

# And Birth Hands A To Midwives Elizabeth Davis Heart Guide Pregnancy

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Explore Elizabeth Davis's invaluable 'Heart Guide to Pregnancy,' a comprehensive resource offering expert midwifery support and hands-on advice for your unique birth journey. This guide empowers expectant parents with wisdom and care, ensuring a confident and informed experience from conception to childbirth.

Each thesis represents months or years of in-depth research and study.

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## Heart and Hands

For over two decades, HEART & HANDS has been a beloved guide for both midwives and parents interested in the benefits of midwifery care. This all-new fourth edition has been revised from start to finish, featuring updated material that emphasizes independent midwifery, physiologic (natural) birth, and the art of nonintervention. Midwifery expert Elizabeth Davis includes valuable hints for turning breech and posterior babies, mediating pain in labor, and supporting newborn physiology. Davis also reveals the keys to postpartum recovery, with practical tips on breastfeeding for busy mothers. Comprehensive and compassionate, HEART & HANDS remains a dog-eared classic for parents, midwives, and other birthing helpers. Thoroughly revised and updated fourth edition of the classic text for midwives, also useful for expecting parents, nurses, childbirth educators, doulas, and other labor helpers. Features new diagrams and photographs, updated midwifery forms, and an expanded resource list for parents. Expanded sections on GBS, VBAC, gestational diabetes, and water birth address current controversies. Previous editions have sold more than 150,000 copies. "An impressive and deeply caring book . . . reveals a shrewd and compassionate sensitivity to women's needs in pregnancy and childbirth." -Sheila Kitzinger, author of *The Complete Book of Pregnancy and Birth*

## Heart and Hands, Fifth Edition [2019]

A fully revised update of the foundational text on birth assisting from internationally renowned authority Elizabeth Davis, offering professional guidance for both aspiring and veteran midwives. Presenting information on what to expect during each stage of pregnancy, birth, and postpartum recovery, Heart and Hands has been the most trusted guide for midwives and expecting parents for more than two decades. This completely revised edition includes new photographs and illustrations, updated resources for parents, and a current list of midwifery schools. Information will be added throughout to reflect the latest research on the physiology of pregnancy, birth, and postpartum. Combining time-honored teachings with the most current obstetric techniques, this essential reference empowers birthing helpers and parents to create a truly woman-centered birth experience.

## Heart & Hands

This is a revised and updated edition of Elizabeth Davis' guide to pregnancy and birth for midwives and parents-to-be. It includes new sections on homoeopathy and herbal therapy, sexual issues during pregnancy, adoption, water birth, sexual abuse, vaginal birth after caesarian, and foetal development. The guide features boxed sections for parents covering subjects ranging from tips for expectant partners, to what to do when the baby cries.

### A Guide to Midwifery

A guide based on the award-winning coauthor's documentary explains how to render childbirth a natural and enjoyable experience, counseling women on how to take control of their bodies and prepare a birthing plan in accordance with personal needs. Original.

### Orgasmic Birth

Power, politics and profit aside, how a nation cares for its mothers and newborns is a key indicator of the health of that society. These essays, from twenty-five extraordinary midwives, speak directly to what really matters to women: the right to have safe and satisfying births. Book jacket.

### Into These Hands

The new edition of this highly acclaimed step-by-step guide continues to offer readers with the relevant physiology, evidence-base and rationale for the key midwifery skills. Authored by experienced practitioners and educationalists, Skills for Midwifery Practice 4e will be ideal for all midwifery students, both from within the UK and worldwide. Presents over 150 essential midwifery procedures in an easy-to-read, quick reference format 'Learning Objectives' and 'end-of-chapter' self-assessment exercises allow readers to monitor their progress Refers to the latest evidence and research, including current national and international guidelines Explains the underlying physiology associated with pregnancy and childbirth Over 150 artworks help explain physiological processes and clinical procedures 'Roles and Responsibilities' boxes define the nature and extent of current practice Ideal for use as a basis for teaching and assessment New format - now with colour - makes learning even easier! Explores the use and significance of the Modified Early Obstetric Warning Scoring Chart Discusses advances in equipment usage including the application of sequential compression devices, temporal artery thermometers, and pulse oximetry in the early detection of critical congenital heart disease Contains advances in microbiology and infection control including the application and removal of gloves and the use of ANTT for each relevant procedure Physiology updates include an expanded section on normal and abnormal breathing patterns, the structure of the stratum corneum at birth and the factors that affect its barrier function, and neonatal reflexes present at birth Updated information regarding the use of the automated external defibrillator during maternal resuscitation, and the use of blended air and oxygen and pulse oximetry during neonatal resuscitation Care of the traumatised perineum - including expanded discussion of modern suture materials Recognition and management of complications associated with infusion therapy and epidural analgesia

### Skills for Midwifery Practice E-Book

Midwives and other healthcare providers are grappling with the issue of rising intervention rates in childbirth and trying to identify ways to reverse the trend. It is increasingly accepted that intervention in childbirth has long-term consequences for women and their children. Birth Territory provides practical, evidence-based ideas for restructuring the birth territory to facilitate normal birth. Links new research findings to birth environments and outcomes. Describes the elements of an ideal birthing environment. Suggests how to modify existing maternity services to achieve optimal results. Investigates the links between the experiences of women and babies, and outcomes. Explores the effects of legal and socio-political factors.

### A Book for Midwives

Anatomy and physiology presented in a clear and accessible manner for the midwifery student. Well illustrated with numerous line diagrams, ANATOMY & PHYSIOLOGY IN MATERNITY CARE takes a system-approach to the physiological changes that occur throughout the childbearing year. Varied case studies reflecting the latest research findings ensure that theory is firmly rooted in midwifery practice. This is an excellent first textbook for those students needing to understand the anatomy and physiology of pregnancy and childbirth. An introductory text covering anatomy and physiology relevant

to midwifery students Simple, accessible language ensures complete understanding of complex theory Case studies relate anatomy and physiology to midwifery practice Covers physiological changes throughout the childbearing year Updated references New case studies reflecting latest research findings

#### A Book for Midwives

In *More Than A Midwife*, veteran midwife and doula Mary Sommers shares stories of glory, grace and joy, as well as heartbreak and tragedy, experienced through her 20-plus years of working with mothers and their infants. Mary has attended and assisted at more than 1,000 births in the United States, Mexico, Africa, and Europe.

#### Birth Territory and Midwifery Guardianship

'Marie Louise is a dream come true for any parent with her uncanny ability to simplify the most important and complicated questions' Emma Bunton, co-founder of Kit and Kin Whether you are planning for a baby, just found out you are pregnant or well into your third trimester, this book will help you to feel confident, informed and inspired about your exciting journey ahead. Through years of work with families, Senior Midwife Marie Louise reveals the key things that will make the biggest, most positive difference to you and your baby as you navigate these life-changing months. As well as this, Marie Louise is renowned for bringing complex science to life. You'll discover fascinating facts that underpin everything you and your baby will go through, including - - How your nervous system is synced with your baby and why baby already knows a lot about you when they are born - The unique process your baby goes through to pass through the birth canal and how you work together in labour - Incredible facts about breast milk Packed with the most up-to-date findings and expert insights, you'll find everything you need to prepare for motherhood and, most importantly, understand and appreciate just how amazing you and your baby both are!

#### Essential Anatomy & Physiology in Maternity Care

This third edition of *Rhythms of Women's Desire*, a provocative and informative book about female sexuality and life changes, will empower you to understand your sexuality in the context of your entire lifetime. Author Elizabeth Davis' focus on sexual changes over time is what makes this book unique; she gives you insight into what is natural at each sexual stage and how it all fits together in the context of a lifetime. This book envisages menarche (first menstruation), childbirth, and menopause as transformative, biological turning points and gives the reader a view of what these events have in common hormonally and psychologically. The new edition has been updated to reflect the latest scientific research, including a deeper examination of post-menopausal and postpartum sexuality and the hormonal imbalances caused by xenoestrogens. Updates also include new information about the link between oxytocin, brainwaves, and intuition — and about how abortion, miscarriage, and other major losses can affect the desire for sex, with suggestions for healing and a worksheet for dealing with trauma and abuse issues. *Rhythms of Women's Desire* is a frank, personal, and exciting journey into female sexuality and a helpful guide through every stage of your life.

#### More Than a Midwife

This concise clinical-skills manual for South African midwifery students provides a full range of updated, evidence-based norms and standards to enable midwives and other health-care professionals to give quality, up-to-date medical care. Clear explanations on midwifery subjects tailored to the South African market couple with expert guidance on the midwifery skills used during pregnancy, labor, birth, and the neonatal period to create an ideal guidebook for students just entering this medical field as well as for career professionals seeking a refresher on the modern practices and technologies used.

#### The Modern Midwife's Guide to Pregnancy, Birth and Beyond

Revision of the author's *Women's sexual passages*, which has also been published as *Women, sex and desire*.

#### The Rhythms of Women's Desire

"Not of woman born, the Fortunate, the Unborn"—the terms designating those born by Caesarean section in medieval and Renaissance Europe were mysterious and ambiguous. Examining represen-

tations of Caesarean birth in legend and art and tracing its history in medical writing, Renate Blumenfeld-Kosinski addresses the web of religious, ethical, and cultural questions concerning abdominal delivery in the Middle Ages and the Renaissance. *Not of Woman Born* increases our understanding of the history of the medical profession, of medical iconography, and of ideas surrounding "unnatural" childbirth. Blumenfeld-Kosinski compares texts and visual images in order to trace the evolution of Caesarean birth as it was perceived by the main actors involved—pregnant women, medical practitioners, and artistic or literary interpreters. Bringing together medical treatises and texts as well as hitherto unexplored primary sources such as manuscript illuminations, she provides a fresh perspective on attitudes toward pregnancy and birth in the Middle Ages and the Renaissance; the meaning and consequences of medieval medicine for women as both patients and practitioners, and the professionalization of medicine. She discusses writings on Caesarean birth from the twelfth and thirteenth centuries, when Church Councils ordered midwives to perform the operation if a mother died during childbirth in order that the child might be baptized; to the fourteenth century, when the first medical text, Bernard of Gordon's *Lilium medicinae*, mentioned the operation; up to the gradual replacement of midwives by male surgeons in the fifteenth and sixteenth centuries. *Not of Woman Born* offers the first close analysis of Francois Rousset's 1581 treatise on the operation as an example of sixteenth-century medical discourse. It also considers the ambiguous nature of Caesarean birth, drawing on accounts of such miraculous examples as the birth of the Antichrist. An appendix reviews the complex etymological history of the term "Caesarean section." Richly interdisciplinary, *Not of Woman Born* will enliven discussions of the controversial issues surrounding Caesarean delivery today. Medical, social, and cultural historians interested in the Middle Ages and the Renaissance, historians, literary scholars, midwives, obstetricians, nurses, and others concerned with women's history will want to read it.

#### Juta's Clinical Guide for Midwives

As women become more attuned to their bodies they become more self-aware, and with this self-awareness comes a greater desire for meaningful intimacy. Elizabeth Davis empowers women to take control of their sexuality by blending lessons on physicality, emotion, intuition, creativity and spirituality.

#### The Rhythms of Women's Desire

A memoir of a young midwife practicing in the wilds of New Hampshire who trained with a wonderful old country doctor, fell in love with her obstetrician back-up, and ultimately became a national leader in the struggle to reclaim the profession of midwifery in the United States. A story of love, loss and deep dedication to birthing women.

#### Not of Woman Born

*Supporting Women to Give Birth at Home* describes and discusses the main challenges and issues that midwives and maternity services encounter when preparing for and attending a home birth. To ensure that a home birth is a real option for women, midwives need to be able to believe in a woman's ability to give birth at home and to promote this birth option, providing evidence-based information about benefits and risks. This practical guide will help midwives to have the necessary skills, resources and confidence to support homebirth. The book includes: the present birth choices a woman has the implications homebirth has upon midwifery practice how midwives can prepare and support women and their families the midwife's role and responsibilities national and local policies, guidelines and available resources pain management options With a range of recent home birth case studies brought together in the final chapter, this accessible text provides a valuable insight into those considering homebirth. *Supporting Women to Give Birth at Home* will be of interest to students studying issues around normal birth and will be an important resource for clinically based midwives, in particular community based midwives, home birth midwifery teams, independent midwives, and all who are interested in homebirth as a genuine choice.

#### Women's Sexual Passages

The most-popular midwifery textbook in the world! The sixteenth edition of this seminal textbook, *Myles Textbook for Midwives*, has been extensively revised and restructured to ensure that it reflects current midwifery practice, with an increased focus on topics that are fundamental to midwifery practice today. Well illustrated to assist visual learning Boxes highlighting significant information to aid study Introduction, Aims of the chapter and Conclusion for each chapter References, Further Reading and

Useful websites to promote further learning  
Glossary of terms and acronyms provide simple definition of more complex terminologies  
Additional online resources  
Over 500 multiple-choice questions enable students to test their knowledge  
Unlabelled illustrations help reinforce learning  
Full image bank of illustrations to make study more visual and assist with projects. Full colour illustrations now used throughout the book, in response to student feedback  
Contains many new chapters, some of which are authored by members of the multi-professional team  
Up-to-date guidance on professional regulation, midwifery supervision, legal and ethical issues, risk management and clinical governance  
Recognition that midwives increasingly care for women with complex health needs, in a multicultural society  
Examination of the dilemmas involved in caring for women with a raised body mass index  
Chapter on optimising care of the perineum for women with perineal trauma, including those who have experienced female genital mutilation  
Guidance to support the trend for midwives to undertake the neonatal physical examination of the healthy term infant  
Additional coverage of basic neonatal resuscitation

#### Holistic Midwifery: Care during pregnancy

"Maiden, Mother, or Crone--where does a woman in her midlife years fit in? Thirteen powerful archetypes for your whole lifecycle. Women who have turned to feminist spirituality for appreciation of women's ways of knowing will revel in the thirteen empowering archetypes presented in this book. From Daughter to Blood Sister, Mother to Amazon, Sorceress to Crone, this groundbreaking work reveals the grand pattern of women's lives, rich and complex, beautiful and mysterious. Elizabeth Davis and Carol Leonard, licensed midwives with sixty-five years combined experience as health care providers and healer, developed the Wheel as a synthesis of their work in women's health, spirituality and psychology. The women's wheel of life draws on more than a hundred interviews with women of all ages who have found the Wheel to be an inspiring and revolutionary path for more powerful living"--Back cover.

#### Lady's Hands, Lion's Heart

Providing insights into midwifery, a team of reputable contributors describe the development of nurse- and direct-entry midwifery in the United States, including the creation of two new direct-entry certifications, the Certified Midwife and the Certified Professional Midwife, and examine the history, purposes, complexities, and the political strife that has characterized the evolution of midwifery in America. Including detailed case studies, the book looks at the efforts of direct-entry midwives to achieve legalization and licensure in seven states: New York, Florida, Michigan, Iowa, Virginia, Colorado, and Massachusetts with varying degrees of success.

#### Supporting Women to Give Birth at Home

Birth In Focus offers the reader a chance to see birth made real. Water birth, breech birth, twin birth, Caesarean birth - all are shown in 'photo stories', with accompanying text written both by the woman and her midwife, and sometimes also the partner or a child who was present. Clear images of the birth process provide an excellent educational tool for students, as well as offering inspiration to those who may not have had the opportunity to see birth in this way. A chapter on reflection points for practitioners will help professionals and birth supporters explore further the issues highlighted in the individual stories. There is a foreword by Ina May Gaskin, iconic American midwife and author of *Spiritual Midwifery*, and an introductory chapter exploring some of the most important issues in birth today. Foreword by Ina May Gaskin.

#### Myles' Textbook for Midwives E-Book

Boundaries and Protection moves beyond love and light, connecting the reader to the wisdom of the graceful and fiercely protective spirit of the Mountain Lion and offering powerful tools for those looking to explore and establish boundaries in their lives. More than just a set of tools, however, *Boundaries and Protection* is a catalyst for change and healing, a path towards embracing who you're meant to be. Prepare to be transformed by this book. Pixie Lighthorse is the author of five books centered on self-healing through intimate relationship with the natural world. She is an enrolled member of the Choctaw Nation of Oklahoma and writes as Lighthorse to honor the unheard voices of her ancestors. "Each of [Lighthorse's] writings creates a touchpoint to spirit, a connection with heart space. This work is medicine for us all." — Elena Brower, author of *Practice You*, *Being You* and *Art of Attention*

#### The Women's Wheel of Life

Ghostbelly is Elizabeth Heineman's personal account of a home birth that goes tragically wrong—ending in a stillbirth—and the harrowing process of grief and questioning that follows. It's also Heineman's unexpected tale of the loss of a newborn: before burial, she brings the baby home for overnight stays. Does this sound unsettling? Of course. We're not supposed to hold and caress dead bodies. But then again, babies aren't supposed to die. In this courageous and deeply intimate memoir, Heineman examines the home-birth and maternal health-care industry, the isolation of midwives, and the scripting of her own grief. With no resolution to sadness, Heineman and her partner learn to live in a new world: a world in which they face each day with the understanding of the fragility of the present.

### Mainstreaming Midwives

An insider's guide to getting the best for you and your baby in pregnancy and birth - by a midwife who knows it all. You're pregnant and you want the best for you and your baby. This book is a must-have manual that reveals the secrets women need to know to get the best for themselves and their babies in pregnancy and birth. Susan Ross, an accredited midwife with more than 25 years' experience, believes women risk their health and that of their babies by too often opting for medical intervention over natural birth. This book addresses the questions parents need to ask long before their baby arrives. And it includes case studies from women, midwives and obstetricians from hospitals, birth centres and home births - first-hand experiences that will help women make informed choices in pregnancy and birth. It is not a 'how to have a baby' book but a manual to help parents deal with doctors, health funds, hospitals and family members so that pregnancy and birth are the best they can be. This is a must-have for anyone pregnant or considering having a baby.

### Birth in Focus

Collects relevant clinical information on common medical problems that can affect the pregnancy. This book covers conditions as diverse as epilepsy, lupus, diabetes and HIV. It is suitable for all health professionals dealing with childbearing women.

### Boundaries and Protection

Much-recommended by new mothers, this is the only book you'll need for the best baby advice. Now completely revised and updated. Refreshingly honest, openly frank and candidly blunt, this book has been written by a mother (who is also an experienced midwife) for other mothers. It oozes warm fuzzies, exudes realism in every paragraph and is refreshing in its guiltless honesty. Modern first-time mothers are often alone - devoid of once-traditional motherhood knowledge and practical support. Often previously self-confident women find themselves isolated, fumbling over everyday mothering tasks, enduring sleep deprivation, feeling desperately despondent - and aching and leaking everywhere. This book provides supportive, caring advice - one mum to another - while at the same time serving as an encyclopaedic medical reference regarding the mother and baby. Checked thoroughly by medical professionals, this book is a unique blend, like having access to a kind and gentle GP as well as to all the gems of wisdom of years of mothers' coffee groups. This title clearly and compassionately explains the ups as well as the downs which are perfectly normal aspects of giving birth and mothering in today's society.

### Ghostbelly

Coming to Life does what too few scholarly works have dared to attempt: It takes seriously the philosophical significance of women's lived experience. Every woman, regardless of her own reproductive story, is touched by the beliefs and norms governing discourses about pregnancy, childbirth, and mothering. The volume's contributors engage in sustained reflection on women's experiences and on the beliefs, customs, and political institutions by which they are informed. They think beyond the traditional pro-choice/pro-life dichotomy, speak to the manifold nature of mothering by considering the experiences of adoptive mothers and birthmothers, and upend the belief that childrearing practices must be uniform, despite psychosexual differences in children. Many chapters reveal the radical shortcomings of conventional philosophical wisdom by placing trenchant assumptions about subjectivity, gender, power and virtue in dialogue with women's experience.

### Birth Right

More than 30 years ago, the Institute of Medicine (IOM) and the National Research Council (NRC) convened a committee to determine methodologies and research needed to evaluate childbirth settings in the United States. The committee members reported their findings and recommendations in a consensus report, *Research Issues in the Assessment of Birth Settings* (IOM and NRC, 1982). An *Update on Research Issues in the Assessment of Birth Settings* is the summary of a workshop convened in March, 2013, to review updates to the 1982 report. Health care providers, researchers, government officials, and other experts from midwifery, nursing, obstetric medicine, neonatal medicine, public health, social science, and related fields presented and discussed research findings that advance our understanding of the effects of maternal care services in different birth settings on labor, clinical and other birth procedures, and birth outcomes. These settings include conventional hospital labor and delivery wards, birth centers, and home births. This report identifies datasets and relevant research literature that may inform a future ad hoc consensus study to address these concerns.

### The Midwives' Guide to Key Medical Conditions

Kim Osterholzer, a midwife who's caught over 500 babies since 1993, ushers readers behind the doors of Amish homes as she recounts her lively, entertaining, and life-changing adventures learning the heart and art and craft of midwifery. In *A Midwife in Amish Country*, Kim chronicles the escapades of her nine-year apprenticeship grappling with the nuance and idiosyncrasies of homebirth as she tagged along after the woman who helped her birth her own babies at home. With drama and insight, she recounts the beauty and painstaking effort of those early years spent catching babies next to crackling woodstoves, by oil lamp and lantern light, and in farmhouses powered by windmills for running water and sporting outhouses for the unmentionables. She found herself catching babies born into leaky wading pools and through howling snow storms: huge babies, tiny babies, breech babies, and twin babies. Some births kept her from home for days on end, others she missed by heart-pounding seconds, yet every birth enthralled her, whether halting hemorrhages, sharing breath with tiny lungs, or bouncing through wild rides in ambulances. Too many times to count, Kim stumbled home feeling overwhelmed and inadequate, yet as she strained against her misgivings, self-doubts, and seemingly insurmountable challenges, those intimate, sacred moments transformed her as time after time she rocked back upon her heels to soak in the spellbinding magic of hearty cries filling the air—the cries of brand-new lives with newly expanding lungs, of hardy men with overflowing hearts, of life-bearing women with the reward of their labors filling their arms—a harmony of cries that mingled with Kim's own and that, together, rose heavenward from rumpled beds speckled and splattered with the sweat, tears, and blood of those births. The very beds of those conceptions became sacred spaces awash with love and joy and gratitude. She persevered, and her experiences became profoundly empowering as she unearthed the foundation and cornerstone of true midwifery—how to use her heart as well as her hands to serve, and to serve in the simplest of womanly ways---stroking, smoothing, wiping, tidying, nourishing, comforting, hearing, encouraging, validating, and witnessing. Slowly, steadily, Kim learned to play her part as midwife to the Amish—her part in a symphony of inimitable women—a single, piping strain among the melodies of those skilled, focused, strong, and harmonious—women unflagging in their passion to welcome new lives earth-side effectively and gently. And at last, tried and tested, Kim took her rightful place among them.

### Oh Baby

Describes different approaches to childbirth and their advantages and disadvantages, including midwife delivery and birth centers.

### Coming to Life

This collection brings together the leading research in maternity care from the US, Canada, and Europe to discuss systems of care for pregnancy and childbirth. A groundbreaking work which gives a truly international understanding.

### An Update on Research Issues in the Assessment of Birth Settings

The easy, trusted way to develop a birth plan As an expectant mother and parent, navigating all of the information and options for labor and delivery can be cumbersome and confusing. *Birth Plans For Dummies*, is the ultimate resource guide to help you understand, develop, and implement a plan for the birth of your baby. A birth plan is a communication tool for expectant mothers and those involved in the delivery of a child. The plan explains the mother's preferences for labor and delivery and eliminates

any confusion. There are a wide variety of methods, strategies, and techniques available to pregnant women preparing for delivery—and this hands-on, friendly guide covers them all. Covers choosing the setting and method that best fits the mothers needs and wishes Informs expectant parents about the numerous pain management and labor intervention options Provides instruction on developing and writing a birth plan and putting it into action If you are an expectant mother or parent looking for a guide to help develop a plan for the birth of your child, then Birth Plans For Dummies is the perfect book for you.

### A Midwife in Amish Country

There is no other living scholar with Davis-Floyd's solid roots, activism, and scholarly achievements on the combined subjects of childbirth, midwifery, obstetrics, and medicine. Ways of Knowing about Birth brings together an astounding array of her most popular and essential works, all updated for this volume, spanning over three decades of research and writing from the perspectives of cultural, medical, and symbolic anthropology. The 16 essays capture Robbie Davis-Floyd's unique voice, which brims with wisdom, compassion, and deep understanding. Intentionally cast as stand-alone pieces, the chapters offer the ultimate in classroom flexibility and include discussion questions and recommended films.

### Birth Your Way

If you are pregnant, plan to be pregnant, or are curious about alternatives to medical childbirth, the POCKET GUIDE TO MIDWIFERY will provide you with complete information about: Safety and effectiveness of midwifery care. The different types of midwives. How to choose a midwife. The care midwives give. Midwifery and the law. National organizations.

### Birth By Design

Ten Moons - The Inner Journey of Pregnancy, Preparation for Natural Birth A unique guide to pregnancy and birth. Written by a homebirth midwife, mother and grandmother, this book gives the power back to the woman to be the centre of her birthing universe, returning to her the keys to the long locked gates of the realm of feminine strength and the spiritual essence of birth. "The female body is designed for ecstasy-at menstruation, during lovemaking and giving birth. This book is your guide into the ecstasy and sacredness of birth. Full of love for everything that's right about your amazing body as a woman, you'll discover a wiser, more empowered approach to pregnancy and birth. It's knowledge that should be every woman's birthright...lets spread the word!" Alexandra Pope, author of 'The Wild Genie: The Healing Power of Menstruation' and 'The Woman's Quest'

### Birth Plans For Dummies

This text explores the rhetoric of reproductive technology throughout the 20th century, examining the ways discourse about these technologies has shaped thinking about reproduction and women's bodies, framed public policy and empowered or marginalized points of view.

### Ways of Knowing about Birth

Pocket Guide to Midwifery Care