

Good As You

[#good as you](#) [#self worth](#) [#be authentic](#) [#personal excellence](#) [#embrace individuality](#)

Embrace the empowering sentiment of 'Good As You' to foster true self-acceptance and unlock your full potential. This phrase encourages you to celebrate your unique strengths, champion personal growth, and always be authentic, knowing your inherent self-worth is enough.

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Good As You

'One of the most important books about gay culture in recent times' The Quietus Long-listed for the Polari First Book Prize In 1984 the pulsing electronics and soft vocals of Smalltown Boy would become an anthem uniting gay men. A month later, an aggressive virus, HIV, would be identified and a climate of panic and fear would spread across the nation, marginalising an already ostracised community. Yet, out of this terror would come tenderness and 30 years later, the long road to gay equality would climax with the passing of same sex marriage. Paul Flynn charts this astonishing pop cultural and societal U-turn via the cultural milestones that effected change—from Manchester's self-selection as Britain's gay capital to the real-time romance of Elton John and David Furnish's eventual marriage. Including candid interviews from major protagonists, such as Kylie, Russell T Davies, Will Young, Holly Johnson and Lord Chris Smith, as well as the relative unknowns crucial to the gay community, we see how an unlikely group of bedfellows fought for equality both front of stage and in the wings. This is the story of Britain's brothers, cousins and sons. Sometimes it is the story of their fathers and husbands. It is one of public outrage and personal loss, the (not always legal) highs and the desperate lows, and the final collective victory as gay men were finally recognised, as Good As You.

It's Not How Good You Are, It's How Good You Want to Be

" It's Not How Good You Are, It's How Good You Want to Be is a handbook of how to succeed in the world: a pocket bible for the talented and timid alike to help make the unthinkable thinkable and the impossible possible. The world's top advertising guru, Paul Arden, offers up his wisdom on issues as diverse as problem solving, responding to a brief, communicating, playing your cards right, making mistakes, and creativity – all endeavors that can be applied to aspects of modern life. This uplifting and humorous little book provides a unique insight into the world of advertising and is a quirky compilation of quotes, facts, pictures, wit and wisdom – all packed into easy‐to‐digest, bite‐sized spreads. If you want to succeed in life or business, this book is a must. "

Swearing Is Good For You

Swearing, it turns out, is an incredibly useful part of our linguistic repertoire. Not only has some form of swearing existed since the earliest humans began to communicate, but it has been shown to reduce physical pain, help stroke victims recover their language, and encourage people to work together as a team. Swearing Is Good For You is a spirited and hilarious defence of our most cherished dirty words, backed by historical case studies and cutting-edge research. From chimpanzees creating their own curse words to a man who lost half his brain in a mining accident experiencing a new-found compulsion to swear, Dr Emma Byrne outlines the fascinating science behind swearing: how it affects us both physically and emotionally, and how it is more natural and beneficial than we are led to believe.

Everything Bad is Good for You

Putting forward an alternative to the endless complaints about reality TV, throwaway movies and violent video games, this book shows that mass culture is actually more sophisticated and challenging than ever before.

So Good They Can't Ignore You

Cal Newport's clearly-written manifesto flies in the face of conventional wisdom by suggesting that it should be a person's talent and skill - and not necessarily their passion - that determines their career path. Newport, who graduated from Dartmouth College (Phi Beta Kappa) and earned a PhD. from MIT, contends that trying to find what drives us, instead of focusing on areas in which we naturally excel, is ultimately harmful and frustrating to job seekers. The title is a direct quote from comedian Steve Martin who, when once asked why he was successful in his career, immediately replied: "Be so good they can't ignore you" and that's the main basis for Newport's book. Skill and ability trump passion. Inspired by former Apple CEO Steve Jobs' famous Stanford University commencement speech in which Jobs urges idealistic grads to chase their dreams, Newport takes issue with that advice, claiming that not only is this advice Pollyannish, but that Jobs himself never followed his own advice. From there, Newport presents compelling scientific and contemporary case study evidence that the key to one's career success is to find out what you do well, where you have built up your 'career capital,' and then to put all of your efforts into that direction.

This Book is Not Good For You

For those foolish enough to have read "The Name of this Book is Secret" and too foolhardy to have turned away from "If You're Reading This, It's Too Late"

Breakdowns Are Good for You

Looking after yourself has never been easier than with Simply Good For You, packed with over a hundred delicious, quick and no-nonsense recipes that are as healthy as they are tasty '100 LIGHT & COLOURFUL RECIPES. TASTY STUFF' METRO 'ONE OF THE BEST HEALTHY COOKBOOKS' MAIL ONLINE The delicious new cookbook from the No. 1 bestselling author and leading nutritionist Amelia Freer _____ Amelia Freer is a No. 1 Sunday Times bestselling author and renowned nutritional therapist, who A-listers turn to when they want to look and feel great. In this beautiful cookbook, discover 100 quick and easy recipes for varied and tempting dishes that are, quite simply, good for you. Recipes include: · BREAKFAST - Butternut Baked Beans, Fruity Breakfast Crumble Bars · LUNCH - Lentil & Lemon Chicken Salad, Vegetable & Feta Fritters · DINNER - Harissa Prawn Skewers with Herbed Broccoli rice, Slow Cooked Pulled Pork with Apple Slaw, One Tray Roasted Winter Salad · SWEET THINGS - Chocolate Raspberry Pots, Coconut & Almond Pear Crumble Inside you'll also find lots of top tips for healthy eating on a budget, ingredient swaps, and kitchen staples. 10% of the author's proceeds from this book will be donated to Women Supporting Women, an initiative of the Prince's Trust, registered charity no. 1079675

Simply Good For You

Toxic Sludge is Good for You explains exactly how the magic of modern PR transforms the favoured policies of the rich and the powerful into uncontroversial common sense. It is without doubt the most important book about the methods and objectives of corporate public relations ever published. Reading it will make life for the executives at Hill and Knowlton, Ketchum and Barston-Marsteller a little bit more difficult. And that can only be a good thing.

Toxic Sludge is Good for You!

From the ethicist the New Yorker calls “the most influential living philosopher,” a new way of thinking about living ethically Peter Singer’s books and ideas have been disturbing our complacency ever since the appearance of *Animal Liberation*. Now he directs our attention to a new movement in which his own ideas have played a crucial role: effective altruism. Effective altruism is built upon the simple but profound idea that living a fully ethical life involves doing the “most good you can do.” Such a life requires an unsentimental view of charitable giving: to be a worthy recipient of our support, an organization must be able to demonstrate that it will do more good with our money or our time than other options open to us. Singer introduces us to an array of remarkable people who are restructuring their lives in accordance with these ideas, and shows how living altruistically often leads to greater personal fulfillment than living for oneself. *The Most Good You Can Do* develops the challenges Singer has made, in the *New York Times* and *Washington Post*, to those who donate to the arts, and to charities focused on helping our fellow citizens, rather than those for whom we can do the most good. Effective altruists are extending our knowledge of the possibilities of living less selfishly, and of allowing reason, rather than emotion, to determine how we live. *The Most Good You Can Do* offers new hope for our ability to tackle the world’s most pressing problems.

The Most Good You Can Do

‘Droll, provocative and crammed to bursting with startling facts’ Simon Callow, *Guardian* In this powerful Sunday Times bestseller Peter Ackroyd looks at London in a whole new way – through the history and experiences of its gay population. In Roman Londinium the city was dotted with lupanaria (‘wolf dens’ or public pleasure houses), fornices (brothels) and thermiae (hot baths). Then came the Emperor Constantine, with his bishops, monks and missionaries. And so began an endless loop of alternating permissiveness and censure. Ackroyd takes us right into the hidden history of the city; from the notorious Normans to the frenzy of executions for sodomy in the early nineteenth century. He journeys through the coffee bars of sixties Soho to Gay Liberation, disco music and the horror of AIDS. Today, we live in an era of openness and tolerance and Queer London has become part of the new norm. Ackroyd tells us the hidden story of how it got there, celebrating its diversity, thrills and energy on the one hand; but reminding us of its very real terrors, dangers and risks on the other.

Queer City

Inequality in Britain is on the rise. Does this matter? Should we be bothered that the rich give proportionately much less than the poor? And that only a small minority of the very wealthy are giving generously? Ninety per cent of NHS trusts are restricting routine operations. Youth unemployment is at record levels. Meanwhile, those on the Sunday Times Rich List have increased their wealth by 280 per cent since the turn of the millennium, amidst press reports of massive tax avoidance. For the first time in living memory, children cannot expect to be as well off as their parents. Wealth and privilege are under scrutiny. *Giving is Good for You* demonstrates that growing inequality and poverty are a threat to everyone - even the wealthy - and that the most unequal societies are the most dysfunctional, unhealthy and violent. A generous minority are urging their peers to follow suit, arguing that in addition to enhancing public benefit as public spending falls, giving can be personally fulfilling, particularly for those who realise that money is not the key to human happiness. The author asks philanthropists, charities and those they support what should be done to encourage us to give more of our money and more of our time to good causes. The solutions they propose will challenge us all, but particularly the wealthy elite and the government.

Giving is Good For You

The 21st century will be the age of the city. Already over 50% of the world population live in urban centres and over the coming decades this percentage will increase. Blending anecdote, fact and first hand encounters - from exploring the slums of Mumbai, to visiting roof-top farms in Brooklyn and attending secret dinner parties in Paris, to riding the bus in Latin America - Leo Hollis reveals that we have misunderstood how cities work for too long. Upending long-held assumptions and challenging accepted wisdom, he explores: why cities can never be rational, organised places; how we can walk in a crowd without bumping into people, and if we can design places that make people want to kiss; whether we have the right solution to the problem of the slums; how ants, slime mould and traffic jams can make us rethink congestion. And above all, the unexpected reasons why living in the city can make us fitter, richer, smarter, greener, more creative - and, perhaps, even happier. *Cities Are Good for*

You introduces dreamers, planners, revolutionaries, writers, scientists, architects, slum-dwellers and emperors. It is shaped by the idea that cities are the greatest social experiment in human history, built for people, and by the people.

Cities Are Good for You

Methodism in the public and private lives of the politician After more than forty contentious years in the public eye, Hillary Rodham Clinton is one of the best-known political figures in the nation. Yet many of her admirers would be surprised to hear Clinton state that her Methodist outlook has “been a huge part of who I am and how I have seen the world, and what I believe in, and what I have tried to do in my life.” Gary Scott Smith examines the role of Clinton’s faith in her life and work. Clinton’s lifelong Methodism shaped a missionary zeal that, combined with her impressive personal talents, fueled many of her high-profile political endeavors while helping her cope with the prominent travails brought on by never-ending conservative rancor and her husband’s infidelity. Smith places Clinton’s faith within the context of projects ranging from healthcare reform to a “Hillary doctrine” of foreign policy focused on her longtime goal of providing basic human rights for children and women. The result is an enlightening reconsideration of an extraordinary political figure who has defied private doubts and public controversy to live the Methodist dictum that one must “do all the good you can.”

Do All the Good You Can

God Bless You and Good Night is a bedtime story every little one will love. The delightful rhyming story takes children through several scenes of snuggly animals who are getting ready for bed. Get your children ready for sleep as they follow along and learn their nighttime routine. God Bless You and Good Night has impacted over 500,000 parents and children, highlighting fun bedtime rituals that shares God’s blessing and love. God Bless You and Good Night is great for children, ages 4 to 8, and for baby showers, birthdays, baptisms, and holiday gifting. It features adorable animal illustrations and sweet and sometimes silly rhyming text. Check out other titles in the A God Bless Book series: God Bless Our Bedtime Prayers God Bless My Family God Bless Our Baby God Bless My Friends God Bless My Boo Boo

God Bless You and Good Night

EVER WONDERED . . . Why we have tonsils? Is there any cream in cream crackers? Why is the sea blue? And if kangaroos keep their babies in their pouches, what happens to all the poo?! Mitch Symons answers all these crazy questions and plenty more in this wonderfully funny and addictive book for children from 8 to 80! And yes, eating bogeys is good for you . . . but only your own!

Why Eating Bogeys is Good for You

This groundbreaking book unleashes a brilliant new plan for permanently curing heartburn by relieving the root cause of the problem: low stomach acid. The fact is that heartburn is caused by too little stomach acid -- not too much, as many doctors profess. As explained in this book, the current practice of reducing stomach acid may be a temporary fix, but this fix comes at a cost to our long-term health that is being ignored by the pharmaceutical companies, the FDA, and the thousands of physicians that prescribe anti-acid drugs like Prilosec, Tagamet, Zantac, Pepcid, and others.

Why Stomach Acid Is Good for You

Woman-to-woman advice on identifying—and dumping—bad news guys No one is immune when it comes to destructive relationships. Even smart women can be gaslighted by men who appear supportive in public but are belittling in private, after which, worse yet, they assert that you’re upset for no reason, that you’re simply imagining the verbal abuse and incremental death of your spirit. In *He’s Just No Good for You*, best-selling author Beth Wilson, with psychologist Dr. Maureen Hannah, zeroes in on the heart of the matter—women’s well-being and self-worth—and sets forth a clear vision of just what a healthy relationship looks like. She also instructs women of all ages on installing “early detection” warning systems in their brains. As for those women already enmeshed in a destructive relationship, this book, with its reassuring, empowering style, can assist in identifying the problem, deciding whether to leave or to stay, and then acting on that decision. Most books about bad relationships focus on compatibility or domestic violence. *He’s Just No Good for You* is for all women who have found themselves wondering if the “great” guy others see at their side is in fact not so great—or worse. Wilson

explores the anatomy of a destructive relationship and provides clear profiles of bad news individuals. And she shows women how they can move beyond the grasp of a harmful relationship by taking a candid look at their priorities, their circumstances, and themselves. Drawing on the wisdom and insight Wilson has long utilized in her thriving private practice, and building on her previous best-selling books, along with Dr. Hannah's professional expertise, *He's Just No Good for You* offers women a new path. Women want more out of relationships—and this book shows them that they can have it.

He's Just No Good for You

Though food is supposed to be one of life's simple pleasures, few things cause more angst and confusion. Every day we are bombarded with come-ons for the latest diet, promises for "clinically proven" miracle ingredients, and warnings about contaminants in our favorite foods. It's enough to give anybody indigestion. Packed with useful-and surprising-information, *Coffee Is Good for You* cuts through the clutter to reveal what's believable and what's not in a fun and easily digestible way. You'll find out: Locally grown produce isn't necessarily more healthful than fruits and vegetables from across the globe Alcohol does cause breast cancer You don't need eight glasses of water a day for good health Milk isn't necessary for strong bones Oatmeal really can lower cholesterol Sea salt isn't more healthful than regular salt Low-fat cookies may be worse for you than high-fat cheese

Coffee is Good for You

An irreverent and impeccably researched defense of our dirtiest words.

Swearing is Good for You

Ravnskov exposes the myths about fat and cholesterol in this resource.

Fat and Cholesterol Are Good for You

Applied expository guide to Hebrews—a book that shows us how and why Jesus is better than anything else. We are all tempted to drift away from Jesus, but in the book of Hebrews God gives us an anchor: a detailed understanding of how and why Jesus is better than anything else. Seminary professor Michael J. Kruger unpacks this rich book verse by verse. He explains the Old Testament background, gives plenty of application for our lives today, and shows us how Jesus is the fulfilment of all God's work on earth. He encourages us to live by faith in Jesus—the only anchor for our souls. This expository guide can be read as a book; used as a devotional; and utilized in teaching and preaching.

Hebrews For You

Introduces young readers to basic facts about health.

Oh, the Things You Can Do that are Good for You!

Wise words from great minds: "Revisit this colorful read whenever you need a pick-me-up—or a push—to get out there and make the most of your day." —Real Simple A quote book like no other, this thought-provoking collection compiles the timeless wisdom of great original minds— from Marie Curie to Stephen King, Joan of Arc to Jack Kerouac, Oscar Wilde to Harriet Tubman—brilliantly hand-lettered by beloved indie artist Lisa Congdon. You'll find enlightening insights ("Wisdom begins in wonder"—Socrates), stirring calls to action ("Leap and the net will appear"—John Burroughs), and stimulating encouragements ("Be curious, not judgmental"—Walt Whitman) beautifully illuminated on every page. A delightful reminder to make the most of life, *Whatever You Are, Be a Good One* is perfect for recent graduates, creative thinkers, and anyone looking for a little inspiration. "An impossibly charming compendium . . . The common thread underpinning these quotes—which include such beloved luminaries as Albert Camus, Simone de Beauvoir, Henry James, Anne Lamott, Soren Kierkegaard, and Leo Tolstoy—is Congdon's own sensibility about what it means to live with kindness and integrity, to cherish beauty and the creative spirit, and ultimately to be a good human being." —Brain Pickings

Whatever You Are, Be a Good One

A psychologist confronts our pervasive misunderstanding of anxiety and presents a powerful new framework for reimagining and reclaiming the confounding emotion as the advantage it evolved to be. We are taught that anxiety is dangerous and damaging, and that the solution to its pain is to eradicate

it like we do any disease. Yet cutting-edge therapies, hundreds of self-help books, and a panoply of medications have failed to keep debilitating anxiety at bay. That's because the anxiety-as-disease story is false - and it's harming us. In this radical reinterpretation, Dr Tracy Dennis-Tiwary distils the latest research in psychology and neuroscience, combined with real-world stories and personal narrative, to argue that the discomfort of anxiety is a tool, rather than something to be stamped out at all costs. Detailing the terrible cost of our misunderstanding of anxiety, while celebrating the lives of people who harness it to their advantage, FUTURE TENSE reveals how we can live and grow with anxiety.

Future Tense

An upbeat, empowering, important picture book from the team that created the award-winning Crown: An Ode to the Fresh Cut. A perfect gift for any special occasion! I am a nonstop ball of energy. Powerful and full of light. I am a go-getter. A difference maker. A leader. The confident Black narrator of this book is proud of everything that makes him who he is. He's got big plans, and no doubt he'll see them through--as he's creative, adventurous, smart, funny, and a good friend. Sometimes he falls, but he always gets back up. And other times he's afraid, because he's so often misunderstood and called what he is not. So slow down and really look and listen, when somebody tells you--and shows you--who they are. There are superheroes in our midst!

I Am Every Good Thing

'For fans of Jo Nesbo and Patricia Highsmith' A. J. Finn, Sunday Times bestselling author of The Woman in the Window YOU WAKE UP COVERED IN BLOOD THERE'S A BODY DOWNSTAIRS YOUR MOTHER'S BODY YOU DIDN'T DO IT. DID YOU? HOW COULD YOU, YOU'VE ALWAYS BEEN THE GOOD SON THE INTERNATIONAL SENSATION FROM KOREA'S MILLION-COPY BESTSELLING AUTHOR YOU-JEONG JEONG. When Yu-jin wakes up covered in blood, and finds the body of his mother downstairs, he decides to hide the evidence and pursue the killer himself. Then young women start disappearing in his South Korean town. Who is he hunting? And why does the answer take him back to his brother and father who lost their lives many years ago. The Good Son is inspired by a true story.

The Good Son

Nice people want to be liked by everyone; they are afraid of offending; they accommodate other people above themselves; they adapt their behaviour to what they think other people want. Nice people are people-pleasers but feel compromised and hard done by a lot of the time. They find it hard, if not impossible, to ask for what they want; there are times when they don't know what they want. They expect other people to be as considerate as they are and think life isn't fair when that doesn't happen. THE NICE FACTOR explores the techniques needed to help people choose a different way of behaving and to put them back in the driving seat of their lives.

The Nice Factor Book

Erlang is the language of choice for programmers who want to write robust, concurrent applications, but its strange syntax and functional design can intimidate the uninitiated. Luckily, there's a new weapon in the battle against Erlang-phobia: Learn You Some Erlang for Great Good! Erlang maestro Fred Hébert starts slow and eases you into the basics: You'll learn about Erlang's unorthodox syntax, its data structures, its type system (or lack thereof!), and basic functional programming techniques. Once you've wrapped your head around the simple stuff, you'll tackle the real meat-and-potatoes of the language: concurrency, distributed computing, hot code loading, and all the other dark magic that makes Erlang such a hot topic among today's savvy developers. As you dive into Erlang's functional fantasy world, you'll learn about: –Testing your applications with EUnit and Common Test –Building and releasing your applications with the OTP framework –Passing messages, raising errors, and starting/stopping processes over many nodes –Storing and retrieving data using Mnesia and ETS –Network programming with TCP, UDP, and the inet module –The simple joys and potential pitfalls of writing distributed, concurrent applications Packed with lighthearted illustrations and just the right mix of offbeat and practical example programs, Learn You Some Erlang for Great Good! is the perfect entry point into the sometimes-crazy, always-thrilling world of Erlang.

Learn You Some Erlang for Great Good!

"An under-read and engaging show-biz memoir." –The New Yorker "If I had a talent for anything, it was a talent for knowing who was talented." Mike Medavoy is a Hollywood rarity: a studio executive who, though never far from controversy, has remained well loved and respected through four decades of moviemaking. What further sets him apart is his role in bringing to the screen some of the most acclaimed Oscar-winning films of our time: *Apocalypse Now*, *One Flew Over the Cuckoo's Nest*, *Amadeus*, *The Silence of the Lambs*, *Philadelphia*, and *Sleepless in Seattle* are just some of the projects he green-lighted at United Artists, Orion, TriStar, his own Phoenix Pictures. "The ultimate lose-lose situation for a studio executive: to wind up with a commercial bomb and a bad movie." Of course, there are the box office disasters, and the films, as Medavoy says, "for which I should be shot." They, too, have a place in his fascinating memoir -- a pull-no-punches account of financial and political maneuvering, and of working with the industry's brightest star power, including Steven Spielberg, Martin Scorsese, Francis Ford Coppola, Kevin Costner, Robert De Niro, Jodie Foster, Sharon Stone, Michael Douglas, Meg Ryan, and countless others. "Putting together the elements of a film is a succession of best guesses." Medavoy speaks out on how movie studio buyouts have stymied the creative process and brought an end to the "hands-off" golden age of filmmaking. An eyewitness to Hollywood history in the making, he gives a powerful and poignant view of the past and future of a world he knows intimately.

You're Only as Good as Your Next One

From Simon & Schuster, *TNT: The Power Within You* is Claude Bristol and Harold Sherman's guide on how to release the forces inside you and get what you want! *TNT: The Power Within You* is Claude Bristol and Harold Sherman's revolutionary book that includes chapters on such topics as "that something" within you that can profoundly impact others and help you take advantage of your inherent powers.

TNT: The Power Within You

Imagine Yourself Well: Better Health through Self-Hypnosis is a remarkable view of hypnotherapy as a scientifically recognized treatment art. Based upon their extensive practice and clinical research in therapeutic hypnotic techniques, the authors have constructed an effective handbook articulating the therapeutic use of hypnosis by depicting word-for-word what transpires during a session. The fascinating series of carefully worded transcripts of hypnotic exercises will enable the reader to correct specific self-destructive habits (e.g., overeating and smoking), common psychological problems (insomnia and various phobias), chronic physical conditions (arthritis, back pain, high blood pressure, and migraine headaches), and performance anxieties (athletics and public speaking). The theory underlying clinical practice, including the key point that all hypnosis involves self-hypnosis, is explained in lay terms, and each exercise is grounded in sound cognitive, behavioral, or psychodynamic principles.

Imagine Yourself Well

"(Wier's) directed and charged language is a reminder of how vital and vivid poetry can be."—American Poet

You Good Thing

The Magic Word is an empowering book by Robert Collier, American author of New Thought metaphysical books. This empowering book sends a powerful message and outlines exactly how to reach the desired and how to achieve financial and professional success. Content: The Law of Increase In the Beginning Treasure Mapping for Supply WANTED: Rain! Catalysts of Power The First Commandment The Three Laws of Life A Prayer for Work First Causes Old Man Gravity Life Begins with Movement The Key to Power P-R-A-I-S-E

The Magic Word

A positive, reassuring and anxiety-eliminating book helping children change the way they think about the world Pandemics, war, terror, natural disasters - the world seems to be full of bad news and it can all feel, well, a little bit scary. But this is just part of the story. There are in fact tons of great things happening, from robots improving health care and trees healing the planet, to everyday people helping their community with acts of kindness and the businesses fighting for good in the world. In *Good News*, children will learn to become fake news detectives, sussing out what's real and what isn't. They'll discover the good news - the amazing anecdotes, case studies and figures around the globe

that are making a difference. And they'll learn that if we all continue to work together, things can only keep getting better and better. Empowering, reassuring and confidence-boosting, this book is a positive antidote for testing times.

Good News

Rooted in the creative success of over 30 years of supermarket tabloid publishing, the Weekly World News has been the world's only reliable news source since 1979. The online hub www.weeklyworld-news.com is a leading entertainment news site.

Weekly World News

Have pride in history. A rich and sweeping photographic history of the Queer Liberation Movement, from the creators and curators of the massively popular Instagram account LGBT History. "If you think the fight for justice and equality only began in the streets outside Stonewall, with brave patrons of a bar fighting back, you need to read *We Are Everywhere* right now."—Anderson Cooper Through the lenses of protest, power, and pride, *We Are Everywhere* is an essential and empowering introduction to the history of the fight for queer liberation. Combining exhaustively researched narrative with meticulously curated photographs, the book traces queer activism from its roots in late-nineteenth-century Europe—long before the pivotal Stonewall Riots of 1969—to the gender warriors leading the charge today. Featuring more than 300 images from more than seventy photographers and twenty archives, this inclusive and intersectional book enables us to truly see queer history unlike anything before, with glimpses of activism in the decades preceding and following Stonewall, family life, marches, protests, celebrations, mourning, and Pride. By challenging many of the assumptions that dominate mainstream LGBTQ+ history, *We Are Everywhere* shows readers how they can—and must—honor the queer past in order to shape our liberated future.

We Are Everywhere

With a little bit of country, a whole lot of faith, and a healthy dose of sass, award-winning singer-songwriter Lauren Alaina's debut book, *Getting Good at Being You*, invites you to take the road less traveled as you step right up to who God calls you to be. After years in the spotlight on *American Idol* and *Dancing with the Stars*, country music star Lauren Alaina has learned a thing or two about fighting self-doubt and feeling at home in her own skin. In *Getting Good at Being You*, Lauren shares stories about everything from lost loves to getting a nose ring to battling an eating disorder to grieving a loved one's death. Each story leads to practical tips, take-it-on-the-road strategies, and encouragement for your own personal and spiritual growth. In this book, you will be inspired to: speak to yourself with kindness and compassion chase the dreams that light your spirit on fire cultivate rich relationships with family and friends identify self-sabotaging beliefs and behaviors offer forgiveness for yourself and others Throughout the book, you will find: behind-the-scenes photos from Lauren's career in country music. lists, tips, and strategies to boost your self-confidence. prompts to help you dream big and run toward who you are. This beautiful book is a perfect gift for women who celebrate other women birthday celebrations or career promotions high school and college graduations fans who want to know more about country music stardom Each of us deserves head-over-heels, can't-get-enough, shout-it-from-the-mountaintops self-love. By the final page of *Getting Good at Being You*, that's just the kind of confidence you'll have. As Lauren discovered, maybe life is getting good after all.

Getting Good at Being You

A concise and accessible introduction to natural law ethics, this book introduces readers to the mainstream tradition of Western moral philosophy. Building on philosophers from Plato through Aquinas to John Finnis, Alfonso Gómez-Lobo links morality to the protection of basic human goods — life, family, friendship, work and play, the experience of beauty, knowledge, and integrity — elements essential to a flourishing, happy human life. Gómez-Lobo begins with a discussion of Plato's *Crito* as an introduction to the practice of moral philosophy, showing that it requires that its participants treat each other as equals and offer rational arguments to persuade each other. He then puts forth a general principle for practical rationality: one should pursue what is good and avoid what is bad. The human goods form the basis for moral norms that provide a standard by which actions can be evaluated: do they support or harm the human goods? He argues that moral norms should be understood as a system of rules whose rationale is the protection and enhancement of human goods. A moral norm that does not enjoin the preservation or enhancement of a specific good is unjustifiable. Shifting to a case study approach,

Gómez-Lobo applies these principles to a discussion of abortion and euthanasia. The book ends with a brief treatment of rival positions, including utilitarianism and libertarianism, and of conscience as our ultimate moral guide. Written as an introductory text for students of ethics and natural law, *Morality and the Human Goods* makes arguments consistent with Catholic teaching but is not based on theological considerations. The work falls squarely within the field of philosophical ethics and will be of interest to readers of any background.

Morality and the Human Goods

"A beautiful tribute to every queer kid who's ever had to leave their home in order to find one." - Leah Johnson, bestselling author of *You Should See Me in a Crown* The author of *The Gravity of Us* crafts another heartfelt coming-of-age story about finding the people who become your home--perfect for fans of Becky Albertalli. Marty arrives in London with nothing but his oboe and some savings from his summer job, but he's excited to start his new life--where he's no longer the closeted, shy kid who slips under the radar and is free to explore his sexuality without his parents' disapproval. From the outside, Marty's life looks like a perfect fantasy: in the span of a few weeks, he's made new friends, he's getting closer with his first ever boyfriend, and he's even traveling around Europe. But Marty knows he can't keep up the facade. He hasn't spoken to his parents since he arrived, he's tearing through his meager savings, his homesickness and anxiety are getting worse and worse, and he hasn't even come close to landing the job of his dreams. Will Marty be able to find a place that feels like home? Acclaim for *The Gravity of Us* An IndieNext List Pick An Amazon Best Book

As Far as You'll Take Me