

our family has cancer too

[#family cancer support](#) [#hereditary cancer](#) [#coping with family cancer](#) [#cancer impact on family](#) [#genetic cancer risk](#)

Experiencing cancer within your family can be incredibly challenging, especially when multiple members are affected. This resource provides support and information for navigating the complexities of hereditary cancer or genetic cancer risks, offering insights into coping with family cancer and finding family cancer support tailored to your unique situation.

Each article has been reviewed for quality and relevance before publication.

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Our Family Has Cancer Too

When their mother is diagnosed with cancer, sixth grader Tim and his younger brother visit her in the hospital, learn about radiation and chemotherapy, and help with the chores at home.

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Cancer Has Its Privileges

Cancer survivor and founder of The Cancer Club®, Christine Clifford has been sharing her inspiring, humorous outlook on living with cancer with thousands of cancer patients and their families. Now she has gathered a collection of battlefield stories and anecdotes from her fellow survivors that go from the outright hilarious to the downright moving, and combined them with her own personal story of triumphant survival.

Because... Someone I Love Has Cancer

Designed for kids between the ages of 6 and 12 who have a loved one with cancer, this activity book allows children to work through and express unfamiliar feelings in well-paced activities that progressively teach coping skills. Includes five colorful crayons. Illustrations. Spiral-bound. Consumable.

What Happens When Someone I Love Has Cancer

When Sara Olsher was diagnosed with cancer at the age of 34, her first thought was how to tell her six-year-old daughter without scaring her. As it turned out, explaining cancer was only the beginning. Treatment is long and causes a lot of ongoing changes in the family - all of which can be confusing, scary, and isolating for kids. Join Stinkerpants and her stuffed giraffe Stuart as they explain the science of cancer and how a loved one's diagnosis and treatment affects a kid's day-to-day life. What Happens When Someone I Love Has Cancer? uses bright and fun illustrations to show how cells can turn into cancer and helps reduce confusion about how cancer treatment affects a person and the kids in their lives. "Most of the time we do the same things in the mornings. We wake up. We eat breakfast. (I like apples. Stuart only eats bugs.) . . . When something big changes, what we do each day can change too. Stuart wants to know what happens to our days when someone we love has cancer." Aimed at families with kids ages 4 to 10, Stinkerpants + Stuart books are based on decades of solid science about how kids learn and cope with the major day-to-day changes that result from issues like cancer. Using a visual calendar, Stinkerpants + Stuart books reduce anxiety by showing kids what to expect. What Happens When Someone I Love Has Cancer? is the perfect book for families that want to explain what cancer actually is and how it affects a kid's life, and applies to mothers, fathers, grandparents, and many types of cancer, including breast cancer, colon cancer, blood cancers such as leukemia, and bone cancers. It aims to empower kids with knowledge, which is proven to help kids through traumatic situations.

C: Because Cowards Get Cancer Too

Shortly before his 44th birthday, John Diamond received a call from the doctor who had removed a lump from his neck. Having been assured for the previous 2 years that this was a benign cyst, Diamond was told that it was, in fact, cancerous. Suddenly, this man who'd until this point been one of the world's greatest hypochondriacs, was genuinely faced with mortality. And what he saw scared the wits out of him. Out of necessity, he wrote about his feelings in his TIMES column and the response was staggering. Mailbag followed Diamond's story of life with, and without, a lump - the humiliations, the ridiculous bits, the funny bits, the tearful bits. It's compelling, profound, witty, in the mould of THE DIVING BELL & THE BUTTERFLY.

Grandma Kathy Has Cancer

Cancer is a very frightening and mysterious disease from which children are often sheltered because parents are uncertain as to how to deal with it. This book draws upon real life episodes between a grandmother and her granddaughter to help children better understand what happens when family members are afflicted with cancer. The message it conveys is one of hope, love, and caring. Colleen Buckley resides in New Jersey with her husband. She has two married children and two grandchildren; she has been a nurse for over 25 years. Cancer is no stranger to Colleen, who has lost her father, her grandmother, and two of her sister-in-laws to this disease. Her husband, mother, and another sister-in-law are cancer survivors. Colleen's inspiration for this book has been her sister, Kathy's, ongoing fight with ovarian cancer. Colleen is currently working on a second children's book about cancer. Kim Sponaule has illustrated "The Adventures of Beatrice" books and the "Anna Banana" and "Corey's Story" series for young readers. She resides in Salem County, NJ with her husband Jerry, son Josh and feisty little westie, Casey.

What Happens When My Sibling Has Cancer

From the author of 5-star books What Happens When Someone I Love Has Cancer and What Happens When a Kid Has Cancer comes a book written specifically for the siblings of kids with cancer. A child's cancer diagnosis affects all members of the family, and there are virtually no resources for siblings. As parents necessarily shift their attention to the ill child, their sibling is left feeling confused, scared, and oftentimes jealous. Join Mia and her stuffed giraffe Stuart as they explain the science of cancer and how a loved one's diagnosis and treatment affects a kid's day-to-day life. What Happens When My Sibling Has Cancer uses bright and fun illustrations to show how cells can turn into cancer, and helps reduce confusion about how cancer treatment affects the child and their siblings. "Most of the time we do the same things in the mornings. We wake up. We eat breakfast. (I like apples. Stuart only eats bugs.) ... when something big changes, what we do each day can change too. Stuart wants to know what happens to our days when someone we love has cancer." Aimed at families with kids ages 4 to 10, this method of teaching is based on decades of solid science about how kids learn and cope with the major day-to-day changes that result from issues like cancer. What Happens When My Sibling Has

Cancer is the perfect book for families that want to recognize the tough emotions that come from having a sibling with cancer. These kids often experience jealousy, guilt, and loneliness, and may feel like no one cares about them. By creating a routine that kids can see and understand, parents can restore a sense of safety and predictability in their kids' lives, helping them to be more resilient in the face of life's inevitable challenges. What Happens When My Sibling Has Cancer helps families that want to reduce their kids' anxiety surrounding a scary diagnosis. It aims to empower kids with knowledge, which is proven to help kids through traumatic situations.

Amelia Has Cancer

It's sometimes difficult to know how to respond to the unexpected twists and turns that accompany a devastating diagnosis. This comforting book inspires caregivers to seek peace and understanding in their loved one's situation, learn the importance of active listening, and explore their own feelings of confusion and unrest.

When Someone You Love Has Cancer

Explains to parents how to talk to children to help them cope when their mother or father is diagnosed with cancer, in a book that also has an illustrated activities section.

Cancer in Our Family

Learn how to help and to deal with someone having cancer in your family.

When Someone in Your Family Has Cancer

Within this book, family members will find the information they need to better understand and cope with cancer in the family, thereby helping their loved one, and themselves, most effectively. Family members of individuals diagnosed with cancer are, themselves, cancer survivors. Yet, all too often, their needs, questions, and concerns are not systematically addressed by the medical and human services systems. *Surviving Cancer as a Family and Helping Co-Survivors Thrive* was written to help everyone touched by cancer understand and cope. In this unique book, answers to practical questions, including how and where to find financial and emotional support as a caregiver, are explored through research and personal experience. Influences, such as culture and socioeconomic status that impact the family system within which a cancer patient is cared for, are addressed as well. Recognizing that family members sometimes need help even more than their loved one with cancer, the book provides vignettes demonstrating situations and solutions for particular ethnic and cultural populations and for spouses/partners and children of cancer patients. Easy to read and use, *Surviving Cancer as a Family and Helping Co-Survivors Thrive* will quickly give readers the knowledge to cope with a cancer diagnosis of a loved one—or even themselves.

Coping When Someone in Your Family Has Cancer

This picture book aims to raise awareness of the impact that cancer can have on an individual and their family in a child-friendly and supportive way. It is aimed at 4-11 year olds and has been inspired and informed by people with lived experiences of cancer. Through rhyme and engaging illustrations this book hopes to start conversations about cancer, in order to help relieve anxieties that children might have about someone close to them who may be living with cancer. The MY HAS series of books aims to help children to understand a range of long-term health conditions whilst promoting an inclusive and diverse society.

Surviving Cancer as a Family and Helping Co-Survivors Thrive

"It's cancer." Dr Philippa Kaye was 39 years old when she heard those dreaded words. The diagnosis of bowel cancer would change her life and mean crossing the divide from being a doctor to being a patient. She soon discovered that her years of training and experience had not prepared her for the realities of actually living with cancer. *Doctors Get Cancer Too* tells Dr Kaye's moving story of being on both sides of the desk, and shares the insights she gained not only through the diagnosis and treatment but in surviving and thriving through cancer and beyond. Filled with practical advice, this book aims to make patients and their loved ones feel better understood, more prepared and less alone, and to provide solace for anyone navigating their way through hard times. Dr Philippa Kaye is a GP with a particular interest in children's, women's and sexual health. She has written multiple books on topics ranging from

pregnancy and fertility to child health and child development, and she has a weekly column in Woman magazine as well as contributing to other magazines and newspapers. She has regularly been seen broadcasting on radio and television in programmes such as This Morning and The Victoria Derbyshire Show. She is also the GP ambassador for Jo's Cervical Cancer trust. Her days are filled with a mix of general practice, media work and her other job - being a mum!

My Brother Has Cancer

Someone You Love Has Cancer: A Child's Guide to Understanding provides a platform for conversation between parents and children, as well as teachers and their students. This educational poem was written to empower children and ease their anxiety by opening meaningful conversations based on facts. A Child's Guide comes with a Glossary of Terms, as well as fundraising ideas and instructions on how to create a Memory Box. Robin Martin Duttman is an award-winning author, poet, and creative writing teacher for children at The Windsor International Writers Conference. Her book Zoo on the Moon received Honorable Mention at the 2013 Purple Dragonfly Literary Awards of Arizona, for best new Children's Picture Book ages five and younger. Her second book June Bug Jamboree received the same award at the Royal Dragonfly Book Awards in 2014. In the summer of 2014, Zoo on the Moon was selected for primary science curriculum in 147 countries by the IBLibrary.com in its newly developed primary year program. In October 2015, the author was a contributor to Chicken Soup for the Soul's Think Possible. She also recently underwent treatment for triple negative breast cancer. With her positive, can-do attitude, she and a group of other women modeled for the Cancer Center's billboards and posters during a one-month fundraising event that brought over \$71,000 directly to the Windsor Regional Cancer Center, Ontario, Canada. This book was made possible with contributions from Rosser Reeves Jewellers in honour of family, friends, and customers whose lives have been touched by cancer.

Doctors Get Cancer Too

Cancer is bad news. It's frightening to even think about it. Now think how frightening it would be for your children to know you have cancer. How do you tell them? How do you deal with the trauma and the pain? How do you prepare for the emotional and psychological upheaval a family endures when a parent has cancer? Peter Van Dernoot has gathered the real-life stories and experiences of over twenty parents who have been diagnosed with cancer. They share their deepest fears and their highest hopes as they provide the reader with invaluable advice, guidance and inspiration. Now including all-new stories from parents and advice from professional counselors, this groundbreaking book is a very special gift from families affected by cancer to families affected by cancer.

Someone You Love Has Cancer

Will help in the understanding of cancer and how it is treated. Designed to help with the changes brought on by having a family member with cancer. Helps a person deal with feelings about cancer and the person in the family with cancer. Covers: learning about cancer; cancer treatment (surgery, chemotherapy and its side effects, radiation therapy and its side effects, biological therapy and its side effects); reading about cancer; feelings (being scared, feeling guilty, getting mad, feeling neglected, lonely, and embarrassed, dealing with side effects).

Helping Your Children Cope with Your Cancer (Second Edition)

When a child is diagnosed with cancer, life flips upside-down. Suddenly, our days (and our thoughts) are dominated by doctors, nurses, child life specialists, and a million technical terms that will make anyone's head spin. Add extreme fear and anxiety to that, and you've got a recipe for the most stressful time in a family's life. What Happens When a Kid Has Cancer is a book written with purpose of relieving the anxiety and confusion that comes from a child's cancer diagnosis and treatment. What Happens When a Kid Has Cancer covers the main points of pediatric cancer - what it is and what the experience of treatment is like - and shows how it can change a kid's day. The book is great for ages 4 -10 and discusses:- The science of cancer- Changes to routines- Surgery and anesthesia - Chemotherapy- Hair loss and hair changes- Port, central line, and tubies- Hospital stays- Radiation- Scans and blood draws- Emotions relating to cancer Over the course of a year and with the help of both experts and families who have been through pediatric cancer, author and illustrator Sara Olsher explains the science of cancer (in an age-appropriate, totally non-scary way) and uses an illustrated calendar to show how various treatments affect a child's day-to-day. This method of teaching is based on decades of solid

science about how kids learn and cope with the major day-to-day changes that result from issues like cancer. By creating a routine that kids can see and understand, parents can restore a sense of safety and predictability in their kids' lives, helping them to be more resilient in the face of life's inevitable challenges. What Happens When a Kid Has Cancer? helps families that want to reduce their kids' anxiety surrounding a very scary diagnosis. It aims to empower kids with knowledge, which is proven to help kids through traumatic situations.

When Someone in Your Family Has Cancer

A customisable book to use when talking with children aged 2-6 years about a grandparent who has cancer. It addresses all stages of the cancer journey including diagnosis, treatment, hospitalisation, recurrence and end of life.

When Someone in Your Family Has Cancer

THE NEW YORK TIMES BESTSELLER! "I had the choice to come back ... or not. I chose to return when I realized that 'heaven' is a state, not a place" In this truly inspirational memoir, Anita Moorjani relates how, after fighting cancer for almost four years, her body began shutting down—overwhelmed by the malignant cells spreading throughout her system. As her organs failed, she entered into an extraordinary near-death experience where she realized her inherent worth . . . and the actual cause of her disease. Upon regaining consciousness, Anita found that her condition had improved so rapidly that she was released from the hospital within weeks—without a trace of cancer in her body! Within this enhanced e-book, Anita recounts—in words and on video—stories of her childhood in Hong Kong, her challenge to establish her career and find true love, as well as how she eventually ended up in that hospital bed where she defied all medical knowledge. In "Dying to Be Me," Anita Freely shares all she has learned about illness, healing, fear, "being love," and the true magnificence of each and every human being!

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Someone I Love is Sick

This is a book to help family members cope, handle the emotional pressures, and give one another vital support.

Dying to Be Me

Few things affect a family's everyday life like the presence of an illness like cancer. Whether it's a grandparent, another family member, a teacher or neighbor or friend, children especially experience confusion, fear and misunderstanding. This book will help kids cope with the presence of cancer in

their lives. Book includes 14 wonderful, full-color, full-page illustrations, and some 40 helpful pointers written expressly for children 4-12. A rare and excellent resource!

What Happens When a Kid Has Cancer

Cancer is a difficult topic for any parent, caregiver or educator to explain to a child. This book is designed to help kids, including children with autism spectrum disorder or other additional needs, to understand what it means when someone in their life has cancer. Using a question and answer format, it explores the life changes and feelings of uncertainty a child may experience if a loved one has cancer. Illustrated with SymbolStix, a symbol-based language for visual thinkers, this book explains a difficult topic to children who might otherwise struggle to understand it. The book also features a short picture story that repeats the complete story for children who process information best through visual cues. Additional guidance for parents and caregivers provides ideas to help children cope with this experience.

All That Followed

"Jane McLelland was only 30 when she was diagnosed with cancer. A few years later it was stage 4 (or terminal) and had spread to her lungs. Expected to live 12 weeks, she refused to believe there weren't any effective drugs or therapies. Her scientific training meant she was able to examine and digest hundreds of research papers she found in libraries, journals and online - and the conclusion she reached astonished her ... This is the story of how she took on her illness, changed her diet, educated herself, persuaded her oncologist and other doctors to prescribe her an unusual cocktail of commonly used drugs - some of which are already in many people's medicine cabinets - these made the difference between life and death ..."--Publisher description.

Ticking Off Breast Cancer

When Your Parent Has Cancer: A Guide for Teens, National Institutes of Health Publication 12-5724: If your mom, dad, or an adult close to you has cancer, this book is for you. Here you can read about what has helped other teens get through this tough time. Doctors, nurses, social workers, friends, and family are working hard to help your mom or dad get better. You are a very important part of that team, too. In the weeks and months ahead, you may feel a whole range of emotions. Some days will be good, and things might seem like they used to. Other days may be harder. This book can help prepare you for some of the things you might face. It can also help you learn to handle living with a parent or relative who has cancer. This book includes information about cancer treatments, ways teens can talk to family and friends, how to connect with other teens, and where to find other resources for information and support. It includes a glossary of cancer terms and appendices explaining monitoring tests and member of the cancer team.

Cancer - a Family Affair

"This edition includes a new interview with the author"--P. [4] of cover.

When Someone You Love Has Cancer

At last, here is a comprehensive guide for practitioners who work with breast cancer patients and their families. It includes a series of psychosocial interventions to be used with couples during early stage breast cancer. There is extensive evidence that emotional and social support positively influences women's abilities to cope to breast cancer. The first person that a woman with breast cancer turns to for support is her husband or intimate partner. However, as partners of breast cancer patients are struggling with their emotional distress, they often feel inadequate about their ability to help their wives and partners cope. It is important for practitioners to understand this concept of twofold stress.

I Have a Question about Cancer

Working With Families in Medical Settings provides mental-health professionals with the tools they need to figure out what patients and families want and how, within the constraints imposed by 21st-century healthcare setting, to best give them the care they need. Psychiatrists and other clinicians who work in medical settings know that working with a patient with a chronic illness usually entails work with that patient's family as well as with other medical professionals. Some families need education; others have specific difficulties or dysfunctions that require skilled assessment and intervention. It is up to the clinician to find productive ways to work with common themes in family life: expressed emotion, levels

of resilience, life-cycle issues, and adaptation to illness, among others. Enter *Working With Families in Medical Settings*, which shines a spotlight on the major issues professional caregivers face and shows them how to structure an effective intervention in all kinds of settings. Psychiatrists, particularly those in psychosomatic medicine, and other clinicians who work with the medically ill will find *Working With Families in Medical Settings* to be an essential resource and guide to productive relationships with patients and their families.

How to Starve Cancer

Challenging a number of myths about living long term with or after cancer, this book offers new insights by delving into areas that are not usually spoken about. Written from a dual perspective- that of a psychologist who had breast cancer and who copes with the long-term effects of treatment - the book contests the assumption that the afflicted person will simply 'get better' or 'move through' to a better situation. Emotional and physical side-effects can worsen over time and people living beyond or with cancer often endure a mismatch between expectations and reality, because they have been told that life would be easier than it actually is. This can leave both those suffering longer term and those close to them confused and unprepared. Including testimonies with people who have had a cancer diagnosis and people in the medical profession, the book signposts ways that professionals may help and offers prompts for friends and relatives to have useful and open conversations with the person affected. It gives voice to many people who feel that their suffering is disputed and diminished by the prevailing narrative around recovery. Galgut includes discussion on relationships, work, trauma, fear of recurrence and the role of therapy. Giving an unflinchingly honest perspective, *Living with the Long-Term Effects of Cancer* sheds light on these struggles, in the belief that bringing this conversation to the forefront is key to improving life for those who are affected by cancer and who suffer longer term from its effects.

When Your Parent Has Cancer

A healing conversation between grandmother and granddaughter ..In this beautifully written and illustrated book, a grandmother who has survived cancer answers the many questions of her concerned granddaughter, Tess. .

The Emperor of All Maladies

Learning that his mother has cancer, a little boy becomes frightened then works through his fear with the help of both parents.

When Someone in Your Family Has Cancer

Helping Couples Cope with Women's Cancers