

hoodwinked ten myths moms believe and why we all need to knock it off

[#mom myths](#) [#parenting beliefs](#) [#debunking motherhood](#) [#parenting misconceptions](#) [#real parenting advice](#)

Uncover the ten most persistent myths that have hoodwinked moms for generations, and learn why it's crucial to challenge these outdated parenting beliefs. This insightful guide empowers you to knock off the self-imposed pressure and embrace a more authentic, guilt-free approach to motherhood, fostering happier parents and healthier families.

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Hoodwinked

Moms have been hoodwinked—tricked into believing lies that keep them from not only enjoying motherhood, but forging friendships with other moms who might tackle the tasks of motherhood differently. Myths such as “Mothering is natural, easy, and instinctive” cause moms to feel like failures if they have questions or apprehensions in raising their kids. Operating from the premise that “The way I mother is the right (and only) way” puts up fences between moms instead of building bridges of encouragement between them. Lies such as “I am my child’s choices” tempt moms to mistakenly believe that if their child makes a wrong choice then they, in turn, must be a bad mom. In their encouraging “we’ve been there” style, Karen Ehman and Ruth Schwenk enable mothers to: Identify the ten myths of motherhood our current culture perpetuates Replace the lies with the truth of what God says in the Bible about mothering Acquire practical tools to help them form new and improved thought patterns and healthy behaviors Forge healthy, supportive relationships with other moms of all ages and stages Confidently embrace the calling of motherhood as they care for their families in their own unique way A six-session video Bible study for group or individual use is also available.

Hoodwinked Study Guide

According to Karen Ehman, popular author and speaker with Proverbs 31 Ministries, and Ruth Schwenk, it's time to stop the "Mommy Wars." Today's wives and mothers have been hoodwinked; convinced that serving their family is a subservient and antiquated role. Because of culture, family, friends, or lack of biblical teaching, many moms miss how valuable and powerful their calling really is. Some have bought into the pressure to be "Supermom." Others have believed the myth that they can "do it all" and do it perfectly. This six-session video-based study (DVD/digital video sold separately) will encourage and inspire women to embrace their roles as mothers wholeheartedly yet realistically, whether they work outside the home, have a home business, or are stay-at-home moms. Mothers will find a fresh new vision for an age-old calling as they tackle the challenges and embrace the blessings of motherhood. Sessions include: Build Bridges, Not Fences: When Others Mother Differently Mothering Matters: Seeing the Hard Years as the Heart Years At the Top of the Tightrope: When You Try to Do It All Pressing the Pause Button: Taking Your Schedule from Racing to Rest In Armor of Their Own: On Revealing the Picture God's Painting Raising Children on Your Knees: When Your Child Makes a Bad Choice Designed for use with the Hoodwinked Video Study (sold separately).

Hoodwinked

According to Karen Ehman, popular author and speaker with Proverbs 31 Ministries, and Ruth Schwenk, of www.thebettermom.com, it's time to stop the "Mommy Wars." Today's wives and mothers have been hoodwinked; convinced that serving their family is a subservient and antiquated role. Because of culture, family, friends, or lack of biblical teaching, many moms miss how valuable and powerful their calling really is. Some have bought into the pressure to be "Supermom." Others have believed the myth that they can "do it all" and do it perfectly. This six-session video-based study (DVD/digital video sold separately) will encourage and inspire women to embrace their roles as mothers wholeheartedly yet realistically, whether they work outside the home, have a home business, or are stay-at-home moms. Mothers will find a fresh new vision for an age-old calling as they tackle the challenges and embrace the blessings of motherhood. Sessions include: Build Bridges, Not Fences: When Others Mother Differently Mothering Matters: Seeing the Hard Years as the Heart Years At the Top of the Tightrope: When You Try to Do It All Pressing the Pause Button: Taking Your Schedule from Racing to Rest In Armor of Their Own: On Revealing the Picture God's Painting Raising Children on Your Knees: When Your Child Makes a Bad Choice Designed for use with the Hoodwinked Video Study (sold separately).

Hoodwinked Study Guide with DVD

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For Better or for Kids

The transition from "married" to "married with children" can be tough. Before they know it, a once youthful and energetic married couple finds themselves in a minivan loaded with noisy kids and littered with Cheerios, crusty Sippy cups, banana peels, and missing library books. As much as you love your children and work hard to nurture and train them for the future, the challenges that come with parenthood can make the "for better or for worse" promise a hard one to honor. For Better or For Kids will enable couples to: Build a God-centered marriage instead of a Child-centered or Me-centered marriage Avoid the dangers of spouse-neglect and self-neglect Effectively communicate in the chaos Explore ways to parent together as one team Find balance in the busyness For Better or For Kids is about remembering that even when you feel worn out, over-extended, and neglected, you promised to be a team. Marriage with kids may not always be what we expected, but it is good. We need to make a vow to love our spouse with kids in the house.

Pressing Pause

Kids bickering? Schedule jam-packed? Dishes and laundry both piled up high? Perhaps it's time you pressed pause and took a moment for yourself. Pressing Pause offers you a calm way to start your day, to refresh yourself in Jesus and drink deeply of His presence so that you are ready to pour out love, time, and energy into the people who matter most to you. With these 100 encouraging devotions, moms will: Begin each day with Scripture Draw on God's powers by discovering His Word Learn practical ways to love and serve Pressing Pause is perfect for: Any mother wanting to approach each day with a positive mindset and develop a closer relationship with God Motivational gifts, birthdays, Mother's Day, or Christmas Moms, ages 25-50 Whether you're juggling a career, kids' schedules, and church commitments or you're covered in spit-up and anxious about what the next 18 years might hold, you can carve out a few quiet moments to rejuvenate your spirit.

When Making Others Happy Is Making You Miserable

Are you overwhelmed by others' unrealistic expectations of you? Do you feel torn in dozens of directions as you try to make everyone around you happy? If you're ready to end the cycle of approval seeking, New York Times bestselling author and recovering people pleaser Karen Ehman is here to help! When *Making Others Happy Is Making You Miserable* shares the refreshing, heartfelt lessons that Karen learned firsthand during her own journey of breaking free from people pleasing in order to live out her God-given purpose. Let Karen be your new go-to guide as you learn to successfully break the destructive pattern of people pleasing and start fully embracing the life God has called you to lead. With equal parts humor and vulnerability, Karen explores why it's so easy to fall into people-pleasing behaviors and reminds us that we can't fulfill our divine purpose if we're too busy living everyone else's. She offers her timely advice for living with less overwhelm and with more peace and purpose, sharing words of wisdom that will help you: Prioritize what God says above what other people think Live your life without worrying about the opinions and expectations of others Cultivate a strategy for knowing when to say yes and how to say no Create and maintain healthy boundaries with the pushers, pouters, guilt bombers and others who try to call the shots in your life Learn to navigate the tension between pleasing God and loving your community Join Karen as she encourages you to walk closely--and confidently--with our loving Creator, despite the opinions and expectations of others. It's time to end the people-pleasing game and finally enjoy the peaceful and purposeful life that you deserve.

The Better Mom

Mothering is messy. Our joy and hope in raising children doesn't change the reality that being a mom can be frustrating, stressful, and tiring. But just as God is using us to shape our children, God is using our children and motherhood to shape us. In *The Better Mom*, author Ruth Schwenk, herself a mother of four children, encourages us with the good news that there is more to being a mom than the extremes of striving for perfection or simply embracing the mess. We don't need to settle for surviving our kids' childhood. We can grow through it. With refreshing and heartfelt honesty Ruth emboldens moms to: Find freedom and walk confidently in purpose Create a God-honoring home environment Overcome unhealthy and destructive emotions such as anger, anxiety, and more Avoid glorifying the mess of mom-ing or idolizing perfection Cultivate life-giving friendships At the heart of *The Better Mom* is the message that Jesus calls us to live not a weary life, but a worthy life. We don't have to settle for either being apathetic or struggling to be perfect. Both visions of motherhood go too far. Ruth offers a better option. She says, "It's okay to come as we are, but what we're called to do and be is far too important to stay there! The way to becoming a better mom starts not with what we are doing, but with who God is inviting us to become."

Unstuffed

STUFF. It's everywhere. Lurking in corners and closets, spilling onto counters and coffee tables, creating havoc everywhere we look. And it's not just the physical clutter that weighs us down. Oh no, it is the stress of overbooked schedules, and the weight of life that sometimes feels oppressive and totally out of whack. New York Times bestselling author Ruth Soukup feels your pain--she has been there too. Through personal stories, Biblical truth, and practical action plans, she will inspire and empower each of us to finally declutter not just our home, but our mind and soul as well. *Unstuffed* is real, honest, and gets right down to the question we are all facing--how can we take back our lives from the stuff that is weighing us down? In this book, together we will: Create a comprehensive vision for our homes and make instant changes to improve its overall function. Discover that more closet space is not the solution and instead learn how to set strict limits for the stuff we bring in Overcome the frustration of dealing with our kids' influx of stuff and implement practical solutions for keeping the chaos at bay. Recognize the pitfalls of an overstuffed schedule BEFORE it gets out of hand and instead learn to combat the culture of busy that keeps us running from one thing to the next. Finally conquer that mountain of paperwork that threatens to tumble down around us at any moment. Let go of the guilt that gets attached to gifts and instead learn to separate our loved ones from their stuff. Begin to cultivate our real friendships while eliminating the toxic relationships that weigh us down.

Listen, Love, Repeat

Our culture is self-obsessed – in our schedules, relationships, and especially online. (Can you say selfie?) But in this near-narcissism, people are less content than in decades past. Why? Because we forgot the joy that comes from putting others first. Doing so requires us to live alert, listening for “heart drops,” hints from those in our lives who need a helping hand or a generous dose of encouragement.

Living alert lifts our own spirits, showing us that blessing others blesses us even more. Listen, Love, Repeat offers biblical teaching and suggests doable actions that are simple, heart-tugging, sentimental, even sneaky and hilarious. This message: • Presents scriptural examples of those who lived alert, including Jesus, who noticed those who least expected to be seen. • Explains the role of good works for followers of Christ. They aren't our ticket to heaven but they are our marching orders on earth. • Gives creative ideas for showing love to friends and family, and suggests practical ways to reach out to the lonely, the marginalized, the outcast, and the odd duck. Additionally, it helps you comfort the grieving, showing what you can do when you don't know what to say. • Provides inspiration for blessing the "necessary people" in your life, those often-overlooked souls who help you get life done every day, and teaches you how to hug a porcupine by genuinely loving the hard-to-love. As we scatter love, we create a safe space where we can openly share the gospel. We get to see lives changed right before our eyes. Most importantly, Listen, Love, Repeat will enable you to live a life that is full of kind deeds, not to selfishly shout, "Hey! Look at me!" but to humbly implore, "Will you look at Him?"

The SuperMom Myth

"This book isn't about raising kids. It's about raising Moms. . ." says author, speaker, blogger, lunch packer, and sidewalk chalk artist Becky Kopitzke. In a Pinterest-perfect culture, moms sense an accelerated pressure to measure up. Then they either weigh themselves down with guilt or become resigned--desensitized, even--to this so-called failure. The Supermom Myth--with humor and grace, yet all the while maintaining a firm grasp on reality--aims to empower women to become the moms God created them to be. With 8 chapters, each personifying a "dirty villain" of motherhood, including The Grouch on the Couch (Anger), Worry Woman (Fear), and The Calendar Queen (Busyness), Kopitzke gently reminds moms to rest in the super power of our grace-filled God.

Settle My Soul

Are your days full? Are you tired and craving quiet for your soul? You're not alone. If days filled with obligations and never-ending to-do lists leave you feeling anxious and overwhelmed, you can find the peace your soul longs for. In Settle My Soul, authors Karen Ehman and Ruth Schwenk invite you to carve out a few moments in your day to deepen your relationship with the Lord through 100 encouraging devotions. Karen and Ruth are women who understand all that you're juggling, and they desire for you to experience the refreshment that comes only from the Lord. Settle My Soul is the companion to the best-selling devotional Pressing Pause. With just a few minutes, you can connect with God, set aside your busyness and worries, center your thoughts on Him and His Word, and restore your peace of mind. Each devotional includes a brief but meaningful devotional message, applicable scripture, guided prayer, and reflection questions. Throughout the book you'll also find journaling pages for deeper reflection. Perfect gift for birthdays and Mother's Day. Over 100,000 copies sold! Settle My Soul was named the 2020 ECPA Christian Book Award winner for the Devotion and Gift category. Your life is loud. But if you will just press pause for a few minutes each day, you can discover what Jesus longs to give you: His peace.

Zip It

This follow-up devotional to the New York Times bestseller Keep It Shut takes a deeper look at the advice and commands of Scripture concerning the tongue, offering practical how-to's that will inspire you to use your words to build, bless, encourage, and praise. Each day we speak thousands of words in dozens of places. One thing is certain about the words we speak, type, and text: they are powerful, and they have consequences. They can impart love and life or deliver discouragement and defeat. No wonder Scripture contains more than 3,500 verses about the power of the tongue. This devotional will take you on a journey over the next forty days to learn to choose and use your words wisely--saving you a boatload of regret and wounded relationships. Each of the forty interactive entries includes a Scripture-verse focus for the day, a story or teaching point, and reflection questions. Each entry ends with both an action that will help you carry out the directive in the verse and a prayer prompt. The entries in Zip It build upon each other, equipping you with new tools for how--or how not--to use your words. Ultimately, Zip It will challenge you to use your mouth with godly purposes. To build . . . not to break. To bless . . . not to badger. To encourage . . . not to embitter. To praise . . . not to pounce.

When Making Others Happy Is Making You Miserable Bible Study Guide plus Streaming Video

Do you struggle with people-pleasing? Learn how to develop a Biblically-centered strategy for knowing when to say yes and how to say no. Karen Ehman knows firsthand how people-pleasing locks us in a prison, trapping us in unhealthy habits which distract us from our true selves and our God-given purpose. With honesty and practical wisdom, Ehman explores why we fall into people-pleasing behaviors and offers advice for how we can break out into the freedom God has called us to. Because the truth is we cannot fulfill our divine purpose if we're too busy living everyone else's. In this six-session video Bible study filled with vulnerable and humorous stories, biblical insight, and encouragement from someone who's been there, Ehman will help you: Discover how to live out your priorities despite the opinions and expectations of others Cultivate a strategy for knowing when to say yes and how to say no Implement boundaries with the pushers, pouters, guilt-bombers and others who try to call the shots in your life Learn to navigate the tension between following God and loving the people around you When Making Others Happy Is Making You Miserable is the Bible study you need to quit the pleasing game, reclaim your life, and walk with God in peace and confidence. Sessions and Run Times: People Pleasing (20 mins) Just Who Is Calling the Shots? (23 mins) To Tell the Truth (18 mins) You're Capable, but Are You Called? (20 mins) Must Be Nice (20 mins) Your People and Your Punch List (20 mins) This study guide has everything you need for a full Bible study experience, including: The study guide itself - video teaching notes, group discussion questions, Scripture memory verses and personal study of Scripture and context. An individual access code to stream all six video sessions online (you don't need to buy a DVD!). Streaming video access code included. Access code subject to expiration after 12/31/2027. Code may be redeemed only by the recipient of this package. Code may not be transferred or sold separately from this package. Internet connection required. Void where prohibited, taxed, or restricted by law. Additional offer details inside.

For Better Or for Kids

In *For Better or For Kids*, Patrick and Ruth Schwenk encourage and equip couples to keep their love alive, even while raising kids in the house.

In a Boat in the Middle of a Lake

Your Storm Doesn't Have to Sink You At some point in our lives, we all find ourselves in a boat in the middle of a lake. We might be there due to a job loss or the death of a loved one. Maybe disability, divorce, or financial insecurity has stranded us. Patrick and Ruth Schwenk found themselves feeling battered after five miscarriages and then surrounded by the waves with Patrick's cancer diagnosis at age forty-three. They were alone. Drifting. And that's when their transformation began. In this compassionate and powerful book, the Schwenks weave together lessons from their own experience with insightful Bible teaching to remind us that one of the greatest ways God transforms us is through trials. As they unpack why Jesus called the disciples into the middle of a lake when dry ground was so safe and comfortable, they help us understand why the depth of our hurt enables us to experience deep hope; learn to conquer fear to experience the freedom God has for us; and discover how God uses chaos, and not just the classroom, to shape and work through us. Today—in your confusion about God's intentions, your disappointment over lost dreams, your disillusionment about prayer—God is offering hope. Because Jesus is still Lord over the water. And while he is not moved by the waves, he is moved by you. And this flood might just be a path to abundance. “A powerful reminder that our current reality is not our final reality, and God is Lord over all chaos and suffering!” —Candace Cameron Bure, actress and New York Times bestselling author

The Christian Parenting Handbook

With advice on parenting coming from several angles, what do you listen to and what do you ignore? Develop your own biblical philosophy of parenting and use it to filter the many ideas that come your way. In this book you'll learn how to: Identify character qualities to address problems Build internal motivation Transfer responsibility for change to the child Teach kids to be solvers instead of whiners Use creativity to teach your kids spiritual truths Avoid the “boxing ring” Envision a positive future And much more! With these strategies you'll be able to move from behavior modification to a heart-based approach to parenting. Instead of relying on rewards, incentives, threats, and punishment, you'll learn how to identify heart lessons to teach your child and implement them in practical ways. *The Christian Parenting Handbook* by Dr. Scott Turansky and Joanne Miller, founders of the National Center for Biblical Parenting, compiles fifty parenting principles that use heart-based strategies to teach you how to face daily challenges. When parents focus on the heart, kids learn to ask different questions about

life. Instead of asking, "What's in it for me?" they learn to ask, "What's the right thing to do?" You'll soon see how a heart-based approach to parenting looks deeper and brings about greater, lasting change. The daily interaction you have with your children can impact them for the rest of their lives. With these fifty heart-based strategies, you'll develop your own biblical philosophy of parenting and gain perspective, greater motivation, and confidence that you're moving in the right direction. As you envision a positive future for your children, they'll experience hope and direction and you will too. Start applying these principles today!

The Shelter of God's Promises

In a world of uncertainty, pain, and struggle, where do you find solid assurance and unshakeable truth? Gifted Bible teacher and inspiring Women of Faith speaker Sheila Walsh offers powerful, heart-filled teaching on ten bedrock promises of God, providing the foundation for daily confidence, joy, and hope. In *The Shelter of God's Promises*, Sheila searches Scripture for what God has promised us, what God's promises mean, and how encounters with Christ are the eternal fulfillment of His unrelenting commitment to us. In this riveting walk through some of the Bible's most compelling stories, Walsh unveils ten foundational promises of God that secure our lives during even the most difficult times. Sheila weaves her hallmark storytelling, inspiring personal experience, and Scripture to help readers gain a trust in God that will sustain them for a lifetime.

You Can, You Will

Commit to excellence and celebrate your natural gifts by embracing eight principles for professional and spiritual success from #1 New York Times bestselling author Joel Osteen. In *You Can, You Will*, these eight undeniable qualities of winners can help you reach your potential and achieve new levels of success in your life: Keep Your Vision in Front of You Run Your Race Expect Good Things Have a Positive Mindset Commit to Excellence Keep Growing Serve Others Stay Passionate You are created to be a winner. Live by Joel Osteen's eight principles and boldly go in the direction of your destiny.

Keep It Shut

Kind, encouraging, and humorous, Karen Ehman helps us learn the essential practice of using our words more effectively--alleviating heartache and regret, reducing relational tension and conflict, lessening our stress levels, and growing our relationship with God. From Bible times to modern times women have struggled with their words. What to say and how to say it. What not to say. When it is best to remain silent. And what to do when you've said something you wish you could now take back. In this book a woman whose mouth has gotten her into loads of trouble shares the hows (and how-not-tos) of dealing with the tongue. Beyond just a "how not to gossip" book, this book explores what the Bible says about the many ways we are to use our words and the times when we are to remain silent. Karen will cover using our speech to interact with friends, co-workers, family, and strangers as well as in the many places we use our words in private, in public, online, and in prayer. Even the words we say silently to ourselves. She will address unsolicited opinion-slinging, speaking the truth in love, not saying words just to people-please, and dealing with our verbal anger. Christian women struggle with their mouths. Even though we know that Scripture has much to say about how we are--and are not--to use our words, this is still an immense issue, causing heartache and strain not only in family relationships, but also in friendships, work, and church settings. Also available: *Keep It Shut* small group video study and study guide.

Power of a Positive Woman

This life-changing book explores seven principles that can help you become a powerful force in your family, your church, your community, and your world. Through biblical teaching, inspirational quotes, and true stories of women just like you, you will learn to incorporate your life as you have a powerful impact on those around you. Do you want to be a positive woman of powerful influence? Do you want to make a lasting impression on the lives of the people around you? You can become a positive woman—no matter where you find yourself right now—simply by choosing to allow God's power and strength to pour through you. This life-changing book explores seven principles that can help you become a powerful force in your family, your church, your community, and your world. Through biblical teaching, inspirational quotes, and true stories of women just like you, you will learn to incorporate your life as you have a powerful impact on those around you. Every woman—including you—has the potential to

become a positive, powerful influence in her world. Never underestimate the power of a positive woman. That woman can be you!

The Dig for Kids

Are you looking for an easy and meaningful way to teach your kids the Bible? The Dig for Kids is a great resource for families because it makes teaching children the Bible simple, fun, and interactive! Early on in The Dig you will meet a character named Doc. He will be your expert and experienced tour guide. Through each Dig, Doc will help guide a child systematically through books of the Bible. Throughout this study of James, parents and children will explore practical wisdom for everyday life as they learn how to put their faith into action! Kids will explore topics such as walking in wisdom, guarding their tongue, persevering through trials and more! Visit us at <http://www.thedigforkids.com>

Keep Showing Up

Discover how your differences can become the strength of your marriage in this real-life guide to both living with and loving your spouse. It is true that opposites attract--for a while. But often as the years go by in our marriages, opposites may also begin to attack. The habits and characteristics we once found endearing about our significant other are the exact things that drive us crazy years later! Whether you and your spouse disagree about finances, parenting, or how to load the dishwasher, your differences don't need to divide you. They can actually bring you closer together--and closer to God. In *Keep Showing Up*, Karen Ehman shows you . . . How to play to each other's strengths as you work on your own weaknesses The difference between having a soul mate and having a sole mate How to become a faithful forgiver who also forgets Strategies for avoiding the social media comparison trap Why it's dangerous to mimic a friend's marriage How to unearth the magic in the mundane Why a spouse who drives you crazy can drive you straight to Jesus Throughout *Keep Showing Up*, Karen also includes ideas to implement in your marriage right now, such as powerful statements to speak to your spouse, date-night-on-a-shoestring suggestions, and discussion starters.

The Heart of Perfection

An award-winning author, former presidential speechwriter, and mother of four weaves stories of her own struggles against comparison and impossible expectations with those of seven ex-perfectionist saints (and one heretic) who show us how to pursue a new kind of perfection: freedom in Christ. Spiritual perfectionism—an obsession with flawlessness rooted in the belief that we can earn God's love—is the most dangerous form of perfectionism because so many of us mistake it for virtue, or deny that it afflicts us at all. Its toxic cycle of pride, sin, shame, blame, and despair distorts our vision, dulls our faith, and leads us to view others through the same hypercritical lens we think God is using to view us. As a lifelong overachiever who drafted her first résumé in sixth grade and spell-checked her high-school boyfriend's love letters, Colleen Carroll Campbell knows something about the perfectionist trap. But it was only after she became a mother that she started to see how insidiously perfectionism had infected her spiritual life, how lethal it could be to her happiness and her family, and how disproportionately it afflicts the people working hardest to serve God. In the ruins of her own perfectionist mistakes, Colleen dug into Scripture and the lives of the canonized saints for answers. She discovered to her surprise that many holy men and women she once saw as encouraging her perfectionism were, in fact, recovering perfectionists. And their grace-fueled victory over this malady—not perfectionist striving—was the key to their heroic virtue and contagious joy. In *The Heart of Perfection*, Colleen weaves the stories and wisdom of these saints with Scripture and beautifully crafted tales of her own trial-and-error experiments in applying that wisdom to her life. She introduces us to such saints as Jane de Chantal, a single mother who conquered her impatience only after her ex-perfectionist friend Saint Francis de Sales convinced her to trade punishing prayer regimens for the tougher discipline of showing gentleness to rude in-laws, rowdy kids, and herself. Colleen describes the battle against obsessive guilt that turned timid people-pleaser Alphonsus Liguori into a fearless defender of God's mercy; the discernment rules that helped Ignatius of Loyola overcome crippling discouragement and distraction; the concern for reputation that almost cost the world the radical witness of Francis of Assisi; and the biblical work-life balance that Benedict of Nursia pioneered after years of driving himself and others too hard—and without surrendering his holy zeal. Gorgeously written and deeply insightful, Colleen Carroll Campbell's *The Heart of Perfection* shows that the solution to perfectionism is not to squelch our hard-wired desires for excellence but to allow God to purify and redirect them, by swapping the chains of control and comparison for pursuit of a new kind of perfection: the freedom of the children of God.

Trusting God in All the Things

When Life is Filled with All the Things, Begin Your Days with the Most Important Thing of All Life is just . . . a lot. Relationships are hard. Responsibilities are piled high. And it seems like all the things are distracting you from the very best things of all. There's little time left for yourself--or for connecting with Jesus. No wonder you feel anxious in your mind and hurried in your heart. You desperately long for calm amidst your clamoring duties, stacked schedule, and life's unexpected circumstances. But where do you begin? More than anything else, your heart needs a refreshing encounter with God each day. Trusting God in All the Things offers women like you a way forward so you can experience the confident calm you crave. These 90 encouraging devotions will help you face life with God's peace and renewed strength. Start your day here, on these pages, where you'll find the calming reassurance of God, who is the only One who can truly be trusted in all the things.

The Better Mom Devotional

As a mom, you want to give your best to your family. Motherhood is incredibly rewarding, yet its challenges can leave you feeling anxious, inadequate, and overwhelmed with mom guilt. Trusted author Ruth Schwenk of Pressing Pause and The Better Mom blog will help you learn to give yourself grace as you grow in wisdom with The Better Mom Devotional. As a busy mom of four kids, Ruth understands the stress of raising a family and trying to do it all perfectly, but she has uncovered a secret: becoming a better mom doesn't start with what you are doing but with who God is inviting you to become. In The Better Mom Devotional, 100 devotions filled with Scripture, prayers, and reflection questions will help you discover: How God uses motherhood to change you from the inside out Intentional ways to deepen your faith in any season of parenting The true calling of motherhood: training, disciplining, and loving your children well The life-giving impact of honest, loving friendships This devotional is a great fit for: Mothers of small children and teenagers Small groups, women's Bible study groups, and personal daily reflection Mother's Day, birthdays, and holiday gifting With Ruth's encouragement, you can overcome mom guilt, stop trying to be the perfect mom, let go of the endless to-do list of motherhood, and experience the most challenging but rewarding adventure yet--becoming The Better Mom.

The Library Dragon

A funny, playful salute to the power and importance of books from New York Times best-selling author Carmen Agra Deedy. When Sunrise Elementary School advertised for a thick-skinned librarian with a burning love of books, Miss Lotta Scales knew she was perfect for the job. Who could guard books better than a REAL dragon? Yet when she won't let any of the children take a book from the shelves, the teachers form a delegation. Not even sweet Miss Lemon can convince Miss Lotta Scales that "the library belongs to the children." Fortunately, when nearsighted Molly Brickmeyer stumbles onto a copy of Snuff the Magic Dragon and reads the tale out loud, her storytelling beckons the children back to the library and brings them face to face with the Library Dragon. Can an open book temper the flames of the school's hotheaded librarian? Filled with clever dragon puns, this is an entertaining story, now available in an audio edition, about the power and importance of books for both children and adults.

So Long, Insecurity

Explores insecurity in Christian teenage girls and includes interviews with actual girls on handling tough situations, stories of women in the Bible who had insecurity, and answers to questions on everyday issues.

Anagram Solver

Anagram Solver is the essential guide to cracking all types of quiz and crossword featuring anagrams. Containing over 200,000 words and phrases, Anagram Solver includes plural noun forms, palindromes, idioms, first names and all parts of speech. Anagrams are grouped by the number of letters they contain with the letters set out in alphabetical order so that once the letters of an anagram are arranged alphabetically, finding the solution is as easy as locating the word in a dictionary.

From Grouchy to Great

As moms, we can all struggle to keep it together sometimes. In a moment, anger or frustration can spill out. The battle for Jesus to reign in our hearts and through our emotions is a fight we all face-- every

single day. The good news is that we don't have to face this battle alone. Joy can be yours in the journey of motherhood!

Phyllis Schlafly and Grassroots Conservatism

Based on access to Schlafly's papers and sixty other archival collections, offers a look at the private life and public convictions of the arch-conservative and determined opponent of the Equal Rights Amendment, gay rights, and reproductive freedom.

The Power of a Positive Mom

In this portable gift book for busy moms, Ladd maintains that women can become the powerful influence in their children's lives that they've always wanted to be.

Population Control

From the food we eat, the water we drink to the air we breathe, everything these days seems capable of killing us. Recently we have seen an unprecedented number of deaths due to medications for diseases that may not even exist, obscure cancers caused by our modern devices, and brutal police tactics. All a coincidence? Think again. In *Population Control*, acclaimed journalist Jim Marrs lays out a stunning case for his most audacious conspiracy yet: the scheme concocted by a handful of global elites to reduce the world's population to 500 million by whatever means necessary and make a profit from it. Marrs, the bestselling author of *Rule by Secrecy* and *The Trillion Dollar Conspiracy*, pulls no punches in exposing this evil and chillingly effective plan. He explains how a small group of tremendously wealthy and powerful people control virtually every important industry – guns, oil, pharmaceuticals, food, and of course the media – and how it uses this vast network of conglomerates to take actions that lead to the deaths of men and women all over the world. In the explosive *Population Control*, Marrs lays bare the damning truths corporate owners don't want you to discover: how they've spied on private citizens, intentionally spread disease, and destroyed the planet chasing profits, all to improve the lives of a privileged few while eliminating everyone else. Finally, he offers a citizen's blueprint for fighting back.

When I Lay My Isaac Down

When I Lay My Isaac Down offers readers a powerful and poignant sense of identification with their most profound challenges, equipping them with biblical principles to persevere in hope and joy and faith.

The Dig Proverbs

Are you looking for an easy and meaningful way to teach your kids the Bible? The Dig for Kids is a great resource for families because it makes teaching children the Bible simple, fun, and interactive! Early on in *The Dig* you will meet a character named Doc. He will be your expert and experienced tour guide. Throughout this study of Proverbs, parents and children will explore the everyday choice we all have: walking in wisdom or walking in foolishness. Kids will learn how to walk in wisdom and apply His truth in the areas of friendship, family, emotions, work, and more! Visit us at <http://www.thebetterlifeministry.com>

Crossword Lists

Few bonds are more blessed than that of mother and daughter. Encompassing all of life itself, this special relationship colors every woman's past, present, and future. This moving new collection shows how God's love and compassion for mothers and daughters is at work in their lives every day of the year. Featuring a touching essay for each month, biblical passages, and real-life accounts of mother/daughter miracles large and small, this devotional is a daily dose of grace and goodness for Christians everywhere.

A Cup of Comfort Devotional for Mothers and Daughters

Since 1976, when he was an 18-year-old junior at USC, Leonard Pitts' writing has been winning awards, including the Pulitzer and five National Headliner Awards. This book collects his best newspaper columns, along with select longer pieces. The book is arranged chronologically under three broad

subject headings: "Waiting for Someday to Come," about children and family; "White Men Can't Jump (and Other Stupid Myths)," about race, gender, sexual orientation, religion, and other fault lines of American culture; and "Forward from this Moment," about life after the September 11 attacks, spirituality, American identity, and Britney Spears. Pitts has a readership in the multi-millions across the country, and his columns generate an average of 2500 email responses per week. His enthusiastic fans are certain to embrace this collection of the best of his newspaper and magazine work, published to coincide with the release of his first novel, *Before I Forget*. *Forward from this Moment* is an essential collection from one of America's most important voices.

Forward From this Moment

When Agent Rx, chronic criminal and fugitive, goes off on a dust binge, he hits rock bottom and hits the road, leaving a trail of tears, violence and infamy in his wake. Meanwhile, Jordan Strong uncovers a highly classified method of time travel under the fixed scrutiny of various government agencies and chapters of the occult all coveting his guinea pig tits 'n appeal. Enlisting Rx's blue-collar bred double helix for tedium and accumulation of detail, they exploit parallel realities and paradoxical time lines to mine a collaborative novel transcribed from the voices of the dead. They stage the Phenotypical Exploitation, a kidnapping of Jane Bale and subsequent sale to NYC's dance music circuit, purveyor of drugs, sex and art. But their interests unravel when Agent Rx tries to reverse engineer the domestic trial of the century, bringing the novel, its author and the Exploitation's fatally erotic subject into notoriety for dollars on retrograde dimes. Together, they embark on a literary crusade of self-sabotage that threatens to fall off the cutting edge of a techno thriller, picaresque odyssey and log of skeletons. An upscale Polish call girl develops a posthumous reputation as the poster child for the right to die movement. The simultaneous advances in medical science and life expectancy coincide with the human colonization of Mars. A transgendered stick-up thug pulls off a career robbery, befriends a US President, gets used by the CIA, and becomes a father. A media star attempts to change her image. Paranormal visitations threaten the sanity of hard drug addicts, all the while a support group for movement disorders braces as a roundtable therapeutic free-for-all. Is a telephonic method of time travel the real deal, or an exploitation in itself, a device for dredging up juice from a cold vein? This is the story of two men among hundreds of ghosts and trees, from Cuba in the 1930s to New York in 2046. I know folks from the rust belt to the dust bowl who've never seen these trees. Go see them. You owe it to yourself.

Thousands of Lies

"As someone who has spent forty years in psychology with a long-standing interest in evolution, I'll just assimilate Howard Bloom's accomplishment and my amazement." --DAVID SMILLIE, Visiting Professor of Zoology, Duke University In this extraordinary follow-up to the critically acclaimed *The Lucifer Principle*, Howard Bloom--one of today's preeminent thinkers--offers us a bold rewrite of the evolutionary saga. He shows how plants and animals (including humans) have evolved together as components of a worldwide learning machine. He describes the network of life on Earth as one that is, in fact, a "complex adaptive system," a global brain in which each of us plays a sometimes conscious, sometimes unknowing role, and he reveals that the World Wide Web is just the latest step in the development of this brain. These are theories as important as they are radical. Informed by twenty years of interdisciplinary research, Bloom takes us on a spellbinding journey back to the big bang to let us see how its fires forged primordial sociality. As he brings us back via surprising routes, we see how our earliest bacterial ancestors built multitrillion-member research and development teams a full 3.5 billion years ago. We watch him unravel the previously unrecognized strands of interconnectedness woven by crowds of trilobites, hunting packs of dinosaurs, feathered flying lizards gathered in flocks, troops of baboons making communal decisions, and adventurous tribes of protohumans spreading across continents but still linked by primitive forms of information networking. We soon find ourselves reconsidering our place in the world. Along the way, Bloom offers us exhilarating insights into the strange tricks of body and mind that have organized a variety of life forms: spiny lobsters, which, during the Paleozoic age, participated in communal marching rituals; and bees, which, during the age of dinosaurs, conducted collective brainwork. This fascinating tour continues on to the sometimes brutal subculture wars that have spurred the growth of human civilization since the Stone Age. Bloom shows us how culture shapes our infant brains, immersing us in a matrix of truth and mass delusion that we think of as reality. *Global Brain* is more than just a brilliantly original contribution to the ongoing debate on the inner workings of evolution. It is a "grand vision," says the eminent evolutionary biologist David Sloan Wilson, a work that transforms our very view of who we are and why.

