

Gregg Bradens Music From The Divine Matrix Opening The Heart Healing The Soul

[#Gregg Braden music](#) [#Divine Matrix sound healing](#) [#opening heart frequencies](#) [#healing soul meditation](#) [#spiritual transformation music](#)

Dive into Gregg Braden's transformative 'Music From The Divine Matrix,' an exquisite collection engineered to resonate with your core being. This spiritual sound journey is specifically designed to facilitate the profound experience of opening the heart, promoting deep soul healing, and connecting you to the vibrational wisdom of the Divine Matrix. Experience heart coherence and inner peace through these powerful sonic explorations.

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The Divine Matrix

Between 1993 and 2000, a series of groundbreaking experiments revealed dramatic evidence of a web of energy that connects everything in our lives and our world—the Divine Matrix. From the healing of our bodies, to the success of our careers, relationships, and the peace between nations, this new evidence demonstrates that we each hold the power to speak directly to the force that links all of creation. What would it mean to discover that the power to create joy, to heal suffering, and bring peace to nations lives inside of you? How differently would you live if you knew how to use this power each day of your life? Join Gregg Braden on this extraordinary journey bridging science, spirituality and miracles through the language of The Divine Matrix.

The Divine Matrix

The New York Times best-selling author of *The God Code* and *Resilience from the Heart* Are the miracles that we see in the quantum world actually showing us our greatest possibilities rather than our scientific limits? Could the spontaneous healing of disease, an instant connection with everyone and everything, and even time travel, be our true heritage in the universe? There is a place where all things begin, the place of pure energy that simply "is." In this quantum incubator for reality, everything is possible. In 1944, Max Planck, the father of quantum theory, shocked the world by saying that this "matrix" is where the birth of stars, the DNA of life, and everything between originates. Recent discoveries reveal dramatic evidence that Planck's matrix—The Divine Matrix—is real. It is this missing link in our understanding that provides the container for the universe, the bridge between our imagination and our reality, and the mirror in our world for what we create in our beliefs. To unleash the power of this matrix in our lives, we must understand how it works and speak the language that it recognizes. For more than 30 years, Gregg Braden, a former senior aerospace computer systems

designer, has searched for the understanding to do just that. From the remote monasteries of Egypt, Peru, and Tibet to the forgotten texts that were edited by the early Christian church, the secret of the Divine Matrix was left in the coded language of our most cherished traditions. It is verified in today's science. In this paradigm-shattering book, Gregg shares what he's found. Through 20 keys of conscious creation, we're shown how to translate the miracles of our imagination into what is real in our lives. With easy-to-understand science and real-life stories, Gregg shows us that we're limited only by our beliefs, and what we once believed is about to change!

The Spontaneous Healing of Belief

What would it mean to discover that everything from the DNA of life, to the future of our world, is based upon a simple Reality Code—one that we can change and upgrade by choice? New revelations in physics and biology suggest that we're about to find out! A growing body of scientific evidence suggests that our universe works like a Consciousness Computer. Rather than the number codes of typical software, our Consciousness Computer uses a language that we all have, yet are only beginning to understand. Life's reality code is based in the language of human emotion and focused belief. Knowing that belief is our reality-maker, the way we think of ourselves and our world is now more important than ever! For us to change the beliefs that have led to war, disease, and the failed careers and relationships of our past we need a reason to see things differently. Our ancestors used miracles to change what they believed. Today we use science. The Spontaneous Healing of Belief offers us both: the miracles that open the door to a powerful new way of seeing the world, and the science that tells us why the miracles are possible, revealing: why we are not limited by the "laws" of physics and biology as we know them today. Once we become aware of the paradigm-shattering discoveries and true-life miracles, we must think of ourselves differently. And that difference is where the spontaneous healing of belief begins.

Summary of Gregg Braden's The Divine Matrix

Please note: This is a companion version & not the original book. Sample Book Insights: #1 The Divine Matrix is the container that holds the universe, the bridge between all things, and the mirror that shows us what we have created. It is the place where all things begin. #2 The story the wisdom keeper told me sounded similar to the story I had heard many times before: civilization grew apart from nature, and as time went on, people began building things outside their bodies to remind them of who they were on the inside. #3 The more we distance ourselves from our natural relationship with the earth, our bodies, and one another, the more we feel the need to fill that void with things. When we focus on avoiding disease rather than on living a healthy lifestyle, on staying out of war rather than on cooperating in peace, and on creating new weapons rather than on living in a world without armed conflict, we are clearly showing that we are trying to survive rather than live. #4 The conventional wisdom of history is that the tools of past civilizations were less advanced than modern technology. But if we look at nature, we can see that everything is connected and infinite. This suggests that there's something within us that isn't limited by time, space, or even death.

The Divine Matrix

THE DIVINE MATRIX Are the miracles that we see in the quantum world actually showing us our greatest possibilities rather than our scientific limits? Could the spontaneous healing of disease, an instant connection with everyone and everything, and even time travel, be our true heritage in the universe? There is a place where all things begin, the place of pure energy that simply "is." In this quantum incubator for reality, everything is possible. In 1944, Max Planck, the father of quantum theory, shocked the world by saying that this "matrix" is where the birth of stars, the DNA of life, and everything between originates. Recent discoveries reveal dramatic evidence that Planck's matrix - The Divine Matrix - is real. It is this missing link in our understanding that provides the container for the universe, the bridge between our imagination and our reality, and the mirror in our world for what we create in our beliefs. To unleash the power of this matrix in our lives, we must understand how it works and speak the language that it recognizes. For more than 20 years, Gregg Braden, a former senior aerospace computer systems designer, has searched for the understanding to do just that. From the remote monasteries of Egypt, Peru, and Tibet to the forgotten texts that were edited by the early Christian church, the secret of the Divine Matrix was left in the coded language of our most cherished traditions. It is verified in today's science. In this paradigm-shattering book, Gregg shares what he's found. Through 20 keys of conscious creation, we're shown how to translate the miracles of our imagination into what

is real in our lives. With easy-to-understand science and real-life stories, Gregg shows us that we're limited only by our beliefs, and what we once believed is about to change!

The Wisdom Codes

The cutting edge of neurolinguistics meets the spiritual wisdom of the ages in a handbook of key words that literally rewire our brains. New discoveries in biology and the neurosciences are revealing how the structure of language—the words we think and speak—can actually change the way the neurons in our brains and hearts connect. But our ancestors understood this connection intuitively, thousands of years ago. They created specific word-patterns to provide comfort, healing, strength, and inner power in difficult times, and they encoded these powerful words in prayers, chants, mantras, hymns, and sacred writings to preserve them for future generations. Now beloved teacher and thought leader Gregg Braden cracks the code and puts these powerful words in your hands. Perfect as a pocket guide, a reference for spiritual study, or a gift to someone you love, this elegant, compact book contains Wisdom Codes that cut to the core of life's greatest tests, most challenging demands, and hardest lessons. You'll find chapters devoted to healing from loss and grief, facing your unspoken fears, finding certainty in the face of uncertain choices, and finding forgiveness, as well as ancient parables that offer a "fast track" to unraveling life's deepest mysteries. Each Wisdom Code—distilled from a quote, a scripture passage, or a parable—is accompanied by a brief discussion of what the code means, why it's important, and how to apply it in your life.

The Divine Name

What if there was a technique for sounding the personal name of God that could change the world? . . . In this groundbreaking work, sound-healing pioneer Jonathan Goldman shares his incredible discovery of The Divine Name, a universal sound that, when intoned, can bring harmony and healing to ourselves and the planet. This name, encoded within our DNA, is the personal name of God, once found in the religious texts that link over half the world's population. Prohibited and then lost for nearly 2,500 years, The Divine Name is available once again. It is a sound that when vocalized has the ability to resonate both the physical body and subtle energy fields of anyone who intones it. Irrespective of religion, tradition, or belief. It has the power to issue in a new era of human consciousness, uniting us in healing, peace, and oneness. The Divine Name is a step-by-step process of vibratory activation that will allow you to experience the power, majesty, and healing of this extraordinary sound. CD NOT INCLUDED."

The Divine Matrix

Antara 1993-2000, serangkaian eksperimen menyingkap keberadaan jaring energi yang menghubungkan segala sesuatu di alam semesta: Matriks. Matriks merupakan daya hidup yang saling terkoneksi, dinamai Ether dalam tradisi Yunani, Jala Indra dalam Buddhisme, Jaring Nenek Laba-Laba dalam mitologi Indian, dan Akasa dalam filsafat Jawa. Bukti saintifik ini menyadarkan banyak orang bahwa kita mampu berkomunikasi langsung dengan kekuatan mahabesar yang menyelimuti segenap ciptaan. Penemuan ini berdampak revolusioner. Kekuatan untuk memunculkan kebahagiaan, menyembuhkan penyakit, pun menciptakan perdamaian dunia, tersembunyi dalam diri kita. Jika kita mampu menggunakannya dengan tepat, mukjizat akan mendatangi kita sepanjang waktu: penyembuhan suatu penyakit bisa terjadi seketika, doa langsung terkabul pada saat kita berdoa. Melalui penjelasan tentang alam semesta sebagai hologram, kekuatan kesadaran dan rasa yang mampu mencipta, hingga manusia yang bisa hadir di dua tempat pada waktu yang sama, Gregg Braden mengajak kita untuk mengawinkan sains, spiritualitas, dan fenomena mukjizat melalui bahasa The Divine Matrix yang diterjemahkan dan diterbitkan oleh Javanica pada tahun 2018. Review The Divine Matrix "Buku ini membantu kita memahami Tuhan secara lebih realistis: sebagai sistem komputasi maha canggih yang perlu dipahami cara kerjanya." - Setyo Hajar Dewantoro (Penulis Suwung: Ajaran Rahasia Leluhur Jawa) "Braden merangkai kembali kebijaksanaan-kebijaksanaan kuno yang akhirnya bisa dilacak pada warisan spiritual pada resi dan empu Nusantara kuno." - Dede Yasa Varmaraksha (Sesepuh Aji Tapak Sesontengan)

The God Code

"One of our great visionaries." —Dr. Wayne W. Dyer "A rare blend of scientist, visionary, and scholar." —Deepak Chopra A scholar and New York Times—bestselling author shares his shocking theory of an ancient language—found in the decoded elements of our DNA—that shines new light on the mysteries

of existence. What would it mean to discover an ancient language—a literal message—hidden within the DNA of life itself? What we once believed of our past is about to change. A coded message has been found within the molecules of life, deep within the DNA in each cell of our bodies. Through a remarkable discovery linking Biblical alphabets to our genetic code, the “language of life” may now be read as the ancient letters of a timeless message. Regardless of race, religion, heritage, or lifestyle, the message is the same in each cell of every woman, child, and man, past and present. Sharing all-new, fascinating research, Gregg Braden discusses the life-changing discovery that led him from a successful career in the aerospace and defense industries to an extensive 12-year study of the most sacred and honored traditions of humankind.

Human by Design

Human by Design invites you on a journey beyond Darwin's theory of evolution, beginning with the fact that we exist as we do, even more empowered, and more connected with ourselves and the world, than scientists have believed possible.* * *In one of the great ironies of the modern world, the science that was expected to solve life's mysteries has done just the opposite. New discoveries have led to more unanswered questions, created deeper mysteries, and brought us to the brink of forbidden territory when it comes to explaining our origin and existence. These discoveries reveal the following facts: - Fact 1. Our origin--Modern humans appeared suddenly on earth approximately 200,000 years ago, with the advanced brain, nervous system, and capabilities that set them apart from all other known forms of life already developed, rather than having developed slowly and gradually over a long periods of time.- Fact 2. Missing physical evidence--The relationships shown on the conventional tree of human evolution are speculative connections only. While they are believed to exist, a 150-year search has failed to produce the physical evidence that confirms the relationships shown on the evolutionary family tree.- Fact 3. New DNA evidence--The comparison of DNA between ancient Neanderthals, previously thought to be our ancestors, and early humans tells us that we did not descend from the Neanderthals.- Fact 4. A rare DNA fusion--Advanced genome analysis reveals that the DNA that sets us apart from other primates, including in our advanced brain and nervous system, is the result of an ancient and precise fusion of genes occurring in a way that suggests something beyond evolution made our humanness possible.- Fact 5. Our extraordinary abilities--We are born with the capacity to self-heal, to self-regulate longevity, to activate an enhanced immune response, and to experience deep intuition, sympathy, empathy, and, ultimately, compassion--and to do each of these on demand.In this book, New York Times best-selling author and 2017 Templeton Award nominee Gregg Braden crosses the traditional boundaries of science and spirituality to answer the timeless question at the core of our existence--Who are we?--and to reveal science-based techniques that awaken our uniquely human experiences of deep intuition, precognition, advanced states of self-healing, and much more! Beyond any reasonable doubt, Human by Design reveals that we're not what we've been told, and much more than we've ever imagined.

The Divine Matrix by Gregg Braden. A book analysis

Literature Review from the year 2016 in the subject Philosophy - General Essays, Eras, grade: 4.0, Atlantic International University, course: Psychology, language: English, abstract: For more than 20 years, Gregg Braden has dedicated his energy as a spiritual seeker doing research and publishing five books. He has traveled throughout the world focusing on ancient and religious texts as well as served as a counselor for people seeking meaning in a spiritual context. Human beings exist in the world web of life with interconnections ultimately uniting nonbelievers and spiritual believers. In this case, non-believers are an important group since they insist on more solid proofs, which is the aim of this book. Most of them are unlike spiritual believers who accept faith without the need to reason. First, you have to be an admirer of science and religion to enjoy a great book that has had impacts on some people.

The Spontaneous Healing of Belief

What would it mean to discover that everything from the DNA of life, to the future of our world, is based upon a simple Reality Code—one that we can change and upgrade by choice? New revelations in physics and biology suggest that we're about to find out! A growing body of scientific evidence suggests that our universe works like a Consciousness Computer. Rather than the number codes of typical software, our Consciousness Computer uses a language that we all have, yet are only beginning to understand. Life's reality code is based in the language of human emotion and focused belief. Knowing

that belief is our reality-maker, the way we think of ourselves and our world is now more important than ever! For us to change the beliefs that have led to war, disease, and the failed careers and relationships of our past we need a reason to see things differently. Our ancestors used miracles to change what they believed. Today we use science. The Spontaneous Healing of Belief offers us both: the miracles that open the door to a powerful new way of seeing the world, and the science that tells us why the miracles are possible, revealing: why we are not limited by the "laws" of physics and biology as we know them today. Once we become aware of the paradigm-shattering discoveries and true-life miracles, we must think of ourselves differently. And that difference is where the spontaneous healing of belief begins.

The Golden Thread

Pat Pilkington was co-founder of the Bristol Cancer Help Centre, the first charity to offer a truly holistic approach to cancer care. In this memoir, completed when she knew she was approaching death, Pat tells her story; starting with her childhood, through the early days of the Centre to its growth into Penny Brohn Cancer Care, the globally influential institution it is today. Above all, she shares her own spiritual journey, her deep exploration of faith, love, and what lies at the core of each human life and each human death. She speaks to life, not just to cancer, and shows how the restoration of the human spirit is an essential part of holistic healing. The Golden Thread of the title is the transcendent nature of love that runs through everything, awakening the potential to uplift, inspire, overcome and create anew, even in the face of severe adversity.

Resilience from the Heart

In this compelling revised edition of his book *The Turning Point*, best-selling author and visionary Gregg Braden merges his expertise in leading-edge science with present-day realities to reveal the strategies for embracing stressful change in our lives. This updated edition contains an all-new chapter not included in the original release, featuring material on the surprising discovery of brain-like cells – sensory neurites – located within the human heart, and the role they play in creating personal resilience. The powerful heart-brain connection made possible by these cells is now recognized as a portal to the deepest levels of our intuition, as well as a gateway to the subconscious mind. This book gets to the heart of the fundamental question you have no doubt asked yourself in the face of the complexities and challenges of the modern world: How do I make everyday life better for myself and my family? Through his skillful synthesis of easy-to-understand science and real-life circumstances, Gregg uniquely provides the answer, describing: • State-of-the-art discoveries that are the key to embracing big change in a healthy way • The three shifts that will transform the way you think of your career, lifestyle, and finances • The simple strategies of heart-based resilience that you can learn and use immediately for optimal health in our stressful world • A template of strategies for resilient living for your family and community . . . and much more. Gregg is an optimist, as well as a realist. His lifetime of work with indigenous cultures, combined with his scholarship in science and ancient traditions, gives him reason to believe in our ability to transform in a healthy way. To get to that point, however, we must be honest with ourselves. When the facts are clear, our choices become obvious and something beautiful happens. And it's the power of this simple truth that is the basis for *Resilience from the Heart*. Join Gregg on this intimate journey as he unlocks the mystery of the world's extremes . . . to reveal the power to thrive in life!

Secrets of the Lost Mode of Prayer

Could our deepest hurts reveal the key to a powerful form of prayer that was lost 17 centuries ago? What can we learn today from the great secret of our most cherished traditions? "There are beautiful and wild forces within us." With these words, the mystic St. Francis described what ancient traditions believed was the most powerful force in the universe – the power of prayer. For more than 20 years, Gregg Braden has searched for evidence of a forgotten form of prayer that was lost to the West following the biblical edits of the early Christian Church. In the 1990s, he found and documented this form of prayer still being used in the remote monasteries of central Tibet. He also found it practiced in sacred rites throughout the high deserts of the American Southwest. In this book, Braden describes this ancient form of prayer that has no words or outward expressions. Then, for the first time in print, he leads us on a journey exploring what our most intimate experiences tell us about our deepest beliefs. Through case histories and personal accounts, Braden explores the wisdom of these timeless secrets, and the power that awaits each of us . . . just beyond our deepest hurt!

The Secret Language of the Heart

In *The Secret Language of the Heart*, award-winning producer and composer Barry Goldstein shares how every one of us—the musical and non-musical alike—can harness the power of music to treat alleviate specific illnesses, reverse negative mindsets and attitudes, dissolve creative blocks and improve overall health. Backed up by the latest scientific research on the benefits of sound, music, and vibration, this book offers practical, concrete instructions for healing that can be tailored to suit your individual preferences and needs, including how to: Nurture your creativity, mindfulness, and productivity by creating customized playlists to suit your situation and mood. (Your favorite song of the moment is more important than you realize!) Use musical stress blasters to ease challenging situations in a pinch. Find spaciousness (calmness) and peace and serenity with the Heart Song Breathing Process. Chant to transform and elevate the heart and mind. Goldstein presents step-by-step guidance—as well as dozens of song recommendations along the way—to help you create a new music routine that will heal, energize, and inspire. He also shares vivid stories of his own transformation through music, as well as the life-changing effects music has had on his clients. Whether you want to alleviate stress, become more in tune with what you really want, activate your heart's intelligence, or simply have your best day every day, using music and sound with intention is key—let this book show you the tools to build a simple musical practice that will transform your life.

Edgar Cayce on Soul Mates

Gain insights into your life and relationships as you explore the question of soul mates through case histories from the Edgar Cayce readings, plus contemporary examples. It provides unique insights into the dynamics of soul attraction and how relationships develop over time within the framework of reincarnation.

Becoming Supernatural

A WALL STREET JOURNAL BESTSELLER by DR. JOE DISPENZA, the author of the New York Times bestseller *You Are the Placebo*, as well as *Breaking the Habit of Being Yourself* and *Evolve Your Brain*. *Becoming Supernatural* draws on epigenetics, quantum physics & neuroscience research conducted at his advanced workshops since 2012 to explore how common people are doing the uncommon to transform their consciousness, mindset, and beliefs to heal and live SUPERNATURAL lives. *Becoming Supernatural* marries some of the most profound scientific information with ancient spiritual wisdom to show how people like you and me can experience a more mystical life. Readers will learn that we are, quite literally supernatural by nature if given the proper knowledge and instruction, and when we learn how to apply that information through various healing meditations, we should experience a greater expression of our creative abilities. We have the capacity to tune in to frequencies beyond our material world and receive more orderly coherent streams of consciousness and energy; that we can intentionally change our brain chemistry to initiate profoundly mystical transcendental experiences; and how, if we do this enough times, we can develop the skill of creating a more efficient, balanced, healthy body, a more unlimited mind, and greater access to the quantum field and the realms of spiritual truth. Topics include: • Demystifying the body's 7 energy centers and how you can balance them to heal • How to free yourself from the past by reconditioning your body to a new mind • How you can create reality in the generous present moment by changing your energy • The difference between third-dimension creation and fifth-dimension creation • The secret science of the pineal gland and its role in accessing mystical realms of reality • The distinction between Space-Time vs. Time-Space realities • And much more Chapters Include: Opening the Door to the Supernatural The Present Moment Tuning In to New Potentials in the Quantum Blessing of the Energy Centers Reconditioning the Body to a New Mind Case Studies: Living Examples of Truth Heart Intelligence Mind Movies/Kaleidoscope Walking Meditation Case Studies: Making It Real Space-Time and Time-Space The Pineal Gland Project Coherence: Making a Better World Case Studies: It Could Happen to You Using tools and disciplines ranging from cutting-edge physics to practical exercises such as a walking meditation, Dr. Joe offers nothing less than a proven program for stepping outside our physical reality and into the quantum field of infinite possibilities. "In a style that is simple, straightforward, and easy to understand, Dr. Joe Dispenza has woven into a single volume the paradigm-altering discoveries of quantum science and the deep teachings that adepts of the past dedicated their entire lifetimes to master." — Gregg Braden, New York Times best-selling author of *Human by Design* and *The Divine Matrix* "We can create better lives for ourselves—and that we are not linear beings living linear lives, but dimensional beings living dimensional lives. Hopefully, reading it will help you understand that you

already have all the anatomy, chemistry, and physiology you need to become supernatural sitting latent within you, waiting to be awakened and activated.” - Dr. Joe Dispenza New York Times best-selling author Researcher of epigenetics, quantum physics & neuroscience

Deep Truth

The Crisis:Best-selling author and visionary scientist Gregg Braden suggests that the hottest topics that divide us as families, cultures, and nations-seemingly disparate issues such as war, terrorism, abortion, genocide, poverty, economic collapse, climate change, and nuclear threats-are actually related. They all stem from a worldview based upon the false assumptions of an incomplete science.**The History:**The obsolete beliefs of our modern worldview have brought us to the brink of disaster and the loss of all that we cherish as a civilization. Our reluctance to accept new discoveries about our relationship to the earth, one another, and our ancient past keeps us locked into the thinking that has led to the crises threatening our lives today.**The Facts:**The scientific method allows for, and expects, new information to be revealed and assimilated into our existing beliefs. It's the updating of scientific knowledge with the new facts from new discoveries that is the key to keeping science honest, current, and meaningful.To continue teaching science that is not supported by the new discoveries-ones based upon accepted scientific methods-is not, in fact, scientific. But this is precisely what we see happening in traditional textbooks, classrooms, and mainstream media today.**The Opportunity:**Explore for yourself the discoveries that change 150 years of scientific beliefs, yet are still not reflected in mainstream thinking, including:• Evidence of advanced, near-ice age civilizations• The origin of, and reasons for, war in our ancient past, and why it may become obsolete in our time• The false assumptions of human evolution and of the Darwinian theory "Let the strongest live and the weakest die" and how this plays out in corporations, societies, warfare, and civilization todayDeep Truth reveals new discoveries that change the way we think about everything from our personal relationships to civilization itself. When the facts become clear, our choices become obvious.

Spontaneous Evolution

We've all heard stories of people who've experienced seemingly miraculous recoveries from illness, but can the same thing happen for our world? According to pioneering biologist Bruce H. Lipton, it's not only possible, it's already occurring. In *Spontaneous Evolution*, this world-renowned expert in the emerging science of epigenetics reveals how our changing understanding of biology will help us navigate this turbulent period in our planet's history and how each of us can participate in this global shift. In collaboration with political philosopher Steve Bhaerman, Dr. Lipton invites readers to reconsider: •the "unquestionable" pillars of biology, including random evolution, survival of the fittest, and the role of DNA; •the relationship between mind and matter; •how our beliefs about nature and human nature shape our politics, culture, and individual lives; and •how each of us can become planetary "stem cells" supporting the health and growth of our world.By questioning the old beliefs that got us to where we are today and keep us stuck in the status quo, we can trigger the spontaneous evolution of our species that will usher in a brighter future. .

The Science of Self-Empowerment

New in paperback (originally published as *Human by Design*): At the cutting edge of science and spirituality, New York Times best-selling author Gregg Braden explains that evolution is not the whole story of humanity--and offers a new understanding of our origins that can help us tap the extraordinary abilities we already have. What would it mean to discover we're designed to live extraordinary lives of self-healing, longevity, and deep intuition? Is it possible that the advanced awareness achieved by monks, nuns, and mystics--considered rare in the past--is actually meant to be a normal part of our daily lives? In this revelatory book, now available for the first time in paperback, five-time New York Times best-selling author and 2018 Templeton Award nominee Gregg Braden explains that we no longer need to ask these questions as "What if?" Recent discoveries ranging from human evolution and genetics to the new science of neuro-cardiology (the bridge between the brain and the heart) have overturned 150 years of thinking when it comes to the way we think of ourselves, our origin, and our capabilities. In this reader-friendly journey of discovery, Braden begins with the fact that we exist as we do, even more empowered, and more connected with ourselves and the world than scientists have believed in the past. It's this undisputable fact that leads to even deeper mysteries. "How do we awaken the extraordinary abilities that come from such an awesome connection?" "What role does our ancient and mysterious heritage play in our lives today?" Join Gregg as he crosses the traditional boundaries of science and

spirituality to answer precisely these questions. In doing so he reveals a) specific tools, techniques, and practices to awaken our deep intuition on-demand, for self healing and longevity; and 2) concrete solutions to the social issues that are destroying our families and dividing us as people, including the bullying of young people, hate crimes, the growing epidemic of suicide, religious extremism, and more. When new discoveries prove that the existing human story is no longer based in fact, it's time to change the story. This simple truth is at the heart of the book you're about to read.

Awakening to Zero Point

In this compelling exploration of life, Gregg Braden merges the modern discoveries of nature's patterns (fractals) with the ancient view of a cyclic universe. The result is a powerful model of time—fractal time—and a realistic window into what we can expect for the mysterious year 2012 . . . and beyond. Applying fractal time to the history of the world and life, he proposes that everything from the war and peace between nations to the patterns of human relationships mirror the returning cycles of our past. As each cycle repeats, it carries a more powerful, amplified version of itself. The key: If you know where to look in the past, you know what to expect when the same conditions return in the present and future. For the first time in print, the Time Code Calculator gives you the tool to do just that! Through easy-to-understand science and step-by-step instructions, discover for yourself: • How the conditions for 2012 have occurred in the past, and what we can expect when they repeat! • The “hot dates” that hold the greatest threats of war and greatest opportunities for peace, as well as economic cycles such as the stock market collapse of 2008! • How Earth's location in space triggers cycles of spiritual growth for humans! • Your personal Time Codes for the key events of business, relationships, and change in your life! • How each cycle carries a window of opportunity—a choice point—that allows us to select a new outcome for the returning pattern! • What the 1999 ice cores from Antarctica reveal about past cycles of climate, global warming, Earth's protective magnetic fields, and what these things mean for us today!

Walking Between the Worlds

SECRETS OF SUCCESS Are you inspired by the Laws of Attraction yet not quite sure how to use their power in your life? Well, you're not alone! This life-changing book reveals the truth about how your consciousness and energy really work in the world. It's your full life force - not just your individual intention - that creates results. This uniquely holistic approach unlocks your quantum psychology - the deeper vibrations of your thoughts and feelings - and offers the keys that will open you up to a future of abundance and joy. You will also tap into one of the best-kept secrets of success - your connection with the presence and energy of Spirit! Learn how to sharpen your intuition and work with your divine experts, messengers, and creative advisors. Discover dozens of simple ways to access the talent of the ages and align your own energy field with the driving force of the cosmos. The world of endless possibilities is awaiting you. Now is your moment of destiny creation!

Fractal Time

Masaru Emoto's 15 extensive years of study on water has given him the background to discuss what water is, how it has been implicated in the creation of the universe, and why a perfect ratio of Love and Gratitude can help this energy can go on infinitely. This fascinating book explains how our prayers, goodwill, and positive words heal us humans—as well as viruses and the universe as a whole—through water. Dr. Emoto explains that the fact that water has lost its true form shows that our way of living has moved away from God's will, so we should be aware of our Creator's alert to "correct the way we are living now." The information in this work is an important step in revealing how we can modify our way of living to bring about true peace on earth.

Secrets of Success

"What we send out into the universe comes back to us, magnified. Although the power of intention--the energy of positive thoughts--is widely accepted as an influential force in transforming lives, the exponential power of group intention has never been explored, until now. In [this book], Lynne McTaggart, an expert on the science of spirituality, reveals her ... findings from ten years of experiments about how group intention can heal our lives--and change the world for the better"--

Messages from Water and the Universe

A comprehensive manual for using crystals, gems, and stones to address physical, emotional, and spiritual health conditions • Includes an extensive Materia Medica detailing the healing and spiritual properties of 200 crystals and stones based on Classical Chinese Medicine • Explores the role played by the color of each stone, its Yin and Yang qualities, crystalline structure, chemical composition, and topical and internal applications • Explains how to make stone and crystal elixirs, wear stones as healing jewelry, use them in massage and energy work, and cleanse and recharge them • Based on the oral teachings of Dr. Jeffrey C. Yuen, a Taoist priest from the ancient lineage of the Jade Purity School (88th generation) masters In addition to herbalism and acupuncture, Chinese Medicine has a rich tradition of using stones as medicine, passed from generation to generation for thousands of years. In this comprehensive guide and extensive Materia Medica, Leslie J. Franks presents the Stone Medicine teachings of Dr. Jeffrey C. Yuen, an 88th generation Taoist priest from the ancient lineage of the Jade Purity School, which dates to the Han dynasty, 206 BCE. Detailing the therapeutic properties of 200 gems, stones, minerals, and crystals, Franks begins with an extensive look at 15 different forms of quartz, followed by chapters on transformative stones, protective stones, nourishing stones, source energy stones, and alchemical stones. She explains the physical, emotional, and spiritual conditions each stone can treat and how their color, form, hardness, and energetic qualities affect us according to Chinese Medicine. She discusses how to make stone and crystal elixirs for internal and topical use, how to charge quartz with the healing properties of other stones, how to cleanse and recharge a stone after use, and how to combine stones to create healing formulas for individual conditions. She explains different techniques of wearing stones as healing jewelry and how to use them in massage and energy work. She examines the chemistry and sacred geometry of crystal structure, revealing how the minerals contained in the stones affect our physiology by supporting our Jing (Essence); by nourishing Qi (energy), blood, and fluids; and by clearing Wind, Cold, Damp, and Heat conditions that can lead to disease. Including a thorough primer on Traditional Chinese Medicine and backed by modern scientific research, this book explains how stones access our deepest layers, vibrating ever so slowly, to initiate deep lasting change.

The Power of Eight

Based on over 45 years of research, BioGeometry Signatures are linear diagrams that help balance the subtle energy of body organs. The organ subtle energy patterns are accessed through BioGeometry Signatures placed externally in the body's energy fields to create a connection through Resonance of Shape. "This is a book that will change the way you think about your body and your health. It shows that we are not separate from the shapes, angles and proportions that surround us all the time, and that these shapes create energetic patterns that can introduce equilibrium and harmony into our own biological makeup. This is a modern science of energy balancing that provides the key to the hidden ancient knowledge of great civilizations. With BioGeometry, Dr. Ibrahim Karim has demonstrated how powerful simple shapes can be in altering the functioning of our physical, mental, and spiritual worlds. This has been frequently demonstrated in architectural and design projects, environmental balancing solutions including the mitigation of the effects of electro-pollution and geopathic stress, in health and wellness projects, and in the efforts of individuals in their personal spiritual development. In this book on BioGeometry Signatures, once again you see how powerful certain carefully created shapes can be in altering the physical functioning of organ systems, in supporting healing, and in changing physical and mental states. Work with them, let them touch you, and feel how they can assist you in your own search for harmony." Michael J. Maley, Ph.D. Instructor in BioGeometry

Stone Medicine

Martin Gardner's Mathematical Games columns in Scientific American inspired and entertained several generations of mathematicians and scientists. Gardner in his crystal-clear prose illuminated corners of mathematics, especially recreational mathematics, that most people had no idea existed. His playful spirit and inquisitive nature invite the reader into an exploration of beautiful mathematical ideas along with him. These columns were both a revelation and a gift when he wrote them; no one--before Gardner--had written about mathematics like this. They continue to be a marvel. This volume is a collection of Irving Joshua Matrix columns published in the magazine from 1960-1980. There were several collections of Dr. Matrix, the first in 1967; they were revised as Gardner reconnected with the good doctor over the years. This is the 1985 Prometheus Books edition and contains all the Dr. Matrix columns from the magazine.

BioGeometry Signatures

Learn how to energize and enhance your well-being on every level—physical, emotional, and spiritual—through hands-on exercises and guided meditations that provide direct experience with sound. As a therapeutic and transformative branch of energy medicine, sound healing offers powerful tools to tune up your health and wellness. Presenting a clear and solid foundation of core concepts, *Sound Healing for Beginners* shows how to apply innovative sound techniques to your daily life in order to balance your energy and manifest personal improvement. With chapters covering focused listening, the energetics of breathwork, activating your unique resonances and energy centers through vocal toning, using sound as a creative force for manifestation, and more, this accessible guide will help you harmonize your life with the remarkable benefits of sound healing.

The Magic Numbers of Dr. Matrix

Publisher's Note: A new edition has replaced this book under the title *Subtle Energy Work*, ISBN 9781637480083. A unique guide to principles, practices, and exercises that help you access your energy awareness and live a more empowered life. Learning to consciously interact in the domain of subtle energy is the next step in personal and planetary transformation. *The Path of Energy* is a unique handbook of principles, practices and exercises to help you access your energy awareness and live a more empowered life. In the book are 13 meditations that activate patterns of light within your energy body to awaken specific abilities and levels of awareness. Each meditation includes benefits and purpose, step-by-step written directions augmented with line drawings, and an interpretive illustration of the completed energy pattern. Subtle energy is more than life force; it is the substance of reality and the vehicle of consciousness. Your body is wired to navigate this domain. You are equipped with everything needed to engage the world of energy and creatively change your life. You simply need to remember how. *The Path of Energy* is a guide to living with expanded consciousness. Included are techniques that build energy awareness and use this skill to deepen your spiritual path, intimacy in relationships, align with earth energy, clear space, create protection, manifest goals, facilitate healing, and more.

Sound Healing for Beginners

In *Get a PhD in YOU: A Course in Miraculous Self-Discovery*, you will begin to excavate a more extraordinary version of you. Get ready for a transformative journey. It's time to uncover your full potential, your 'you-est you' and say yes to yourself.

The Path of Energy

"I believe that the discoveries in this book can change our understanding of how we store emotional experiences and in so doing, change our lives. The Emotion Code has already changed many lives around the world, and it is my hope that millions more will be led to use this simple tool to heal themselves and their loved ones."—Tony Robbins In this newly revised and expanded edition of *The Emotion Code*, renowned holistic physician and lecturer Dr. Bradley Nelson skillfully lays bare the inner workings of the subconscious mind. He reveals how emotionally-charged events from your past can still be haunting you in the form of "trapped emotions"—emotional energies that literally inhabit your body. These trapped emotions can fester in your life and body, creating pain, malfunction, and eventual disease. They can also extract a heavy mental and emotional toll on you, impacting how you think, the choices that you make, and the level of success and abundance you are able to achieve. Perhaps most damaging of all, trapped emotional energies can gather around your heart, cutting off your ability to give and receive love. *The Emotion Code* is a powerful and simple way to rid yourself of this unseen baggage. Dr. Nelson's method gives you the tools to identify and release the trapped emotions in your life, eliminating your "emotional baggage," and opening your heart and body to the positive energies of the world. Filled with real-world examples from many years of clinical practice, *The Emotion Code* is a distinct and authoritative work that has become a classic on self-healing.

Get a PhD in YOU

Seventeen hundred years ago, key elements of our ancient heritage were lost, relegated to the esoteric traditions of mystery schools and sacred orders. Among the most empowering of the forgotten elements are references to a science with the power to bring everlasting healing to our bodies and initiate an unprecedented era of peace and cooperation between governments and nations. In his groundbreaking new book, *The Isaiah Effect*, Gregg Braden turns to the Isaiah Scroll, perhaps the most important of the

Dead Sea Scrolls discovered in 1946, to offer insight into a powerful form of ancient prayer. In *The Isaiah Effect*, Braden, author of *Awakening to Zero Point* and *Walking Between the Worlds*, combines research in quantum physics with the works of the prophet Isaiah and the ancient Essenes. He demonstrates how prophecies of global catastrophe and suffering may only represent future possibilities, rather than forecast impending doom, and that we have the power to influence those possibilities. In addition to describing multiple futures, the Isaiah texts take us one step further, clearly describing the science of how we choose our futures. Tracing key words of Isaiah's text back to their original language, we discover how he taught a mode of prayer that was lost to the West during Biblical editing in the fourth century. Braden offers detailed accounts of how elements of this mode of prayer have been applied in a variety of situations, ranging from healing life-threatening conditions to entire villages using collective prayer to prevail during the 1998 fires in southern Peru. In each instance, the correlation between the offering of the prayer and a shift of the events in question was beyond coincidence--the prayers had measurable effects! As modern science continues to validate a relationship between our outer and inner worlds, it becomes more likely that a forgotten bridge links the world of our prayers with that of our experience. Each time we engage ourselves, our loved ones, and our communities with Isaiah's life-affirming message of hope, we secure nothing less than our future and the future of the only home we know.

The Emotion Code

Is it possible to heal by thought alone—without drugs or surgery? The truth is that it happens more often than you might expect. In *You Are the Placebo*, Dr. Joe Dispenza shares numerous documented cases of those who reversed cancer, heart disease, depression, crippling arthritis, and even the tremors of Parkinson's disease by believing in a placebo. Similarly, Dr. Joe tells of how others have gotten sick and even died the victims of a hex or voodoo curse—or after being misdiagnosed with a fatal illness. Belief can be so strong that pharmaceutical companies use double- and triple-blind randomized studies to try to exclude the power of the mind over the body when evaluating new drugs. Dr. Joe does more than simply explore the history and the physiology of the placebo effect. He asks the question: "Is it possible to teach the principles of the placebo, and without relying on any external substance, produce the same internal changes in a person's health and ultimately in his or her life?" Then he shares scientific evidence (including color brain scans) of amazing healings from his workshops, in which participants learn his model of personal transformation, based on practical applications of the so-called placebo effect. The book ends with a "how-to" meditation for changing beliefs and perceptions that hold us back—the first step in healing. *You Are the Placebo* combines the latest research in neuroscience, biology, psychology, hypnosis, behavioral conditioning, and quantum physics to demystify the workings of the placebo effect . . . and show how the seemingly impossible can become possible.

The Isaiah Effect

Incorporating systems theory, teachings from mythology and religions, and the human sciences, *The World Peace Diet* presents the outlines of a more empowering understanding of our world, based on a comprehension of the far-reaching implications of our food choices and the worldview those choices reflect and mandate. The author offers a set of universal principles for all people of conscience, from any religious tradition, that they can follow to reconnect with what we are eating, what was required to get it on our plate, and what happens after it leaves our plates.

You Are the Placebo

Neville Goddard was one of the most gifted and yet most underrated spiritualists and mystics of his time. His books "Power of Awareness" or "Prayer – The Art of Believing" belong to the best books spiritual readers can find. This book is concerned with the art of realizing your desire. It gives you an account of the mechanism used in the production of the visible world. It is a small book but not slight. There is a treasure in it, a clearly defined road to the realization of your dreams. Were it possible to carry conviction to another by means of reasoned arguments and detailed instances, this book would be many times its size. It is seldom possible, however, to do so by means of written statements or arguments since to the suspended judgment it always seems plausible to say that the author was dishonest or deluded, and, therefore, his evidence was tainted. Consequently, I have purposely omitted all arguments and testimonials, and simply challenge the open-minded reader to practice the law of consciousness as revealed in this book. Personal success will prove far more convincing than all the books that could be written on the subject.

The World Peace Diet

"Doc Childre's writing is eloquent, his wisdom is profound, and his easy way of communicating makes this book a treasure. His colleagues present the energy of the heart in the safety of a scientific context that invites us again and again to move beyond it." -- Gary Zukav, author *The Seat of the Soul* and *The Dancing Wu Li Masters*

Heart Intelligence, Connecting with the Intuitive Guidance of the Heart provides readers with a new, high definition picture of the energetic heart as a unifying, creative, intuitive intelligence that we can learn to draw on for moment to moment guidance. *Heart Intelligence* links the physical heart to the spiritual (energetic) heart. Through its extensive communication with the brain and body, the heart is intimately involved in how we think, feel, and respond to the world. Expanding on their breakthrough book, *The HeartMath Solution*, the authors offer heart-based techniques and guidelines for living from the heart, which connects the puzzle pieces of our purpose and fulfillment. The book provides information and simple practices for accessing our heart's intuitive guidance to connect with our highest choices for better outcomes. Our choices are especially important through these changing times because they constantly create or disrupt our peace, happiness and self-security. Our thoughts and feelings influence the chemistry that regulates much of our health -- how we feel, for better or worse. Our thoughts, feelings, emotions and attitudes are just frequencies that we can learn to change -- once we put our heart into our intention. *Heart Intelligence* provides practices to replace fear with the attitude of intelligent concern (managed concern) which leaves us in charge and more attuned to intuitive direction. We learn the benefits of practicing simple coherence techniques a few times a day for boosting resilience and emotional balance; making appropriate choices; and clearing our mind from anxiety or overwhelm when needed. It is through deepening our heart intelligence, coherence and connection that humanity will be able to shift from separation to cooperation resulting in higher solutions to our personal and global problems

Feeling Is The Secret

The Artificial Intelligence fueled transition toward smart cities and network societies has tremendous impact on the future of humanity. The current narrative of smart cities and data enabled urban systems totally leaves out the components of human experience, feelings, emotions and real human relationships. However, what makes a city smart, is the degree and quality of human connections and social cohesion that individuals feel. Cities are more than just objects, buildings and fixed entities. They are about people and networks that encompass system of life as a whole. In turn, people's behaviour shapes sustainability, resilience and inclusivity of the future of cities. This Manifesto for the future design of smart cities explores the existing ethos of practice of smart cities around the world. Combining Eastern philosophies of change and a Western analytical scientific lens with the notion of the Internet of People and the Internet of We, in parallel to the utilitarian Internet of Things, Dr. Shima Beigi calls for a paradigm shift in this rapidly growing area of smart cities.

Heart Intelligence: Connecting with the Intuitive Guidance of the Heart

Mindful Smart Cities