Dementia Reconsidered The Person Comes First

#dementia care #person-centered approach #rethinking dementia #humanistic dementia #elderly care philosophy

This transformative perspective advocates for a revolutionary approach to dementia care, shifting the focus from the illness to the individual. By embracing a person-first methodology, we prioritize dignity, autonomy, and the unique lived experience, ensuring compassionate and effective support where the human element always comes first.

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Dementia Reconsidered

Drawing on research evidence, logical analysis and his own experience, Tom Kitwood examines the subject of dementia. Breaking new ground, Kitwood scrutinises and reappraises many of the older ideas concerning dementia.

Dementia Reconsidered Revisited: The Person Still Comes First

The original Dementia Reconsidered: The Person Comes First by Tom Kitwood was published by Open University Press in 1997. It was a seminal text in the field of dementia studies and is still cited and referenced as core reading on person-centred dementia care. Tom died unexpectedly, just 12 months after the book was published. This book continues to inspire many people to challenge simplistic paradigms about dementia. Since the original book was written, however, there have been many changes in our understanding of dementia. The editor of this new edition, Dawn Brooker was mentored by Tom Kitwood. She has drawn together a remarkable group of writers to provide a commentary on Kitwood's work. This new edition reproduces the original chapters but provides extra content from subject experts to update the book to a contemporary level. Dementia Reconsidered Re-visited is an ideal main text or supplementary text for all those studying or working in nursing, medicine, psychiatry, psychology, occupational therapy, social work, adult education, gerontology and health and social care more generally. "This important book does three things. It brings to a new generation the insight and vision of Tom Kitwood. It highlights the remarkable progress we have made in recent years. But most important of all it reminds us what still needs to be done if we are to fully respect the rights of people with dementia and their family care-givers. Kitwood inspired Alzheimer's Society to knit together research, care, and societal change. We are now re-inspired to make sure all progress is evidenced and evaluated for its impact. We must realise the enormous opportunities the digital age offers people affected by dementia but in doing so constantly listen to and learn from their many and varied voices across nations and cultures." Jeremy Hughes CBE, Chief Executive, Alzheimer's Society, UK

Dementia Reconsidered

Explaining the four key areas of person-centred care for people with dementia, Dawn Brooker provides a fresh definition to the important ideas that underpin the implementation and practice of dealing with this issue.

Person-centred Dementia Care

"The book will be valuable for undergraduate and postgraduate students, researchers and lecturers involved in the field of dementia care and the health-care sciences. Furthermore, it provides a useful resource for clinicians who wish to explore their understanding of 'personhood', person-centred care and the nature of Kitwood's critical appraisal of how 'care' should be constructed and delivered." Ageing and Society "Baldwin and Capstick have produced an honest appraisal that is undeniably a reader and critical commentary, and have not shirked from any responsibilities. ... This paperback would serve two distinct strands of readership equally well - those coming afresh to dementia care, or practitioners steeped in the concepts, who are looking to reanalyse and consider future developments. As such, it is difficult to underestimate its value." Nursing in Practice How does Kitwood's work contribute to our understanding of 'the dementing process' and the essentials of quality care? How was Kitwood's thinking about dementia influenced by the wider context of his work in theology, psychology and biochemistry? What is the relevance today of key themes and issues in Kitwood's work? Tom Kitwood was one of the most influential writers on dementia of the last 20 years. Key concepts and approaches from his work on person-centred care and well-being in dementia have gained international recognition and shaped much current thinking about practice development. The complexities of Kitwood's work and the development of his thinking over time have, however, received less attention. This Reader brings together twenty original publications by Kitwood which span the entire period of his writing on dementia, and the different audiences for whom he wrote. Almost ten years after Kitwood's death, it is now timely to review his contribution to the field of dementia studies in the light of more recent developments and from a critical and interdisciplinary perspective. The introduction to this Reader summarises and problematises some of the key characteristics of Kitwood's writing. Each of the four themed sections begins with a commentary offering a balanced consideration of the strengths of Kitwood's work, but also of its limitations and oversights. The Reader also includes a biography and annotated bibliography. Tom Kitwood on Dementia: A Reader and Critical Commentary is key reading for students of social work or mental health nursing, with an interest in dementia care. Professionals working with people with dementia will also find it invaluable. Additional Contributors: Habib Chaudhury, Deborah O'Connor, Alison Phinney, Barbara Purves, Ruth Bartlett.

Tom Kitwood On Dementia: A Reader And Critical Commentary

The author describes the different categories and causes of challenging behaviour in people with dementia, and provides tried-and-tested models which aid identification, assessment and treatment. A thorough evaluation of the use of psychotropic medication is provided, as well as of a wide range of psychological and biopsychosocial interventions.

Understanding Behaviour in Dementia that Challenges

The correlation between 'disengagement' and illness in people with dementia living in long-term care settings is becoming more widely recognised, and developing and adapting front-line staff responses to the changing needs of individuals is a crucial factor in addressing this problem. This book presents a complete practical framework for whole person assessment, care planning and review of persons with dementia or signs of dementia (including those with learning disabilities) who are in need of, or already receiving, health and/or social support. The book provides photocopiable assessment forms, guidelines for carrying out the assessment, and suggestions for tailored interventions based on the profile that emerges from the assessment process. The authors also include a clear explanation of the five theoretical components of dementia that are considered in the assessment: health, biography, personality, neurological impairment and social psychology. This good practice guide will provide a step up to the challenge of providing person centred care as a minimum standard rather than just an ideal. Care workers in residential settings and social workers assessing clients for their support requirements will find this an essential resource.

Enriched Care Planning for People with Dementia

This new updated edition challenges the perceptions, beliefs and attitudes of professionals working in dementia care settings by drawing on the theory of person-centred care. It demonstrates the importance of this theory for interacting with and caring for people with dementia. It also provides an overview of the theory in relation to two other well-known theories on dementia, and stresses the need to consider the world from the perspective of people with dementia. Moreover, the book examines the importance of dementia care environments, positive interactions, meaningful activities and the concept of personhood, which are all essential to improving the health and wellbeing of people living with dementia. In closing, it underscores the need to remember that the focus of care should be on maximizing the person's abilities, enabling them, and promoting person-centred care. Given its content and style, the book offers a resource that can be read and understood by health and social care professionals alike, as well as anyone else caring for someone with dementia, including family members and carers.

Enabling People with Dementia: Understanding and Implementing Person-Centred Care

The CLEAR Dementia Care© model is an effective method of assessing behaviour that challenges, through an understanding that such behaviour may be a way of communicating unmet needs. This book explains the many factors that contribute to challenging behaviour and how a greater understanding of this can enhance quality of life and lead to better care for the person with dementia in both hospital and residential settings. Discussing how people with dementia have the same needs as everyone else, the book helps to understand dementia from the perspective of the person experiencing it. It features case studies with examples of how to interpret signs of distress and develop an appropriate intervention plan. The model includes person-centred assessment of cognition, life story and personality, emotional and physical wellbeing, activity and environment, and relationships. Also included are easy-to-use photocopiable assessment tools, proven to facilitate a more accurate understanding of behaviour.

CLEAR Dementia Care©

Ideal for quick reference, this pocket-sized guide puts all the crucial information on caring for patients with dementia at your fingertips. All you need to know on: Person-centered dementia care Communication and managing behaviour Pain assessment Nutrition and medication Advanced care plans And much more . . .

Dementia Care

This book explores the ways in which AgeTech can contribute to healthy cognitive aging and support the independence of people with dementia. Technology can play a key role in supporting the health, independence, and well-being of older adults, particularly as a response to rapid worldwide population aging. AgeTech refers to the use of technologies, such as information and communication technologies (ICTs), robotics, mobile technologies, artificial intelligence, ambient systems, and pervasive computing to drive technology-based innovation to benefit older adults. AgeTech has the potential to provide new ways of meeting the growing demands on health and social care services to support people to stay healthy and active. As such, AgeTech represents an increasingly important market sector within world economies. The book also addresses some of the research, innovation, and policy challenges that need to be resolved if technology-based products and services are to fulfill their potential and deliver real-world impacts to improve the lives of older adults and their carers, thus promoting more inclusive communities for the benefit of all.

AgeTech, Cognitive Health, and Dementia

The Pool Activity Level (PAL) Instrument is widely used as the framework for providing activity-based care for people with cognitive impairments, including dementia. The Instrument is recommended for daily living skills training and activity planning in the National Institute for Clinical Excellence Clinical Guidelines for Dementia (NICE 2006), and has been proven valid and reliable by a recent research study. It is an essential resource for any practitioner or carer wanting to provide fulfilling occupation for clients with cognitive impairments. This fourth edition of The Pool Activity Level (PAL) Instrument for Occupational Profiling includes a new section on using the PAL Checklist to carry out sensory interventions, together with the photocopiable Instrument itself in a new easy-to-use format, and plans that help to match users' abilities to activities. It includes the latest research on the use of the PAL Instrument in a range of settings, and new case studies, as well as information about how a new online PAL tool complements and supports the book. The book also contains suggestions for activities,

together with information on obtaining the necessary resources and guidance for carrying out the activities with individuals of different ability levels, as revealed by the PAL Checklist.

The Pool Activity Level (PAL) Instrument for Occupational Profiling

Introducing life story work, a way for people with dementia to connect with their relatives, carers and the professionals working with them. This evidence-based book explains the many benefits of life story work, with practical guidance for introducing it in a variety of settings. The authors show how life story work can empower people with dementia to inform care practitioners and family members what care and support they may need now and in the future, by taking into account their past and their future wishes and aspirations. The book includes practical information on how to get started, ethical considerations such as consent and confidentiality, and considers issues of diversity and how to address them. The voices of practitioners, researchers and family carers sit alongside those of people living with dementia to present a wide-range of perspectives on life story work.

Life Story Work with People with Dementia

Exploring issues related to person-centred care for people with dementia, this new edition of a bestselling book shows how to provide care services that enable people to live well. The book looks at working in a person-centred way from diagnosis to end-of-life care, referencing recent developments and applications of the VIPS model.

Person-Centred Dementia Care

Reconsidering Dementia Narratives explores the role of narrative in developing new ways of understanding, interacting with, and caring for people with dementia. It asks how the stories we tell about dementia – in fiction, life writing and film – both reflect and shape the way we think about this important condition. Highlighting the need to attend to embodied and relational aspects of identity in dementia, the study further outlines ways in which narratives may contribute to dementia care, while disputing the idea that the modes of empathy fostered by narrative necessarily bring about more humane care practices. This cross-medial analysis represents an interdisciplinary approach to dementia narratives which range across auto/biography, graphic narrative, novel, film, documentary and collaborative storytelling practices. The book aims to clarify the limits and affordances of narrative, and narrative studies, in relation to an ethically driven medical humanities agenda through the use of case studies. Answering the key question of whether dementia narratives align with or run counter to the dominant discourse of dementia as 'loss of self', this innovative book will be of interest to anyone interested in dementia studies, ageing studies, narrative studies in health care, and critical medical humanities.

Reconsidering Dementia Narratives

Despite being integral parts of all our identities, sexuality, sex and intimacy are what many would call the Last Taboo in dementia care, usually seen as 'problem behaviours' to be stopped and dealt with. Informed by a combination of accessible neuroscience and person-centred compassion, Danuta Lipinska's new book shows that the human need for intimacy, attachment and sexual expression is as important for supporting the wellbeing and personhood of people with dementia as communication and care. Considering the brain as the body's biggest sex organ, it examines the cognitive changes that occur in dementia and what these changes mean in the context of sexual behaviour and consent. Taking Carl Rogers' Core Conditions and Tom Kitwood's psychological needs of persons living with dementia as a starting point, Lipinska offers a unique model for person-centred conversations about sex and sexuality that we have not seen before.

Dementia, Sex and Wellbeing

The Validation Breakthrough is an essential resource for all settings providing dementia care including assisted living facilities, nursing homes, skilled nursing facilities, hospice, home health care, adult day services, family care settings, and more.

The Validation Breakthrough

"For the first time, those at the front lines of care have access to a single source for a comprehensive set of practical tools to effectively address distressing and harmful interactions between residents with dementia. This prevalent but under-recognized public health problem in long-term care homes results in serious consequences, including psychological harm, physical injuries, and even death. After examining the potential consequences and manifestations of these behavioral expressions, readers learn how to identify the contributing factors, causes, unmet needs, and triggering events that commonly lead to these episodes. With an emphasis on person-directed care practices, this book describes numerous psychosocial strategies to use for prevention and de-escalation prior to, during, and after episodes of harmful resident-to-resident incidents. This valuable resource will help inform training programs for direct care staff, interdisciplinary teams, and LTC administrators. In addition to cost savings from reduced resident-to-resident incidents, care providers will see significant improvements in resident and staff well-being"--

Understanding and Preventing Harmful Interactions Between Residents with Dementia

Care has been struggled for, resisted and celebrated. The failure to care in 'care services' has been seen as a human rights problem and evidence of malaise in contemporary society. But care has also been implicated in the oppression of disabled people and demoted in favour of choice in health and social care services. In this bold wide ranging book Marian Barnes argues for care as an essential value in private lives and public policies. She considers the importance of care to well-being and social justice and applies insights from feminist care ethics to care work, and care within personal relationships. She also looks at 'stranger relationships', how we relate to the places in which we live, and the way in which public deliberation about social policy takes place. This book will be vital reading for all those wanting to apply relational understandings of humanity to social policy and practice.

Dementia Care Mapping

Effective communication is critical for everyone, and this insightful book teaches the skills needed by healthcare staff in their day-to-day interactions with people with dementia and their families. Often when people with dementia exhibit behaviour that challenges, it is an indication that their needs are not being met. The authors illustrate the key aspects of communication for the development of a skilled and confident workforce, capable of providing thoroughly effective care that reduces levels of agitation in people with dementia. The first six chapters describe the CAIT (Communication and Interaction Training) framework established by the authors. This is followed by chapters contributed by experts on the Positive Care ApproachTM, appropriate touch and communication with people in the late stages of dementia. Accessible and practical, it will help caregivers develop and articulate existing skills as well as gain new ones, allowing them to overcome the challenges faced when caring for people with dementia.

Care in Everyday Life

"The book will be valuable for undergraduate and postgraduate students, researchers and lecturers involved in the field of dementia care and the health-care sciences. Furthermore, it provides a useful resource for clinicians who wish to explore their understanding of 'personhood', person-centred care and the nature of Kitwood's critical appraisal of how 'care' should be constructed and delivered." Ageing and Society "Baldwin and Capstick have produced an honest appraisal that is undeniably a reader and critical commentary, and have not shirked from any responsibilities. ... This paperback would serve two distinct strands of readership equally well - those coming afresh to dementia care, or practitioners steeped in the concepts, who are looking to reanalyse and consider future developments. As such, it is difficult to underestimate its value." Nursing in Practice How does Kitwood's work contribute to our understanding of 'the dementing process' and the essentials of quality care? How was Kitwood's thinking about dementia influenced by the wider context of his work in theology, psychology and biochemistry? What is the relevance today of key themes and issues in Kitwood's work? Tom Kitwood was one of the most influential writers on dementia of the last 20 years. Key concepts and approaches from his work on person-centred care and well-being in dementia have gained international recognition and shaped much current thinking about practice development. The complexities of Kitwood's work and the development of his thinking over time have, however, received less attention. This Reader brings together twenty original publications by Kitwood which span the entire period of his writing on dementia, and the different audiences for whom he wrote. Almost ten years after Kitwood's death, it is now timely to review his contribution to the field of dementia studies in the light of more recent developments and from a critical and interdisciplinary perspective. The introduction to this Reader summarises and problematises some of the key characteristics of Kitwood's writing. Each of the four themed sections begins with a commentary offering a balanced consideration of the strengths of Kitwood's work, but

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Communication Skills for Effective Dementia Care

The concept of 'person-centredness' has become established in approaches to the delivery of health-care, particularly with nursing, and is embedded in many international healthcare policy frameworks and strategic plans. This book explores person-centred nursing using a framework that has been derived from research and practice. Person-centred Nursing is a theoretically rigorous and practically applied text that aims to increase nurses' understanding of the principles and practices of person-centred nursing in a multiprofessional context. It advances new understandings of person-centred nursing concepts and theories through the presentation of an inductively derived and tested framework for person-centred nursing. In addition it explores a variety of strategies for developing person-centred nursing and presents case examples of the concept in action. This is a practical resource for all nurses who want to develop person-centred ways of working.

The Tom Kitwood Reader

As the demographics of many Western industrialized societies are approaching the point where they will have more older citizens than young, there is a growing need for a comprehensive look at the past, present, and future of adult lives. This diverse collection of readings—including both seminal works and newly commissioned ones—takes an holistic approach to understanding aging, drawing on biography and autobiography to contextualize the process. This life course perspective will lead readers to a better understanding of how those working and living together in an aging society can interrelate.

Person-centred Nursing

The text focuses on projects which have taken different approaches to working with people with dementia in research, including examining the process of interviewing people with dementia whose first language is not English and encouraging people with dementia to participate in the research analysis.

Adult Lives

The innovative Newcastle Challenging Behaviour Model for dementia care has recently been updated, leading to new advances in the field. This revised second edition guide to assessment and treatment of behaviours that challenge associated with dementia includes these latest developments along with new sections on what have traditionally been considered controversial topics. The new chapters cover issues including: - End of life care - Use of therapeutic dolls - Lies and deception - Physical restraint during personal care - Racism towards care staff With a particular emphasis on non-pharmacological approaches, this book details the range of behaviours common in individuals with dementia, along with the most effective assessment and treatment techniques for health care professionals.

The Perspectives of People with Dementia

What is dementia? How should we organize dementia care? This comprehensive book critically examines the main approaches to understanding dementia—bio-medical, social-psychological, and socio-gerontological—and the main principles and ideologies of care. Key Features Provides clarity on the gap between the utopian aspirations of care and the reality of care Opens up a series of questions about knowledge and treatment of dementia Argues for a transition from positions that place emphasis upon the individual or particular care services to the social, cultural, and economic context

Understanding Behaviour in Dementia that Challenges, Second Edition

This book draws inspiration from Maurice Merleau-Ponty's concept of intercorporeality to offer a new, multidisciplinary perspective on the body. By drawing attention to the body's ability to simultaneously sense and be sensed, Merleau-Ponty transcends the object-subject divide and describes how bodies are about, into, and within other bodies. Such inherent relationality constitutes the essence of intercorporeality, and the chapters in this book examine such relationality from a host of diverse perspectives. The book begins with an introductory chapter in which the editors review the current research on bodily

interaction, and introduce the notion of intercorporeality as a potentially integrative framework. The first section then offers four chapters devoted to clarifying theoretical and developmental perspectives on intercorporeality. Section 2 contains three chapters that provide insight on intercorporeality from evolutionary, historical, and cross-sectional perspectives. In Section 3, four chapters examine the intercorporeal nature of meaning-making during human interaction. Section 4 then presents three chapters that explore the intercorporeal nature of multi-agent interactions and the role that non-animate bodies (i.e., objects) play in such interaction. Throughout all the chapters, the authors work to integrate research in their specific discipline into the larger, transdisciplinary notion of intercorporeality. This collection provides an indisputably unique perspective on bodies-in-interaction, while simultaneously offering an interdisciplinary way forward in contemporary scholarship on bodies, meaning, and interaction.

Dementia Studies

Dementia: From Diagnosis to Management - A Functional Approach is a comprehensive description of a functional and behavioral approach to assessing and treating persons with dementia. While very practical, the information is embedded in a scientific context of the causes, neuropsychological manifestations, and complications of dementia. The management of the impairments of dementia is centered on its functional consequences and impact on daily living. The chapters describe behavioral interventions and environmental strategies that aim to improve daily activities and quality of life from a proactive communication and memory basis. Specific suggestions are provided to enhance family involvement and staff relationships, interdisciplinary cooperation, reimbursement, and documentation across various home and institutional settings. The book is written in a straightforward style and is evenhanded in its critical analyses of the evidence available to inform practice. The extensive clinical backgrounds of the authors allow them to use 'real world' case studies to illustrate common challenges of persons with dementia and potential solutions for caregivers. Further resources and clinical materials are included in comprehensive appendices. The volume provides essential reading for clinicians and administrators who seek to improve the lives of people with dementia and those who care for them. It is also an invaluable reference for beginning students in adult language disorders and gerontology.

Intercorporeality

Designed for the use of carers at home and for professionals in residential and community settings working in the statutory, voluntary, and private sectors, this practical guide provides a framework for developing meaningful occupation for people with dementia. The Pool Activity Level (PAL) Instrument derives from a developmental model which suggests that people with dementia have discrete levels of cognitive ability. Jackie Pool's book enables people with dementia to engage in planned activities appropriate to their level of cognitive functioning, which are targeted to their specific needs, abilities, and interests. Based on a person-centered approach, the PAL instrument helps to maintain the maximal sense of identity and orientation of people with dementia. Already used and recommended by professionals, this resource guides the reader through a series of clear practical steps, using case studies, to enable them to understand, plan, and implement their use of the PAL Instrument. It contains photocopiable activity checklists and activity plans. It also provides guidelines and materials for monitoring the outcomes of the use of the instrument, and applying this assessment to future practice. The Pool Activity Level (PAL) Instrument will be an indispensable resource for carers striving to understand and support people in their experience of dementia.

Dementia

There is growing evidence that the sexual rights of older people are not being met. One reason connects with the way that older people are viewed. In many cultures, older age is associated with decline, frailty, and disease and this construction of the older person positions them as dependent, powerless, and vulnerable.

The Pool Activity Level (PAL) Instrument

The report "Dementia: a public health priority" has been jointly developed by WHO and Alzheimer's Disease International. The purpose of this report is to raise awareness of dementia as a public health priority, to articulate a public health approach and to advocate for action at international and national levels.

Addressing the Sexual Rights of Older People

This study juxtaposes philosophical analysis and clinical experience to present an overview of the issues surrounding dementia. It conveys a strong ethical message, arguing in favour of treating people with dementia with all the dignity they deserve as human beings.

Embodied Selfhood [microform]: an Ethnography of Alzheimer's Disease

Auto-Fiction. Translated from the French by Béatrice Mousli. Recipient of the Prix Wepler Fondation La Poste and the Prix Pierre Simon Ethique et Réflexion, WE'RE NOT HERE TO DISAPPEAR begins with the portrait of a man suffering from Alzheimer's disease, and goes on to explore the loss of memory, language, and reason. This optimistic, desperate book--Rosenthal's seventh in as many years--confirms her talent and verbal inventiveness.

Dementia

Traditionally, the most preferred social research methods in dementia studies have been interviews, focus groups and non-participant observations. Most of these methods have been used for a long time by researchers in other social research fields, but their application to the field of dementia studies is a relatively new phenomenon. A ground-breaking book, Social Research Methods in Dementia Studies shows researchers how to adapt their methods of data collection to address the individual needs of someone who is living with dementia. With an editorial team that includes Ann Johnson, a trained nurse and person living with dementia, this enlightening volume mainly draws its contents from two interdisciplinary social research teams in dementia, namely the Center for Dementia Research [CEDER] at Linköping University in Norrköping, Sweden and the Dementia and Ageing Research Team [DART] at The University of Manchester in Manchester, UK. Case examples are shared in each of the main chapters to help ground the social research method(s) in a real-life context and provide direction as to how learning can be applied to other settings. Chapters also contain key references and recommended reading. This volume will appeal to undergraduate and postgraduate students, as well as postdoctoral researchers, interested in fields such as: Research Methods, Qualitative Methods and Dementia Studies.

Dementia

Christine Bryden was 46 years old when she was diagnosed with dementia, and in this book she describes her remarkable emotional, physical and spiritual journey in the three years immediately following. Offering rare first-hand insights into how it feels to gradually lose the ability to undertake tasks most people take for granted, it is made all the more remarkable by Christine's positivity and strength, and deep sense, drawn in part from her Christian faith, that life continues to have purpose and meaning. Originally published in Australia in 1998, the book is brought up-to-date with a new Foreword, Preface and Appendix, in which Christine explains how the disease has progressed over the years, and how she is today. It also contains many previously unseen photographs of Christine and her family, from around the time of her diagnosis up to the present day. Inspirational and informative in equal measure, Who will I be when I die? will be of interest to other people with dementia and their families, as well as to dementia care professionals.

We're Not Here to Disappear

The beloved best seller has been revised and expanded for the fifth edition. Jolene Brackey has a vision: that we will soon look beyond the challenges of Alzheimer's disease to focus more of our energies on creating moments of joy. When people have short-term memory loss, their lives are made up of moments. We are not able to create perfectly wonderful days for people with dementia or Alzheimer's, but we can create perfectly wonderful moments, moments that put a smile on their faces and a twinkle in their eyes. Five minutes later, they will not remember what we did or said, but the feeling that we left them with will linger. The new edition of Creating Moments of Joy is filled with more practical advice sprinkled with hope, encouragement, new stories, and generous helpings of humor. In this volume, Brackey reveals that our greatest teacher is having cared for and loved someone with Alzheimer's and that often what we have most to learn about is ourselves.

Social Research Methods in Dementia Studies

Keith Oliver was diagnosed with Alzheimer's in 2010, and has since become a leading activist for dementia care, and an international speaker. Telling his story through a diary format, this book gives an unparalleled insight into what day-to-day life with dementia is like, and how he continued to live a full life after diagnosis.

Who will I be when I die?

The term person centred care has been widely used, misused and ill defined. It is used frequently in the aims and objectives for dementia care services and provision, although in practice what lies behind the rhetoric can be questionable. This book gives fresh definition to the important ideas behind and the implementation of person centred care for people with dementia. Dawn Brooker explains the four key elements of person centred care that comprise the VIPS model: Valuing people with dementia and those who care for them (V); treating people as Individuals (I); looking at the world from the Perspective of the person with dementia (P); and a positive Social environment in which the person living with dementia can experience relative well being (S). With an emphasis on practical application, Person Centred Dementia Care provides care organisations with clear, accessible guidelines on how to put the VIPS model into operation for effective care that is `fit for VIPs'. Part 2 of the book comprises the VIPS organisational reflection tool, which care providers can use to assess how well they think they are doing at providing person-centred care. This will be essential reading for practitioners working with and policy makers responsible for people with dementia at all levels.

Creating Moments of Joy Along the Alzheimer's Journey

Dear Alzheimer's

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