to stay up to date with us.

ENNEAGRAM for Personal Growth

Are you interested in discovering your personality type? Do you want to embark on a journey of self-discovery? This book bundle will help you do just that! The Enneagram model that was created to help you understand which one of the 9 personality types you adhere to. It is perfect for those who are interested in finding people who they would be most suited to, such as partners or friends, without the trial and error that can come with failed relationships. The benefits for you and your life in general are abundant when you use the Enneagram model and these books are a great place to start to put all that into practice. Inside The Enneagram: 2 books in 1 - Self-Discovery Journal and Personality Styles Test you will find two great titles that are guaranteed to help you make some vital changes, with chapters that include: What Enneagram is and how to use it A personality test to discover your Enneagram type Understanding how it works The universal growth and spiritual development process A guide to spiritual transformation How Enneagram can bring benefits to your life Which social cluster do you belong to? And more... If knowing your personality trait is important for you in your working or personal life, then this book bundle is the perfect place for you to start your understanding of what it is and how you can make best use of it. By gaining a deeper understanding of how Enneagram works, you can make the path to success and happiness smoother and hassle free, giving you time to concentrate on other things in the knowledge that you have surrounded yourself with the right people around you.

Enneagram: Real-World Scenarios to Help You Decipher the 9 Personality Types and Unlock Your Best Self

Improve team performance with the power of the Enneagram! This program will help you apply the power of the Enneagram in a team environment. Using results from the Inventory and Profile, you

can draw a clear picture of various team member personalities and reveal the dynamics of the team. Using Enneagram personality styles, this program will help your teams understand how to: * Relate effectively with other team members * Work more easily and productively * Meet and exceed team goals * Recognize and use special talents of its members appropriately . . . and more! The result will be a more cohesive and productive group that gives priority to the team over individual preferences. Be sure to give each participant a set of reminder cards to use as a daily and spur-of-the-moment reminder of behaviors as they work with their team.

Intp Utilize Your Strengths, Solve Life's Problems and Thrive as the Genius Thin

Enneagram