# **The Tyranny Of Lost Things**

#tyranny of lost things #emotional burden of loss #overcoming attachment to possessions #decluttering mental space #impact of lost opportunities

The Tyranny Of Lost Things explores the profound, often invisible, emotional burden of loss, encompassing everything from misplaced keys to forgotten opportunities. Discover how our attachment to what's gone can hold us captive and learn strategies for overcoming attachment to possessions, ultimately decluttering mental space and reclaiming inner peace from the pervasive tyranny of lost things.

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# The Tyranny of Lost Things

The Tyranny of Lost Things, a tale which will resonate with the millennial generation. Having dropped out of university, Harmony returns to the site of the urban commune where she lived as a child, now divided into flats. She rents a room in the hope of uncovering the source of her nightmares about a redheaded woman who haunts the house and, her obsession with lost objects from her childhood. As the London riots explode in the streets, the two hot summers converge, blurred by the drugs and sex and cheap wine, and Harmony begins to discover what really happened at Longhope twenty years ago. Can she grow up at last, and build her own future?

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#### The Book of Lost Things

A 12-year-old boy, mourning the death of his mother, takes refuge in the myths and fairytales she always loved--and finds that his reality and a fantasy world start to meld.

#### The Vagenda

HAVE YOU EVER... Obsessed over your body's 'problem areas'? Killed an hour on the Sidebar of Shame? Wondered whether to try '50 Sex Tips to Please Your Man'? Felt worse after doing any of the

above? Holly and Rhiannon grew up reading glossy mags and, like most women, thought of them as just a bit of fun. But over time they started to feel uneasy – not just about magazines, but about music videos, page 3, and women being labelled frigid, princesses or tramps. So, following the amazing success of their Vagenda blog, they wrote this book. Welcome to your indispensable guide to the madness of women's media.

#### The Tyranny of Merit

A TLS, GUARDIAN AND NEW STATESMAN BOOK OF THE YEAR 2020 The new bestseller from the acclaimed author of Justice and one of the world's most popular philosophers "Astute, insightful, and empathetic...A crucial book for this moment" Tara Westover, author of Educated These are dangerous times for democracy. We live in an age of winners and losers, where the odds are stacked in favour of the already fortunate. Stalled social mobility and entrenched inequality give the lie to the promise that "you can make it if you try". And the consequence is a brew of anger and frustration that has fuelled populist protest, with the triumph of Brexit and election of Donald Trump. Michael J. Sandel argues that to overcome the polarized politics of our time, we must rethink the attitudes toward success and failure that have accompanied globalisation and rising inequality. Sandel highlights the hubris a meritocracy generates among the winners and the harsh judgement it imposes on those left behind. He offers an alternative way of thinking about success - more attentive to the role of luck in human affairs, more conducive to an ethic of humility, and more hospitable to a politics of the common good.

## The Book of Lost Things

New York Times bestselling author John Connolly's unique imagination takes readers through the end of innocence into adulthood and beyond in this dark and triumphantly creative novel of grief and loss, loyalty and love, and the redemptive power of stories. High in his attic bedroom, twelve-year-old David mourns the death of his mother, with only the books on his shelf for company. But those books have begun to whisper to him in the darkness. Angry and alone, he takes refuge in his imagination and soon finds that reality and fantasy have begun to meld. While his family falls apart around him, David is violently propelled into a world that is a strange reflection of his own—populated by heroes and monsters and ruled by a faded king who keeps his secrets in a mysterious book, The Book of Lost Things. Taking readers on a vivid journey through the loss of innocence into adulthood and beyond, New York Times bestselling author John Connolly tells a dark and compelling tale that reminds us of the enduring power of stories in our lives.

## The Tyranny of the Night

In a world in which humans are ruled by demons and dark gods, the Praman warrior Else inadvertently defeats a creature of the Dark and is subsequently forced to penetrate the center of a rival religious faction, sparking a dangerous conflict.

# The God of Small Things

Still, to say that it all began when Sophie Mol came to Ayemenem is only one way of looking at it . . . It could be argued that it actually began thousands of years ago. Long before the Marxists came. Before the British took Malabar, before the Dutch Ascendancy, before Vasco da Gama arrived, before the Zamorin's conquest of Calicut. Before Christianity arrived in a boat and seeped into Kerala like tea from a teabag. That it really began in the days when the Love Laws were made. The laws that lay down who should be loved, and how. And how much.

#### The Secret of Lost Things

A stunning debut from a Australian writer – the story of a treasure hunt through a vast New York bookshop.

#### The New Me

'Terrific. So funny' Zadie Smith 'Monstrously depressing but so comic and well observed that I didn't really mind .... It is great' Dolly Alderton 'A dark comedy of female rage' Catherine Lacey 'Brilliant. For fans of Ottessa Moshfegh's My Year of Rest and Relaxation' Pandora Sykes 'Funny, shocking, clever, and hugely entertaining' Roddy Doyle 'A definitive work of milennial literature' Jia Tolentino 'The best thing I've read in years' Emma Jane Unsworth 'Vicious ... hilariously spot on' Guardian In a windowless

office, a woman explains something from her real, nonwork life - about the frustration and indignity of returning her online shopping - to her colleagues. One wears a topknot. Another checks her pedometer. Watching them all is Millie. Thirty-years-old and an eternal temp, she says almost nothing, almost all of the time. But then the possibility of a permanent job arises. Will it bring the new life Millie is envisioning - one involving a gym membership, a book club, and a lot less beer and TV - finally within reach? Or will it reveal just how hollow that vision has become? 'Made me laugh and cry enough times to feel completely reborn' The Paris Review 'A definite work of millennial literature. Wretchedly riveting, with the sick, obsessive pleasure of looking under a bandage at a wound' The New Yorker 'So darkly funny and acutely observed that it feels like a documentary' Andrew McMillan 'Anyone who has ever felt like their life is going nowhere - and to make it worse, going nowhere in an achingly slow manner - will recognize themselves' Nylon

#### The Tyranny of Numbers: Why Counting Can't Make Us Happy

Never before have we attempted to measure as much as we do today. Why are we so obsessed with numbers? What can they really tell us?

#### Lost, Found, Remembered

'A fearless investigative journalist and author.' PATTI SMITH'Determined, tenacious, intelligent, and honest in her approach.' ANNA BURNS'A fierce light, a formidable voice.' SINÉAD GLEESONA memorial collection of writings by the murdered young journalist Lyra McKee - from viral articles to unpublished material - that celebrates her life, work and creative legacy: one that will live on. When Northern Irish writer Lyra McKee was murdered in Derry in April 2019, aged just twenty-nine, she was survived by writings that had been read and loved by thousands worldwide. Compiled by those who knew her best, Lost, Found, Remembered weaves together the words that defined her reputation as one of the most deeply empathetic, politically urgent journalists of her generation. Showcasing the range of her voice by bringing together unpublished material alongside both her celebrated and lesser-known pieces, it reveals the sheer scope of McKee's intellectual and radically humane engagement with the world - and lets her spirit live on in her own words.

#### The Lost Soul of American Politics

The Lost Soul of American Politics is a provocative new interpretation of American political thought from the Founding Fathers to the Neo-Conservatives. Reassessing the motives and intentions of such great political thinkers as Madison, Thoreau, Lincoln, and Emerson, John P. Diggins shows how these men struggled to create an alliance between the politics of self-interest and a religious sense of moral responsibility—a tension that still troubles us today.

#### Birth Notes

'When a woman gives birth, she may, unwittingly, remember violent things. Ugly things. Unspoken things.' After her twins were born, Jessica Cornwell stopped feeling. Plagued by memories of a traumatic birth, wrestling with ongoing physical pain and the brutal demands of caring for two tiny babies, she struggled to experience joy and love. Instead, she was consumed by fear and haunted by recurrent thoughts of blood and danger. It was only when she received a diagnosis of post-partum PTSD and began therapy that Jessica was able to confront the secrets in her past. As she began to understand how her experience of birth had triggered her traumatic memories of sexual assault, she was finally able to integrate those memories into her identity as a mother and a survivor - and begin to heal. 'A redemptive tale of the power and wisdom of women's bodies' Leah Hazard 'This book undid me... and filled me with hope' Elinor Cleghorn 'Magnificent... a work of truth, understanding, scholarship and hope' Susie Orbach 'An astonishing memoir... about the intersection between birth trauma and sexual trauma, medical misogyny' Rhiannon Lucy Cosslett

#### The Shape of Things To Come (Science Fiction Classic)

This carefully crafted ebook: "The Shape of Things To Come (Science Fiction Classic)" is formatted for your eReader with a functional and detailed table of contents. The Shape of Things to Come is a work of science fiction, which speculates on future events from 1933 until the year 2106. In the book, a world state is established as the solution to humanity's problems. As a frame story, Wells claims that the book is his edited version of notes written by an eminent diplomat, Dr Philip Raven, who had been having

dream visions of a history textbook published in 2106 and wrote down what he could remember of it. Herbert George Wells (1866-1946), known as H. G. Wells, was a prolific English writer in many genres, including the novel, history, politics, and social commentary, and textbooks and rules for war games.

# The Tyranny of Metrics

Today, organizations of all kinds are ruled by the belief that the path to success is quantifying human performance, publicizing the results, and dividing up the rewards based on the numbers. But in our zeal to instill the evaluation process with scientific rigor, we've gone from measuring performance to fixating on measuring itself. The result is a tyranny of metrics that threatens the quality of our lives and most important institutions. In this timely and powerful book, Jerry Muller uncovers the damage our obsession with metrics is causing--and shows how we can begin to fix the problem. Filled with examples from education, medicine, business and finance, government, the police and military, and philanthropy and foreign aid, this brief and accessible book explains why the seemingly irresistible pressure to quantify performance distorts and distracts, whether by encouraging "gaming the stats" or "teaching to the test." That's because what can and does get measured is not always worth measuring, may not be what we really want to know, and may draw effort away from the things we care about. Along the way, we learn why paying for measured performance doesn't work, why surgical scorecards may increase deaths, and much more. But metrics can be good when used as a complement to--rather than a replacement for--judgment based on personal experience, and Muller also gives examples of when metrics have been beneficial. Complete with a checklist of when and how to use metrics, The Tyranny of Metrics is an essential corrective to a rarely questioned trend that increasingly affects us all.

# **Tyranny**

In this stark portrayal of a young woman's struggle with anorexia, Lesley Fairfield draws on her own experiences of an eating disorder to give a powerful and candid story of hope and survival."Do I know you?" "You've always known me, silly... I'm Tyranny, your other self. I keep you thin." One day, horrified by her reflection in the mirror, Anna makes a life-changing decision - that food is the enemy. Her obsession with being thin and beautiful will now dominate her every waking and sleeping hour. Should she falter or show any signs of weakness, Tyranny, her inner voice of "reason" will be only too willing to push her back into line. Years later, when Anna finally finds the strength to defeat her personal demon, it will be a matter of life and death.

## A Tyranny of Queens

Saffron Coulter is back on Earth, but even so, nothing is easy. Struggling with the victimising expectations of her friends and family and threatened with a stay in psychiatric care, Saffron has to make a choice: to forget about Kena and fit back into the life she's outgrown, or pit herself against everything she's ever known and everyone she loves. Meanwhile in Kena, Gwen is increasingly troubled by Leoden's absence and his plans for the captive worldwalkers, while Yena, still in Veksh, must confront the deposed Kadeja. What is their endgame? Who can they trust? And what happens when Leoden returns?

#### Tyranny of the Moment

'Unapologetically top-down and confidently concise.' The Guardian. A fascinating study of the universal dilemma of the scarcity of time.

#### Firing Back

In this series of trenchant essays, Pierre Bourdieu continues the urgent project begun in Acts of Resistance. Dissecting the claims of neoliberalism, Bordieu calls for an international social movement capable of forming a counterforce to the project of capitalist globalisation.

#### There's a Hole in My Sidewalk

Designed to inspire self-discovery, "There's a Hole in My Sidewalk" contains more than 100 touching poems that gently guide readers to a more authentic and fulfilling life.

## The Traitor God

After ten years on the run, dodging daemons and debt, reviled magician Edrin Walker returns home to avenge the brutal murder of his friend. Lynas had uncovered a terrible secret, something that threatened to devour the entire city. He tried to warn the Arcanum, the sorcerers who rule the city. He failed. Lynas was skinned alive and Walker felt every cut. Now nothing will stop him from finding the murderer. Magi, mortals, daemons, and even the gods \_ Walker will burn them all if he has to. After all, it wouldn't be the first time he's killed a god...

# Of the Nature of Things

"Of the Nature of Things" is a first-century BCE didactic poem by the Roman poet and philosopher Lucretius to explain Epicurean philosophy to a Roman audience. In this work, T. Lucretius Carus presents the view that the world can be described by the function of material forces and natural laws. So, one should not fear the gods or death.

## Alys, Always

Comforting a dying car crash victim before being invited to meet the woman's privileged family, Frances is transformed through her friendships with two family members from an unknown editor to a sought-after figure in literary society.

## The Tyranny of God

This work is an interesting take on atheism by Joseph Lewis, where he makes some thought-provoking points about the existence of God. Throughout the book, Lewis talks about the relationship between man and God and asks the people to make life easier for each other.

The Tyranny of Socialism ...

Booker short-listed author

#### The Island of Missing Trees

A wonderfully warm and relatable story from the brilliant Jill Murphy who has sold over 4 million books featuring the much-loved Bear Family and a charming third story to follow classic picture books Peace at Last and Whatever Next! Mr and Mrs Bear wake up late. It's raining outside, and Baby Bear is late for nursery. Then Mrs Bear sits on her glasses at work and Mr Bear spills his coffee! Oh dear – it seems this is just going to be one of those days! But the loveable Bear family muddle through cheerfully, and there's even a surprise for Baby Bear when Mr Bear gets home from work. With all the hallmarks of an instant firm favourite, Just One of Those Days is a big-hearted story about a family day, which parents and young children everywhere will relate to. Full of satisfying repetition and rhythm and delightful illustrations, Just One of Those Days is a must-have for all Jill Murphy fans, old and new. 'Murphy's acute observation of family life continues to delight both children and adults.' - Guardian and Online 'Full of gentle humour and astute observations of human behaviour.' - The Bookseller

#### Paradise Lost

The award-winning president of the National Book Critics Circle examines the astonishing growth of email—and how it is changing our lives, not always for the better. John Freeman is one of America's pre-eminent literary critics; now in this, his first book, he presents an elegant and erudite investigation into a technology that has revolutionized the way we work, communicate, and even think. There's no question that email is an explosive phenomenon. The first email, developed for military use, was sent less than forty years ago; by 2011, there will be 3.2 billion users. The average corporate employee now receives upwards of 130 emails per day; by 2009 that number is expected to reach nearly 200. And the flood of messages is ceaseless: for increasing numbers of people, email means work now occupies home time as well as office hours. Drawing extensively on the research of linguists, behavioral scientists, cultural critics, and philosophers, Freeman examines the way email is taking a mounting toll on a variety of behavior, reducing time for leisure and contemplation, despoiling subtlety and expression in language, and separating us from each other in the unending and lonely battle with the overfull inbox. He enters a plea for communication which is slower, more nuanced, and, above all, more sociable.

#### Just One of Those Days

How work stole our lives and what we can do about it.

# The Tyranny of E-mail

Utopia is a work of fiction and socio-political satire by Thomas More published in 1516 in Latin. The book is a frame narrative primarily depicting a fictional island society and its religious, social and political customs. Many aspects of More's description of Utopia are reminiscent of life in monasteries.

#### Lost in Work

'A brave process of healing and self reconstruction' Observer 'Simply one of the best writers working today. Here's to family, to glamour, and to love' Nell Frizzell, author of The Panic Years I looked around at my flat, at the woodchip wallpaper and scuffed furniture, and realised that I did have a life after all. What it didn't have in it was a cat. When Rhiannon fell in love with, and eventually married her flatmate, she imagined they might one day move on. But this is London in the age of generation rent, and so they share their home with a succession of friends and strangers while saving for a life less makeshift. The desire for a baby is never far from the surface, but can she be sure that she will ever be free of the anxiety she has experienced since an attack in the street one night? And after a childhood spent caring for her autistic brother does she really want to devote herself to motherhood? Moving through the seasons over the course of lockdown, The Year of the Cat nimbly charts the way a kitten called Mackerel walked into Rhiannon's home and heart, and taught her to face down her fears and appreciate quite how much love she had to offer. 'A superbly written, special book' Olivia Sudjic, author of Asylum Road 'Beautifully captures that liminal period before any life-changing decision' New Statesman

## Utopia

A "shrewd, funny, and sometimes devastating" novel about the things we desire and the things we throw away (Entertainment Weekly). A New York Times Notable Book A highly inventive, corrosively funny story of our times, Want Not exposes three different worlds in various states of disrepair—a young freegan couple living off the grid in New York City; a once-prominent linguist, sacked at midlife by the dissolution of his marriage and his father's losing battle with Alzheimer's; and a self-made debt-collecting magnate, whose brute talent for squeezing money out of unlikely places has yielded him a royal existence, trophy wife included. Want and desire propel these characters forward toward something, anything, more, until their worlds collide, briefly, randomly, yet irrevocably, in a shattering ending that will haunt readers long after the last page is turned. "Its pleasures are endless."—Joshua Ferris, author of Then We Came to the End "Terrific...The novel may begin with prickly satire, it may dig deep into America's disposable lifestyle, but it ultimately pivots to scenes of surprising tenderness...a novel to hoard."—The Washington Post "Leaps nimbly from topic to topic...from freeganism to conspicuous consumption; from Manhattan's Alphabet City to residential New Jersey to the backwoods of Tennessee: and from neighbors with nothing but geographical location in common to sisters who share nothing but blood....Sitting down with Want Not is like finding yourself opposite the most interesting person at a dinner party. It pulls you in immediately; makes you shake your head in wonder and delight at your new companion's wit, originality, and compelling turns of phrase; and, best of all, surprises you into laughter."—Pittsburgh Post-Gazette "For readers who relish extravagant language, scathing wit and philosophical heft, Want Not wastes nothing."—Kirkus Reviews (starred review)

#### The Year of the Cat

We are born to truth, yet everywhere we are enmeshed in error. Superstition, irrationality and patriotism all work to cripple our natural affinities to rationality and empiricism. This book, by Stefan Molyneux, host of Freedomain Radio, examines and explodes all the propaganda that stands between you and the simple truth of life, the universe and everything. All the truths that you were born with, that were scrubbed out of your mind for the profit and fun of your elders, will be reawakened in this short but powerful book. Begin the process of reclaiming your own reason, pick up this book, hold on for the ride, and arrive at the truth.

#### Want Not

A NEW YORK TIMES, USA TODAY, and WASHINGTON POST BESTSELLER! A 2021 Alex Award winner! The 2021 RUSA Reading List: Fantasy Winner! An Indie Next Pick! One of Publishers Weekly's "Most Anticipated Books of Spring 2020" One of Book Riot's "20 Must-Read Feel-Good Fantasies"

Lambda Literary Award-winning author TJ Klune's bestselling, breakout contemporary fantasy that's "1984 meets The Umbrella Academy with a pinch of Douglas Adams thrown in." (Gail Carriger) Linus Baker is a by-the-book case worker in the Department in Charge of Magical Youth. He's tasked with determining whether six dangerous magical children are likely to bring about the end of the world. Arthur Parnassus is the master of the orphanage. He would do anything to keep the children safe, even if it means the world will burn. And his secrets will come to light. The House in the Cerulean Sea is an enchanting love story, masterfully told, about the profound experience of discovering an unlikely family in an unexpected place—and realizing that family is yours. "1984 meets The Umbrella Academy with a pinch of Douglas Adams thrown in." —Gail Carriger, New York Times bestselling author of Soulless At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

#### On Truth

In this "bracingly iconoclastic" book (New York Times Book Review), a renowned economics scholar breaks down the fight to end global poverty and the rights that poor individuals have had taken away for generations. In The Tyranny of Experts, renowned economist William Easterly examines our failing efforts to fight global poverty, and argues that the "expert approved" top-down approach to development has not only made little lasting progress, but has proven a convenient rationale for decades of human rights violations perpetrated by colonialists, postcolonial dictators, and US and UK foreign policymakers seeking autocratic allies. Demonstrating how our traditional antipoverty tactics have both trampled the freedom of the world's poor and suppressed a vital debate about alternative approaches to solving poverty, Easterly presents a devastating critique of the blighted record of authoritarian development. In this masterful work, Easterly reveals the fundamental errors inherent in our traditional approach and offers new principles for Western agencies and developing countries alike: principles that, because they are predicated on respect for the rights of poor people, have the power to end global poverty once and for all.

#### The House in the Cerulean Sea

The Tyranny of Heaven argues for a new way of reading the figure of Milton's God, contending that Milton rejects kings on earth and in heaven. Though Milton portrays God as a king in Paradise Lost, he does this neither to endorse kingship nor to recommend a monarchical model of deity. Instead, he recommends the Son, who in Paradise Regained rejects external rule as the model of politics and theology for Milton's fit audience though few. The portrait of God in Paradise Lost serves as a scathing critique of the English people and its slow but steady backsliding into the political habits of a nation long used to living under the yoke of kingship, a nation that maintained throughout its brief period of liberty the image of God as a heavenly king, and finally welcomed with open arms the return of a human king. Michael Bryson is a Visiting Assistant Professor of English at Northwestern University.

#### The Tyranny of Experts

This international bestseller plumbs recently opened archives in the former Soviet bloc to reveal the accomplishments of communism around the world. The book is the first attempt to catalogue and analyse the crimes of communism over 70 years.

## The Tyranny of Heaven

An outcast magician must risk his body and mind to save the world from horrifying demons in this "kick-in-the-nuts, edgy, and dark" epic fantasy adventure (New York Journal of Books) Tyrant magus Edrin Walker destroyed the monster sent by the Skallgrim, but not before it laid waste to Setharis, and infested their magical elite with mind-controlling parasites. Edrin's own Gift to seize the minds of others was cracked by the strain of battle, and he barely survives the interrogation of a captured magus. There's no time for recovery though: a Skallgrim army is marching on the mountain passes of the Clanhold. Edrin and a coterie of villains race to stop them, but the mountains are filled with gods, daemons, magic, and his hideous past. Walker must stop at nothing to win, even if that means losing his mind. Or worse.

#### The Black Book of Communism

God of Broken Things