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Dive into a collection of insightful Gestalt psychology books designed to offer transformative windows into understanding our children. Discover practical approaches and profound perspectives on child development and behavior, equipping parents and educators with the tools to foster deeper connections and navigate family dynamics through a unique Gestalt lens. These resources aim to enhance your ability to understand children's inner worlds and support their growth effectively.

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Hara

Spiritual Authority and Temporal Power is an analysis of cyclical manifestation, and more specifically of the relationship between royal and sacerdotal power. In accord with the Hindu doctrine of manvantaras and Plato's depiction of historical degeneration in the Republic, Guénon views history here as a series of 'revolts' of lower castes against the higher. The kshatriyas (warriors) revolt against the brahmins (priests), thus setting the stage for a revolt of the vaishyas (loosely, the bourgeoisie), as in the French revolution-and, finally, the shudras (the proletariat), as in the Russian revolution (which Guénon does not touch upon in this work). From one point of view, this is a progressive degeneration; from another it is entirely lawful, given the 'entropic' nature of manifestation itself. External, historical descent reflects an inner degeneration: knowledge (the celestial paradise) is eclipsed by heroic action (the terrestrial paradise), which is in turn overrun by the inertia and agitation of the passions. Yet the nadir of degeneration is also the point of renewal: the dawning of the Heavenly Jerusalem-spiritual Knowledge-which begins a new cycle of manifestation.

Spiritual Authority and Temporal Power

When originally published, this book filled a void in child therapy literature. Counselors and therapists, in schools, mental health centers and private practice, embraced this book. It is the largest selling book on the subject in the world. This brand-new 2nd edition includes over 300 pages of methods, materials, and techniques for working with children and adolescents. Also included are session transcripts, case examples and discussions. This edition includes a new introduction by Oaklander's long-time professional colleague and friend Christiane Elsbree and concludes with an in-depth interview with Oaklander by Elsbree.

Windows to Our Children

Gestalt Therapy has been developing steadily for the last 50 years in America as well as in Europe. It is currently practiced in different settings: individual, group, and family therapies; personal growth; social, medical and business organizations. This book describes a specific French approach: a synthesis of French culture (greatly influenced by psychoanalysis) along with a mobilizing and interactive method, emphasizing the cycle of contact, evoking the emotions, the body and the right hemisphere of the brain. This book is written mostly for beginners and for psychotherapy clients: it summarizes the central philosophy of this approach and the main techniques for the enrichment of contact. It includes sketches, charts, indexes, a glossary and a bibliography, which together comprise of a convenient tool. It also explains, in an accessible way, the latest discoveries concerning the brain (neurosciences), dreams and sexuality.

Gestalt Therapy

Written in Irv Yalom's inimitable story-telling style, *Staring at the Sun* is a profoundly encouraging approach to the universal issue of mortality. In this magisterial opus, capping a lifetime of work and personal experience, Dr. Yalom helps us recognize that the fear of death is at the heart of much of our anxiety. Such recognition is often catalyzed by an "awakening experience"—a dream, or loss (the death of a loved one, divorce, loss of a job or home), illness, trauma, or aging. Once we confront our own mortality, Dr. Yalom writes, we are inspired to rearrange our priorities, communicate more deeply with those we love, appreciate more keenly the beauty of life, and increase our willingness to take the risks necessary for personal fulfillment.

Staring at the Sun

The Aware Baby marks a major breakthrough in our understanding of babies' needs from conception to two-and-a-half years of age. Now translated into eleven languages, it has contributed to a revolution in parenting around the world. This revised edition includes new research and insights from the author's extensive experience as a consultant and international workshop leader. This book will teach you how to bond with your infant, respond to your baby's crying, enhance your baby's intelligence, help your baby sleep better, find alternatives to punishment, and raise your child to be non-violent. The author, Aletha Solter, is a Swiss/American developmental psychologist living in Southern California. She studied with Dr. Jean Piaget in Geneva, Switzerland, where she earned a Master's Degree in human biology. She holds a Ph.D. in psychology from the University of California. Her books have been translated into many languages, and she is recognized internationally as an expert on attachment, trauma, and non-punitive discipline. She is the founder of the Aware Parenting Institute, an international organization with certified instructors in many countries.

The Aware Baby

Famed historian of religion Mircea Eliade observes that even moderns who proclaim themselves residents of a completely profane world are still unconsciously nourished by the memory of the sacred. Eliade traces manifestations of the sacred from primitive to modern times in terms of space, time, nature, and the cosmos. In doing so he shows how the total human experience of the religious man compares with that of the nonreligious. This book serves as an excellent introduction to the history of religion, but its perspective also encompasses philosophical anthropology, phenomenology, and psychology. It will appeal to anyone seeking to discover the potential dimensions of human existence. -- P. [4] of cover.

The Depths of the Soul

Does your child speak a different language? Sometimes they waver for your attention, and other times they ignore you completely. Sometimes they are filled with gratitude and affection, and other times they seem totally indifferent. Attitude. Behavior. Development. Everything depends on the love relationship between you and your child. When children feel loved, they do their best. But how can you make sure your child feels loved? Since 1992, Dr. Gary Chapman's best-selling book *The 5 Love Languages* has helped millions of couples develop stronger, more fulfilling relationships by teaching them to speak each others' love language. Each child, too, expresses and receives love through one of five different communication styles. And your love language may be totally different from that of your child. While you are doing all you can to show your child love, he may be hearing it as something completely opposite. Discover your child's primary language and learn what you can do to effectively convey unconditional feelings of respect, affection, and commitment that will resonate in your child's emotions and behavior.

The Sacred and the Profane

A manual for verbal self-defense explains how to transform hostility, eliminate aggression, handle tormenters, control emotion, and promote harmonious conversation

The 5 Love Languages of Children

Dr. Shinya again changes our view of what is possible in his groundbreaking new book, the *Rejuvenation Enzyme*. Here Dr. Shinya turns his visionary genius to solving the problem of aging cells. His conclusions will amaze you with their simplicity and insight as he shows you how you can create your own rejuvenation plan using techniques such as the Little Fast, detox massage, coffee enema and Kangen water. In *The Rejuvenation Enzyme* you will learn: How rejuvenation enzymes transform zombie cells into healthy cells. How you can restore energy by clearing ôgarbageö from your cells Why purple food improves your memory How drinking Kangen Water supports you health and energy Why turmeric may prevent AlzheimerÆs Disease Dr. Hiromi Shinya, medical pioneer and inventor, developed the now standard technique of non-invasive colonoscopic surgery. In his more than 50 years of practice he was a professor of surgery at Albert Einstein College of Medicine and Head of the Endoscopic Center of Beth Israel Hospital in New York as well as an adviser for Maeda Hospital and Hanzomon Gastrointestinal Clinic in Japan. He was also vice-chairman of the Japanese Medical Association in the USA. Book jacket.

Tongue Fu!

Crown House is pleased to announce the publication of the third edition of *The Art of Hypnosis: Mastering Basic Techniques* by Roy Hunter. This updated third edition includes a new introduction by Conrad Adams PhD together with a revised Chapter 1. Roy Hunter is an expert in the field of hypnosis. He was specially selected to carry on the work of the 'Grand Master of Hypnotherapy', the late Charles Tebbetts, who was a master teacher and contributor to the art/science of hypnosis and hypnotherapy. This book is based upon the training course of Tebbetts, which has been updated by Roy Hunter. Tebbetts' training has formed the basis of a large number of hypnotherapy courses taught in America and Europe. *The Art of Hypnosis* is well-written and easy to read and understand, even for the novice. In-depth and practical information is given on how to achieve maximum results in a hypnotic session by phrasing suggestions properly and by using various techniques to determine which approach is best for each individual client.

Rejuvenation Enzyme

Whether you have been married two years, fifty years, or anywhere in between, this book offers couples commonsense advice on how to keep romance alive in their relationships. To those who wonder, Can I still rekindle that spark? Ziglar says, "Yes, you can!" This how-to guide to happily-ever-after combines convincing statistics, advice from experts, and humorous anecdotes from Ziglar's own experience. Inside you'll find: Six steps for starting over – no matter how long you've been married Tips for improving communication Ways to keep sexual intimacy satisfying and exciting Rules for a fair fight A frank discussion of the importance of trust Ziglar also includes a sixty-six-question survey to evaluate the state of your marriage. Take it before and after you read this book – you'll see the difference!

The Art of Hypnosis

From internationally renowned authors, Allan and Barbara Pease comes the worldwide bestseller *Why Men Want Sex and Women Need Love*. In this fascinating book, the authors translate science and cutting-edge research into a powerful yet entertaining read. This is the book for singles looking for love, those in relationships that need some real help or people who want to keep their partner happy and reap the extraordinary benefits that follow. You will discover: • What men and women really want from love and sex • How to find a great partner and have a happy future • What to do when the chemistry is wrong • What turns men and women on – and off • How to handle a cheater • How to make women want sex more often • How to regain your mojo • How to change your love-life forever *Why Men Want Sex and Women Need Love* is essential reading for anyone who wants to get the most from their relationship. It provides the answers that men and women are desperate to learn.

Courtship After Marriage

2010 Reprint of 1924 Edition. In 1924 Spalding published this first and most important volume of *Life and Teaching of the Masters of the Far East*. It describes the travels to India and Tibet of a research party of eleven scientists in 1894. During their trip they claim to have made contact with "the Great Masters of the Himalayas," immortal beings with whom they lived and studied, gaining a fascinating insight into their lives and spiritual message. This close contact enabled them to witness many of the spiritual principles evinced by these Great Masters translated into their everyday lives, which could be described as 'miracles'. Such examples are walking on water, or manifesting bread to feed the hungry party. These books have remained consistently popular with spiritual seekers, those interested in the philosophy of the East and those who enjoy a good story because of their accessible nature and easy-to-follow format. However, despite most of the action taking place in India, the Great Masters make it clear that the greatest embodiment of the Enlightened state is that of the Christ (as personified by Jesus): "The Masters accept that Buddha represents the Way to Enlightenment, but they clearly set forth that Christ IS Enlightenment, or a state of consciousness for which we are all seeking - the Christ light of every individual; therefore, the light of every child born into the world."

Why Men Want Sex And Women Need Love

The typical survey course in psychology has time for only limited presentation of the research on which our knowledge is based. As a result, many students come away with a limited understanding of the role of experiments in psychological science. Where do experiments come from and how are they conducted? What are the pitfalls and how can we avoid them? What advantages do they have over intuition, authority, and common sense as guides to knowing and acting? What distinguishes research-based psychology from psychobabble? What have we learned from experimentation in psychology? This book presents, in more depth than textbook treatment permits, the background, conduct, and implications of a selection of classic experiments in psychology. The selection is designed to be diverse, showing that even for research in vastly different areas of study, the logic of research remains the same—as do its traps and pitfalls. This book will broaden and deepen the understanding of experimental methods in psychological research, examining where the research questions come from, how questions can be turned into experiments, and how researchers have faced the problems presented by research in psychology.

Life and Teaching of the Masters of the Far East

FULLY REVISED AND UPDATED 5TH EDITION OF THE WORLD'S BESTSELLING PREGNANCY GUIDE. 'My best friend during my pregnancy' Mariella Frostrup With 18.5 million copies in print, *What to Expect When You're Expecting* is read by 93 per cent of women who read a pregnancy book and was named one of the 'Most Influential Books of the Last 25 Years' by USA Today. This cover-to-cover new edition is filled with must-have information, advice, insight, and tips for a new generation of parents. With Heidi Murkoff's trademark warmth, empathy, and humour, *What to Expect When You're Expecting* answers every conceivable question expectant parents could have, including dozens of new ones based on the ever-changing pregnancy and birthing practices, and choices they face. Advice for partners is fully integrated throughout the book. All medical coverage is completely updated for the UK, including the latest on prenatal screening and the safety of medications during pregnancy, as well as a brand-new section on postpartum birth control. Current lifestyle trends are incorporated, too: juice bars, raw diets, e-cigarettes, push presents, baby bump posting, the lowdown on omega-3 fatty acids, grass-fed and organic, health food fads, and GMOs. Plus expanded coverage of IVF pregnancy, multiple

pregnancies, breastfeeding while pregnant, water and home births, and cesarean trends (including VBACs and 'gentle caesareans'). The best pregnancy guide just got even better.

Classic Experiments in Psychology

A comprehensive guide to understanding and using storytelling in therapy with kids and teens "George Burns is a highly experienced clinician with the remarkable ability to create, discover, and tell engaging stories that can teach us all the most important lessons in life. With 101 Healing Stories for Kids and Teens, he strives especially to help kids and teens learn these life lessons early on, providing them opportunities for getting help and even learning to think preventively." -Michael D. Yapko, PhD | Author of Breaking the Patterns of Depression and Hand-Me-Down Blues "George Burns takes the reader on a wonderful journey, balancing metaphor, good therapeutic technique, and empirical foundations during the trip. Given that Burns utilizes all three aspects of the Confucian story referred to in the book-teaching, showing, and involving-readers should increase their understanding of how stories can be used therapeutically." -Richard G. Whiteside, MSW | Author of The Art of Using and Losing Control and Working with Difficult Clients: A Practical Guide to Better Therapy "A treasure trove for parents and for professionals in the child-development fields." -Jeffrey K. Zeig, PhD | Director, The Milton H. Erickson Foundation Stories can play an important and potent role in therapy with children and adolescents-helping them develop the skills to cope with and survive a myriad of life situations. In many cases, stories provide the most effective means of communicating what kids and teens might not want to discuss directly. 101 Healing Stories for Kids and Teens provides straightforward advice on using storytelling and metaphors in a variety of therapeutic settings. Ideal for all who work with young people, this unique resource can be combined with other inventive and evidence-based techniques such as play, art, music, and drama therapies as well as solution focused, hypnotic, and cognitive-behavioral approaches. Offering guidance for new clinicians and seasoned professionals, George Burns's latest work delivers a unique combination of information on incorporating storytelling in therapy, dozens of ready-made stories, and tips for creating original therapeutic stories. Innovative chapters include: * Guidance for effective storytelling * Using metaphors effectively * Where to get ideas for healing stories * Planning and presenting healing stories * Teaching parents to use healing stories In addition, 101 Healing Stories for Kids and Teens includes dozens of story ideas designed to address a variety of issues, such as: * Enriching learning * Teaching self-care * Changing patterns of behavior * Managing relationships, emotions, and life challenges * Creating helpful thoughts * Developing life skills and problem-solving techniques

What to Expect When You're Expecting 5th Edition

A Brief History of Modern Psychology offers a concise account of the evolution of this dynamic field—from early pioneers of psychological theory to cutting-edge contemporary applications. In this revised third edition, leading scholar Ludy Benjamin surveys the significant figures, concepts, and schools of thought that have shaped modern psychology. Engaging and accessible narrative provides readers historical and disciplinary context to modern psychology and encourages further investigation of the topics and individuals presented. This book provides a solid foundational knowledge of psychology's past, covering essential areas including prescientific psychology, physiology and psychophysics, early schools of German and American psychology, and the origins of applied psychology, behaviorism, and psychoanalysis. Exploration of 20th century and contemporary developments, including the emergence of clinical and cognitive psychology, ensures a complete overview of the field. The author integrates biographical information on widely recognized innovators such as Carl Jung, Wilhelm Wundt, and B.F. Skinner with lesser known figures including E.B. Titchener, Mary Calkins, and Leta Stetter Hollingworth. This personalistic approach to history allows readers to understand the theories, research, and practices of the individuals who laid the foundation to modern psychology.

101 Healing Stories for Kids and Teens

The chapters of this volume were written for the purpose of surveying the field of intensive family therapy. The book is not a compilation of previously published articles; all of the chapters are original contributions written at the request of the editors. The structure of the volume was determined by the editors' experience with family therapy and their continuous exchange with other workers in the field through symposia, personal discussions, and, in most cases, direct observation of their work.

A Brief History of Modern Psychology

In this bestselling guide, discover the healing power of diet and nutrition as an alternative therapy to help you heal from cancer and other ailments. With over 300,000 copies sold, The Gerson Therapy paved the way for alternative cancer treatments and has successfully treated cancer, hepatitis, migraines, arthritis, heart disease, emphysema, and autoimmune diseases with a revolutionary all-natural program. For years, the traditional medical establishment has called these chronic or life-threatening diseases incurable. But now, The Gerson Therapy® offers hope for those seeking relief from hundreds of different diseases. One of the first alternative cancer therapies, The Gerson Therapy® has successfully treated thousands of patients for over 60 years and has clinic locations around the country. In this definitive natural cancer and chronic illness guide, alternative medicine therapist Charlotte Gerson and medical journalist Morton Walker reveal the powerful healing effects of nutrition, organic foods, food preparation, meal planning, and supplements combined to treat a variety of ailments. The Gerson Therapy® shows you: • How to beat cancer by changing your body chemistry • Special juicing techniques for maximum healing • How to conquer symptoms of allergies, obesity, high blood pressure, HIV, lupus, and other chronic illnesses • Which supplements will strengthen your immune system • How to prepare delicious, healthy foods using Gerson-approved recipes included in the book • And much more! This unique resource will help and inspire everyone who has ever said, "I want to get well. Just show me how." The Gerson Therapy® offers a powerful, time-tested healing option that has worked for others—

Intensive Family Therapy

Did you know that blueberries can help you cope with the after-effects of trauma? That salami can cause depression, or that boosting Vitamin D intake can help treat anxiety? When it comes to diet, most people's concerns involve weight loss, fitness, cardiac health, and longevity. But what we eat affects more than our bodies; it also affects our brains. And recent studies have shown that diet can have a profound impact on mental health conditions ranging from ADHD to depression, anxiety, sleep disorders, OCD, dementia and beyond. Dr. Uma Naidoo is a board-certified psychiatrist, nutrition specialist, and professionally trained chef. In *The Food-Mood Connection*, she draws on cutting-edge research to explain the many ways in which food contributes to our mental health, and shows how a sound diet can help treat and prevent a wide range of psychological and cognitive health issues. Packed with fascinating science, actionable nutritional recommendations, and delicious, brain-healthy recipes, *The Food-Mood Connection* is the go-to guide to optimizing your mental health with food.

The Gerson Therapy

For both clinicians and their clients there is tremendous value in understanding the psychophysiology of trauma and knowing what to do about its manifestations. This book illuminates that physiology, shining a bright light on the impact of trauma on the body and the phenomenon of somatic memory. It is now thought that people who have been traumatized hold an implicit memory of traumatic events in their brains and bodies. That memory is often expressed in the symptomatology of posttraumatic stress disorder—nightmares, flashbacks, startle responses, and dissociative behaviors. In essence, the body of the traumatized individual refuses to be ignored. While reducing the chasm between scientific theory and clinical practice and bridging the gap between talk therapy and body therapy, Rothschild presents principles and non-touch techniques for giving the body its due. With an eye to its relevance for clinicians, she consolidates current knowledge about the psychobiology of the stress response both in normally challenging situations and during extreme and prolonged trauma. This gives clinicians from all disciplines a foundation for speculating about the origins of their clients' symptoms and incorporating regard for the body into their practice. The somatic techniques are chosen with an eye to making trauma therapy safer while increasing mind-body integration. Packed with engaging case studies, *The Body Remembers* integrates body and mind in the treatment of posttraumatic stress disorder. It will appeal to clinicians, researchers, students, and general readers.

The Food Mood Connection

Born in 1905 in the center of the crumbling Austro-Hungarian Empire, Viktor Frankl was a witness to the great political, philosophical, and scientific upheavals of the twentieth century. In these stirring recollections, Frankl describes how as a young doctor of neurology in prewar Vienna his disagreements with Freud and Adler led to the development of "the third Viennese School of Psychotherapy," known as logotherapy; recounts his harrowing trials in four concentration camps during the War; and reflects on the celebrity brought by the publication of *Man's Search for Meaning* in 1945.

The Body Remembers Continuing Education Test: The Psychophysiology of Trauma & Trauma Treatment

It's safe to say that world-famous speaker and author Og Mandino has as many friends as any man alive, thanks to his inspiring motivational lectures and his bestselling books. This new book is a special gift to all his friends, old and new, a book they may cherish above all the rest. **SECRETS FOR SUCCESS AND HAPPINESS** is Og's beautifully written journal, an intimate record of his innermost thoughts and feelings, the heartwarming events of his day-to-day life. Whether he's writing in his old New Hampshire farmhouse on a snowy winter day or in a hotel room just about anywhere in the country; whether he's refilling the bird feeder, comforting a sick friend, racing to catch a plane, or planting his tomatoes; Og weaves his secrets of success into the fabric of his life and the pages of this book. He shares anecdotes, both sad and funny, and his feelings about his fan mail and the people he meets. And when trouble comes to him, he shares that, too. Living with Og and listening to his thoughts as the rich days unfold, we once again find the sheer joy of wondering what tomorrow will bring, and the courage never to look back on yesterday.

Recollections

The New York Times bestselling author of *Eat to Live* and *Super Immunity* and one of the country's leading experts on preventive medicine offers a scientifically proven, practical program to prevent and reverse diabetes—without drugs. At last, a breakthrough program to combat the rising diabetes epidemic and help millions of diabetics, as well as those suffering with high blood pressure and heart disease. Joel Fuhrman, M.D. Research director of the Nutritional Research Foundation, shows you how to live a long, healthy, and happy life—disease free. He offers a complete health transformation, starting with a diet with a high nutrient-per-calorie ratio that can be adapted for individual needs. Dr. Fuhrman makes clear that we don't have to "control" diabetes. Patients can choose to follow better nutritional guidelines that will control it for them, even before they have lost excess weight. The end result is a medical breakthrough—a comprehensive reversal of the disease.

Secrets for Success and Happiness

You've read John Maxwell's best-selling *Winning with People*, and now you're ready for some specific action steps to build on the knowledge you gained. *25 Ways to Win With People* has just what you need! This complementary companion to the full-sized book is ideal for a quick refresher course on interpersonal relationships. A small sampling of the twenty-five specific actions readers can take to build positive, healthy relationships includes: Complimenting People in Front of Others Creating a Memory and Visiting It Often Encouraging the Dreams of Others

The End of Diabetes

When originally published this book reported the first major application of 'labelling theory' to deviance in classrooms. The authors explore the nature of classroom rules, show how they constitute a pervasive feature of the classroom, and examine the ways in which teachers use these rules as grounds for imputing 'deviance' to pupils. A theory of social typing is developed to show how teachers come to define certain pupils as deviant persons such as 'troublemakers' and several case-studies are used to document this analysis. Finally, the teachers' reactions to disruptive classroom conduct are examined as complex strategic attempts at social control in the classroom. The book has a double focus on deviance theory and the process of teaching.

25 Ways to Win with People

THE #1 SUNDAY TIMES BESTSELLER 'A wonderful book' Richard Osman 'So clear and true ... Helpful for all relationships in life' Nigella Lawson 'A fascinating read on the emotional baggage we all carry' Elizabeth Day

How can we have better relationships? In this Sunday Times bestseller, leading psychotherapist Philippa Perry reveals the vital do's and don'ts of relationships. This is a book for us all. Whether you are interested in understanding how your upbringing has shaped you, looking to handle your child's feelings or wishing to support your partner, you will find indispensable information and realistic tips in these pages. Philippa Perry's sane, sage and judgement-free advice is an essential resource on how to have the best possible relationships with the people who matter to you most.

'It gave me hope as a new parent' Babita Sharma 'This has genuinely had such a positive impact on my life and my relationship with my daughter' Josh Widdicombe 'She writes with an inquisitive elegance rarely found in parenting guides ... it is forgiving and persuasive' Hadley Freeman, the Guardian 'Philippa Perry is one of the wisest, most sane and secure people I've ever met' Decca Aitkenhead, Sunday Times Magazine

Deviance in Classrooms (RLE Edu M)

Our economy is rigged in favour of a wealthy elite. We need a new approach: an economics for the many. Big challenges lie ahead for our society: the rise of automation and the threat of catastrophic climate change. But so, too, do the huge possibilities presented by new technology and better ways of organising our economy in the wake of neoliberalism's failure. With the election of Jeremy Corbyn as Labour leader, and the extraordinary turnaround in Labour's fortunes in the 2017 election, we have a real opportunity to build an economy in Britain that is radically fairer, radically more democratic, and radically more sustainable. But we need the right ideas and strategies if we're going to get there. *Economics for the Many*, edited and with an introduction by Shadow Chancellor of the Exchequer John McDonnell, features contributions from the participants in his New Economics conferences, including Barry Gardiner, Ann Pettifor, Prem Sikka, and Guy Standing. It covers topics from housing, public ownership, and fairer international trading systems to industrial policy for the twenty-first century and how to tackle tax avoidance and regional imbalances. Together, the essays in this volume lay out a vision for a new economics, one that works for the many, not the few.

The Book You Wish Your Parents Had Read (and Your Children Will Be Glad That You Did)

"Mentally Defective Children" by Alfred Binet, Théodore Simon (translated by William Blackley Drummond). Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten or yet undiscovered gems of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

Economics for the Many

Many of the earliest books, particularly those dating back to the 1900s and before, are now extremely scarce and increasingly expensive. We are republishing these classic works in affordable, high quality, modern editions, using the original text and artwork.

Mentally Defective Children

A large number of managers - especially in these difficult times - feel completely overwhelmed. Their inboxes are overflowing, they constantly struggle to finish their to-do lists and they stay at work longer than they would like to, leaving little time for the things that really matter. Luckily there is a way for managers to enjoy work and build a successful and fulfilling career without stress or long hours. In his bestselling book *The 80/20 Principle*, Richard Koch showed readers how to put the 80/20 Principle - the idea that 80 per cent of results come from just 20 per cent of effort - into practice in their personal lives. Now he demonstrates the few things you need to do in the workplace to multiply the results you achieve. By applying the strategies outlined in *The 80/20 Manager*, you will: - Put in fewer hours than your colleagues yet never be short of time - Learn to focus only on the issues that really matter, and ignore those that don't - Achieve exceptional results by working less hard - Feel successful every day

Psychology and the Soul

Hans Vaihinger (1852–1933) was an important and fascinating figure in German philosophy in the early twentieth century, founding the well-known journal *Kant-Studien*. Yet he was overshadowed by the burgeoning movements of phenomenology and analytical philosophy, as well as hostility towards his work because of his defense of Jewish scholars in a Germany controlled by Nazism. However, it is widely acknowledged today that *The Philosophy of 'As If'* is a philosophical masterwork. Vaihinger argues that in the face of an overwhelmingly complex world, we produce a simpler set of ideas, or idealizations, that help us negotiate it. When cast as fictions, such ideas provide an easier and more useful way to think about certain subjects, from mathematics and physics to law and morality, than

would the truth in all its complexity. Even in science, he wrote, we must proceed "as if " a material world exists independently of perceiving subjects; in behaviour, we must act "as if " ethical certainty were possible; in religion, we must believe "as if" there were a God. He also explores the role of fictions in the history of philosophy, going back to the ancient Greeks and the work of Leibniz, Adam Smith and Bentham. The Philosophy of 'As If' was a powerful influence on the emerging philosophical movement of pragmatism and was groundbreaking in its anticipation of the central role that model-building and simulation would come to play in the human sciences. This Routledge Classics edition includes a new foreword by Michael A. Rosenthal, which provides a fascinating and important background to Vaihinger's life and the legacy of The Philosophy of 'As If'.

The 80/20 Manager

Tells how Somoza's government in Nicaragua fell.

The Philosophy of 'As If'

Pleasure, Reward, Preference: Their Nature, Determinants, and Role in Behavior covers the proceedings of a symposium by the same title, held at the Klarskovgaard Training Institute, near Korsør, Denmark, on June 5-9 1972, organized under the auspices of the Advisory Group on Human Factors of the Scientific Affairs Division of the North Atlantic Treaty Organization. This book is composed of 11 chapters, and starts with a historical perspective and review of the principal problems related to understanding the principles of pleasure, reward, and preference. The next chapters explore neurophysiological research with animals and the human cognitive phenomena. These topics are followed by discussions of the concept of exploratory choice, verbal judgment, the law of effects and an adaptation-level model for affectivity and perception. The concluding chapters provide examples of behavioristic theories and describe a process model of motivation to understand the complexity of cognition and predictability of behavior. These chapters also tackle the role of pleasure and reward in human motivation and learning, as well as present a metascientific frame of motivation. This text will prove useful to psychologists, behaviorist, and researchers.

Nicaragua Betrayed

"No need to go to the theater. This book is the funniest show in town" Giora Meir, iBooks.co.il, Stematsky
"An Amazing book At last I know how to enjoy the little things in life" Dan Almog "This book is so on the mark so true. I recommend it warmly" Yoav Shani How is your FUN life? Join Lenny in a (s)mile a minute journey consisting of his own true, humorous stories and anecdotes, guaranteed to help you live and laugh a more positive life. Mahatma Gandhi once said: "Without my sense of humor, I would have committed suicide long ago." So they killed him.

Pleasure, Reward, Preference

The inner world needs its own vocabulary, and Osho is a master of creating a language to describe experiences of the inner world that is simple, unpretentious and clear. 'The ABC of Enlightenment' is not just a dictionary but a book on life itself. It contains concise quotes by Osho on a large variety of topics. For those who are unfamiliar with him, this is an easy introduction to his way of life and also an entertaining reference book. From 'Absolute' to 'Zen' Osho is never at lack of profoundness and both traditional and contemporary issues are redefined and reinterpreted for a contemporary understanding.

A Funny Thing Happened on the Way to Enlightenment

Parents have heard that play is a child's work—but play is not for kids only. As psychologist Lawrence J. Cohen, Ph.D., demonstrates in this delightful new book, play can be the basis for an innovative and rewarding approach to parenting. From eliciting a giggle during baby's first game of peek-a-boo to cracking jokes with a teenager while hanging out at the mall, Playful Parenting is a complete guide to using play to raise strong, confident children. Have you ever stepped back to watch what really goes on when your children play? As Dr. Cohen points out, play is children's complex and fluid way of exploring the world, communicating hard-to-express feelings, getting close to those they care about, working through stressful situations, and simply blowing off steam. That's why "playful parenting" is so important and so successful in building strong, close bonds between parents and children. Through play we join our kids in their world. We help them express and understand deep emotions, foster connection, aid the process of emotional healing--and have a great time ourselves while we're at it. Anyone can be

a playful parent--all it takes is a sense of adventure and a willingness to let down your guard and try something new. After identifying why it can be hard for adults to play, Dr. Cohen discusses how to get down on the floor and join children on their own terms. He covers games, activities, and playful interactions that parents can enjoy with children of all ages, whether it's gazing deep into a baby's eyes, playing chase with a toddler, fantasy play with a grade schooler, or reducing a totally cool teenager to helpless laughter. Playful Parenting also includes illuminating chapters on how to use play to build a child's confidence and self-esteem, how to play through sibling rivalry, and how play can become a part of loving discipline. Written with love and humor, brimming with good advice and revealing anecdotes, and grounded in the latest research, Playful Parenting will make you laugh even as it makes you wise in the ways of being a happy, effective, enthusiastic parent.

The ABC of Enlightenment

Crime Investigation