

Practical Orthopaedic Examination Made Easy

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How Orthopaedic Examination should be done

Look Feel and Move

Special Tests

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Introduction

Steps to Perfect Examination

Step 1 Inspection

Step 3 Range of Motion

Active vs Passive

Range of Motion

Isometric Testing

Neurological Assessment

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Knee

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Osteoarthritis

Q angle

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Anatomy

ACL Tear

Polio

Hip

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Abduction

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Introduction

Examination

Assessment

Laxity

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Severity

Night Cry

Diurnal Variation

Deformity

Limitation of Movement

Limb Length Discrepancy

Swelling

Trauma

Inflammatory Causes

Metabolic Causes

Drug Related

Past Medical History

Personal History

Family History

Gate

Antalgic Gate

Short Limb Gate

Circumduction Gate

Tenderloin Gate

Frcs

Hand in Palms

Trend Back Test
Inspection
Coronal Balance
The Skin
Bony Prominences
The Sagittal Balance
Deformation Kyphosis
Muscle Wasting
Bony Landmarks
Flexion of the Hip Abduction
Palpation
Pubic Symphysis and Pubic Tubercle
Greater Trochanter
Palpate the Greater Trochanter
Ischial Tuberosity
Digital Branch Triangle
Digital Branched Angle
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Thomas Reflection Test
Lumbar Lordosis
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Prone Test
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Coronal Plane Deformities
Compensatory Scoliosis
Measure True Shortening and Apparent Shortening
Fixed Abduction Angle
Adduction Deformity
Fixed Abduction Deformity
Shines Test
Coronal Plane Deformity
Abduction Deformity
Rotational Deformity
Assess a Rotational Deformity of a Lower Limb
How To Measure External or Internal Rotation Deformity
Axis Deviation
What Is a Differential Rotation
A Sectoral Sign
Movements of the Hip
Flexion
Extension
Adduction and Abduction Measurement
Rotation
Differential Movement
Measurements
Prerequisites for Apparent Measurement
True Leg Length Measurement
Leg Length Measurements
Flexion Deformity
True Leg Length Discrepancy
True Shortening Is Less than Apparent Shortening
Gallium Test
Branch Triangle
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Shoemaker's Line
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Segmental Measurement
Differential or Segmental Measurement
Circumferential Measurement
Test for Hip Stability
Test of Stability
Straight Leg Raise
Telescopic Test
Telescoping Test
Stendelberg Test
Otorani and Barlow Test
Test Crate Test
Test for Tight Rectus Femoris
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Muscle Strength
Supraspinatus
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FEEL: Identifying Hip and Pelvis Discomfort
Measuring Leg Length Discrepancy
Identifying Apparent Leg Length Discrepancy
Thomas' Test for Fixed Flexion Deformity
MOVE: Assessing Hip's Range of Movement
Testing Internal and External Rotation
Extension Testing Methods
F.A.B.E.R and F.A.D.I.R Tests for Joint Discomfort
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