

Aspergers If You Only Knew

[#Asperger's Syndrome](#) [#Autism Spectrum Disorder](#) [#understanding autism](#) [#neurodiversity awareness](#) [#living with Asperger's](#)

Delve into the often-misunderstood world of Asperger's Syndrome. This piece aims to illuminate the unique challenges, profound strengths, and rich inner lives of individuals on the autism spectrum, fostering a deeper empathy and understanding that only comes from truly knowing their experience.

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Asperger's-If You Only Knew

As a child, Sophia Summers always knew she was different and misunderstood. Hers was a lonely life of obsession and passion, fraught with anxieties, vulnerabilities, confusion, and heartbreak. It wasn't until her son Josh was diagnosed with Asperger's Syndrome (AS) that Sophia sought her own eventual diagnosis with the same-and began her mission to fully research and understand AS and to discover and embrace the special way the brains of those with Asperger's are wired. In Sophia's remarkably candid and deeply personal memoir, she offers firsthand insight into the unique challenges and experiences of both living with Asperger's Syndrome and raising a child with AS. With the kind of clarity that only comes from true acceptance, Sophia shares the many practical and emotional coping skills she and her son have developed over the years for people in the spectrum of autism and their families, mental health professionals, and teachers. Asperger's-If You Only Knew is a triumphant true tale about coming to terms with one's essential self, trusting in others, welcoming laughter, and realizing one's true potential. It serves as an invaluable source of comfort, hope, and guidance to anyone touched by AS.

Appreciating Asperger Syndrome

En helt anderledes og positiv opfattelse af Aspergers Syndrom. Forfatteren påviser, at ved hvert negativt kendetegn kan der nævnes adskillige positive aspekter og udviklingsmuligheder.

Freaks, Geeks and Asperger Syndrome

Offers insights by a teenager with Asperger's syndrome into the difficulties of the disorder, including information on fascinations and obsessions, sensory perception, sleep, bullies, moral dilemmas, eating, and socializing.

Wired-Up Wrong - Asperger Syndrome, 'Normal', and Me

Growing up is never easy but what's it like if you're 'different'? Actually, what's it like if you're 'different' but you don't know that you're 'different'? Having led what he thought was a 'normal' life for 31 years, our

plucky hero's world was thrown into confusion when he was diagnosed with something called 'Asperger Syndrome'. But people don't catch Asperger Syndrome so where did it come from? Was it there all along and not noticed? Set against the backdrop of the North East of England in the 70's and 80's, and having to cope with life with a disabled father as well as facing the everyday challenges that most people take for granted, this is the insiders view of one boy's life with AS - from the safety of make-believe worlds to the terrifying depths of suicide, self-harming, and isolation. Sometimes harrowing, sometimes surreal, but never dull, this is the story of a little boy's struggle to not only grow up and survive in the world, but to find out what he truly was.

Your Life is Not a Label

Jerry Newport, diagnosed with Asperger's Syndrome / High Functioning Autism at age 47, wrote this book for those with developmental disorders, but it resonates with people with any disability. His message: everyone has the power, and the right, to improve the quality of their lives despite their disability. Don't believe you must be "normal" to be happy; learn to co-exist with neuro-typicals, and become the best human being you can be. Jerry candidly reveals his own failures and successes. His heartfelt advice stems from a deep sense of caring for "his people" on the spectrum. If you read only one personal account about autism, this should be it!

Aspergers, God and Me

"From very early days, I knew I was different, but I didn't know I had Asperger's syndrome until I was diagnosed at forty-two. Who would have thought I had a form of autism? ..."Asperger's syndrome is a growing Autism Spectrum Disorder around the world. Aspergers, God and Me explores the devastating effects of Asperger's syndrome on my life. This is not just my story, but the story of many people with undiagnosed Asperger's syndrome. Travel with me as I reveal how I overcame the difficulties of Asperger's syndrome to live a fulfilled and blessed life. All proceeds go to Camp Autism.

22 Things a Woman with Asperger's Syndrome Wants Her Partner to Know

Rudy Simone covers 22 common areas of confusion for someone dating a female with AS, including advice from her own experience and that of other couples. She talks with humour and honesty about the little things that might be different from a relationship with a neurotypical woman and discusses first dates, sex, and even having children.

The Best of Autism Asperger's Digest Magazine, Volume

Nowhere else is so much applicable information on ASD accessible in one spot! The Autism Asperger's Digest brims with effective, practical solutions to the challenges faced by those with ASD and the special people who teach or care for them. Regular columns in each issue address: language & communication the GFCF diet, special education law parenting issues teaching strategies and adult issues. Readers comment regularly on the positive, uplifting approach the magazine takes to ASD and the valuable information each issue contains. A collection of the best of the best, this book is an autism library within itself! Insightful selections include: Tony & Temple: Face to Face By Tony Attwood, Ph.D. Developing Proactive Strategies for Managing Problem Behaviors By Lori Ernsperger, Ph.D. Connecting with your Child through DIR By Lori Jeanne Peloquin, Ph.D. BIG FUN: Using Gymnastics to Improve Physical & Social Skills in Children with Autism By Gene Hurwin What Does it Take to do Inclusion of Children with Autism Well? Parts I & II By Shirley Cohen, Ph.D. Social Skills on the IEP By Catherine Faherty Extraordinary Parenting: The Power of Thoughts and Feelings in Reaching Children with Autism By Steven Wertz I'm Special: A Method to Introduce Children, Adolescents and Young Adults to their Autism Spectrum Disorder By Peter Vermeulen

Can I Tell You about Asperger Syndrome?

Introducing Adam, who has Asperger syndrome -- Reading feelings -- Tones of voice -- Playing with others -- Loud noises -- Confusing groups -- Unexpected change -- Motor skills -- Special interests -- What is Asperger syndrome? -- How to help -- How teachers can help.

So, What Is Normal?

Georgie's humorous portrayal of her life as a single parent, raising two children, one with Aspergers Syndrome (autism) and her fight to get her son's diagnosis - battling with smug educationalists who

insisted the child was just lazy. How after a long uphill struggle to get help and recognition, finding every cloud has a silver lining when Nicky is diagnosed as bordering on genius. She later goes on to discuss his bizarre behaviour, his humour and eccentricities. Digging deeper into the family for a possible genetic/hereditary link, Georgie's humourous look at her colourful family and friends, not to mention thieving ex-husbands, cheating boyfriends, no-one is excluded. Even Ellwood Blues the dog that ran off with her Xmas turkey and disgraced himself. Told in Georgie's northern gritty humour, this is a refreshingly honest account of her life so far, and the rollercoaster of emotion she'd found herself on.

Mozart and the Whale

An unforgettable love story and the incredible chronicle of a musical genius and a mathematical prodigy who share a diagnosis of Asperger's syndrome. When Jerry and Mary Newport met, the connection was instant. A musical genius and a mathematical wonder, the two shared astronomic IQs, but they also shared something else—they both were diagnosed with Asperger's syndrome, a form of autism that affects millions of Americans and makes social contact painfully unbearable. When Jerry and Mary married, they were catapulted into the limelight. They appeared on 60 Minutes and soon were known as "superstars in the world of autism," shining examples of two people who refused to give up in the face of their mutual challenge. But just when it appeared that their lives would enjoy a fairy-tale ending, their marriage fell apart. The Hollywood feeding frenzy was too much to handle, and they divorced. After heartbreaking years of soul searching, Jerry and Mary remarried. Today, with their union stronger than ever, they have dedicated themselves to helping countless other people with Asperger's and autism lead lives of dignity.

The Asperkid's (Secret) Book of Social Rules

Being a teen or tween isn't easy for anyone but it can be especially tough for Asperkids. Jennifer O'Toole knows; she was one! This book is a top secret guide to all of the hidden social rules in life that often seem strange and confusing to young people with Asperger syndrome. The Asperkid's (Secret) Book of Social Rules offers witty and wise insights into baffling social codes such as making and keeping friends, blending in versus standing out from the crowd, and common conversation pitfalls. Chock full of illustrations, logical explanations, and comic strip practice sessions, this is the handbook that every adult Aspie wishes they'd had growing up. Ideal for all 10-17 year olds with Asperger syndrome, this book provides inside information on over thirty social rules in bite-sized chunks that older children will enjoy, understand, and most importantly use daily to navigate the mysterious world around them.

Asperger's and Girls

World-renowned experts join those with Asperger's Syndrome to resolve issues that girls and women face every day!

Glass Half-Empty, Glass Half-Full

Chris Mitchell was 20 when he was diagnosed with Asperger syndrome. Both his academic success and the horrendous bullying he suffered highlight the mixed blessings of mainstream education for a child with Asperger syndrome. While his eventual success is heartwarming, from today's understanding of Asperger, the ignorance and hostility Mitchell faced throughout his early life are shocking - TES Extra for Special Needs This autobiographical account of a young man's discovery that Asperger's syndrome could explain his early problems and provide light at the end of the tunnel, is both insightful and inspiring. Parents of children with Asperger's syndrome and also older "aspies" will profit from Chris's hard won experience - Dyslexia Contact [This] is a straightforward read, full of concrete examples of how Asperger's syndrome affects the individual but at the same time acknowledging that every individual is different. Having experienced first-hand the vulnerability of the adolescent with Asperger's syndrome, desperate to make connections with those around him but constantly being knocked back, I was delighted to read about the friendships [Chris Mitchell] eventually establishes when he takes the brave decision to make contacts through the web and sets out on his travels. I would particularly recommend this book to those with little knowledge of Asperger's syndrome, especially for anyone involved in helping those with a diagnosis of Asperger's syndrome through further education - British Journal of Special Education This book is a must-read for any parents of children with Asperger's syndrome and also older aspies themselves. They will be able to relate to the slightly quirky writing style and profit from Chris's hard won experience. These children are so individualistic and often isolated from

like minds, so the book will provide some solace that there are other people like them2 - Judith Stansfield, Chair North Richmondshire Community Partnership SEN ICT Consultant NASEN ICT Group BDACC Reviews and Literature Editor `This book shows how one individual with very severe handicaps due to Asperger2s Syndrome won through in the end and achieved despite such a poor beginning. This is a book which should be read by anyone who has been diagnosed with Asperger2s Syndrome or feels he or she might have this condition2 - Dr L F Lowenstein, National Association Gifted Children Newsletter 2This is an unusual book in that it is written by a man where most autobiographical books about autism are written by women. It is both very readable and well-written, with a detached and honest account of his childhood, family life and life prior to diagnosis. He gets on well with his family, and they are happy that he has written this book, and happy with the book, despite some implied criticism of how they brought him up. Indeed, it comes across as less aggressive than some accounts, so it is particularly insightful for parents and other empathotypicals who might find more black-and-white descriptions of their mistakes hurtful. As with every book written by someone on the spectrum that I have seen, it is a short book, giving a snapshot of his difficulties and joys before and also after his diagnosis, giving highlights of specific problems and pleasures. Overall I think it would be a good book for someone who recognises himself in the author, or as a starting point for deepening your understanding of your brother, son or friend, or, if you are already interested in this condition, to broaden your understanding of the ways that it present itself2 - Asperger United 2[A]n especially uplifting read for a young person or adult newly diagnosed with Asperger2s Syndrom. It also would help those unfamiliar with Asperger2s Syndrome to understand the condition much better2 - REACH This gripping and at times astonishing story will be inspirational to all adults either facing Asperger2s Syndrome personally or interacting with someone who has been diagnosed. In his own imitable style, Chris Mitchell describes his life before and after diagnosis with Asperger2s Syndrome. We follow Chris through primary and secondary school, where his lack of social interaction and anger continually land him in trouble, and where he is bullied for being different. Only his excellent memory and specialist interests enable him to continue, and pass his GCSEs and a GNVQ in Media Studies. At university he is diagnosed with Asperger2s Syndrome. Suddenly his life makes more sense, and his self-awareness means his self-confidence returns, resulting in world travel, a Masters qualification in Information and Library Management and finally, acceptance. Chris Mitchell is a Records Assistant at Durham County Record Office, and also does public speaking on the subject of Asperger2s Syndrome.

Pretending to be Normal

`This accomplished author demonstrates incredible insight into her AS, and how it has shaped her life. She is courageous in sharing with the reader moments clearly painful to recall, which offers parents a rare peek inside the world of their children. At times mesmerized by her poetic style, Willey is the first AS author to effectively convey the emotion and isolation experienced by these individuals.' -ASPEN Newsletter `For families living with "Aspies" and professionals working with them, this is highly recommended to further understand the challenges of Asperger Syndrome' -Joan Wheeler, CoOrdinator, Regional Services `This autobiographical narrative details the life of a woman with Aspergers Syndrome (AS), a mild form of autism. It focuses on the obstacles she confronts, her means of overcoming them, and her ultimate recognition and acceptance of her status as an "aspie"... The book will be an aid for people who have AS and it may be even more useful for those who do not have it, but who are close to someone who does.' - Disability Studies Quarterly `The book will be of great benefit to everyone concerned to help children and adults with mild Asperger's syndrome, but most of all to the people who are themselves affected.' - Child Psychology and Psychiatry `The author is a university lecturer who found that many of the puzzles of her own life fell into perspective when, after several years of knowing one of her twin daughters was different from the other, she eventually found someone who listened and explained Asperger's Syndrome. She vividly describes her own difficulties and emotions as she herself grew up with Asperger's Syndrome...Her story is told simply and through it we gain insight into what it is like to lose your way in your own home town, be assaulted by your heightened senses and attempt to unravel the mysteries of social communication. In the appendices she describes the strategies that have been of most help to her. This book is a testimony to the exceptional qualities of those who have Asperger's Syndrome.' - Therapy Weekly `Before reading this book I had some academic knowledge of the symptoms of Asperger's Syndrome which had stimulated my curiosity about what it might be like to suffer from the condition. I looked forward to reading the book to see if it would help me to understand how a person with Asperger's might think and feel. I was not disappointed. The book is well written and easy to read and I found it hard to put down. I felt the author's descriptions of her struggles to communicate with others and cope with sensory overload gave me a real insight

into how Liane thinks and feels. It also gave me food for thought about conformity pressures in our society and how we treat people who seem different from the norm... This is a hopeful and optimistic book. Liane is a doctor of education and she is happily married with three children. I used the words "suffer from Asperger's syndrome" deliberately in the first paragraph as that is how I saw it. Liane has a different view - she does not minimise the difficulties she has had to face but she does not wish she was different. She challenges us to think about what we mean by the word 'normal' and to be less rigid in our thinking about 'normal' behaviour. I believe this is a valuable read for all counsellors and will give them much food for thought. Asperger's syndrome occurs with varying levels of severity. Hopefully, reading the book will help counsellors to work more effectively with clients who may have the syndrome to some degree and to avoid labelling them as difficult. It would also be very useful for clients where they or one of their relatives might have Asperger's Syndrome.' - *Relate News* 'Liane's autobiography will allow others to understand the world as perceived by a person with Asperger's Syndrome ... I strongly recommend this book for teachers as it will provide the previously elusive reasons for behaviours that were considered unconventional or appeared to be abnormal. Specialists and therapists who diagnose and treat such children will find the book a treasure trove of information and insight ... [this] book will be an inspiration for thousands of people throughout the world.' - *From the Foreword by Tony Attwood* 'This accomplished author demonstrates incredible insight into her AS, and how it has shaped her life. She is courageous in sharing with the reader moments clearly painful to recall, which offers parents a rare peek inside the world of their children. At times mesmerized by her poetic style, Willey is the first AS author to effectively convey the emotion and isolation experienced by these individuals.' - *ASPEN Newsletter*

Aspergers in Love

Comparing both AS and non-AS partners' viewpoints, this book frankly examines the aspects of relationships that are often complicated by the disorder. With all findings illustrated with case examples taken from interviews conducted with couples, the author tackles issues such as attraction, trust, communication, sex and intimacy, and parenting.

Loving Mr. Spock

As a popular advice columnist in the UK, Barbara Jacobs never suspected she'd be the one needing the relationship advice. But when she fell in love with Danny, a man with Asperger's Syndrome, she quickly learned to expect the unexpected. In this book, Barbara candidly delves into the dynamics of their relationship. She lovingly compares Danny to Mr. Spock, a character who thrives on logic rather than emotion, while admitting that she was quite opposite. Join Barbara and Danny on their tumultuous journey in love, and learn about Asperger's along the way through figures, diagnostic guidelines, quotes and surveys by other couples, and more. If you love someone with Asperger's, or have Asperger's yourself, you can learn a lot from this book. Note: This book addresses some mature topics. Helpful chapters include: The Handsome Stranger Syndrome First Steps in a Parallel Universe Other-wired Bringing Up Baby A Working Model Breakthrough Nuts and Bolts

Wired Up Right - Further Adventures with Asperger Syndrome

Nobody ever said it was going to be easy, nobody ever said it wouldn't be hard but how do you learn to cope when your world has been turned upside down? How do you adapt when you realise that everything that you thought you were...isn't? How do you live in a world not designed for you? This is the situation that our plucky hero finds himself in after having been diagnosed with Asperger Syndrome. With a failed marriage behind him and several disastrous relationships ahead of him, prepare to enter a world of self-harming, depression, suicide, domestic abuse and a seemingly never ending stream of kicks to the head. This follow up to the smash hit *Wired-Up Wrong* details the next four years in author Neil Shepherd's life. Told in his unique style of dark humour mixed with drama-queen histrionics (and an over use of brackets), this brutally honest book shows the very depths that man can sink to...and the strength of the human spirit.

Asperger's Syndrome

If you have Asperger's syndrome (AS) or your child or partner does, life can be challenging, difficult and emotionally draining. Help is at hand. From coming to terms with a diagnosis and receiving specialist counselling to pursuing careers and maintaining long term relationships, this essential guide takes a positive and practical approach to living with Asperger's. Using tried and tested strategies from those

who have lived with the condition, you will discover how to develop communication, how to deal with obsessive behaviour and how to get further help and support. Information for those living with a partner suffering from Asperger's is also provided. Chapters are also included for parents whose child has recently been diagnosed with Asperger's, together with advice for teachers and carers. This book won't pretend that living with Asperger's is easy, but it will help you to understand and live positively with the condition.

I Want to be Like You

Something makes Travis Breeding different than everyone else. But it isn't what most people he's met think it is. Travis Breeding has never been like others. Growing up, he noticed some of the differences—he had a bed-wetting issue; he had difficulty with fine motor skills; he became obsessed with his special interest, trombone; and most troubling for him, he had trouble making friends. He just couldn't seem to fit in with anyone and didn't understand how socializing worked. He couldn't understand why people didn't like him. Why did everyone think he was so weird or creepy or psycho? Was he? Travis hit a low point in his college days and began making suicide attempts. When he finally learned he has Asperger's, it wasn't quite the solution he longed for. He didn't want to accept it. But once he embraced it, he realized he could begin making changes that could someday lead to living the life he wants—one that includes a family and good friends. And even more, he could help others just like him. Now Travis is on a mission to help us all understand what Asperger's is and how we can help those around us who seem a little, or a lot, different. With a combination of personal experiences, information about Asperger's and the autism spectrum, and Travis's observations and advice, *I Want to be Like You* proves to be a perfect tool to help readers who are on the spectrum, are helping someone on the spectrum, or just want to understand what this relatively new diagnosis is to bridge the gap between autistic and neurotypical individuals.

Asperger's Syndrome For Dummies

Asperger's Syndrome For Dummies covers everything that both people living with the condition and their families need to know. From explaining symptoms and getting a diagnosis, through to overcoming bullying in schools and choosing between the therapy and medical treatments available, this is a complete guide to surviving and thriving with the condition. *Asperger's Syndrome For Dummies* includes: Part I: Understanding Asperger's syndrome Chapter 1: Introducing Asperger's syndrome Chapter 2: Discovering the causes of Asperger's syndrome Chapter 3: Diagnosing Asperger's syndrome Part II: Living with Asperger's syndrome Chapter 4: Enjoying Life with Asperger's Chapter 5: Getting the most out of education and the workplace Chapter 6: Finding independence and advocating for your rights Part III: Supporting people with Asperger's syndrome Chapter 7: Parenting and Asperger's syndrome Chapter 8: Relating to adults with Asperger's syndrome Chapter 9: Creating an AS friendly environment Part IV: Discovering therapies, medication, diet and environments for AS Chapter 10: Navigating Behavioural Therapies for Asperger's Syndrome Chapter 11: Understanding medication and diet in Asperger's syndrome Part V: Part of Tens Chapter 12: Ten Organisations to go for help and information Chapter 13: Ten positives about living with Asperger's Chapter 14: Ten famous people who probably had Asperger's

All the World's a Stage: Unmasking Asperger's Syndrome*.

Is it possible that you, your child, or someone you love might have Asperger's Syndrome? Do they call it "Asperger's Syndrome" or is it, technically, "Autism Spectrum Disorder"? I'm going to give you my guide, some tools, and some positive practices for living a fulfilled life as an Autistic Adult and give you some tips on how to recognize autism in yourself or others. Autism is nothing to be ashamed of. If this book has been suggested to you, understand I have accomplished a great deal in my life because of this "faulty-wiring" in my brain. I am quite proud of these tendencies I have to over-work while not needing much sleep or food. I feel superhuman with my ability to dive deeply into my special interests and I don't feel the need for validation from the crowd. I also tend to struggle with personal relationships, co-workers, and daily tasks that others take for granted. I went undiagnosed and misunderstood for 33 years not knowing I was autistic. The awareness I now have gives me the perspective I have needed my whole life to say "I am different and that is okay." I struggle with things others find easy and find I am gifted in ways that others struggle. Now I know that my "executive functioning skills" differ from other people and that "sensory processing disorder" is what keeps me overwhelmed in loud restaurants or in family get-togethers. This understanding lets me know I am different, not wrong. This

gives me the opportunity to be understood. Something I have craved my entire life. I have been told in a complementary tone; "You don't look autistic." To which I want to respond with a snarky quip but instead I ask "what does autism look like to you?" My guess is that autism looks like a eight-to-twelve year old Caucasian boy rocking on a carpet. While part of this might be true, this is only who has been diagnosed in the current system with old broken rules helping us to navigate the murky waters of understanding. After all, what happens to all those weird kids when they grow up? Do they suddenly stop being autistic? I am a writer, a USMC Veteran, and a Realtor. I have a family line of intelligent and introverted "odd-ducks" which I trace back to my grandpa, also a veteran. A quiet man, who worked for years in his home office, after retiring from IBM in the Silicon Valley. His home is where my mom brought me up with him and my grandmother who described me, lovingly, as such a "curious little guy". This book was written for the undiagnosed, or recently diagnosed adult, hoping to add a little order into the disorder. I wanted to have some fun, so I won't quote the DSM... not even on accident. I will, however, quote TED talks, YouTube Videos, and blogs. This shouldn't feel like a depressing sludge through the mush, if it does I didn't do my job. This should feel like coming home without all the stress of actually having to go home! Thousands and thousands of years of humans have evolved to make you. How could you possibly be a mistake? My wife loves me like crazy and I love her. She is neurotypical and I am autistic. I would have had a terribly difficult time getting to know me, these past few years, without her love and patience. I am understood. What more could an Aspie ask for? I still don't understand all of these weird human beings I live here with, completely, or their primal relationships, but I enjoy them more and more every day that I am lucky enough to get to know them a little better while spending my time here on earth. I wish for you love and understanding and maybe a good laugh or two! Welcome home.

The Other Half of Asperger Syndrome

Based on academic research, experiences as a counselor specializing in this area and personal relationship experiences, the author uses quotations and real-life examples to illustrate her points with a compassionate understanding. Practical everyday topics include living and coping with AS, anger and AS, getting the message across, sex and AS, parenting, staying together, and "AS cannot be blamed for everything."

Asperger Syndrome, Adolescence, and Identity

This book is based on extensive interviews with adolescents diagnosed with AS. It includes six life stories, which present an authentic and fascinating look at the lives of the teenagers and how AS has shaped their growing identities. The stories provide the basis for a discussion of common themes and issues facing teenagers with AS.

Aspects of Asperger's

` Once I started this book I was hooked. Where was this book 10 years ago? So many of the problems I have dealt with and worked out through trial and error are here. It would have saved many tears and tantrums - and those not just from me! Once purchased, you will use it over and over again, for reference' - Communication A thought provoking and practical book about how one supporter, a grandmother, helped her granddaughter search for ways to help her overcome the difficulties they both faced. This book does not dwell on the problems but instead looks for the solutions they found together. It will be useful to all those whose lives are touched by Asperger's Syndrome but especially meaningful to those directly involved in supporting young people in school, college and in the home and neighbourhood setting. It specifically considers: } patterns of organization in daily life } constructing programmes of development for individuals. The book covers the practical issues facing those in their teens and twenties: } rules } daily living skills } personal hygiene } managing money } coping in school and college } friendships } romantic relationships. People with Asperger's Syndrome can be valuable contributors to society if they are given support when they need it. This book is the outcome of the combined efforts of Alex and her grandmother Maude. It is practical, realistic and very positive.

Diagnostic and Statistical Manual of Mental Disorders (DSM-5)

Being a teenager is an experience simultaneously shared by teens and their parents. In this book, Damian Santomauro and his mother, Josie, share their dual experiences by defining major terms that teenage males encounter during their journey into manhood. Damian was diagnosed with Asperger

Syndrome at the age of 5. Now he's in college and ready to share his experiences with teens who are experiencing what he lived through. Appropriate for teenage males ages 11-16.

Asperger Download

Have you ever suffered through the pain and anxiety caused by a new diagnosis? Have you ever wondered what it is like to have a child with autism? If so, *Bye Bye Balloon* is a must-read. For families and physicians alike, this is a brief but revealing portrayal of a mother's experience with Asperger's Syndrome from discovery to diagnosis to acceptance. It provides an up-close and personal look into what it is like when your child is diagnosed with a form of autism known as Asperger. Diagnosis is only the beginning of this journey, and this book allows for a better understanding of the impact it can have on these remarkable children and their families. As you share in this mother's heartfelt story, you will share in her personal stories of triumph and pain, of faith and endurance, and of boundless love and determination. Kurt Pfeiffer, MD, pediatrics/pediatric cardiology.

Bye Bye Balloon

The number of adults with Asperger Syndrome retaining full-time employment is extremely low in comparison to those who may be considered to have more limiting conditions and disabilities. This book identifies why this is the case by asking the individuals concerned what they find difficult about working. Looking at expectations, motivations, working conditions and other factors, Sarah Hendrickx explores the reasons why work just doesn't work for many people with Asperger Syndrome and how to resolve these issues. Featuring personal stories from those with AS, the book highlights successful scenarios and provides suggestions for both employers and those in search of work on how to improve employment for the benefit of everyone. *Asperger Syndrome and Employment* provides essential information for those making the decisions and acknowledges what people with AS really want from a job so they can make employment work for them.

Asperger Syndrome and Employment

Mention the word autism and the room suddenly turns silent. It's the dreaded A word. People's attention turns to late night TV public service ads declaring that autistic children are imprisoned by autism and need curing at all cost. Recent autobiographies have helped dispel this dire description by suggesting that autism is not a prison and that the door is unlocked and you're free to come in. *Women from Another Planet?* moves beyond these autistic life stories in important ways. It's a collection of stories and conversations, all of them by women on the autism spectrum who speak candidly, insightfully, and often engagingly about both their gender in terms of their autism and their autism in terms of their gender. It is written not just for parents and professionals, like the other works, but also to those women still searching for ways to understand the unnamed difference they live with, as well as the wider audience of discerning readers. If you enter the unlocked door of these *Women from Another Planet?* you may end up with a question mark or two about your planet. Is normalcy really all it's cracked up to be?

Women from Another Planet?

When Chris Slater-Walker was diagnosed with Asperger Syndrome it explained why he regarded himself as "socially handicapped"

An Asperger Marriage

Description A varied collection of parents' stories about raising children and teenagers with Aspergers. The contributors have bravely written totally honest, deeply moving and sometimes harrowing accounts about what it really feels like to care for a challenging child. The book helps to remove the isolation and guilt felt by so many parents. Embedded within the narratives are their unique ways of coping which may inspire some with new strategies to try. This book will also appeal to relatives, friends and professionals seeking to get a better understanding of Aspergers and the far reaching effect on the family unit. **About the Author** Anna Van Der Post is both a research psychologist and a mother of a teenager with Aspergers. She has worked as a researcher for both mental health charities and the National Health Service. For the last fourteen years she has lived in the South West of England with her son whom she has home educated. Anna enjoys coastal walks, cryptic crosswords and spending time with her friends.

Children and Teenagers with Aspergers

This unique book brings a depth of understanding of the analytical skills that 21-yr old Alex has brought to his own condition. As Alex says, "There are varying types of Asperger's and young people cannot all be squeezed into having the same diagnostic symptoms. But what they do have are some correlation to the symptoms laid out by Hans Asperger." (Please note Asperger's may now be described as the lower end of the Autistic scale.) In his book, Alex takes each of eight symptoms and comments how these symptoms are pertinent in his life. In so doing, the reader will find similarities to those children with Asperger's that they know and will be able to reflect with new insights on what Alex is talking about. In addition to the above, Alex shares many experiences in his life that reflect his Asperger's condition from not being able to drive, social development, repetitions, panic situations, holidays, family, movies, relaxers, etc. Alex has augmented his insights with graphics that even more clearly clarify his Asperger's symptoms and sheds new ways of seeing the Asperger's condition. In reading this book, the reader will clarify in his/her mind the characteristics common to the children that he/she knows. Along the way Alex is brought to tears in recounting the unpleasantness of his experiences. At the same time, there are moments of great hilarity in the retelling of episodes that have a sense of the comedic in them. The second part of Alex's book is a re-counting of his life experiences, explaining why he can't drive, how he relates to his family, his school experiences, the things that relax him and those which may cause him near panic. From each experience the reader will assess the lessons learned and how it relates to the children he/she may know. In the addendum, significant family members and friends assess Alex's Asperger's diagnosis. This is extremely helpful in to the reader in that many of the problems in dealing with children with Asperger's/Autism are similar to Alex's. Every child with Asperger's has some gift. Alex's gift is his ability to penetrate to the core of his Asperger's Syndrome and then is able to articulate his response in such a way as to enlighten the reader. Added to this is a great sense of metaphor, which is highlighted by multiple graphics in the book.

In My Mind

People with Asperger Syndrome have many characteristics that are frequently seen in a negative light. Brenda Boyd shows that for every characteristic of AS that can be looked at negatively, there are several positive aspects that can be drawn on and developed. Discussing AS in general terms, she talks through the reasons why people with AS approach life in the way they do, and what an enormous contribution they make to the world. She then explores different characteristics of AS; while she acknowledges the negative perception so many people have of these characteristics, she points out the large number of advantages to the Aspergers way of thinking for individuals with AS, those around them and society as a whole. For every negative, Boyd proves there are many more positives. From their refreshing honesty to their originality and potential to become leaders rather than followers, people with AS have many admirable personality traits that should be nurtured. This book shows that by adjusting our perceptions of what is 'normal' and embracing diversity, AS can not only be understood and accepted, but appreciated. Appreciating Asperger Syndrome is a celebration of AS which should be read by individuals with AS, family members, and anyone who knows or works professionally with individuals with AS.

Appreciating Asperger Syndrome

Do you have Asperger's Syndrome or do you love someone with Asperger's Syndrome? Have you felt as if a successful life is out of reach for those with Asperger's Syndrome? The good news is not only can a person with Asperger's Syndrome survive, but actually live the most noteworthy and fulfilling life. This book shows you exactly how.

29 Ways To Succeed With Asperger's Syndrome

Open, honest and upbeat, this book gives personal insight into both the ups and downs of an Asperger relationship. Seeking to challenge the bad press that people with Asperger Syndrome (AS) get as partners, Sarah and Keith tell their story of how they are making it work - and also how they got it wrong - with disarming frankness and humour. When Sarah and Keith met in 2003 neither knew much about Asperger Syndrome. Sarah thought Keith was 'weird' and couldn't work out why; and Keith thought Sarah was obsessed with diagnosing him with something-or-other. Difficulties ensued that brought the relationship to an end. Slowly, however, they each built up their knowledge of AS and in the meantime developed a mutual understanding, mutual acceptance and a desire to be together again. This personal account is supplemented with professional knowledge and anecdotes gained from Sarah's work with

adults with AS - a career which started as a result of her experiences with Keith. She swears that she didn't take her work home with her! It is inspiring reading for couples in Asperger relationships as well as for counselling professionals.

Asperger Syndrome - A Love Story

After the stunning series conclusion to the regular POSTAL series, this one-shot story shows Mark's fate in the town one year later.

Postal Mark #1 (Oneshot)

The author looks with honesty and humour at the implications of Asperger Syndrome for sufferers and other family members. Offers practical help for families in similar situations.

Asperger Syndrome in the Family

Have you ever wondered why she says she feels different to her peers? Wondered why life seems challenging for her? Her peers seem to gracefully and naturally meet their milestones, yet she has reached some developmental milestones early and some late. She may have spoken and read early, asking an endless array of questions. Maybe at age four she was teaching herself to read as you drove down the road by reading street signs. She may have been an overly active child, had sensory issues, or had a speech delay. You knew she was bright from early on, with a sprinkle of some anxiety, social and eating issues, yet the professionals just cannot find an explanation that completely fits her. She may be very artistic, whether she sings, draws, paints, or writes, at times, too mature for her age. Yet, she struggles socially and emotionally, acting and appearing younger than her peers. She may be ten years old now, yet none of your research completely fits her or maybe you have just now come across some information on females that completely makes sense to you. Maybe she is "Aspien," a young female with Asperger Syndrome or High-Functioning Autism. She has a unique constellation of super-abilities, strengths and challenges. She may feel or say that she is from another Planet, Planet Aspien(r). If you are looking for a book on the often perplexing and unique female Autism Spectrum traits, then this is the book for you. Watch for "I am AspienWoman," coming soon.

I Am Aspiengirl

A guide to Asperger's syndrome describes what it is and how it is diagnosed, along with information on such topics as bullying, emotions, language, movement, cognitive ability, and long-term relationships.

The Complete Guide to Asperger's Syndrome