

Midlife Transition And Sanctity Of Life

[#midlife transition](#) [#sanctity of life](#) [#spiritual growth midlife](#) [#finding purpose in midlife](#) [#ethical life decisions](#)

Navigate your midlife transition with purpose and clarity. This article explores the profound journey of self-discovery during midlife, aligning personal growth with the timeless principles of the sanctity of life. Discover insights for finding purpose in midlife and making ethical life decisions that foster spiritual growth and a deeper understanding of human value.

Our archive continues to expand through partnerships with universities.

Thank you for accessing our website.

We have prepared the document Sanctity Life Principles just for you.

You are welcome to download it for free anytime.

The authenticity of this document is guaranteed.

We only present original content that can be trusted.

This is part of our commitment to our visitors.

We hope you find this document truly valuable.

Please come back for more resources in the future.

Once again, thank you for your visit.

Many users on the internet are looking for this very document.

Your visit has brought you to the right source.

We provide the full version of this document Sanctity Life Principles absolutely free.

What I Did on My Midlife Crisis Vacation

Are you "woo-woo" curious? Feeling restless about the big picture in life? You're not alone. And you can vicariously explore a collection of metaphysical, spiritual, paranormal and New Age events from the comfort of your reading chair. In this humorous, sassy and oh-so-honest memoir, the author brings you along through a string of compelling adventures, ideologies and introspective moments in hot pursuit of magic, miracles, healing, love, and a deeper grasp of the metaphysical nature of reality. In a unique style akin to confessional reporting, she shares with you her revelations and keen insights into human behavior as you meet a plethora of colorful characters and occasional charlatans. She sorts out the wheat from the chaff, both within and without, and emerges clear-headed and empowered... with inspiration to spare. I must say that this is the funniest book ever! It is the book that you and your friends will be passing around and talking about all year long! ---Rita Reviews Never preachy, DeRose gives voice to many of the same concerns other mid-lifers may be too afraid to admit...and quickly diffuses any fear with her wacky humor. ---Reader Views She has exactly the right balance of skepticism and open-mindedness to make the writing have universal appeal, however much the reader personally believes in all that woo. ---Madhouse Reviews

Encyclopedia of Women in Today's World

This work includes 1000 entries covering the spectrum of defining women in the contemporary world.

Sacred Selfishness

While growing up, selfishness is defined for most people as a destructive force -- power-driven, self-obsessed, a tyranny against others, and a drain on energy. Early lessons teach that the needs of others must be put above one's own. This has created a culture of outward-directed people, cut off from the inner sources of energy and vitality. Failing to develop one's individuality can eventually lead to depression and ill health. Only after becoming whole can one help others as well as society. This is the lesson of Sacred Selfishness, in which Jungian analyst Bud Harris argues persuasively that one must live authentically in order to be whole, happy, healthy, and a truly contributing member of society.

This essential guide offers many strategies readers can use in order to live a "sacredly selfish" life, from analyzing dreams to keeping a detailed journal that teaches seekers to understand themselves, their worth, and their needs.

The Black Books (Slipcased Edition) (Vol. Seven-Volume Set)

Until now, the single most important unpublished work by C.G. Jung—The Black Books. In 1913, C.G. Jung started a unique self-experiment that he called his “confrontation with the unconscious”: an engagement with his fantasies in a waking state, which he charted in a series of notebooks referred to as The Black Books. These intimate writings shed light on the further elaboration of Jung’s personal cosmology and his attempts to embody insights from his self-investigation into his life and personal relationships. The Red Book drew on material recorded from 1913 to 1916, but Jung actively kept the notebooks for many more decades. Presented in a magnificent, seven-volume boxed collection featuring a revelatory essay by noted Jung scholar Sonu Shamdasani—illuminated by a selection of Jung’s vibrant visual works—and both translated and facsimile versions of each notebook, The Black Books offer a unique portal into Jung’s mind and the origins of analytical psychology.

The Bible and the American Myth

"[T]he problem which this collection of essays addresses is rooted in the fact that no other society in the world is so imbued both with the aura and aroma of the Bible, while simultaneously subjecting it to such parasitic cultural captivity . . . This little book reflects the power of what can happen when bright, passionate minds embrace the problem of the American myth . . . No other American biblical scholar until now has responded more courageously to the issues of deconstructing the American myth . . . What finally matters [here] is that a theologian finally loves the Bible enough, and finally loves his culture enough, to question how both are being used in our time and place for the gain of the few, at the expense of the many." --Charles Mabee, StABH series editor

Divorce Busting

A step-by-step approach to making your marriage loving again.

Life Bites

This is a collection of poems, short stories (some autobiographical, some fictionalised) and essays written over the course of the last 40 plus years. It is simply a compilation of a variety of writing I engaged in in the course of my writing “career” and reflects different moods, some painful regarding lost love, others reflections on the beauty of nature, the joy of motherhood, the pleasure of spontaneity, and dreams gained and lost. As the title “Life Bites” suggests, these are just bits and pieces of a woman’s life...

Red State, Blue State

The presidential election of 2004 demonstrated that the United States is divided in a number of ways--not only, by the ever-present alienation between conservatives and liberals. Religion and politics have become intertwined and a new trend is sweeping the nation that accompanies the ever-widening rift between conservative and liberal Christians. We are a divided nation. In Red State, Blue State, author John Grevstad challenges the ideals and morality of the conservative right. How would the traditional moral values of the Red State conservative hold up to the words and philosophy of Jesus Christ himself? Grevstad both asks and answers the question. Citing Biblical text, Grevstad alleges that Jesus was a "card-carrying liberal" whose message has been destroyed by Red State conservatives. Additionally, Grevstad uses a humorous tone and clever insights as he compares the lifestyle, values, and culture of Red States and Blue States. These comparisons are intelligent, controversial, and enlightening. Red State, Blue State is an entertaining and eye-opening contribution to the cause of the American liberal. It offers profound insights while being a clever, highly volatile, and courageous attempt to speak out and do something about the political and religious climate of this country. Red State, Blue State is filled with words of wisdom the country needs to hear.

God's Holey Men Need Mending; And So Do You!

Is there hope for the restoration of your marriage after infidelity? Do you know "What went wrong?" How will you "Work through your problems?" Can you do anything to make it better? Should you confess your

infidelity to your spouse or not? How do you "Affair Proof" your marriage? How do I determine if I or my spouse is vulnerable for an affair to occur? With so many couples, family members and congregations experiencing the devastating damage caused by broken relationships; can anything be done to fix what has been broken, stolen or lost? THE GOOD NEWS IS: YES! Discover what you can do to restore your marriage relationship! "Charles & LaVern Creech have provided in God's Holy Men Need Mending; And So Do You! a book, a service guide, a handbook to help or repair broken trust and ultimately to prevent marital infidelity. This is a one of the rare books in which every person will discover something of the unique dynamics of his/her life". Dr. Alfred R. Jones (Marriage & Family Life Professional)

Magical Midlife Madness

One thing that bonded Mona, Meera and Sheila were their evening walks. This was the time they talked about their families and work, responsibilities and challenges. Then slowly things began to change, and it was not long before they began talking hot flashes, heavy bleeding, sudden weight gain and other scary symptoms. They thought these were issues that they need to live with as they aged. Enter Doctor Dua, an experienced gynecologist who takes all of them under her wing and helps them understand and deal with their individual symptoms and more. From physically taking care of oneself to mental adjustments, she changes their perception from the fear of Menopause to treating it as another phase in their lives-one which they can enjoy uninhibited! Live Your Best Life is a gentle, friendly guide to negotiating Menopause and living a fulfilling life both in body and in mind.

Live Your Best Life

This comprehensive encyclopedia brings together flower essences gathered from all corners of the globe, from Hawaii and the Himalayas to America and the Australian Bush. It explains what flower remedies are, how they work and how to choose the right remedies for your clients' needs. The properties of 33 families of flower essences and the benefits of over 2,000 remedies, combinations, mists and creams are described. An easy-to-use ailment chart pinpoints remedies for a wide range of physical and psychological conditions, from stress to hormonal imbalance and from allergy to depression. The author provides instructions for prescribing, preparing and using flower remedies alongside illustrative patient case studies. This will be the definitive handbook for practitioners, therapists and students of complementary and alternative therapies working with flower essences and will be valuable reading for those wanting to learn more about how they can use flower essences in their practice.

The Practitioner's Encyclopedia of Flower Remedies

The pioneer of contextual theology concludes his trilogy on the person and message of Jesus with a profound meditation on the significance of Jesus for a post-Christian world.

Jesus in the Power of the Spirit

"Anyone grappling with the bewilderment of midlife...will be at once provoked and comforted by this enormously wise book" (Dani Shapiro, New York Times bestselling author of Hourglass: Time, Memory, Marriage), from a psychologist who has worked for decades with people struggling to preserve and enhance their marriages and long-term relationships. People today are trying to make their marriages work over longer lives than ever before. But staying married isn't always easy. In the brilliant, transformative, and optimistic *The Rough Patch*, clinical psychologist Daphne de Marneffe explores the extraordinary pushes and pulls of midlife marriage, where our need to develop as individuals can crash headlong into the demands of our relationships. "A book of good intentions and helpful advice and a worthy manual for spouses" (Kirkus Reviews), *The Rough Patch* addresses common problems: money, alcohol and drugs, the stresses of parenthood, sex, extramarital affairs, lovesickness, health, aging, children leaving home, and dealing with elderly parents. Then, de Marneffe offers seasoned wisdom on these difficulties, explaining the psychological, emotional, and relational capacities we must cultivate to overcome them as individuals and as couples. Blending research, interviews, and clinical experience, de Marneffe dives deep into the workings of love and the structures of relationships. Intimate and always illuminating, *The Rough Patch* is an essential, compassionate resource for people trying to understand "where they are" on the continuum of marriage, giving them a chance to share in other people's stories and struggles. "De Marneffe writes with poetry, wit, and compassion about the necessity of struggle in the quest for true love. Anyone in any relationship at any stage of life could stand to learn from the wisdom in these pages" (Andrew Solomon, National Book Award-winning author of *Far from the Tree*).

The Rough Patch

CSA Sociological Abstracts abstracts and indexes the international literature in sociology and related disciplines in the social and behavioral sciences. The database provides abstracts of journal articles and citations to book reviews drawn from over 1,800+ serials publications, and also provides abstracts of books, book chapters, dissertations, and conference papers.

Sociological Abstracts

Lucid and inspiring, *Behold the Man* is a unique exploration of Catholic spirituality for men. Much of the literature written for Catholic men focuses on topical issues such as fatherhood and sexuality. While this book does not exclude these subjects, it is the first to present a comprehensive picture of Catholic male spirituality. What is authentic male Catholic spirituality? What distinguishes it from Protestant male spirituality? How does masculine spirituality complement feminine spirituality? These questions and many more are answered in this book. Drawing from Scripture and Church teaching, the author roots Catholic male spirituality in a covenant relationship with God and the cross of Jesus Christ. He demonstrates that when a man embraces the cross he is truly able to be himself the man that God created and calls him to be. *Behold the Man* can deepen a man's experience of Christ and help him to know the Lord more intimately.

Behold the Man

The third book in Young's unique trilogy on causality and development continues to locate and define the central role of causality in biopsychosocial and network/systems development, and as a unifying concept of psychology itself. As a way of discussing causality, in general, initially, the book focuses on the acquisition of handedness and hemispheric specialization in infancy and childhood, and their relations to the development of cognition, language, and emotion, in particular. The second part of the book elaborates an innovative 25-step Neo-Eriksonian model of development across the life course based on a Neo-Piagetian model covered in the previous books, completing a step-by-step account of development over the lifespan cognitively and socio-emotionally. It builds on the concept of neo-stage, which is network-based. From this conceptual synthesis, the author's robust theory of development and causality identifies potential areas for psychological problems and pathology at each developmental step as well as science-based possibilities for their treatment. This elegant volume: Presents a clear picture of the development of handedness and laterality in more depth than has been attempted in the literature to date. Traces the causal concepts of activation-inhibition coordination and networking in the context of development. Describes in depth a novel 25-step Neo-Eriksonian lifespan model of development. Reviews relevant research on Piagetian and Eriksonian theories in development. Emphasizes the clinical utility of the described 25-step Neo-Eriksonian approach to lifespan development. A significant step in understanding this highly nuanced subject and synthesizing a broad knowledge base, *Causality and Development* will find an interested audience among developmental psychologists, mental health practitioners, academics, and researchers.

Causality and Development

Provides advice for couples contemplating divorce who still hope to save their marriages, and suggests ways to deal with infidelity, depression, a midlife crisis, sexual problems, and other common issues.

The Divorce Remedy

"An epic story, elegantly told and full of mystery." — Maggie Shipstead, author of *Great Circle* A rediscovered classic memoir - the mesmerizingly beautiful account of one woman's year spent living in a remote hut in the Arctic This rediscovered classic memoir tells the incredible tale of a woman defying society's expectations to find freedom and peace in the adventure of a lifetime. In 1934, the painter Christiane Ritter leaves her comfortable life in Austria and travels to the remote Arctic island of Spitsbergen, to spend a year there with her husband. She thinks it will be a relaxing trip, a chance to 'read thick books in the remote quiet and, not least, sleep to my heart's content', but when Christiane arrives she is shocked to realize that they are to live in a tiny ramshackle hut on the shores of a lonely fjord, hundreds of miles from the nearest settlement, battling the elements every day, just to survive. At first, Christiane is horrified by the freezing cold, the bleak landscape the lack of equipment and supplies... But as time passes, after encounters with bears and seals, long treks over the ice and

months on end of perpetual night, she finds herself falling in love with the Arctic's harsh, otherworldly beauty, gaining a great sense of inner peace and a new appreciation for the sanctity of life.

A Woman in the Polar Night

Christians are clearly called to care for orphans, a group so close to the heart of Jesus. In reality, most of the 153 million orphaned and vulnerable children in the world do not need to be adopted, and not everyone needs to become an adoptive parent. However, there are other very important ways to help beyond adoption. Indeed, caring for orphaned and vulnerable children requires us to care about related issues from child trafficking and HIV/AIDS to racism and poverty. Too often, we only discuss or theologize the issues, relegating the responsibility to governments. No one can do everything, but everyone can do something. Based on his own personal journey toward pure religion, Johnny Carr moves readers from talking about global orphan care to actually doing something about it in *Orphan Justice*. Combining biblical truth with the latest research, this inspiring book:

- investigates the orphan care and adoption movement in the U.S. today
- examines new data on the needs of orphaned and vulnerable children
- connects “liberal issues” together as critical aspects of orphan care
- discovers the role of the church worldwide in meeting these needs
- develops a tangible, sustainable action plan using worldwide partnerships
- fleshes out the why, what, and how of global orphan care
- offers practical steps to getting involved and making a difference

Orphan Justice

Soviet and Russian filmmakers have traditionally had uneasy relationships to the concept of genre. This volume rewrites that history by spotlighting some genres not commonly associated with cinema in the region, including Cold War spy movies and science-fiction films; blockbusters and horror films; remakes and adventure films; and chernukha films and serials. Introductory essays establish key aspects of these genres, and directors' biographies provide the background for the key players. Building on the work of its predecessor, which explored cinema from the time of the tsars to the Putin era, this book will be warmly received by the serious film scholar as well as all those who love Russian cinema. *Directory of World Cinema: Russia 2* is an essential companion to the filmic legacy of one of the world's most storied countries.

Directory of World Cinema: Russia 2

Sharing Lives explores the most important human relationships which last for the longest period of our lives: those between adult children and their parents. Offering a new reference point for studies on the sociology of family, the book focuses on the reasons and results of lifelong intergenerational solidarity by looking at individuals, families and societies. This monograph combines theoretical reasoning with empirical research, based on the Survey of Health, Ageing and Retirement in Europe (SHARE). The book focuses on the following areas:

- Adult family generations, from young adulthood to the end of life, and beyond
- Contact, conflict, coresidence, money, time, inheritance
- Consequences of lifelong solidarity
- Family generations and the relationship of family and the welfare state
- Connections between family cohesion and social inequality.

Sharing Lives offers reliable findings on the basis of state-of-the-art methods and the best available data, and presents these findings in an accessible manner. This book will appeal to researchers, policymakers and graduate students in the areas of sociology, political science, psychology and economics.

Sharing Lives

George Herbert wrote, but never published, some of the very greatest English poetry, recording in an astonishing variety of forms his inner experiences of grief, recovery, hope, despair, anger, fulfilment and - above all else - love. He was born in 1593 and died at the age of 39 in 1633, before the clouds of civil war gathered, his family aristocratic and his upbringing privileged. He showed worldly ambition and seemed sure of high public office and a career at court, but then for a time 'lost himself in a humble way', devoting himself to the restoration of the church at Leighton Bromswold in Buckinghamshire and then to his parish of Bemerton, three miles from Salisbury, whose cathedral music he called 'my heaven on earth'. When in the year of his death his friend Nicholas Ferrar, leader of the quasi-monastic community at Little Gidding, published Herbert's poems under the title *The Temple*, his fame was quickly established. Because he published no English poems during his lifetime, and dating most of them exactly is impossible, writing Herbert's biography is an unusual challenge. In this book John Drury sets the poetry in the whole context of the poet's life and times, so that the reader can understand the frame

of mind and kind of society which produced it, and depth can be added to the narrative of Herbert's life. (T.S. Eliot: 'What we can confidently believe is that every poem in the book [The Temple] is in tune to the poet's experience.') His Herbert is not the saintly figure who has come down to us from John Aubrey, but a man torn for much of his life between worldly ambition and the spiritual life shown to us so clearly through his writings. The result is the most satisfying biography of this exceptional English poet yet written.

Music at Midnight

Mazza's bizarre 90s characters communicate better with their dogs than their lovers. Rich detail, dramatic conclusion!

Dog People

We all are growing older. A Heart of Wisdom shows us how to understand and meet the challenges of our own process of aging?and the aging of those we care about?from a Jewish perspective, from midlife through the elder years. How does Jewish tradition influence our own aging? What are the tasks and the meaning of aging? How does being Jewish inform our relationships with the elderly? How does living, thinking and worshipping as a Jew affect us as we age? How can Jewish tradition help us retain our dignity as we age? Over 40 contributors?people who themselves are dealing with the unique life passages that aging brings; their loved ones; and the rabbis, social workers, and other professionals who assist them?offer their insights about the changes and new perspectives that come with aging, retiring, growing, learning, caring for elderly parents, living, and dying. By sharing experiences in direct and personal narratives, poems, ceremonies, and stories, they help us explore: ? What traditional religious texts have to teach us about aging. ? Ways to cherish the integrity of the aging process. ? Women's unique roles as they age in our changing society. ? Advice for all generations on how to meet the opportunities and difficulties of aging. ? Creative ceremonies to mark milestones in our lives and in the lives of senior citizens. Offering enlightenment from Jewish tradition, A Heart of Wisdom is not just for the middle-aged, the old or the soon-to-be old. It is for all of us.

A Heart of Wisdom

In this major new introduction to family studies and the sociology of the family, Richard J Gelles shows the links between the institutional constraints shaping family structure and processes and the family environment itself. A sensitivity to family diversity across history, gender, nationality, culture and age, as well as a strong focus on the theoretical and research bases, are important features of the book. There are also extensive discussions of contemporary topics such as: family violence; later life families; the variety of family structures and practices in different cultures and nationalities; the work//family nexus; and family stress. An instructor's manual by Tricia Dyk is available to those who

Contemporary Families

A 2012 New York Times Book Review Notable Book "Staggering, searing...Ms. Gubar deserves the highest admiration for her bravery and honesty." —New York Times Diagnosed with ovarian cancer in 2008, Susan Gubar underwent radical debulking surgery, an attempt to excise the cancer by removing part or all of many organs in the lower abdomen. Her memoir mines the deepest levels of anguish and devotion as she struggles to come to terms with her body's betrayal and the frightful protocols of contemporary medicine. She finds solace in the abiding love of her husband, children, and friends while she searches for understanding in works of literature, visual art, and the testimonies of others who suffer with various forms of cancer. Ovarian cancer remains an incurable disease for most of those diagnosed, even those lucky enough to find caring and skilled physicians. Memoir of a Debulked Woman is both a polemic against the ineffectual and injurious medical responses to which thousands of women are subjected and a meditation on the gifts of companionship, art, and literature that sustain people in need.

Memoir of a Debulked Woman: Enduring Ovarian Cancer

In Transformation: Emergence of the Self, noted analyst and author Murray Stein explains what this process is and what it means for an individual to experience it. Transformation usually occurs at midlife but is much more complicated than what we colloquially call a midlife crisis. Consciously working

through this life stage can lead people to become who they have always potentially been. Indeed, Stein suggests, transformation is the essential human task.

Transformation

Foot and mouth disease and BSE have both had a devastating impact on rural society. Alongside these devastating developments, the rise of the organic food movement has helped to revitalize an already politicized rural population. From fox-hunting to farming, the vigour with which rural activities and living are defended overturns received notions of a sleepy and complacent countryside. Over the years "rural life" has been defined, redefined and eventually fallen out of fashion as a sociological concept--in contrast to urban studies, which has flourished. This much-needed reappraisal calls for its reinterpretation in light of the profound changes affecting the countryside. First providing an overview of rural sociology, Hillyard goes on to offer contemporary case studies that clearly demonstrate the need for a reinvigorated rural sociology. Tackling a range of contentious issues--from fox-hunting to organic farming--this book offers a new model for rural sociology and reassesses its role in contemporary society.

Religious and Theological Abstracts

William Lobdell's journey of faith—and doubt—may be the most compelling spiritual memoir of our time. Lobdell became a born-again Christian in his late 20s when personal problems—including a failed marriage—drove him to his knees in prayer. As a newly minted evangelical, Lobdell—a veteran journalist—noticed that religion wasn't covered well in the mainstream media, and he prayed for the Lord to put him on the religion beat at a major newspaper. In 1998, his prayers were answered when the Los Angeles Times asked him to write about faith. Yet what happened over the next eight years was a roller-coaster of inspiration, confusion, doubt, and soul-searching as his reporting and experiences slowly chipped away at his faith. While reporting on hundreds of stories, he witnessed a disturbing gap between the tenets of various religions and the behaviors of the faithful and their leaders. He investigated religious institutions that acted less ethically than corrupt Wall St. firms. He found few differences between the morals of Christians and atheists. As this evidence piled up, he started to fear that God didn't exist. He explored every doubt, every question—until, finally, his faith collapsed. After the paper agreed to reassign him, he wrote a personal essay in the summer of 2007 that became an international sensation for its honest exploration of doubt. *Losing My Religion* is a book about life's deepest questions that speaks to everyone: Lobdell understands the longings and satisfactions of the faithful, as well as the unrelenting power of doubt. How he faced that power, and wrestled with it, is must reading for people of faith and nonbelievers alike.

The Sociology of Rural Life

"This book includes a chronology and an introduction that presents an overview of all aspects of Judaism. Numerous cross-referenced dictionary entries detail important people, writings, institutions, concepts, Hebrew words, philosophy, theology, and religious law, and an extensive bibliography provides access for further study."--Jacket.

Losing My Religion

New York Times bestselling author Philip Caputo tells the story of a Franciscan priest struggling to walk a moral path through the shifting and fatal realities of an isolated Mexican village. The Mexican village of San Patricio is being menaced by a bizarre, cultish drug cartel infamous for its brutality. As the townspeople try to defend themselves by forming a vigilante group, the Mexican army and police have their own ways of fighting back. Into this volatile mix of forces for good and evil (and sometimes both) steps an unlikely broker for peace: Timothy Riordan, an American missionary priest who must decide whether to betray his vows to stop the unspeakable violence and help the people he has pledged to protect. Riordan's fellow expatriate Lisette Moreno serves the region in a different way, as a doctor who makes "house calls" to impoverished settlements, advocating modern medicine to a traditional society wary of outsiders. To gain acceptance, she must keep secret her rocky love affair with artist Pamela Childress, whose troubled emotions lead Moreno to question their relationship. Together, Lisette and Riordan tend to their community. But when Riordan oversteps the bounds of his position, his personal crisis echoes the impossible choices facing a nation beset by instability and bloodshed. Based on actual events, propelled by moral conflict, and animated by a keen and discerning sensibility, *Some Rise by Sin* demonstrates yet again Philip Caputo's generous and insightful gifts as a storyteller.

The A to Z of Judaism

Dr. James Dobson, PhD., founder of the conservative Christian foundation Focus on the Family, is well-known to the secular world as a crusader for the Christian right. But within Christian circles he is known primarily as a childrearing expert. Millions of American children have been raised on his message, disseminated through books, videos, radio programs, magazines, and other media. While evangelical Christians have always placed great importance on familial responsibilities, Dobson placed the family at the center of Christian life. Only by sticking to proper family roles, he argues, can we achieve salvation. Women, for instance, only come to know God fully by submitting to their husbands and nurturing their children. Such uniting of family life and religion has drawn people to the organization, just as it has forced them to wrestle with what it means to be a Christian wife, husband, mother, father, son, or daughter. Adapting theories from developmental psychology that melded parental modeling with a conservative Christian theology of sinfulness, salvation, and a living relationship with Jesus, Dobson created a new model for the Christian family. But what does that model look like in real life? Drawing on interviews with mothers, fathers, sons, and daughters, *Practicing What the Doctor Preached* explores how actual families put Dobson's principles into practice. To what extent does Focus shape the practices of its audience to its own ends, and to what extent does Focus' understanding of its members' practices and needs shape the organization? Susan B. Ridgely shows that, while Dobson is known for being rigid and dogmatic, his followers show surprising flexibility in the way they actually use his materials. She examines Focus's listeners and their changing needs over the organization's first thirty years, a span that saw the organization expand from centering itself on childrearing to entrenching itself in public debates over sexuality, education, and national politics.

Some Rise by Sin

NATIONAL BESTSELLER The first new work of fiction since 2013 from one of Canada's most successful, idiosyncratic and world-defining writers, Douglas Coupland. He's called it *Binge* because it's impossible to read just one. Imagine feeling 100% alive every moment of every minute of the day! Maybe that's how animals live. Or trees, even. I sometimes stare at the plastic bag tree visible from my apartment window and marvel that both it and I are equally alive and that there's no sliding scale of life. You're either alive, or you're not. Or you're dead or you're not. Thirty years after Douglas Coupland broke the fiction mould and defined a generation with *Generation X*, he is back with *Binge*, 60 stories laced with his observational profundity about the way we live and his existential worry about how we should be living: the very things that have made him such an influential and bestselling writer. Not to mention that he can also be really funny. Here the narrators vary from story to story as Doug catches what he calls "the voice of the people," inspired by the way we write about ourselves and our experiences in online forums. The characters, of course, are Doug's own: crackpots, cranks and sweetie-pies, dad dancers and perpetrators of barbecues. People in the grip of unconscionable urges; lonely people; dying people; silly people. If you love Doug's fiction, this collection is like rain on the desert.

Practicing What the Doctor Preached

