

Mental Health From A Gender Perspective 1st Edition

[#mental health gender perspective](#) [#gender and mental wellbeing](#) [#gender differences in mental health](#) [#women's mental health issues](#) [#men's mental health challenges](#)

This first edition explores the intricate relationship between mental health and gender perspective, delving into gender differences in mental health outcomes, challenges, and support needs. It offers comprehensive insights for a deeper understanding of gender and mental wellbeing across various populations and contexts.

All syllabi are reviewed for clarity, accuracy, and academic integrity.

We truly appreciate your visit to our website.

The document Gender Impact Mental Wellbeing you need is ready to access instantly. Every visitor is welcome to download it for free, with no charges at all.

The originality of the document has been carefully verified.

We focus on providing only authentic content as a trusted reference.

This ensures that you receive accurate and valuable information.

We are happy to support your information needs.

Don't forget to come back whenever you need more documents.

Enjoy our service with confidence.

This document is highly sought in many digital library archives.

By visiting us, you have made the right decision.

We provide the entire full version Gender Impact Mental Wellbeing for free, exclusively here.

Mental Health from a Gender Perspective

Mental Health from a Gender Perspective addresses the many issues that impact on women's mental health, drawing from a wide range of disciplines.

Gender and Mental Health

This book focuses on various aspects of gender and mental health. Drawing on multidisciplinary perspectives and scholarship, it summarizes the complex intertwining of illness and culture in the context of the rising frequency of mental disorders. The book is divided into three sections, the first of which examines the fundamental and conceptual underpinnings of mental health, well-being and wellness from a gender perspective, in order to present an overview of mental health through a holistic gender lens. The second section focuses on the mental health scenario in India, examining the epidemiological data and etiology of mental illness from a psychosocial standpoint. Lastly, the third section shares field-based narratives that reflect the multifaceted challenges related to the treatment of mental illness, inclusion and the promotion of positive mental health. It also includes success stories in diverse settings. The book is an indispensable read for scholars and professionals in psychology, sociology, gender studies and social work.

Rethinking Mental Health and Disorder

This volume presents work at the interface of feminist theory and mental health. The editors a stellar array of contributors to continue the vital process of feminist theory building and critique.

Psychopathology in Women

This book examines sex and gender differences in the causes and expression of medical conditions, including mental health disorders. Sex differences are variations attributable to individual reproductive

organs and the XX or XY chromosomal complement. Gender differences are variations that result from biological sex as well as individual self-representation which include psychological, behavioural, and social consequences of an individual's perceived gender. Gender is still a neglected field in psychopathology, and gender differences is often incorrectly used as a synonym of sex differences. A reconsideration of the definition of gender, as the term that subsumes masculinity and femininity, could shed some light on this misperception and could have an effect in the study of health and disease. This second edition of Psychopathology clarifies the anthropological, cultural and social aspects of gender and their impact on mental health disorders. It focuses on gender perspective as a paradigm not only in psychopathology but also in mental health disorders. As such it promotes open mindedness in the definition and perception of symptoms, as well as assumptions about those symptoms, and raises awareness of mental health.

Gender and Mental Health

"Prior examines the individual experiences of mental disorders for both men and women and explores a range of mental health policy issues including concepts of normality, trends in mental health care legislation and service delivery, the differing impacts of national mental health policies on women and on men, and changing views of disorders linked with sexual identity and orientation."--BOOK JACKET.

The Psychology of Gender and Health

The Psychology of Gender and Health: Conceptual and Applied Global Concerns examines the psychological aspects of the intersection between gender and health and the ways in which they relate to the health of individuals and populations. It demonstrates how gender should be strategically considered in the most routine research tasks—from establishing priorities, constructing theory, designing methodologies, in data interpretation, and how to practically apply this information in clinical contexts. The topics covered in its chapters answer the needs of professionals, students, and faculty, providing an up-to-date conceptual tool that covers the relationships that exist between gender and health. The book will not only help users build expertise in psychology in gender and health, but also contribute to the awareness and training of psychologists as dynamic actors in the implementation of the gender perspective in their studies, reflections, research, and health interventions. Offers specific literature on the gender perspective in health and psychology Addresses a broad and diverse audience, and its coverage is uniquely comprehensive Utilizes an intersectional approach to race, class, sexual orientation, nationality, disability status, and age Updates on the pressing concerns of gender violence Covers specific content on transgender and same-sex attracted populations that includes a focus on men and masculinity Deals with hot topics on infertility, immigration, and HIV/AIDS

Women and Mental Health

We know that gender traits and mental disorders are based on social, cultural, personal and physiological background. In order to formulate the best management plan for the patient, the mental health practitioner needs to incorporate all available information. Women and Mental Health provides a comprehensive overview of the most prominent mental health problems in women today. Examining the physiological, social and psychological factors of mental illness, and providing an up-to-date perspective on the etiology of different disorders, the book will help mental health professionals formulate the best management plan for the individual. Covering issues including perinatal psychiatric disorders, depression, eating disorders, schizophrenia, and alcohol and drug abuse - from a female perspective - Women and Mental Health will prove a valuable tool for all those working in the fields of mental health.

Health and Gender

This book presents a concise and comprehensive overview of the most important protective and risk factors for women's health, and reviews the main areas of medical science from a gender perspective. Numerous scientific experiments and studies have shown how gender differences significantly affect the clinical presentation of physical and mental health disorders as well as responses to treatments. This text highlights these issues, while at the same time reflecting on the practical implications of the theoretical knowledge presented. It also examines the organization of social and health services, which should increasingly take into account the specificities related to gender differences and where equality is based on truly embracing these differences. The final part provides insights into the experiences and testimonies collected by the authors of the book. Written by a multidisciplinary team of medical,

psychosocial and humanities professionals, this book is of interest to health professionals and medical students.

Contemporary Topics in Women's Mental Health

Contemporary Topics in Women's Mental Health: Global Perspectives in a Changing Society considers both the mental health and psychiatric disorders of women in relation to global social change. The book addresses the current themes in psychiatric disorders among women: reproduction and mental health, service delivery and ethics, impact of violence, disasters and migration, women's mental health promotion and social policy, and concludes each section with a commentary discussing important themes emerging from each chapter. Psychiatrists, sociologists and students of women's studies will all benefit from this textbook. With a Foreword by Sir Michael Marmot, Professor of Epidemiology and Public Health, University College London; Chair, Commission on Social Determinants of Health

Clinical Psychology and Adolescent Girls in a Postfeminist Era

Adolescent girls' wellbeing is under threat. They face pressure to achieve academically while simultaneously negotiating a life dominated by social media, an unrelenting focus on appearance, cyberbullying, sexual harassment and ready access to pornography characterised by male violence to women. The sociocultural environment presents significant risks for girls' mental health, yet clinical psychology remains largely focused on the individual. Cultural factors are also overshadowed by postfeminist forces and a renewed emphasis on biological determinants of psychological sex differences. *Clinical Psychology and Adolescent Girls in a Postfeminist Era* goes back to first principles and revisits the question of the place of nature and nurture in children's development, in the light of what we now know about neural plasticity, dynamic systems and gender socialisation. Feminism and its sometimes uncomfortable relationship with psychology is discussed, as are the meaning and implications of 'postfeminism', and whether girls have 'special strengths'. Practice principles and specific ideas for practice with today's girls are all included. Finally, there is a complementary chapter on working with adolescent boys. Feminist writings about psychotherapy (with women) had their heyday some time ago, and some see boys as the ones who now need special attention. This book contends that the changing pressures of today's western world call for a renewed interest in specialised practice with girls, taking account of up-to-date theories about child development, and exploring the idea of expanding clinical practice beyond the individual.

Women's mental health: promoting a gendered approach to policy and service provision: executive summary

This Handbook represents the first concerted effort to understand male mental health in a way that facilitates a positive step forward in both theory and treatment. An alarming number of men experience serious mental health issues, as demonstrated by high rates of suicide and violent offending. Despite these problems, the study of male psychology has either been overlooked, or viewed as a problem of defective masculinity. This handbook brings together experts from across the world to discuss men's mental health, from prenatal development, through childhood, adolescence, and fatherhood. Men and masculinity are explored from multiple perspectives including evolutionary, cross-cultural, cognitive, biological, developmental, and existential viewpoints, with a focus on practical suggestions and demonstrations of successful clinical work with men. Throughout, chapters question existing models of understanding and treating men's mental health and explore new approaches, theories and interventions. This definitive handbook encapsulates a new wave of positive theory and practice in the field of male psychology and will be of great value to professionals, academics, and those working with males through the lifespan in any sector related to male mental health and wellbeing.

The Palgrave Handbook of Male Psychology and Mental Health

This book brings together the thinking of an international group of clinicians, researchers, and professionals from different disciplines and is based primarily on a selection of papers presented at a conference on the same topic held at the Tavistock Centre, London, in November 1996, but with additional original contributions. It presents a dialogue amongst the various perspectives that can be taken about atypical gender identity development and their relevance to mental health in children and adolescents. The book is for multidisciplinary professional readership and interested lay people.

Stranger in My Own Body

Contemporary Topics in Women's Mental Health: Global Perspectives in a Changing Society considers both the mental health and psychiatric disorders of women in relation to global social change. The book addresses the current themes in psychiatric disorders among women: reproduction and mental health, service delivery and ethics, impact of violence, disasters and migration, women's mental health promotion and social policy, and concludes each section with a commentary discussing important themes emerging from each chapter. Psychiatrists, sociologists and students of women's studies will all benefit from this textbook. With a Foreword by Sir Michael Marmot, Professor of Epidemiology and Public Health, University College London; Chair, Commission on Social Determinants of Health

Contemporary Topics in Women's Mental Health

The second edition of A Handbook for the Study of Mental Health provides a comprehensive review of the sociology of mental health. Chapters by leading scholars and researchers present an overview of historical, social and institutional frameworks. Part I examines social factors that shape psychiatric diagnosis and the measurement of mental health and illness, theories that explain the definition and treatment of mental disorders and cultural variability. Part II investigates effects of social context, considering class, gender, race and age, and the critical role played by stress, marriage, work and social support. Part III focuses on the organization, delivery and evaluation of mental health services, including the criminalization of mental illness, the challenges posed by HIV, and the importance of stigma. This is a key research reference source that will be useful to both undergraduates and graduate students studying mental health and illness from any number of disciplines.

A Handbook for the Study of Mental Health

This pioneering book discusses the mental health of Indian women from the twin perspectives of feminism and the philosophy of the social sciences. Reviewing data and documented material covering broad areas such as theory, research, clinical practice and policy, Bhargavi V Davar addresses issues of: the epidemiology of mental distress among Indian women; the aetiology of mental illness in terms of socio-demography, violence and culturally specific distress behaviours; gender bias in mental health services; and the female 'self' in the context of mental distress.

Mental Health of Indian Women

The Female Body in Mind introduces new ways of thinking about issues of women's mental health assessment and treatment. Its multidisciplinary approach incorporates social, psychological, biological and philosophical perspectives on the female body. The contributions, from notable academics in the field of women's mental health, examine the relationship between women's bodies, society and culture, demonstrating how the body has become a platform for women's expression of their distress and anguish. The book is divided into six sections, all centred on the theme of the body, covering: The body at risk. The hurting body. The reproductive body. The interactive body. Body-sensitive therapies. The body on my mind. All professionals involved in women's mental health will welcome this exploration of the complexities involved in the relationship between women bodies and their mental health.

The Female Body in Mind

"The book, Women with Serious Mental Illness: Gender-Sensitive and Recovery-Oriented Care, calls attention to a topic and population that has been overlooked in research and psychotherapy - women with serious mental illnesses (i.e., schizophrenia, severe depression, bipolar disorder, and complex posttraumatic stress disorder). Women with Serious Mental Illness focuses on the history of mistreatment, marginalization, and oppression they have encountered in the general public and within the mental health system. This book provides an overview of recovery-oriented care for women with serious mental illness - a process of seeking hope, empowerment, and self-determination beyond the effects of mental illness. Chapters provide a historical overview of the treatment of women with mental illness, their resilience and recovery experiences, as well as issues pertaining to relationships, work, class, culture, trauma, and sexuality. This book also offers the new model of Gender-Sensitive and Recovery Oriented Care (G-ROC) for working with this group from a gender-sensitive framework. The book is a useful tool for mental health educators and providers, with each chapter containing case studies, clinical strategies lists, discussion questions, experiential activities, diagrams, and worksheets that can be completed with clients, students, and peers"--

Women with Serious Mental Illness

In this volume, authorities from around the United States and from a variety of perspectives analyze and discuss key topics in women's mental health, including empowerment, substance abuse, severe mental illness and interpersonal violence. Issues examined in the first part focus on service delivery - for example, the organizational structure of service delivery, gender and racial service disparities, and challenges women face as mental health administrators. Contributors to Part Two explore special issues and populations, including women who have survived trauma such as sexual abuse, and women with mental disorders who are in prison.

Women's Mental Health Services

Questions of sexuality and gender affect everyone and therefore have an inevitable relevance in the consulting room. Yet with interpretations and manifestations of both varying greatly from person to person, understanding the inherent complexities of sexuality and gender can be a daunting task for the health professional. Breaking down these complexities this practical guide familiarises the reader with all of the common and many of the less common sexualities, genders and relationship forms, and explains experiences and issues relating to each. The book contains: -Explanations of various forms of sexuality, gender and relationship structures -Common concerns relating to specific groups -Key practises relating to specific groups -The treatment of specific groups in contemporary Western society -Details of some rules and ideals that are commonly found within specific groups -Suggestions for professional practice with these groups Ideal for all members of the multidisciplinary team, this accessible book is relevant to practitioners across theoretical backgrounds. Whether you are a trainee or qualified psychotherapist, counsellor, nurse, medic, psychiatrist, social worker or applied psychologist, this is a vital text for your professional practice. CHRISTINA RICHARDS is Senior Specialist Psychology Associate at the West London Mental Health NHS Trust (Charing Cross) Gender Identity Clinic. MEG BARKER is a senior lecturer in psychology at the Open University and a sex and relationship therapist.

Sexuality and Gender for Mental Health Professionals

Cynthia Moniz and Stephen Gorin's Behavioral and Mental Health Care Policy and Practice: A Biopsychosocial Perspective is a new mental health policy textbook that offers students a model for understanding policy in a framework that addresses policy practice. Edited to read like a textbook, each chapter is written by experts on an aspect of mental health policy. The book contains two parts: Part I chronicles and analyzes the evolution of mental health policy; Part II analyzes current policy and teaches students to engage in policy practice issues in different settings and with diverse populations.

Behavioral and Mental Health Care Policy and Practice

Papers presented at the 'National Review Workshop on Gender and Mental Health', held at Velha Goa in July 2007.

Gendering Mental Health

Over the last forty years, there have been numerous attempts to critique the theory and practice of mental health care. Taking its lead from anti-psychiatry, Critical Perspectives on Mental Health seeks to explore and evaluate the claims of mainstream mental health ideologies and to establish what implications the critiques of these perspectives have for practice. This text will be essential reading for students and those working in the social work and mental health care professions.

Critical Perspectives on Mental Health

This book argues that while notions of trauma in mental health hold promise for the advancement of women's rights, the mainstreaming of trauma treatments and therapies has had mixed implications, sometimes replacing genuine social change efforts with new forms of female oppression by psychiatry. It contends that trauma interventions often represent a "business as usual" approach within psychiatry, with women being expected to comply with rigid treatment protocols, accepting the advice given by trauma "experts" that they are mentally unstable and that they must learn to manage the effects of violence in the absence of any real changes to their circumstances or resources. A critique of trauma treatment in its current form, Trauma, Women's Mental Health, and Social Justice recommends practical

steps towards a socio-political perspective on trauma which passionately re-engages with feminist values and activist principles.

Trauma, Women's Mental Health, and Social Justice

In *First Person Accounts of Mental Illness*, case studies of individuals experiencing schizophrenia, mood disorders, anxiety disorders, personality disorders, substance use disorders, and other mental ailments will be provided for students studying the classification and treatment of psychopathology. All of the cases are written from the perspective of the mentally ill individual, providing readers with a unique perspective of the experience of living with a mental disorder. "In their book *First Person Accounts of Mental Illness and Recovery*, LeCroy and Holschuh offer the student, researcher, or layperson the intimate voice of mental illness from the inside. *First Person Accounts of Mental Illness and Recovery* is a wonderful book, and it is an ideal, even indispensable, companion to traditional mental health texts. I am grateful that they have given the majority of this book to the voices that are too often unheard."

—John S. Brekke, PhD, Frances G. Larson Professor of Social Work Research, School of Social Work, University of Southern California; Fellow, American Academy of Social Work and Social Welfare
"This is absolutely a must-read for anyone who has been touched by someone with a mental illness, whether it be personal or professional. It is imperative that this book be required reading in any course dealing with psychopathology and the DSM, whether it be in psychology, psychiatry, social work, nursing, or counseling." —Phyllis Solomon, PhD, Professor in the School of Social Policy & Practice and Professor of Social Work in Psychiatry at the University of Pennsylvania
A unique volume of first person narratives written from the perspective of individuals with a mental illness. Drawing from a broad range of sources, including narratives written expressly for this book, self-published accounts, and excerpts from previously published memoirs, this distinctive set of personal stories covers and illustrates a wide spectrum of mental disorder categories, including: Schizophrenia and other psychotic disorders, Mood disorders, Anxiety disorders, Personality disorders, Substance-related disorders, Eating disorders, Impulse control disorders, Cognitive disorders, Somatoform disorders, Dissociative disorders, Gender identity disorders, Sleep disorders. Disorders usually first diagnosed in infancy, childhood, or adolescence. Reflecting a recovery orientation and strengths-based approach, the authentic and relevant stories in *First Person Accounts of Mental Illness and Recovery* promote a greater appreciation for the individual's role in treatment and an expansion of hope and recovery.

First Person Accounts of Mental Illness and Recovery

First published in 1989. Routledge is an imprint of Taylor & Francis, an informa company.

Gender, Health And Illness

Drawing upon insights from feminist new materialism the book traces the complex material-discursive processes through which women's recovery from depression is enacted within a gendered biopolitics. Within the biomedical assemblage that connects mental health policy, service provision, research and everyday life, the gendered context of recovery remains little understood despite the recurrence and pervasiveness of depression. Rather than reducing experience to discrete biological, psychological or sociological categories, feminist thinking moves with the biopsychosocialities implicated in both distress and lively modes of becoming well. Using a post-qualitative approach, the book creatively re-presents how women 'do' recovery within and beyond the normalising imperatives of biomedical and psychotherapeutic practices. By pursuing the affective movement of self through depression this inquiry goes beyond individualised models to explore the enactment of multiple self-world relations. Reconfiguring depression and recovery as bodymind matters opens up a relational ontology concerned with the entanglement of gender inequities and mental (ill) health.

Feminism and a Vital Politics of Depression and Recovery

The first of its kind, this book reflects progress in a too-little explored corner of psychiatry to show that gender plays an integral role in mental health issues for men. *Textbook of Men's Mental Health* provides clinicians with the information they need for understanding how certain disorders manifest differently in men -- and for recognizing how treatment responses in men differ from those in women. Multidisciplinary coverage in this groundbreaking guide draws from fields such as public health and substance abuse to create a well-rounded approach to addressing men's specific mental health problems. With contributions by today's experts in men's mental health, this work gathers the latest research about men's psychiatric issues, from the difficulties in diagnosing male depression to strategies for engaging

men in marital therapy. First addressing developmental issues specific to childhood, adolescence, and old age, the text then presents treatment options for an array of problems, from anxiety to sexual disorders to posttraumatic stress disorder. This volume then addresses psychosocial issues as they apply uniquely to men, such as fathering, marriage, aggression, and overcoming the stigma of mental health treatment -- as well as a chapter on how men's ethnicity influences the effectiveness of therapy. Among the topics discussed are how men behave in intimate relationships with women -- and the mental health considerations unique to gay men psychiatric disorders more prevalent in men than women, such as substance abuse, antisocial personality, and conduct disorder up-to-date facts on male sexual functioning, covering erectile dysfunction, premature ejaculation, and male orgasmic disorder why disorders less common in men -- anxiety, depression, PTSD -- require different treatment than for women coverage of compulsive disorders seen in men both more frequently, such as pathological gambling and compulsive sexual behavior -- and less frequently, such as kleptomania and compulsive buying insight into how body image, a problem usually associated with women, has become a serious health issue for men, as evidenced by eating disorders, muscle dysmorphia, and steroid abuse No previous text has addressed such a wide range of issues concerning men's mental health, presented here in evidence-based coverage featuring case vignettes, key points, practice guidelines, and an extensive reference list in each chapter. Clinicians who wish to make more prudent decisions regarding the care of men with mental health issues will find this text indispensable to their practice -- and to the well-being of their male patients.

Textbook of Men's Mental Health

Women's Mental Health: A Life-Cycle Approach brings together the latest research and clinical information on the wide variety of psychiatric problems that affect women in unique ways. The book is organized around the female life cycle—childhood, adolescence, adulthood, reproduction, and aging—and addresses specific disorders as they present at each stage. Chapters examine the biological, hormonal, and psychosocial foundations of female psychiatric disorders at each life-cycle stage and offer a framework for thinking about clinical problems. Expert commentaries are included to expand on key issues and provide an insightful overview of each life-cycle stage. The international group of contributors ensures complete coverage of cross-cultural issues. Concluding chapters discuss mental health services for women worldwide.

Women's Mental Health

"The Oxford Handbook of Sexual and Gender Minority Mental Health provides an overview of the current research on the mental health of sexual and gender minority (SGM) populations. It is aimed at researchers conducting studies on the mental health of SGM populations, clinicians and researchers interested in psychiatric disorders that affect SGM populations, clinicians using evidence-based practice in the treatment of SGM patients/clients, students in mental health programs (clinical psychology, psychiatry, clinical social work, and psychiatric nursing), and policymakers. This chapter defines some terms and provides an overview of current and past SGM research methods"--

The Oxford Handbook of Sexual and Gender Minority Mental Health

The essays in this volume discuss racism and sexism as they affect mental health. In particular, they focus on training, diagnosis, treatment, and research, emphasizing the power relationships between individuals and groups that cause unequal access to mental health care. They offer perspectives on issues and their distinct effects on mental health: interracial adoptions, teenage motherhood, gender bias in mental health diagnosis and therapy, prisons used as substitutes for hospitals, homeless families, and increasing violence- in the home, on college campuses, and in the streets.

Mental Health Racism And Sexism

This book focuses on the social and societal context of women's mental health. Drawing from multi-disciplinary perspectives and scholarship, it pays particular attention to how women's mental health is experienced at the personal level, yet it is influenced by their relationships and interacts with the larger societal context (such as prevailing gender equality policies, income distribution, role burden, peace and security). Specific attention is given to the positive aspects of women's mental health (such as agency, resilience) and how women's personal relations across diverse domains (such as family, work, neighbourhoods) are constructed and influenced by, and in turn influence, broader societal structures/ policies/ opportunities. A unique feature of this book is that, at the end of each chapter, there is a

Response section written by a non-academic such as a community member, practitioner or policy maker in which the invited authors respond to the chapter texts in the form of narrative, poetry, and/or prose, according to their various backgrounds, interests, and experiences.

Women's Mental Health

We know that gender traits and mental disorders are based on social, cultural, personal and physiological background. In order to formulate the best management plan for the patient, the mental health practitioner needs to incorporate all available information. *Women and Mental Health* provides a comprehensive overview of the most prominent mental health problems in women today. Examining the physiological, social and psychological factors of mental illness, and providing an up-to-date perspective on the etiology of different disorders, the book will help mental health professionals formulate the best management plan for the individual. Covering issues including perinatal psychiatric disorders, depression, eating disorders, schizophrenia, and alcohol and drug abuse - from a female perspective - *Women and Mental Health* will prove a valuable tool for all those working in the fields of mental health.

Women and Mental Health

This text is a guide to good practice within adult mental health care, providing a comprehensive introduction to mental health and illness. It is designed to aid mental health professionals and workers, agencies, and any individuals coming in to contact with mental illness, in recognising a mental health need or problem and offering appropriate support. This is an essential introduction written by practitioners, and also draws from the personal experiences of service users and carers, providing up-to-date and topical material covering major issues such as: * the concepts of mental health, illness and recovery * advocacy and empowerment * legal and policy issues relating to practice * gender and ethnicity in mental health * violence and abuse. The broad range of this book makes it an excellent resource for mental health practitioners, whether experienced or new to the field, support workers, students, and anyone interested in understanding the complexities of mental illness and the mental health system.

Good Practice in Adult Mental Health

This new edition of a bestselling, evidence-based textbook provides a comprehensive overview of psychiatric and mental health nursing. Keeping service users and their recovery at the centre of care, the holistic approach will help nurses to gain the tools and understanding required to work in this complex area. Extensively updated for this new edition, the text looks at: Aspects of mental health nursing: covering topics such as ethics, developing therapeutic relationships and supervision. The foundations of mental health nursing: discussing diagnosis, assessment and risk. Caring for those experiencing mental health distress: looking at wide range of troubles including anxiety, bipolar disorder, eating disorders and issues around sexuality and gender. Care planning and approaches to therapeutic practice: exploring ideas, pathways and treatments such as recovery, CBT, psychodynamic therapies and psychopharmacology. Services and support for those with mental health distress: covering topics such as collaborative work, involvement of service users and their families and carers, and a range of different mental healthcare settings. Mental health nursing in the twenty-first century: highlighting emerging and future trends including the political landscape, physical health and health promotion, and technological advances. This accessible and comprehensive textbook integrates service user perspectives throughout and includes student-friendly features such as learning outcomes, key points summaries, reflection points and further reading sections. It is an essential resource for all mental health nursing students, as well as an invaluable reference for practising nurses.

Psychiatric and Mental Health Nursing

Winner of the 2021 BPS Book Award: Academic Text category, this groundbreaking book employs a transdisciplinary and poststructuralist methodology to develop the concept of 'postfeminist healthism,' a twenty-first-century understanding of women's physical and mental health formed at the intersections of postfeminist sensibilities, neoliberal constructs of citizenship and the notion of health as an individual responsibility managed through consumption. Postfeminist healthism is used in this book to explore seven topics where postfeminist sensibility has the most impact on women's health: self-help, weight, surgical technologies, sex, pregnancy, responsibilities for others' health and pro-anorexia communities. The book explores the ways in which the desire to be normal and live a good life is tied to expectations

of 'normal-perfection' circulated across interpersonal interactions, media representations and expert discourses. It diagnoses postfeminist healthism as unhealthy for both those women who participate in it and those whom it excludes and considers how more positive directions may emerge. By exploring the under-researched intersection of postfeminism and health studies, this book will be invaluable to researchers and students in psychology, gender and women's studies, health research, media studies and sociology.

Postfeminism and Health

This groundbreaking book employs a transdisciplinary and poststructuralist methodology to develop the concept of ¿postfeminist healthism,¿ a twenty-first-century understanding of women¿s physical and mental health formed at the intersections of postfeminist sensibilities, neoliberal constructs of citizenship, and the notion of health as an individual responsibility managed through consumption. Postfeminist healthism is used in this book to explore seven topics where postfeminist sensibility has the most impact on women¿s health: self-help, weight, surgical technologies, sex, pregnancy, responsibilities for others¿ health, and pro-anorexia communities. The book explores the ways in which the desire to be normal and live a good life is tied to expectations of ¿normal-perfection¿ circulated across interpersonal interactions, media representations, and expert discourses. It diagnoses postfeminist healthism as unhealthy for both those women who participate in it and those whom it excludes, and considers how more positive directions may emerge.¿ By exploring the under-researched intersection of postfeminism and health studies, this book will be invaluable to researchers and students in psychology, gender and women¿s studies, health research, media studies, and sociology.

Postfeminism and Health

Clinical psychology has traditionally ignored gender issues. The result has been to the detriment of women both as service users and practitioners. The contributors to this book show how this has happened and explore the effects both on clients and clinicians. Focusing on different aspects of clinical psychology's organisation and practice, including child sexual abuse, family therapy, forensic psychology and individual feminist therapy, they demonstrate that it is essential that gender issues are incorporated into clinical research and practice, and offer examples of theory and practice which does not marginalise the needs of women.

Gender Issues in Clinical Psychology

Take your knowledge of the mental health issues that affect LGBT people to the next level! The Handbook of LGBT Issues in Community Mental Health provides reliable, up-to-date information on clinical issues, administrative practices, and health concerns related to the provision of public sector mental health services to LGBT people. The handbook presents clinical case material and describes various current clinical programs, with details about how they were developed and fostered, as well as their unique role in the provision of mental health services to this population. Contributors share their experiences developing two of the largest public LGBT programs in the United States and offer practical strategies for developing LGBT mental health programming in any community. This single source brings together mental health clinicians, administrators, and advocates whose work involves public sector issues that concern the LGBT community. These seasoned experts provide in-depth information for those who need to know about the current state of mental health care in public psychiatry for LGBT individuals. The book also explores the professional and popular literature on the subject, providing a broad overview of the issues in this expanding clinical area. The Handbook of LGBT Issues in Community Mental Health contains five chapters that target policy, administrative, and programmatic issues, providing a neglected perspective for clinicians, program developers, administrators, advocates, and funders. In addition, you'll find: two case studies that vividly demonstrate the relevance of culturally appropriate services and highlight the reasons why services in this area are so sorely needed a psychiatrist's recollections of the changes he faced while working in a homophobic environment within the Veterans Administration system fascinating interviews with Francis Lu and Barbara Warren that probe the thoughts, experience, and opinions of these leaders in the development of public sector mental health programs for LGBT people an examination of the role of gender identity in the treatment of a male-to-female transgender person with major mental illness In the Handbook of LGBT Issues in Community Mental Health, you'll also find practical, how-they-did-it information that shows: how LGBT organizations in New York State organized to gain public funding for mental health and other human services, and how a new advocacy strategy that consolidated LGBT human service organizations

into a statewide network was pioneered in that state how mental health care for sexual minority teens was incorporated into the medical clinic setting at a major metropolitan hospital how a culturally sensitive program for LGBT people with major mental illness was developed in New York State's largest community mental health center how a small, volunteer community health agency developed into a multi-million dollar facility that provides comprehensive health care to New York City's LGBT community

Handbook of LGBT Issues in Community Mental Health

The second edition of *A Life Course Approach to Women's Health* is a timely addition to the literature, reflecting extraordinary gains in the evidence on women's health across the life course. This new edition provides an up to date and comprehensive review of scientific evidence and methodological developments in life course epidemiology, as well as new fields of research, such as integrative omics. This text reflects the focus of recent research, advances in technology, and the evolving nature of the field with its application in practice and policy. There are new chapters on endometriosis, lung function, cognition, gynaecological cancer, integrative omics, structural sexism, violence, health service use, and knowledge translation. Each chapter reflects the views of individual authors, within a common life course framework to provide a consistent approach across the book. This conceptual framework is summarised in the introductory chapter, with an outline of each topic covered. Key findings, common themes, and theoretical and methodological challenges are highlighted in the concluding chapter. Over 50 international researchers working on women's health and well-being from diverse fields have contributed to this new edition which is highly recommended as essential reading for anyone with an interest in women's health.

A Life Course Approach to Women's Health