Diary How To Improve The World You Will Only Make Matters Worse

#world improvement strategies #making a difference guide #avoiding negative impact #ethical global change #social impact diary

Explore profound insights within this diary dedicated to world improvement strategies, offering a unique perspective on how to genuinely make a difference. Uncover practical approaches for positive global impact, alongside critical lessons on avoiding common pitfalls that could inadvertently make matters worse, ensuring your efforts lead to real, sustainable change.

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Diary

Composed over the course of 16 years, John Cage's Diary: How to Improve the World (You Will Only Make Matters Worse) is one of his most prescient and personal works. A repository of observations, anecdotes, obsessions, jokes and koan like stories, the diary registers Cage's assessment of the times in which he lived as well as his often uncanny predictions about the world we live in now. With a great sense of play as well as purpose, Cage traverses vast territory, from postwar music to Watergate, from domestic minutiae to ideas on how to feed the world. Typing on an IBM Selectric, Cage used chance operations to determine not only the word count and the application of various typefaces but also the number of letters per line, the patterns of indentation and--in the case of Part Three (published as a Great Bear pamphlet by Something Else Press)--color. The beautiful and unusual visual variances become almost musical as the physicality of the language on the page suggests the sonic. This first complete hardcover edition collects all eight parts Cage originally published in A Year from Monday, M and X. Coeditors Kraft and Biel have consulted these publications along with Cage's original manuscripts, and--with the Great Bear pamphlet as a guide--they have used chance operations to render the entire text in various combinations of red and blue as well as apply a set of 18 typefaces to the entire work. Composer, philosopher, writer and artist, John Cage (1912-92) is one of the most influential figures of the 20th century. A pioneer in extending the boundaries of music, often composing works through chance operations, Cage also had an extraordinary impact on dance, poetry, performance and visual art.

A Year from Monday

Includes lectures, essays, diaries and other writings, including "How to Improve the World (You Will Only Make Matters Worse)" and "Juilliard Lecture."

Silence

John Cage is the outstanding composer of avant-garde music today. The Saturday Review said of him: "Cage possesses one of the rarest qualities of the true creator- that of an original mind- and whether that originality pleases, irritates, amuses or outrages is irrelevant." "He refuses to sermonize or pontificate. What John Cage offers is more refreshing, more spirited, much more fun-a kind of carefree skinny-dipping in the infinite. It's what's happening now." —The American Record Guide "There is no such thing as an empty space or an empty time. There is always something to see, something to hear. In fact, try as we may to make a silence, we cannot. Sounds occur whether intended or not; the psychological turning in direction of those not intended seems at first to be a giving up of everything that belongs to humanity. But one must see that humanity and nature, not separate, are in this world together, that nothing was lost when everything was given away."

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Writings through John Cage's Music, Poetry, and Art

This volume looks at the creative work of the great avant-gardist John Cage from an exciting interdisciplinary perspective, exploring his activities as a composer, performer, thinker, and artist. The essays in this collection grew out of a pivotal gathering during which a spectrum of participants including composers, music scholars, and visual artists, literary critics, poets, and filmmakers convened to examine Cage's extraordinary artistic legacy. Beginning with David Bernstein's introductory essay on the reception of Cage's music, the volume addresses topics ranging from Cage's reluctance to discuss his homosexuality, to his work as a performer and musician, and his forward-looking, provocative experimentation with electronic and other media. Several of the essays draw upon previously unseen sketches and other source materials. Also included are transcripts of lively panel discussions among some of Cage's former colleagues. Taken together, this collection is a much-needed contribution to the study of one of the most significant American artists of the twentieth century.

Composition in Retrospect

A superb introduction to the work of John Cage, celebrated minimalist composer, who died in 1992, aged 79 years. Printed in the style requested by the author, this book summarises his major works in one volume.

Empty Words

Writings through James Joyce's Finnegan's Wake, Norman O. Brown, and "The Future of Music."

M

Mainly mesostics inspired by music, mushrooms, Marcel Duchamp, Merce Cunningham, Marshall McCluhan, etc. and includes "Mureau"-composed from the writings of Henry David Thoreau.

One of a series of experimental texts in which Cage tries "to find a way of writing which comes from ideas, is not about them, but which produces them," he attempts in X to create looser structures in both life and art, to free "my writing from my intentions."

Intermedia, Fluxus and the Something Else Press: Selected Writings by Dick Higgins

Dick Higgins and his Something Else Press epitomized the riotous art of the '60s There are few art-world figures as influential--and as little known--as Dick Higgins (1938-98), cofounder of Fluxus, "polyartist," poet, scholar, theorist, composer, performer and, not least, the publisher of the legendary Something Else Press. In 1965 he restored the term "intermedia" to the English language, giving it new dimension to recognize the dissolution of boundaries between traditional modes of art-making and the open field for new forms that cannot be compartmentalized. His own contributions to intermedia are many--as a participant and instigator of happenings, as writer and composer straddling traditional and vanguard forms, among others--but it was Something Else Press (1963-74) that redefined how "the book" could inhabit that energized, in-between space. Something Else Press was as much a critical statement and radical experiment as it was a collection of books by some of the most luminary artists and writers of the 20th century: Gertrude Stein, John Cage, Ray Johnson, Dieter Roth, Bern Porter, Ian Hamilton Finlay, Emmett Williams, Robert Filliou, and George Brecht, among many others. Along with his Great Bear Pamphlet series and the Something Else newsletter, Higgins exploited and subverted conventional book production and marketing strategies to get unconventional and avant-garde works into the hands of new and often unsuspecting readers. Edited by Granary Books publisher Steve Clay and Fluxus artist Ken Friedman, this judiciously curated and indispensable compendium of essays, theoretical writings and narrative prose dives deep into the ever-influential ideas that Higgins explored in theory and practice. Clay and Friedman have chosen works that illuminate Higgins' voracious intellectual appetite, encyclopedic body of knowledge and playful yet rigorous experimentation in a selection that includes many writings long out of print or difficult to find.

The Sense of an Ending

A monumental novel capturing how one man comes to terms with the mutable past. 'A masterpiece... I would urge you to read - and re-read ' Daily Telegraph **Winner of the Man Booker Prize for Fiction** Tony Webster and his clique first met Adrian Finn at school. Sex-hungry and book-hungry, they would navigate the girl-less sixth form together, trading in affectations, in-jokes, rumour and wit. Maybe Adrian was a little more serious than the others, certainly more intelligent, but they all swore to stay friends for life. Now Tony is retired. He's had a career and a single marriage, a calm divorce. He's certainly never tried to hurt anybody. Memory, though, is imperfect. It can always throw up surprises, as a lawyer's letter is about to prove.

The Extremely Embarrassing Life of Lottie Brooks

Lottie Brooks is 11 3D4 and her life is ALREADY officially over. Not only is she about to start high school without any friends or glamorous swooshy hair, she's just discovered she's too flat-chested to wear A BRA! She might as well give up now and go into hibernation with her hamsters Sir Barnaby Squeakington and Fuzzball the Third. Lottie navigates the perils of growing up in this fantastically funny new illustrated series for pre-teens filled with friendship, embarrassing moments and, of course, KitKat Chunkys. The first book in the hilarious new series for children by the bestselling creator of Hurrah For Gin. Perfect for fans of Angus, Thongs and Perfect Snogging and Dork Diaries. Praise for Lottie Brooks 'As the mother of a ten year old hoodie gamer girl, it is a joy to see the screens off. No amount of coaxing about the utter joy of a book had worked before, but Katie has managed to capture what this group think and feel in a positive, gently parent-mocking, life-affirming fashion.' Becci, Amazon 'My daughter is 12 and I cannot get her to read. However, I bought her a copy of The Extremely Embarrassing Life of Lottie Brooks . . . and she's hooked!' - Vickles, Mumsnet

Stockhausen Serves Imperialism and Other Articles

A notorious, influential and radical critique of the avant-garde music of Stockhausen and Cage, by maverick composer Cornelius Cardew Originally published in 1974, Stockhausen Serves Imperialism is a collection of essays by the English avant-garde composer Cornelius Cardew that provides a Marxist and class critique of two of the more revered composers of the postwar era: Karlheinz Stockhausen and John Cage. A former assistant to Stockhausen and an early champion of Cage, Cardew provides a cutting rebuke of the composers, their work and their ideological positions (Cage's staged anarchism

and Stockhausen's theatrical mysticism, in particular). Cardew considers the role of these composers and their works within the development of the 20th-century avant-garde, which he saw as reinforcing an imperialist order rather than spotlighting the struggles of the working class or spurring revolution against bourgeois oppression. Cardew's early works do not escape his own scrutiny, with the book containing critiques and repudiations of his canonical works from the 1960s and early 1970s: Treatise and The Great Learning. After abandoning the avant-garde, Cardew devoted his work to the people's struggle, creating music in service of his radical politics. This music mostly took the form of class-conscious arrangements of folk songs and melodic piano works with such titles as "Revolution is the Main Trend" and "Smash the Social Contract." Cardew maintained a critical cultural stance throughout his life, later going on to denounce David Bowie and punk rock as fascist. He was killed by a hit-and-run driver in 1981--a death that some speculate could have been an assassination by the English government's MI5. Supplementing Cardew's writings are two essays by his Scratch Orchestra collaborators Rod Eley and John Tilbury.

I Love Jesus, But I Want to Die

A compassionate, shame-free guide for your darkest days "A one-of-a-kind book . . . to read for yourself or give to a struggling friend or loved one without the fear that depression and suicidal thoughts will be minimized, medicalized or over-spiritualized."—Kay Warren, cofounder of Saddleback Church What happens when loving Jesus doesn't cure you of depression, anxiety, or suicidal thoughts? You might be crushed by shame over your mental illness, only to be told by well-meaning Christians to "choose joy" and "pray more." So you beg God to take away the pain, but nothing eases the ache inside. As darkness lingers and color drains from your world, you're left wondering if God has abandoned you. You just want a way out. But there's hope. In I Love Jesus, But I Want to Die, Sarah J. Robinson offers a healthy, practical, and shame-free guide for Christians struggling with mental illness. With unflinching honesty, Sarah shares her story of battling depression and fighting to stay alive despite toxic theology that made her afraid to seek help outside the church. Pairing her own story with scriptural insights, mental health research, and simple practices, Sarah helps you reconnect with the God who is present in our deepest anguish and discover that you are worth everything it takes to get better. Beautifully written and full of hard-won wisdom, I Love Jesus, But I Want to Die offers a path toward a rich, hope-filled life in Christ, even when healing doesn't look like what you expect.

Where the Heart Beats

A "heroic" biography of John Cage and his "awakening through Zen Buddhism"—"a kind of love story" about a brilliant American pioneer of the creative arts who transformed himself and his culture (The New York Times) Composer John Cage sought the silence of a mind at peace with itself—and found it in Zen Buddhism, a spiritual path that changed both his music and his view of the universe. "Remarkably researched, exquisitely written," Where the Heart Beats weaves together "a great many threads of cultural history" (Maria Popova, Brain Pickings) to illuminate Cage's struggle to accept himself and his relationship with choreographer Merce Cunningham. Freed to be his own man, Cage originated exciting experiments that set him at the epicenter of a new avant-garde forming in the 1950s. Robert Rauschenberg, Jasper Johns, Andy Warhol, Yoko Ono, Allan Kaprow, Morton Feldman, and Leo Castelli were among those influenced by his 'teaching' and 'preaching.' Where the Heart Beats shows the blossoming of Zen in the very heart of American culture.

How to Be Human

With powerful words and pictures Florida Frenz chronicles her journey figuring out how to read facial expressions, how to make friends, how to juggle all the social cues that make school feel like a complicated maze. Diagnosed with autism as a two-year-old, Florida is now an articulate 15-year-old whose explorations into how kids make friends, what popularity means, how to handle peer pressure will resonate with any preteen. For those wondering what it's like inside an autistic child's head, Florida's book provides amazing insight and understanding. Reading how she learns how to be human makes us all feel a little less alien.

Here Comes Kitty

In this wildly irreverent collage narrative, Los Angeles artist Richard Kraft reassembles a pre-perestroika era comic about a Polish spy infiltrating the Nazis, orchestrating a multiplicity of voices into joyous cacophony. Like an Indian miniature painting, each comic book page is densely layered, collapsing

foreground and background, breaking the frame and merging time. An enormous cast of characters emerges as Kraft appropriates images and texts from an extraordinary variety of sources (the Amar Chitra Katha comics of Hindu mythology, Jimmy Swaggart's Old and New Testament stories, the 1960s English football annual Scorcher, underground porn comics like Cherry, images from art history, outdated encyclopedias and more). Kraft constructs a world constantly in flux, rich with dark humor and revelatory nonsense. Writer Danielle Dutton's set of 16 interpolations punctuate the book using similar strategies of appropriation and juxtaposition to create texts that sing in the same arresting register as Kraft's collages. Here Comes Kitty also includes a conversation between poet Ann Lauterbach and artist Richard Kraft.

Concord in Massachusetts, Discord in the World

«Reading Thoreau's Journal, I discover any idea I've ever had worth its salt, » notes the American composer John Cage in 1968. Upon reading the words of nineteenth-century nature philosopher Henry Thoreau, Cage is immediately fascinated with the Transcendentalist's ideas, in particular his views on music and silence. Recognizing his own beliefs in Thoreau's writings, Cage began to rely heavily on the thoughts of the nineteenth-century man and implement them as the basis for his own compositions - both musical and written. Drawing on the complete oeuvres of Cage's and Thoreau's written works, this book surveys the intertextual relation between the writings of the two men. In the juxtaposition of these authors' aesthetics, this book reveals surprising overlaps in the thoughts of Cage and Thoreau.

The Progress Principle

What really sets the best managers above the rest? It's their power to build a cadre of employees who have great inner work lives—consistently positive emotions; strong motivation; and favorable perceptions of the organization, their work, and their colleagues. The worst managers undermine inner work life, often unwittingly. As Teresa Amabile and Steven Kramer explain in The Progress Principle, seemingly mundane workday events can make or break employees' inner work lives. But it's forward momentum in meaningful work—progress—that creates the best inner work lives. Through rigorous analysis of nearly 12,000 diary entries provided by 238 employees in 7 companies, the authors explain how managers can foster progress and enhance inner work life every day. The book shows how to remove obstacles to progress, including meaningless tasks and toxic relationships. It also explains how to activate two forces that enable progress: (1) catalysts—events that directly facilitate project work, such as clear goals and autonomy—and (2) nourishers—interpersonal events that uplift workers, including encouragement and demonstrations of respect and collegiality. Brimming with honest examples from the companies studied, The Progress Principle equips aspiring and seasoned leaders alike with the insights they need to maximize their people's performance.

Yawn

The incisive and often hilarious story of one of our most interesting cultural phenomena: boredom It's the feeling your grandma told you was only experienced by boring people. Some people say they're dying of it; others claim to have killed because of it. It's a key component of depression, creativity, and sex-toy advertisements. It's boredom, the subject of Yawn, a delightful and at times moving take on the oft-derided emotion and how we deal with it. Deftly wrought from interviews, research, and personal experience, Yawn follows Mary Mann's search through history for the truth about boredom, spanning the globe, introducing a varied cast of characters. The Desert Fathers—fourth-century Christian monks who made their homes far from civilization—offer the first recorded accounts of lethargy; Thomas Cook, grandfather of the tourism industry, provided escape from the mundane for England's working class; and contemporarily, we meet couples who are disenchanted by monogamous sex, deployed soldiers who seek entertainment and connection in porn, and prisoners held in solitary confinement, for whom boredom is a punishment for crimes they may or may not have committed. With sharp wit and impressive historical acumen, Mann tells the unexpected story of the hunt for a deeper understanding of boredom, in all its absurd, irritating, and inspiring splendor.

I'm Everywhere and Nowhere. and I Own Nothing and Everything

Over the past seven years I've lived in more places than I can remember. I lived and worked in Shanghai, New York, Berlin, Bangkok, Munich and a few more places, not including the dozens of places I've stayed at for just a few days or weeks. While writing these lines I'm in a small town in Malaysia. I've basically lived out of a backpack for the past seven years. And the longer I'm doing this, the less stuff

I need. Right now I carry less than 10 items around with me in a carry on backpack that weighs less than 10kg. I go wherever I want to go. I currently spend less than \$800 a month. Including everything. My most precious possession is a \$300 Acer laptop. I've started a clothing company in China, for the Chinese market, which failed miserably. I've launched more than 10 websites, some of them made some money, some of them didn't. I shut down all of them. I've written seven books (this is my eighth). None of them was a bestseller. I write a blog where I published more than 500 articles so far. I've more than 100,000 monthly readers spread across multiple platforms. I'm by no means successful. Or rich. But I have more than enough, by all means. I have access to everything I need. And I can buy and afford everything I need. I'm not a minimalist. Or a digital nomad. Or an entrepreneur. Or a blogger. Or an author. I'm mostly trying to just be myself. I'm trying to be myself in a world where it gets harder and harder every single day to just be yourself. It's not always been easy. As a matter of fact it's probably been hard more often than it's been easy. But every day of struggle and doubt has been worth it. Being yourself and creating your own life instead of just living a life is always worth the struggle. This right here is my story. This is what I've learned about life, myself and the world around me. I'm everywhere and nowhere. And I own nothing and everything...

John Cage and Peter Yates

The last - and largest - of Cage's most important formative exchanges of letters, discussing music criticism and questions of aesthetics.

Warriors

"Somalia is one of the world's most desolate, sun-scorched lands, inhabited by fierce and independent-minded tribesmen. It was here that Gerald Hanley spent the Second World War, charged with preventing bloodshed between feuding tribes at a remote out-station. Rations were scarce, pay infrequent and his detachment of native soldiers near-mutinous." "In these extreme conditions seven British officers committed suicide, but Hanley describes the period as the 'most valuable time' of his life. With intense curiosity and open-mindedness, he explores the effects of loneliness. He comes to understand the Somalis' love of fighting and to admire their contempt for death. 'Of all the races of Africa,' he says, 'there cannot be one better to live among than the most difficult, the proudest, the bravest, the vainest, the most merciless, the friendliest: the Somalis."--BOOK JACKET.

Think Like a Monk

Jay Shetty, social media superstar and host of the #1 podcast On Purpose, distills the timeless wisdom he learned as a monk into practical steps anyone can take every day to live a less anxious, more meaningful life. When you think like a monk, you'll understand: -How to overcome negativity -How to stop overthinking -Why comparison kills love -How to use your fear -Why you can't find happiness by looking for it -How to learn from everyone you meet -Why you are not your thoughts -How to find your purpose -Why kindness is crucial to success -And much more... Shetty grew up in a family where you could become one of three things—a doctor, a lawyer, or a failure. His family was convinced he had chosen option three: instead of attending his college graduation ceremony, he headed to India to become a monk, to meditate every day for four to eight hours, and devote his life to helping others. After three years, one of his teachers told him that he would have more impact on the world if he left the monk's path to share his experience and wisdom with others. Heavily in debt, and with no recognizable skills on his re sume, he moved back home in north London with his parents. Shetty reconnected with old school friends—many working for some of the world's largest corporations—who were experiencing tremendous stress, pressure, and unhappiness, and they invited Shetty to coach them on well-being, purpose, and mindfulness. Since then, Shetty has become one of the world's most popular influencers. In 2017, he was named in the Forbes magazine 30-under-30 for being a game-changer in the world of media. In 2018, he had the #1 video on Facebook with over 360 million views. His social media following totals over 38 million, he has produced over 400 viral videos which have amassed more than 8 billion views, and his podcast, On Purpose, is consistently ranked the world's #1 Health and Wellness podcast. In this inspiring, empowering book, Shetty draws on his time as a monk to show us how we can clear the roadblocks to our potential and power. Combining ancient wisdom and his own rich experiences in the ashram, Think Like a Monk reveals how to overcome negative thoughts and habits, and access the calm and purpose that lie within all of us. He transforms abstract lessons into advice and exercises we can all apply to reduce stress, improve relationships, and give the gifts we find in ourselves to the world. Shetty proves that everyone can—and should—think like a monk.

On July 1, 1959, at Ypsilanti State Hospital in Michigan, the social psychologist Milton Rokeach brought together three paranoid schizophrenics: Clyde Benson, an elderly farmer and alcoholic; Joseph Cassel, a failed writer who was institutionalized after increasingly violent behavior toward his family; and Leon Gabor, a college dropout and veteran of World War II. The men had one thing in common: each believed himself to be Jesus Christ. Their extraordinary meeting and the two years they spent in one another's company serves as the basis for an investigation into the nature of human identity, belief, and delusion that is poignant, amusing, and at times disturbing. Displaying the sympathy and subtlety of a gifted novelist, Rokeach draws us into the lives of three troubled and profoundly different men who find themselves "confronted with the ultimate contradiction conceivable for human beings: more than one person claiming the same identity."

Diary Written in the Provincial Lunatic Asylum

Discover an unforgettable memoir written by Mary Huestis Pengilly. This powerful book provides a rare look into the life of a 19th-century psychiatric patient and offers valuable insights into mental health and societal stigma. A must-read for anyone interested in the human experience.

Nineteen Eighty-Four

Nineteen Eighty-Four (1949) was George Orwell's final novel and was completed in difficult conditions shortly before his early death. It is one of the most influential and widely-read novels of the post-war period.

Verity

Whose truth is the lie? Stay up all night reading the sensational psychological thriller that has readers obsessed, from the #1 New York Times bestselling author of Too Late and It Ends With Us. #1 New York Times Bestseller · USA Today Bestseller · Globe and Mail Bestseller · Publishers Weekly Bestseller Lowen Ashleigh is a struggling writer on the brink of financial ruin when she accepts the job offer of a lifetime. Jeremy Crawford, husband of bestselling author Verity Crawford, has hired Lowen to complete the remaining books in a successful series his injured wife is unable to finish. Lowen arrives at the Crawford home, ready to sort through years of Verity's notes and outlines, hoping to find enough material to get her started. What Lowen doesn't expect to uncover in the chaotic office is an unfinished autobiography Verity never intended for anyone to read. Page after page of bone-chilling admissions, including Verity's recollection of the night her family was forever altered. Lowen decides to keep the manuscript hidden from Jeremy, knowing its contents could devastate the already grieving father. But as Lowen's feelings for Jeremy begin to intensify, she recognizes all the ways she could benefit if he were to read his wife's words. After all, no matter how devoted Jeremy is to his injured wife, a truth this horrifying would make it impossible for him to continue loving her.

The Music of John Cage

The first book to examine fully the work of John Cage, leading figure of the post-war musical avant-garde.

Into the Light of Things

"When John Cage opened his compositions to chance sounds in the 1950s, and Andy Warhol began exhibiting paintings of Brillo boxes in the 1960s, the art of the commonplace seemed like something radically, even frighteningly, new. But noting an unprecedented shift, around 1800, away from the idealism of Western aesthetics, Leonard shows that attacks on the art object as outspoken as any made by twentieth-century avant-gardists can be found in the works of Wordsworth, Ruskin, Carlyle, Emerson, and Whitman. From Wordsworth to Cage, a certain kind of artist sought to re-orient humanity's devotion from the next world to this one, to situate paradise in "the simple produce of the common day." "Enough of Science and Art," Wordsworth began his first book of poems. "Come forth into the light of things." Two hundred years later, John Cage would tell us, "We open our eyes and ears seeing life, each day excellent as it is. This realization no longer needs art." By studying artists together with poets, Leonard uncovers the rich tradition that links Wordsworth to Cage and illuminates many figures in between. Into the Light of Things transforms our understanding of modern culture."--Jacket.

Injun & Other Histories (1960).

"A small but important collection of absurdist writing from the future pop artist Claes Oldenburg"--Print-edMatter.org website.

The Cambridge Companion to John Cage

Publisher Description

Ask a Manager

'I'm a HUGE fan of Alison Green's "Ask a Manager" column. This book is even better' Robert Sutton, author of The No Asshole Rule and The Asshole Survival Guide 'Ask A Manager is the book I wish I'd had in my desk drawer when I was starting out (or even, let's be honest, fifteen years in)' - Sarah Knight, New York Times bestselling author of The Life-Changing Magic of Not Giving a F*ck A witty, practical guide to navigating 200 difficult professional conversations Ten years as a workplace advice columnist has taught Alison Green that people avoid awkward conversations in the office because they don't know what to say. Thankfully, Alison does. In this incredibly helpful book, she takes on the tough discussions you may need to have during your career. You'll learn what to say when: · colleagues push their work on you - then take credit for it · you accidentally trash-talk someone in an email and hit 'reply all' · you're being micromanaged - or not being managed at all · your boss seems unhappy with your work · you got too drunk at the Christmas party With sharp, sage advice and candid letters from real-life readers, Ask a Manager will help you successfully navigate the stormy seas of office life.

The Migrant Diaries

What is it like to run away from bombing, lose your family, and work out how to take care of yourself in a foreign country when you are seven years old? What do you do when the woman who promised you a good job in Europe turns out to have sold you into prostitution? How do you escape from torture and detention in Libya? What is it like to almost drown in the Mediterranean and then be confined in a garbage and rat-filled settlement on a Greek island for years? In this book, Lynne Jones answers these questions by combining direct testimony from children with a blazingly frank eyewitness account of providing mental health support on the front line of the migrant crisis across Europe and Central America in the past five years. Her diaries document how a compassionate welcome shifted to indifference and hostility toward those seeking refuge from war, disaster, and poverty in the richest countries in the world. They shine light on what it is like to be caught up on the front lines of the migrant crises in Europe and Central America, either as a person in flight or as a volunteer trying to help. They show how people who have fled war, poverty, and disaster—trapped in degrading, humiliating living conditions—have responded with resourcefulness and creativity. In the absence of most large professional humanitarian agencies, migrants and volunteers together have created a new form of humanitarianism that challenges old ways of working. Today there are 79 million forcibly displaced people in the world today, 1 percent of the world's population. Understanding the perspectives of people on the move has never been more important. The Author's profits from this book will be donated to the charity: CHOOSE LOVE/HELP REFUGEES

Renia's Diary

A New York Times bestseller A USA Today bestseller The long-hidden diary of a young Polish woman's life during the Holocaust, translated for the first time into English Renia Spiegel was born in 1924 to an upper-middle class Jewish family living in southeastern Poland, near what was at that time the border with Romania. At the start of 1939 Renia began a diary. "I just want a friend. I want somebody to talk to about my everyday worries and joys. Somebody who would feel what I feel, who would believe me, who would never reveal my secrets. A human being can never be such a friend and that's why I have decided to look for a confidant in the form of a diary." And so begins an extraordinary document of an adolescent girl's hopes and dreams. By the fall of 1939, Renia and her younger sister Elizabeth (née Ariana) were staying with their grandparents in Przemysl, a city in the south, just as the German and Soviet armies invaded Poland. Cut off from their mother, who was in Warsaw, Renia and her family were plunged into war. Like Anne Frank, Renia's diary became a record of her daily life as the Nazis spread throughout Europe. Renia writes of her mundane school life, her daily drama with best friends, falling in love with her boyfriend Zygmund, as well as the agony of missing her mother, separated by bombs and invading armies. Renia had aspirations to be a writer, and the diary is filled with her poignant and thoughtful poetry. When she was forced into the city's ghetto with the other Jews, Zygmund is able to smuggle her out to hide with his parents, taking Renia out of the ghetto, but not, ultimately to safety. The diary ends

in July 1942, completed by Zygmund, after Renia is murdered by the Gestapo. Renia's Diary has been translated from the original Polish, and includes a preface, afterword, and notes by her surviving sister, Elizabeth Bellak. An extraordinary historical document, Renia Spiegel survives through the beauty of her words and the efforts of those who loved her and preserved her legacy.

Parable of the Sower

This acclaimed post-apocalyptic novel of hope and terror from an award-winning author "pairs well with 1984 or The Handmaid's Tale" and includes a foreword by N. K. Jemisin (John Green, New York Times). When global climate change and economic crises lead to social chaos in the early 2020s, California becomes full of dangers, from pervasive water shortage to masses of vagabonds who will do anything to live to see another day. Fifteen-year-old Lauren Olamina lives inside a gated community with her preacher father, family, and neighbors, sheltered from the surrounding anarchy. In a society where any vulnerability is a risk, she suffers from hyperempathy, a debilitating sensitivity to others' emotions. Precocious and clear-eyed, Lauren must make her voice heard in order to protect her loved ones from the imminent disasters her small community stubbornly ignores. But what begins as a fight for survival soon leads to something much more: the birth of a new faith . . . and a startling vision of human destiny.

The Diary of a Young Girl

In July 1942, thirteen-year-old Anne Frank and her family, fleeing the occupation, went into hiding in an Amsterdam warehouse. Over the next two years Anne vividly describes in her diary the frustrations of living in such close quarters, and her thoughts, feelings and longings as she grows up. Her diary ends abruptly when, in August 1944, they were all betrayed. First published over sixty years ago, Anne Frank's Diary of a Young Girlhas reached millions of young people throughout the world. BBC TV's major new dramatization brings her extraordinary writing to life in a way that will engage and inspire a whole new generation. 'One of the greatest books of the last century' - Guardian

Sophie Calle: The Hotel

A forensic conceptualist's inventory of the ordinary and extraordinary lives in a Venetian hotel In 1981 Sophie Calle took a job as a chambermaid for the Hotel C in Venice, Italy. Stashing her camera and tape recorder in her mop bucket, she not only cleans and tidies, but sorts through the evidence of the hotel guests' lives. Assigned 12 rooms on the fourth floor, she surveys the state of the guests' bedding, their books, newspapers and postcards, perfumes and cologne, traveling clothes and costumes for Carnival. She methodically photographs the contents of closets and suitcases, examining the detritus in the rubbish bin and the toiletries arranged on the washbasin. She discovers their birth dates and blood types, diary entries, letters from and photographs of lovers and family. She eavesdrops on arguments and love-making. She retrieves a pair of shoes from the wastebasket and takes two chocolates from a neglected box of sweets, while leaving behind stashes of money, pills and jewelry. Her thievery is the eye of the camera, observing the details that were not meant for her, or us, to see. The Hotel now manifests as a book for the first time in English (it was previously included in the book Double Game). Collaborating with the artist on a new design that features enhanced and larger photographs, and pays specific attention to the beauty of the book as an object, Siglio is releasing its third book authored by Calle, after The Address Book (2012) and Suite Vénitienne (2015). Sophie Calle (born 1953) is an internationally renowned artist whose controversial works often fuse conceptual art and Oulipo-like constraints, investigatory methods and the plundering of autobiography. The Whitechapel Gallery in London organized a retrospective in 2009, and her work has been shown at the Museum of Modern Art and the Whitney Museum of American Art, New York; the Carnegie Museum of Art, Pittsburgh; the Museum of Fine Arts, Boston; the Hayward Gallery and Serpentine, London; and the Museum of Contemporary Art, Chicago, among others. She lives and works in Paris.

Mainframe Experimentalism

Mainframe Experimentalism challenges the conventional wisdom that the digital arts arose out of Silicon Valley's technological revolutions in the 1970s. In fact, in the 1960s, a diverse array of artists, musicians, poets, writers, and filmmakers around the world were engaging with mainframe and mini-computers to create innovative new artworks that contradict the stereotypes of "computer art." Juxtaposing the original works alongside scholarly contributions by well-established and emerging scholars from several disciplines, Mainframe Experimentalism demonstrates that the radical and experimental aesthetics and political and cultural engagements of early digital art stand as precursors for the

mobility among technological platforms, artistic forms, and social sites that has become commonplace today.

Reminded by the Instruments

David Tudor is remembered today as an extraordinary pianist of post-war avant-garde music who worked closely with composers like John Cage and Karlheinz Stockhausen and as a founding figure of live-electronic music. His bold reinterpretation of Cage's Variations II and his idiosyncratic performances using homemade modular instruments inspired a whole generation of musicians. But his reticence, his unorthodox approaches, and the diversity of his creative output-which began with the organ and ended with visual art-have kept Tudor a puzzle. Reminded by the Instruments sets out to solve the puzzle of David Tudor by applying Tudor's own methods for approaching the materials of others to the vast archive of materials that he himself left behind. Author You Nakai deftly patches together instruments, electronic circuits, sketches, diagrams, recordings, letters, receipts, customs declaration forms, and testimonies like modular pieces of a giant puzzle to reveal a new perspective on Tudor's creative process. Rejecting the established narrative of Tudor as a performer-turned-composer, this book presents a lively portrait of an artist whose work always merged both of these roles. In reading Tudor's electronic devices as musicological 'texts' and examining his dissection of electronic circuits, Nakai transcends discourses on sound and illuminates our understanding of the instruments behind the sounds in post-war experimental music.

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