Summoning My Inner Ballerina Balancing Love And Loss Family And Friends Life And Politics

#inner ballerina #love and loss #family and friends #life and politics #personal resilience

Explore the profound journey of embodying your inner ballerina, navigating the delicate balance between profound love and deep loss. This narrative delves into the essential roles of family and friends while exploring the intricate interplay between personal life and broader political landscapes, discovering themes of grace, resilience, and the continuous art of finding harmony amidst life's multifaceted challenges.

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Summoning My Inner Ballerina

This is an exceptional memoir. Paula shares details of a life fully lived. As in each and every life, there are ups and downs. The key is to find a way to get through each chapter, each hurdle, and each experience whether positive or negative. Paula shares her special way of getting through them. As a young girl, Paula took ballet lessons. At her recital, a photo is taken of her in all of her glory. It is the only childhood picture of her by herself, without siblings. This picture epitomizes the Inner Ballerina of Paula, her inner beauty, poise, strength, and confidence. While we each do not have an Inner Ballerina, we do each find a way to cope when necessary. It is calling upon this inner self that allows Paula to cope with the many things she must face throughout her life. From a tragic fire, cancer of first herself then her husband, a serious illness of a child, to many other life experiences, Paula calls upon her Inner Ballerina. Paula writes with heart and with humour. I love this memoir and admire Paula for her strength and honesty.

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My Inner Ballerina

In a follow-up to her 2012 memoir, "Summoning My Inner Ballerina: Balancing Love and Loss, Family and Friends, Life and Politics," author Paula Mack Smith explores her rocky journey as she navigates through the deaths of two of her closest family members. The first was the unexpected death of her brother Warren, just a few months after the publication of her memoir. The second was that of her older son, Michael, six months later. Both deaths left her floundering in her grief, the ballerina temporarily toppled, heart-broken and spent. It was only through writing and sharing her memories and stories in black and white that she could begin to come to terms with those tragedies and regain a semblance of her former optimism. By learning to concentrate on "what remains" instead of what was lost, the little ballerina found her will to continue onward. By sharing her painful journey, the author hopes to help others do likewise. To see that there is, after all, light at the end of the tunnel and joy following terrible losses.

Dark Age

SUNDAY TIMES BESTSELLER ***The explosive fifth novel in the Red Rising Series*** The Number One New York Times bestselling author of Morning Star returns to the Red Rising universe with the thrilling seguel to Iron Gold. He broke the chains Then broke the world.... A decade ago Darrow led a revolution, and laid the foundations for a new world. Now he's an outlaw. Cast out of the very Republic he founded, with half his fleet destroyed, he wages a rogue war on Mercury. Outnumbered, outgunned but not out thought. Is he still the hero who broke the chains? Or will he become the agent of the world's destruction? Is it time for another legend to take his place? Lysander au Lune, the displaced heir to the old empire, has returned to the Core. First he must survive Gold backstabbing, then Darrow. Will he bring peace to mankind at the edge of his sword? And on Luna, Mustang, the embattled sovereign of the Republic, must save both democracy and her exiled husband millions of kilometres away. The only thing certain in the Solar System is treachery. And that the Rising is entering a new Dark Age. PRAISE FOR THE RED RISING SERIES: 'Pierce Brown's empire-crushing debut is a sprawling vision ... Ender, Katniss, and now Darrow' - Scott Sigler, New York Times bestselling author of Pandemic '[A] top-notch debut novel . . . Red Rising ascends above a crowded dystopian field' - USA Today '[A] spectacular adventure . . . one heart-pounding ride . . . Pierce Brown's dizzyingly good debut novel evokes The Hunger Games, Lord of the Flies, and Ender's Game. . . . [Red Rising] has everything it needs to become meteoric' - Entertainment Weekly

Together We Burn

This is a newly revised and updated paperback edition of the former Conservative Party Treasurer's personal account of his battle over unsubstantiated claims concerning his business affairs which culminated in a libel action against "The Times" newspaper. The book reveals the dirty tricks that were used to destabilise the Conservative Party, including the newspaper's alleged bribery of US government officials, and the abuse of parliamentary privileges by New Labour MPs. This is Lord Ashcroft's compelling account of the attacks on his reputation by New Labour spin-doctors out to slander the Conservative Party and journalists seeking to create a story. This new edition also sheds new light on Michael Ashcroft's private life; his childhood and love of Belize, his business career and his many and varied interests.

Dirty Politics, Dirty Times

When Misty Copeland first placed her hands on the ballet barre at an after-school community centre, no one expected the undersized, underprivileged and anxious thirteen-year-old to become one of America's most groundbreaking dancers. A true prodigy, she was attempting in months roles that take most dancers years to master. But when Misty became caught between the control and comfort she found in the world of ballet and the harsh realities of her own life, she had to choose to embrace both her identity and her dreams, and find the courage to be one of a kind. In this instant New York Times bestseller, Misty Copeland tells the story of her historic journey to become the first African-American principal ballerina at the prestigious American Ballet Theatre. With an insider's passion, Misty opens a window into the life of an artist who lives life centre stage, from behind the scenes at her first classes to her triumphant roles in some of the world's most iconic ballets. Life in Motion is a story of passion, identity and grace for anyone who has dared to dream of a different life.

Life in Motion

The Meaning of Success: Insights from Women at Cambridge makes a compelling case for a more inclusive definition of success. It argues that in order to recognise, reward and realise the talents of both women and men, a more meaningful definition of success is needed. Practical ways of achieving this are explored through interviews with female role models at the University of Cambridge. First-person stories bring alive the achievements and challenges women experience in their working lives, and the effect gender has on careers. The book stimulates a debate about how to bring about a more inclusive working environment.

The Meaning of Success

A resource for daughters of mothers with narcissistic personality disorder explains how to manage feelings of inadequacy and abandonment in the face of inappropriate maternal expectations and conditional love, in a step-by-step guide that shares recommendations for creating a personalized program for self-protection and recovery. 50,000 first printing.

Will I Ever be Good Enough?

WINNER OF THE NOBEL PRIZE IN LITERATURE A woman haunted by dreams of her dead mother. An adulterous couple stepping over the line where the initial excitement ends and the pain begins. A widow visiting a Scottish village in search of her husband's past - and instead discovering unsettling truths about a total stranger. The ten stories in this collection not only astonish and delight but also convey the unspoken mysteries at the heart of all human experience.

Friend of My Youth

The Big Green Tent epitomizes what we think of when we imagine the classic Russian novel. With epic breadth and intimate detail, Ludmila Ulitskaya's remarkable work tells the story of three school friends who meet in Moscow in the 1950s and go on to embody the heroism, folly, compromise, and hope of the Soviet dissident experience. These three boys—an orphaned poet; a gifted, fragile pianist; and a budding photographer with a talent for collecting secrets—struggle to reach adulthood in a society where their heroes have been censored and exiled. Rich with love stories, intrigue, and a cast of dissenters and spies, The Big Green Tent offers a panoramic survey of life after Stalin and a dramatic investigation into the prospects for individual integrity in a society defined by the KGB. Each of the central characters seeks to transcend an oppressive regime through art, a love of Russian literature, and activism. And each of them ends up face-to-face with a secret police that is highly skilled at fomenting paranoia, division, and self-betrayal. A man and his wife each become collaborators, without the other knowing; an artist is chased into the woods, where he remains in hiding for four years; a researcher is forced to deem a patient insane, damning him to torture in a psychiatric ward. Ludmila Ulitskaya's novel belongs to the tradition of Dostoevsky, Tolstoy, and Pasternak: it is a work consumed with politics, love, and belief—and a revelation of life in dark times.

The Big Green Tent

An illustrated exploration of fandom that combines academic essays with artist pages and experimental texts. Fandom as Methodology examines fandom as a set of practices for approaching and writing about art. The collection includes experimental texts, autobiography, fiction, and new academic perspectives on fandom in and as art. Key to the idea of "fandom as methodology" is a focus on the potential for fandom in art to create oppositional spaces, communities, and practices, particularly from queer perspectives, but also through transnational, feminist and artist-of-color fandoms. The book provides a range of examples of artists and writers working in this vein, as well as academic essays that explore the ways in which fandom can be theorized as a methodology for art practice and art history. Fandom as Methodology proposes that many artists and art writers already draw on affective strategies found in fandom. With the current focus in many areas of art history, art writing, and performance studies around affective engagement with artworks and imaginative potentials, fandom is a key methodology that has yet to be explored. Interwoven into the academic essays are lavishly designed artist pages in which artists offer an introduction to their use of fandom as methodology. Contributors Taylor J. Acosta, Catherine Grant, Dominic Johnson, Kate Random Love, Maud Lavin, Owen G. Parry, Alice Butler, SooJin Lee, Jenny Lin, Judy Batalion, Ika Willis. Artists featured in the artist pages Jeremy Deller, Ego Ahaiwe Sowinski, Anna Bunting-Branch, Maria Fusco, Cathy Lomax, Kamau Amu Patton, Holly Pester,

Dawn Mellor, Michelle Williams Gamaker, The Women of Colour Index Reading Group, Liv Wynter, Zhiyuan Yang

Hard Times

'Brilliant...wild and exhilarating' New Yorker Sgt Raymond Shaw is a hero of the first order. He's an ex-prisoner of war who saved the life of his entire outfit, a winner of the Congressional Medal of Honor, the stepson of an influential senator...and the perfect assassin. Brainwashed during his time as a POW he is a 'sleeper', a living weapon to be triggered by a secret signal. He will act without question, no matter what order he is made to carry out. To stop Shaw, his former commanding officer must uncover the truth behind a twisted conspiracy of torture, betrayal and power that will lead both to the highest levels of the government. - and to Shaw's own past...

Fandom as Methodology

Since My Life was first published it has been regarded as a unique political, literary and human document. Written in the first year of Trotsky's exile in Turkey, it contains the earliest authoritative account of the rise of Stalinism and the expulsion of the Left Opposition, who heroically fought for the ideas and traditions of Lenin. Trotsky's exile is the culmination of a narrative which moves from his childhood, his education in the "universities" of Tsarist prisons, Siberia and then foreign exile - to his involvement in the European revolutionary movement and his central role in the tempestuous 1905 revolution and the Bolshevik victory in October 1917 and the civil war which followed. The work concludes with his deportation and exile. With an introduction by Alan Woods and a preface by Trotsky's grandson, Vsievolod Volkov.

The Manchurian Candidate

WITH INTRODUCTIONS BY JEANETTE WINTERSON AND GILLIAN BEER The Waves is an aston-ishingly beautiful and poetic novel. It begins with six children playing in a garden by the sea and follows their lives as they grow up and experience friendship, love and grief at the death of their beloved friend Percival. Regarded by many as her greatest work, The Waves is also seen as Virginia Woolf's response to the loss of her brother Thoby, who died when he was twenty-six. The Vintage Classics Virginia Woolf series has been curated by Jeanette Winterson, and the texts used are based on the original Hogarth Press editions published by Leonard and Virginia Woolf.

My Life

Palestine, 1948. A mother clutches her six-month-old son as Israeli soldiers march through the village of Ein Hod. In a split second, her son is snatched from her arms and the fate of the Abulheja family is changed forever. Forced into a refugee camp in Jenin and exiled from the ancient village that is their lifeblood, the family struggles to rebuild their world. Their stories unfold through the eyes of the youngest sibling, Amal, the daughter born in the camp who will eventually find herself alone in the United States; the eldest son who loses everything in the struggle for freedom; the stolen son who grows up as an Israeli, becoming an enemy soldier to his own brother. Mornings in Jenin is a devastating novel of love and loss, war and oppression, and heartbreak and hope, spanning five countries and four generations of one of the most intractable conflicts of our lifetime.

The Waves

The Brothers Karamazov, also translated as The Karamazov Brothers, is the final novel by the Russian author Fyodor Dostoyevsky. Dostoyevsky spent nearly two years writing The Brothers Karamazov, which was published as a serial in The Russian Messenger and completed in November 1880. The author died less than four months after its publication. The Brothers Karamazov is a passionate philosophical novel set in 19th century Russia, that enters deeply into the ethical debates of God, free will, and morality. It is a spiritual drama of moral struggles concerning faith, doubt, judgement, and reason, set against a modernizing Russia, with a plot which revolves around the subject of patricide. Dostoyevsky composed much of the novel in Staraya Russa, which inspired the main setting. Since its publication, it has been acclaimed as one of the supreme achievements in world literature.

Mornings in Jenin

Winner of the Man Booker Prize By the author of The Handmaid's Tale and Alias Grace Laura Chase's older sister Iris, married at eighteen to a politically prominent industrialist but now poor and eighty-two, is living in Port Ticonderoga, a town dominated by their once-prosperous family before the First War. While coping with her unreliable body, Iris reflects on her far from exemplary life, in particular the events surrounding her sister's tragic death. Chief among these was the publication of The Blind Assassin, a novel which earned the dead Laura Chase not only notoriety but also a devoted cult following. Sexually explicit for its time, The Blind Assassin describes a risky affair in the turbulent thirties between a wealthy young woman and a man on the run. During their secret meetings in rented rooms, the lovers concoct a pulp fantasy set on Planet Zycron. As the invented story twists through love and sacrifice and betrayal, so does the real one; while events in both move closer to war and catastrophe. By turns lyrical, outrageous, formidable, compelling and funny, this is a novel filled with deep humour and dark drama.

The Brothers Karamazov

This is the story of LSD told by a concerned yet hopeful father, organic chemist Albert Hofmann, Ph.D. He traces LSD's path from a promising psychiatric research medicine to a recreational drug sparking hysteria and prohibition. In LSD: My Problem Child, we follow Dr. Hofmann's trek across Mexico to discover sacred plants related to LSD, and listen in as he corresponds with other notable figures about his remarkable discovery. Underlying it all is Dr. Hofmann's powerful conclusion that mystical experiences may be our planet's best hope for survival. Whether induced by LSD, meditation, or arising spontaneously, such experiences help us to comprehend "the wonder, the mystery of the divine, in the microcosm of the atom, in the macrocosm of the spiral nebula, in the seeds of plants, in the body and soul of people." More than sixty years after the birth of Albert Hofmann's problem child, his vision of its true potential is more relevant, and more needed, than ever.

New York Times Saturday Book Review Supplement

Diaspora & transnationalism are widely used concepts in academic & political discourses. Although originally referring to quite different phenomena, they increasingly overlap today. Such inflation of meanings goes hand in hand with a danger of essentialising collective identities. This book analyses this topic.

Enquiry Concerning Political Justice, and Its Influence on Morals and Happiness

The fascinating personal story of one of the most celebrated talents in today's music scene The star of the Metropolitan Opera's recent revival of Dvorak's Rusalka, soprano Renée Fleming brings a consummately beautiful voice, striking interpretive talents, and compelling artistry to bear on performances that have captivated audiences in opera houses and recital halls throughout the world. In The Inner Voice—a book that is the story of her own artistic development and the "autobiography" of her voice—this great performer presents a unique and privileged look at the making of a singer and offers hard-won, practical advice to aspiring performance artists everywhere. From her youth as the child of two singing teachers through her years at Juilliard, from her struggles to establish her career to her international success, The Inner Voice is a luminous, articulate, and candid self-portrait of a contemporary artist—and the most revelatory examination yet of the performing life.

The Blind Assassin

In "Watching The English" anthropologist Kate Fox takes a revealing look at the quirks, habits and foibles of the English people. She puts the English national character under her anthropological microscope, and finds a strange and fascinating culture, governed by complex sets of unspoken rules and byzantine codes of behaviour. The rules of weather-speak. The ironic-gnome rule. The reflex apology rule. The paranoid-pantomime rule. Class indicators and class anxiety tests. The money-talk taboo and many more ...Through a mixture of anthropological analysis and her own unorthodox experiments (using herself as a reluctant guinea-pig), Kate Fox discovers what these unwritten behaviour codes tell us about Englishness.

LSD, My Problem Child

Isela Vogel makes a living dancing for gods. When powerful necromancer Azrael enlists her to help find a killer she enters a world more dangerous--and magical--than she's ever known. And the one man she shouldn't trust is the only one who can get her out alive.

Diaspora and Transnationalism

A "magnificent and intimate" (Harper's) modern classic of Russian history, the spellbinding story of the love that ended an empire—from the Pulitzer Prize—winning author of Peter the Great, The Romanovs, and Catherine the Great "A moving, rich book . . . [This] revealing, densely documented account of the last Romanovs focuses not on the great events . . . but on the royal family and their evil nemesis. . . . The tale is so bizarre, no melodrama is equal to it."—Newsweek In this commanding book, New York Times bestselling author Robert K. Massie sweeps readers back to the extraordinary world of the Russian empire to tell the story of the Romanovs' lives: Nicholas's political naïveté, Alexandra's obsession with the corrupt mystic Rasputin, and little Alexis's brave struggle with hemophilia. Against a lavish backdrop of luxury and intrigue, Massie unfolds a powerful drama of passion and history—the story of a doomed empire and the death-marked royals who watched it crumble.

The Inner Voice

The sixtieth anniversary edition of Frantz Fanon's landmark text, now with a new introduction by Cornel West First published in 1961, and reissued in this sixtieth anniversary edition with a powerful new introduction by Cornel West, Frantz Fanon's The Wretched of the Earth is a masterfuland timeless interrogation of race, colonialism, psychological trauma, and revolutionary struggle, and a continuing influence on movements from Black Lives Matter to decolonization. A landmark text for revolutionaries and activists, The Wretched of the Earth is an eternal touchstone for civil rights, anti-colonialism, psychiatric studies, and Black consciousness movements around the world. Alongside Cornel West's introduction, the book features critical essays by Jean-Paul Sartre and Homi K. Bhabha. This sixtieth anniversary edition of Fanon's most famous text stands proudly alongside such pillars of anti-colonialism and anti-racism as Edward Said's Orientalism and The Autobiography of Malcolm X.

Watching the English

What human processes can one anticipate as part of becoming a psychotherapist? Professionals who have been involved in the creation, administration, and certification of clinical training programs in psychotherapy for many years offer rare insights into this question. This comprehensive book identifies salient research trends; explores the most important issues regarding the supervision process as seen through the eyes of skilled trainers and practitioners from the social work, psychology, and psychiatry disciplines; and discusses potential problems and opportunities involved in developing a professional identity within the helping professions. Making a lasting and significant contribution to the literature on psychotherapy training, this book will stimulate and challenge readers thinking about clinical training in mental health and aid their practice of therapy and therapy supervision.

Death's Dancer

An accessible child-centred story about self-acceptance and the importance of opening up to those closest to you. Becky and Josh are almost-twins, with two mums and the same anonymous donor dad. Josh can't wait until he's eighteen, the legal age when he can finally contact his donor, and he'll do anything to find out more - even if it involves lying. Becky can't stop thinking about her new friend, Carli. Could her feelings for Carli be a sign of something more? Becky and Josh both want their parents to be proud of them...but right now, they're struggling to even accept themselves. Praise for Sarah Hagger-Holt's debut, Nothing Ever Happens Here "A barrier-breaking, empathy-inducing story for all." LoveReading4Kids "I can't wait for kids to read it - it's a book a lot of people need right now." Jay Hulme, award-winning poet "Compassionate and sweet and full of people trying their best. Highly recommended." Robin Stevens "Pitch perfect as far as I'm concerned. I wish there'd been books like this in my day." Christine Burns MBE, British Political Activist

Nicholas and Alexandra

"Kiss & Tell is a total rush! Perfectly sweet and swoon worthy. I loved every page!" – Julie Murphy, New York Times bestselling author of Dumplin' A smart, sexy YA novel about a boy band star, his first breakup, his first rebound, and what it means to be queer in the public eye, from award-winning author

Adib Khorram Hunter never expected to be a boy band star, but, well, here he is. He and his band Kiss & Tell are on their first major tour of North America, playing arenas all over the United States and Canada (and getting covered by the gossipy press all over North America as well). Hunter is the only gay member of the band, and he just had a very painful breakup with his first boyfriend--leaked sexts, public heartbreak, and all--and now everyone expects him to play the perfect queer role model for teens. But Hunter isn't really sure what being the perfect queer kid even means. Does it mean dressing up in whatever The Label tells him to wear for photo shoots and pretending never to have sex? (Unfortunately, yes.) Does it mean finding community among the queer kids at the meet-and-greets after K&T's shows? (Fortunately, yes.) Does it include a new relationship with Kaivan, the drummer for the band opening for K&T on tour? (He hopes so.) But when The Label finds out about Hunter and Kaivan, it spells trouble—for their relationship, for the perfect gay boy Hunter plays for the cameras, and, most importantly, for Hunter himself.

The Wretched of the Earth

A #1 New York Times bestseller! Sarah J. Maas's brand-new CRESCENT CITY series begins with House of Earth and Blood: the story of half-Fae and half-human Bryce Quinlan as she seeks revenge in a contemporary fantasy world of magic, danger, and searing romance. Bryce Quinlan had the perfect life—working hard all day and partying all night—until a demon murdered her closest friends, leaving her bereft, wounded, and alone. When the accused is behind bars but the crimes start up again, Bryce finds herself at the heart of the investigation. She'll do whatever it takes to avenge their deaths. Hunt Athalar is a notorious Fallen angel, now enslaved to the Archangels he once attempted to overthrow. His brutal skills and incredible strength have been set to one purpose—to assassinate his boss's enemies, no questions asked. But with a demon wreaking havoc in the city, he's offered an irresistible deal: help Bryce find the murderer, and his freedom will be within reach. As Bryce and Hunt dig deep into Crescent City's underbelly, they discover a dark power that threatens everything and everyone they hold dear, and they find, in each other, a blazing passion—one that could set them both free, if they'd only let it. With unforgettable characters, sizzling romance, and page-turning suspense, this richly inventive new fantasy series by #1 New York Times bestselling author Sarah J. Maas delves into the heartache of loss, the price of freedom—and the power of love.

Clinical Training in Psychotherapy

From one of England's most celebrated writers, a funny and superbly observed novella about the Queen of England and the subversive power of reading When her corgis stray into a mobile library parked near Buckingham Palace, the Queen feels duty-bound to borrow a book. Discovering the joy of reading widely (from J. R. Ackerley, Jean Genet, and Ivy Compton-Burnett to the classics) and intelligently, she finds that her view of the world changes dramatically. Abetted in her newfound obsession by Norman, a young man from the royal kitchens, the Queen comes to question the prescribed order of the world and loses patience with the routines of her role as monarch. Her new passion for reading initially alarms the palace staff and soon leads to surprising and very funny consequences for the country at large. With the poignant and mischievous wit of The History Boys, England's best-loved author Alan Bennett revels in the power of literature to change even the most uncommon reader's life.

Proud of Me

The Pannion Domin is sweeping across the land, ravaging anything and anyone that refuses to heed the word of its elusive prophet, the Pannion Seer, and it is up to Dujek Onearm's Host and Whiskeyjack's veteran Bridgeburners to stop the Domin before the entire world is destroyed.

Kiss & Tell

Here is a book as joyous and painful, as mysterious and memorable, as childhood itself. I Know Why the Caged Bird Sings captures the longing of lonely children, the brute insult of bigotry, and the wonder of words that can make the world right. Maya Angelou's debut memoir is a modern American classic beloved worldwide. Sent by their mother to live with their devout, self-sufficient grandmother in a small Southern town, Maya and her brother, Bailey, endure the ache of abandonment and the prejudice of the local "powhitetrash." At eight years old and back at her mother's side in St. Louis, Maya is attacked by a man many times her age—and has to live with the consequences for a lifetime. Years later, in San Francisco, Maya learns that love for herself, the kindness of others, her own strong spirit, and the ideas of great authors ("I met and fell in love with William Shakespeare") will allow her to be free

instead of imprisoned. Poetic and powerful, I Know Why the Caged Bird Sings will touch hearts and change minds for as long as people read. "I Know Why the Caged Bird Sings liberates the reader into life simply because Maya Angelou confronts her own life with such a moving wonder, such a luminous dignity."—James Baldwin

House of Earth and Blood

A collection of devotional essays on working with Hekate.

The Uncommon Reader

A polemic against love that is "engagingly acerbic ... extremely funny.... A deft indictment of the marital ideal, as well as a celebration of the dissent that constitutes adultery, delivered in pointed daggers of prose" (The New Yorker). Who would dream of being against love? No one. Love is, as everyone knows, a mysterious and all-controlling force, with vast power over our thoughts and life decisions. But is there something a bit worrisome about all this uniformity of opinion? Is this the one subject about which no disagreement will be entertained, about which one truth alone is permissible? Consider that the most powerful organized religions produce the occasional heretic; every ideology has its apostates; even sacred cows find their butchers. Except for love. Hence the necessity for a polemic against it. A polemic is designed to be the prose equivalent of a small explosive device placed under your E-Z-Boy lounger. It won't injure you (well not severely); it's just supposed to shake things up and rattle a few convictions.

Memories of Ice (Malazan Book 3)

Hood offers a moving and remarkable memoir about the sudden death of a daughter, surviving grief, and learning to love again.

I Know Why the Caged Bird Sings

A fresh look at Anne of Cleves' life as a German noblewoman, and the Continental politics that affected her marriage. Did the doomed union really cause the fall and execution of Thomas Cromwell?

Hekate

Against Love

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