

Reaching For The Shine

[#reaching for success](#) [#achieve potential](#) [#personal brilliance](#) [#goal setting inspiration](#) [#unlocking your shine](#)

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Reaching for the Shine

Pat Cullane starts his banking career in a west of Ireland seaside town. A promising experience is cut short when tragedy strikes close at hand, and he finds himself back home in Dublin before he can come to terms with what has happened. Forty years later, after a career that takes in both the Celtic Tiger and the crash, he lands back in that same town in the west, for his last job before retirement. How will he react to the memories? How has he changed in the lifetime that has passed? Is child really father to the man, and if so, how does that affect how we learn? Should we reflect on things we cannot change, or is it better to let them be? Travelling the country, what has he discovered about himself and the people he meets? Pat has been on a journey - and it's not over yet.

Shine

Author Kari Bitz takes you on a trail through the lives of many who went before us. They touched nations, affected generations, and continue to shine in the day we live. Follow through the pages to discover timeless truths that made these men and women powerful affecters in the culture they lived: Jesus, the apostle Paul, Peter, Elijah, and many more before us who touched people with God's love. Jesus said, "You are the light of the world. A city set on a hill will not be hidden." You are the one God has called to shine powerfully in the nation where you live and the place you are set. Kari's sixth book will revitalize your love for God while uncovering practical ways to share your faith in everyday situations. It will inspire ways to pray powerfully to touch the lives of your loved ones and coworkers for Christ. Shine into their lives, touch them with the love of God, and see if they will not open up to the gospel. Even in our busy lives, we can shine as lights dispersed across the hills of our nation.

The Shine

In this delightfully illustrated children's book, Scott Bradley is searching for his Shine. As each endless cloudy, gloomy day passes, Scott wonders where all the laughter, the smiles, and the glow have gone. He begins to think only one thing will make him feel better, and that is to see the sun again. The sun will surely help him find his Shine! If he could just reach up to it, he could ask the sun for some of its Shine. Through his quest to reach the sun and find happiness, Scott finally comes to understand where the

true Shine comes from. The gift of laughter, the smiles, and the glow come from inside yourself. You just have to look within.

Shine

An instant New York Times bestseller! Crazy Rich Asians meets Gossip Girl by way of Jenny Han in this knock-out debut about a Korean American teen who is thrust into the competitive, technicolor world of K-pop, from Jessica Jung, K-pop legend and former lead singer of one of the most influential K-pop girl groups of all time, Girls' Generation. What would you give for a chance to live your dreams? For seventeen-year-old Korean American Rachel Kim, the answer is almost everything. Six years ago, she was recruited by DB Entertainment—one of Seoul's largest K-pop labels, known for churning out some of the world's most popular stars. The rules are simple: Train 24/7. Be perfect. Don't date. Easy right? Not so much. As the dark scandals of an industry bent on controlling and commodifying beautiful girls begin to bubble up, Rachel wonders if she's strong enough to be a winner, or if she'll end up crushed... Especially when she begins to develop feelings for K-pop star and DB golden boy Jason Lee. It's not just that he's charming, sexy, and ridiculously talented. He's also the first person who really understands how badly she wants her star to rise. Get ready as Jessica Jung, K-pop legend and former lead singer of Korea's most famous girl group, Girls' Generation, takes us inside the luxe, hyper-color world of K-pop, where the stakes are high, but for one girl, the cost of success—and love—might be even higher. It's time for the world to see: this is what it takes to SHINE.

Reach for the Stars! (Shimmer and Shine)

A full-color storybook featuring Nickelodeon's Shimmer and Shine--with a lenticular cover that makes it appear as though the genies are actually moving! Discover the magical new world of Zahramay Skies with Nickelodeon's Shimmer and Shine! Boys and girls ages 3 to 7 will love this exciting full-color storybook featuring Nickelodeon's Shimmer and Shine. It includes a zahra-amazing lenticular cover that makes it appear as though the genies are actually moving!

The Shine

"Mia loves to read her Bible and sing praises to God, but most of all she loves to tell her friends the good news of the Gospel. Mia brings light and color to a grey world as she spreads the Gospel around her town in this wordless book"--

Shine

Susan Stantinovici is destined to lead a nation of people she has never known. As she celebrates her thirteenth birthday she must choose between accepting fate or destroy all she holds dear. While Susan's unfamiliar path tears at her family and friends, her own world becomes a twisting torment of reality and dream. Now, a group of friends must pull together and face the Shine, an ancient relic possessing a force greater than any they have ever known. Paul Major Jr. brings to life a vivid series of relationships between family and friends. His ability to create a picture of words propels the Age of Becoming into a saga of uncanny realism that pleads to be completed in book two, Twisted Dreams.

Shine

A manager's job is getting harder to do. But the central question for all managers - the one that separates great managers from the rest- is how to get the most from your people. What do you do when your most talented people fall short of their potential, or worse, fall off their game for awhile? How do you inspire a solid contributor to even more stellar performance? How do you find that spark? And turn it into a burning flame? According to best-selling author and psychiatrist, Ned Hallowell, it's all in the brain. Creating that spark and inspiring someone to perform at their highest levels isn't rocket science; but it is brain science, and it has yet to be codified into a simple and reliable process that all managers can use. Drawing from his expertise helping people reach their full potential and synthesizing the latest research on happiness, brain science, and performance, Hallowell does exactly that -- he offers a five step process that leads to peak performance. Based on the latest findings in the fast-moving field of high performance research and rooted in the work of Martin Seligman, Dan Gilbert, Marcus Buckingham, Mihaly Csikszentmihalyi, John Ratey, and many other experts in psychology and neuroscience, this book gives managers a simple and coherent framework for getting the best out of people: (1) Selection - how to put people in the right job, and give them the responsibilities that literally make their brains

"light up;" (2) Connection - how to overcome the powerful forces that disconnect us interpersonally in today's workplace, and how to restore the positive connections that fuel superior performance; (3) Play - why play is essential to peak performance, and how managers can get it right; (4) Progress - when the pressure is on, how to challenge the right person at the right time; (5) Recognition - why reward systems always decrease peak performance, and how managers can finally get this right. The value of the five steps is that each step builds on another. For instance, there's no point in challenging an employee to go beyond their personal best if you haven't bothered to ensure first that you've got them in the right job. And there's no way to successfully get someone to think more creatively if you haven't first established the personal connection with her so that she knows her wild ideas will be taken seriously. And there's no point in demanding more, if you haven't first given employees a chance to engage their imagination and play around with the things that "light up their brains." Especially in times of mental overload and stress, when invoking people to suck it up or work even harder isn't an effective management tool, managers need a new game plan, like the one in this book, for helping their people perform at their best.

Shine

This storybook based on an exciting episode from Nickelodeon's Rusty Rivets is perfect for boys and girls ages 3 to 7. When Ranger Anna gets stuck in a tree while watching monkeys, Rusty and Ruby make a robot monkey of their own to save her: Botarilla! This Nickelodeon read-along contains audio narration.

Reach for the Stars! (Shimmer and Shine)

Do you ever feel sad, frustrated, like giving up? Everyone does once in a while. This book contains small doses of inspiration meant to uplift and enlighten. If you know someone who is struggling, or are struggling yourself, this is the book for you.

You Were Made to Shine

We all have good days and bad days at work. Some days you feel bullet proof. People listen to you, your meetings run like clockwork, and you keep having new ideas. Other days are like wading through quick sand. You can't get anything done, and when the printer runs out of toner (again) you want to quit. Wouldn't it be great if you were always on top of your game? If you jumped out of bed every morning knowing that you can only win? SHINE will show you how.

Stars Don't Struggle to Shine

This heart-rending anthology is penned by 21 women who reveal the essence of self-determination...sharing the extremely moving details of their life challenges, and how they overcame pain, shame, and intimidation. SHINE presents the authors' narratives of how they broke their chains...using their newfound freedom to live powerful and effective lives..."speaking truth to power." For you, the reader, each page will pour out new possibilities for freedom in a new life that's filled with the power of God. I Will Shine Again! Andrea Dudley "There is no easy walk to freedom anywhere, and many of us will have to pass through the valley of the shadow of death again and again before we reach the mountaintop of our desires." --Nelson Mandela "Listen carefully: Unless a grain of wheat is buried in the ground, dead to the world, it is never any more than a grain of wheat. But if it is buried, it sprouts and reproduces itself many times over. In the same way, anyone who holds on to life just as it is destroys that life. But if you let it go, reckless in your love, you'll have it forever, real and eternal." --The Gospel of John 12:24-25 Chippie the parakeet never saw it coming. One second he was peacefully perched in his cage. The next he was sucked in, washed up, and blown over. The problems began when Chippie's owner decided to clean Chippie's cage with a vacuum cleaner. She removed the attachment from the end of the hose and stuck it in the cage. The phone rang, and she turned to pick it up. She had barely said "hello" when Chippie got sucked in. The bird owner gasped, threw down the phone, turned off the vacuum, and opened the bag. There was Chippie...still alive, but stunned. Since the bird was covered with dust and soot, she grabbed him and raced to the bathroom. She turned on the faucet and held Chippie under the running water. Then, realizing that Chippie was soaked and shivering, she did what any compassionate bird owner would do, she reached for the hair dryer and blasted the pet with hot air. Poor Chippie never knew what hit him. A few days after the trauma, the reporter who had initially written about the event contacted Chippie's owner to see how the bird was recovering. "Well," she replied, "Chippie does not sing much anymore; he just sits and stares." It is not hard to see why. Sucked in, washed up, and blown

over. That is enough to steal the song from the stoutest heart. Chippie's story is my story and yours. Many of us have been battered, scarred, and left for dead through divorce or sickness, job loss or the death of a loved one. Each one of us has a story. It is one thing when you do not have control over things that happened to you as a child, or if you're an elderly person or someone incapable of fending for yourself. It is another thing when you allow life to happen to you and you don't take responsibility for your own actions. If you've been sucked in, washed up, and blown over, don't be like Chippie. Rise again and start singing. Shine! The truth is, everyone will have challenges and setbacks, and we are exactly where we are supposed to be based on the decisions that we have made. We all experience life-altering obstacles that threaten to dull our shine or even extinguish our light altogether. "Into each life some rain must fall, but too much is fallin' in mine," are the lyrics to a song. Have you ever wondered why bad things happen to good people? Or why good people seem to endure such a rain of tremendous hardships? The truth of the matter is, we are not exempt from experiencing challenging seasons in our lives. No one will go through their life with everything coming up roses. There are times in life where everything is really just excellent, life is prosperous, and everything you touch turns to gold! The premise of this book is that you can shine even in the midst of tremendous obstacles! That when you speak "your" truth to opposing forces, your light will brightly shine.

Shine

"Inspirational, commonsensical, and a whole lot of fun." --James Patterson Everyone deserves to shine in this sparkling new book from the New York Times bestselling author of *Escape from Mr. Lemoncello's Library*, Chris Grabenstein, and coauthor J.J. Grabenstein--just right for fans of *Word of Mouse* and *The Fourteenth Goldfish*. "Who do you want to be?" asks Mr. Van Deusen. "And not when you grow up. Right here, right now." Shine on! might be the catchphrase of twelve-year-old Piper's hero--astronaut, astronomer, and television host Nellie Dumont Frisse--but Piper knows the truth: some people are born to shine, and she's just not one of them. That fact has never been clearer than now, since her dad's new job has landed them both at Chumley Prep, a posh private school where everyone seems to be the best at something and where Piper definitely doesn't fit in. Bursting with humor, heart, science, possibilities, and big questions, *Shine!* is a story about finding your place in the universe--a story about figuring out who you are and who you want to be.

Shine

This powerful memoir and inspirational guide shares a story of loss, resilience, and life-changing lessons found in the darkest seasons of life. When Ashley LeMieux and her husband lost their children in an adoption battle, it sent her into a tailspin that, ultimately, taught Ashley how to soar. Most people live with constant fears, burdens, and pains that they try to hide from themselves or others. In *Born to Shine*, Ashley shares a message of hope for women brave enough to admit that everything is not okay. Because the truth is that even when life is in ruins, people can still shine. LeMieux tells her story in alternating chapters, interspersed with lessons readers can apply in their own lives. It combines personal reflections and practical tools to help women shine despite the darkness, to press forward one day at a time, and to turn their most painful moments into their greatest teachers and signposts to true, deep, unassailable joy.

Shine

Nastia Liukin is an Olympic gymnastics all-around gold medalist, but the road to her success was not an easy one. In *Finding My Shine*, she shares not only her personal journey of success, but also her biggest challenges, including her career ending fall during the 2012 Olympic Trials that she now says was the defining moment of her life. Throughout this book, she delivers her motivational tips toward reaching any goal, overcoming obstacles, and learning how to pick yourself up after the inevitable falls you will have in life. Nastia's story is a true American dream. Born in Moscow, Russia, her parents were both champion gymnasts in their native country. The Liukins moved to the United States when Nastia was two and a half, because they wanted to give their daughter every opportunity possible. Even then, Nastia was certain she wanted to be a gymnast, and spent every hour she could in training. That dedication paid off. Nastia became a key member of the US team, winning five Olympic medals. She also won nine world championship medals (four gold and five silver) making her one of the most celebrated gymnasts in US history. Nastia was in the spotlight again in 2015 when she became a competitor on *Dancing with the Stars*, partnered with Derek Hough. She now speaks to girls and young women across the country in the hopes of motivating them to turn their own dreams into reality. Finding

My Shine is a moving story of a remarkable young woman who won Olympic gold, but whose passion truly lies in inspiring others.

Shine!

Faber Stories, a landmark series of individual volumes, presents masters of the short story form at work in a range of genres and styles. When Ray turns up to visit his old university friends Charlie and Emily, he's given a special task: to be so much his useless self that he makes Charlie look good by comparison. But Ray has his own buried feelings to contend with. Decades earlier, he and Emily would listen to jazz when they were alone, and now, as Sarah Vaughan sings through the speakers, he struggles to control everything the sound brings with it. In Kazuo Ishiguro's hands, a snapshot of domestic realism becomes a miniature masterpiece of memory and forgetting.

Shine Like a Star

This is a book (in Farsi) about reaching high performance and joining the top 1% in your field. It's based on the latest findings in coaching, emotional intelligence and neuroscience and also on the author's vast experience in the field. If you want to have tremendous success in a demanding situation (exams, competitions, business, immigration, or any other important transition), this book will help you accomplish this faster and easier.

Born to Shine

Kai is excited to go back to school after the summer holiday, but soon finds himself being mocked by his peers for being different. Kai's confidence is lowered and he begins to wish that he is 'normal' like everyone else. With the help of his parents, Kai learns to be proud of himself and his unique qualities and values. Kai's mother explains how although the moon and stars are different they both shine beautifully in the sky. He learns an important lesson: that everyone is special and valuable in their own way. He realises that the things that make him different are the things that make him special. He makes a decision to use his qualities to 'shine his light'. Shine is a touching and heart-warming story which encourages young readers to celebrate diversity and to recognise how our differences make us special. It deals confidently with issues including bullying, low self-esteem, self-confidence and forgiveness in a manner that children can comprehend.

Finding My Shine

A story for the very young about loss and the everlasting power of love. From the maker of Rivertime.

Come Rain or Come Shine

Stars Shine Only in the Darkness is a treasure trove of twenty-four bite-sized stories that will appeal to readers of all ages. These are stories of ordinary events that leave an extraordinary impact of dejection, determination, inner battles, success and failures being turned into abundant opportunities. Stars Shine Only in the Darkness is a compilation of stories of ordinary people embracing life in all its hues. It describes the power of the human spirit in rising above the storms to discover stars in the darkness.

1-2-3 Shine

Everyone is born with an unlimited potential inside them, a talent and opportunities. Deep down, we want to make a difference and yet we lack focus and confidence. Through self discipline, we can claim control of our lives and achieve anything we want. One of the greatest powers you can harness is the power to shift your perceptions. Act of bringing awareness to how you perceive things can truly change your life and those around you. This book describes all the lessons and insights I've gained over the years through real life experiences. Through the awareness of our feelings, thoughts, beliefs and actions, we can change the way we make decisions, the way we behave and ultimately the destiny of our lives. Why does one person get stuck while the other person uses the same situation to make changes and re-orient their lives? As the author of your life, you can change your story and therefore create an empowering and meaningful life. Live the life on your terms!

A Chance to Shine

An affirmative, empowering story about embracing your identity and finding your voice, inspired in part by debut author Korey Watari's experiences growing up Asian American, and illustrated by her husband, Mike Wu, Pixar artist and creator of the Ellie series. I am beautiful. I belong here. What I do matters. I am able to shine. Each night Keiko whispers to her crane, "I wish to change the world." She is kind, and she has big dreams. But at times she feels invisible; she knows some people misjudge her. Keiko is also loved, so she perseveres and stands strong. Over time, her confidence grows, she shares more of herself, and she helps lift up others--and eventually lead them. She understands that no matter what, she can shine.

Shine

Tiff's sparkling world comes crashing down when her mum commits a crime. Packed off to live with family in the dulllest place on the planet and without mum around, everything seems to lose its shine. (From book cover).

Shine

The book explores how our behaviours and the strategies we adopt while working towards our goals cause the failure, partial or complete, of those goals, then goes further to show how these failings are unlike us. Here, I defined failure as not realizing the goal(s) we planned to achieve from the outset, and I set out discussing some of the uncommon causes, those that escape casual notice, responsible for the failure. After identifying and illustrating with both real and fictional stories, how the failings derail our goals, I demonstrated how they are unlike us by making analogies between our approach and how our body goes about its own business. I used the analogies to show that our body does not exhibit those failings. In other words, the body is the best success model that we should emulate in pursuing our goals. It goes about its complex goal of keeping us healthy, without exhibiting the failings we exhibit while trying to achieve our own goals. From the discussion on the perils of the failings, with respect to our goals, inference on the alternative actions we can take to counter the failings and increase our chances of succeeding in our goals can easily be made. Although written on a personal level, the main themes of the book applies to organizations and even countries since they comprise people working individually and collectively towards achieving the common goals of any organization or country.

Stars Shine Only in the Darkness

The final book from the world's favourite medium, who died in 2002, contains 101 original poems about life and commentaries on each one.

Shine Bright

Across thousands of years, people have described one of the most astonishing of all human phenomena: the near-death experience (NDE), the subjective experience of an Afterlife, a place where we apparently survive death. The more powerful the NDE, the more profound the after effects. The ambitious reset their priorities. Atheists change their values. Doctors rethink their beliefs. But what if the after effects of an NDE were undeniable? What if someone suddenly developed the ability to produce high quality paintings of their NDE, a new-found skill that went far beyond the artistic ability they had before? And what if that same person then suddenly acquired the ability to compose classical symphonies after their NDE? And their symphonies were then premiered at sell out orchestral concerts, even though, to this day, they are unable to read or write a single note of musical notation. Wouldn't this be proof that even a cynic would have a hard time explaining? After his NDE, this is exactly what happened to David. And this is his story.

I Am Able to Shine

{\rtf1\ansi\ansicpg1252\deff0{\fonttbl{\f0\fswiss\fprq2\fcharset0 Arial;}{\f1\fnil\fcharset0 Arial;}}\viewkind4\uc1\pard\lang2057\fs20 Sunny Mann has done everything in her power to create a run-of-the-mill life for herself in a quiet Virginian suburb. Her house is elegant, her friends are beautiful, and under her quiet supervision, no one ever goes without a casserole when a loved one is ill. But a minor fender bender between minivans sends her perfect blonde wig sailing out the window, exposing her true identity and threatening to crack her white picket fence existence wide open. Now, a meteor is coming, the local weatherman has gone mad, a murderous past has returned to life, her mathematical genius of a husband is helping his robots to stage an uprising on the moon, and it's up to Sunny to keep

it all together. \par \fs22 \fs20 This gloriously inventive, funny novel is at once an intimate portrait of a very modern American family and a timeless love story. It's about the choices that make us human, the line between life and death, and is a captivating exploration of marriage, motherhood and self.\f1\fs18 \par }

Shine

Invite more happiness, wellbeing and success into your life, one morning at a time The way you start your morning matters - it sets the tone for the rest of your day, shaping your mood, focus and productivity. In Rise and Shine, psychologist Kate and therapist Toby share their innovative approach to embracing mornings: the S.H.I.N.E. method. A unique and flexible way to build positive, long-term habits, S.H.I.N.E. represents the five elements we all need in our mornings: · Silence - create stillness, peace and reflection · Happiness - discover techniques to help you begin the day on the right side of bed · Intention - find practices that empower you to shape your day · Nourishment - feed your mind, body and soul · Exercise - get your body moving, creating energy for the day ahead Based on the latest scientific research, as well as ancient traditions and insights gathered from decades of personal and professional experience, Rise and Shine offers thirty different practices that will encourage you to curate a routine that blends seamlessly with your lifestyle. Because by changing your mornings, you can change your life.

Shine Like You

"Learn to fly faster and shine brighter than you ever have before! reads the invitation to the North Star Academy. But Brighton, a young star, has his doubts. He can tell by looking around at all the gazillion stars in the sky that his own light is pretty dim. Can he really learn to shine brighter?"--Cover back.

Shine On: Visions of Life

Get ready for an enchanting tale of Anab, who struggles with self-belief and confidence. But one day, something magical happens and everything changes for the better! Was it really magic or was it something else? Join in to find out! And for parents, don't miss out on the opportunity to bond with your child through reading and writing together while exploring this colorful adventure. The story also provides some insightful questions that will help you understand your child better and deepen their appreciation of the message behind the story. Even for the little ones!

Shine On

In this book, the author provides a powerful revelation on how you as an individual are the light of the world that illuminates and eradicates any form of darkness, thus making this world a better place to live. Light brings change; it brings out the beauty that was hidden by darkness. Even plants blossom when there is light. The light that is described in this book is inside of you. It requires you to acknowledge your purpose as the light of the world and effectively shine to bring a change not only in your life but in the lives of many.

Shine Shine Shine

This book was written with every little girl in mind who may struggle to unleash her shine. We are all wonderfully made, created to illuminate the world. Little girls, don't dim your light. Discover what's already within and release it unapologetically. You have purpose! "Sparkle & Shine Like Only YOU Can" is a great tool to use to start the conversation of determining what makes your little girl shine. **The book is intended for girls ages 7-9 years old. The Flesch-Kincaid grade level is 2.7. (equivalent to second - third grade level)**

Rise and Shine

Penny and Victoria are about as different as two siblings can be, one with a smart London lifestyle, the other struggling to make ends meet. When events begin to tug at the fabric beneath which dark secrets are hidden, the resulting chaos threatens to tear the two families apart.

Brighton

Start living the life you've always wanted It could be that you've figured everything out on your own and have ended up acing your career, meeting and marrying your perfect partner, producing three wonderful kids, owning a holiday home in Mustique and having a drop-dead gorgeous life. In which case, we applaud you. If, on the other hand, you need the cheat codes, then this book will give you a nudge. Redefining the genre of 'self-help comedy,' Shine is a book about the brevity of life. It contains adult themes of mortality, change, exhaustion and unrelenting pressure. Thankfully, the bleakness is done with humour and the solutions are entertaining, do-able and uplifting. Shine is the literary equivalent of 'ctrl/alt/delete.' All you have to do is read the book, keep an open mind, and apply the learning. You will experience a personal re-boot with new mental software installed, upgrading you to 'best possible self.' It's a very simple process that also happens to be 'not very easy.' Because, of course, if being your best self was easy, everybody would be doing it. The average lifespan is 4000 weeks. Look around and you'll see too many people having a 'near life experience.' They're alive, but not living. Truth time: life's a short and precious gift that's hurtling by in a blur. If you want to make a dent in the universe, it's time to wake up. We figure that if you're going to rise, you may as well shine. Laugh and learn while you: Rediscover your ability to ping out of bed every single day with fire in your belly and a smile on your face. Identify what really matters in your life and how to stop stressing about the stuff that doesn't. Remember how to focus on all that makes you happy and cut the nonsense that worries you for no reason. Give up your low-level grumbling and experience the joy that comes when you focus on achieving all that you've ever wanted. Find out just how easy it is to boost your energy and increase your motivation. Discover how to break free from 'ordinary' and embrace a life of 'extraordinary.' Figure out how to channel your inner Mary Poppins.

Anab's Time to Shine

In *Shine: A Girl's Guide to Thriving (Not Just Surviving) in Real Life*, Mary Doherty and Siobhan Hackett have mined their experience as teachers and counsellors and, with feedback from their students past and present, have written a book to let every teenage girl know that they don't need to be the best at everything - they just need to be the best at being themselves. From coping with exam stress to examining negative thoughts, along with insights on body confidence and self-esteem, tips on how to deal with bullies (online and in real life), break-ups, sex, anxiety and including helpful advice for parents, *Shine* shows girls how they can shine from the inside out and navigate the teenage years by being confident, strong and independent. 'This book is for all the future movers and shakers, the dreamers, the poets, the athletes, the musicians, the healers, the brain surgeons, the mothers and the CEOs. Don't let the anxieties, worries, or doubts get you down. Allow yourself to do what you can do best: let yourself shine!'

Let Your Light Shine

Sparkle & Shine